# blue 🗑 of california

7.01.50	Placental and Umbilical Cord Blood as a Source of Stem Cells				
Original Policy Date:	January 7, 2011	Effective Date:	November 1, 2019		
Section:	11.0 Transplant	Page:	Page 1 of 13		

# **Policy Statement**

Transplantation of cord blood stem cells from related or unrelated donors may be considered **medically necessary** in patients with an appropriate indication for allogeneic stem cell transplant.

Transplantation of cord blood stem cells from related or unrelated donors is considered **investigational** in all other situations.

Collection and storage of cord blood from a neonate may be considered **medically necessary** when an allogeneic transplant is imminent in an identified recipient with a diagnosis that is consistent with the possible need for allogeneic transplant.

Prophylactic collection and storage of cord blood from a neonate is considered **not medically necessary** when proposed for some unspecified future use as an autologous stem cell transplant in the original donor, or for some unspecified future use as an allogeneic stem cell transplant in a related or unrelated donor.

The transplantation of Hepatitis C Virus (HCV)-viremic solid organs (kidney, lung, heart, liver, small bowel, pancreas) to a HCV non-viremic recipient with a plan to use direct-acting antiviral treatment for HCV is considered **investigational**.

# **Policy Guidelines**

The American Society of Transplantation Consensus Conference on the use of hepatitis C viremic donors in solid organ transplantation concluded that the transplantation of organs from HCV viremic donors into HCV-negative recipients should be conducted only under monitored IRB-approved protocols and studies. (See Supplemental Information).

Please refer to the Blue Shield of California Medical Policy site to search for specific conditions and diseases that have associated medical policies with patient selection criteria regarding situations for which allogeneic stem cell transplantation may be considered medically necessary.

# Description

This evidence review addresses the collection, storage, and transplantation of placental and umbilical cord blood ("cord blood") as a source of stem cells for allogeneic and autologous stem cell transplantation. Potential indications for the use of cord blood are not addressed herein; they are discussed in the disease-specific evidence reviews.

# **Related Policies**

- Allogeneic Hematopoietic Cell Transplantation for Genetic Diseases and Acquired Anemias
- Allogeneic Hematopoietic Cell Transplantation for Myelodysplastic Syndromes and Myeloproliferative Neoplasms
- Hematopoietic Cell Transplantation for Acute Lymphoblastic Leukemia
- Hematopoietic Cell Transplantation for Acute Myeloid Leukemia
- Hematopoietic Cell Transplantation for Autoimmune Diseases

#### 7.01.50 Placental and Umbilical Cord Blood as a Source of Stem Cells Page 2 of 13

- Hematopoietic Cell Transplantation for Central Nervous System Embryonal Tumors and Ependymoma
- Hematopoietic Cell Transplantation for Chronic Myeloid Leukemia
- Hematopoietic Cell Transplantation for Epithelial Ovarian Cancer
- Hematopoietic Cell Transplantation for Hodgkin Lymphoma
- Hematopoietic Cell Transplantation for Miscellaneous Solid Tumors in Adults
- Hematopoietic Cell Transplantation for Non-Hodgkin Lymphomas
- Hematopoietic Cell Transplantation for Waldenström Macroglobulinemia
- Hematopoietic Cell Transplantation in the Treatment of Germ Cell Tumors
- High-Dose Rate Temporary Prostate Brachytherapy

## **Benefit Application**

Benefit determinations should be based in all cases on the applicable contract language. To the extent there are any conflicts between these guidelines and the contract language, the contract language will control. Please refer to the member's contract benefits in effect at the time of service to determine coverage or non-coverage of these services as it applies to an individual member.

Some state or federal mandates (e.g., Federal Employee Program [FEP]) prohibits plans from denying Food and Drug Administration (FDA)-approved technologies as investigational. In these instances, plans may have to consider the coverage eligibility of FDA-approved technologies on the basis of medical necessity alone.

# **Regulatory Status**

According to the U.S. Food and Drug Administration, cord blood stored for potential use by a patient unrelated to the donor meets the definitions of "drug" and "biological products." As such, products must be licensed under a biologics license application or an investigational new drug application before use. Facilities that prepare cord blood units only for autologous and/or first- or second-degree relatives are required to register and list their products, adhere to Good Tissue Practices issued by the Food and Drug Administration, and use applicable processes for donor suitability determination.<sup>3</sup>.

# Rationale

# Background

#### **Bone Marrow Disorders**

A variety of malignant diseases and nonmalignant bone marrow disorders are treated with myeloablative therapy followed by infusion of allogeneic stem and progenitor cells collected from immunologically compatible donors, either family members or an unrelated donor identified through a bone marrow donor bank. In some cases, a suitable donor is not found.

