

# Preventive Health Drugs

## \$0 Copayment Drug List

### What are preventive health drugs?

Preventive health drugs are select drugs required by Health Care Reform to be covered at no charge to members in non-grandfathered Commercial plans. Preventive health drugs are determined based upon evidence-based recommendations by the United States Preventive Services Task Force (USPSTF) with a rating of "A" or "B."

For coverage of the preventive health drugs at no charge, the preventive health drugs must be prescribed by a healthcare provider and obtained from a Blue Shield participating pharmacy. The member must also meet the specific coverage criteria listed below and have a pharmacy benefit with Blue Shield of California.

Eligible preventive health drugs require a physician's prescription, including over-the-counter (OTC) products, to be covered under the pharmacy benefit.

Please call the customer service phone number listed on your Blue Shield ID card for any questions about preventive health drugs.

preventive drug indication	drug name (strengths)	coverage criteria
<b>aspirin</b> - to prevent heart disease and colorectal cancer	aspirin 81mg	age: 50 to 59 years
<b>aspirin</b> - to prevent preeclampsia for pregnant women at high risk	aspirin 81mg	gender: female childbearing age
<b>breast cancer prevention drugs</b> – for women at high risk of developing breast cancer	tamoxifen raloxifene	gender: female
<b>folic acid</b> - supplementation for women of childbearing-age	folic acid 0.4mg, 0.8mg	gender: female childbearing age
<b>fluoride</b> - supplementation in children	fluoride (various strengths)	age: 6 mo to < 5 years old
<b>vitamin D</b> - to prevent falls in older adults	vitamin D 400 IU	age: 65 years and older
<b>bowel preparation products</b> - to clear the colon prior to a colonoscopy screening	Suprep gavilyte PEG-3350 Solution Trilyte	age: 50 to 74 years
<b>tobacco cessation drugs</b> – drug interventions for those who use tobacco products and desire to quit	bupropion hcl (Zyban) Chantix	

preventive drug indication	drug name (strengths)	coverage criteria
	nicotine gum nicotine lozenges nicotine patches Nicotrol inhaler Nicotrol nasal spray	
<b>low to moderate dose statins</b> - for the primary prevention of cardiovascular disease in intermediate- or high-risk adults	simvastatin 5mg,10mg, 20mg, 40mg atorvastatin 10mg, 20mg	age: 40 to 75 years current use of a prescription drug that treats high cholesterol, diabetes, high blood pressure, or smoking cessation

Last updated: November 2017