

## Guselkumab (Tremfya®)

### Place of Service

**Self-Administration** *May be covered under the pharmacy benefit*

HCPCS: J1628 per 1 mg

### Condition listed in policy (see criteria for details)

- [Plaque psoriasis](#)
- [Psoriatic arthritis](#)

**AHFS therapeutic class:** Antipsoriatic agent, systemic

**Mechanism of action:** anti-IL 23 monoclonal antibody

### (1) Special Instructions and pertinent Information

**Tremfya® is managed under the Outpatient Pharmacy Benefit.** If the patient has a prescription drug benefit, please contact Blue Shield Pharmacy Services to obtain a prior authorization.

**To submit a request to the medical benefit,** please submit clinical information for prior authorization review via fax, including medical rationale why the patient cannot self-administer Tremfya® in the home.

### (2) Prior Authorization/Medical Review is required for the following condition(s)

**All requests for Tremfya® (guselkumab) must be sent for clinical review and receive authorization prior to drug administration or claim payment.**

#### Plaque psoriasis

1. Disease is moderate to severe, **AND**
2. Age  $\geq$  18 years of age, **AND**
3. Prescribed or recommended or by a dermatologist or rheumatologist, **AND**
4. One of the following:
  - a. Baseline PASI score is 10 or more prior to starting biological therapy, OR
  - b. Baseline BSA (body surface area) affected is 3% or more prior to starting biological therapy, OR
  - c. Sensitive area is involved (i.e., groin, face, etc.), OR
  - d. Disease is otherwise debilitating

#### **AND**

5. Inadequate response, intolerable side effect, or contraindication to one of the following:
  - a. Methotrexate, cyclosporine (Neoral), acitretin (Soriatane), OR
  - b. PUVA or UVB treatment

#### **AND**

6. Not used with Otezla or another targeted biologic

#### **Covered Dose**

Up to 100 mg SC at week 0, 4, then every 8 weeks thereafter

#### **Coverage Period**

Initial: 24 weeks

Reauthorization: Yearly if meets the following:

1. Not being used in combination with other targeted biologics, **AND**

2. One of the following:
  - a. Improvement in PASI score from baseline, OR
  - b. Improvement in BSA from baseline, OR
  - c. Decrease in sensitive area disease severity, OR
  - d. Decrease in debilitating disease severity

**ICD-10:**  
L40.0-L40.9

### **Psoriatic arthritis**

1. Diagnosed by a rheumatologist, **AND**
2. Inadequate response, intolerance, or contraindication to one or more disease modifying anti-rheumatic drugs (DMARDs) or has a medical reason why methotrexate, sulfasalazine, and leflunomide cannot be used, **AND**
3. Not being used in combination with other targeted immunomodulators (i.e., anti-TNFs, interleukin inhibitors, Otezla)

### **Covered Dose**

Up to 100 mg SC at week 0, 4, then every 8 weeks thereafter

### **Coverage Period**

Cover yearly, based upon continued response.

**ICD-10:**  
L40.50-L40.59

### **(3) The following condition(s) DO NOT require Prior Authorization/Preservice**

All requests for Tremfya® (guselkumab) must be sent for clinical review and receive authorization prior to drug administration or claim payment.

### **(4) This Medication is NOT medically necessary for the following condition(s)**

Blue Shield's research indicates there is inadequate clinical evidence to support off-label use of this drug for the following conditions (Health and Safety Code 1367.21):

- Rheumatoid arthritis

Coverage for a Non-FDA approved indication, requires that criteria outlined in Health and Safety Code § 1367.21, including objective evidence of efficacy and safety are met for the proposed indication.

Please refer to the Provider Manual and User Guide for more information.

### **(5) Additional Information**

How supplied:

- 100 mg/mL (single dose prefilled syringe or single dose One-Press patient-controlled injector)

### **(6) References**

- AHFS®. Available by subscription at <http://www.lexi.com>
- DrugDex®. Available by subscription at <http://www.micromedexsolutions.com/home/dispatch>

- Johnson & Johnson [Press Release]. Janssen Announces U.S. FDA Approval of Novel TREMFYA® (guselkumab) One-Press Patient-controlled Injector for Adults with Moderate-to-Severe Plaque Psoriasis. Updated February 27, 2019. Available at: <https://www.jnj.com/janssen-announces-u-s-fda-approval-of-novel-tremfya-guselkumab-one-press-patient-controlled-injector-for-adults-with-moderate-to-severe-plaque-psoriasis>. Accessed March 20, 2019.
- Menter A, Strober BE, Kaplan DH, et al. Joint AAD-NPF guidelines of care for the management and treatment of psoriasis with biologics. J Am Acad Dermatol 2019;80:1029-72.
- Tremfya® (guselkumab) [Prescribing information.] Horsham, PA. Janssen Biotech, Inc.; 7/2020.

## **(7) Policy Update**

Date of last review: 4Q2022

Date of next review: 4Q2023

Changes from previous policy version:

- No clinical change to policy following routine annual review.

*BSC Drug Coverage Criteria to Determine Medical Necessity  
Reviewed by P&T Committee*