Blood harvested from the umbilical cord and placenta shortly after delivery of neonates contains stem and progenitor cells capable of restoring hematopoietic function after myeloablation. This cord blood has been used as an alternative source of allogeneic stem cells. Cord blood is readily available and is thought to be antigenically "naive," thus potentially minimizing the incidence of graft-versus-host disease and permitting the broader use of unrelated cord blood transplants. Unrelated donors are typically typed at low resolution for human leukocyte antigen—A and –B and at high resolution only for human leukocyte antigen—DR; human leukocyte antigen matching at 4 of 6 loci is considered acceptable. Under this matching protocol, an acceptable donor can be identified for almost any patient.

Several cord blood banks have been created in the United States and Europe. In addition to obtaining cord blood for specific related or unrelated patients, some cord blood banks collect

7.01.50 Placental and Umbilical Cord Blood as a Source of Stem Cells Page 3 of 13

and store neonate cord blood for some unspecified future use in the unlikely event that the child develops a condition that would require autologous transplantation. Also, some neonate cord blood is collected and stored for use by a sibling in whom an allogeneic transplant is anticipated due to a history of leukemia or other condition requiring an allogeneic transplant.

Standards and accreditation for cord blood banks are important for assisting transplant programs in knowing whether individual banks have quality control measures in place to address issues such as monitoring cell loss, change in potency, and prevention of product mix-up.<sup>1,</sup> Two major organizations have created accreditation standards for cord blood banks in the U.S.: the American Association of Blood Banks and the International NetCord Foundation/Foundation for the Accreditation of Cellular Therapy (NetCord/FACT). Both the AABB and the NetCord/FACT have developed and implemented a program of voluntary inspection and accreditation for cord blood banking. The AABB and the NetCord/FACT publish standards for cord blood banks that define the collection, testing, processing, storage, and release of cord blood products.<sup>2,</sup>

#### Literature Review

This review was informed by a 1996 and a 2001 Blue Cross Blue Shield Association Technology Evaluation Center (TEC) Assessment, which addressed the use of placental and umbilical cord blood in children and adults, respectively.<sup>4,5,</sup>

Evidence reviews assess the clinical evidence to determine whether the use of technology improves the net health outcome. Broadly defined, health outcomes are the length of life, quality of life, and ability to function- including benefits and harms. Every clinical condition has specific outcomes that are important to patients and managing the course of that condition. Validated outcome measures are necessary to ascertain whether a condition improves or worsens; and whether the magnitude of that change is clinically significant. The net health outcome is a balance of benefits and harms.

To assess whether the evidence is sufficient to draw conclusions about the net health outcome of technology, two domains are examined: the relevance, and quality and credibility. To be relevant, studies must represent one or more intended clinical use of the technology in the intended population and compare an effective and appropriate alternative at a comparable intensity. For some conditions, the alternative will be supportive care or surveillance. The quality and credibility of the evidence depend on study design and conduct, minimizing bias and confounding that can generate incorrect findings. The randomized controlled trial (RCT) is preferred to assess efficacy; however, in some circumstances, nonrandomized studies may be adequate. RCTs are rarely large enough or long enough to capture less common adverse events and long-term effects. Other types of studies can be used for these purposes and to assess generalizability to broader clinical populations and settings of clinical practice.

#### Cord Blood as Source of Stem Cells for Stem Cell Transplant Clinical Context and Therapy Purpose

The purpose of using placental and umbilical cord blood as a source of stem cells is to provide an alternative to or an improvement on existing donor sources in patients with an appropriate indication for allogeneic stem cell transplant.

The question addressed in this evidence review is: Does the use of placental and umbilical cord blood as a source of stem cells for individuals with an indication for allogeneic stem cell transplantation result in an improvement in net health outcomes? The following PICOTS were used to select literature to inform this review.

#### Patients

The relevant population of interest are individuals with an appropriate indication for allogeneic stem cell transplant.

7.01.50 Placental and Umbilical Cord Blood as a Source of Stem Cells

Page 4 of 13

#### Interventions

The test being considered is placental or umbilical cord blood as a source of stem cells for allogeneic stem cell transplantation.

# Comparators

Comparators of interest include stem cells from other donor sources.

## Outcomes

The general outcomes of interest are overall survival (OS), disease-specific survival, resource utilization, and treatment-related mortality.

## Timing

The timing of follow-up is initially the first post-transplant year for successful engraftment and monitoring relevant outcomes. Follow-up is life-long for successful transplantation.

## Setting

Patients with an appropriate indication for allogeneic stem cell transplant are managed by a transplant specialist in an inpatient clinical setting.

## **Study Selection**

Methodologically credible studies were selected using the following principles:

- a. To assess efficacy outcomes, comparative controlled prospective trials were sought, with a preference for RCTs;
- b. In the absence of such trials, comparative observational studies were sought, with a preference for prospective studies.
- c. To assess long-term outcomes and adverse effects, single-arm studies that capture longer periods of follow-up and/or larger populations were sought.
- d. Studies with duplicative or overlapping populations were excluded.

