# blue 🗑 of california

# **Summary of Benefits**

San Francisco Health Service System Fund (CCSF) Effective January 1, 2025 PPO Plan

# Blue Shield of CA PPO - Out of Area

This Summary of Benefits shows the amount you will pay for Covered Services under this plan. It is only a summary and it is included as part of the Benefit Booklet.<sup>1</sup> Please read both documents carefully for details.

#### **Provider Network:**

This Plan uses a specific network of Health Care Providers, called the Full PPO provider network. Providers in this network are called Participating Providers. You pay less for Covered Services when you use a Participating Provider than when you use a Non-Participating Provider. You can find Participating Providers in this network at blueshieldca.com.

## Calendar Year Deductibles (CYD)<sup>2</sup>

A Calendar Year Deductible (CYD) is the amount a Member pays each Calendar Year before Claims Administrator pays for Covered Services under the Plan. The Claims Administrator pays for some Covered Services before the Calendar Year Deductible is met, as noted in the Benefits chart below.

|                                  |                     | When using a<br>Participating<br>Provider <sup>3</sup> | When using a Non-<br>Participating<br>Provider <sup>4</sup> |
|----------------------------------|---------------------|--|---|
| Calendar Year medical Deductible | Individual coverage | \$250  | \$250   |
|                                  | Family coverage     | \$250: individual                                      | \$250: individual   |
|                                  |                     | \$750: Family  | \$750: Family   |

#### Calendar Year Out-of-Pocket Maximum<sup>5</sup>

An Out-of-Pocket Maximum is the most a Member will pay for Covered Services each Calendar Year. Any exceptions are listed in the Notes section at the end of this Summary of Benefits.

|                     | When using any<br>combination of<br>Participating <sup>3</sup> or Non-<br>Participating <sup>4</sup> Providers | When using any combination<br>of Participating <sup>3</sup> or Non-<br>Participating <sup>4</sup> Providers | Under this Plan there is no<br>annual or lifetime dollar limit on<br>the amount Claims<br>Administrator will pay for |
|---------------------|--|---|--|
| Individual coverage | \$3,750  | \$3,750   | Covered Services.  |
| Family coverage     | \$3,750: individual<br>\$7,500: Family   | \$3,750: per individual   |  |

# Blue Shield of California is an independent member of the Blue Shield Association

No Annual or Lifetime Dollar

Limit

# Full PPO Network

**Benefits**<sup>6</sup> Your payment When using a CYD<sup>2</sup> CYD<sup>2</sup> When using a Participating applies Non-Participating applies Provider<sup>3</sup> Provider<sup>4</sup> Preventive Health Services<sup>7</sup> **Preventive Health Services** \$0 \$0 \$0 Preventive immunizations \$0 **Physician services** Primary care office visit 15% 15% Specialist care office visit 15% 15% Physician home visit 15% 15% Physician or surgeon services in an Outpatient 15% 15% Facility Physician or surgeon services in an inpatient facility 15% 15% 4 ~ Other professional services Other practitioner office visit 15% 15% Includes nurse practitioners, physician assistants, and therapists. Acupuncture services 50% 50% Up to \$1,000 maximum per Member, per Calendar Year. Chiropractic services 50% 50% Up to \$1,000 maximum per Member, per Calendar Year. Family planning Counseling, consulting, and education \$0 \$0 Injectable contraceptive \$0 \$0 Diaphragm fitting \$0 \$0 • Intrauterine device (IUD) \$0 \$0 . Insertion and/or removal of intrauterine device ٠ \$0 \$0 (IUD) Implantable contraceptive \$0 \$0 • **Tubal ligation** \$0 \$0 Vasectomy \$0 \$0 • Diagnosis and Treatment of the Cause of 15% 15% Infertility Infertility Services Natural or stimulated artificial inseminations 50% 50% Limited to 6 procedures per lifetime.

