Choose more care with Blue Shield

At Blue Shield, we believe in providing comprehensive coverage for all aspects of your and your family’s health needs. Take steps today for a healthier tomorrow by signing up for all the benefits we offer.

Dental coverage
Give your family the gift of healthy smiles by enrolling in one of our dental plans. Choose reliable dental care from a variety of dental HMO or PPO plans.

Benefits that are important to you and your family.
Affordable coverage starting at $12.50.
All plans offer $0 copays for exams, cleanings, and X-rays. Most plans have orthodontic coverage, as well as dental implants for all ages.

New for 2024: Check out our Dental PPO 1500 plan!

Vision coverage
Make your vision health a priority by enrolling in our comprehensive vision coverage*, ensuring access to regular eye exams, affordable eyeglasses, and reliable vision care.

A great value – starting at $6.90
Offering benefits like exams, contact lenses, and frame allowances.

Easy access to care
A large mix of qualified vision providers including ophthalmologists, optometrists, and retail vision providers such as Target and Costco.

Specialty Duo SM
Offering the convenience of having dental and vision coverage in a single package.

A plan that keeps you well-ahead.
One of our most popular plans with rates starting at $43.50.

Term life insurance and accidental death and dismemberment (AD&D) policies
Life is full of surprises, so it’s essential to be prepared. Protect yourself and your loved ones by purchasing an Individual Term Life* and Accidental Death and Dismemberment (AD&D) policy. With coverage ranging from $10,000 to $100,000 and rates starting at only $1.71 a month†, you can have peace of mind knowing you’re financially protected.

Add your vision or life insurance plan during any time of the year!
Don’t worry if you miss open enrollment. You can add a vision or life insurance plan anytime during the year. Visit blueshieldca.com/term-life to apply for individual term life insurance. Go to buyblueshieldca.com for a dental or vision plan. It’s quick and easy, or you can reach out to your broker or a helpful Blue Shield representative.

* Underwritten by Blue Shield of California Life & Health Insurance Company (Blue Shield Life).
† Life insurance rates are based on age, gender, and nicotine use. The amount shown is for a female, non-nicotine user under age 20 for a $10,000 life insurance policy. Benefit amounts and monthly rates are for 2022. A monthly administrative fee of $1.00 will be included on each bill. All plans terminate at age 65.
§ Dental plan providers are available through DBP, a contracted dental plan administrator. Starting January 1, vision plan providers are available through EyeMed, a contracted vision plan administrator.