# Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services

# blue 👽 of california

## Custom Access+ HMO 40 Bronze \$1500 Facility Deductible

## Coverage Period: Beginning On or After 7/1/2023

Coverage for: Individual + Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <u>bsca.com/policies/WP0000102-</u> <u>M0033564EOC\_C0I202307.pdf</u> or call 1-855-724-7698. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>healthcare.gov/sbc-glossary</u> or call 1-866-444-3272 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	<b>\$1,500</b> per individual / <b>\$3,000</b> per family for <u>participating providers</u> .	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. <u>Preventive care</u> and services listed in your complete terms of coverage.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>healthcare.gov/coverage/preventive-care-benefits</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	<b>\$4,000</b> per individual / <b>\$8,000</b> per family for <u>participating providers</u> .	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	<u>Copayments</u> for certain services, <u>premiums</u> , and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>blueshieldca.com/fad</u> or call <b>1-855-724-7698</b> for a list of <u>network</u> <u>providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's</u> network. You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes.	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .

All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies. What You Will Pay **Common Medical** Limitations, Exceptions, & Other **Services You May Need Non-Participating Provider Participating Provider Important Information** Event (You will pay the least) (You will pay the most) Primary care visit to treat an \$40/visit: deductible does not Not Covered ---None----injury or illness apply Access+ Specialist: \$50/visit: deductible does not apply Self-referral is available for Access+ If you visit a health Specialist visit Not Covered Other Specialist: \$40/visit; Specialist visits. care provider's office deductible does not apply or clinic You may have to pay for services that Preventive care/screening No Charge; deductible does aren't preventive. Ask your provider if Not Covered the services needed are preventive. /immunization not apply Then check what your plan will pay for. Lab & Path: \$10/visit; deductible does not apply Lab & Path: Not Covered Preauthorization is required. Failure to X-Ray & Imaging: \$10/visit; X-Ray & Imaging: Not obtain preauthorization may result in Diagnostic test (x-ray, blood Covered deductible does not apply non-payment of benefits. The services work) Other Diagnostic Examination: Other Diagnostic listed are at a freestanding location. \$10/visit; deductible does not Examination: Not Covered If you have a test apply Outpatient Radiology Center. Outpatient Radiology Center: \$50/visit: deductible does not Preauthorization is required. Failure to Not Covered obtain preauthorization may result in Imaging (CT/PET scans, MRIs) apply Outpatient Hospital: Not Outpatient Hospital: \$50/visit; non-payment of benefits. Covered deductible does not apply Retail: \$10/prescription Retail: Not Covered Preauthorization is required for select If you need drugs to Tier 1 drugs. Failure to obtain Mail Service: \$20/prescription Mail Service: Not Covered treat your illness or Retail: \$30/prescription Retail: Not Covered preauthorization may result in noncondition Tier 2 Mail Service: \$60/prescription Mail Service: Not Covered payment of benefits. More information about Retail: Covers up to a 30-day supply; prescription drug 90-days may be covered with a Retail: \$50/prescription Retail: Not Covered **coverage** is available at copayment for each 30-day supply: Tier 3 Mail Service: blueshieldca.com/ Mail Service: Not Covered Mail Service: Covers up to a 90-day \$100/prescription formulary supply.

