





Promise Health Plan

Policy Title: Minor Consent Services		POLICY #: 10.2.49	
		Line of business: Medi-Cal	
Department Name: Utilization Management	Original Date 1/02	Effective Date 5/19	Revision Date 12/18, 9/22, 2/23
VP Approval: Tracy Alvarez, VP, Medical Care Solutions 			Date of Approval: 2/17/2023
Medical Services/P&T Committee: (If Applicable) PHP CMO 			Date of Committee Review: 2/9/2023

A. PURPOSE:

To define the policy and procedure and provide guidance on how Blue Shield Promise Health Plan (BSCPHP) will process to follow defining the Minor Consent Services for BSCPHP’s Utilization Management (UM) Department.

B. DEFINITIONS:

1. “Minor Consent Services” are defined as covered services of a sensitive nature for individuals under the age of eighteen (18).

C. POLICY

- I. These services are available within the provider network and members will be informed of the availability of these services. Services that do not require parental consent to access are those related to:
 - a. Sexual assault, including rape.
 - b. Drug and alcohol abuse for children 12 years of age or older
 - c. Pregnancy
 - d. Family planning
 - e. Sexually transmitted diseases (STDs), designated by Policy & Procedure 10.2.12 STDs, in children 12 years of age or older if sexually active
 - f. Outpatient mental health care for children 12 years of age or older who are mature enough to participate intelligently and where either:
 - i. There is a danger of serious physical or mental harm to the minor or others
or
 - ii. The children are the alleged victims of incest or child abuse

D. PROCEDURE

- I. Exclusions to Minor Consent Services without parental consent and without prior-authorization, parental consent, and parental notification include:
 - a. When information is required by third parties for billing purposes;
 - b. When the adolescent poses a threat to their own safety or the safety of others (such as a threat to inflict bodily harm, homicide or suicide);

- c. When State or Federal law requires disclosure to the parents, guardians, or others (e.g., cases of communicable diseases, gunshot and knife wounds, or child abuse)
- II. Members and their families will be educated about the availability of Minor Consent Services, through the Member Handbook and other member materials, including information concerning members who are minors and their right to receive services without parental consent.
- III. Additionally, adolescents will be offered the opportunity for examination and counseling apart from their parents, at which time they may seek Minor Consent Services if they choose.

E. MONITORING:

N/A

F. REPORTING:

N/A

G. REFERENCES & ATTACHMENTS:

- 1. UM P&P 10.2.12 Sexually Transmitted Infections.

H. REVISION HISTORY:

Date	Modification (Reviewed and/or revised)	E-Filing Number
2/2023	Updated Regulatory Requirements DHCS	