

CalPERS Trio HMO service area

Trio HMO is designed to be affordable and offers a quality network of local doctors, specialists, and hospitals working closely together to deliver a better care experience.

Trio is offered to CalPERS members in the select areas of Butte, Contra Costa, El Dorado, Kern, Kings, Los Angeles, Nevada, Orange, Placer, Riverside, Sacramento, San Bernardino, San Luis Obispo, Santa Barbara, Santa Cruz, Shasta, Stanislaus, Tulare, Ventura, and Yolo counties.

To enroll, you must live or work within the Trio HMO service area.



Enhanced customer service with Shield Concierge

Trio HMO gives you access to Shield Concierge – one call connects you with a dedicated team of healthcare experts.

Shield Concierge can help you:

- Transfer medical records and prescriptions
- Find a new doctor or specialist
- Continue receiving care without interruption when switching plans
- Understand your new benefits

Shield Concierge is available at **(800) 334-5847 (TTY: 711)**,
7 a.m. to 8 p.m. PT, seven days a week.

Trio network providers

Blue Shield's Trio network is available in select California counties.

Partial: The Trio network is available only in parts of this county.

Full: The Trio network is available throughout this full county.

The chart below shows a list of IPA/medical groups available within the Trio service area as well as the hospitals they typically refer to. For a complete list of hospitals available in the Trio network, please use Blue Shield's *Find a doctor* tool at blueshieldca.com/calpers.

An asterisk (*) indicates a Trio network affiliated hospital that elevates the level of member care coordination between Blue Shield, medical group/IPA, and the hospital.

The Trio network is subject to change without notice.

Trio counties	Coverage	IPA/medical group	Hospital
Butte	Partial	Butte County Trio BSC Admin (Limited Network)	Enloe Medical Center
Contra Costa	Full	Brown & Toland Physicians East Bay	Alta Bates Summit Medical Center Eden Medical Center
		Hill Physicians Med Inc.	John Muir Medical Center, Walnut Creek Campus John Muir Medical Center, Concord Campus San Ramon Regional Medical Center
		John Muir Physician Network	John Muir Medical Center, Walnut Creek Campus* John Muir Medical Center, Concord Campus*
El Dorado	Partial	Some parts of the county are served by Sacramento County providers Hill Physicians Sacramento PriMed Inc. and Mercy Medical Group.	Mercy General Hospital* Methodist Hospital of Sacramento* Mercy Hospital of Folsom* Mercy San Juan Medical Center*
Kern	Partial	Dignity Health Delano Region Dignity Health Bakersfield Region	Mercy Hospital Bakersfield* Bakersfield Memorial Hospital* Adventist Health Delano
Kings	Partial	Key Medical Group	Kaweah Delta Medical Center*
Los Angeles	Partial	Allied Pacific of California IPA	San Gabriel Valley Medical Center* Garfield Medical Center* Alhambra Hospital Medical Center Greater El Monte Community Hospital Monterey Park Hospital Whittier Hospital Medical Center
		Blue Zones Health Blue Zones Health – Santa Monica	Providence Saint Johns Health Center* Marina Del Rey Hospital
		MemorialCare Independent Physicians MemorialCare Long Beach	Long Beach Memorial Medical Center Miller's Children's & Women's Hospital Long Beach