Common Medical		What You <u>Participating Provider</u>	Limitations, Exceptions, & Other Important Information		
Event					<u>Non-Participating Provider</u> (You will pay the most)
	Tier 4	Retail and Network Specialty Pharmacies: 20% coinsurance up to \$150/prescription <i>Mail Service</i> : 20% coinsurance up to \$300/prescription	<i>Retail</i> : Not Covered <i>Mail Service</i> : Not Covered	Preauthorization is required. Failure to obtain <u>preauthorization</u> may result in non-payment of benefits. <i>Retail and Network Specialty</i> <i>Pharmacies</i> : Covers up to a 30-day supply; Specialty drugs must be obtained at a Network Specialty Pharmacy. <i>Mail Service</i> : Covers up to a 90-day supply.	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	Ambulatory Surgery Center: 30% <u>coinsurance</u> Outpatient Hospital: 30% <u>coinsurance</u>	Ambulatory Surgery Center: Not Covered Outpatient Hospital: Not Covered	None	
	Physician/surgeon fees	No Charge; <u>deductible</u> does not apply	Not Covered		
If you need immediate medical attention	Emergency room care	Facility Fee: 30% <u>coinsurance</u> ; <u>deductible</u> does not apply <i>Physician Fee</i> : No Charge; <u>deductible</u> does not apply	Facility Fee: 30% <u>coinsurance;</u> <u>deductible</u> does not apply <i>Physician Fee</i> : No Charge; <u>deductible</u> does not apply	None	
	Emergency medical transportation	\$150/transport; <u>deductible</u> does not apply	\$150/transport; <u>deductible</u> does not apply	This payment is for emergency or authorized transport.	
	<u>Urgent care</u>	\$40/visit; <u>deductible</u> does not apply	Within <u>Plan</u> Service Area: Not Covered <i>Outside <u>Plan</u> Service Area:</i> \$40/visit; <u>deductible</u> does not apply	None	
lf you have a hospital stay	Facility fee (e.g., hospital room)	30% coinsurance	Not Covered	Preauthorization is required. Failure to obtain preauthorization may result in non-payment of benefits.	
	Physician/surgeon fees	No Charge; <u>deductible</u> does not apply	Not Covered	NoneNone	

Common Medical		What You	Limitations, Exceptions, & Other Important Information		
Event	Services You May Need	Participating Provider (You will pay the least)Non-Participating Provider (You will pay the most)			
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Office Visit: \$40/visit; <u>deductible</u> does not apply Other Outpatient Services: No Charge; <u>deductible</u> does not apply Partial Hospitalization: No Charge; <u>deductible</u> does not apply Psychological Testing: No Charge; <u>deductible</u> does not apply	Office Visit: Not Covered Other Outpatient Services: Not Covered Partial Hospitalization: Not Covered Psychological Testing: Not Covered	<u>Preauthorization</u> is required except for office visits and office-based opioid treatment. Failure to obtain <u>preauthorization</u> may result in non- payment of benefits.	
	Inpatient services	Physician Inpatient Services: No Charge; <u>deductible</u> does not apply Hospital Services: 30% <u>coinsurance</u> Residential Care: 30% <u>coinsurance</u>	Physician Inpatient Services: Not Covered Hospital Services: Not Covered Residential Care: Not Covered	<u>Preauthorization</u> is required. Failure to obtain <u>preauthorization</u> may result in non-payment of benefits.	
lf you are pregnant	Office visits	\$40/visit; <u>deductible</u> does not apply	Not Covered	None	
	Childbirth/delivery professional services	No Charge; <u>deductible</u> does not apply	Not Covered		
	Childbirth/delivery facility services	30% coinsurance	Not Covered		
If you need help recovering or have other special health needs	Home health care	\$40/visit; <u>deductible</u> does not apply	Not Covered	Preauthorization is required. Failure to obtain preauthorization may result in non-payment of benefits. Coverage limited to 100 visits per member per Calendar Year.	
	Rehabilitation services	Office Visit: \$40/visit; <u>deductible</u> does not apply <i>Outpatient Hospital</i> : \$40/visit; <u>deductible</u> does not apply	<i>Office Visit</i> : Not Covered <i>Outpatient Hospital</i> : Not Covered	None	

