

# 2026 Summary of Benefits Blue Shield 65 Plus (HMO)

Medicare Advantage Prescription Drug Plan for San Diego County

Effective January 1, 2026 - December 31, 2026

# 2026 Summary of Benefits Blue Shield 65 Plus (HMO) San Diego County

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The benefit information provided does not list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, please refer to the *Evidence of Coverage (EOC)* at blueshieldca.com/MAPDdocuments2026 or by calling Customer Service at (800) 776-4466 (TTY: 711), 8 a.m. to 8 p.m. PT, seven days a week. Note: The EOC will be available on our website by October 15, 2025.

**Blue Shield 65 Plus (HMO)** includes Part D coverage, which provides prescription drug coverage, offering you the convenience of having both your medical and prescription drugs covered through one plan.

To join **Blue Shield 65 Plus (HMO)**, you must be entitled to Medicare Part A and Part B, permanently live in the plan service area, and be a United States Citizen or lawfully present in the United States. **Our service area includes San Diego County.** 

If you want to know more about the coverage and costs of Original Medicare, look in your current "Medicare & You" handbook. View it online at www.medicare.gov/medicare-and-you or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, seven days a week. TTY users should call 1-877-486-2048.

Our plan *Provider Directory* is located on our website at blueshieldca.com/medicare/providerdirectory.

Our plan *Pharmacy Directory* is located on our website at blueshieldca.com/medpharmacy2026.

To get the most complete and current information about which drugs are covered, you can visit our website at **blueshieldca.com/medformulary2026**.

# Summary of Benefits

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| Prem | iums and benefits   | You pay                            |
|------|---|------------------------------------|
| \$   | <b>Monthly plan premium</b> You must continue to pay your Medicare Part B premium in addition to the plan premium, if applicable.   | \$O                                |
|      | Health plan deductible  | \$O                                |
|      | Annual maximum out-of-pocket amount Does not include Part D prescription drugs. This is the most you would pay for the year for in-network covered Medicare Part A and Part B services. | \$1,750                            |
| +    | Inpatient hospital care* For each Medicare-covered stay in a network hospital.  | \$150 per day for<br>days 1 to 7   |
|      |   | \$0 per day for<br>days 8 and over |
|      | Outpatient hospital services* Services in an emergency department or outpatient clinic, such as observation services or outpatient surgery.   |                                    |
|      | <ul> <li>Outpatient hospital facility</li> </ul>  | \$200                              |
|      | Observation services  | \$0                                |
|      | <ul> <li>Emergency room visit         Waived if you are admitted to the hospital within one day for the same condition.</li> </ul>  | \$150                              |
|      | Outpatient surgery*   |                                    |
|      | Ambulatory surgical center  | \$50                               |
|      | <ul> <li>Outpatient hospital facility</li> </ul>  | \$200                              |

<sup>\*</sup> Prior authorization and/or a referral from your provider may be required.
For a complete list of services, limitations, or exclusions, please refer to the EOC at **blueshieldca.com/MAPDdocuments2026**.

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| Premi | iums and benefits  | You pay     |
|-------|--|-------------|
|       | Doctor visits  |             |
| T P   | Primary care physician   | \$O         |
|       | • Specialists*   | \$O         |
|       | Preventive care  | \$O         |
|       | Any additional preventive services approved by Medicare during the   |             |
|       | contract year will be covered.   |             |
|       | Emergency care   |             |
|       | Worldwide coverage   | \$150       |
|       | This copay is waived if you are admitted to the hospital within one  |             |
|       | day for the same condition. No combined annual limit for emergency   |             |
|       | care or urgently needed services outside the United States and its   |             |
|       | territories. Services outside the United States and its territories do   |             |
|       | not apply to the plan's maximum out-of-pocket limit.   |             |
|       | Urgently needed services   |             |
|       | Worldwide coverage  These consumers well and if you are admitted to the bestite!   |             |
|       | These copays are waived if you are admitted to the hospital  |             |
|       | within one day for the same condition. No combined annual limit for covered emergency care or urgently needed services outside |             |
|       | the United States and its territories. Services outside the United   |             |
|       | States and its territories do not apply to the plan's maximum out-   |             |
|       | of-pocket limit.   |             |
|       | - Network urgent care center within the  | <b>\$</b> 0 |
|       | plan service area  | 70          |
|       | - Urgent care center outside of the plan   | \$0         |
|       | service area but within the United States  |             |
|       | and its territories  |             |
|       | - Emergency room outside of the plan   | \$150       |
|       | service area but within the United States  |             |
|       | and its territories  |             |
|       | - Emergency room or urgent care center that is   | \$150       |
|       | outside of the United States and its territories   |             |

<sup>\*</sup> Prior authorization and/or a referral from your provider may be required.
For a complete list of services, limitations, or exclusions, please refer to the EOC at **blueshieldca.com/MAPDdocuments2026**.

