

Blue Shield Inspire (HMO)

Provider Directory/Directorio de Proveedores

This directory is current as of October 12, 2022.

This directory provides a list of Blue Shield Inspire current network providers.

This directory is for:

Sacramento County

To access **Blue Shield Inspire**'s online provider directory, you can visit blueshieldca.com/fad. For any questions about the information contained in this directory, please call Customer Care at **(800) 776-4466**, 8 a.m. to 8 p.m., seven days a week. TTY users should call **711**.

The provider network may change at any time. You will receive notice when necessary.

ATTENTION: If you speak a language other than English, language assistance services, free of charge, are available to you. Call (800) 776-4466 (TTY: 711).

You may obtain this document in other formats, such as large print or other alternate formats.

H0504_22_466E_C 08122022

MRH0504-12 (11/22)

Este directorio es válido desde: 12 de octubre de 2022.

Este directorio brinda una lista de los proveedores de la red actual de Blue Shield Inspire (HMO)

Este directorio es para:

Condado de Sacramento

Para obtener acceso al directorio de proveedores en línea de **Blue Shield Inspire**, visite blueshieldca.com/fad. Si tiene alguna pregunta sobre la información incluida en este directorio, comuníquese con Atención al Cliente llamando al **(800) 776-4466**, de 8:00 a. m. a 8:00 p. m., cualquier día de la semana. Los usuarios del sistema TTY deben llamar al **711**.

La red de proveedores puede cambiar en cualquier momento. Recibirá un aviso cuando sea necesario.

ATENCIÓN: Si no habla inglés, tiene a su disposición gratis el servicio de asistencia en idiomas. Llame al (800) 776-4466 (TTY: 711).

Puede tener este documento en letra grande o en otros formatos alternativos.

H0504_21_466E_C SP 08122022

MRH0504-12 (11/22)

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Section 1 - Introduction

This directory provides a list of Blue Shield Inspire network providers.

To get detailed information about your health care coverage, please see your *Evidence of Coverage (EOC)*.

You will have to choose one of our network providers listed in this directory to be your **Primary Care Physician (PCP)**. Generally, you must get your health care services from your PCP. When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

The network providers listed in this directory have agreed to provide you with your health care and/or dental services. You may go to any of our network providers listed in this directory, however, some services may require a referral. For more information about referrals, please read the plan's *Evidence of Coverage (EOC)* for details. Other providers are available in our network.

If you receive a bill from any non-network provider for covered services such as emergency or urgently needed services or out-of-area renal dialysis services, please do not pay it. Instead, please send it to us at the following address and we will pay the covered amount, minus any applicable

copayment/coinsurance amount(s):

Blue Shield of California
Medicare Customer Care
P.O. Box 927
Woodland Hills, CA 91365

You can also call Customer Care for assistance at **(800) 776-4466**, 8 a.m. to 8 p.m., seven days a week. TTY users should call **711**.

If you need care in an emergency, get medical help as quickly as possible. Call 911 for help or go to the nearest emergency room. You do not need to get permission first from your physician or other network provider.

A medical emergency is when you believe that you have medical symptoms that require immediate medical attention to prevent loss of life, loss of a limb, or loss of function of a limb. The medical symptoms may be an illness, injury, severe pain, or a medical condition that is quickly getting much worse.

Make sure that Blue Shield knows about your emergency because your physician will need to be involved in following up on your emergency care.

You or someone else should call to tell your physician about your emergency care as soon as possible, preferably within 48 hours. The number to call is located on your plan ID card.

If you need medical help immediately but your health is

not in serious danger, the help you need is called "urgently needed services". If you are in your plan's service area please call your PCP or, if your physician's office is closed, go to any urgent care facility listed in this directory or affiliated with your physician group.

If you are outside the plan service area, first call your PCP whenever possible. If you are treated for a condition that meets the definition of urgently needed services while you are outside the plan service area, we prefer that you return to the service area to get follow-up care through your PCP. However, we will cover follow-up care that you get from non-network providers outside the plan service area as long as the care you are receiving meets the definition of "urgently needed services."

You must use network providers except in emergency or urgent care situations or for out-of-area renal dialysis or other services. If you obtain routine care from out-of-network providers, neither Medicare nor Blue Shield will be responsible for the costs.

What is the service area for Blue Shield Inspire?

Our service area is listed below.

Sacramento County (All Zips)

How do you find Blue Shield Inspire providers that serve your area?

You can go to blueshieldca.com/fad and enter your zip code for a list of providers nearest to your home.

If using this directory, select the physician group you're interested in, and then scan the providers to find the city or zip code that is closest to your home.

Only those physician groups that have an affiliated hospital within the specified area indicated on the front cover of this directory are shown in this directory.

If you have questions about Blue Shield Inspire or require assistance in selecting a PCP, please call Customer Care at **(800) 776-4466**, 8 a.m. to 8 p.m., seven days a week. TTY users should call 711. You can also visit blueshieldca.com/medicare.

Section 2 – List of Network Providers

- Network PCPs, specialists, hospitals, clinics and urgent care centers are listed by physician group.
- The hospital or hospitals affiliated with the physician group are listed at the beginning of the physician group section in this directory.

Some hospitals participate in an independent quality program. Hospitals identified with the symbol @ participate in the **Leapfrog Group**, an independent California program that works to implement three key practices that have been shown to improve patient safety. Leapfrog hospitals 1) do computer checks on prescriptions to avoid drug interactions; 2) have a full-time physician specialist on staff in all intensive care units; and 3) perform high-risk surgical procedures, such as heart surgery, only when certain quality criteria are met.

- Urgent Care facilities affiliated with your physician group are listed under Urgent Care Centers. You may use these Urgent Care Facilities or any other Urgent Care facility in your plan service area if you need urgent medical care when your PCP's office is closed.
- Within the physician group listing, PCPs are listed

alphabetically under one of the following categories: *Family Practice, General Practice, Internal Medicine, and OB/GYN.*

- PCPs who are not accepting new patients are noted with an asterisk (*). You may choose a PCP in this category only if you are currently a patient of that physician or changing to a new physician group where that physician is also a part of.
- Affiliated specialists are listed by specialty and then by last name under each physician group.
- If you decide to enroll in the Optional Supplemental Dental HMO plan, you can find a list of network dentists online. For more information about choosing a network dentist, go to the beginning of the dental directory. (Note: This plan is not available to members in San Luis Obispo and Santa Barbara counties.)
- Plan pharmacies are not listed in this directory. You may request a list of these facilities by calling Customer Care or by going to blueshieldca.com/medpharmacy2023.

Sección 1: Introducción

Este directorio brinda una lista de los proveedores de la red de Blue Shield Inspire.

Para obtener información detallada sobre su cobertura de atención de la salud, consulte su *Evidencia de cobertura (EOC, por sus siglas en inglés)*.

Tendrá que elegir a uno de nuestros proveedores de la red incluidos en este directorio para que sea su médico de atención primaria (PCP, por sus siglas en inglés). Por lo general, debe recibir sus servicios de atención de la salud por medio de su PCP. Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Los proveedores de la red que se incluyen en este directorio han acordado brindarle servicios de atención de la salud o servicios dentales. Usted puede ir a cualquier proveedor de la red que esté incluido en este directorio; no obstante, es posible que necesite una referencia para obtener algunos servicios. Para ver más detalles sobre las referencias, consulte la *Evidencia de cobertura (EOC)* del plan. En nuestra red hay disponibles otros proveedores.

Si recibe una factura de cualquier proveedor no perteneciente a la red por servicios cubiertos, como servicios de emergencia o

urgentemente necesarios o servicios de diálisis fuera del área, no la pague. Envíenos la factura a la siguiente dirección y nosotros pagaremos la cantidad cubierta, menos las cantidades de copago o coseguro que correspondan:

Blue Shield of California
Medicare Customer Care
P.O. Box 927
Woodland Hills, CA 91365

Para obtener ayuda, también puede comunicarse con Atención al Cliente llamando al **(800)776-4466**, de 8:00 a.m. a 8:00 p.m., cualquier día de la semana. Los usuarios del sistema TTY deben llamar al **711**.

