



California Virtual Provider Group List

Virtual providers are available statewide. To search for virtual providers using the [Find a doctor](#) tool, enter the ZIP code or County where the provider group is located (see list below) rather than your own.

Next, choose your plan, and then type the provider group or the provider's name. If there are no results, it's possible the provider or provider group is not in-network with your plan. You can also try toggling between "in-person" and "virtual" in the filters. (Even if a provider is virtual, they may only appear in the in-person list).

If you need additional assistance, please call the Mental Health Customer Service number on the back of your Blue Shield member ID card.

Provider Group or Provider Name*	Types of Care provided		Searchable Location(s) in the <i>Find a doctor</i> tool
	Virtual	In-Person	
A Better Way TMS	✓	✓	Orange
ACT - Associates in Clinical Therapy, A Psychological Corporation	✓		91302
Advanced Medical Psychiatric Services Inc.	✓		93312
Altitude Wellness	✓	✓	Los Angeles
Amae Health Medical Associates	✓	✓	Los Angeles
Anise Health Psychiatry	✓		95050
Array Behavioral Care	✓		95825
Ashley Ward LPCC	✓		90066
BayRidge Effective Family Therapy Inc	✓		90254
Bend Health Psychiatric Services West, PC	✓		91203
Bridges Family Therapy	✓		90401
Bright Heart Health	✓		94597
Brightside Medical PC	✓		94131
Camille Lendormy LCSW	✓		94611
Cognitive HSC	✓		92008
Comprehensive Psychiatric Services	✓	✓	Alameda, Contra Costa
Core, A Licensed Clinical Social Worker Corporation	✓		91016
Cross Cultural Expressions (CCE)	✓	✓	Los Angeles
CYTI Psychological	✓	✓	San Diego, Riverside

Daybreak Health	✓	✓	Los Angeles, San Diego
Ehab Yacoub MD Inc.	✓	✓	Alameda, Kern, Los Angeles, Orange, Riverside, San Bernadino, San Diego, San Francisco, Santa Clara
Equip Health Medical PC	✓		92008
Esteem Health PSC	✓		93422
Foresight Mental Health	✓	✓	Alameda, Los Angeles, Sacramento, San Mateo, San Francisco, San Diego, Sonoma
Fusion Care Group A Psychological Professional Corporation	✓	✓	Santee, Alpine, La Mesa, Oceanside, San Diego, San Luis Obispo, Chula Vista, Temecula, Vista, Laguna Hills, Poway
Grow Healthcare PC	✓	✓	Alameda, Contra Costa, Los Angeles, Orange, Placer, Kern, Riverside, San Diego, San Francisco, San Luis Obispo, San Mateo, Santa Clara, Santa Cruz, Solano, Sonoma, Tulare, Ventura
Guisella Conroy, LCSW	✓	✓	Los Angeles
Haya Avetisyan LMFT	✓		91205
Hazel Health Services	✓		96161
Headlight (SokyaHealth Medical Group PC)	✓	✓	San Diego, Riverside,
Headspace	✓		90404
Headway California Behavioral Health Services	✓	✓	Alameda, Butte, Calaveras, Contra Costa, Fresno, Imperial, Inyo, Kern, Lake, Los Angeles, Marin, Monterey, Napa, Nevada, Orange, Placer, Riverside, Sacramento, San Bernadino, San Diego, San Francisco, San Joaquin, San Luis Obispo, San Mateo, Santa Barbara, Santa Clara, Santa Cruz, Shasta, Siskiyou, Solano, Sonoma, Stanislaus, Sutter, Tulare, Ventura, Yolo
HLN - HealthLinkNow Inc.	✓		95864
Hopscotch	✓		95827
Inland Psychiatric Medical Group	✓	✓	Los Angeles, Orange, San Bernadino
Inner Strength Counseling	✓	✓	Los Angeles
Integral Med Grp Inc.	✓	✓	San Diego
James Curry LPCC	✓	✓	LA County
Jeff Schanowitz PhD	✓	✓	San Diego