# **Related Allogeneic Cord Blood Transplant**

The first cord blood transplant involved a child with Fanconi anemia; results were reported in 1989.<sup>6</sup>, Subsequently, other cord transplants have been performed in matched siblings. The results of these transplants have demonstrated that cord blood contains sufficient numbers of hematopoietic stem and progenitor cells to reconstitute pediatric patients. Lower incidences of acute and chronic graft-versus-host disease (GVHD) have been observed when cord blood, compared with bone marrow, was used as the source of donor cells.<sup>7</sup>. This led to the idea that cord blood could be banked and used as a source of unrelated donor cells, possibly without full human leukocyte antigen matching.<sup>8</sup>.

# **Unrelated Allogeneic Cord Blood Transplant**

The first prospective evaluation of unrelated cord blood transplant was the Cord Blood Transplantation study, published in 2005. The Cord Blood Transplantation study was designed to examine the safety of unrelated cord blood transplantation in infants, children, and adults. Twoyear event-free survival was 55% in children with high-risk malignancies<sup>9,</sup> and 78% in children with nonmalignant conditions.<sup>10,</sup> Across all groups, the cumulative incidence of engraftment by day 42 was 80%. Engraftment and survival were adversely affected by lower cell doses, pretransplant cytomegalovirus seropositivity in the recipient, non-European ancestry, and higher human leukocyte antigen mismatching. This slower engraftment led to longer hospitalizations and greater utilization of medical resources.<sup>11,</sup> In the Cord Blood Transplantation study, outcomes in adults were inferior to the outcomes achieved in children.

Zhang et al (2012) published a meta-analysis of studies comparing unrelated donor cord blood transplantation with unrelated donor bone marrow transplantation in patients who had acute leukemia.<sup>12</sup>,Reviewers identified 7 studies (total n=3389 patients). Pooled event rates of engraftment failure (n=5 studies) were 18% (127/694 patients) in the cord blood transplant group and 6% (57/951 patients) in bone marrow transplant groups. The rate of engraftment graft failure

7.01.50 Placental and Umbilical Cord Blood as a Source of Stem Cells Page 5 of 13

was significantly higher in cord blood transplant recipients (p<0.001). However, rates of acute GVHD were significantly lower in the cord blood transplant group. Pooled event rates of GVHD (n=7 studies) were 34% (397/1179 patients) in the cord blood group and 44% (953/2189 patients) in the bone marrow group (p<0.001). Relapse rates, reported in all studies, did not differ significantly between groups. Several survival outcomes, including OS, leukemia-free survival, and nonrelapse mortality, favored the bone marrow transplant group.

Also, numerous retrospective and registry studies have generally found that unrelated cord blood transplantation is effective in both children and adults with hematologic malignancies and children with a variety of nonmalignant conditions.<sup>13,14,15,</sup> For example, a study by Liu et al (2014) compared outcomes after unrelated donor cord blood transplantation with matched-sibling donor peripheral blood transplantation.<sup>15,</sup> The study included patients ages 16 years or older who had hematologic malignancies. Seventy patients received unrelated cord blood, and 115 patients received human leukocyte antigen-identical peripheral blood stem cells, alone or in combination with bone marrow. Primary engraftment rates were similar in the 2 groups (97% in the cord blood group, 100% in the peripheral blood stem cell group). Rates for most outcomes, including grades III and IV acute GVHD and 3-year disease-free survival, were also similar between groups. However, the rate of chronic GVHD was lower in the unrelated donor cord blood group. Specifically, limited or extensive chronic GVHD occurred in 12 (21%) of 58 evaluable patients in the cord blood group (p=0.005).

#### Haplo-Cord Blood Transplantation

Haplo-cord transplants involve a combination of donated cord blood stem cells and halfmatched (haploidentical) cells from a related donor.

Mo et al (2016) reported on outcomes after umbilical cord blood and haploidentical hematopoietic cell transplantation in 129 children younger than 14 years old.<sup>16,</sup> The 2-year probability of OS was 82% (95% confidence interval [CI], 72.2% to 91.8%) in the haploidentical hematopoietic cell transplantation group and 69.9% (95% CI, 58.0% to 81.2%) in the cord blood group. The difference in OS rates between groups was not statistically significant (p=0.07). The 2-year incidence of relapse was also similar in both groups: 16% (95% CI, 6.1% to 26.1%) in the haplo-HCT group and 24.1% (95% CI, 12.5% to 37.5%) in the cord blood group (p=0.17).