Common Medical		What You	Limitations Exceptions 8 Other		
Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Habilitation services	Office Visit: \$40/visit; <u>deductible</u> does not apply Outpatient Hospital: \$40/visit; <u>deductible</u> does not apply	Office Visit: Not Covered Outpatient Hospital: Not Covered		
	Skilled nursing care	Freestanding SNF: 30% coinsurance Hospital-based SNF: 30% coinsurance	<i>Freestanding SNF</i> : Not Covered <i>Hospital-based SNF</i> : Not Covered	Preauthorization is required. Failure to obtain preauthorization may result in non-payment of benefits. Coverage limited to 100 days per member per benefit period.	
	Durable medical equipment	20% <u>coinsurance;</u> <u>deductible</u> does not apply	Not Covered	Preauthorization is required. Failure to obtain preauthorization may result in non-payment of benefits.	
	Hospice services	No Charge; <u>deductible</u> does not apply	Not Covered	Preauthorization is required except for pre-hospice consultation. Failure to obtain preauthorization may result in non-payment of benefits.	
lf your child needo	Children's eye exam	Not Covered	Not Covered		
If your child needs dental or eye care	Children's glasses	Not Covered	Not Covered	None	
dental of eye cale	Children's dental check-up	Not Covered	Not Covered		
<b>Excluded Services &amp; Of</b>	her Covered Services:				
Services Your Plan Ger	erally Does NOT Cover (Check	vour policy or plan document f	or more information and a list	of any other <u>excluded services</u> .)	
Cosmetic surger	-		Private-duty nursing	Routine foot care	
Dental care (Adult)     Long-term			Routine eye care (Adult)	Weight loss programs	
		ergency care when outside the U.S.			
Other Covered Services	(Limitations may apply to thes	e services. This isn't a complete	e list. Please see vour nian doo	nument )	
Acupuncture	Bariatric	•	Chiropractic Care	Samonty	

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or <u>cciio.cms.gov</u>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <u>Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>HealthCare.gov</u> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice or assistance, contact: Blue Shield Customer Service at 1-855-724-7698 or the Department of Labor's Employee Benefits Security Administration at **1-866-444-EBSA (3272)** or <u>dol.gov/ebsa/healthreform</u>. Additionally, you can contact the California Department of Managed Health Care Help at 1-888-466-2219 or visit <u>helpline@dmhc.ca.gov</u> or visit <u>http://www.healthhelp.ca.gov</u>.

### Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

#### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

#### Language Access Services:

English: For assistance in English at no cost, call 1-866-346-7198.

Spanish (Español): Para obtener asistencia en Español sin cargo, llame al 1-866-346-7198.

Tagalog (Tagalog): Kung kailanganninyo ang libreng tulongsa Tagalog tumawag sa 1-866-346-7198.

Chinese (中文): 如果需要中文的免费帮助, 请拨打这个号码1-866-346-7198.

Navajo (Dine): Diné k'ehjí doo bąąh ílínígó shíka' at'oowoł nínízingo, kwiji hodíílnih 1-866-346-7198.

Vietnamese (Tiếng Việt): Đểđược hỗ trợ miễn phí tiếng Việt, vui lòng gọi đến số 1-866-346-7198.

Korean (한국어): 한국어도움이필요하시면, 1-866-346-7198 무료전화 로전화하십시오.

Armenian (Հայերեն)։ Հայերեն լեզվով անվճար օգնություն ստանալու համար խնդրում ենք զանգահարել 1-866-346-7198.

Russian (Русский): если нужна бесплатная помощь на русском языке, то позвоните 1-866-346-7198.

Japanese (日本語):日本語支援が必要な場合1-866-346-7198に電話をかけてください。無料で提供します。

برای دریافت کمک رایگان زبان فارسی، لطفاً با شماره تلفن 7198-346-366-1 تماس بگیرید. : (فارسی) Persian

Punjabi (ਪੰਜਾਬੀ): ਪੰਜਾਬੀ ਵਿਚ ਸਹਾਇਤਾ ਲਈ ਕਿਰਪਾ ਕਰਕੇ 1-866-346-7198 'ਤੇ ਕਾੱਲ ਕਰੋ।

Khmer (ភាសាខ្មែរ)៖ សូមជំនួយភាសាអង់គ្លេសដោយឥតគិតថ្លៃ សូមទាក់ទងមកលេខ 1-866-346-7198។

لحصول على المساعدة في اللغة العربية مجانا، تفضل باتصال على هذا الرقم: 1-866-346-7198. : (العربية) Arabic

Hmong (Hnoob): Xav tau kev pab dawb lub Hmoob, thov hu rau 1-866-346-7198.

