



Utilization Assessment of Non-Specialty Mental Health Services for Medi-Cal Members

Prepared by Blue Shield of California Promise Health Plan

Blue Shield Promise conducted a utilization assessment broken down by Los Angeles and San Diego Counties of non-specialty mental health services (NSMHS) provided to Medi-Cal members. This report provides information on the number of unique utilizers of NSMHS stratified by gender, race, ethnicity, age group, and spoken language, sexual orientation, and disability.

Los Angeles County

NSMHS Utilization by Gender

Values	Percentage of Utilizers
Female	60.17%
Male	39.82%
Unknown	0.01%
TOTAL	100.00%

Table 1. NSMHS Utilization by Gender

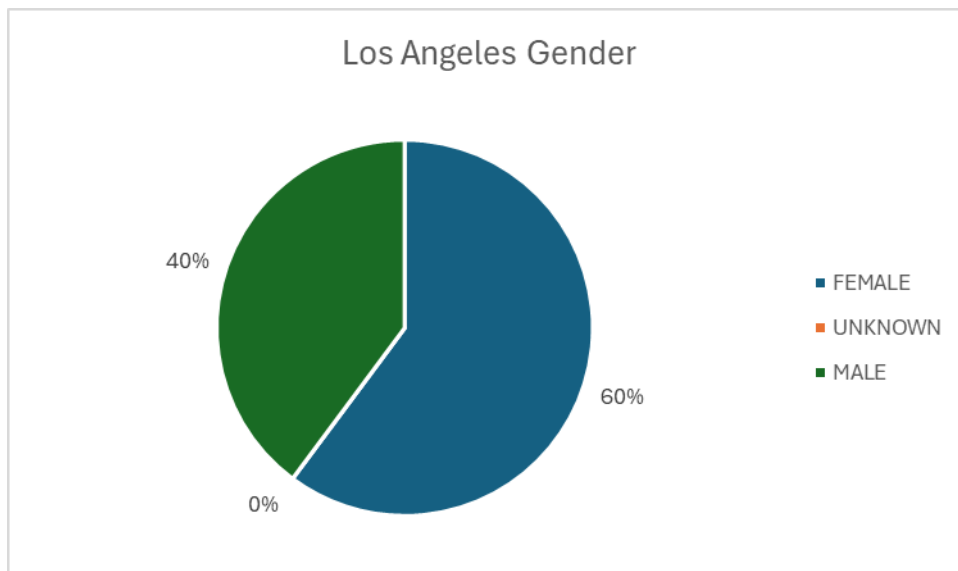


Figure 1. NSMHS Utilization by Gender

NSMHS Utilization by Race

Race	Percentage of Utilizers
White or Caucasian	0.61%
Black or African American	0.18%
Asian	0.18%
Pacific Islander	0.01%
Other Race	0.31%

