



HERE TO SUPPORT YOUR HEALTH JOURNEY

Sign up for Blue Shield Connect today










What is Blue Shield Connect?

Connect puts a team of nurses, health coaches, social workers, and other specialists by your side. This includes a dedicated care manager to help support you and find ways to manage your health, **all at no additional cost to you.**

Connect customer service agents are here to assist you with any questions you have, including help finding a doctor, authorizations, claims, and more.

How can my Connect Care Team help me?

Your Connect Care Team can:

-  Explain treatment options
-  Set health goals for a better quality of life
-  Find treatment options for pain management
-  Coordinate care with your health care team
-  Answer questions on benefit coverage
-  Connect you to support services and resources
-  Help with so much more so you get the care you need, when you need it



Connect to a healthier you
To get started, call (888) 499-5532

Connect is a value-added program provided by Blue Shield of California and purchased by your employer. Please contact your employer's benefits administrator for any terms and conditions regarding eligibility for enrollment.

For more help and resources, visit [blueshieldca.com](https://www.blueshieldca.com) or contact Connect customer service agents at the number located on your member ID card. If you do not have your ID card, you can call (800) 393-6130 (TTY: 711).

Language Assistance Notice

For assistance in English at no cost, call (866) 346-7198. Para obtener asistencia en Español sin cargo, llame al (866) 346-7198. 如果需要中文的免费帮助, 请拨打这个号码 (866) 346-7198.

Nondiscrimination Notice

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