Hsu et al (2018) reported on patients with lymphoma or chronic lymphoblastic leukemia who underwent haplo-cord allogeneic stem cell transplantation.<sup>17,</sup> Forty-two patients treated between 2007 and 2016 were included in the analysis. After a median survivor follow-up of 42 months, the median 3-year GVHD relapse-free survival, progression-free survival, and OS were 53% (95% CI: 36-68%), 62% (95% CI: 44-75%), and 65% (95% CI: 48-78%), respectively. The cumulative incidence of relapse was 12% at 100 days and 19.5% at 1 year.<sup>17,</sup>

#### **Double Unit Cord Blood Transplantation**

Transplantation of two umbilical cord blood units (or double-unit transplants) has been evaluated as a strategy to overcome cell dose limitations with one cord blood unit in older and heavier patients. Initial experience at a university showed that using two units of cord blood for a single transplant in adults improved rates of engraftment and OS.<sup>18,</sup> Although cell doses are higher with double-unit transplants, studies published to date have found that survival rates are similar to transplants using single-cord blood units, and there is some suggestion of higher rates of GVHD (see Tables 1 and 2).<sup>19,</sup>

. .

#### Table 1. Summary of Key Trial Characteristics

			Inte	erventions
Author (Year)	<b>Countries Sites Dates</b>	Participants	Active	Comparator
Wagner et al (2014) <sup>19,</sup>	1	Patients (age range, 1-21 y) who had high-risk acute leukemia, chronic myeloid leukemia, or myelodysplastic syndrome for whom there were 2 HLA-matched cord blood units available	2 units	1 unit

HLA: human leukocyte antigen.

#### Table 2. Summary of Key Trial Results (N=224)

Study (Year)	1-Year OS	1-Year DFS	Acute GVHD	Chronic GVHD
Wagner et al (2014) <sup>19,</sup>				
Single unit (95% CI), %	73 (63 to 80)	70 (60 to 77)	13 (7 to 20)	30 (22 to 39)
Double unit (95% CI), %	65 (56 to 74)	64 (54 to 72)	23 (15 to 31)	32 (23 to 40)
р	0.17	0.011	0.02	0.51

CI: confidence interval; DFS: disease-free survival; GVHD: graft-versus-host disease; OS: overall survival.

Results of observational studies are similar to those of the Wagner et al (2014) RCT (see Tables 3 and 4). In a study by Scaradavou et al (2013), there was a significantly higher risk of acute GVHD (grade II-IV) in recipients of double-cord blood units treated during the first several years of observation.<sup>20,</sup> In the later period (2004-2009), rates of acute GVHD (grade II-IV) did not differ significantly between single and double units of cord blood. An analysis by Baron et al (2017) found no significant differences between single- and double- cord blood transplantation for relapse or nonrelapse mortality, with a trend (p=0.08) toward a higher incidence of GVHD with double units.<sup>21,</sup>

#### Table 3. Summary of Key Observational Study Characteristics

				Tre	atment	
Author (Year)	Study Type	Dates	Participants	Arm 1	Arm 2	Follow-Up
Scaradavou et al (2013) <sup>20,</sup>	Comparative cohort	2002-2004 2004-2009		Single unit	Double unit	
Baron et al (2017) <sup>21,</sup>	Registry	2004-2014	Adults with first CBT for AML or ALL	Single unit	Double unit	2 у

ALL: acute lymphocytic leukemia; AML: acute myeloid leukemia; CBT: cord blood transplantation.

Table 4. Summary of Key Observational Study Results	

				Acute GVI	HD (95% CI)
Study (Year)	Ν	<b>Relapse Mortality</b>	Nonrelapse Mortality	2002-2004	2004-2009
Scaradavou et al (2013) <sup>20,</sup>					
Single unit					
Double unit					
HR (95% CI)				6.14 (2.54 to 14.87)	1.69 (0.68 to 4.18)
р				< 0.001	0.30
				2004-2014	
Baron et al (2017) <sup>21,</sup>					
Single unit	172			28%	
Double unit	362			36%	
HR (95% CI)		0.9 (0.6 to 1.3)	0.8 (0.5 to 1.2)		
р		0.5	0.3	0.08	

CI: confidence interval; GVHD: graft-versus-host disease; HR: hazard ratio

#### Section Summary: Cord Blood as Source of Stem Cells for Stem Cell Transplant

A number of observational studies and meta-analyses of observational studies have compared outcomes after cord blood transplantation with stem cells from a different source. One metaanalysis found similar survival outcomes and lower GVHD after cord blood transplantation than bone marrow transplantation. Also, an RCT has compared single- and double-unit cord blood transplantation and found similar outcomes.

#### Prophylactic Collection and Storage Of Cord Blood **Clinical Context and Therapy Purpose**

The purpose of prophylactic collection and storage of placental or umbilical cord blood stem cells is to provide an alternative donor source for individuals without or with an unspecified potential future need for stem cell transplant.

The question addressed in this evidence review is: Does the prophylactic collection and storage of placenta and umbilical cord blood stem cells to provide an alternative donor source for

# 7.01.50 Placental and Umbilical Cord Blood as a Source of Stem Cells

Page 7 of 13

individuals without or with an unspecified potential future need for stem cell transplantation improve net health outcomes.

The following PICOTS were used to select literature to inform this review.

#### Patients

The relevant population of interest are individuals without or with an unspecified potential future need for stem cell transplant.

## Interventions

The test being considered is prophylactic collection and storage of placental or umbilical cord blood stem cells.

