Instructions for finding a network mental health or substance abuse provider

If you’re an existing Blue Shield of California member, simply register and log in to blueshieldca.com. Your plan will be pre-selected. Then:

- Under “Provider types,” select Doctors or Facilities
- Click Advanced search and select “Mental Health Caregivers” or “Mental Health or Substance Abuse Facilities”
- Enter your city and state or zip code, and click Find now

Prospective members should follow these instructions:

- Go to blueshieldca.com/findaproducer
- Next to “Select a plan,” click Select
- Under “Medical Plan,” choose Blue Shield of California PPO Network, then click Set plan
- Under “Provider types,” select Doctors or Facilities
- Click Advanced search and select “Mental Health Caregivers” or “Mental Health or Substance Abuse Facilities”
- On the next screen, choose Search Blue Shield of California Network
- Enter your city and state or zip code and click Find now