Si necesita atención en un caso de emergencia,

obtenga ayuda médica lo más pronto posible. Llame al 911 para recibir ayuda o vaya a la sala de emergencias más cercana. No necesita obtener primero el permiso de su médico o de otro proveedor de la red.

Hay una emergencia médica cuando usted considera que tiene síntomas médicos que requieren atención médica inmediata para prevenir la muerte, la pérdida de una extremidad o la invalidez de una extremidad. Los síntomas médicos pueden incluir una enfermedad, una lesión, dolor intenso o un problema médico que empeora rápidamente.

Asegúrese de que se informe a Blue Shield acerca de su emergencia, ya que será necesario que su médico

haga un seguimiento de su atención de emergencia.

Usted u otra persona deben llamar a su médico para avisarle acerca de su atención de emergencia cuanto antes; en lo posible, dentro de las 48 horas. El número al que debe llamar está en su tarjeta de identificación del plan.

Si necesita ayuda médica inmediata, pero su salud no está en grave peligro,

esa ayuda se llama "servicios urgentemente necesarios". Si está en el área de servicio de su plan, llame a su PCP. Si el consultorio de su médico está cerrado, vaya a cualquier centro de atención urgente que esté incluido en este directorio o que esté afiliado a su grupo médico.

Si está fuera del área de servicio del plan, siempre que sea posible llame primero a su PCP. Si tiene un problema de salud que requiere servicios urgentemente necesarios y recibe tratamiento mientras está fuera del área de servicio del plan, preferimos que vuelva al área de servicio para que su PCP le brinde atención de seguimiento. No obstante, cubriremos la atención de seguimiento que reciba de los proveedores no pertenecientes a la red fuera del área de servicio del plan, siempre y cuando la atención recibida cumpla con la definición de "servicios urgentemente necesarios".

Usted debe ir a proveedores de la red, excepto en los casos en que requiera atención urgente o de

emergencia, o cuando necesite servicios de diálisis u otros servicios fuera del área. Si obtiene atención de rutina de un proveedor no perteneciente a la red, ni Medicare ni Blue Shield serán responsables de los costos.

711. O bien, visite blueshieldca.com/medicare.

¿Cuál es el área de servicio de Blue Shield Inspire?

Más abajo se indica nuestra área de servicio.

Sacramento County (All Zips)

¿Cómo puede encontrar proveedores de Blue Shield Inspire que brindan servicios en su área?

Para obtener una lista de los proveedores cercanos a su hogar, visite blueshieldca.com/fad e ingrese su código postal.

Si usa este directorio, seleccione el grupo médico que desea consultar y, después, revise la lista de proveedores para buscar la ciudad o el código postal más cercanos a su hogar.

En este directorio, se muestran únicamente los grupos médicos que tienen un hospital afiliado dentro del área específica que se indica en la portada.

Si tiene alguna pregunta acerca de Blue Shield Inspire o si necesita ayuda para elegir un PCP, comuníquese con Atención al Cliente llamando al (800) 776-4466, de 8:00 a. m. a 8:00 p. m., cualquier día de la semana. Los usuarios del sistema TTY deben llamar al

Sección 2: Lista de proveedores de la red

- Los PCP, los especialistas, los hospitales, las clínicas y los centros de atención urgente de la red se muestran por grupo médico.
- Los hospitales afiliados al grupo médico se incluyen al comienzo de la sección que corresponde a los grupos médicos en este directorio.

Algunos hospitales participan en un programa de calidad independiente. Los hospitales identificados con el símbolo © participan en el programa de California **Leapfrog Group**, un programa independiente que busca implementar tres prácticas esenciales que se ha demostrado que mejoran la seguridad del paciente. Los hospitales que participan en el programa Leapfrog: 1) controlan las recetas por computadora para evitar la interacción entre medicamentos, 2) cuentan con un médico especialista de tiempo completo en el personal de todas las unidades de cuidado intensivo y 3) hacen procedimientos quirúrgicos de alto riesgo, como cirugías de corazón, solo cuando se cumple con ciertos criterios de calidad.

- Los centros de atención urgente afiliados a su grupo médico se incluyen en la sección "Centros de atención urgente". Puede usar estos u otros centros de atención

urgente en el área de servicio de su plan si necesita atención médica urgente cuando el consultorio de su PCP esté cerrado.

- En la lista de grupos médicos, los PCP aparecen ordenados alfabéticamente en una de las siguientes categorías: *medicina familiar, medicina general, medicina interna y obstetricia/ginecología (OB/GYN, por sus siglas en inglés)*.

- Los PCP que no aceptan nuevos pacientes se indican con un asterisco (*). Puede elegir a un PCP de esta categoría solamente si es paciente actual de ese médico o si se cambia a un nuevo grupo médico del cual dicho médico también forma parte.

- Los especialistas afiliados se muestran dentro de cada grupo médico ordenados por especialidad y, después, por apellido.

- Si decide inscribirse en el plan dental HMO opcional suplementario, puede encontrar una lista de dentistas de la red en línea. Para obtener más información sobre cómo elegir a un dentista de la red, consulte el directorio dental. (Nota: Este plan no está disponible para los miembros de los condados de San Luis Obispo y Santa Bárbara).

- Las farmacias del plan no se incluyen en este directorio. Para pedir una lista de estas farmacias, llame a Atención

al Cliente o visite blueshieldca.com/medpharmacy2023.

ALLCARE IPA

Specialty Physicians/Médicos especialistas

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

Specialty Physicians/Médicos especialistas

Ophthalmology

CHANG, MARGARET, MD

Sacramento, CA
Sacramento, CA

EQUI, ROBERT, MD

Sacramento, CA
Sacramento, CA

PEARLMAN, JOEL, MD

Sacramento, CA
Sacramento, CA

TELANDER, DAVID, MD

Sacramento, CA
Sacramento, CA

TSAI, TONY, MD

Sacramento, CA
Sacramento, CA

WENDEL, ROBERT, MD

Sacramento, CA

Rheumatology

WIESNER, KENNETH, MD

Sacramento, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 59.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 59.

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

**Specialty
Physicians/Médicos
especialistas**

Ophthalmology

CHANG, MARGARET, MD
Sacramento, CA
Sacramento, CA

EQUI, ROBERT, MD
Sacramento, CA*
Sacramento, CA*

PEARLMAN, JOEL, MD
Sacramento, CA*
Sacramento, CA*

REED, JOHN, MD
Sacramento, CA*
Sacramento, CA*

TELANDER, DAVID, MD
Sacramento, CA
Sacramento, CA*

TSAI, TONY, MD
Sacramento, CA*
Sacramento, CA*

WENDEL, ROBERT, MD
Sacramento, CA*

Rheumatology

WIESNER, KENNETH, MD
Sacramento, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 59.

**Proveedores de servicios de salud
mental**

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 59.

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

Alpha Care Medical Group Temecula Valley

Specialty Physicians/Médicos especialistas

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

Specialty

Physicians/Médicos especialistas

Marriage Family Therapist

Lawler, Karen, MFT

Sacramento, CA

Sacramento, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 59.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 59.

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.
/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Affiliated
Hospitals/Hospitales
afiliados

**MERCY GENERAL
HOSPITAL** ☉
4001 J ST
Sacramento, CA 95819

**MERCY HOSPITAL OF
FOLSOM** ☉
1650 CREEKSIDE DR
Folsom, CA 95630

**MERCY SAN JUAN MEDICAL
CENTER** ☉
6501 COYLE AVE
Carmichael, CA 95608

**METHODIST HOSP OF
SACRAMENTO** ☉
7500 HOSPITAL DR
Sacramento, CA 95823

**SUTTER MEDICAL CENTER
SACRAMENTO** ☉
2825 CAPITOL AVE
SACRAMENTO, CA 95816

UC DAVIS MEDICAL CTR ☉
2315 STOCKTON BLVD
Sacramento, CA 95817

**VIBRA HOSPITAL OF
SACRAMENTO**
330 MONTROSE DR
Folsom, CA 95630

* Indicates accepting current patients only.
* Indica que el médico acepta únicamente pacientes actuales.

Brown and Toland Health Services Inc

Urgent Care Centers/Centros de atención urgente

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

CONCENTRA URGENT CARE
10670 WHITE ROCK RD # 100
RANCHO CORDOVA, CA 95670
(866) 944-6046
M-F 8AM-5PM

CONCENTRA URGENT CARE
1675 ALHAMBRA BLVD # B
SACRAMENTO, CA 95816
(866) 944-6046
M-F 8AM-5PM

CONCENTRA URGENT CARE
4700 NORTHGATE BLVD # 100
SACRAMENTO, CA 95834
(866) 944-6046
M-F 7AM-7PM

Direct Urgent Care INC
4156 MANZANITA AVE
Carmichael, CA 95608
(916) 488-6337

Specialty

Physicians/Médicos especialistas

Neurology

MILLER, ROBERT, MD
Sacramento, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 59.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 59.

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.
/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

**Specialty
Physicians/Médicos
especialistas**

Speech Pathologist

GONZALEZ, ROXANA, MA
Sacramento, CA
Sacramento, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 59.

**Proveedores de servicios de salud
mental**

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 59.

* Indicates accepting current patients only.
* Indica que el médico acepta únicamente pacientes actuales.

Facey Medical Foundation Santa Clarita MAPD

Specialty Physicians/Médicos especialistas

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

Specialty

Physicians/Médicos especialistas

Speech Pathologist

GONZALEZ, ROXANA, MA

Sacramento, CA

Sacramento, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 59.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 59.

Ⓕ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.
/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

Specialty
Physicians/Médicos
especialistas

Radiology Diagnostic

HELMY, MARWAH, MD
Sacramento, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 59.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 59.

* Indicates accepting current patients only.
* Indica que el médico acepta únicamente pacientes actuales.

HILL PHYS SACRAMENTO PRIMED INC

Affiliated Hospitals/Hospitales afiliados

Affiliated Hospitals/Hospitales afiliados

MERCY GENERAL HOSPITAL Ⓞ
4001 J ST
Sacramento, CA 95819

MERCY HOSPITAL OF FOLSOM Ⓞ
1650 CREEKSIDE DR
Folsom, CA 95630

MERCY SAN JUAN MEDICAL CENTER Ⓞ
6501 COYLE AVE
Carmichael, CA 95608

METHODIST HOSP OF SACRAMENTO Ⓞ
7500 HOSPITAL DR
Sacramento, CA 95823

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

ELK GROVE URGENT CARE INC
9045 BRUCEVILLE RD STE 100
Elk Grove, CA 95758
(916) 479-9110
M-F 9AM-9PM
SA,SU 9AM-9PM

FOLSOM URGENT CARE INC
1600 CREEKSIDE DR # 1400
FOLSOM, CA 95630
(916) 984-8244
M-F 9AM-9PM

MDStat Urgent Care, Inc
391 Howe Ave
Sacramento, CA 95825
(916) 678-5280

MED 7 URGENT CARE CTR MED GRP
4156 MANZANITA AVE # 100
Carmichael, CA 95608
(916) 488-6337
M-F 8AM-8PM
SA,SU 8AM-8PM

MED 7 URGENT CARE CTR MED GRP
1201 E BIDWELL ST
Folsom, CA 95630
(916) 920-6337
M-F 8AM-8PM
SA,SU 8AM-8PM

MED 7 URGENT CARE CTR MED GRP
4112 E COMMERCE WAY
Sacramento, CA 95834
(916) 447-6337
M-F 8AM-8PM
SA,SU 8AM-8PM

PEDIATRIC URGENT CARE OF ELK GROVE INC A MED GRP
7601 HOSPITAL DR # 101B
Sacramento, CA 95823
(916) 682-7777
M-F 6PM-10PM
SA,SU 10AM-10PM

SACRAMENTO URGENT CARE INC
7200 S LAND PARK DR # 100
Sacramento, CA 95831
(916) 422-9110
M-F 9AM-9PM
SA,SU 9AM-9PM

PCPs/Médicos de atención primaria (PCP)

Family Practice

ALARABI, SARAH, DO Ⓢ
ID No. 100196090011
417 C ST
GALT, CA 95632
(209) 745-1778
Languages: Arabic

Ⓞ=LeapFrog

Ⓢ=Female/Mujer Ⓜ=Male/Hombre

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HILL PHYS SACRAMENTO PRIMED INC, continued/continuación

PCPs/Médicos de atención primaria (PCP)

ALARABI, SARAH, DO ⑥

ID No. 100196090008
8110 Timberlake Way
SACRAMENTO, CA 95823
(916) 689-4111
Languages: Arabic

ALLEN, JULIE, MD ⑥

ID No. 100167913060
4156 MANZANITA AVE STE
100
Carmichael, CA 95608
(916) 488-6337
Languages: Spanish

BASOVICH, LEONID, DO ⑥

ID No. 100245674019
7777 GREENBACK LN # 103
CITRUS HEIGHTS, CA 95610
(916) 905-1777
Languages: Russian

BASOVICH, LEONID, DO ⑥

ID No. 100245674031
6600 MERCY CT # 260
FAIR OAKS, CA 95628
(916) 454-6001
Languages: Russian

BASOVICH, LEONID, DO ⑥

ID No. 100245674013
2469 RIO LINDA BLVD # A
SACRAMENTO, CA 95815
(916) 468-1100
Languages: Russian

BASOVICH, LEONID, DO ⑥

ID No. 100245674017
701 HOWE AVE # C3
Sacramento, CA 95825
(916) 972-1100
Languages: Russian

BRANDLE, WARREN, MD ⑥

ID No. 100016198002
11226 GOLD EXPRESS DR STE
205
Gold River, CA 95670
(916) 638-2800

Baird, Rowan, MD ⑥

ID No. 100350120002
3946 NORWOOD AVE
Sacramento, CA 95838
(916) 737-5555

Borofka, Kristian, DO ⑥

ID No. 100377405023
7248 S LAND PARK DR # 205
SACRAMENTO, CA 95831
(916) 392-4000

CHAMBERS, RONALD, MD ⑥

ID No. 100078489003
7601 HOSPITAL DR # 103
SACRAMENTO, CA 95823
(916) 681-1600

CHINN, REBECCA, MD ⑥*

ID No. 100093454006
1 SCRIPPS DR # 101
SACRAMENTO, CA 95825
(916) 451-5678

CLEVELAND, AARON, MD ⑥

ID No. 100060487012
3415 Martin Luther King Jr Blvd
SACRAMENTO, CA 95817
(916) 737-5555

Chaffin, Sarah, MD ⑥

ID No. 100346882003
7601 HOSPITAL DR # 103
SACRAMENTO, CA 95823
(916) 681-1600
Languages: Korean, Spanish

DASILVA, FERNANDA, MD ⑥

ID No. 100070333005
7248 S LAND PARK DR STE 205
Sacramento, CA 95831
(916) 392-4000
Languages: Portuguese, Spanish

DEBRUIN, MARK, DO ⑥

ID No. 100098879002
9352 MADISON AVE STE 1
Orangevale, CA 95662
(916) 989-2929

DIPSIA, ANTOINE, MD ⑥

ID No. 100020518044
3701 J ST # 201
SACRAMENTO, CA 95816
(855) 354-2242
*Languages: Arabic, French,
Russian*

FONG, ARTHUR, MD ⑥

ID No. 100080099002
6600 MERCY CT STE 240
Fair Oaks, CA 95628
(916) 863-1193

FUJIKAWA, KEVIN, MD ⑥*

ID No. 100083892003
4944 SUNRISE BLVD STE H
Fair Oaks, CA 95628
(916) 966-8158

GARCIA, FRANCISCO, MD ⑥

ID No. 100093780007
7248 S LAND PARK DR STE 205
Sacramento, CA 95831
(916) 392-4000
Languages: Spanish

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HILL PHYS SACRAMENTO PRIMED INC, continued/continuación

PCPs/Médicos de atención primaria (PCP)

GIBSON, MATTHEW, MD Ⓜ*

ID No. 100326682002
7601 HOSPITAL DR # 103
SACRAMENTO, CA 95823
(916) 681-1600

HANIF, MOHAMMAD, MD Ⓜ

ID No. 100387280008
193 BLUE RAVINE RD # 170
Folsom, CA 95630
(916) 865-3670

HERNANDEZ GONZALEZ,

Liz, MD Ⓜ

ID No. 100286927008
11634 FAIR OAKS BLVD
FAIR OAKS, CA 95628
(916) 983-8868

Languages: Spanish

HWANG, STEVE, DO Ⓜ

ID No. 100104812004
2410 DEL PASO RD
Sacramento, CA 95834
(916) 928-0856

IBANEZ, MARCELINA, MD Ⓜ

ID No. 100094889004
8100 TIMBERLAKE WAY STE
C
Sacramento, CA 95823
(916) 681-5000

Languages: Tagalog

Iqbal, Sadiyah, MD Ⓜ

ID No. 100248721011
1996 DEL PASO RD # 176
SACRAMENTO, CA 95834
(916) 546-5320

Languages: Hindi, Punjabi, Urdu

KIANI, SARAH, MD Ⓜ

ID No. 100388432004
193 BLUE RAVINE RD STE 170
FOLSOM, CA 95630
(916) 865-3670

KRISHNA, ALOK, MD Ⓜ

ID No. 100171878005
87 SCRIPPS DR # 210
Sacramento, CA 95825
(916) 569-8585

Languages: Hindi, Urdu

LAU, PATRICK, MD Ⓜ

ID No. 100093971004
2410 DEL PASO RD
Sacramento, CA 95834
(916) 928-0856

LAWSON, CANDACE, MD Ⓜ*

ID No. 100043630003
7601 HOSPITAL DR STE 103
Sacramento, CA 95823
(916) 681-1600

LE, JOE, MD Ⓜ

ID No. 100105461005
9381 E STOCKTON BLVD # 216
ELK GROVE, CA 95624
(916) 691-5855

Languages: Vietnamese

LIU, JOY, DO Ⓜ*

ID No. 100113264002
2545 E BIDWELL ST STE 110
Folsom, CA 95630
(916) 983-8868

Languages: Mandarin

LU, SCARLETT, DO Ⓜ

ID No. 100103335009
1102 CORPORATE WAY # 170
SACRAMENTO, CA 95831
(916) 661-5336

Languages: Tagalog

Lizarraga, Miguel, MD Ⓜ

ID No. 100219410015
7248 S LAND PARK DR # 205
SACRAMENTO, CA 95831
(916) 392-4000

Lopez, Elena, MD Ⓜ

ID No. 100322962011
5385 FRANKLIN BLVD # K
Sacramento, CA 95820
(916) 454-2345

Languages: Spanish

MARTINEZ, GILBERTO, MD

Ⓜ
ID No. 100083987003
6600 MERCY CT # 100
Fair Oaks, CA 95628
(916) 967-7285

Languages: Spanish

MEARS-CLARKE,

TOUSSAINT, MD Ⓜ*

ID No. 100326683002
7601 HOSPITAL DR # 103
SACRAMENTO, CA 95823
(916) 681-1600

Languages: Spanish

MENDEZ-KOHLIEBER,

CYNTHIA, MD Ⓜ

ID No. 100369745009
2425 ALHAMBRA BLVD
SACRAMENTO, CA 95817
(916) 737-5555

Ⓜ=LeapFrog

Ⓜ=Female/Mujer Ⓜ=Male/Hombre

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HILL PHYS SACRAMENTO PRIMED INC, continued/continuación

PCPs/Médicos de atención primaria (PCP)

MOYNIHAN, KEVIN, MD (M)

ID No. 100095225017
6620 COYLE AVE # 416
CARMICHAEL, CA 95608
(916) 359-1530

Mathews, Ethan, MD (M)

ID No. 100326491006
417 C St
Galt, CA 95632
(209) 745-1778

Mathews, Ethan, MD (M)

ID No. 100326491004
8110 Timberlake Way
Sacramento, CA 95823
(916) 689-4111

NGUYEN, JOANNA, MD (E)

ID No. 100091090010
1641 CREEKSIDE DR # 201
FOLSOM, CA 95630
(916) 983-3069
Languages: Vietnamese

NGUYEN, MADELINE, DO (E)

ID No. 100346855002
3810 ROSIN CT # 100
SACRAMENTO, CA 95834
(916) 779-7656

Nguyen, Nancy, DO (E)

ID No. 100215796004
7601 HOSPITAL DR # 103
Sacramento, CA 95823
(916) 681-1600
Languages: Vietnamese

PANESAR, PARAMJIT, MD (M)

ID No. 100136109013
8191 TIMBERLAKE WAY # 200
SACRAMENTO, CA 95823
(916) 236-5800
*Languages: Hindi, Punjabi,
Spanish*

POLSKIY, PAVEL, MD (M)

ID No. 100110314004
5810 JAMESON CT
Carmichael, CA 95608
(916) 979-0621
Languages: Russian

PRICE, CHRISTOPHER, MD

(M)*
ID No. 100099286004
87 SCRIPPS DR # 310
Sacramento, CA 95825
(916) 868-6300
Languages: Spanish

PRIEST, ALLEN, MD (M)

ID No. 100060287003
6600 MERCY CT STE 210
Fair Oaks, CA 95628
(916) 967-8201

Parween, Rashida, DO (E)

ID No. 100330979014
2211 PARK TOWNE CIR # 1
SACRAMENTO, CA 95825
(916) 546-5320
Languages: Hindi, Punjabi, Urdu

ROCHANAYON, PIRA, MD (M)*

ID No. 100039324002
3811 FLORIN RD STE 23
Sacramento, CA 95823
(916) 399-1171
Languages: Thai

SAMUELSON, PATRICIA, MD

(E)
ID No. 100083921017
3415 Martin Luther King Jr Blvd
Sacramento, CA 95817
(916) 737-5555
Languages: Spanish

SAMUELSON, PATRICIA, MD

(E)
ID No. 100083921015
1820 J St
Sacramento, CA 95811
(916) 737-5555
Languages: Spanish

SHABAIK, SALMA, MD (E)

ID No. 100198608018
1996 DEL PASO RD # 176
SACRAMENTO, CA 95834
(916) 546-5320
Languages: Arabic, Spanish

SINGH, RANJEETA, DO (E)

ID No. 100391245006
3810 ROSIN CT STE 100
SACRAMENTO, CA 95834
(530) 749-3242

SI, KENAN, MD (M)*

ID No. 100010434009
331 J ST STE 150
Sacramento, CA 95814
(916) 553-0028
Languages: Chinese

SOCKOLOV, ALVIN, MD (M)

ID No. 100065445003
1 SCRIPPS DR STE 202
Sacramento, CA 95825
(916) 927-1114

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

HILL PHYS SACRAMENTO PRIMED INC, continued/continuación

PCPs/Médicos de atención primaria (PCP)

SOCKOLOV, RONALD, MD Ⓜ

ID No. 100065446004
1 SCRIPPS DR STE 202
Sacramento, CA 95825
(916) 927-1114

Sabin, Manuel, MD Ⓜ

ID No. 100234422006
1750 WRIGHT ST # 1
Sacramento, CA 95825
(916) 454-2345
Languages: Spanish

