Haih maaih haaix nyungc yiem njiec meih dimv baengc nyei ziangh hoc?

Meih nyei goux baengc ndie-sai oix zuqc:

- Dimv mangc nzoih beih sin baengc
- Zaah funx mangc meih hlo hlang aengx caux hlo guai ndongc haaix
- Zaah naaic taux meih nyei huov jaa nyei lox-hnoi baengc zingh gouv-nyinh
- Mbuox heuc nziepv ndie, haaix zanc taux qiemx taux ziangh hoc wuov
- Ca'laangh caux zorc nyaah zangc aengx caux, haaix zanc qiemx zuqc longc, bun fu'jueiv duqv longc fluoride corh nyaah aengx caux longc fluoride nzemz tipv, aengx caux tengx lorx zorc nyaah zangc
- Zaah mangc meih nyei m'normh aengx caux m'zing
- Naaic taux meih nyei corngh zingh wangc siangx aengx caux hnyouv nzauh nyei jauv benx hnangv haaix, hopv diuv a'fai buov yong-in nyei fai, liouh zaah lorx nzoih meih qiemx zuqc longc a'fai bouc nzie nyei fai
- Ca'laangh gorngv jienv sic goux taux wangc siangx jau-louc beiv taux gorngv bueix doic jau-louc benx hnangv haaix, nyanc hnaangx benx hnangv haaix, nzieqc zingz ndongc haaix aengx caux goux longx mv bun nyutc pui ndopv laauz

Meih nyei goux baengc ndie-sai oix zuqc dimv mangc taux:

- **Nzauh huaang ndongc haaix, nzauh kuonx hnyouv haaix nyungc, aengx caux hnamv haih daix ga'ganh nyei**
- Maaih dorngx haih congz hoic zuqc benx **butv haa-cunv baengc (TB)**
- Maaih dorngx haih congz hoic zuqc benx **hmei zorpc yiem nziaamv**
- Maaih dorngx haih congz hoic zuqc benx **nziaamv zaamv**,
- **Maaih haaix nyungc baengc hienx doic haih nyiez nyei (STIs)**, beiv gorngv maaih
- **Corc maaih da'nyeic nyungc baengc** a'fai meih corc haaix nyungc jau-louc kuonx hnyouv

Mien (Rev.2027): For teens and young adults age 12 to 21

Se gorngv meih maaih waac qiemx zuqc naaic a'fai oix hiuv jaa

Meih nyei Medi-Cal gunv goux mangc wangc siangx sou-gorn
Fonh nam mber se hietv yiem meih nyei hmien-fangx ID aengx caux yiem meih nyei sou-gorn nyei website a'fai bieqc mangc yiem www.dhcs.ca.gov/mmchpd

Medi-Cal tengx baengc nyei finx-gorn
Korh waac **1-800-541-5555** (TDD 1-800-430-7077)
A'fai bieqc mangc yiem www.dhcs.ca.gov/myMedi-Cal

Medi-Cal goux zorc nyaah
Korh waac lorx Smile, California yiem naaiv **1-800-322-6384** (TTY 1-800-735-2922)
A'fai bieqc mangc yiem smilecalifornia.org a'fai www.dhcs.ca.gov/MCP

Lengc jeiv neqv zorc ziux goux corngh zingh baengc
Douc waac **1-888-452-8609**
Liouh naaic gorngv taux nzie weih goux zorc baengc bbutv benx corngh zingh baengc kouv nyei buonc, lorx taux meih nyei nquenc zangc beu weih corngh zingh heng-wangc sou-gorn yiem naaiv www.dhcs.ca.gov/CMHP

Butv diuv-nzeuz a'fai buov ndie yong-in
Douc waac lorx taux domh gorn nzie weih ziux goux taux wangc siangx (DHCS) gorn zangc gunv goux butv inv jau-louc benx 24/7 yiem naaiv **1-800-879-2772**
A'fai bieqc mangc yiem www.dhcs.ca.gov/SUD-NETRL