Trio counties	Coverage	IPA/medical group	Hospital
Los Angeles (cont'd)	Partial	Optum Care Network	Adventist Health White Memorial Anaheim Regional Coast Plaza East LA Hospital Gardena Memorial Long Beach Memorial Monterey Park Hospital PIH Downey UCI Health – Lakewood UCI Health – Los Alamitos UCI Health – Placentia Linda Whittier Hospital Medical Center
		PIH Health Physicians Downey	PIH Health Downey Hospital*
		PIH Health Physicians PIH Health Physicians IPA	PIH Health Hospital Good Samaritan Hospital* PIH Health Whittier Hospital*
		Pomona Valley Medical Group	Pomona Valley Hospital Medical Center
		Providence Health Systems	Henry Mayo Newhall Hospital Providence Holy Cross Medical Center* Providence Little Co. – San Pedro* Providence Little Co. – Torrance* Providence Saint Joseph Medical Center* Providence Tarzana Medical Center* Northridge Hospital Medical Center, Roscoe Campus Simi Valley Hospital and Health Care Services
		Seoul Medical Group	PIH Health Good Samaritan Hospital*
		St. John's Physician Partners [†]	Providence St. John's Health Center* [†]
		Torrance Memorial IPA	Torrance Memorial Medical Center*
		Hill Physicians Sacramento PriMed Inc.	Mercy General Hospital* Mercy General Hospital Folsom* Mercy San Juan Hospital* Methodist Hospital of Sacramento* Sierra Nevada Memorial Hospital*
		Sierra Sacramento BSC Admin	Hospital referral is dependent on physician admitting privileges of each participating physician
Orange	Full	AltaMed Health Services	Anaheim Regional Medical Center UCI Health – Fountain Valley
		Edinger Medical Group MemorialCare Medical Group MemorialCare Medical Group Saddleback	Orange Coast Memorial Medical Center Saddleback Memorial Medical Center
		Hoag Physician Partners Hoag Medical Group	Hoag Memorial Hospital* Hoag Orthopedic Institute* Hoag Hospital Irvine*
		Providence St. Joseph Heritage Medical St. Jude Heritage Medical	Mission Hospital Laguna Beach Providence Mission Hospital* Providence St. Joseph Hospital* Providence St. Jude Medical Center*
Placer	Partial	Some parts of the county are served by Sacramento County providers Hill Physicians Sacramento PriMed Inc. and Mercy Medical Group	Mercy General Hospital* Methodist Hospital of Sacramento* Mercy Hospital of Folsom* Mercy San Juan Hospital*

Trio counties	Coverage	IPA/medical group	Hospital
Riverside	Partial	Alpha Care Medical Group	Doctors Hospital of Riverside LLC John F Kennedy Memorial Hospital Hemet Global Medical Center Desert Regional Medical Center
		Optum Care Network – Citrus Valley	Corona Regional Medical Center Parkview Community Hospital Medical Center
		Optum Care Network – Corona	Corona Regional Medical Center Parkview Community Hospital Medical Center
		Optum Care Network – Desert Cities	Desert Regional Medical Center Eisenhower Medical Center
		Optum Care Network – Moreno Valley	Parkview Community Hospital Medical Center Riverside Community Hospital San Gorgonio Memorial Hospital
		Optum Care Network – Riverside Riverside Physician Network	Parkview Community Hospital Medical Center Riverside Community Hospital
		Optum Care Network – Hemet Valley Optum Care Network – Sun City Optum Care Network – Southwestern Valleys	Loma Linda University Medical Center (Murrieta) Menifee Valley Medical Center Southwest Healthcare System (Wildomar) Southwest Healthcare System (Murrieta) Temecula Valley Hospital, Inc.
		Optum Care Network – Valley Physicians Vantage IPA	Loma Linda University Medical Center (Murrieta) Menifee Valley Medical Center Temecula Valley Hospital, Inc. Community Hospital of San Bernardino San Antonio Regional Hospital St. Bernardine Medical Center
		Prospect Medical Group	Community Hospital of San Bernardino Corona Regional Medical Center Riverside Community Hospital San Antonio Regional Hospital
Sacramento	Partial	Dignity Medical Group Hill Physicians Sacramento PriMed Inc.	Mercy General Hospital* Mercy Hospital of Folsom* Mercy San Juan Hospital* Methodist Hospital of Sacramento*
San Bernardino	Partial	Alliance Desert Physicians EHP	St. Mary Regional Medical Center*
		LaSalle Medical Associates	Arrowhead Regional Medical Center Community Hospital of San Bernardino Kaweah Delta District Hospital Loma Linda University Medical Center Parkview Community Hospital Selma Community Hospital Victor Valley Community Hospital White Memorial Medical Center
		Optum Care Network	Desert Regional Medical Center Eisenhower Medical Center Loma Linda University Medical Center Redlands Community Hospital San Antonio Regional Hospital San Gorgonio Memorial Hospital St. Bernardine Medical Center

