



Working together for members

Blue Shield of California and Valley Care IPA

Blue Shield of California and Valley Care IPA have teamed up to work toward a better experience for our members. We're working together to create better coordination and communication among our members' health plan, doctors, and hospitals. Together, we're helping provide members with best-practice, clinical care that is more personalized and easier to access.

About Valley Care IPA

When Valley Care IPA was established in 1994, its goal was to provide local families with a choice of physicians practicing in Santa Paula and Fillmore. Since that time, we have expanded our service area to include Camarillo, Oxnard, Ventura, Simi Valley, Moorpark, Thousand Oaks, and Conejo Valley. Valley Care IPA comprises physicians who have cared for members of our community for many years and have joined together to better serve the needs of area residents. Our physicians are dedicated to providing health care of the highest quality, delivered with care and compassion.

trio^{HMO}

Part of **Blue Shield's Trio provider network**, focused on delivering convenient access to quality care. Learn more at blueshieldca.com/trio.

Access and convenience

Valley Care IPA makes it easy to access care when you need it.

- Same-day appointments, which offer you the ability to see a personal clinician, nurse practitioner, or other medical professional at the medical office or via telehealth within 24 hours of contacting the provider.
- A primary care physician (PCP) who leads your medical team and directs the medical care for you and your family members.
- 24/7 access to your PCP or an on-call physician when your PCP is unavailable.
- Several urgent care centers with extended hours and weekend access for an alternative to ER visits for non-emergency care

Visit **ValleyCareIPA.com** to view contracted providers and urgent care facilities and locations.

Service and support

With PCP referral, Valley Care IPA members have access to facilities and programs to provide extra health and wellness support.

- Customer service and patient liaisons ready to assist with your healthcare needs.
- Care Coordination with a registered nurse, health coach, and/or social worker – all with direct access to the member's PCP to expedite communication and care.
- Access to nutrition, diabetic services, and heart health classes.
- While under Skilled Nursing care, a team of nurse practitioners and physicians to personally oversee your treatment.
- A wide range of medical, surgical, and support services at locations throughout Ventura County.
- Health and wellness support that includes programs, services, events, and information to help our community members take proactive steps to boost their health and stay well.
- A wide range of maternity services including prenatal, perinatal (high-risk pregnancy care), and postpartum services.
- **(877-299-5599 or (805) 604-3332** for assistance to find doctors and learn about services and classes.

Visit **ValleyCareIPA.com** for more information on our extensive range of providers, services, and available programs.

! URGENT CARE CENTERS

Urgent care facilities offer accessible medical evaluation and convenient treatment for minor illnesses and conditions on a walk-in basis. Contracted urgent care centers and locations:

Camarillo

Dignity Health Medical Group Urgent Care

3901 Las Posas Rd., Ste. #10
Camarillo, CA 93010
(805) 918-4476

Fillmore

Fillmore Urgent Care

828 Ventura St.
Fillmore, CA 93015
(805) 524-2000

Oxnard

Las Islas Urgent Care

325 W Channel Island Blvd.
Oxnard, CA 93033
(805) 204-9500

Magnolia Urgent Care

2240 E Gonzales Rd., Ste. #110, #120
Oxnard, CA 93036
(805) 981-5181

Santa Paula

CFH Santa Paula Urgent Care

242 E Harvard Blvd., Ste. #C
Santa Paula, CA 93060
(805) 525-9595

Valley Medical Group Urgent Care

247 W Harvard Blvd.
Santa Paula, CA 93060
(805) 525-0907

Simi Valley

Sierra Vista Urgent Care

1227 E Los Angeles Ave.
Simi Valley, CA 93065
(805) 582-4050

Thousand Oaks

Conejo Valley Urgent Care

125 W Thousand Oaks Blvd., Ste. #200
Thousand Oaks, CA 91360
(805) 418-9150

Ventura

West Ventura Urgent Care

133 W Santa Clara St.
Ventura, CA 93001
(805) 641-5620

Academic Family Med Center Urgent Care

300 Hillmont Avenue, Bldg. 340, Ste. 101
Ventura, CA 93003
(805) 652-6500

Visit **ValleyCareIPA.com** to view urgent care facilities and locations.

PREFERRED HOSPITAL AFFILIATIONS*

- St. John's Pleasant Valley Hospital/Dignity Health
- St. John's Regional Medical Center/Dignity Health

AFFILIATED MEDICAL GROUPS

- Dignity Health Medical Group
- Identity Medical Group

HEALTHCARE PROVIDERS

When you choose a doctor from our medical groups, you have access to an expansive network of physicians and specialists as well as award-winning hospitals, specialty care programs, emergency and urgent care, wellness programs, and support services.

For more information on providers and office locations, please search for Provider Rosters at ValleyCareIPA.com.

LANGUAGES

Multilingual doctors and staff at many locations.

* For a complete, up-to-date listing of hospital affiliations, urgent care centers, primary care physicians, and specialists, please search for Provider Rosters at ValleyCareIPA.com.

Valley Care IPA contact information:



ValleyCareIPA.com



Phone Number: **(805) 604-3332**
Toll-free: **(877) 299-5599**
Hearing Impaired: **(888) 877-5378**