



Putting you well ahead is our priority

Blue Shield Medicare (PPO)

Get the most value with a Blue Shield Medicare plan. Our plans offer \$0 deductibles, mental health benefits, convenient pharmacy locations, and more.



Plan highlights

- Access care from both in-network and out-of-network Medicare participating providers nationwide.
- No deductible; no copayments for most covered services.
- Access to 24/7 virtual medical health care with Teladoc's board-certified doctors for a \$0 copay.
- \$80 quarterly allowance for over-the-counter items such as allergy medicines, pain relievers, and more.
- Convenient access to pharmacies across the United States such as Albertsons, Costco, CVS Pharmacy, CVS Pharmacy at Target, Safeway, Vons, Walmart, and more.
- Personal Emergency Response System (PERS) from LifeStation®.



Learn more online

To explore this plan in more detail and search for doctors and other providers in this plan's network, visit blueshieldca.com/calpers or scan the QR code.



Get more with this plan



Access care away from home

- **Urgent care center**
Ideal when your doctor is not available, saving you time and money compared to an ER visit.
- **Vaccines at a retail pharmacy**
Flu shots and other preventive vaccines provided at network pharmacies.
- **Care while traveling**
Coverage for urgent and emergency care anywhere in the world.



Get care at home

- **LifeReferrals 24/7SM**
Round-the-clock support from experts for personal, family, and work issues – at no extra cost.
- **Home meal delivery**
Meal delivery services at no cost for qualified members recovering from serious illness. Access to 22 meals and 10 snacks per discharge.
- **NurseHelp 24/7SM**
Health advice from registered nurses at any time – at no extra cost.
- **Teladoc**
Doctors available by phone or video.



Jump-start your well-being

- **Preventive Care**
Annual exams, screenings, and immunizations at no additional cost.
- **SilverSneakers Fitness**
Basic gym access available nationwide through SilverSneakers[®] Fitness, to help you stay healthy.
- **Wellvolution[®]**
Personalized digital programs to support weight loss, mental health, diabetes management, and more – at no extra cost.



Manage your condition

- **Hearing aids**
Obtain hearing aids at the provider of your choice with \$1,000 allowance every 3 years.
- **Transportation**
Book a ride to and from appointments at no cost. See the plan Evidence of Coverage (EOC) for more details.¹
- **Routine podiatry**
\$100 allowance for 6 visits per plan year.



We're here to help. If you have any questions, please call us at **(888) 802-4599 (TTY: 711)**, 7 a.m. to 8 p.m., seven days a week.

¹ The plan covers 24 one-way trips per year to plan-approved health-related locations.

NurseHelp 24/7 is a service mark of Blue Shield of California.

LifeReferrals 24/7 is a service mark of Blue Shield of California.

LifeStation is an independent entity that administers services on behalf of Blue Shield of California.

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Blue Shield of California is a PPO plan with a Medicare contract. Enrollment in Blue Shield of California depends on contract renewal. Blue Shield of California offers individual and employer group retiree plans to Medicare beneficiaries who have Part A and Part B. Individual plans are open to all Medicare beneficiaries who reside within a plan's specific service area. Employer group retiree plans are open only to Medicare beneficiaries who are eligible group retirees and who reside within a plan's specific service area. Individual and employer group retiree plans have different service areas, benefits and provider networks.

You may receive services from network providers on an in-person basis or via telehealth, if available. Contact your primary care provider, treating specialist, facility, or other health professional to learn more. Network telehealth and in-person services are subject to the same timeliness and geographic access standards. Although your plan has [no/limited] out-of-network benefits, if you use out-of-network services, you are subject to the plan's cost-sharing obligation and balance billing protections.