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| Prem  | iums and benefits   | You pay         |
|-------|---|-----------------|
|       | <ul> <li>Diagnostic services, labs, and imaging*</li> <li>Diagnostic radiology services<br/>(such as MRIs, CT scans, PET scans, etc.)</li> <li>Covered according to Medicare guidelines.</li> </ul> | \$50            |
|       | • Lab services  | \$0             |
|       | <ul> <li>Diagnostic tests and procedures</li> </ul>   | \$0             |
|       | Outpatient X-rays   | \$0             |
|       | <ul> <li>Therapeutic radiology services<br/>(such as radiation treatment for cancer)</li> </ul>   | 20% coinsurance |
| $\Im$ | Hearing services  |                 |
| 0     | Hearing exam (Medicare-covered)*  | \$0             |
|       | <ul> <li>Routine (non-Medicare covered) hearing exam</li> </ul>   | \$0             |
|       | One in-person exam per year through the hearing aid vendor.   |                 |
|       | Hearing aids  |                 |
|       | <ul> <li>Each Silver Technology level hearing aid or</li> </ul>   | \$449           |
|       | • Each Gold Technology level hearing aid <b>or</b>  | \$699           |
|       | Each Platinum Technology level hearing aid  | \$999           |
|       | Dental services (Medicare-covered)*   |                 |
| VV    | Performed by your PCP   | \$0             |
|       | Performed by a specialist   | \$0             |
|       | Dental services (non-Medicare covered)  |                 |
|       | • Teeth cleaning  | \$0             |
|       | Two cleanings every 12 months.  | 40 410          |
|       | • Dental X-rays   | \$0 - \$10      |
|       | One series of bitewing X-rays every 6 months.   |                 |
|       | One series of full set X-rays every 24 months.  | ¢۲              |
|       | Fluoride  One visit every 6 menths for fluoride   | \$5             |
|       | One visit every 6 months for fluoride.  | ¢0 ¢16          |
|       | <ul> <li>Oral exam         The frequency limit depends on the service being provided.     </li> </ul>   | \$0 - \$16      |

<sup>\*</sup> Prior authorization and/or a referral from your provider may be required.
For a complete list of services, limitations, or exclusions, please refer to the EOC at **blueshieldca.com/MAPDdocuments2026**.

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| Premiums and benefits   | You pay           |
|---|-------------------|
| Vision services   |                   |
| <ul> <li>Exam to diagnose and treat diseases and<br/>conditions of the eye*</li> </ul>  | \$0               |
| Routine (non-Medicare covered) eye exam     and refraction  | \$O               |
| One exam every year - network provider limitation.  | ÷0                |
| <ul> <li>Eyeglass frames</li> <li>\$300 allowance every 2 years — network provider limitation.</li> </ul>                                       | \$0               |
| <ul> <li>Eyeglass lenses or contact lenses</li> <li>\$300 allowance for contact lenses every year — network<br/>provider limitation.</li> </ul> | \$O               |
| Some coverage at non-network providers included; see the plan   |                   |
| EOC for details.  |                   |
| Mental health services*   |                   |
| <ul> <li>Inpatient services in a psychiatric hospital</li> </ul>  | \$250 per day     |
| (For each Medicare-covered stay for days 1 - 150)   | for days 1 - 7    |
| If you go over the 150-day limit, you will be responsible   | \$0 per day       |
| for all costs.  | for days 8 - 150  |
| <ul> <li>Outpatient individual therapy visit</li> </ul>   | \$20              |
| <ul> <li>Outpatient group therapy visit</li> </ul>  | \$20              |
| Skilled nursing facility (SNF) care*  | \$0 per day       |
| For each stay in a Medicare-certified skilled nursing facility. If you go   | for days 1 - 20   |
| over the 100-day limit, you will be responsible for all costs; no prior   | \$140 per day     |
| hospitalization required with network provider.   | for days 21 - 100 |
| Rehabilitation services*  |                   |
| Occupational therapy  | \$40              |
| <ul> <li>Physical therapy</li> </ul>  | \$40              |
| <ul> <li>Speech and language therapy</li> </ul>   | \$40              |

<sup>\*</sup> Prior authorization and/or a referral from your provider may be required.
For a complete list of services, limitations, or exclusions, please refer to the EOC at **blueshieldca.com/MAPDdocuments2026**.