Trio counties	Coverage	IPA/medical group	Hospital
San Bernardino (cont'd)	Partial	Optum Care Network – San Bernardino	Community Hospital of San Bernardino St. Bernardine Medical Center
		PrimeCare Medical Group of Chino Valley Inc.	Pomona Valley Hospital Medical Center San Antonio Regional Hospital
		Prospect Medical Group	Pomona Valley Hospital Medical Center
		Providence Affiliated Physicians St. Mary	Providence St. Mary Medical Center*
		Redlands Yucaipa Medical Group (Epic Health Plan)	Redlands Community Hospital
San Luis Obispo	Partial	Physician Choice Medical Group of San Luis Obispo	French Hospital Medical Center* Marian Regional Medical Center, Arroyo Grande*
Santa Barbara	Partial	Rincon Health Sutter Sansum Clinic	Santa Barbara Cottage Hospital* Santa Ynez Valley Cottage Hospital* Goleta Valley Cottage Hospital*
Santa Cruz	Full	Dignity Health Medical Network Santa Cruz	Dominican Santa Cruz Hospital* Watsonville Community Hospital
Shasta	Partial	Shasta County Trio BSC Admin	Vibra Hospital of Northern California Mercy Medical Center – Redding Mayers Memorial Hospital
Stanislaus	Partial	Allcare IPA – Stanislaus ACO	Doctors Medical Center Doctors Hospital of Manteca Emanuel Medical Center
Tulare	Partial	A few cities (Earlimart, Pixley, Posey, Tipton) are served by GEMCare Medical Group in Kern County	Mercy Hospital Bakersfield* Bakersfield Memorial Hospital*
		Key Medical Group	Kaweah Delta Medical Center*
Ventura	Partial	Dignity Health Medical Network Ventura	Community Memorial Hospital of San Buenaventura
		Facey Medical Foundation Simi Valley	Providence Cedars – Sinai Tarzana Medical Center Providence Holy Cross Medical Center
		Seaview IPA	Community Memorial Hospital of San Buenaventura Ojai Valley Community Hospital Santa Paula Hospital
Yolo	Partial	Woodland Clinic	Woodland Memorial Hospital*

To check for eligibility, you may also use our online tool at blueshieldca.com/calpers.

The Trio network consists of the following ZIP codes within these counties:

Butte: 95926.

Contra Costa: includes all ZIP codes.

El Dorado: 95664, 95672, 95682, and 95762.

Kern: 93203, 93205, 93206, 93215, 93216, 93220, 93224, 93225, 93226, 93240, 93241, 93250, 93251, 93252, 93255, 93263, 93268, 93276, 93280, 93283, 93285, 93287, 93301, 93302, 93303, 93304, 93305, 93306, 93307, 93308, 93309, 93311, 93312, 93313, 93314, 93380, 93383, 93384, 93385, 93386, 93387, 93388, 93389, 93390, 93501, 93502, 93504, 93505, 93516, 93518, 93531, 93560, 93561, and 93596.

Kings: 93202, 93212, 93230, 93245, and 93631.