| benefit         | •   |  | . 501 p                     | ay   | roor payment                |  |  |  |
|-----------------|---|--|-----------------------------|--|-----------------------------|--|--|--|
|                 |   | When using a<br>Participating<br>Provider <sup>3</sup> | CYD <sup>2</sup><br>applies | When using a<br>Non-Participating<br>Provider <sup>4</sup> | CYD <sup>2</sup><br>applies |  |  |  |
| •               | Gamete intrafallopian transfer (GIFT), zygote<br>intrafallopian transfer (ZIFT), or in vitro<br>fertilization (IVF) <sup>8</sup>  | 50%  |                             | 50%  |                             |  |  |  |
|                 | Limited to 2 procedures per lifetime.   |  |                             |  |                             |  |  |  |
| •               | Intracytoplasmic sperm injection (ICSI)   | 50%  |                             | 50%  |                             |  |  |  |
| •               | Embryo transportation related network<br>disruption <sup>9</sup>  | 50%  |                             | 50%  |                             |  |  |  |
|                 | Limited to 1 instance and within the 1 year of storage. Up to \$500 maximum.  |  |                             |  |                             |  |  |  |
| •               | Testicular sperm aspiration/microsurgical<br>epididymal sperm aspiration (TESA/MESA) -<br>male factor associated surgical procedures for<br>retrieval of sperm  | 50%  |                             | 50%  |                             |  |  |  |
|                 | Limited to 1 procedure per lifetime.  |  |                             |  |                             |  |  |  |
| •               | Electroejaculation  | 50%  |                             | 50%  |                             |  |  |  |
| •               | Embryo biopsy for preimplantation screening (PGS) or diagnosis (PGD)  | 50%  |                             | 50%  |                             |  |  |  |
| •               | Cryopreservation of sperm, oocytes, ovarian tissue, testicular tissue, embryos  | 50%  |                             | 50%  |                             |  |  |  |
|                 | Limited to 1 retrieval and 1 year of storage per lifetime.  |  |                             |  |                             |  |  |  |
| Pod             | liatric services  | 15%  | ~                           | 15%  | ~                           |  |  |  |
| Мес             | dical nutrition therapy, not related to diabetes  | 15%  | ~                           | 15%  | ~                           |  |  |  |
| th              | ombined with diabetic medical nutrition<br>erapy, up to 4 visits per Member, per Calendar<br>ear  |  |                             |  |                             |  |  |  |
| Pregnan         | ncy and maternity care  |  |                             |  |                             |  |  |  |
| Phys            | sician office visits: prenatal and postnatal  | 15%  | ~                           | 15%  | ~                           |  |  |  |
|                 | sician services for pregnancy termination   | 15%  | ~                           | 15%  | ~                           |  |  |  |
| Emergei         | ncy Services  |  |                             |  |                             |  |  |  |
| Eme             | ergency room services   | 15%  | ~                           | 15%  | ~                           |  |  |  |
| er<br>Ins<br>pc | admitted to the Hospital, this payment for<br>mergency room services does not apply.<br>stead, you pay the Participating Provider<br>ayment under Inpatient facility services/ Hospital<br>rvices and stay. |  |                             |  |                             |  |  |  |
|                 | ergency room services for a non-emergency<br>dical condition <sup>5</sup>   | 50%  | ~                           | 50%  | ~                           |  |  |  |
|                 |   |  | 1                           | 1  | 1                           |  |  |  |

|  | When using a<br>Participating<br>Provider <sup>3</sup> | CYD <sup>2</sup><br>applies | When using a<br>Non-Participating<br>Provider <sup>4</sup> | CYD <sup>2</sup><br>applie |  |
|--|--|-----------------------------|--|----------------------------|--|
| Urgent care center services  | 15%  | ~                           | 15%  | ~                          |  |
| Ambulance services   | 15%  | ~                           | 15%  | ~                          |  |
| This payment is for emergency or authorized transport.   |  |                             |  |                            |  |
| Outpatient Facility services   |  |                             |  |                            |  |
| Ambulatory Surgery Center  | 15%  | ~                           | 15%  | ~                          |  |
| Outpatient Department of a Hospital: surgery   | 15%  | ~                           | 15%  | ~                          |  |
| Outpatient Department of a Hospital: treatment of illness or injury, radiation therapy, chemotherapy, and necessary supplies   | 15%  | ~                           | 15%  | ~                          |  |
| Inpatient facility services  |  |                             |  |                            |  |
| Hospital services and stay   | 15%  | ~                           | 15%  | ~                          |  |
| Transplant services  |  |                             |  |                            |  |
| This payment is for all covered transplants except<br>tissue and kidney. For tissue and kidney transplant<br>services, the payment for Inpatient facility<br>services/ Hospital services and stay applies. |  |                             |  |                            |  |
| Special transplant facility inpatient services   | 15%  | ~                           | Not covered  |                            |  |
| Physician inpatient services   | 15%  | ~                           | Not covered  |                            |  |
| Bariatric surgery services   |  |                             |  |                            |  |
| Participating Provider benefits for bariatric surgery services are limited to \$60,000 during the entire period you are covered under the Plan.  |  |                             |  |                            |  |
| Non-Participating Provider benefits for bariatric surgery services are limited to \$10,000 during the entire period you are covered under the Plan.  |  |                             |  |                            |  |
| Inpatient facility services  | 15%  | ~                           | 15%  | ~                          |  |
| Outpatient Facility services   | 15%  | ~                           | 15%  | ~                          |  |
| Physician services   | 15%  | ~                           | 15%  | ~                          |  |