## Comparators

Comparators of interest include usual care without prophylactic storage of cord blood.

## Outcomes

The general outcomes of interest are OS, disease-specific survival, resource utilization, and treatment-related mortality.

## Timing

The future use of stored stem cells is unknown and, thus, the follow-up time period to transplant is indeterminate.

## Setting

Collection and preservation of placental or umbilical cord for future use is carried out at the time of labor and delivery and is carried out by commercial service providers.

#### **Study Selection**

Methodologically credible studies were selected using the following principles:

- a. To assess efficacy outcomes, comparative controlled prospective trials were sought, with a preference for RCTs;
- b. In the absence of such trials, comparative observational studies were sought, with a preference for prospective studies.
- c. To assess long-term outcomes and adverse effects, single-arm studies that capture longer periods of follow-up and/or larger populations were sought.
- d. Studies with duplicative or overlapping populations were excluded.

No studies have compared outcomes after prophylactic collection and storage of cord blood from a neonate for individuals who have an unspecified future need for transplant to standard care without cord blood collection and storage.

Also, although blood banks are collecting and storing neonate cord blood for potential future use, data on the use of cord blood for autologous stem cell transplantation are limited. A 2017 position paper from the American Academy of Pediatrics noted that there is little evidence of the safety or effectiveness of autologous cord blood transplantation for treatment of malignant neoplasms.<sup>22,</sup> Also, a 2009 survey of pediatric hematologists noted few transplants had been performed using cord blood stored in the absences of a known indication.<sup>23,</sup>

#### Section Summary: Prophylactic Collection and Storage of Cord Blood

There is a lack of published evidence comparing outcomes after prophylactic collection and storage of cord blood from a neonate for individuals who have an unspecified future need for transplant with standard care without cord blood collection and storage.

7.01.50 Placental and Umbilical Cord Blood as a Source of Stem Cells Page 8 of 13

#### Summary of Evidence

For individuals who have an appropriate indication for allogeneic stem cell transplant who receive cord blood as a source of stem cells, the evidence includes a number of observational studies, a meta-analysis of observational studies, and an RCT comparing outcomes after single-or double-cord blood units. The relevant outcomes are OS, disease-specific survival, resource utilization, and treatment-related mortality. The meta-analysis of observational studies found similar survival outcomes and lower GVHD after cord blood transplantation than bone marrow transplantation. In the RCT, survival rates were similar after single- and double-unit cord blood transplantation. The evidence is sufficient to determine that the technology results in a meaningful improvement in the net health outcome.

For individuals who have an unspecified potential future need for stem cell transplant who receive prophylactic collection and storage of cord blood, the evidence includes no published studies. The relevant outcomes are overall survival, disease-specific survival, resource utilization, and treatment-related mortality. No evidence was identified on the safety or effectiveness of autologous cord blood transplantation from prophylactically stored cord blood for the treatment of malignant neoplasms. The evidence is insufficient to determine the effects of the technology on health outcomes.

#### Supplemental Information

#### **Practice Guidelines and Position Statements**

The American Society of Transplantation (2017) convened a consensus conference of experts to address issues related to the transplantation of hepatitis C virus (HCV) viremic solid organs into HCV non-viremic recipients.<sup>27</sup> Key findings and recommendations are summarized in Table 5.

	Content Area	Key Point
1	Definition of HCV positive	HCV -viremic reflecting a positive NAT should be adopted
2	Data interpretation	HCV antibody status alone limits interpretation of outcomes of transplantation of HCV "positive" organs
3	Transmission and Treatment	Highest risk for unexpected HCV transmission is associated with organ donation from a person who injected drugs within the eclipse or pre-viremic period
4	OPTN policy	No current policies prevent transplantation of HCV-viremic organs into HCV non-viremic recipients
5	Ethical considerations	Transplantation of HCV-viremic organs into HCV non-viremic recipients should be conducted under site specific IRB approved protocols with multi- step informed consent.

 Table 5. American Society of Transplantation Consensus Conference - Use of HCV Viremic

 Donors

#### American Academy of Pediatrics

A position statement on cord blood banking for potential future transplantation was published by the American Academy of Pediatrics in 2017.<sup>22,</sup> The Academy recommended cord blood banking for public use, with a more limited role for private cord blood banking for families with a known fatal illness that could be rescued by cord blood transplant.