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| Prem       | iums and benefits  | You pay               |
|------------|--|-----------------------|
| <b>(2)</b> | Ambulance services* Per trip (each way).   |                       |
|            | <ul> <li>Medicare-covered ground ambulance services</li> </ul>   | \$275                 |
|            | <ul> <li>Medicare-covered air ambulance services</li> </ul>  | 20% coinsurance       |
|            | Transportation services (non-Medicare covered) 18 one-way trips to plan approved health-related locations every year and each trip may not exceed 70 miles.  | \$O                   |
|            | Medicare Part B prescription drugs*  Members may pay 0% to 20% coinsurance for select Medicare Part B drugs which can change each quarter as established by CMS.  Insulin obtained under Part B (when taken with an insulin pump) will not exceed a \$35 copay for a one-month supply. | 0% to 20% coinsurance |

<sup>\*</sup> Prior authorization and/or a referral from your provider may be required.
For a complete list of services, limitations, or exclusions, please refer to the EOC at **blueshieldca.com/MAPDdocuments2026**.

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Blue Shield 65 Plus (HMO) San Diego County

#### Additional benefits included in your plan

| Benefits |   | You pay         |
|----------|---|-----------------|
| :::::    | Annual physical exam One every 12 months.   | \$O             |
|          | Opioid treatment program services*  | \$20            |
| CA       | Podiatry services (foot care) <sup>*</sup>  |                 |
|          | <ul> <li>Medicare-covered foot exams and treatment*</li> </ul>  | \$0             |
|          | <ul> <li>Routine (non-Medicare covered) foot care</li> </ul>  | \$0             |
|          | Diabetic supplies and services <sup>*</sup>   |                 |
|          | <ul> <li>ACCU-CHEK blood glucose monitors</li> </ul>  | \$0             |
|          | Dexcom and Freestyle Libre continuous glucose monitors  | \$O             |
|          | <ul> <li>Blood glucose monitors and continuous<br/>glucose monitors from all other manufacturers</li> </ul>   | 20% coinsurance |
|          | <ul> <li>Diabetes self-management training,<br/>diabetic services, and supplies<br/>(excluding blood glucose monitors and<br/>continuous glucose monitors)</li> </ul> | \$O             |
| ₩.       | Durable medical equipment (DME) and related supplies (e.g., wheelchairs, oxygen)*   | 20% coinsurance |
|          | Prosthetic and orthotic devices and related supplies*   |                 |
|          | <ul> <li>Prosthetic and orthotic devices<br/>(e.g., braces, artificial limbs)</li> </ul>  | 20% coinsurance |
|          | <ul> <li>Medical supplies (e.g., splints, casts)</li> </ul>   | \$0             |

<sup>\*</sup> Prior authorization and/or a referral from your provider may be required.
For a complete list of services, limitations, or exclusions, please refer to the EOC at **blueshieldca.com/MAPDdocuments2026**.

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| Benef | its  | You pay |
|-------|--|---------|
|       | Health and wellness programs   |         |
|       | • Basic gym access through SilverSneakers® fitness   | \$0     |
|       | • NurseHelp 24/7 <sup>sm</sup> (telephone and online support)  | \$0     |
|       | Over-the-counter (OTC) items \$100 allowance per quarter for covered items. You can place 2 orders per quarter and cannot roll over your unused allowance into the next quarter. | \$O     |
|       | Routine (non-Medicare covered)   | \$0     |
|       | chiropractic services  |         |
|       | Limited to 12 visits per year.   |         |

#### Prescription drug coverage

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#### You pay the following

#### Part D prescription drug benefit

deductible

Stage 1: Annual \$250 (The deductible doesn't apply to Tier 1 and Tier 2, covered insulin products and most adult Part D vaccines, including shingles, tetanus and travel vaccines.)

| Stage 2: Initial coverage           |   | il cost-sharing<br>twork)                    | Standard reta<br>(in-net                     |  |
|-------------------------------------|---|--|--|--|
|                                     | 30-day supply                               | 100-day<br>supply <sup>NDS</sup>             | 30-day supply                                | 100-day<br>supply <sup>NDS</sup>             |
| Tier 1: Preferred generic drugs     | \$0   | \$0  | \$5  | \$5  |
| Tier 2:<br>Generic drugs            | \$O   | \$O  | \$10   | \$30   |
| Tier 3:<br>Preferred<br>brand drugs | 20%<br>coinsurance                          | 20%<br>coinsurance                           | 20%<br>coinsurance                           | 20%<br>coinsurance                           |
| Tier 3:<br>Covered<br>insulins**    | The lesser of<br>\$35 or 20%<br>coinsurance | The lesser of<br>\$105 or 20%<br>coinsurance | The lesser of<br>\$35 or 20%<br>coinsurance  | The lesser of<br>\$105 or 20%<br>coinsurance |
| Tier 4: Non-<br>preferred drugs     | 25%<br>coinsurance                          | 25%<br>coinsurance                           | 25%<br>coinsurance                           | 25%<br>coinsurance                           |
| Tier 4:<br>Covered<br>insulins**    | The lesser of<br>\$35 or 25%<br>coinsurance | The lesser of<br>\$105 or 25%<br>coinsurance | The lesser of<br>\$105 or 25%<br>coinsurance | The lesser of<br>\$105 or 25%<br>coinsurance |
| Tier 5: Specialty tier drugs        | 30%<br>coinsurance                          | Not covered                                  | 30%<br>coinsurance                           | Not covered                                  |