| Derrents  | roor payment   |                             |  |                            |  |
|---|--|-----------------------------|--|----------------------------|--|
|   | When using a<br>Participating<br>Provider <sup>3</sup> | CYD <sup>2</sup><br>applies | When using a<br>Non-Participating<br>Provider <sup>4</sup> | CYD <sup>2</sup><br>applie |  |
| Diagnostic x-ray, imaging, pathology, and laboratory services   |  |                             |  |                            |  |
| This payment is for Covered Services that are<br>diagnostic, non-Preventive Health Services, and<br>diagnostic radiological procedures. For the payments<br>for Covered Services that are considered Preventive<br>Health Services, see Preventive Health Services. |  |                             |  |                            |  |
| Laboratory and pathology services   |  |                             |  |                            |  |
| Includes diagnostic Papanicolaou (Pap) test.  |  |                             |  |                            |  |
| Laboratory center   | 15%  | ~                           | 15%  | ~                          |  |
| Outpatient Department of a Hospital   | 15%  | ~                           | 15%  | ~                          |  |
| Basic imaging services  |  |                             |  |                            |  |
| Includes plain film X-rays, ultrasounds, and diagnostic mammography.  |  |                             |  |                            |  |
| Outpatient radiology center   | 15%  | ~                           | 15%  | ~                          |  |
| Outpatient Department of a Hospital   | 15%  | ~                           | 15%  | ~                          |  |
| Other outpatient Non-invasive diagnostic testing  |  |                             |  |                            |  |
| Testing to diagnose illness or injury such as<br>vestibular function tests, EKG, cardiac monitoring,<br>Non-invasive vascular studies, sleep medicine<br>testing, muscle and range of motion tests, EEG,<br>and EMG.  |  |                             |  |                            |  |
| Office location   | 15%  | ~                           | 15%  | ~                          |  |
| Outpatient Department of a Hospital   | 15%  | ~                           | 15%  | ~                          |  |
| Advanced imaging services   |  |                             |  |                            |  |
| Includes diagnostic radiological and nuclear<br>imaging such as CT scans, MRIs, MRAs, and PET<br>scans.   |  |                             |  |                            |  |
| Outpatient radiology center   | 15%  | ~                           | 15%  | ~                          |  |
| Outpatient Department of a Hospital   | 15%  | ~                           | 15%  | ~                          |  |
| Rehabilitative and Habilitative Services  |  |                             |  |                            |  |
| Includes physical therapy, occupational therapy, and respiratory therapy.   |  |                             |  |                            |  |
| Office location   | 15%  | ~                           | 15%  | ~                          |  |
| Outpatient Department of a Hospital   | 15%  | ~                           | 15%  | ~                          |  |
| Speech Therapy services   |  |                             |  |                            |  |
| Office location   | 15%  | ~                           | 15%  | ~                          |  |
| Outpatient Department of a Hospital   | 15%  | ~                           | 15%  | ~                          |  |

|  | When using a<br>Participating<br>Provider <sup>3</sup> | CYD <sup>2</sup><br>applies | When using a<br>Non-Participating<br>Provider <sup>4</sup> | CYD <sup>2</sup><br>applies |
|--|--|-----------------------------|--|-----------------------------|
| Durable medical equipment (DME)  |  |                             |  |                             |
| DME  | 15%  | ~                           | 15%  | ~                           |
| Breast pump  | <b>\$</b> 0  |                             | 15%  | ~                           |
| Orthotic equipment and devices   | 15%  | ~                           | 15%  | ~                           |
| Prosthetic equipment and devices   | 15%  | ~                           | 15%  | ~                           |
| Home health care services  | 15%  | ~                           | 15%  | ~                           |
| Up to 120 visits per Member, per Calendar Year, by a<br>home health care agency. All visits count towards the<br>limit, including visits during any applicable Deductible<br>period. Includes home visits by a nurse, Home Health<br>Aide, medical social worker, physical therapist,<br>speech therapist, or occupational therapist, and<br>medical supplies. |  |                             |  |                             |
| Home infusion and home injectable therapy services   |  |                             |  |                             |
| Home infusion agency services  | 15%  | ~                           | 15%  | ~                           |
| Includes home infusion drugs, medical supplies, and visits by a nurse.   |  |                             |  |                             |
| Hemophilia home infusion services  | 15%  | ~                           | 15%  | ~                           |
| Includes blood factor products.  |  |                             |  |                             |
| Skilled Nursing Facility (SNF) services  |  |                             |  |                             |
| Up to 120 days per Member, per benefit period,<br>except when provided as part of a Hospice program.<br>All days count towards the limit, including days during<br>any applicable Deductible period and days in<br>different SNFs during the Calendar Year.  |  |                             |  |                             |
| Freestanding SNF   | 15%  | ~                           | 15%  | ~                           |
| Hospital-based SNF   | 15%  | ~                           | 15%  | ~                           |
| Hospice program services   |  |                             |  |                             |
| Pre-Hospice consultation   | 15%  | ~                           | 15%  | ~                           |
| Routine home care  | 15%  | ~                           | 15%  | ~                           |
| 24-hour continuous home care   | 15%  | ~                           | 15%  | ~                           |
| Short-term inpatient care for pain and symptom management  | 15%  | ~                           | 15%  | ~                           |
| Inpatient respite care   | 15%  | ~                           | 15%  | ~                           |

