# Romiplostim (Nplate®)

Place of Service
Office Administration
Outpatient Facility Infusion
Administration
Infusion Center Administration

HCPCS: J2796 per 10 mcg

## Condition listed in policy (see criteria for details)

- Chemotherapy-induced thrombocytopenia
- Primary immune thrombocytopenia (ITP)
- Myelodysplastic syndrome (MDS) related thrombocytopenia

AHFS therapeutic class: Other miscellaneous therapeutic agent

Mechanism of action: thrombopoietin receptor agonist

## (1) Special Instructions and Pertinent Information

**Covered under the Medical Benefit,** please submit clinical information for prior authorization review via fax.

## (2) Prior Authorization/Medical Review is required for the following condition(s)

All requests for Nplate® (romiplostim) must be sent for clinical review and receive authorization prior to drug administration or claim payment.

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# Chemotherapy-induced thrombocytopenia

- Platelet count is <100, 000/mcl (i.e. <100 x10<sup>9</sup>/L), AND
- 2. Meets either of the following:
  - a. Being used following a delay (of at least one week) in chemotherapy related to thrombocytopenia, or
  - b. Thrombocytopenia is  $\geq$  3-4 weeks following last chemotherapy administration

#### **Covered Doses**

Up to 10 mcg/kg SC weekly

## **Coverage Period**

3 months

ICD-10:

D69.5, D69.6, T45.1X5A, T45.1X5D, T45.1X5S

## Primary immune thrombocytopenia (ITP)

- 1. Patient has refractory ITP, AND
- 2. Platelet count <30, 000/mcl (i.e. <30 x10<sup>9</sup>/L), AND
- 3. Not being used in combination with thrombopoietin receptor agonists (Promacta, Doptelet), AND
- 4. Inadequate response or intolerable side effect to <u>one</u> of the following treatments: corticosteroids, IVIG, anti-D antibody, or splenectomy, or contraindication to all these treatments cannot be used

#### **Covered Doses**

Up to 10 mcg/kg SC weekly

#### Coverage Period

Initial authorization: 3 months Maintenance: Indefinite

ICD-10:

D69.3

## Myelodysplastic syndrome (MDS)-related thrombocytopenia

- 1. Patient has very low, low, or intermediate risk MDS (See Table 1A below), AND
- 2. Inadequate response or intolerable side effect to one NCCN-supported first-line therapy for low risk MDS OR medical rationale why patient is unable to use all NCCN supported first-line therapies for low risk MDS. (See Table 2A below)

#### **Covered Doses**

Up to 1500 mcg weekly

## **Coverage Period**

Initial: 6 months

Reauthorization for 6 months if meets the following:

- 1. Patient disease has not progressed to acute leukemia, AND
- 2. Increased platelet level from baseline

ICD-10:

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## Table 1A: MDS Foundation International Prognostic Scoring System (IPSS-R) Factors

- Hemoglobin
- Absolute Neutrophil Count (ANC)
- Platelets
- Bone Marrow Blasts
- Cytogenetic Category

https://www.mds-foundation.org/ipss-r-calculator/

# <u>Table 2A: NCCN Supported First-line Agents for Severe or Refractory Thrombocytopenia</u> Hypomethylating agents

- Decitabine
- Azacytidine

#### Immunosuppressive therapy (IST)

- Equine ATG (antithymocyte globulin)
- Cyclosporine A
- Lenalidomide

# (3) The following condition(s) <u>DO NOT</u> require Prior Authorization/Preservice All requests for Nplate® (romiplostim) must be sent for clinical review and receive authorization prior to drug administration or claim payment.

## (4) This Medication is NOT medically necessary for the following condition(s)

Coverage for a Non-FDA approved indication, requires that criteria outlined in Health and Safety Code § 1367.21, including objective evidence of efficacy and safety are met for the proposed indication.

Please refer to the Provider Manual and User Guide for more information.

# (5) Additional Information

How supplied:

125 mcg, 250 mcg, 500 mcg (single-use vials)

## (6) References

- AHFS®. Available at: <u>www.lexi.com</u>
- Drugdex®. Available at: http://www.micromedexsolutions.com
- George JN, Woolf SH, Raskob GE, et al. Idiopathic Thrombocytopenic Purpura: A Practice Guideline Developed by Explicit Methods for The American Society of Hematology. Blood. 1996 Jul 1;88(1):3-40.
- National Comprehensive Cancer Network. Hematopoietic Growth Factors (Version 1.2022).
   Available by subscription at: <a href="https://www.nccn.org">www.nccn.org</a>.
- National Comprehensive Cancer Network. Myelodysplastic Syndromes (Version 1.2023). Available by subscription at: www.nccn.org.

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- Neunert C, Lim W, Crowther M. The American Society of Hematology 2011 evidence-based practice guideline for immune thrombocytopenia. Blood 2011;117(16): 4190-4207.
- Nplate® (romiplostim) [Prescribing information]. Thousand Oaks, CA: Amgen. 2/2022.

# (7) Policy Update

Date of last review: 4Q2023 Date of next review: 4Q2024

Changes from previous policy version:

• No clinical change to policy following routine annual review.

BSC Drug Coverage Criteria to Determine Medical Necessity Reviewed by P&T Committee

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