



Promise Health Plan

## Section 4- Benefits and services

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# Medi-Cal benefits covered by Blue Shield of California Promise Health Plan

## The Provisional Postpartum Care Extension Program

The Provisional Postpartum Care Extension (PPCE) Program provides extended coverage for Medi-Cal members who have a maternal mental health condition during pregnancy or the time period after pregnancy.

Blue Shield of California Promise Health Plan covers maternal mental health care for women during pregnancy and for up to two months after the end of pregnancy. The PPCE program extends that coverage for up to 12 months after the diagnosis or from the end of the pregnancy, whichever is later.

To qualify for the PPCE program, your doctor must confirm your diagnosis of a maternal mental health condition within 150 days after the end of pregnancy. Ask your doctor about these services if you think you need them. If your doctor thinks you should have the services from PPCE, your doctor completes and submits the forms for you.



Call Blue Shield Promise Member Services at (855) 699-5557 (TTY 711)  
Monday – Friday, 8 a.m. to 6 p.m. The call is toll free.

Or call the California Relay Line at 711. Visit Blue Shield Promise online at [blueshieldca.com/promise/medi-cal](https://blueshieldca.com/promise/medi-cal).