



P.O. Box 4317
Woodland Hills, CA 91365-4317

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Health and wellness or prevention information



Complete an
annual wellness
visit at no
added cost



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Take charge of your health and earn \$50

Blue Shield of California has teamed up with [REDACTED] to provide this service at no additional cost to you. A [REDACTED] clinician will spend 30–60 minutes to evaluate your overall health.

Convenient visit options



Home: Have the clinician visit you in the comfort of your own home.



Virtual: Connect with the clinician via a secure video call.

What's included

- Receive tailored advice to improve your well-being.
- Address any potential health concerns.
- Review your current medications.
- Complete appropriate lab tests.
- Learn about resources available to you.
- Share visit results with you and your physician of choice (POC).*
- Confirm your \$50 gift card choice.†

Schedule your appointment today

Call | Llame al | 電話



Scan the QR code or visit



This visit does not replace any doctor's appointments you already have and will not affect your benefits.

* If Blue Shield has your POC's fax number on file.

† You'll have the choice between two retailers for your gift card. It will be mailed to the address you provide. Limited to one \$50 gift card for completing this visit in 2025. Blue Shield reserves the right to terminate this program at any time without notice.

Visit options available to you are dependent on [REDACTED]'s provider availability in your region. [REDACTED] is independent of Blue Shield of California and is contracted by Blue Shield to provide in-home and virtual care services.

For more help and resources, visit blueshieldca.com or call Customer Service at the number on your Blue Shield member ID card.

To opt out of future non-required communications, please call Customer Service at the number on your Blue Shield member ID card.

Language Assistance Notice

For assistance in English at no cost, call (866) 346-7198. Para obtener asistencia en español sin cargo, llame al (866) 346-7198. 如果需要中文的免费帮助，请拨打这个号码 (866) 346-7198.

Nondiscrimination Notice

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