Shanmugam, Malathi, MD ♀

ID No. 100316502014
8120 TIMBERLAKE WAY # 108
SACRAMENTO, CA 95823
(916) 252-5000
Languages: Hindi, Kannada, Punjabi

TAKAGI, TIMOTHY, MD Ⓜ

ID No. 100072323009
7601 HOSPITAL DR STE 103
Sacramento, CA 95823
(916) 681-1600
Languages: Japanese

THAO, CHA, DO Ⓜ

ID No. 100104767006
3701 J ST # 201
SACRAMENTO, CA 95816
(916) 454-2345
Languages: Hmong

TOBALINA, GINA, MD ♀*

ID No. 100085828006
1615 CREEKSIDE DR # 101
Folsom, CA 95630
(916) 817-4132
Languages: Spanish

Tabatabaei, Sanaz, MD ♀

ID No. 100248033006
2433 MARCONI AVE
SACRAMENTO, CA 95821
(916) 767-5555
Languages: Persian

VINOGRADOVA, HELEN, MD

♀
ID No. 100112178008
4815 Watt Ave
NORTH HIGHLANDS, CA 95660
(916) 454-2345
Languages: Russian

VOLODARSKAYA, POLINA,

DO ♀
ID No. 100261305016
3234 MARYSVILLE BLVD
SACRAMENTO, CA 95815
(916) 454-2345
Languages: Russian, Turkish

VUONG, REED, DO Ⓜ

ID No. 100088117005
9381 E STOCKTON BLVD # 216
Elk Grove, CA 95624
(916) 691-5855
Languages: Vietnamese

WONG, RITCHIE, MD Ⓜ

ID No. 100018184002
3650 MISSION AVE ste 1
Carmichael, CA 95608
(916) 972-0882

Wedell, James, MD Ⓜ

ID No. 100366214005
2425 ALHAMBRA BLVD
SACRAMENTO, CA 95817
(916) 737-5555

ZHENG, DAWEI, MD Ⓜ

ID No. 100112099010
8701 CENTER PKWY # 170
SACRAMENTO, CA 95823
(916) 896-1682
Languages: Chinese, Japanese, Mandarin

ZHENG, DAWEI, MD Ⓜ

ID No. 100112099006
4635 FREEPORT BLVD STE D
Sacramento, CA 95822
(916) 457-9879
Languages: Chinese, Japanese, Mandarin

ZHENG, DEYI, MD Ⓜ*

ID No. 100105810005
500 UNIVERSITY AVE STE 210
Sacramento, CA 95825
(916) 927-7070
Languages: Chinese

Zaidi, Faraz, MD Ⓜ

ID No. 100107901016
5900 COYLE AVE # A
Carmichael, CA 95608
(916) 332-1210
Languages: Hindi, Urdu

General Practice

GO, HENRY, MD Ⓜ*

ID No. 100098781003
11733 STATE HIGHWAY 160
Courtland, CA 95615
(916) 775-1711
Languages: Mandarin, Spanish

Ⓜ=LeapFrog

♀=Female/Mujer Ⓜ=Male/Hombre

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Internal Medicine

ALOCOZY, MOHAMMAD, MD 

ID No. 100028211010
2211 PARK TOWNE CIR # 1
SACRAMENTO, CA 95825
(916) 333-5977

Languages: Farsi, Urdu

AMINBAKSH, ROXANA, MD 

ID No. 100169029006
825 E BIDWELL ST # 400
FOLSOM, CA 95630
(858) 900-6004

Languages: Farsi, Persian

AQUINO, JOSEFINA, MD 

ID No. 100111920004
1995 ZINFANDEL DR STE 201
Rancho Cordova, CA 95670
(916) 852-6001

Languages: Tagalog

Aggarwal, Pooja, MD 

ID No. 100253758008
2425 Alhambra Blvd
Sacramento, CA 95817
(916) 737-5555

BISHARAT, KATHERINE, MD 

ID No. 100084838003
6815 Fair Oaks Blvd
Carmichael, CA 95608
(916) 481-4389
Languages: French, Mandarin, Spanish

BOKHARI, RASHIDA, MD 

ID No. 100111281004
1924 DEL PASO RD
Sacramento, CA 95834
(916) 419-4962
Languages: Hindi, Punjabi, Urdu

CHEEMA, CHANDAN, MD 

ID No. 100075098014
6608 MERCY CT # B
FAIR OAKS, CA 95628
(916) 241-9844
Languages: Hindi, Punjabi, Urdu

CHEEMA, CHANDAN, MD 

ID No. 100075098016
4354 AUBURN BLVD
SACRAMENTO, CA 95841
(916) 678-5840
Languages: Hindi, Punjabi, Urdu

CHUN, RICHARD, MD 

ID No. 100103664025
7777 SUNRISE BLVD # 2500
CITRUS HEIGHTS, CA 95610
(916) 737-5555

DANESH, WALI, MD 

ID No. 100027663006
1611 CREEKSIDE DR # 104
FOLSOM, CA 95630
(916) 984-6100
Languages: Farsi

DEBRUIN, ROBERT, MD *

ID No. 100030135003
1600 CREEKSIDE DR STE 3800
Folsom, CA 95630
(916) 984-7830
Languages: Spanish

DHALIWAL, RAMANDEEP, MD *

ID No. 100174512008
8191 TIMBERLAKE WAY # 200
SACRAMENTO, CA 95823
(916) 236-5800
Languages: Hindi, Punjabi, Spanish

DHIR, SUNIL, MD 

ID No. 100112697026
5900 COYLE AVE # A
Carmichael, CA 95608
(916) 332-1210

Languages: Hindi, Punjabi

DUONG, TAN, MD 

ID No. 100372893002
7260 E SOUTHGATE DR # D
SACRAMENTO, CA 95823
(916) 428-7990
Languages: Vietnamese

ESWARAN, KALI, MD 

ID No. 100092541007
1995 ZINFANDEL DR STE 201
Rancho Cordova, CA 95670
(916) 852-6001
Languages: Tagalog, Tamil, Ukrainian

ESWARAN, KALI, MD 

ID No. 100092541009
3941 J ST STE 370
Sacramento, CA 95819
(916) 852-6001
Languages: Tagalog, Tamil, Ukrainian

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

HILL PHYS SACRAMENTO PRIMED INC, continued/continuación

PCPs/Médicos de atención primaria (PCP)

FARAJI, JAMSHID, MD Ⓜ

ID No. 100073870002
6620 COYLE AVE STE 402
Carmichael, CA 95608
(916) 965-8161
Languages: Farsi

FIROZ, HADI, MD Ⓜ

ID No. 100201091009
2575 E BIDWELL ST # 210
Folsom, CA 95630
(916) 984-7850
Languages: Farsi

GOLEPANG, JAYFERSON, MD Ⓜ

ID No. 100302491025
11634 Fair Oaks Blvd
FAIR OAKS, CA 95628
(916) 983-8868
Languages: Tagalog

GOLEPANG, JAYFERSON, MD Ⓜ

ID No. 100302491015
2545 E BIDWELL ST # 110
Folsom, CA 95630
(916) 983-8868
Languages: Tagalog

GUTMAN, DONALD, MD Ⓜ

ID No. 100087782002
1600 CREEKSIDE DR STE 3700
Folsom, CA 95630
(916) 984-7840
Languages: Spanish

HOANG, TRI-DUNG, MD Ⓜ

ID No. 100096022002
6540 STOCKTON BLVD STE 3A
Sacramento, CA 95823
(916) 391-0170
Languages: Russian, Vietnamese

Harrod, Charles, MD Ⓜ

ID No. 100358062002
8233 E STOCKTON BLVD # D
SACRAMENTO, CA 95828
(916) 737-5555
Languages: Spanish

