

PIH Health – Trio HMO Referrals



How do HMO's work? Everyone in the Trio HMO must have a Primary Care Physician (PCP). Your PCP provides general medical care such as annual check-ups and authorizes referrals to other doctors, specialists your PCP does not provide.

When a PIH Health employee or covered dependent select a Tier 1 PCP?

Tier 1 - PIH Health Primary Care Physician (PCP)

- If a PIH Health Primary Care Physician (PCP) is selected, you can self-referral to the following providers within your medical group (you do not need a PCP referral):
 - Dermatology
 - ENT
- *ALL other Specialty Care (outside of what is listed above) requires a PCP referral/authorization*
- As a covered member you will have access to lower cost/no cost care when a PIH Health PCP is selected
- If a PIH Health PCP is selected you have access to the following Participating Hospitals - PIH Health Hospital: Whittier Hospital, Downey Hospital, Good Samaritan Hospital, Children's Hospital of Orange County (when referred by a PIH Health PCP), Children's Hospital of Los Angeles (when referred by a PIH Health PCP)

When a PIH Health employee or covered dependent select a Tier 2 PCP?

Tier 2 – Non-PIH Health Primary Care Physician (PCP)

- Higher cost care when a non-PIH Health Primary Care (PCP) is selected
- If a non-PIH Health Primary Care Physician (PCP) is selected, NO lab and x-ray can be directed back to a PIH Health provider/facility
- Self-referrals available if your PCP participates in the Trio Specialist program, you may go directly to a specialist within in your physician's medical group/IPA without a referral (you will pay a higher copayment).
- **IMPORTANT:** a self/direct referral is only for an *initial consultation* with a specialist. Any follow-up care or treatment by a specialist requires authorization from your non-PIH Health PCP.
- *If your PCP does not participate in the Trio Specialist program, you will need a referral from your doctor to see a specialist.*



Selecting a Provider

- Visit blueshieldca.com/pihhealth to locate a PIH Health provider in the Trio ACO HMO network.
- Locate Tier 1 PIH Health network doctors, hospitals, urgent care centers and pharmacies.
- Locate Trio Specialist providers.

Alliant Benefit Advocate
benefitsupport@alliant.com
800-489.1390

Blue Shield Resources
blueshieldca.com/pihhealth
Concierge: 855-599-2557