I choose not to answer	0.19%
No Valid Data/Not in Source	98.52%
TOTAL	100.00%

Table 2. NSMHS Utilization by Race

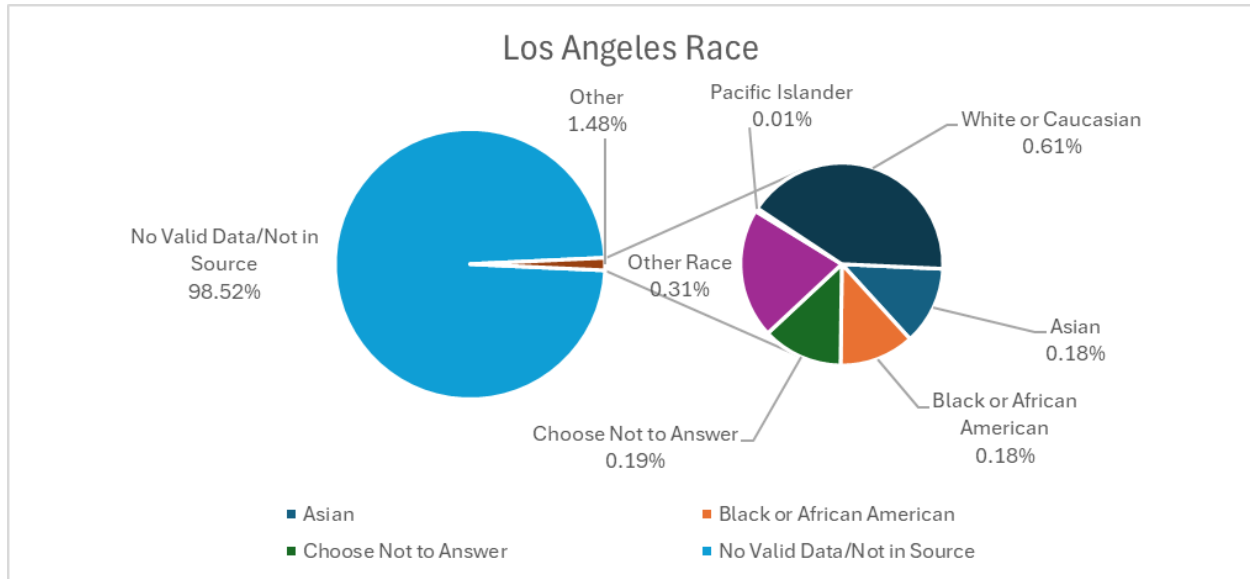


Figure 2. NSMHS Utilization by Race

NSMHS Utilization by Ethnicity

Ethnicity	Percentage of Utilizers
Hispanic or Latino	58.04%
Not Hispanic or Latino	32.95%
I choose not to answer	0.17%
No Valid Data	8.84%
TOTAL	100.00%

Table 3. NSMHS Utilization by Ethnicity

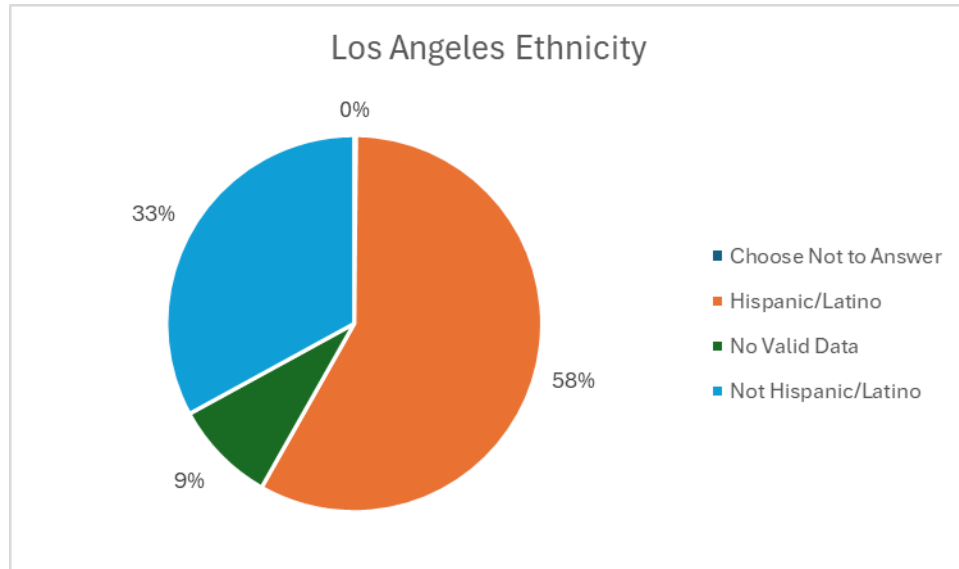


Figure 3. NSMHS by Ethnicity

NSMHS Utilization by Age Group

Age Group	Percentage of Utilizers
Age 5 or less	3.40%
Age 6 to 17	15.61%
Age 18 to 64	65.65%
Age 65 or above	15.34%
TOTAL	100.00%

