

Controlling High Blood Pressure

CODING TIP SHEET



This tip sheet provides information about how to code appropriately so your practice receives credit for the work you do with your patients to improve their health and meet Controlling High Blood Pressure (CBP) HEDIS measure requirements.

HEDIS Measure description

Assesses adults 18-85 years of age who had a diagnosis of hypertension (HTN) and whose blood pressure (BP) was adequately controlled (<140/90 mm Hg) during the measurement year. Systolic pressure must be below 140 mm Hg and diastolic must be below 90 mm Hg to be considered controlled. The controlled BP reading must occur on or after the date of the second diagnosis of HTN.

Criteria for the CBP HEDIS measure is based on members who had at least two visits on different dates of service with a diagnosis of hypertension during the first six months of the measurement year or the year prior to the measurement year.

If multiple BP measurements occur on the same date or are noted in the chart on the same date, use the lowest systolic and lowest diastolic BP reading.

Inclusions

BP readings taken:

- During an outpatient visit
- By the member with any digital device during telehealth, online, or telephone visits and remote monitoring

Exclusions

BP readings taken:

- During an acute inpatient stay or emergency department visit
- On the same day (or one day before) as a diagnostic test or procedure that required a change in diet or medication; this does not include fasting blood test
- By the member using a non-digital device, such as with a manual blood pressure cuff and a stethoscope

Coding for in-office visits and telehealth

In addition to using the appropriate CPT or HCPCS codes for services rendered during in-office or telehealth visits (e.g., 99213), use CPT Level 2 (CPT II) codes that specify BP readings. Be sure to submit CPT II codes for both diastolic and systolic blood pressure readings.

The table below show which codes to use.

Note that for telehealth claims, you are required to include the place-of-service (POS) code "02".

Description	CPT II code/s
Diastolic less than 80	3078F
Diastolic 80-89	3079F
Diastolic greater than or equal to 90	3080F
Systolic less than 140	3074F, 3075F
Systolic greater than or equal to 140	3077F

Coding for remote BP monitoring

Remote monitoring refers to use of digital technologies to collect members' health data in one location and electronically transmit that information securely to providers in a different location (e.g., reading taken at a BP kiosk or at home using a digital device that subsequently transmits data). When coding for this type of service, use the CPT codes below. Be sure to include the appropriate CPTII code for both systolic and diastolic readings as well (see table above).

99453	99474	93788	99091
99457	93784	93790	

If you have questions after reviewing this tip sheet, please email the Primary Care Reimagined Inbox (primarycarereimagined@blueshieldca.com).

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Reference: Blue Shield of California and Blue Shield of California Promise Health Plan HEDIS® Toolkit, 2021

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