Jigsaw Diagnostics, a Professional Psychology Corporation	✓		94025
Karen S Sifuentes	✓		95747
Kaylee Pickering LMFT	✓		94025
Korina Jochim LMFT	✓		93428
LifeStance Health (Santa Barbara Behavioral Health a Psychological Corp.)	✓	✓	Santa Barbara
Manatee Care, A Professional Psychology Corporation	✓		91001
Marvin Behavioral Health MA	✓	✓	Los Angeles
Memory Check Psychological Services	✓	✓	North County, San Diego
Mindpath Health	✓	✓	Alameda, Butte, Contra Costa, El Dorado, Fresno, Los Angeles, Marin, Monterey, Napa, Nevada, Orange, Placer, Riverside, Sacramento, San Diego, San Francisco, San Joaquin, San Luis Obispo, San Mateo, Santa Barbara, Santa Clara, Solano, Sonoma, Ventura, Yolo
Mindscape	✓		95207
Mundi Mental Health PC	✓		94597
NICHOLAS ALBRECHT LMFT	✓		91403
Nina Tomkiewicz, LCSW	✓		92103
NOCD CALIFORNIA BEHAVIORAL HEALTH	✓		91105
Ocean Psychiatry	✓	✓	Alameda County
Octave Behavioral Health	✓	✓	In person: Los Angeles, Alameda and San Francisco
Open Mind Mental Health	✓		92108
Pacific Coast Psychiatric (Lifestance)	✓	✓	Alameda, Contra Costa, Los Angeles, Maricopa, Orange, Riverside, Sacramento San Diego, San Francisco, San Mateo, Santa Clara, Stanislaus, Ventura
Pacific State Medical Health Group of California, PC	✓		94103
PlushCare of California	✓		94105
Progeny Psychiatric Clinic	✓		90815
ProPsych Services Inc.	✓	✓	Los Angeles
Psychiatric Alternatives	✓	✓	San Francisco
Psychiatric Wellness Center	✓	✓	Kern

Rosario Williams, LMFT	✓		93534
Rula Health	✓		95054
San Diego Serene Marriage and Family Therapy	✓		92020
San Francisco Child Psychiatry	✓	✓	San Francisco
Serene Health	✓	✓	San Diego
Soultenders	✓	✓	Los Angeles, Orange, San Bernadino
Southern California TMS	✓	✓	Los Angeles
Telemed2U	✓		95661
Teresa Wells, PhD	✓		95482
The Mindful Lemon	✓		91350
The Practice Counseling Services, Licensed Clinical Social Worker Prof Corp.	✓		95687
Therapeutic Rebel PC	✓		92563
Therapize Me, Inc.	✓	✓	Los Angeles
Thriveworks Clinical California PC	✓	✓	Alameda, Los Angeles, Marin, Orange, Santa Clara, San Francisco
Together Family Counseling	✓	✓	Los Angeles
TP-Health CA PC	✓		92805
Tri-Valley Behavioral Health Resources, Inc.	✓		91390
VeeOne Medical Group II Professional Corporation	✓		95661
Well Psyche Medical Group	✓		90017
Wellmind Online CA Licensed Clinical Social Worder Prof Corp.	✓	✓	90404
WellNite Medical	✓		94114
WK Medical (LGTC Group – Los Gatos Therapy Center)	✓	✓	Santa Clara, San Mateo, Los Angeles, Placer, San Francisco, San Joaquin, Santa Cruz
Zaheib Idrees, DO, A Professional Medical Corporation	✓		91740
Zeam Medical Group Inc.	✓	✓	Placer
Zhaohui Sunny Yang, MFT	✓	✓	San Diego

*This list is subject to change. Please note that this list primarily includes provider groups. However, solo practitioner virtual providers are also included in this list.