Table 4. NSMHS Utilization by Age Group

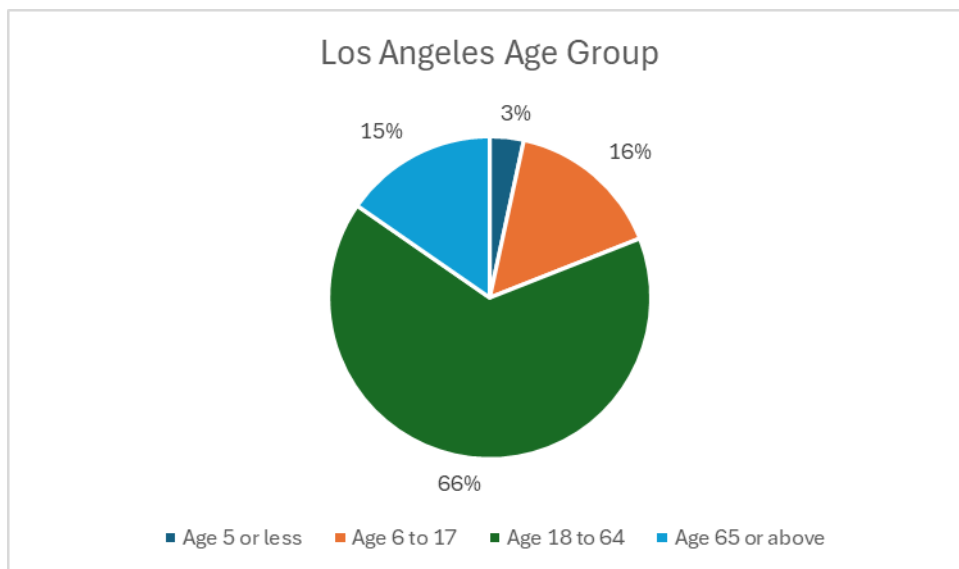


Figure 4. NSMHS Utilization by Age Group

NSMHS Utilization by Spoken Language

Spoken Language	Percentage of Utilizers
Arabic	0.19%
Armenian	0.80%
Cantonese	0.00%
English	59.01%
Farsi	0.01%
Khmer	0.13%
Korean	0.27%
Mandarin	0.38%
Not Reported	5.34%
Other Language	0.87%
Russian	0.52%
Spanish	31.91%
Tagalog	0.16%
Thai	0.06%
Vietnamese	0.34%
TOTAL	100.00%

Table 5. NSMHS Utilization by Spoken Language

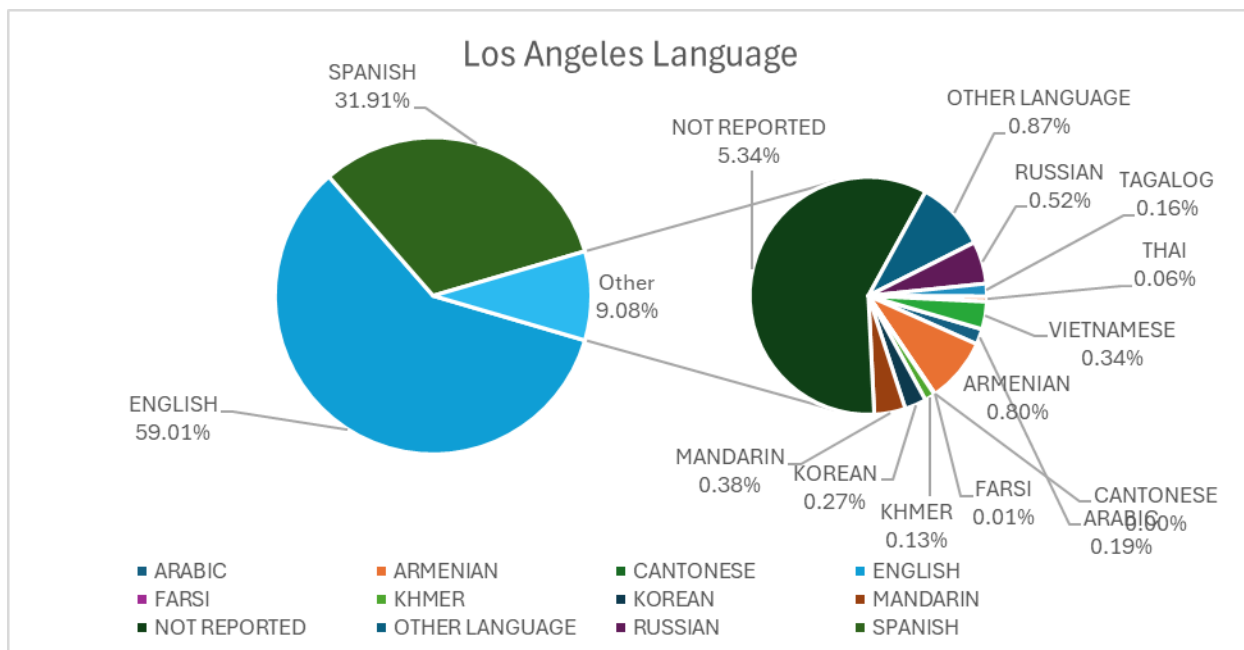


Figure 5. NSMHS Utilization by Spoken Language

NSMHS Utilization by Sexual Orientation

Sexual Orientation	Percentage of Utilizers
Bisexual	0.02%
Choose Not To Disclose	0.01%
Don't Know	0.00%
Gay	0.01%
Heterosexual	0.04%
Lesbian	0.00%
Other	0.00%
Queer	0.00%
Straight	0.01%
Unknown	99.89%
TOTAL	100.00%

Table 6. NSMHS Utilization by Sexual Orientation

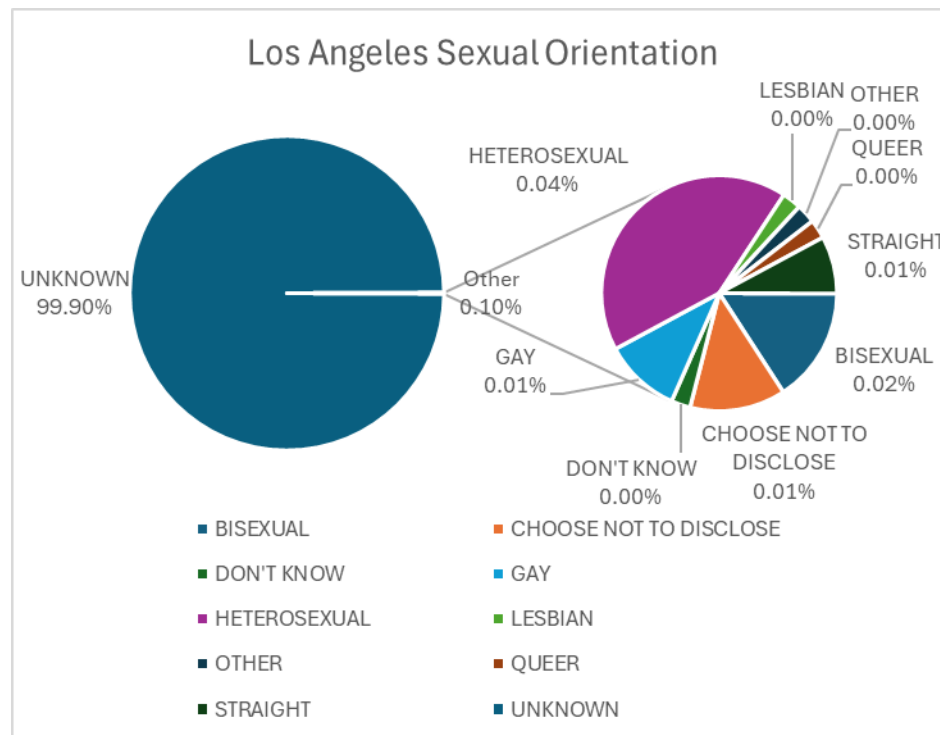


Figure 6. NSMHS Utilization by Sexual Orientation

NSMHS Utilization by Disability

Disability	Percentage of Utilizers
Disability	16.32%
No Disability	83.68%
TOTAL	100.00%

Table 7. NSMHS Utilization by Disability

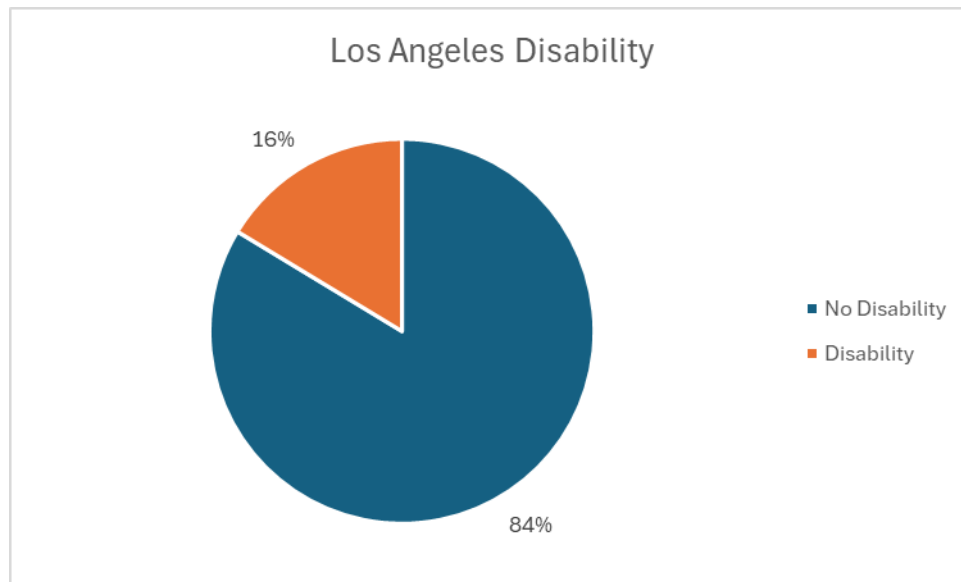


Figure 7. NSMHS Utilization by Disability

San Diego County

NSMHS Utilization by Gender

Values	Percentage of Utilizers
Female	55.58%
Male	44.42%
Unknown	0.01%
TOTAL	100.00%

