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2020

Addendum to/Suplemento Al
Provider Directory
Directorio de proveedores
de 2020

County/Condado: Los Angeles
South Bay

Please refer to your 2020 Provider Directory, for important plan information, as well as a listing of additional Blue Shield of California Promise Health Plan providers. This Addendum is a list of updates of provider information for the month of February 2020. The hardcopy provider directory and addendum together are the most up to date provider information. You can also visit www.blueshieldca.com/promise/medicare or call at the telephone number below for provider information.

Blue Shield of California Promise Health Plan Customer Care operations
1-800-544-0088 (TTY 711) From 8 a.m. to 8 p.m., seven days a week, from Oct. 1st – Mar. 31st and 8 a.m.– 8 p.m. weekdays, from Apr. 1st – Sept. 30th.

Por favor consulte su Directorio de Proveedores complementarios 2020, para información importante sobre su plan, al igual que la lista de proveedores adicionales para el plan Blue Shield of California Promise Health Plan. Este apéndice consiste en una lista de actualizaciones de la información sobre los proveedores para el mes de febrero del 2020. El directorio de proveedores y el apéndice en papel contienen la información más actualizada sobre los proveedores. También puede visitar www.blueshieldca.com/promise/medicare o llamar a Servicios para Miembros de Blue Shield of California Promise Health Plan al número de teléfono a continuación para información sobre los proveedores complementarios.

Servicios para Miembros de Blue Shield of California Promise Health Plan:
1-800-544-0088 (TTY 711) de 8:00 a.m. a 8:00 p.m., siete días a la semana, del 1 de octubre al 31 de marzo y de 8:00 a.m. a 8:00 p.m. de lunes a viernes,desde el 1 de abril hasta el 30 de septiembre.

Este suplemento fue actualizado en febrero del 2020.
This addendum is current as of February 2020.

blue california
Promise Health Plan

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LOS ANGELES COUNTY OUTPATIENT MENTAL HEALTH PROVIDERS

AGOURA HILLS

Barrus, Kim PSY
30423 Canwood St Ste 138
Agoura Hills, CA 91301-4315
(818) 707-7366
Accepting New Patients: Yes
Hours: M-F 9AM-7PM, SA 9AM-6PM
Other Language: French
Accessibility: EB, IB, E, R; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.
UPDATE: There was a change in the provider record; demographic, phone and/or panel status.

Teller Holt, Giselle MFT
28720 Roadside Dr Ste 196
Agoura Hills, CA 91301-3316
(323) 810-9233
Accepting New Patients: Yes
Hours: M-SA 8AM-8PM
Accessibility: P, EB, IB, E, R; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.
UPDATE: NEW Provider Added. Effective_Date: 15-DEC-16

CALABASAS

Caisin, Anna MFT
4768 Park Granada Ste 109
Calabasas, CA 91302-3312
(818) 941-2977
Accepting New Patients: Yes
Hours: SA 8AM-2PM
Other Language: Russian
Accessibility: EB, IB, E, R; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.
UPDATE: NEW Provider Added. Effective_Date: 29-APR-19

LAKEWOOD

Lynch, Ruth MFT
4010 Watson Plaza Dr Ste 285
Lakewood, CA 90712-4048
(562) 497-1505
Accepting New Patients: Yes
Hours: M,TH 9AM-9:30PM, TU 9AM-6PM, W 9AM-5PM, F 9AM-7PM, SA 9AM-1PM
Accessibility: P, EB, IB, E, R; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.
UPDATE: NEW Provider Added. Effective_Date: 15-AUG-16

LONG BEACH

Abjelina, Kenneth MD
5199 E Pacific Coast Hwy Ste 330n
Long Beach, CA 90804-3353
(562) 365-2020
Accepting New Patients: Yes
Hours: M,TU,TH,F 9AM-6PM, W 9AM-9PM, SA 9AM-4PM
Other Language: Tagalog
Accessibility: P, EB, IB, E, R; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.
UPDATE: There was a change in the provider record; demographic, phone and/or panel status.

Abjelina, Kenneth MD
5199 E Pacific Coast Hwy Ste 330n
Long Beach, CA 90804-3353

For more information, please call Blue Shield of California Promise Health Plan at 1-800-544-0088, (TTY: 711), 8 a.m. to 8 p.m., seven days a week, from Oct. 1st - Mar. 31st and 8 a.m. - 8 p.m. weekdays, from Apr. 1st - Sept. 30th. **This list is subject to change.**
All Providers in this provider directory accept both Medicare and Medicaid.
(**) Provides TeleServices Only **Accessibility code explanations:** "SR" This information is self reported by the provider. Blue Shield of California Promise Health Plan has not verified this information. The presence of the following codes indicates the provider location is accessible with this area. P: parking, EB: Exterior Building, IB: Interior Building E: Exam Room R: Restroom T: Exam Table/Scale W: Wheelchair ME Medical Equipment

(562) 365-2020
Accepting New Patients: Yes
Hours: M-W,F,SA 9AM-6PM, TH 9AM-5PM
Other Language: Tagalog
Accessibility: P, EB, IB, E, R; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.
UPDATE: There was a change in the provider record; demographic, phone and/or panel status.

