

# Medicare Supplement Plan G Inspire

## Notice of New or Innovative Benefits

The purpose of this form is to notify consumers of the availability of Medicare Supplement plans offered for sale by Blue Shield of California, which, in addition to the standardized coverage offered by the plan, include new or innovative benefits. For additional details, please contact **(800) 248-2341 (TTY; 711)**, 8:00 a.m. – 8:00 p.m., 7 days a week, year around.

### New or Innovative Benefits Added To Medicare Supplement Plan Medicare Supplement Plan G Inspire

Description	Your out-of-pocket costs (In-network provider)	Your out-of-pocket costs (Out-of-network provider)
<b>Basic Gym Access Through SilverSneakers® Fitness Program</b>		
<p>Exercise, education and social activities with access to:</p> <ul style="list-style-type: none"> <li>• Thousands of fitness locations.</li> <li>• Exercise equipment and SilverSneakers classes.</li> <li>• Social events and activities.</li> <li>• SilverSneakers FLEX™ classes such as yoga, Latin dance, and tai chi.</li> <li>• Live and SilverSneakers On-Demand™ online workout videos.</li> </ul>	\$0	All Costs
<b>Independent and Safe Mobility with AAA</b>		
<p>Your benefit is provided by American Automobile Association of Northern California, Nevada &amp; Utah (AAA). The benefit is a Classic AAA membership and includes access to Independent and Safe Mobility tools and services.</p>		
<ul style="list-style-type: none"> <li>• Roadwise Driver™</li> <li>• Educational Driving Resources</li> <li>• Roadside Assistance</li> </ul>	\$0	All Costs
<b>Acupuncture and Chiropractic</b>		
<p>Your acupuncture and chiropractic services benefits are administered by American Specialty Health Plans of California, Inc. (ASH Plans). The benefits covered under this plan must be received from ASH Participating Providers. ASH Participating Providers may be located through an online directory at <b>blueshieldca.com</b>. Click on Find a doctor.</p> <p>Up to 20 visits per calendar year for acupuncture and chiropractic services combined.</p>	\$0	All Costs

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Description	Your out-of-pocket costs (In-network provider)	Your out-of-pocket costs (Out-of-network provider)
(continuous from previous page)		
Vision Services		

Vision benefits are provided by Vision Service Plan (VSP). This benefit offers one of the largest national networks of independent doctors located in retail, neighborhood, medical, and professional settings. You can lower any out-of-pocket costs by choosing network providers for covered services. Participating providers may be located through an online directory at [blueshieldca.com](http://blueshieldca.com). *Click on Find a doctor.*

Comprehensive eye exam once every 12 months	\$20 copay	All costs above \$50
Eyeglass frame once every 24 months	All costs above \$100 allowance	All costs above \$40 allowance
Eyeglass lenses once every 12 months <ul style="list-style-type: none"> <li>• Single vision</li> <li>• Bifocal</li> <li>• Trifocal</li> <li>• Aphakic, lenticular monofocal, or multifocal</li> </ul>	\$25 copay	Single vision: All costs above \$43 Bifocal: All costs above \$60 Trifocal: All costs above \$75 Aphakic or lenticular monofocal or multifocal: All costs above \$104
Contact lenses (instead of eyeglass lenses) once every 12 months <ul style="list-style-type: none"> <li>• Non-elective (medically necessary) – Hard or Soft – one pair</li> </ul>	<b>Non-elective (hard or soft):</b> \$25 copay and all costs above \$500	<b>Non-elective (hard or soft):</b> All costs above \$200
<ul style="list-style-type: none"> <li>• Elective (cosmetic/convenience) – Hard – one pair</li> <li>• Elective (cosmetic/convenience) – Soft – Up to a three- to six-month supply for each eye based on lenses selected</li> </ul>	<b>Elective:</b> \$25 copay and all costs above \$120	<b>Elective (hard or soft):</b> All costs above \$100
<b>Physician Consultation by Phone or Video Through Teladoc</b>	\$0 per consult	All Costs

Description	Your out-of-pocket costs (In-network provider)	Your out-of-pocket costs (Out-of-network provider)
(continuous from previous page)		
<b>Over-the-Counter Items through CVS</b>		
<p>Eligible over-the-counter (OTC) items are available through the OTC Items Catalog, at <a href="https://blueshieldca.com/medicareOTC">blueshieldca.com/medicareOTC</a>. Limitations may apply. Refer to the OTC Items Catalog for more information.</p> <p>Up to two orders per quarter.</p>	All costs above the \$100 allowance per quarter	All Costs
<b>Total annual premium for new or innovative benefits only:</b>	\$336.00	\$336.00

\*The Plan G Inspire plan is only available in the following counties:

Alameda, Alpine, Amador, Butte, Calaveras, Colusa, Contra Costa, Del Norte, El Dorado, Fresno, Glenn, Humboldt, Kings, Lake, Lassen, Madera, Marin, Mariposa, Mendocino, Merced, Modoc, Mono, Monterey, Napa, Nevada, Placer, Plumas, Sacramento, San Benito, San Francisco, San Joaquin, San Mateo, Santa Clara, Santa Cruz, Shasta, Sierra, Siskiyou, Solano, Sonoma, Stanislaus, Sutter, Tehama, Trinity, Tuolumne, Yolo, and Yuba.