



# COVID-19 update

## Keeping you prepared

April 2020

The current health crisis is challenging us to reimagine how we deliver high-quality health care to our members. The way we access care and live our daily lives has changed and will continue to evolve in this new direction. As we follow the ever-changing landscape that accompanies the COVID-19 pandemic, we will continue to update you on things that our members and business partners need to know.

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Included in this update:

- [The telehealth shift](#)
- [Mental Health: MindBody medicine, supporting youths, and grieving](#)
- [Access to prescription medications](#)
- [Stay up to date: April 28 webinar event and more](#)

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