

Policy Title: Home & Community Based Services (HCBS) Waiver Program		POLICY #: 10.2.18			
			Line of business: Medi-Cal		
Department Name: Utilization Management	<b>Original Date</b> 10/17	Effective Date 5/19 Revision Date 12/18, 9/22			
Department Head: Sr. Director, UM			Date: 10/22		
Medical Services/P&T Committee: (If Applicable) PHP CMO			Date: 10/22		

## **PURPOSE**

To ensure that Blue Shield of California Promise (Blue Shield Promise) members who qualify for the Home & Community Based Waiver Program (HCBS) are appropriately referred.

# **POLICY**

DHCS administers a number of HCBS Waiver Programs authorized under Section 1915(c) of the Social Security Act. Blue Shield Promise Health Plan will identify and refer members who may benefit from the programs.

**Multipurpose Senior Services Program (MSSP) Waiver:** Program that provides alternative to nursing facility placement for Medi-Cal eligible individuals who are 65 years or older and disabled.

### **Eligibility:**

- Nursing facility level of care
- 65+
- Only enrolled in one HCBS waiver program at any time
- Must reside in a county with an MSSP site

### Services may include:

- Case management
- Personal care services
- Respite care (in-home and out-of-home)
- Environmental accessibility adaptations
- Housing assistance/minor home repair
- Transportation
- Chore services
- Personal emergency response system/communication device
- Adult day care/support center/health care
- Protective supervision
- Meal services
- Social reassurance
- Money management
- Communication services (translation/interpretation)

**HIV/AIDs Waiver**: Provides home and community-based services as an alternative to nursing facility or hospitalization

### Eligibility may include:

- Health status qualifies them for nursing facility care or hospitalization
- In an "aid code" with full benefits
- Not enrolled in PACE
- Have a written diagnosis of HIV disease or AIDS with current signs, symptoms or disabilities related to HIV disease or treatment

#### Services may include:

- Case management
- Skilled nursing
- Attendant care
- Psychotherapy
- Home delivered meals
- Nutritional counseling
- Nutritional supplements
- Medical equipment and supplies
- Minor physical adaptations to the home
- Non-emergency medical transportation
- Financial supplements for foster care

**Developmental Disabilities (DD) Waiver:** Serves individuals of all ages in their own homes and community settings instead of hospitals, nursing facilities or intermediate care facilities for persons with developmental disabilities (ICF/DD).

Services provided through Regional Centers.

**Assisted Living Waiver:** Offers eligible seniors and persons with disabilities who are at risk of being institutionalized an opportunity to utilize ALW services that will allow them to remain safely at home.

### Eligibility:

- Age 21 or older
- Full-scope Medi-Cal with zero share of cost
- Health care needs equal to nursing facility level of care
- Willing to live in an assisted living facility or public subsidized housing

**Nursing Facility/Acute Hospital (NF/AH) Transition and Diversion Waiver:** Provides services in the home so that Medi-Cal beneficiaries with long-term medical conditions can be allowed to return or remain in their home.

Member must meet the acute hospital, adult subacute, pediatric subacute, intermediate care facility for developmentally disabled, continuous nursing care and nursing facility A/B levels of care with the option of returning and/or remaining in their home or home-like setting.

**In-Home Operations (IHO) Waiver:** Provides services in the home to Medi-Cal beneficiaries with long-term medical conditions in their home or home-like setting.

- If member is CCS eligible refer to Policy 10.2.11



### **PROCEDURE**

- 1. Blue Shield Promise shall assess, identify and refer members to waiver programs
  - a. For referrals to MSSP please see Policy 10.27.1.4
- 2. Blue Shield Promise shall coordinate care for those members who are accepted into the waiver program to ensure they receive medically necessary covered services that are not provided as part of the program.
  - a. Members may be subject to disenrollment from the health plan
- 3. If the member is not accepted into the waiver program Blue Shield Promise will coordinate services as needed and necessary.

### **REFERENCES**

Social Security Act, Section 1915(c)

Statewide Transition Plan for Compliance with Home and Community Based Setting Rules, November 23, 2016

California Department of Public Health: Office of Aids https://www.cdph.ca.gov/Programs/CID/DOA/Pages/OA\_care\_mcwp.aspx