Table 1. NSMHS Utilization by Gender

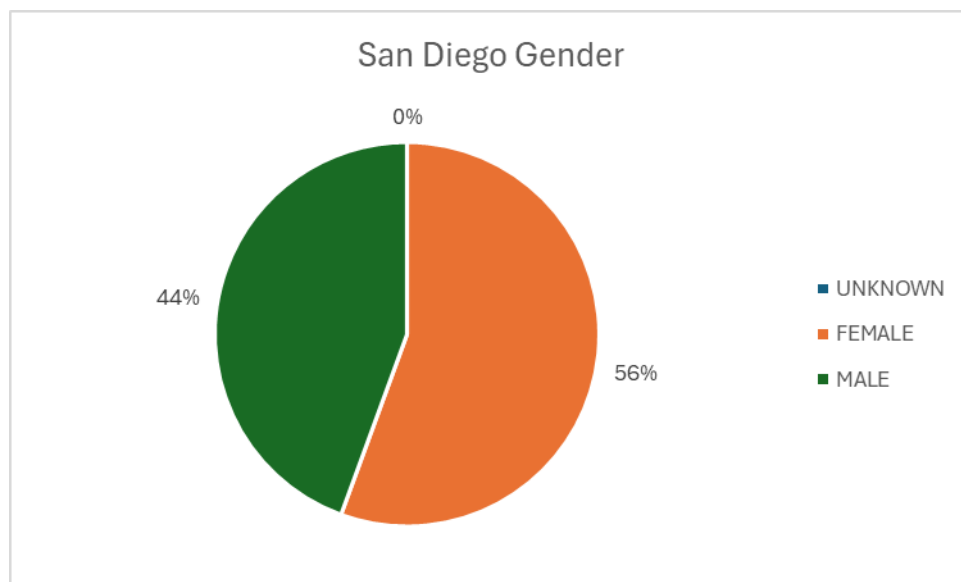


Figure 1. NSMHS Utilization by Gender

NSMHS Utilization by Race

Race	Percentage of Utilizers
White or Caucasian	2.61%
Black or African American	0.78%
Asian	0.23%
Pacific Islander	0.09%
Other Race	0.70%

