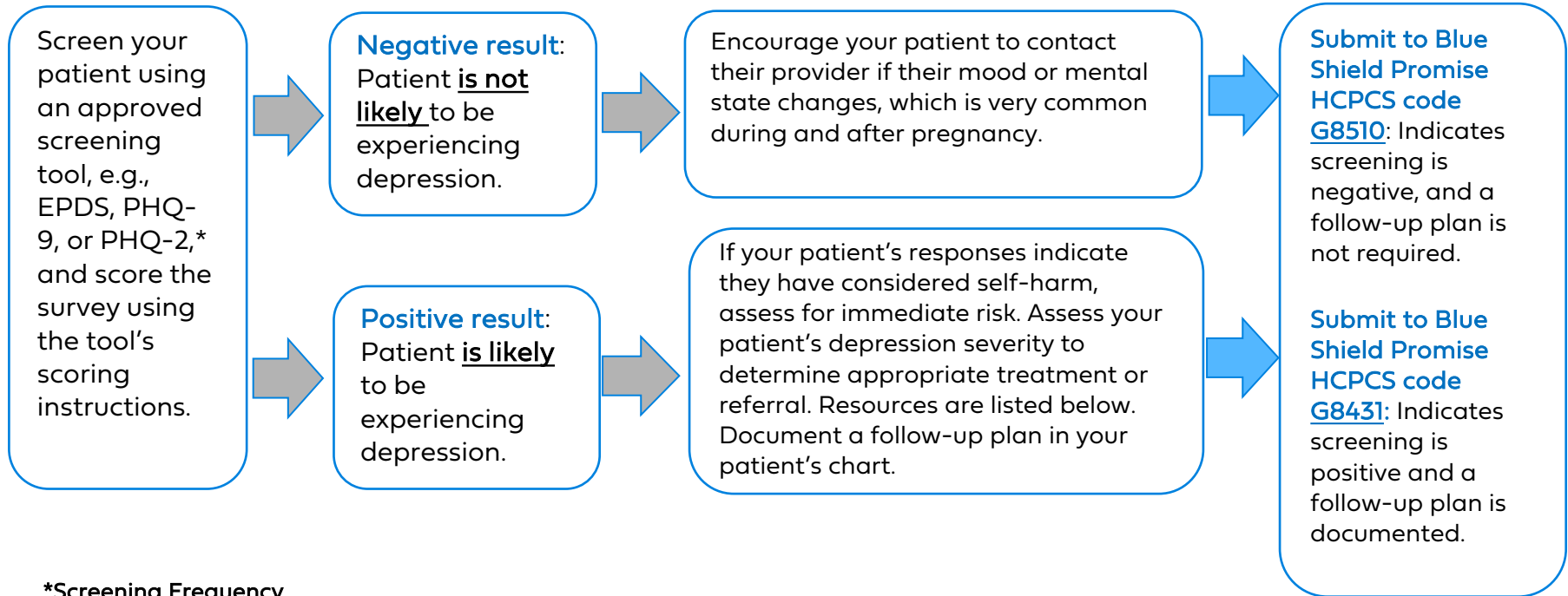


# Perinatal Depression Screening Pathway



## \*Screening Frequency

The law requires all licensed health care practitioners who provide prenatal or postpartum care for a patient to screen or offer to screen the patient for maternal mental health conditions.

Blue Shield of California Promise Health Plan recommends that providers follow American College of Obstetrics and Gynecologists (ACOG) clinical guidelines to screen perinatal patients at least once during the prenatal period and once during the postpartum period. Re-screening patients whose previous screening was positive for depression may help care providers assess treatment effectiveness.

## Suicide Prevention Resources

If a patient indicates intention to attempt suicide in the following 48 hours, help the patient call the National Suicide Prevention Lifeline, 911 or Emergency Room Transfer.

**National Suicide Prevention Lifeline: 988**  
**Crisis Text Line: text HOME to 741741**  
**Local crisis call center: 211**  
**National Maternal Health Hotline: 833-943-5746**

**Blue Shield Promise Social Services** can help members address psychosocial needs and navigate treatment options. To refer a member, complete and fax the [Social Services and Mental Health Referral Form](#). Social Services will reach out to the member.