

# 2022 Person-Centered Care Planning for Supporting Self-Direction

**Person-centered care is the member-controlled method of selecting and using services.**

**It allows the person maximum control over his or her home and community-based services.**

**The member controls the amount, duration, and scope of services, as well as choice of provider(s).**

## Overview

### Person-centered care planning

- Sees the person as the expert
- Includes significant others
- Identifies hopes, interests, preferences, needs, and abilities
- Maximizes community connection

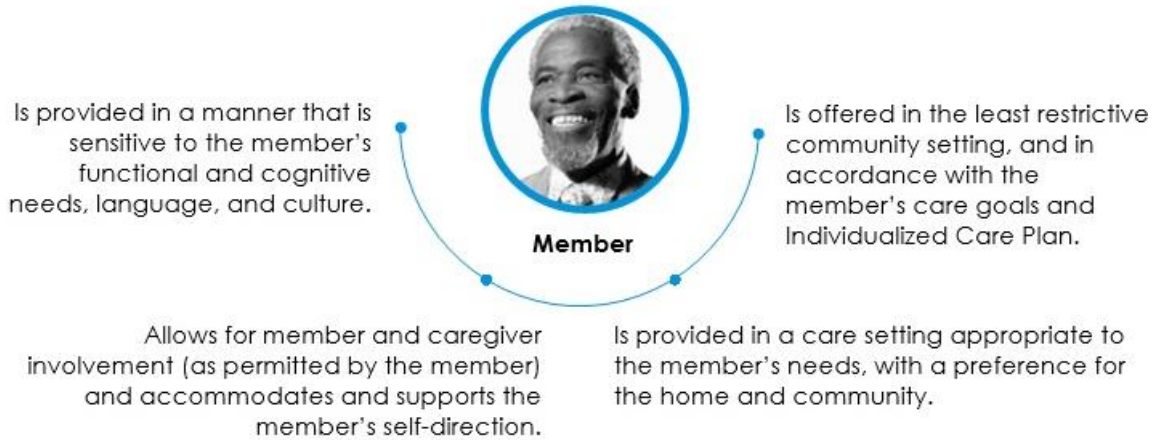


### When members have diminished capacity:

- Involve them to the maximum extent possible
- Involve the legal representative, family members, or close friends
- Involve the interdisciplinary team of providers who are assessing risk to the individual

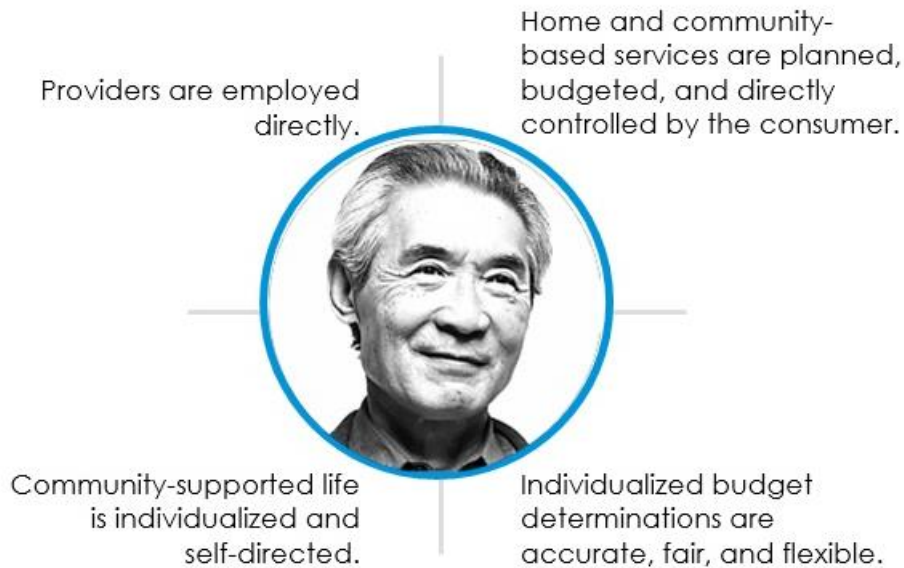
## Person-centered care planning for supporting self-direction

Blue Shield is committed to the provision of member care that:



## Examples of self-direction in long-term services and supports

**Self-direction is a consumer-controlled method of selecting and using Long-Term Services and Supports that allows a person to have maximum control over his or her home and community-based services.**



## Principles of self-direction



You can complete the online attestation form for this course in one of 3 ways:

1. [Click here](#)
2. Type this URL into your web browser: **[tinyurl.com/PCC2022ATTEST](https://tinyurl.com/PCC2022ATTEST)** and click *Proceed to this site*.
3. Use your smartphone camera to scan this QR code:

