



# Preventive health drugs \$0 copayment drug list

## What are preventive health drugs?

Preventive health drugs are select drugs required by Health Care Reform to be covered at no charge to members in non-grandfathered Commercial plans. Preventive health drugs are determined based on evidence-based recommendations by the United States Preventive Services Task Force (USPSTF) with a rating of "A" or "B."

For coverage of the preventive health drugs at no charge, the preventive health drugs must be prescribed by a healthcare provider and obtained from a Blue Shield participating pharmacy. The member must also meet the specific coverage criteria listed below and have a pharmacy benefit with Blue Shield of California.

Eligible preventive health drugs require a valid prescription, including over-the-counter (OTC) products, to be covered under the pharmacy benefit.

Talk with your doctor about which medication may be right for you. If your doctor feels a certain medication on this list isn't right for you, ask your doctor to call us. We will work together to look for other medications that may be available to you at no charge.

Please call the customer service phone number listed on your Blue Shield member ID card for any questions about preventive health drugs.

Preventive drug and indication	Drug name (strengths)	Coverage criteria
<b>Antiretroviral therapy</b> – For pre-exposure prophylaxis in persons who are at high risk of HIV acquisition	emtricitabine 200mg/tenofovir 300mg (generic Truvada) Descovy*	* Requires confirmation of use for pre-exposure prophylaxis
<b>Aspirin</b> – To prevent heart disease and colorectal cancer	aspirin 81mg	Ages 50 to 59
<b>Aspirin</b> – To prevent preeclampsia for pregnant women at high risk	aspirin 81mg	Gender: female childbearing age
<b>Bowel preparation products</b> – To clear the colon prior to a colonoscopy screening	Suprep Gavilyte peg-3350 solution Trilyte	Ages 50 to 75
<b>Breast cancer prevention drugs</b> – For women at high risk of developing breast cancer	anastrozole raloxifene tamoxifen	Gender: female
<b>Fluoride</b> – Supplementation in children	fluoride (various strengths)	Ages 6 months to < 5
<b>Folic acid</b> – Supplementation for women of childbearing age	folic acid 0.4mg, 0.8mg	Gender: female childbearing age
<b>Low- to moderate-dose statins</b> – For the primary prevention of cardiovascular disease in intermediate- or high-risk adults	atorvastatin 10mg, 20mg simvastatin 5mg, 10mg, 20mg, 40mg	Ages 40 to 75 Current use of a prescription drug that treats high cholesterol, diabetes, high blood pressure, or smoking cessation
<b>Tobacco cessation drugs</b> – Drug interventions for those who use tobacco products and desire to quit	bupropion hcl (Zyban) Chantix nicotine gum nicotine lozenges nicotine patches Nicotrol inhaler Nicotrol nasal spray	