Hindi (हिन्दी): हिन्दी में बिना खर्च के सहायता के लिए, 1-866-346-7198 पर कॉल करें।

Thai (ไทย): สำหรับความช่วยเหลือเป็นภาษาไทยโดยไม่มีค่าใช้จ่ายโปรดโทร 1-866-346-7198

Laotian (ພາສາລາວ): ສໍາລັບການຊ່ວຍເຫຼືອເປັນພາສາລາວແບບບໍ່ເສຍຄ່າ, ກະລຸນາໂທ1-866-346-7198.

-To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.-

#### PRA Disclosure Statement

According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is **0938-1146**. The time required to complete this information collection is estimated to average **0.08** hours per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.

### About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

<b>Peg is Having a Baby</b> (9 months of <u>participating</u> pre-natal care and a hospital delivery)		Managing Joe's Type 2 Diabetes (a year of routine <u>participating</u> care of a well- controlled condition)		Mia's Simple Fracture ( <u>participating</u> emergency room visit and follow up care)	
<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist copayment</u></li> <li>Hospital (facility) <u>coinsurance</u></li> <li>Other <u>copayment</u></li> </ul>	\$1,500 \$40 30% \$10	Specialist copayment \$40 Specialist copaym		<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist copayment</u></li> <li>Hospital (facility) <u>coinsurance</u></li> <li>Other <u>copayment</u></li> </ul>	\$1,500 \$40 30% \$10
This EXAMPLE event includes services <u>Specialist</u> office visits ( <i>prenatal care</i> ) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services <u>Diagnostic tests</u> ( <i>ultrasounds and blood w</i> <u>Specialist</u> visit ( <i>anesthesia</i> )		This EXAMPLE event includes servicPrimary care physicianOffice visits (includes a service)Diagnostic tests (blood work)Prescription drugsDurable medical equipment (glucose medical)	uding	This EXAMPLE event includes service Emergency room care (including medic supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therap	cal
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$1,500	Deductibles	\$0	Deductibles	\$0
<u>Copayments</u>	\$200	<u>Copayments</u>	\$1,000	<u>Copayments</u>	\$500
Coinsurance	\$1,700	<u>Coinsurance</u>	\$0	Coinsurance	
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$60	Limits or exclusions	\$20	Limits or exclusions	\$0
The total Peg would pay is	\$3,460	The total Joe would pay is	\$1,020	The total Mia would pay is	\$520



## NOTICES AVAILABLE ONLINE

#### Nondiscrimination and Language Assistance Services

Blue Shield complies with applicable state and federal civil rights laws. We also offer language assistance services at no additional cost.

View our nondiscrimination notice and language assistance notice: **blueshieldca.com/notices**. You can also call for language assistance services: **(866) 346-7198 (TTY: 711)**.

If you are unable to access the website above and would like to receive a copy of the nondiscrimination notice and language assistance notice, please call Customer Care at **(888) 256-3650 (TTY: 711)**.

#### Servicios de asistencia en idiomas y avisos de no discriminación

Blue Shield cumple con las leyes de derechos civiles federales y estatales aplicables. También, ofrecemos servicios de asistencia en idiomas sin costo adicional.

Vea nuestro aviso de no discriminación y nuestro aviso de asistencia en idiomas en **blueshieldca.com/notices**. Para obtener servicios de asistencia en idiomas, también puede llamar al **(866) 346-7198 (TTY: 711)**.

Si no puede acceder al sitio web que aparece arriba y desea recibir una copia del aviso de no discriminación y del aviso de asistencia en idiomas, llame a Atención al Cliente al (888) 256-3650 (TTY: 711).

#### 非歧視通知和語言協助服務

Blue Shield 遵守適用的州及聯邦政府的民權法。同時,我們免費提供語言協助服務。

如需檢視我司的非歧視通知和語言幫助通知,請造訪 blueshieldca.com/notices。

您還可致電尋求語言協助服務: (866) 346-7198 (TTY: 711)。

如果您無法造訪上述網站,且希望收到一份非歧視通知和語言幫助通知的副本,請致電客戶服務部,電話:(888) 256-3650 (TTY: 711)。