Tengx nzie goux taux jiepv sih njiouz maengc
Mborqv finx lorz taux tengx ziux goux daiz ga'ganh daic nyei gorn zangc & Jiepv sih njioux maengc dorngx yiem njiec naaiv **988**

Tengx daav za'eix njioux goux corngh zingh baengc/tengx nzie goux
Mborqv finx a'fai fungx nzangc-fienx bun taux **1-833-317-HOPE** (4673)
a'fai bieqc lorz mangc yiem www.calhope.org

Hiuv taux leiz beu ze'buonc bun meih aengx caux liuc leiz ndaam-dorng gong
Douc waac **1-888-452-8609**

DHCS
www.dhcs.ca.gov/kidsandteens

Medi-Cal for Kids & Teens

Nqaeqv baengc aengx caux tengx ziux goux zorc baengc bun fu'juei-caan aengx caux sieq-dorn hou-saeng maaih hnyang-jeiv buangv 21 hnyangx

Medi-Cal bun fu'juei-caan aengx caux sieq-dorn hou-saeng maaih hnyang-jeiv buangv 21 hnyangx

Se gorngv meih nyei hnyang-jeiv mv zaaic 21 aengx caux maaih mbuoz bieqc Medi-Cal liuz, meih se haih duqv zipv tengx dimv baengc, nzie weih ziux goux, aengx caux bouc sengh bun camv-nyungc liouh goux longc sin zangc maaih ngaeng-caengz.

Mv gunv gorngv mv maaih baengc yaac baac, ninh se benx jienv sic dungh horpc zuqc mingh dimv maengc sin zangc yietc hnyangx yietc baan tengx goux longx bun maaih heng-wangc. Tengx goux nqaeqv longx baengc bun ninh mbuo, aengx caux jaa-ndaangc dimv baengc aengx caux zorc nziouv.

Beiv taux meih coqc dimv baac baengc liuz, corc haih maaih baengc mv ndutv sin wuov corc aengx dingc ndie-sai liouh daaux nqaang mingh lorx buangh haaix zanc yaac duqv nyei.

Meih corc horpc zuqc mingh lorx zorc nyaah zangc tengx ziux goux mangc nyaah yiem 6 hlaax nyieqc yietc baan tengx goux longx nyaah.

Mbaenc ziangx ziangh hoc liouh dimv baengc

Korh waac lorx meih nyei gunv goux mangc wangc siangx sou-gorn A'fai korh waac lorx Medi-Cal Tengx nzie goux baengc mienh fin-gorn yiem naaiv **1-800-541-5555** (TDD 1-800-430-7077). Meih corc haih lorx mienh tengx yiem njiec:

- **Lorx ndie-sai** a'fai dingc ziangh hoc liouh buangh
- **Duqv geh baeqc wang-henh cie** mingh lorx ndie-sai aengx caux nzuonx maengz a'fai mingh zorqv ndie, zorc baengc jaa-sic aengx caux ga'naaiv longc
- **Tov heuc tengx lorx faan waac mienh tengx faan waac** yiem njiec buangh ndie-sai nyei ziangh hoc

Se gorngv meih qiemx zuqc longc benx naaiv zeiv daan a'fai da'nyeic diuc Medi-Cal nyungc horngh jaa-sic benx **ganh hoc zei-daan** beiv gorngv benx domh nzangc, bungx benx waa-qiez bun muangx, CD, a'fai zoux benx nzang-pokc, korh waac lorx **1-833-284-0040**. Se gorngv qiemx zuqc longc mienh tengx porv waac bun hiuv, mborvq finx heuc Medi-Cal Jiepv Sih Douc Waac Finx-gorn yiem njiec **1-800-541-5555** (TDD 1-800-430-7077).

Medi-Cal se baeqc wang-henh tengx nzie weih ziux goux yietc zungv fu'juei-caan aengx caux sieq-dorn hou-saeng mingh taux 21 hnyangx

Ninh wangv henh tengx ziux goux zorc baengc junh nzengc beiv hnangv mv zeiz ninh mbuo dimv cuotv buatc meih maaih sou-gorn beu Juangc Cuotv Nyaanh a'fai beu sou-gorn nyaanh dungh meih maaih pui-juang gaux Medi-Cal. Naaiv deix ziux goux mangc nyei jau-louc se maaih dimv baengc, nziepv ndie nqaeqv baengc, zaah mangc beih sin baengc, aengx caux zorc beih sin baengc, corngh zingh baengc, hienx doic nyiez duqv nyei baengc, aengx caux goux zorc nyaah.

