

The doctor will see you now – wherever you are

Blue Shield of California is excited to introduce PPO members to Heal™, a service that lets you see a doctor at a time and place that's best for you. Scheduling when and where you want to see a doctor gives you freedom from the time, cost, and stress of traveling to an appointment.

To your home, office, or hotel – on-demand visits are available for Blue Shield PPO members throughout California:

- Inland Empire
- Long Beach
- Los Angeles
- Orange County
- Sacramento
- San Diego
- San Francisco
- SF Bay Area and Silicon Valley

As a Blue Shield PPO member you are eligible, even if you purchased coverage through Covered California.

Convenience at the price of your copay

For most services, the cost to see a doctor is usually the same as your plan's copay. For preventive care covered under your PPO, you pay nothing.

Heal tells you how much a doctor's visit will cost before you book your appointment. No surprises.

Primary, urgent, or preventive care

Services provided by Heal doctors include:

- High-quality primary care
- Efficient urgent care
- Preventive care and annual physicals
- Point-of-care testing for blood, strep, urine, etc.
- Flu shots and screenings

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Android is a trademark of Google Inc.

Blue Shield and the Shield symbol are registered trademarks of the BlueCross BlueShield Association, an association of independent Blue Cross and Blue Shield plans.

Doctors in Blue Shield's PPO network

You will be treated by Heal doctors contracted in the Blue Shield PPO network. All Heal physicians have gone through background checks and are licensed in family practice, internal medicine, or pediatrics.

Home visits by Heal doctors are available 8 a.m. to 8 p.m. daily. Schedule yours by:

- Calling Heal at **(844) 644-4325**
- Going to **www.heal.com**
- Downloading the Heal app to your iPhone® or Android™ smartphone