Agu, Janet NPA
5199 E Pacific Coast Hwy Ste 330n
Long Beach, CA 90804-3353
(562) 365-2020
Accepting New Patients: Yes
Hours: M,TU,TH,F 9AM-6PM, W 9AM-9PM, SA 9AM-4PM
Accessibility: P, EB, IB, E, R; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.
UPDATE: NEW Provider Added. Effective_Date: 12-JUN-18

Alhadeff, Jere CSW
5199 E Pacific Coast Hwy Ste 330n
Long Beach, CA 90804-3353
(562) 365-2020
Accepting New Patients: Yes
Hours: M,TU,TH,F 9AM-6PM, W 9AM-9PM, SA 9AM-4PM
Accessibility: P, EB, IB, E, R; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.
UPDATE: NEW Provider Added. Effective_Date: 10-MAY-15

Boulware, Dessirae PSY
3294 Santa Fe Ave
Long Beach, CA 90810-2408
(562) 904-3999
Accepting New Patients: Yes
Hours: Please call provider for hours of Operations.
Accessibility: Members should call the provider's office to discuss their accessibility needs.
UPDATE: NEW Provider Added. Effective_Date: 01-DEC-16

Boulware, Dessirae PSY
1730 Grand Ave
Long Beach, CA 90804-2011
(562) 904-3999
Accepting New Patients: Yes
Hours: Please call provider for hours of Operations.
Accessibility: Members should call the provider's office to discuss their accessibility needs.
UPDATE: NEW Provider Added. Effective_Date: 01-DEC-16

Brittain, Debra CSW
350 Redondo Ave Fl 2
Long Beach, CA 90814-2617
(562) 599-9233
Accepting New Patients: Yes
Hours: M-TH 3:30PM-7:30PM, F 3:30PM-4:30PM, SA 9AM-12PM
Accessibility: Members should call the provider's office to discuss their accessibility needs.
UPDATE: There was a change in the provider record; demographic, phone and/or panel status.

Dugan, Jennifer PSY
122 Lime Ave
Long Beach, CA 90802-5158
(310) 621-0335
Accepting New Patients: Yes
Hours: M-SA 8AM-8PM
Accessibility: P; Members are urged to call the provider's

office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.
UPDATE: NEW Provider Added. Effective_Date: 01-MAY-15

Iskandar, Lucy MFT
5199 E Pacific Coast Hwy Ste 330n
Long Beach, CA 90804-3353
(562) 365-2020
Accepting New Patients: Yes
Hours: M,TU,TH,F 9AM-6PM, W 9AM-9PM, SA 9AM-4PM
Other Language: Arabic
Accessibility: P, EB, IB, E, R; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.
UPDATE: There was a change in the provider record; demographic, phone and/or panel status.

Monroe, Trevor PSY
4401 Atlantic Ave
Long Beach, CA 90807-2218
(562) 728-4565
Accepting New Patients: Yes
Hours: M-TH 1:30PM-8:15PM
Accessibility: EB; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.
UPDATE: There was a change in the provider record; demographic, phone and/or panel status.

Paramo, Melissa MFT
5199 E Pacific Coast Hwy Ste 330n
Long Beach, CA 90804-3353
(562) 365-2020
Accepting New Patients: Yes
Hours: M,TU,TH,F 9AM-6PM, W 9AM-9PM, SA 9AM-4PM
Accessibility: P, EB, IB, E, R; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.
UPDATE: There was a change in the provider record; demographic, phone and/or panel status.

Paul, Mariam MFT
5199 E Pacific Coast Hwy Ste 330n
Long Beach, CA 90804-3353
(562) 365-2020
Accepting New Patients: Yes
Hours: M,TU,TH,F 9AM-6PM, W 9AM-9PM, SA 9AM-4PM
Accessibility: P, EB, IB, E, R; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.
UPDATE: There was a change in the provider record; demographic, phone and/or panel status.

Wells, Trevor MD
5199 E Pacific Coast Hwy Ste 330n
Long Beach, CA 90804-3353
(562) 365-2020
Accepting New Patients: Yes
Hours: M-W,F,SA 9AM-6PM, TH 9AM-5PM
Accessibility: P, EB, IB, E, R; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.
UPDATE: There was a change in the provider record;

demographic, phone and/or panel status.

TORRANCE

Ntung, Helen NPA
23700 Camino Del Sol
Torrance, CA 90505-5017
(424) 400-7748
Accepting New Patients: Yes
Hours: Please call provider for hours of Operations.
Accessibility: P, IB, R; Members are urged to call the provider's office to discuss their specific accessibility needs when there is limited access or where all or most accessibility indicators are not present.
UPDATE: There was a change in the provider record; demographic, phone and/or panel status.

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