Tengx nzie weih ziux goux hienx doic nyiez duqv nyei baengc se maaih:

- Njiaaux waac bun muangx aengx caux goux nqaeqv maaih gu'nguaaz jau-louc
- Goux mv bun maaih gu'nguaaz aengx caux jiepv sih nyanc ndie nqaeqv mv bun maaih gu'nguaaz
- Tengx nzie weih ziux goux wuaaic gu'nguaaz
- Dimv mangc STI aengx caux tengx zorc baengc
- Dimv nziaamv zaah seiz HIV
- Dimv mangc gorngv benx m'jang fai m'sieqv

Tengx nzie weih ziux goux hienx congh mengh ei-leix baengc se maaih:

- Ziux goux ndoqc laanh, juangc guanh, aengx caux huov jaa
- Ca'laangh daav za'eiz gorngv taux donv hiuang sic
- Gunv goux sic dauh gong-bou
- Bun ndie nyanc zorc corngh zingh baengc
- Dimv mangc hnyouv nzauh huaang aengx caux kuonx hnyouv jau-louc
- Tengx nzie weih zorc hopv diuv baengc aengx caux buov yong-in

Medi-Cal liouh beu bun gu'nguaaz & fu'juei-caan nyei gong-bou jau-louc tengx goux mangc aengx caux zorc sin zangc baengc

Se gorngv ninh mbuo ndie-sai dimv buatc maaih beih zangc baengc, corngh zingh baengc, hienx doic nyiez duqv nyei baengc a'fai nyaah haih wuaaic dungh oix zuqc zorc a'fai goux longx, Medi-Cal oix zuqc jien sin tengx aengx caux beu weih nzoih naaic deix gong-bou jau-louc.*

Medi-Cal beu weih liouh nzie weih ziux goux mangc gu'nguaaz & fu'juei-caan:

- Tengx nzie weih ziux goux zorc bei sin baengc, lemh jienv jiex gorn jaa-ndaangc ziux bouc nyei gong-bou jau-louc aengx caux mingh lorx buangh ndie-sai
- Tengx nzie weih ziux zoux zorc corngh zingh baengc aengx caux buov ndie yong-in a'fai zorc hopv diuv baengc, lemh jienv zorc corngz sin bun henv
- Zaah mangc nyaah aengx caux zimh mangc baengc nyei gong gorngv benx hnangv haaix mi'aqc
- Ziux goux mangc m'zing, lemh jienv bun muoc-ziuz
- Tengx nzie weih ziux goux m'normh
- Dimv seix COVID-19 aengx caux tengx zorc
- Zorc baengc jaa-sic aengx caux ga'naaiv longc, lemh jienv wuonv ginc zorc baengc jaa-sic
- Ndie-nyanc
- Longc jaa-dorngx dimv seix baengc, lemh jienv dimv nziaamv seix STI, aengx caux zimh mangc baengc fong ndongc haaix mi'aqc
- Tengx nzie weih ziux goux hienx doic jau-louc aengx caux mienh lunx mienh nyei wangc siangx jau-louc
- Zorc beih zangc baengc, zorc ga'nyuoz hnyouv, aengx caux corc nzuih gorngv waac
- Zaah mangc maaih gu'nguaaz yiem sin
- Ziux goux zorc baengc yiem biauv, lemh jienv yiem mienh goz dorngx
- Zorc baengc dorngh aengx caux yiem dorngx dauh
- Yietc zungv da'nyeic nyungc qiemx longc nzie weih ziux goux nyei jau-louc, ei goux baengc ndie-sai gouv cuotv wuov

* Maaih deix baav mienh kungx maaih leiz gaux tengx njioux jiepv sih nyaah mun baengc hnangv oc.