#### U.K. Consensus Recommendations on Umbilical Cord Blood Transplantation

A consensus conference in the United Kingdom (2015) issued the following recommendation on UCB transplantation<sup>24</sup>.:

"We recommend that UCB [umbilical cord blood] ... be considered as an alternative source of HSC [hematopoietic stem cells] for transplantation for those patients without a suitably matched sibling or unrelated donor, defined as 'standard' or 'clinical option' transplants within the BSBMT [British Society of Blood and Marrow Transplantation] transplant indications tables." 7.01.50 Placental and Umbilical Cord Blood as a Source of Stem Cells Page 9 of 13

#### American College of Obstetricians and Gynecologists

The American College of Obstetricians and Gynecologists (2015) published an opinion on UCB banking.<sup>25,</sup> The statement discussed counseling patients on options for UBC banking, as well as the benefits and limitations of this practice. The relevant recommendations included the following:

- "Umbilical cord blood collection should not compromise obstetric or neonatal care or alter routine practice for the timing of umbilical cord clamping."
- "The current indications for cord blood transplant are limited to select genetic, hematologic, and malignant disorders."
- "The routine storage of umbilical cord blood as 'biologic insurance' against future disease is not recommended."

## American Society for Blood and Marrow Transplantation

On behalf of the American Society for Blood and Marrow Transplantation, Ballen et al (2008) published recommendations related to the banking of umbilical cord blood<sup>26</sup>:

- 1. Public banking of cord blood is "encouraged."
- 2. Storing cord blood for autologous (i.e., personal) use "is not recommended."
- 3. "Family member banking (collecting and storing cord blood for a family member) is recommended when there is a sibling with a disease that may be successfully treated with an allogeneic transplant. Family member banking on behalf of a parent with a disease that may be successfully treated with an allogeneic transplant is only recommended when there are shared HLA [human leukocyte]-antigens between the parents."

#### U.S. Preventive Services Task Force Recommendations

Not applicable.

#### Medicare National Coverage

There is no national coverage determination. In the absence of a national coverage determination, coverage decisions are left to the discretion of local Medicare carriers.

#### **Ongoing and Unpublished Clinical Trials**

Some currently unpublished trials that might influence this review are listed in Table 6.

#### Table 6. Summary of Key Trials

NCT No.	Trial Name	Planned Enrollment	Completion Date
Ongoing			
NCT01728545	The Collection and Storage of Umbilical Cord Blood for Transplantation	250,000	Apr 2099
NCT00012545	Collection and Storage of Umbilical Cord Stem Cells for Treatment of Sickle Cell Disease	99,999,999	none

NCT: national clinical tha

# References

- 1. Wall DA. Regulatory issues in cord blood banking and transplantation. Best Pract Res Clin Haematol. Jun 2010;23(2):171-177. PMID 20837328
- NetCord-FACT. International standards for cord blood collection banking and release of information accreditation manual. Sixth Edition Draft. 2015 September; http://www.factwebsite.org/uploadedFiles/Standards/NetCord%20FACT%206th%20Ed%2 0Manual%20Draft.09.01.15.pdf. Accessed December 20, 2017.
- 3. Food and Drug Administration (FDA). Cord Blood Banking: Information for Consumers. 2012 July 23;

http://www.fda.gov/biologicsbloodvaccines/resourcesforyou/consumers/ucm236044.ht m. Accessed December 20, 2017.

