

HEDIS Provider Guide: Controlling High Blood Pressure (CBP)

Measure Description	Using Correct Billing Codes																				
<p>Patients 18 to 85 years of age who had a diagnosis of hypertension (HTN) and whose blood pressure (BP) was adequately controlled (<140/90 mm Hg) during the measurement year.</p> <p>Note: The most recent BP reading during the measurement year on or after the second diagnosis of hypertension is used.</p> <p>Telehealth Visits: Member reported services and biometrics values are eligible for compliance (automated machines only).</p>	<p>Codes to identify hypertension</p> <table border="0"> <thead> <tr> <th data-bbox="646 468 1084 520">Description</th> <th data-bbox="1109 468 1461 520">ICD-10 Code</th> </tr> </thead> <tbody> <tr> <td data-bbox="646 499 1084 531">Hypertension</td> <td data-bbox="1109 499 1461 531">I10</td> </tr> </tbody> </table> <p>Codes to record systolic results</p> <table border="0"> <thead> <tr> <th data-bbox="646 625 1084 678">Description</th> <th data-bbox="1109 625 1461 678">CPT II Codes</th> </tr> </thead> <tbody> <tr> <td data-bbox="646 657 1084 709">Most recent systolic blood pressure less than 130 mm Hg</td> <td data-bbox="1109 657 1461 709">3074F</td> </tr> <tr> <td data-bbox="646 730 1084 783">Most recent systolic blood pressure 130 – 139 mm Hg</td> <td data-bbox="1109 730 1461 783">3075F</td> </tr> <tr> <td data-bbox="646 804 1084 856">Most recent systolic blood pressure greater than or equal to 140 mm Hg</td> <td data-bbox="1109 804 1461 856">3077F</td> </tr> </tbody> </table> <p>Codes to Identify diastolic results</p> <table border="0"> <thead> <tr> <th data-bbox="646 961 1084 1014">Description</th> <th data-bbox="1109 961 1461 1014">CPT II Codes</th> </tr> </thead> <tbody> <tr> <td data-bbox="646 993 1084 1045">Most recent diastolic blood pressure less than 80 mm Hg</td> <td data-bbox="1109 993 1461 1045">3078F</td> </tr> <tr> <td data-bbox="646 1066 1084 1119">Most recent diastolic blood pressure 80-89 mm Hg</td> <td data-bbox="1109 1066 1461 1119">3079F</td> </tr> <tr> <td data-bbox="646 1140 1084 1192">Most recent diastolic blood pressure greater than or equal to 90 mm Hg</td> <td data-bbox="1109 1140 1461 1192">3080F</td> </tr> </tbody> </table>	Description	ICD-10 Code	Hypertension	I10	Description	CPT II Codes	Most recent systolic blood pressure less than 130 mm Hg	3074F	Most recent systolic blood pressure 130 – 139 mm Hg	3075F	Most recent systolic blood pressure greater than or equal to 140 mm Hg	3077F	Description	CPT II Codes	Most recent diastolic blood pressure less than 80 mm Hg	3078F	Most recent diastolic blood pressure 80-89 mm Hg	3079F	Most recent diastolic blood pressure greater than or equal to 90 mm Hg	3080F
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How to Improve HEDIS® Scores

- Calibrate the sphygmomanometer (BP monitor) annually.
- Select the proper BP cuff size. Ensure patients have their feet flat on the floor during the reading.
- Upgrade to an automated blood pressure machine.
- If the patient's BP is high at the office visit (140/90 or greater), take it again at the end of the visit. HEDIS® allows us to take the lowest systolic and the lowest diastolic readings in the same day, and the second reading is often lower.
- Telehealth visits can be used to capture member reported BP readings. Submit an authorization for durable medical equipment for a BP monitor if member needs one or contact your Blue Shield Promise Quality Program Manager to learn about our remote BP monitoring program.
- Do Not round BP values up. If you are using an automated machine, record exact values.
- Review hypertension medication history and patient medication adherence. Consider modifying treatment plans for uncontrolled blood pressure as needed. Follow-up with patient in monthly intervals until control is achieved.
- The 2017 guidelines from ACC/AHA recommend two BP drugs of different classes started at first visit if BP is ≥ 140/90 mm Hg and is unlikely to respond to a single drug and lifestyle modification.