

Galitaanka Baadhis Caafimaad

(Staying Healthy Assessment)

7 – 12 Bilood (7 –12 Months)

Magaca ilmaha (kan koobaad iyo kan ugu danbeeya)	Taariikhda Dhalashada	<input type="checkbox"/> Dhadig <input type="checkbox"/> Lab	Taariikhda Maanta	Goobta Ilmaha/Xanaanada Ilmaha? <input type="checkbox"/> Haa <input type="checkbox"/> Maya	
Qofka Foomka Buuxinaya	<input type="checkbox"/> Waalid <input type="checkbox"/> Qaraabo <input type="checkbox"/> Saaxiib <input type="checkbox"/> Masuul <input type="checkbox"/> Wax kale (Sheeg)			Caawin Ma Uga Baahantahay Buuxinta Foomka? Haa Maya	
<p><i>Fadlan uga jawaab dhamaan su'aalaha foomkan ku qoran sida ugu fiican eed awooddo. Goobo gali "Kanoqo" haddii aadan aqoon jawaab ama aadan rabin inaad ka jawaabto. Xaqiiji inaad la hadasho dhakhtarka haddii aad qabto su'aal ku saabsan wax ku qoran foomkan. Jawaabahaaga waxaa loo ilaalin doonaa sidii inay qayb ka yihiin qoraalka warbixintaada caafimaad.</i></p>				Turjumaan ma u Baahantahay? Haa Maya	
				Clinic Use Only:	
1	Ilmahaaga naaska ma nuujisaa? Do you breastfeed your baby?	Haa Yes	Maya No	Ka noqo Skip	Nutrition
2	Ilmahaagu ma cabbaa ama ma cunaa 3 cunto oo ay kaalshiyaamtu ku badantahay maalin kasta, sida nafaqo, caanaha naaska, farmaajo, yogarti, caanaha soy, ama taafuu? Does your baby drink or eat 3 servings of calcium-rich foods daily, such as formula, breast milk, cheese, yogurt, soy milk, or tofu?	Haa Yes	Maya No	Ka noqo Skip	
3	Ma ka walwalsantahay ilmahaaga culayskiisa? Are you concerned about your baby's weight?	Maya No	Haa Yes	Ka noqo Skip	Physical Activity
4	Ilmahaagu ma daawadaa TVga? Does your baby watch any TV?	Maya No	Haa Yes	Ka noqo Skip	
5	Gurigaagu ma leeyahay qiiq dareeme shaqaynaya? Does your home have a working smoke detector?	Haa Yes	Maya No	Ka noqo Skip	Safety
6	Hoos ma u dhigtay heer kulka biyahaaga si aad u yarayso diirinta (wax la uar 120 digrii)? Have you turned your water temperature down to low-warm (less than 120 degrees)?	Haa Yes	Maya No	Ka noqo Skip	
7	Haddii uu gurigaagu leeyahay wax kabadan hal dabakh, ma leedahay agabka badbaadada daaqadaha iyo iridda jaranjarada? If your home has more than one floor, do you have safety guards on the windows and gates for the stairs?	Haa Yes	Maya No	Ka noqo Skip	
8	Gurigaagu ma leeyahay alaabta nadiifinta, daawooyinka iyo furayaasha wax lagu xidho? Does your home have cleaning supplies, medicines, and matches locked away?	Haa Yes	Maya No	Ka noqo Skip	
9	Gurigaagu ma leeyahay taleefan lambarka Xarunta Koontaroolidda Sunta (800-222-1222) taas oo uu telfoonku ku tusayo? Does your home have the phone number of the Poison Control Center (800-222-1222) posted by your phone?	Haa Yes	Maya No	Ka noqo Skip	
10	Markasta ilmahaaga ma u seexisaa dhabardhabar? Do you always put your baby to sleep on her/his back?	Haa Yes	Maya No	Ka noqo Skip	

11	<p>Markasta ma la joogtaa ilmaahaaga marka uu isagu/iyadu ay ku jirto baafka qabayska? Do you always stay with your baby when she/he is in the bathtub?</p>	Haa Yes	Maya No	Ka noqo Skip	
12	<p>Makrasta ilmaahaaga ma dhigtaa kursiga gaadhiga ee danbe meesha u danbaysa? Do you always place your baby in a rear facing car seat in the back seat?</p>	Haa Yes	Maya No	Ka noqo Skip	
13	<p>Kursiga gaadhiga ee aad isticmasho mayahay midka ku haboon da'da iyo cabirka ilmaahaaga? Is the car seat you use the right one for the age and size of your baby?</p>	Haa Yes	Maya No	Ka noqo Skip	
14	<p>Ilmahaagu wakhti ma ku qaataa meel u dhow barkadda lagu dabaasho, wabiga, ama harada? Does your baby spend time near a swimming pool, river, or lake?</p>	Maya No	Haa Yes	Ka noqo Skip	
15	<p>Ilmahaagu wakhti ma ku qaataa guri uu qori yaallo? Does your baby spend time in a home where a gun is kept?</p>	Maya No	Haa Yes	Ka noqo Skip	
16	<p>Ilmahaaga ma siisaa dhalo ay kujiraan waxyaalo aanka ahayn nafaqo, caanaha naaska, ama biyo? Do you give your baby a bottle with anything except formula, breast milk, or water?</p>	Maya No	Haa Yes	Ka noqo Skip	Dental Health
17	<p>Ilmahaagu wakhti ma la qataa qof sigaar cabba? Does your baby spend time with anyone who smokes?</p>	Maya No	Haa Yes	Ka noqo Skip	Tobacco Exposure
18	<p>Ma qabtaa wax kale oo su'aalo ama walwal ah oo ku saabsan cafimaadka ilmaahaaga, koriinkiisa, ama habdhaqankiisa? Do you have any other questions or concerns about your baby's health, development or behavior?</p>	Maya No	Haa Yes	Ka noqo Skip	Other Questions

Haddii ay haa tahay, fadlan qeex:

Clinic Use Only	Counseled	Referred	Anticipatory Guidance	Follow-up Ordered	Comments:
<input type="checkbox"/> Nutrition	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Physical Activity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Safety	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Dental Health	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Tobacco Exposure	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
					<input type="checkbox"/> Patient Declined the SHA
PCP's Signature:		Print Name:			Date: