



<b>Policy Title: Minor Consent Services</b>		<b>POLICY #: 70.2.46</b>	
		<b>Line of business: ALL</b>	
<b>Department Name:</b> Utilization Management	<b>Original Date</b> 1/02	<b>Effective Date</b> 5/19	<b>Revision Date</b> 12/18
<b>Department Head: Sr. Director, UM</b> 			<b>Date: 3/21</b>
<b>Medical Services/P&amp;T Committee: (If Applicable) PHP CMO</b> 			<b>Date: 3/21</b>

**PURPOSE**

To establish a process to follow defining the Minor Consent Services for Blue Shield of California Promise Health Plan’s Utilization Management Department.

**POLICY**

“Minor Consent Services” are defined as covered services of a sensitive nature for individuals under the age of eighteen (18). These services are available within the provider network and members will be informed of the availability of these services. Services that do not require parental consent to access are those related to:

- Sexual assault, including rape.
- Drug and alcohol abuse for children 12 years of age or older
- Pregnancy
- Family planning
- Sexually transmitted diseases (STDs), designated by Policy & Procedure 10.2.20 STDs, in children 12 years of age or older if sexually active
- Outpatient mental health care for children 12 years of age or older who are mature enough to participate intelligently and where either:
  1. There is a danger of serious physical or mental harm to the minor or others or
  2. The children are the alleged victims of incest or child abuse

**PROCEDURE**

1. Exclusions to Minor Consent Services without parental consent and without the need for parental notification include:
  - a. When information is required by third parties for billing purposes;
  - b. When the adolescent poses a threat to their own safety or the safety of others (such as a threat to inflict bodily harm, homicide or suicide);
  - c. When State or Federal law requires disclosure to the parents, guardians, or others (e.g., cases of communicable diseases, gunshot and knife wounds, or child abuse)
2. Members and their families will be educated about the availability of Minor Consent Services, through the Member Handbook and other member materials, including

information concerning members who are minors and their right to receive services without parental consent.

3. Additionally, adolescents will be offered the opportunity for examination and counseling apart from their parents, at which time they may seek Minor Consent Services if they choose.

## **REFERENCES**