I choose not to answer	0.11%
No Valid Data/Not in Source	95.48%
TOTAL	100.00%

Table 2. NSMHS Utilization by Race

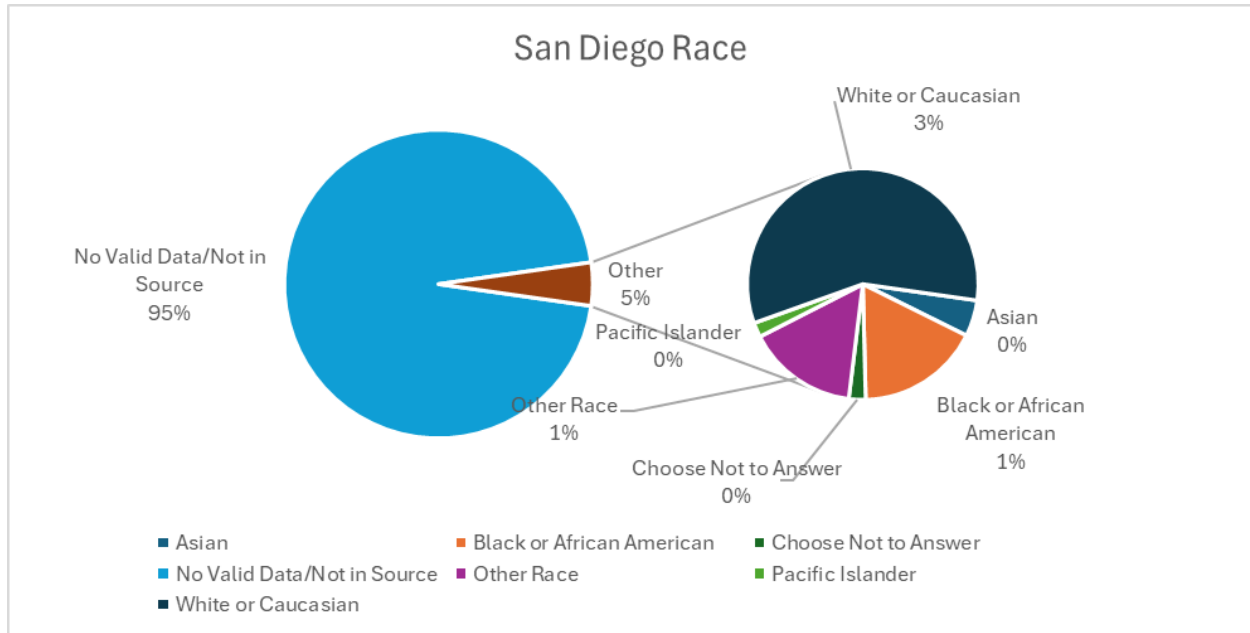


Figure 2. NSMHS Utilization by Race

NSMHS Utilization by Ethnicity

Ethnicity	Percentage of Utilizers
Hispanic or Latino	29.96%
Not Hispanic or Latino	41.06%
I choose not to answer	0.08%
No Valid Data	28.90%
TOTAL	100.00%

Table 3. NSMHS Utilization by Ethnicity

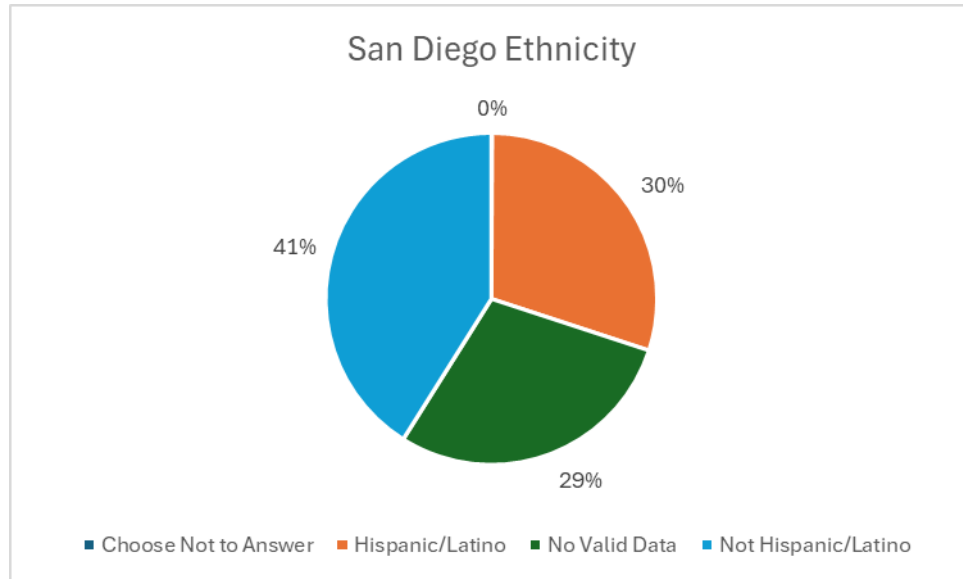


Figure 3. NSMHS by Ethnicity

SMHS Utilization by Age Group

Age Group	Percentage of Utilizers
Age 5 or less	1.94%
Age 6 to 17	9.55%
Age 18 to 64	73.25%
Age 65 or above	15.26%
TOTAL	100.00%

