

**Get \$10
Off a
Month
Now¹**



Enroll now in Fitness Your Way[®], your flexible fitness program brought to you by Blue Shield of California.



Enroll in September and pay \$19 a month¹ for two months for access to over 8,000+ locations nationwide when you enroll² in our Core Package and stay a minimum of three months. Want to try out a different package? A credit can also be applied to any of our flexible gym packages¹. Get access to thousands of gyms³ with no long-term contracts, and take virtual classes.



Gym packages

- Four Gym packages available, with a one-time enrollment fee of \$19²
- Digital-only package also available for just \$10 a month⁴ (all digital content included with gym packages)



At-home workouts

- Access to digital content from providers like LES MILLS⁵, for even greater flexibility
- On-Demand videos available 24/7 and Live virtual classes like cardio, boot camps, barre and yoga

**Join now to redeem
your special offer!¹**

- Go to fitnessyourway.tivityhealth.com/bsc to get started.
- Select your preferred package and enter promo code **TAKE10** at checkout.
- Once enrolled you can take your ID number to the gym, sign the gym's waiver, get your key fob and start working out.

Always talk with your doctor before starting an exercise program.

1. Offer valid until September 30, 2022. Offer available to residents of United States who are at least 18 years old who have benefits with a participating health plan. Purchaser must provide the TAKE10 promo code at sign-up to receive \$10 off a month credit towards the first two months of membership. The \$10 off promotional value will be applied towards the monthly membership fee for two months of any gym package. Offer does not apply to one-time \$19 enrollment fee. If member selects the digital-only membership, the member will not receive the promotional offer. Member must stay a minimum of 3 months in order to receive total savings. Member will incur a \$20 fee if membership is terminated before the 3-month minimum requirement. Additional terms, conditions and limitations apply. See Program Agreement for details.
2. Fitness Your Way enrollment fee is \$19 plus applicable sales tax.
3. Fitness locations are not owned or operated by Tivity Health, Inc. or its affiliates. Fitness Your Way membership entitles member to use the fitness location facilities and amenities available to the holder of a basic membership at the fitness locations. Facilities and amenities vary by location.
4. For pricing information visit <https://fitnessyourway.tivityhealth.com/bsc>. Limitations apply. See Program Agreement for details.
5. Tivity Health, Inc. and its affiliates do not employ, own or operate third-party service providers. Services and, if applicable, discounts are subject to the terms and conditions of such third party provider. Check with the provider for details

Blue Shield of California is an independent member of the Blue Shield Association. Tivity Health discounts are not a covered benefit of Blue Shield health plans, and none of the terms or conditions of Blue Shield health plans apply. Tivity Health discounts are available to all members with a Blue Shield medical, dental, vision, or life insurance plan. The network of Tivity Health providers and facilities in this program are managed outside of Blue Shield of California. Blue Shield does not review the services provided by Tivity Health, nor does Blue Shield make any recommendations, representations, claims, or guarantees regarding the providers, their availability, fees, services, or products.

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