



What are Continuous Glucose Monitors?

Continuous Glucose Monitors (CGMs) track a person's glucose level approximately every minute to 15 minutes, 24 hours a day.

The sensor is self-applied externally, and measures sugar levels present in the fluid under the skin. Blood glucose information is transmitted to monitors or a smart phone app to help patients make diabetes treatment decisions.

Questions? Please contact your Blue Shield representative for more information.

CONTINUOUS GLUCOSE MONITORS

Available 2023 through the pharmacy benefit for IFP, Small Business, and Large Group members

WHY IS CGM COVERAGE CHANGING?

- Members have had challenges accessing CGMs, since some were only available through the Durable Medical Equipment (DME) benefit
- Expanding coverage beyond DME providers to retail pharmacies can improve access and the member experience

WHAT IS THE NEW CGM BENEFIT COVERAGE?

- Effective 1/1/23, CGMs will be accessible at retail pharmacies through the Blue Shield pharmacy benefit
- Prior authorization is still required for CGMs under both the medical and pharmacy benefit (some exclusions may apply)