Table 4. NSMHS Utilization by Age Group

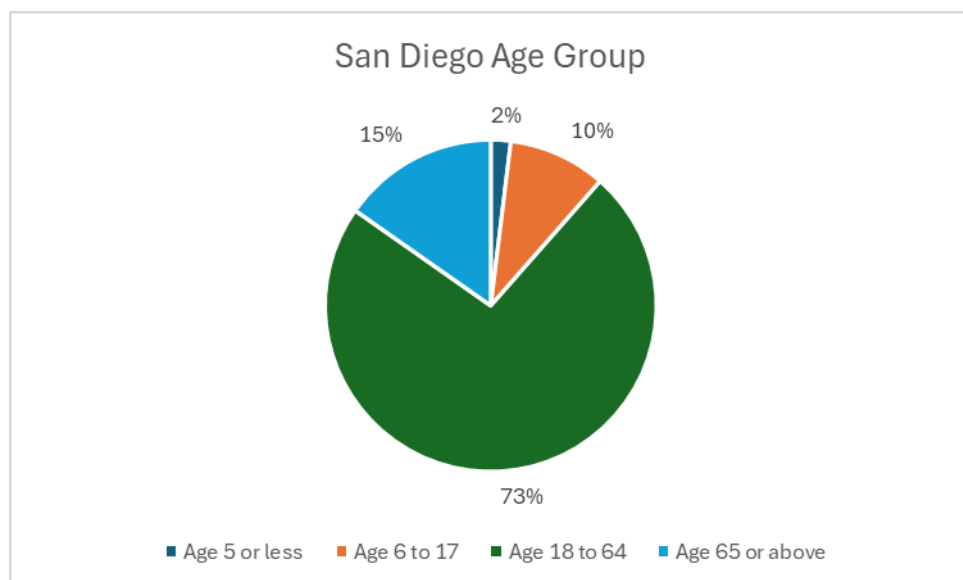


Figure 4. NSMHS Utilization by Age Group

NSMHS Utilization by Spoken Language

Spoken Language	Percentage of Utilizers
Arabic	0.37%
Armenian	0.01%
Cantonese	0.04%
English	74.73%
Farsi	0.32%
Khmer	0.01%
Korean	0.13%
Mandarin	0.17%
Not Reported	8.89%
Other Language	0.27%
Russian	0.62%
Spanish	13.73%
Tagalog	0.36%
Thai	0.01%
Vietnamese	0.35%
TOTAL	100.00%

Table 5. NSMHS Utilization by Spoken Language

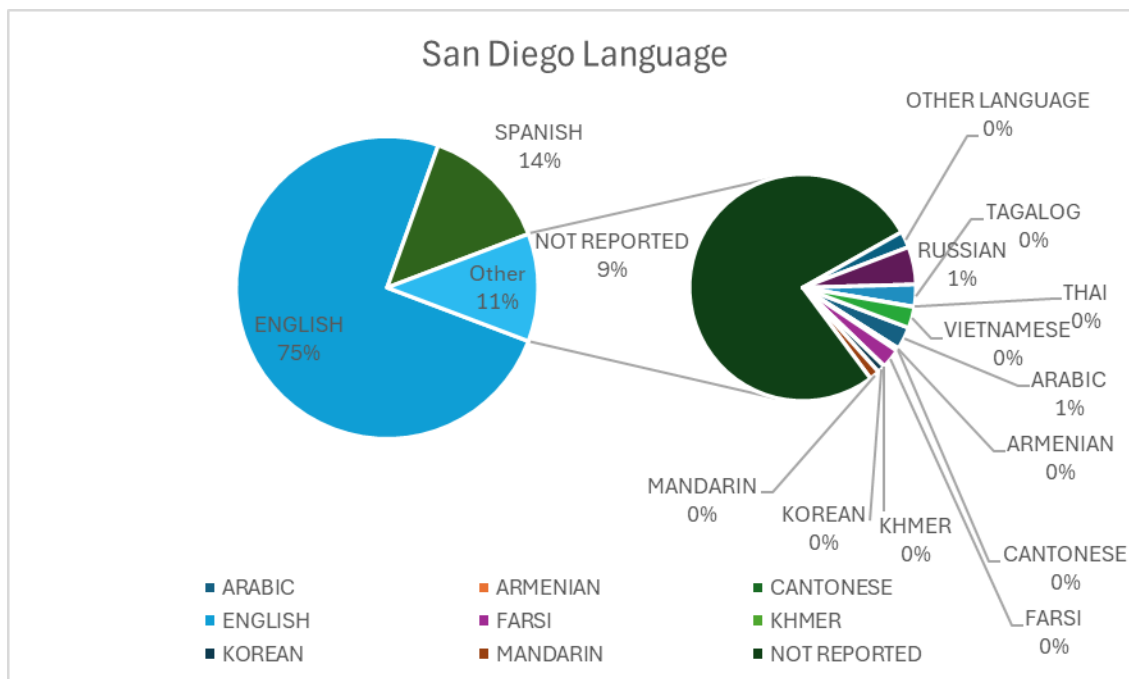


Figure 5. NSMHS Utilization by Spoken Language

NSMHS Utilization by Sexual Orientation

Sexual Orientation	Percentage of Utilizers
Bisexual	0.01%
Choose Not To Disclose	0.01%
Don't Know	0.00%
Gay	0.01%
Heterosexual	0.06%
Lesbian	0.01%
Other	0.01%
Queer	0.01%
Straight	0.01%
Unknown	99.86%
TOTAL	100.00%

Table 6. NSMHS Utilization by Sexual Orientation

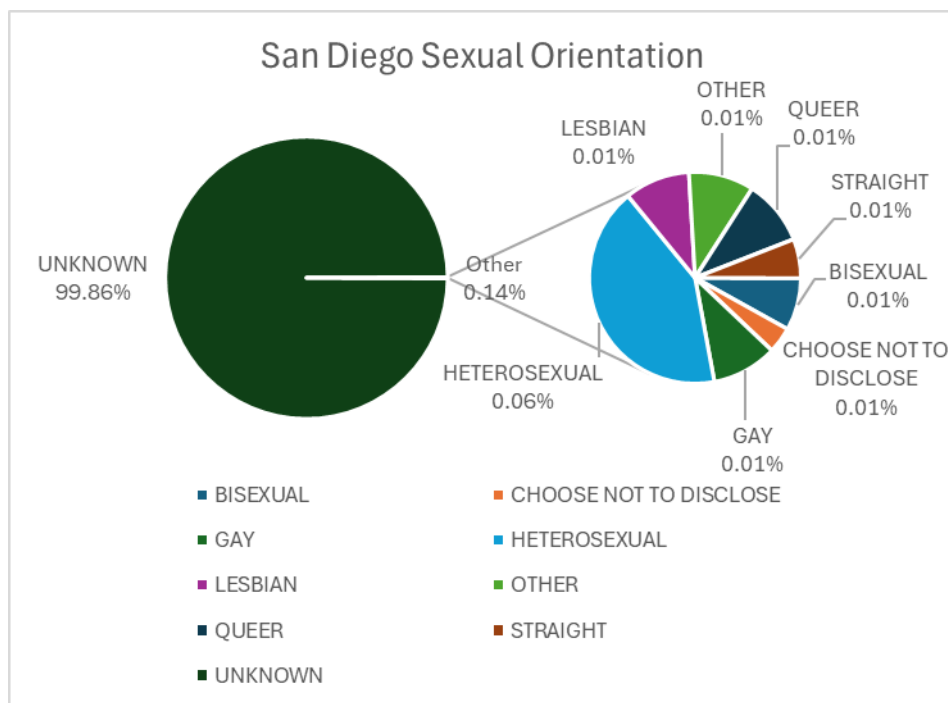


Figure 6. NSMHS Utilization by Sexual Orientation

NSMHS Utilization by Disability

Disability	Percentage of Utilizers
Disability	15.11%
No Disability	84.89%
TOTAL	100.00%

Table 7. NSMHS Utilization by Disability

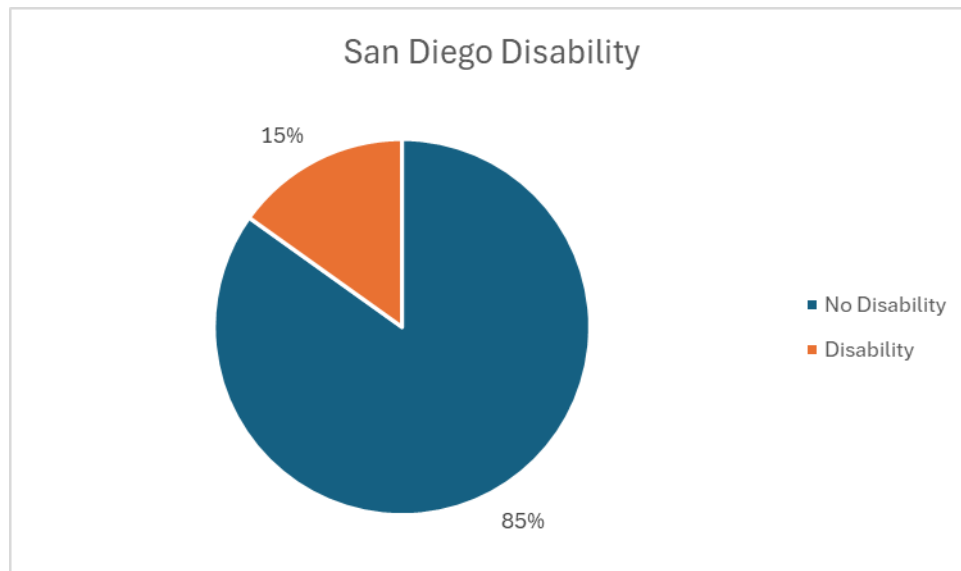


Figure 7. NSMHS Utilization by Disability