#### 7.01.50 Placental and Umbilical Cord Blood as a Source of Stem Cells

- Page 10 of 13
  - 4. Blue Cross and Blue Shield Association Technology Evaluation Center (TEC). Placental and Umbilical Cord Blood as a Source of Stem Cells for Hematopoietic Support. TEC Assessments. 1996; Volume 11: Tab 17. PMID
  - 5. Blue Cross and Blue Shield Association Technology Evaluation Center (TEC). Transplanting Adult Patients with Hematopoietic Stem Cells from Placental and Umbilical Cord Blood TEC Assessments. 2001; Volume 16: Tab 17. PMID
  - 6. Gluckman E, Broxmeyer HA, Auerbach AD, et al. Hematopoietic reconstitution in a patient with Fanconi's anemia by means of umbilical-cord blood from an HLA-identical sibling. N Engl J Med. Oct 26 1989;321(17):1174-1178. PMID 2571931
  - 7. Wagner JE, Rosenthal J, Sweetman R, et al. Successful transplantation of HLA-matched and HLA-mismatched umbilical cord blood from unrelated donors: analysis of engraftment and acute graft-versus-host disease. Blood. Aug 1 1996;88(3):795-802. PMID 8704232
  - 8. Broxmeyer HE, Douglas GW, Hangoc G, et al. Human umbilical cord blood as a potential source of transplantable hematopoietic stem/progenitor cells. Proc Natl Acad Sci U S A. May 1989;86(10):3828-3832. PMID 2566997
  - 9. Kurtzberg J, Cairo MS, Fraser JK, et al. Results of the Cord Blood Transplantation (COBLT) study unrelated donor banking program. Transfusion. Jun 2005;45(6):842-855. PMID 15934981
  - 10. Martin PL, Carter SL, Kernan NA, et al. Results of the Cord Blood Transplantation Study (COBLT): outcomes of unrelated donor umbilical cord blood transplantation in pediatric patients with lysosomal and peroxisomal storage diseases. Biol Blood Marrow Transplant. Feb 2006;12(2):184-194. PMID 16443516
  - 11. Kurtzberg J. Update on umbilical cord blood transplantation. Curr Opin Pediatr. Feb. 2009;21(1):22-29. PMID 19253461
  - 12. Zhang H, Chen J, Que W. Meta-analysis of unrelated donor umbilical cord blood transplantation versus unrelated donor bone marrow transplantation in acute leukemia patients. Biol Blood Marrow Transplant. Aug 2012;18(8):1164-1173. PMID 22289799
  - 13. Rocha V, Cornish J, Sievers EL, et al. Comparison of outcomes of unrelated bone marrow and umbilical cord blood transplants in children with acute leukemia. Blood. May 15 2001;97(10):2962-2971. PMID 11342418
  - 14. Kato K, Choi I, Wake A, et al. Treatment of patients with adult T cell leukemia/lymphoma with cord blood transplantation: a Japanese nationwide retrospective survey. Biol Blood Marrow Transplant. Dec 2014;20(12):1968-1974. PMID 25172635
  - 15. Liu HL, Sun ZM, Geng LQ, et al. Similar survival, but better quality of life after myeloablative transplantation using unrelated cord blood vs matched sibling donors in adults with hematologic malignancies. Bone Marrow Transplant. Aug 2014;49(8):1063-1069. PMID 24842525
  - 16. Mo XD, Tang BL, Zhang XH, et al. Comparison of outcomes after umbilical cord blood and unmanipulated haploidentical hematopoietic stem cell transplantation in children with high-risk acute lymphoblastic leukemia. Int J Cancer. Nov 1 2016;139(9):2106-2115. PMID 27356906
  - 17. Hsu J, Artz A, Mayer SA, et al. Combined Haploidentical and Umbilical Cord Blood Allogeneic Stem Cell Transplantation for High-Risk Lymphoma and Chronic Lymphoblastic Leukemia. Biol Blood Marrow Transplant. Feb 2018;24(2):359-365. PMID 29128555
  - 18. Barker JN, Weisdorf DJ, DeFor TE, et al. Transplantation of 2 partially HLA-matched umbilical cord blood units to enhance engraftment in adults with hematologic malignancy. Blood. Feb 1 2005;105(3):1343-1347. PMID 15466923
  - 19. Wagner JE, Jr., Eapen M, Carter S, et al. One-unit versus two-unit cord-blood transplantation for hematologic cancers. N Engl J Med. Oct 30 2014;371(18):1685-1694. PMID 25354103
  - 20. Scaradavou A, Brunstein CG, Eapen M, et al. Double unit grafts successfully extend the application of umbilical cord blood transplantation in adults with acute leukemia. Blood. Jan 31 2013;121(5):752-758. PMID 23223509

# 7.01.50 Placental and Umbilical Cord Blood as a Source of Stem Cells

Page 11 of 13

- 21. Baron F, Ruggeri A, Beohou E, et al. Single- or double-unit UCBT following RIC in adults with AL: a report from Eurocord, the ALWP and the CTIWP of the EBMT. J Hematol Oncol. Jun 21 2017;10(1):128. PMID 28637512
- 22. Shearer WT, Lubin BH, Cairo MS, et al. Cord Blood Banking for Potential Future Transplantation. Pediatrics. Nov 2017;140(5). PMID 29084832
- 23. Thornley I, Eapen M, Sung L, et al. Private cord blood banking: experiences and views of pediatric hematopoietic cell transplantation physicians. Pediatrics. Mar 2009;123(3):1011-1017. PMID 19255033
- 24. Hough R, Danby R, Russell N, et al. Recommendations for a standard UK approach to incorporating umbilical cord blood into clinical transplantation practice: an update on cord blood unit selection, donor selection algorithms and conditioning protocols. Br J Haematol. Feb 2016;172(3):360-370. PMID 26577457
- 25. Committee Opinion No. 648: Umbilical Cord Blood Banking. Obstet Gynecol. Dec 2015;126(6):e127-129. PMID 26595583
- 26. Ballen KK, Barker JN, Stewart SK, et al. Collection and preservation of cord blood for personal use. Biol Blood Marrow Transplant. Mar 2008;14(3):356-363. PMID 18275904
- 27. Levitsky J, Formica RN, Bloom RD, et al. The American Society of Transplantation Consensus Conference on the Use of Hepatitis C Viremic Donors in Solid Organ Transplantation. Am J Transplant. Nov 2017;17(11):2790-2802. PMID 28556422
- 28. Blue Cross Blue Shield Association. Medical Policy Reference Manual, No. 7.01.50 (January 2019).

