



## Integrated Behavioral Health in Primary Care Training Opportunities in California

### **Training and implementation support for Integrated Care is available in California**

At Blue Shield of California (Blue Shield), we know that Integrated Care does not replace direct behavioral health services. We also know that many behavioral health services are provided in outpatient medical settings. Blue Shield wants to help support network healthcare providers who are interested in implementing the Collaborative Care model to reach their behavioral health integration goals.

### **AIMS Center support at no cost to eligible network practices**

We hope you will take this opportunity to build or enhance your organization's program with the training and support available through Blue Shield, at no cost to your eligible practice, from the Advancing Integrated Mental Health Solutions (AIMS) Center. The AIMS Center has more than 20 years of experience in supporting health care systems with integrating behavioral health into medical practice settings.

Whether you are new to thinking about integrated behavioral health care or have some questions and need a refresher, AIMS Center coaches and trainers can offer 12 months of implementation support, which includes, but is not limited to:

- Structured weekly sessions with AIMS Center coaches and Blue Shield specialist(s)
- Roadmap and workflow support
- Staffing models and hiring
- Technical support to integrate with your electronic health record (EHR)
- Billing guidance and infrastructure support
- Continuing education (CE) credits for skills training for behavioral health care managers and other members of the team

### **Available training courses**

- Online Learning for new Behavioral Health Care Managers – a 9-hour self-paced course (9 CEs, a \$379 value)
- Beyond the Basics – 8.5 hours over the course of four months (8.5 CEs, a \$780 value)
- Behavioral Activation – 7 hours of online and live case consult calls (8 CEs, a \$475 value)
- Problem Solving Treatment – 11 hours of online and live case consult calls (10 CEs an \$825 value)
- First Approach Skills Training (FAST) – 11.5 hours of online and live training (11 CEs, a \$600 value)

Additional details and descriptions can be found on the AIMS Center [website](#).

### **How to learn more and/or register for a course**

Reach out to Caity Haas via email at [Caity.Haas@blueshieldca.com](mailto:Caity.Haas@blueshieldca.com) and provide your name and availability for a brief consultation. We will contact you to determine eligibility and the best fit for training your organization and answer any question you may have about enrollment.

[blueshieldca.com](https://blueshieldca.com)