Ibrahim, Adel, MD Ⓜ

ID No. 100387749002
1 SCRIPPS DR # 202
Sacramento, CA 95825
(916) 927-1114
Languages: Arabic

Iqbal, Zahid, MD Ⓜ

ID No. 100240937026
1996 DEL PASO RD # 176
SACRAMENTO, CA 95834
(916) 546-5320
Languages: Hindi, Punjabi, Urdu

JAIN, SUNITA, MD ♀

ID No. 100070237007
7 PARK CENTER DR # 100
SACRAMENTO, CA 95825
(916) 569-4400
Languages: Hindi, Punjabi, Spanish

KAILATH, ELIZABETH, MD ♀*

ID No. 100016919003
6614 MERCY CT STE A
Fair Oaks, CA 95628
(916) 536-1136

KAMRA, DHEERAJ, MD Ⓜ

ID No. 100031708023
6620 COYLE AVE # 302
Carmichael, CA 95608
(916) 966-8500
Languages: Hindi, Punjabi, Russian

KHANGURA, SUKHDEV, MD Ⓜ

ID No. 100102639002
3609 MISSION AVE STE H
Carmichael, CA 95608
(916) 483-5589
Languages: Hindi, Punjabi

KHOURI, SAMI, MD Ⓜ*

ID No. 100087460002
1580 CREEKSIDE DR STE 260
Folsom, CA 95630
(916) 984-7870

KUJOK, HUSSAM, MD Ⓜ

ID No. 100140670003
3609 MISSION AVE # A
Carmichael, CA 95608
(916) 971-9000

LEHMAN, DAVID, MD Ⓜ*

ID No. 100095878012
5025 J ST STE 315
Sacramento, CA 95819
(916) 452-1294
Languages: Spanish

LI, XIN-NONG, MD Ⓜ

ID No. 100131108003
6600 MERCY CT # 130
Fair Oaks, CA 95628
(916) 961-3084
Languages: Cantonese, Mandarin, Yue Chinese

MONESS, PARWEEN, MD ♀

ID No. 100028614004
1611 CREEKSIDE DR STE 102
Folsom, CA 95630
(916) 984-9004
Languages: Farsi

Ⓜ=LeapFrog

♀=Female/Mujer Ⓜ=Male/Hombre

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HILL PHYS SACRAMENTO PRIMED INC, continued/continuación

PCPs/Médicos de atención primaria (PCP)

PALATNIK, MIKHAIL, MD (M)

ID No. 100015999025
6600 MERCY CT # 260
Fair Oaks, CA 95628
(916) 518-0888

*Languages: Arabic, Armenian,
Hindi*

PALATNIK, MIKHAIL, MD (M)

ID No. 100015999021
701 HOWE AVE # C3
SACRAMENTO, CA 95825
(916) 518-0888

*Languages: Arabic, Armenian,
Hindi*

PALATNIK, MIKHAIL, MD (M)

ID No. 100015999022
2469 RIO LINDA BLVD # A
Sacramento, CA 95815
(916) 518-0888

*Languages: Arabic, Armenian,
Hindi*

PAN, LESTER, MD (M)

ID No. 100036022005
1740 FRUITRIDGE RD STE 101
Sacramento, CA 95822
(916) 391-7200

*Languages: Cantonese, Mandarin,
Yue Chinese*

QUINTO, ERNESTO, DO (M)

ID No. 100059905004
3939 J ST STE 370
Sacramento, CA 95819
(916) 453-2800

Languages: Spanish

REDDY, SUREKHA, MD (F)

ID No. 100046629014
5959 GREENBACK LN # 500
CITRUS HEIGHTS, CA 95621
(916) 737-5555

Languages: Spanish

Rahimi, Sholeh, MD (F)

ID No. 100260281013
825 E BIDWELL ST
FOLSOM, CA 95630
(916) 755-5991

*Languages: Farsi, German,
Persian*

SANDHU, CHARANJIT, MD (M)

ID No. 100108512012
7 PARK CENTER DR # 100
Sacramento, CA 95825
(916) 569-4400

Languages: Hindi, Punjabi

SMITH, KEVIN, DO (M)

ID No. 100376220003
3701 J ST # 201
SACRAMENTO, CA 95816
(916) 454-2345

STRINGER, SCOTT, MD (M)*

ID No. 100074526010
5025 J ST # 315
Sacramento, CA 95819
(916) 452-1294

TEYMOURI, SAMAN, MD (M)

ID No. 100111169013
7 PARK CENTER DR # 100
Sacramento, CA 95825
(916) 569-4400

*Languages: Farsi, Persian,
Turkish*

TIWANA, JASPREET, MD (F)

ID No. 100167806010
8191 TIMBERLAKE WAY # 200
SACRAMENTO, CA 95823
(916) 236-5800

*Languages: Hindi, Punjabi,
Spanish*

TOE, TET, MD (M)

ID No. 100114385040
1600 CREEKSIDE DR # 2500
Folsom, CA 95630
(916) 542-1458

Languages: Burmese

TRAM, THONG, DO (M)

ID No. 100104828002
1600 CREEKSIDE DR STE 2800
Folsom, CA 95630
(916) 984-4948

Languages: Vietnamese

VU, KEVIN, MD (M)

ID No. 100109947024
6830 STOCKTON BLVD # 155
SACRAMENTO, CA 95823
(916) 720-3700

Languages: Vietnamese

WAHIDI, QAIS, MD (M)

ID No. 100110905015
1600 CREEKSIDE DR # 2100
FOLSOM, CA 95630
(916) 983-2663

Languages: Farsi, Urdu

YASMEEN, SHAGUFTA, MD

(F)*
ID No. 100024987008
2211 PARK TOWNE CIR
SACRAMENTO, CA 95825
(916) 333-5977

Languages: Hindi, Urdu

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PCPs/Médicos de atención primaria (PCP)

YOUNG, DOUGLAS, MD Ⓜ

ID No. 100088721004
3840 WATT AVE BLDG E
SACRAMENTO, CA 95821
(916) 488-6200

YUSUFZAI, MOHAMMAD, MD Ⓜ

ID No. 100143700019
2890 LA LOMA DR
RANCHO CORDOVA, CA 95670
(916) 376-7069

Languages: Farsi, Spanish

Yusufzai, Sultan, MD Ⓜ

ID No. 100260983002
2890 La Loma Dr
Rancho Cordova, CA 95670
(916) 376-7069

Languages: Farsi

Obstetrics / Gynecology

DAWSON, LINDSEY, MD Ⓜ*

ID No. 100107420029
5821 Jameson Ct
CARMICHAEL, CA 95608
(916) 486-8112

DAWSON, LINDSEY, MD Ⓜ*

ID No. 100107420016
621 CAPITOL MALL STE 950
Sacramento, CA 95814
(916) 486-8112

KAMRAS, MARVIN, MD Ⓜ*

ID No. 100016035011
5821 JAMESON CT
Carmichael, CA 95608
(916) 486-0411

Languages: Hmong, Russian, Spanish

Pediatrics

Brar, Randeep, MD Ⓜ

ID No. 100319856006
2425 ALHAMBRA BLVD
SACRAMENTO, CA 95817
(916) 737-5555

ROSALES, GUSTAVO, MD Ⓜ

ID No. 100089552017
1750 WRIGHT ST # 1
SACRAMENTO, CA 95825
(916) 454-2345

Languages: Spanish

Specialty Physicians/Médicos especialistas

Allergy Immunology

BALDUZZI, JEFFREY, MD

Sacramento, CA

BENSCH, GREGORY, MD

Sacramento, CA

Balduzzi, Michael, MD

Sacramento, CA

Bowdish, Matthew, MD

Fair Oaks, CA
Folsom, CA
Folsom, CA
Sacramento, CA

CHIPPS, BRADLEY, MD

Folsom, CA
Sacramento, CA

DESAI, ASHA, MD

Folsom, CA

GOGNA, MUDITA, MD

Folsom, CA
Folsom, CA

JACOBS, JOSHUA, MD

Sacramento, CA

NEENO, TERESA, MD

Sacramento, CA

PANDYA, SHALIN, DO

Fair Oaks, CA
Folsom, CA

Parikh, Neil, MD

Folsom, CA
Sacramento, CA

Anesthesiology Pain Management

BIRLADEANU, ADRIAN, MD

Sacramento, CA

Audiologist

GOLDFARB, SARA, MA

Sacramento, CA

KNUDSEN, KIMBERLY, MS

Fair Oaks, CA
Sacramento, CA

Knapp, Andrea, MA

Sacramento, CA

RAYNER, SANDRA, MA

Sacramento, CA

Cardiac Electrophysiology

ARYANA, ARASH, MD

Carmichael, CA

Bowers, Mark, MD

Sacramento, CA

Ⓜ=LeapFrog

Ⓜ=Female/Mujer Ⓜ=Male/Hombre

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GANDHAVADI, MAHEER, MD
Sacramento, CA