**Benefits**<sup>6</sup> Your payment When using a CYD<sup>2</sup> CYD<sup>2</sup> When using a Participating applies Non-Participating applies Provider<sup>3</sup> Provider<sup>4</sup> **Reconstructive surgery services Outpatient Facility services** 15% 15% ~ Inpatient facility services 15% 15% ~ 15% 15% Physician services 4 Medical treatment of the teeth, gums, jaw joints, and jaw bones **Outpatient Facility services** 15% 15% Inpatient facility services 15% 15% Physician services 15% 15% Other services and supplies Diabetes care services • Devices, equipment, and supplies 15% 15% Self-management training 15% 15% Medical nutrition therapy 15% 15% Combined with medical nutrition therapy, not related to diabetes, up to 4 visits per Member, per Calendar Year. **Dialysis services** 15% 15% PKU product formulas and special food products 15% 15% Allergy serum billed separately from an office visit 15% 15% Hearing aid services • Hearing aids and equipment 15% 15% Up to \$2,500 maximum per ear, per Member, per 36-month period. Regular medical services for Members enrolled in clinical Clinical trials for treatment of cancer or life-threatening trials will be covered at the same Cost Shares as any other diseases or conditions services (office visit, inpatient, outpatient, etc.)

#### Mental Health and Substance Use Disorder Benefits

|  | When using a<br>Participating<br>Provider <sup>3</sup> | CYD <sup>2</sup><br>applies | When using a<br>Non-Participating<br>Provider <sup>4</sup> | CYD <sup>2</sup><br>applies |
|--|--|-----------------------------|--|-----------------------------|
| Outpatient services                              |  |                             |  |                             |
| Office visit, including Physician office visit   | 15%  | ~                           | 15%  | ~                           |
| Intensive outpatient care                        | 15%  | ~                           | 15%  | ~                           |
| Behavioral Health Treatment in an office setting | 15%  | ~                           | 15%  | ~                           |

#### Mental Health and Substance Use Disorder Benefits

#### Your payment

|  | When using a<br>Participating<br>Provider <sup>3</sup> | CYD <sup>2</sup><br>applies | When using a<br>Non-Participating<br>Provider <sup>4</sup> | CYD <sup>2</sup><br>applies |
|--|--|-----------------------------|--|-----------------------------|
| Behavioral Health Treatment in home or other non-<br>institutional setting | 15%  | ~                           | 15%  | ~                           |
| Office-based opioid treatment  | 15%  | ~                           | 15%  | ~                           |
| Partial Hospitalization Program  | 15%  | ~                           | 15%  | ~                           |
| Psychological Testing  | 15%  | ~                           | 15%  | ~                           |
| Inpatient services   |  |                             |  |                             |
| Physician inpatient services   | 15%  | ~                           | 15%  | ¥                           |
| Hospital services  | 15%  | ~                           | 15%  | ~                           |
| Residential Care   | 15%  | ~                           | 15%  | •                           |

#### **Prior Authorization**

The following are some frequently-utilized Benefits that require prior authorization:

• Advanced imaging services

- Hospice program services
- Outpatient mental health services, except office visits and office-based opioid treatment
- Inpatient facility services

Please review the Benefit Booklet for more about Benefits that require prior authorization.

#### Notes

#### 1 Benefit Booklet:

The Benefit Booklet describes the Benefits, limitations, and exclusions that apply to coverage under this Plan. Please review the Benefit Booklet for more details of coverage outlined in this Summary of Benefits. You can request a copy of the Benefit Booklet at any time.