NDS A long-term (up to a 100-day) supply is not available for select drugs. The drugs that are not available for a long-term supply are marked with the symbol NDS in our drug list.

<sup>\*\*</sup>Covered insulins are marked with the symbol INS on the drug list. This cost-sharing only applies to beneficiaries who do not qualify for a program that helps pay for your drugs ("Extra Help").

<sup>^</sup> If you reside in a long-term care facility, you pay the same as at an in-network standard retail cost-sharing pharmacy. There are limited situations where you may be able to get drugs from an out-of-network pharmacy at the same cost as an in-network standard retail cost-sharing pharmacy.

#### Prescription drug coverage (cont'd)

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Part D drugs.

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#### Part D prescription drug benefit

Stage 3: Catastrophic coverage After your yearly out-of-pocket drug costs (including drugs you bought through your retail pharmacy and through home delivery service) reach \$2,100, the plan pays the full cost for your covered

(This stage protects you from any additional costs once you have

paid your yearly out-of-pocket drug costs.)



**Important message about what you pay for vaccines:** Our plan covers most Part D vaccines at no cost to you. Call Customer Service for more information.

#### Home delivery service

Amazon Pharmacy is our prescription home delivery service provider where you can get a 100-day supply of maintenance drugs on Tier 1 through Tier 4 at a lower cost share. Your order will be delivered with \$0 shipping. See the plan EOC for more information.

Tier 5 drugs are limited to a 30-day supply by home delivery service.

#### Network pharmacies that offer preferred cost-sharing

You may pay less when you visit one of our network pharmacies that offer preferred cost-sharing. Here's just a few:

• CVS/pharmacy<sup>‡</sup> (including CVS pharmacy at Target) (888) 607-4287 (TTY: 711)

• Safeway and Vons pharmacies<sup>‡</sup> (877) 723-3929 (TTY: 711)

Albertsons/Sav-on/Osco pharmacies<sup>‡</sup> (877) 276-9637 (TTY: 711)

· Costco<sup>‡</sup> (800) 955-2292 (TTY: 711)

You do not have to be a Costco member to use Costco Pharmacies.

• Ralphs<sup>‡</sup>, Walmart<sup>‡</sup>, and many more.

Other pharmacies are available in our network.

For more information on the additional pharmacy-specific cost-sharing and the phases of the benefit, please refer to the plan EOC.

<sup>‡</sup> Accepts e-prescribing.

# Optional supplemental dental HMO plan

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#### You pay the following

| Optio         | nal supplemental dental HMO plan  | Participating dentists only |
|---------------|---|-----------------------------|
| $\Box$        | Monthly plan premium  | \$16                        |
| Ψ             | Calendar year deductible  | \$0                         |
|               | Calendar year benefit maximum*  | None                        |
|               | Waiting period  | None                        |
| Sum           | mary list of services covered (ADA code)†   |                             |
| (٢            | Diagnostic and preventive services  |                             |
| $\mathcal{W}$ | · Oral exam (D0150)   | \$5                         |
|               | · X-rays (D0210)  | \$0                         |
|               | One series every 24 months.   |                             |
|               | <ul> <li>Teeth cleaning (D1110)</li> </ul>  | \$5                         |
|               | One cleaning every 6 months.  |                             |
|               | Restorative services  |                             |
|               | • Crown (D2750)   | \$275 <sup>‡</sup>          |
|               | One per plan year, every 5 years (exact tooth).   |                             |
|               | Periodontics  |                             |
|               | <ul> <li>Deep cleaning of four or more teeth</li> </ul>                                 | \$45                        |
|               | per quadrant (D4341)  |                             |
|               | One every 12 months, exact tooth.   |                             |
|               | Endodontics   |                             |
|               | <ul> <li>Root canal therapy (D3310)</li> <li>One per lifetime (exact tooth).</li> </ul> | \$195/\$268 <sup>§</sup>    |

<sup>\*</sup> If you are enrolled in the optional supplemental dental HMO plan, all services must be performed, prescribed, or authorized by your network dentist. If you need to see a specialist, you must get a referral from your primary dentist to receive covered specialist services. For a complete list of services, limitations, or exclusions, please refer to the *Evidence of Coverage* (EOC) at **blueshieldca.com/MAPDdocuments2026**.