Cardiovascular Disease

BARON, SCOTT, MD
Carmichael, CA

BHASKAR, ROHIT, MD
Folsom, CA
Sacramento, CA

Bezwada, Prema, MD
Carmichael, CA

HEMPHILL, JONATHAN, MD
Carmichael, CA

HUNDAL, RAJBARINDER, MD
Sacramento, CA

JAFARZADEH, MEHRDAD, MD
Carmichael, CA
Sacramento, CA
Sacramento, CA

KAKU, ROY, MD
Folsom, CA

KOZINA, JOSEPH, MD
Sacramento, CA

LEE, TIMOTHY, MD
Carmichael, CA

MAJETICH, NICK, MD
Carmichael, CA

MARQUARDT, WALT, MD
Sacramento, CA

O'NEILL, PADRAIG, MD
Sacramento, CA

Orakzai, Sarwar, MD
Sacramento, CA

RANDHAWA, TEJPAL, MD
Sacramento, CA

SINGH, KARANJIT, MD
Folsom, CA
Sacramento, CA

Stauber, Bradley, DO
Carmichael, CA

Certified Nurse Practitioner

LOVE, NICOLE, NP
Sacramento, CA

***Certified Registered Nurse
Midwife***

ANDERSON, MADELINE, CRNM
Sacramento, CA

MARKOVIC, JENNY, RN
Sacramento, CA

NABIYEV, LAUREN, CRNM
Sacramento, CA

Chiropractor

BARGER, JAMES, DC
Folsom, CA

HAMILTON, ROBERT, DC
Sacramento, CA

Dermatology

BOUDREAUX, ALISON, MD
Sacramento, CA

CALKIN, JACQUELINE, MD
Sacramento, CA

Chambers, Cynthia, MD
Folsom, CA
Sacramento, CA

GANT, KATHRYN, MD
Folsom, CA

HASHEMI, PANTEA, MD
Sacramento, CA

Horner, Mary, MD
Sacramento, CA

JONG, EMILY, MD
Folsom, CA

KELLER, LAUREN, DO
Elk Grove, CA
Folsom, CA
Sacramento, CA

NO, DAVID, MD
Folsom, CA

PARSONS, MARGARET, MD
Sacramento, CA

SATTERFIELD, PATRICIA, MD
Folsom, CA

SIVAMANI, RAJA, MD
Folsom, CA
Sacramento, CA

Schulman, Davina, MD
Folsom, CA
Sacramento, CA

TANGHETTI, EMIL, MD
Sacramento, CA

WILLEY, ANDREA, MD
Sacramento, CA

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HILL PHYS SACRAMENTO PRIMED INC, continued/continuación

Specialty Physicians/Médicos especialistas

WONG, DAVID, MD
Gold River, CA

Wong, Reynold, MD
Elk Grove, CA
Folsom, CA
Gold River, CA
Sacramento, CA

YEN, AN, MD
Folsom, CA
Sacramento, CA

YOUKER, SUMMER, MD
Sacramento, CA

Emergency Medicine

DANESH, WALI, MD
Folsom, CA

Grewal, Mandeep, MD
Sacramento, CA

KIM, RICHARD, MD
Sacramento, CA

LIN, ALLEN, DO
Elk Grove, CA
Sacramento, CA

MONESS, JON, MD
Folsom, CA
Fair Oaks, CA
Sacramento, CA

NANGALAMA, ANDREW, MD
Orangevale, CA

POPKE, KURT, MD
Folsom, CA

ROSELLINI, GREGORY, MD
Sacramento, CA

TRUONG, BAN, DO
Elk Grove, CA
Sacramento, CA
Sacramento, CA

Endocrinology Metabolism Diabetes

NADGIR, ULHAS, MD
Sacramento, CA

Shaw, I-Tsyr, MD
Sacramento, CA
Sacramento, CA

UPADHYAY, MANISH, MD
Sacramento, CA

Family Practice

BORGES, GABRIEL, DO
Sacramento, CA

KRISHNA, ALOK, MD
Sacramento, CA

Ngo, Michael, MD
Folsom, CA

SEKHON, RAJNEET, MD
Folsom, CA

Sultani, Ehsan, MD
Sacramento, CA

ZHENG, DAWEI, MD
Sacramento, CA

Gastroenterology

Bagheri, Ramin, MD
Folsom, CA

CHEN, WILLIAM, MD
Carmichael, CA

CHERUVATTATH, REKHA, MD
Sacramento, CA

HARRISON, CLARK, MD
Folsom, CA

IMPERATO, THOMAS, MD
Sacramento, CA

INGRAM, DREW, MD
Folsom, CA

KWOK, HANSEN, MD
Sacramento, CA*

Khan, Rana, MD
Sacramento, CA

LOW, ALEXANDER, MD
Folsom, CA

Lee, Michelle, DO
Sacramento, CA

PECHA, ROBERT, MD
Folsom, CA

RAHIM, NAZIR, MD
Folsom, CA

RANSIBRAHMANAKUL, KANAT, MD
Folsom, CA

Gynecologic Oncology

Dholakiya, Priyal, MD
Sacramento, CA

Gynecology

KASTURI, SESHADRI, MD
Sacramento, CA

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Hematology / Oncology

BLAIR, GREGORY, MD
Sacramento, CA

Chrysofakis, Grigorios, MD
Folsom, CA

JAVEED, MANSOOR, MD
Elk Grove, CA

KAILATH, JOHN, MD
Carmichael, CA
Folsom, CA

KIM, KYUNG, MD
Elk Grove, CA
Folsom, CA

LALCHANDANI, RAM, MD
Carmichael, CA
Folsom, CA

LAPTALO, LUKO, MD
Carmichael, CA
Sacramento, CA

LEE, YI-SHENG, MD
Sacramento, CA

MAHAJAN, SHIRISH, MD
Sacramento, CA
Sacramento, CA

RAJABI, BABAK, MD
Carmichael, CA
Folsom, CA

SHIHABI, SAMER, MD
Sacramento, CA

Schwerkoske, John, MD
Sacramento, CA
Sacramento, CA

VIRK, NAVNEET, MD
Carmichael, CA
Folsom, CA

YIM, YUNG, MD
Sacramento, CA

Infectious Disease

DEFELICE, RICHARD, MD
Sacramento, CA

Defelice, Nathaniel, MD
Sacramento, CA

Herbert, David, MD
Sacramento, CA

IKEDA, DANIEL, MD
Sacramento, CA

LAURENCE, BRETT, MD
Sacramento, CA

NASEER, BILAL, MD
Carmichael, CA

PEREZ, MERYL, MD
Carmichael, CA

TRIVEDI, VINOD, MD
Sacramento, CA
Sacramento, CA

Internal Medicine Critical Care Medicine

AFZAL, MUHAMMAD, MD
Sacramento, CA

AURANGZEB, IMRAN, MD
Sacramento, CA

GUNTHER MAHER, SEAN, MD
Sacramento, CA

HAYATDAVOUDI, SAMAN, MD
Sacramento, CA

KENNEDY, DANIEL, MD
Sacramento, CA

RANDHAWA, KANWALDEEP, MD
Sacramento, CA

SCHROEDER, BRADLEY, MD
Sacramento, CA

VENIGANDLA, HIMA, DO
Sacramento, CA

Internal Medicine Sports Medicine

ROBINSON, SEAN, MD
Sacramento, CA

Internal Medicine

GERHARDT, ANN, MD
Sacramento, CA

LIN, ALLEN, DO
Folsom, CA

Maternal and Fetal Medicine

Ali, Marwan, MD
Folsom, CA

MCELVY, SHERRIE, MD
Sacramento, CA

TACHE, VERONIQUE, MD
Sacramento, CA

VEILLE, JEAN-CLAUDE, MD
Sacramento, CA

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HILL PHYS SACRAMENTO PRIMED INC, continued/continuación