<u>Capitalized terms are defined in the Benefit Booklet.</u> Refer to the Benefit Booklet for an explanation of the terms used in this Summary of Benefits.

#### 2 Calendar Year Deductible (CYD):

<u>Calendar Year Deductible explained.</u> A Calendar Year Deductible is the amount you pay each Calendar Year before the Claims Administrator pays for Covered Services under the Plan.

If this Plan has any Calendar Year Deductible(s), Covered Services subject to that Deductible are identified with a check mark (•) in the Benefits chart above.

<u>Covered Services not subject to the Calendar Year medical Deductible.</u> Some Covered Services received from Participating Providers are paid by the Claims Administrator before you meet any Calendar Year medical Deductible. These Covered Services do not have a check mark ( • ) next to them in the "CYD applies" column in the Benefits chart above.

This Plan has a separate Participating Provider Deductible and Non-Participating Provider Deductible.

#### **Notes**

<u>Family coverage has an individual Deductible within the Family Deductible.</u> This means that the Deductible will be met for an individual with Family coverage who meets the individual Deductible prior to the Family meeting the Family Deductible within a Calendar Year.

#### 3 Using Participating Providers:

<u>Participating Providers have a contract to provide health care services to Members.</u> When you receive Covered Services from a Participating Provider, you are only responsible for the Copayment or Coinsurance, once any Calendar Year Deductible has been met.

"Allowable Amount" is defined in the Benefit Booklet. In addition:

• Coinsurance is calculated from the Allowable Amount.

#### 4 Using Non-Participating Providers:

<u>Non-Participating Providers do not have a contract to provide health care services to Members.</u> When you receive Covered Services from a Non-Participating Provider, you are responsible for:

- the Copayment or Coinsurance (once any Calendar Year Deductible has been met), and
- any charges above the Allowable Amount.

"Allowable Amount" is defined in the Benefit Booklet. In addition:

- Coinsurance is calculated from the Allowable Amount, which is subject to any stated Benefit maximum.
- Charges above the Allowable Amount do not count towards the Out-of-Pocket Maximum, and are your responsibility for payment to the provider. This out-of-pocket expense can be significant.

#### 5 Calendar Year Out-of-Pocket Maximum (OOPM):

<u>Calendar Year Out-of-Pocket Maximum explained.</u> The Out-of-Pocket Maximum is the most you are required to pay for Covered Services in a Calendar Year. Once you reach your Out-of-Pocket Maximum, the Claims Administrator will pay 100% of the Allowable Amount for Covered Services for the rest of the Calendar Year. Charges for Services which are specifically excluded from accumulating to the OOPM, contained within the Benefit Booklet, do not count towards the OOPM.

Your payment after you reach the Calendar Year OOPM. You will continue to pay all charges for services that are not covered and charges above the Allowable Amount.

<u>Any Deductibles count towards the OOPM.</u> Any amounts you pay that count towards the medical Calendar Year Deductible also count towards the Calendar Year Out-of-Pocket Maximum.

<u>This Plan cross accumulates Participating Provider and Non-Participating Provider OOPM.</u> This means that any amounts you pay towards your Participating Provider OOPM also count towards your Non-Participating Provider OOPM. Also, any amounts you pay towards your Non-Participating Provider OOPM counts towards your Participating Provider OOPM.

<u>Family coverage has an individual OOPM within the Family OOPM.</u> This means that the OOPM will be met for an individual with Family coverage who meets the individual OOPM prior to the Family meeting the Family OOPM within a Calendar Year.

#### 6 Separate Member Payments When Multiple Covered Services are Received:

Each time you receive multiple Covered Services, you might have separate payments (Copayment or Coinsurance) for each service. When this happens, you may be responsible for multiple Copayments or Coinsurance. For example, you may owe an office visit payment in addition to an allergy serum payment when you visit the doctor for an allergy shot.

#### 7 Preventive Health Services:

If you only receive Preventive Health Services during a Physician office visit, there is no Copayment or Coinsurance for the visit. If you receive both Preventive Health Services and other Covered Services during the Physician office visit, you may have a Copayment or Coinsurance for the visit.

#### 8 Fresh or Frozen Transfer Cycles:

Embryo, gamete or zygote fresh or frozen transfer cycles must be received in conjunction with any of the following Covered Services: in-vitro fertilization (IVF), gamete intrafallopian transfer (GIFT), or zygote intrafallopian transfer (ZIFT).

#### 9 Embryo Transportation:

Network Disruption is defined as when a facility closes and/or the Member moves during the covered year of storage, the Member will be reimbursed up to the limit of \$500.

Plans may be modified to ensure compliance with Federal requirements.

Pb062424