# Documentation for Clinical Review

# Please provide the following documentation (if/when requested):

- Referring physician history and physical
- Bone marrow transplant consultation report and/or progress notes documenting:
  - o Diagnosis (including disease staging) and prognosis
  - o Synopsis of alternative treatments performed and results
  - o Specific transplant type being requested
- Surgical consultation report and/or progress notes
- Results of completed transplant evaluation including:
  - o Clinical history
  - o Specific issues identified during the transplant evaluation
  - o Consultation reports/letters (when applicable)
  - o Correspondence from referring physicians (when applicable)
  - Identification of donor for allogeneic related bone marrow/stem cell transplant (when information available)
- Medical social service/social worker and/or psychiatric (if issues are noted) evaluations
  including psychosocial assessment or impression of patient's ability to be an adequate
  candidate for transplant
- Radiology reports including:
  - o Chest x-ray (CXR)
  - o PET scan, CT scan and bone survey (as appropriate)
- Cardiology procedures and pulmonary function reports:
  - o EKG
  - o Echocardiogram
  - o Pulmonary function tests (PFTs)
- Biopsy/Pathology reports including:
  - o Bone marrow biopsy
  - o Lymph node biopsy (as appropriate)
- Laboratory reports

# Coding

This Policy relates only to the services or supplies described herein. Benefits may vary according to product design; therefore, contract language should be reviewed before applying the terms of the Policy. Inclusion or exclusion of codes does not constitute or imply member coverage or provider reimbursement.

#### MN/IE

The following services may be considered medically necessary in certain instances and investigational in others. Services may be considered medically necessary when policy criteria are met. Services may be considered investigational when the policy criteria are not met or when the code describes application of a product in the position statement that is investigational.

Туре	Code	Description
CPT®	None	
	S2140	Cord blood harvesting for transplantation, allogeneic
	S2142	Cord blood-derived stem-cell transplantation, allogeneic
HCPCS	S2150	Bone marrow or blood-derived stem cells (peripheral or umbilical), allogeneic or autologous, harvesting, transplantation, and related complications; including: pheresis and cell preparation/storage; marrow ablative therapy; drugs, supplies, hospitalization with outpatient follow-up; medical/surgical, diagnostic, emergency, and rehabilitative services; and the number of days of pre and post transplant care in the global definition
	30243X0	Transfusion of Autologous Cord Blood Stem Cells into Central Vein, Percutaneous Approach
ICD-10	30243X2	Transfusion of Allogeneic Related Cord Blood Stem Cells into Central Vein, Percutaneous Approach
Procedure	30243X3 Transfusion of Allogeneic Unrelated Cord Blood Stem Cells in Central Vein, Percutaneous Approach	
	30243X4	Transfusion of Allogeneic Unspecified Cord Blood Stem Cells into Central Vein, Percutaneous Approach

# Policy History

This section provides a chronological history of the activities, updates and changes that have occurred with this Medical Policy.

Effective Date	Action	Reason
01/07/2011	BCBSA Medical Policy adoption	Medical Policy Committee
05/29/2015	Coding update	Administrative Review
12/04/2015	Policy title change from Placental/Umbilical Cord Blood as a Source of Stem Cells Policy revision without position change	Medical Policy Committee
04/01/2016	Policy revision without position change	Medical Policy Committee
03/01/2017	Policy revision without position change	Medical Policy Committee
03/01/2018	Policy revision without position change	Medical Policy Committee
03/01/2019	Policy revision without position change	Medical Policy Committee
11/01/2019	Policy revision without position change	Administrative Review

## **Definitions of Decision Determinations**

**Medically Necessary:** A treatment, procedure, or drug is medically necessary only when it has been established as safe and effective for the particular symptoms or diagnosis, is not investigational or experimental, is not being provided primarily for the convenience of the patient or the provider, and is provided at the most appropriate level to treat the condition.

**Investigational/Experimental:** A treatment, procedure, or drug is investigational when it has not been recognized as safe and effective for use in treating the particular condition in accordance with generally accepted professional medical standards. This includes services where approval by the federal or state governmental is required prior to use, but has not yet been granted.

**Split Evaluation:** Blue Shield of California/Blue Shield of California Life & Health Insurance Company (Blue Shield) policy review can result in a split evaluation, where a treatment, procedure, or drug will be considered to be investigational for certain indications or conditions, but will be deemed safe and effective for other indications or conditions, and therefore potentially medically necessary in those instances.

## Prior Authorization Requirements (as applicable to your plan)

Within five days before the actual date of service, the provider must confirm with Blue Shield that the member's health plan coverage is still in effect. Blue Shield reserves the right to revoke an authorization prior to services being rendered based on cancellation of the member's eligibility. Final determination of benefits will be made after review of the claim for limitations or exclusions.

Questions regarding the applicability of this policy should also be directed to the Transplant Case Management Department. Please call 1-800-637-2066 ext. 3507708 or visit the Provider Portal www.blueshieldca.com/provider.

Disclaimer: This medical policy is a guide in evaluating the medical necessity of a particular service or treatment. Blue Shield of California may consider published peer-reviewed scientific literature, national guidelines, and local standards of practice in developing its medical policy. Federal and state law, as well as contract language, including definitions and specific contract provisions/exclusions, take precedence over medical policy and must be considered first in determining covered services. Member contracts may differ in their benefits. Blue Shield reserves the right to review and update policies as appropriate.