

Understanding breast pump benefits

Pregnant or nursing women are entitled to their choice of a manual or electric pump kit under their breast feeding equipment and supplies benefit. Manual and electric pumps are for purchase only; hospital-grade pumps are for rental only.

A breast pump kit includes: Breast pump, tubing, two bottles, a supply of 150 milk storage bags, a carrying bag, and instructions.

Limitations:

One pump is allowed per pregnancy (manual or electric). The post-partum period is covered and included as part of that pregnancy period, in which the member is eligible for a pump. *The exception* is if a member *rents* a hospital-grade pump, they can also have coverage for a manual or electric pump *purchase*.

Obtaining a breast pump:

Most Durable Medical Equipment (DME) suppliers require the OB/GYN's order or prescription for a breast pump. Blue Shield does not require the member to obtain a prescription. However, the policy of most DME suppliers may require the prescription or physician order prior to filling the request.

Once the member obtains their physician's order or prescription for a breast pump, they may contact a supplier from the list of California preferred providers below.

Note: The list of breast pump providers below applies specifically to California members. Members living outside of California can contact Shield Concierge for assistance in finding preferred suppliers out-of-state.

Cost share/member financial responsibility when using the providers below: Zero

- **A Breastpump and More** (855) 786-7296
www.abreastpumpandmore.com
- **Apria Healthcare** (800) 277-4288
www.apria.com
- **Byram Healthcare** (877) 773-1972
www.byramhealthcare.com/breastpumps
- **Edgepark Medical Supply** (800) 321-0591
www.edgepark.com
- **LifeCare Solutions** (866) 260-2192
www.lifecaresoln.com
- **Yummy Mummy, LLC** (212) 879-8669
www.yummymummystore.com

For more information, please call your dedicated Shield Concierge team from 7 a.m. to 7 p.m. PT, Monday through Friday: Health Savings Plan and Core plan members call toll-free at **(855) 201-8375**; UC Care plan members call toll-free at **(855) 201-2087**.