



P R O M I S E

MEETING OF BLUE SHIELD OF CALIFORNIA PROMISE HEALTH PLAN SAN DIEGO COMMUNITY ADVISORY COMMITTEE (CAC)

Date/Time:	Thursday, December 11, 2025 1:30 – 3:00 p.m.
Location:	Hybrid (Virtual and in-person: 3131 Camino Del Rio, North Suite 1300, San Diego, CA 92108)
Attendance:	<p>Committee Members present:</p> <ol style="list-style-type: none">Member A, Blue Shield of California Promise Health PlanMember B, Blue Shield of California Promise Health PlanMember C, Blue Shield of California Promise Health PlanMember D, Blue Shield of California Promise Health PlanMember F, Blue Shield of California Promise Health PlanMember G, Blue Shield of California Promise Health PlanMember H, Blue Shield of California Promise Health PlanMember I, Blue Shield of California Promise Health PlanChris Almeida, San Diego American Indian Health CenterJack Dailey, Consumer Center for Health Education and Advocacy, Legal Aid Society of San Diego, Inc.Eygiel Limbo, Promise2KidsAidee Roman, San Diego 211 <p>Committee Members absent:</p> <ol style="list-style-type: none">Member E, Blue Shield of California Promise Health PlanRick Ochocki, National Alliance on Mental Illness (NAMI)Leticia Zuno, Access to Independence <p>Blue Shield of California Promise Health Plan Representatives present:</p> <ol style="list-style-type: none">Araceli Garcia, Program Manager, ConsultantJennifer Nuovo, M.D., Chief Medical OfficerSandra Rose, Senior Director, Community ProgramsJennifer Schirmer, Vice President, Medi-Cal Growth
Agenda	<ol style="list-style-type: none">Blue Shield Promise Health Plan UpdatesRe-cap of Q3-2025 MeetingMedi-Cal Program ChangesCommunity Reinvestment PlanOpen Discussion/Closing Remarks

Introductions and Welcome

- Araceli Garcia began the meeting with roll call and went over meeting logistics.
- Sandra Rose welcomed the committee and reviewed the agenda.

I. Blue Shield Promise Health Plan Update

- Jennifer Schrimmer provided the following health plan updates:
 1. **Food Assistance and Resources:** In November 2025, 5.5 million individuals across the state experienced a delay in receiving food assistance benefits. Blue Shield Promise stepped up to support our members and the communities we serve by:
 - Reaching out to members to connect them with resources and nearby food banks.
 - Notifying providers about the availability of food resources in the community.
 - Organizing food drives, fundraisers and volunteer opportunities.
 - Donating \$250,000 each to the Los Angeles Regional Food Bank, the Jacobs & Cushman San Diego Food Bank, and Feeding San Diego.
 - Organizing two member events to help more than 500 members connect to food programs, social support resources and provide \$50 grocery gift cards.
 2. **Information Resource Center Expansion Plan:** Blue Shield Promise will open a new Information Resource Center (IRC) in San Diego in 2026. The IRC will be open to all members of the community and will be managed independently by Blue Shield Promise. More information and details will be shared with the CAC in the months to come.
 3. **Leading the Way Awards:** Blue Shield Promise hosted its third annual Leading the Way Awards dinner on November 13, 2025, to recognize the achievements of providers and community partners who serve the Medi-Cal population. There were 290 guests in attendance, and 36 awards were given to providers and community partners.

II. Recap of Q3-2025 Meeting

- Sandra Rose reviewed the topics covered in the Q3-2025 meeting, which included the appeals and grievance report, an introduction to the new Relay Network, and a discussion about the culturally and linguistically appropriate services (CLAS).

III. Discussion: Medi-Cal Program Changes

- Jack Dailey, Director of Policy and Training at the Consumer Center for Health Education and Advocacy of the Legal Aid Society of San Diego, provided an update on the following changes to the Medi-Cal program.
- Changes to Medi-Cal eligibility:
 - Reinstatement of the asset test
 - Freeze on full-scope enrollment for adults aged 19+ with unsatisfactory immigration status
 - Elimination of eligibility for certain classes of immigrants
 - Work requirements for certain groups of adults
 - 6-month Medi-Cal renewal requirements for certain groups of adults
 - Establishment of a home equity limit of \$1 million for long-term care coverage
- Changes to Medi-Cal coverage:
 - Reduced retroactive coverage
 - Elimination of GLP-1 drugs for weight loss
 - Elimination of dental benefits for adults aged 19+ with unsatisfactory immigration status
 - New co-pay requirements for certain groups of beneficiaries
- Committee members acknowledged this was a lot of news but expressed appreciation for getting the information. Sandra Rose reassured the committee that Blue Shield Promise will continue to provide information and support as the new changes go into effect.

IV. Discussion: Community Reinvestment Plan

- Due to the extensive discussion on the Medi-Cal program changes, the committee was unable to allocate sufficient time to review the population needs assessment and community reinvestment slides. This information will be discussed at the next quarterly meeting.

V. Discussion: Open Discussion

- Dr. Nuovo provided the following updates:
 - There is a measles outbreak in South Carolina affecting unvaccinated children. Dr. Nuovo emphasized the need to have a 95-98% vaccination rate to control a measles outbreak.
 - This flu season is very severe. Dr. Nuovo reminded committee members it's not too late to get the flu shot and COVID-19 booster.
 - The Centers for Disease Control and Prevention (CDC) changed the vaccine immunization schedule for babies and infants to no longer require the hepatitis B vaccine be given within 24 hours of birth.

VI. Closing and Adjournment

- Sandra Rose concluded the meeting by thanking the committee for their time and feedback and reminding the group to review the appendix materials.
 - Appendix A: Standing Reports
 - Membership & Interpreter Services
 - Appendix B: Key Contacts
 - Blue Shield Promise Contacts