Abbott Diabetes is the preferred manufacturer for blood glucose monitors and test strips for Blue Shield TotalDual Plan (HMO D-SNP), Blue Shield Inspire (HMO D-SNP), Blue Shield AdvantageOptimum Plan (HMO), Blue Shield AdvantageOptimum Plan 1 (HMO).

FreeStyle® test strips (made by Abbott Diabetes) will not require prior authorization when obtained from a network pharmacy. Blue Shield has a quantity limit of 100 test strips and lancets per 90 days if you do not take insulin and a quantity limit of 300 test strips and lancets per 90 days if you do take insulin. You or your doctor will be required to submit a request via the Blue Shield pharmacy prior authorization process for test strips that are not FreeStyle or if you need to use more test strips and lancets.

If you are currently not using Freestyle test strips but would like to switch:

1. **Talk with your doctor to find out if FreeStyle test strips will work for you.** You can also visit ChooseFreeStyle.com to learn more, or contact Abbott Diabetes Care Customer Care at (800) 224-8892.

2. **Obtain a prescription from your doctor for FreeStyle test strips.** Please remember, you will also need a new prescription for a FreeStyle blood glucose monitor to use with your FreeStyle test strips. To obtain a FreeStyle blood glucose monitor at no cost, please visit ChooseFreeStyle.com or call Abbott at (866) 224-8892 and mention the code <8WXGP8MB>. Please note: Abbott Diabetes Care may limit the number of monitors you may obtain within a 3-year period.

3. **Fill your prescription before you run out of your current test strips.** This will give you time to learn how to use your new FreeStyle blood glucose monitor while you still have your current supplies on hand. Also, your new FreeStyle blood glucose monitor will require compatible FreeStyle test strips. Your old strips will not work with your new blood glucose monitor. If you have questions on how to use your new FreeStyle blood glucose monitor and test strips, contact Abbott Diabetes Care Customer Care at (800) 224-8892.

4. **In some cases, your doctor might think you need to continue using your current blood glucose monitor and test strips.** You or your doctor can submit a request via the Blue Shield pharmacy prior authorization process.

If you have any additional questions, you can call Blue Shield Customer Service at (800) 776-4466 (TTY: 711), 8 a.m. to 8 p.m., seven days a week, We are ready to help you. If you have any additional questions, you can call Blue Shield Customer Service at (800) 776-4466 (TTY: 711) for Blue Shield AdvantageOptimum Plans, or (800) 452-4413 (TTY:711) for Blue Shield TotalDual Plans and Blue Shield Inspire, 8 a.m. to 8 p.m., seven days a week, We are ready to help you.
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