Los Angeles: 90001, 90002, 90003, 90004, 90005, 90006, 90007, 90008, 90009, 90010, 90011, 90012, 90013, 90014, 90015, 90016, 90017, 90018, 90019, 90020, 90021, 90022, 90023, 90024, 90025, 90026, 90027, 90028, 90029, 90030, 90031, 90032, 90033, 90034, 90035, 90036, 90037, 90038, 90039, 90040, 90041, 90042, 90043, 90044, 90045, 90046, 90047, 90048, 90049, 90050, 90051, 90052, 90053, 90054, 90055, 90056, 90057, 90058, 90059, 90060, 90061, 90062, 90063, 90064, 90065, 90066, 90067, 90068, 90069, 90070, 90071, 90072, 90073, 90074, 90075, 90076, 90077, 90078, 90079, 90080, 90081, 90082, 90083, 90084, 90086, 90087, 90088, 90089, 90091, 90093, 90094, 90095, 90096, 90101, 90103, 90134, 90140, 90189, 90201, 90202, 90205, 90209, 90210, 90211, 90212, 90213, 90220, 90221, 90222, 90223, 90224, 90230, 90231, 90232, 90239, 90240, 90241, 90242, 90245, 90247, 90248, 90249, 90250, 90251, 90254, 90255, 90260, 90262, 90263, 90264, 90265, 90266, 90267, 90270, 90272, 90274, 90275, 90277, 90278, 90280, 90290, 90291, 90292, 90293, 90294, 90295, 90296, 90301, 90302, 90303, 90304, 90305, 90306, 90307, 90308, 90309, 90310, 90312, 90401, 90402, 90403, 90404, 90405, 90406, 90407, 90408, 90409, 90410, 90411, 90501, 90502, 90503, 90504, 90505, 90506, 90507, 90508, 90509, 90510, 90601, 90602, 90603, 90604, 90605, 90606, 90607, 90608, 90609, 90610, 90623, 90630, 90631, 90637, 90638, 90639, 90640, 90650, 90651, 90652, 90660, 90661, 90662, 90670, 90701, 90702, 90703, 90704, 90706, 90707, 90710, 90711, 90712, 90713, 90714, 90715, 90716, 90717, 90723, 90731, 90732, 90733, 90734, 90744, 90745, 90746, 90747, 90748, 90749, 90755, 90801, 90802, 90803, 90804, 90805, 90806, 90807, 90808, 90809, 90810, 90813, 90814, 90815, 90822, 90831, 90832, 90833, 90840, 90842, 90844, 90846, 90847, 90848, 90853, 90895, 91001, 91003, 91006, 91007, 91008, 91009, 91010, 91011, 91012, 91016, 91017, 91020, 91021, 91023, 91024, 91025, 91030, 91031, 91040, 91041, 91042, 91043, 91046, 91066, 91077, 91101, 91102, 91103, 91104, 91105, 91106, 91107, 91108, 91109, 91110, 91114, 91115, 91116, 91117, 91118, 91121, 91123, 91124, 91125, 91126, 91129, 91182, 91184, 91185, 91188, 91189, 91199, 91201, 91202, 91203, 91204, 91205, 91206, 91207, 91208, 91209, 91210, 91214, 91221, 91222, 91224, 91225, 91226, 91301, 91302, 91303, 91304, 91305, 91306, 91307, 91308, 91309, 91310, 91311, 91313, 91316, 91321, 91322, 91324, 91325, 91326, 91327, 91328, 91330, 91331, 91333, 91334, 91335, 91337, 91340, 91341, 91342, 91343, 91344, 91345, 91346, 91350, 91351, 91352, 91353, 91354, 91355, 91356, 91357, 91361, 91362, 91364, 91365, 91367, 91371, 91372, 91376, 91380, 91381, 91383, 91384, 91385, 91386, 91387, 91390, 91392, 91393, 91394, 91395, 91396, 91401, 91402, 91403, 91404, 91405, 91406, 91407, 91408, 91409, 91410, 91411, 91412, 91413, 91416, 91423, 91426, 91436, 91470, 91482, 91499, 91501, 91502, 91503, 91504, 91505, 91506, 91507, 91508, 91510, 91521, 91522, 91523, 91601, 91602, 91603, 91604, 91605, 91606, 91607, 91608, 91609, 91610, 91614, 91615, 91616, 91617, 91702, 91706, 91711, 91715, 91716, 91722, 91723, 91724, 91731, 91732, 91733, 91734, 91735, 91740, 91741, 91744, 91745, 91746, 91747, 91748, 91750, 91754, 91755, 91756, 91759, 91765, 91766, 91767, 91768, 91769, 91770, 91771, 91772, 91773, 91775, 91776, 91778, 91780, 91788, 91789, 91790, 91791, 91792, 91793, 91795, 91801, 91802, 91803, 93510, and 93563.

Nevada: 95712, 95924, 95945, 95946, 95949, 95959, 95960, 95975, and 95986.

Orange: includes all ZIP codes.

Placer: 95602, 95603, 95604, 95648, 95650, 95658, 95661, 95663, 95677, 95678, 95713, 95746, 95747, and 95765.

Riverside: 91752, 92201, 92202, 92203, 92210, 92211, 92220, 92223, 92230, 92234, 92235, 92236, 92240, 92241, 92247, 92248, 92253, 92255, 92258, 92260, 92261, 92262, 92263, 92264, 92270, 92276, 92282, 92320, 92501, 92502, 92503, 92504, 92505, 92506, 92507, 92508, 92509, 92513, 92514, 92516, 92517, 92518, 92519, 92521, 92522, 92530, 92531, 92532, 92543, 92544, 92545, 92546, 92548, 92549, 92551, 92552, 92553, 92554, 92555, 92556, 92557, 92562, 92563, 92564, 92567, 92570, 92571, 92572, 92581, 92582, 92583, 92584, 92585, 92586, 92587, 92589, 92590, 92591, 92592, 92593, 92595, 92596, 92599, 92860, 92877, 92878, 92879, 92880, 92881, 92882, and 92883.

Sacramento: 94203, 94204, 94205, 94206, 94209, 94229, 94230, 94232, 94235, 94236, 94237, 94239, 94240, 94244, 94246, 94247, 94248, 94249, 94250, 94252, 94254, 94256, 94257, 94258, 94259, 94261, 94262, 94263, 94267, 94268, 94269, 94271, 94273, 94274, 94277, 94278, 94279, 94280, 94283, 94284, 94285, 94287, 94288, 94289, 94290, 94293, 94294, 94295, 94296, 94297, 94298, 95608, 95609, 95610, 95611, 95615, 95621, 95624, 95626, 95628, 95630, 95632, 95638, 95639, 95652, 95655, 95660, 95662, 95670, 95671, 95673, 95683, 95693, 95741, 95742, 95757, 95758, 95759, 95763, 95811, 95812, 95813, 95814, 95815, 95816, 95817, 95818, 95819, 95820, 95821, 95822, 95823, 95824, 95825, 95826, 95827, 95828, 95829, 95830, 95831, 95832, 95833, 95834, 95835, 95837, 95838, 95840, 95841, 95842, 95843, 95851, 95852, 95853, 95860, 95864, 95865, 95866, 95867, 95887, 95894, and 95899.

San Bernardino: 91701, 91708, 91709, 91710, 91729, 91730, 91737, 91739, 91743, 91758, 91759, 91761, 91762, 91763, 91764, 91784, 91785, 91786, 92256, 92268, 92284, 92286, 92301, 92305, 92307, 92308, 92313, 92314, 92315, 92316, 92317, 92318, 92321, 92322, 92324, 92325, 92329, 92331, 92333, 92334, 92335, 92336, 92337, 92339, 92340, 92341, 92342, 92344, 92345, 92346, 92350, 92352, 92354, 92356, 92357, 92358, 92359, 92368, 92369, 92371, 92372, 92373, 92374, 92375, 92376, 92377, 92378, 92382, 92385, 92386, 92391, 92392, 92393, 92394, 92395, 92397, 92399, 92401, 92402, 92403, 92404, 92405, 92406, 92407, 92408, 92410, 92411, 92413, 92415, 92418, 92423, 92424, and 92427.

San Luis Obispo: 93401, 93402, 93403, 93405, 93406, 93407, 93408, 93409, 93410, 93412, 93420, 93421, 93422, 93423, 93424, 93426, 93428, 93430, 93432, 93433, 93435, 93442, 93443, 93444, 93445, 93446, 93447, 93448, 93449, 93451, 93452, 93453, 93461, 93465, 93475, and 93483.

Santa Barbara: 93013, 93014, 93067, 93101, 93102, 93103, 93105, 93106, 93107, 93108, 93109, 93110, 93111, 93116, 93117, 93118, 93120, 93121, 93130, 93140, 93150, 93160, 93190, 93199, 93460, 93463, and 93464.

Santa Cruz: includes all ZIP codes.

Shasta: 96001, 96002, 96003

Stanislaus: 95307, 95313, 95316, 95319, 95323, 95326, 95328, 95329, 95350, 95351, 95352, 95353, 95354, 95355, 95356, 95357, 95358, 95361, 95363, 95367, 95368, 95380, 95381, 95382, 95386, and 95387.

Tulare: 93212, 93218, 93219, 93221, 93223, 93227, 93235, 93237, 93244, 93247, 93256, 93257, 93260, 93267, 93270, 93271, 93272, 93274, 93277, 93286, 93291, 93292, 93603, 93615, 93618, 93631, 93647, 93670, and 93673.

Ventura: 90265, 91319, 91320, 91358, 91359, 91360, 91361, 91362, 91377, 90265, 93001, 93002, 93003, 93004, 93005, 93006, 93007, 93009, 93010, 93011, 93012, 93013, 93015, 93016, 93020, 93021, 93022, 93023, 93024, 93030, 93031, 93032, 93033, 93034, 93035, 93036, 93040, 93041, 93042, 93043, 93044, 93060, 93061, 93062, 93063, 93064, 93065, 93066, 93094, and 93099.

Yolo: 95605, 95606, 95607, 95612, 95616, 95617, 95618, 95620, 95627, 95637, 95645, 95653, 95691, 95694, 95695, 95697, 95698, 95776, 95798, 95799, and 95937.