<sup>†</sup> ADA codes are procedure codes established by the American Dental Association for efficient processing and reporting of dental claims.

<sup>‡</sup> You pay the copayment plus the cost of precious or semi-precious metals. Porcelain on molar crowns is not a covered benefit. The higher copayment applies when a specialist performs the service.

<sup>§</sup> The higher copayment applies when a specialist performs the service.

# Optional supplemental dental PPO plan

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#### You pay the following

| Optio   | onal supplemental dental PPO plan   | Participating dentists | Non-participating dentists |  |
|---|---|------------------------|----------------------------|--|
| Ф   | Monthly plan premium  | \$49                   |                            |  |
| Ψ   | Calendar year deductible  | \$50<br>S.             |                            |  |
|   | Not applicable to diagnostic and preventive services.   |                        |                            |  |
|   | Calendar year benefit maximum* Covered preventive and comprehensive dental services combined, no matter if the services are performed by a participating general dentist or a dental specialist. You pay any amount above the \$1,500 calendar year benefit maximum for a participating dentist and any amount above the \$1,000 calendar year benefit maximum for a non-participating dentist. | \$1,500                | \$1,000                    |  |
|   | Waiting period  | No                     | one                        |  |
| Sum   | mary list of services covered (ADA c  | code)†                 |                            |  |
| (r)   | Diagnostic and preventive services  |                        |                            |  |
| W   | • Oral exam (D0150) One every 6 months.   | 0% coinsurance         | 20% coinsurance            |  |
|   | • X-rays (D0210) One series every 24 months.  | 0% coinsurance         | 20% coinsurance            |  |
|   | • Teeth cleaning (D1110) One cleaning every 6 months.   | 0% coinsurance         | 20% coinsurance            |  |
|   | Restorative services  |                        |                            |  |
| • Crown (D2750) One every 5 years, (exact tooth). |   | 50% coinsurance        |                            |  |
|   | Periodontics  |                        |                            |  |
|   | <ul> <li>Deep cleaning of four or more teeth<br/>per quadrant (D4341)</li> <li>One every 24 months, exact tooth.</li> </ul>   | 50% coinsurance        |                            |  |
|   | Endodontics   |                        |                            |  |
|   | · Root canal therapy (D3310)  | 50% coir               | nsurance                   |  |

# Optional supplemental dental PPO plan (cont'd)

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Blue Shield 65 Plus (HMO) San Diego County

#### You pay the following

| Optional supplemental dental PPO plan | Participating dentists | Non-participating dentists |
|---------------------------------------|------------------------|----------------------------|
| Implant services                      |                        |                            |
| √ • Implant services (D6010)          | 50% co                 | insurance                  |
| One per lifetime.                     |                        |                            |

<sup>\*</sup> If you are enrolled in the optional supplemental dental PPO plan and you need to see a specialist, you may go directly to the specialist. For a complete list of services, limitations, or exclusions, please refer to the *Evidence of Coverage* (EOC) at blueshieldca.com/MAPDdocuments2026.

<sup>†</sup> ADA codes are procedure codes established by the American Dental Association for efficient processing and reporting of dental claims.

#### We're here to help

Contact Blue Shield at (888) 534-4263 (TTY: 711)

8 a.m. to 8 p.m., seven days a week.

Blue Shield of California is an HMO plan with a Medicare contract. Enrollment in Blue Shield of California depends on contract renewal.

Blue Shield of California's pharmacy network includes limited lower-cost, pharmacies with preferred cost sharing in certain counties within California. The lower costs advertised in our plan materials for these pharmacies may not be available at the pharmacy you use. For up-to-date information about our network pharmacies, including whether there are any lower-cost pharmacies with preferred cost sharing in your area, please call Customer Service at (800) 776-4466 (TTY: 711), 8 a.m. to 8 p.m. PT, seven days a week, or consult the online pharmacy directory at blueshieldca.com/medpharmacy2026.

Amazon Pharmacy is independent of Blue Shield of California and is contracted with Blue Shield to provide home delivery service of prescription medications to Blue Shield members. Members are responsible for their share of costs, as stated in their benefit plan details.

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