Helpful information: Continuous coverage

If you or a dependent on your plan had a specific milestone birthday, there will be changes to your health coverage that you should consider.

**Dependent turning 19? Continue coverage on new dental & vision plans**

The pediatric dental and vision benefits included in your medical plan are available only to members up to age 19. Make sure your whole family continues to have dental and vision coverage by purchasing one of our dental and vision plans. Go to [blueshieldca.com/myIFPplan](http://blueshieldca.com/myIFPplan) to learn more about our plans. To enroll, contact your broker. You can also visit [buyblueshieldca.com](http://buyblueshieldca.com) or call (800) 660-3007.

**Dependent turning 26? Enroll in Individual & Family Plan**

When your dependents turn 26, they will no longer be eligible for coverage on your medical plan unless they qualify for an extension of coverage past age 26 due to disability. They can get their own individual coverage from Blue Shield or Covered California up to 60 days after their plan ends. To learn about keeping your dependents covered, contact your broker or call (800) 660-3007.

**Turning 65? Switch to Medicare**

When you transition from an Individual and Family Plan to a Blue Shield Medicare plan, you may be able to save up to $1,496 a month* and keep the same doctors that you have with your current plan.

To learn more about your Medicare options, call (888) 783-4152 or visit [bsca.com/renewal](http://bsca.com/renewal).

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*Actual savings may vary. Savings are based on a comparison of the statewide average monthly rate in 2023 for Blue Shield Individual and Family Plan (IFP) PPO members over the age of 65 and a $0 plan premium Medicare Advantage Plan. Monthly plan rates can depend on your plan, age, and where you live.