Specialty Physicians/Médicos especialistas

Medical Oncology

JAVEED, MANSOOR, MD
Folsom, CA

ONG, DELPHINE, MD
Sacramento, CA

Neonatal / Perinatal Medicine

GILBERT, WILLIAM, MD
Sacramento, CA

KAHLE, ROBERT, MD
Carmichael, CA

Nephrology

ATRAY, NAVEEN, MD
Sacramento, CA
Sacramento, CA

Ali, Syed, MD
Elk Grove, CA
Sacramento, CA

CHANG, ERIC, MD
Sacramento, CA

GELFAND, ELENA, MD
Sacramento, CA

HOWARD, JOHN, MD
Sacramento, CA

**KAMBHAMPATI, GANESH,
MD**
Sacramento, CA

KASHYAP, ROHIT, MD
Sacramento, CA
Sacramento, CA

LEONG, SHELDON, MD
Sacramento, CA

Manickam, Hema, MD
Carmichael, CA

Mudunuri, Vijay, MD
Carmichael, CA
Folsom, CA

**NALLAMOTHU, RATNAJI,
MD**
Elk Grove, CA
Sacramento, CA

PAI, DAVID, MD
Elk Grove, CA

PATEL, TARANG, MD
Carmichael, CA
Sacramento, CA

RAHMAN, MD, MD
Sacramento, CA

REYES, NORMAN, MD
Sacramento, CA

WINOTO, JOHAN, MD
Elk Grove, CA

Neurology Child

ASAIKAR, SHAILESH, MD
Sacramento, CA

RAINA, ASHUTOSH, MD
Sacramento, CA

Neurology

EHYAI, A, MD
Sacramento, CA

GHOSHAL, ASISH, MD
Carmichael, CA

KHALILI, NIDAL, MD
Sacramento, CA

MOUDERRES, EL-HADI, MD
Elk Grove, CA

WYTRZES, LYDIA, MD
Sacramento, CA

Obstetrics / Gynecology

ADAMS-BERRY, KATHY, MD
Carmichael, CA

ALLEN, NATHAN, MD
Sacramento, CA
Sacramento, CA

BUNCHIEN, ARIN, MD
Sacramento, CA

BU, DAHLIA, MD
Fair Oaks, CA

Buono, Kristen, MD
Sacramento, CA

CHU, MICHAEL, MD
Sacramento, CA
Sacramento, CA

COKER, HAYLEY, MD
Sacramento, CA

CONWELL, JENNIFER, MD
Sacramento, CA
Sacramento, CA

CURKENDALL, JAY, MD
Sacramento, CA
Sacramento, CA

DARWISH, FOUAD, MD
Elk Grove, CA

DAWSON, LINDSEY, MD
Carmichael, CA*
Sacramento, CA*

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When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

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GARLAND, ANDREA, MD

Carmichael, CA

GOGOBERIDZE, SALOME, DO

Sacramento, CA

GREGG, LAURIE, MD

Sacramento, CA

Gonzalez-Badillo, Carmen, MD

Sacramento, CA

Sacramento, CA

Gordon, Robert, MD

Sacramento, CA

HASKINS, RUTH, MD

Folsom, CA

HILGER, WESLEY, MD

Sacramento, CA

HIUGA, STEPHEN, MD

Sacramento, CA

Hastings, Alison, DO

Sacramento, CA

Sacramento, CA

KAMRAS, MARVIN, MD

Carmichael, CA*

KRONEN, MARIA, MD

Sacramento, CA

Sacramento, CA

Sacramento, CA

LAVALLEY WILLSEY, EVE, MD

Carmichael, CA*

Sacramento, CA*

LIVINGSTON, CAROL, MD

Elk Grove, CA

MAAGDENBERG, TANYA, MD

Sacramento, CA

Sacramento, CA

Sacramento, CA

MACNEAR, HAILEY, MD

Sacramento, CA

MELCHIONE, THOMAS, MD

Sacramento, CA

Sacramento, CA

Sacramento, CA

MIKACICH, JUDITH, MD

Sacramento, CA

Manchireddy, Seema Reddy, MD

Sacramento, CA

Miller, Hugh, MD

Sacramento, CA

Nguyen, Maiuyen, MD

Carmichael, CA*

OJIAKU, NNEOMA, MD

Sacramento, CA

PHAM, XUAN, MD

Carmichael, CA

PHELAN, TIMOTHY, MD

Folsom, CA

POWELSON, ANN, MD

Folsom, CA

RODGERS, BENNYE, MD

Sacramento, CA

Sacramento, CA

SANTHAKUMAR, LATA, MD

Sacramento, CA

SUSANKA, MATTHEW, MD

Sacramento, CA

Sacramento, CA

Sacramento, CA

SWANK, NICOLE, DO

Sacramento, CA

THORNE, OLGA, MD

Sacramento, CA

WATTERS, LAURA, MD

Sacramento, CA

Sacramento, CA

Sacramento, CA

WILSON, SUSAN, MD

Sacramento, CA

ZHANG, MARK, MD

Sacramento, CA

Obstetrics

MEARS-CLARKE,

TOUSSAINT, MD

Sacramento, CA*

Ophthalmology

ANDREWS, PETER, MD

Sacramento, CA

BERRIS, CRAIG, MD

Sacramento, CA

BLISS, LEWIS, MD

Sacramento, CA

BRUBAKER, JACOB, MD

Sacramento, CA

Barnett, Bradley, MD

Sacramento, CA

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Specialty Physicians/Médicos especialistas

CHANG, MARGARET, MD

Sacramento, CA
Sacramento, CA

COOPER, HOWARD, MD

Sacramento, CA

CUPP, DAVID, MD

Folsom, CA
Sacramento, CA
Sacramento, CA

DESOUZA, PHILIP, MD

Elk Grove, CA
Folsom, CA
Sacramento, CA
Sacramento, CA

EQUI, ROBERT, MD

Elk Grove, CA
Sacramento, CA
Sacramento, CA

GRAND, ALEXANDER, MD

Sacramento, CA

Hwang, Kathy, MD

Sacramento, CA

JACOB, GABRIEL, MD

Sacramento, CA

JEDRZYNSKI, MICHAEL, MD

Carmichael, CA

JONES, RICHARD, MD

Sacramento, CA

KHOSHNEVIS, MATIN, MD

Sacramento, CA

KIRA, DAVID, MD

Sacramento, CA

LIANG, KEITH, MD

Sacramento, CA

LIU, XIONGFEI, MD

Sacramento, CA

Lee, Samuel, MD

Sacramento, CA

MCFARLAND, SCOTT, MD

Sacramento, CA

Medina Mendez, Carlos, MD

Sacramento, CA
Sacramento, CA

PALMER, SHAWN, MD

Folsom, CA

PEARLMAN, JOEL, MD

Sacramento, CA
Sacramento, CA

Patel, Sarju, MD

Elk Grove, CA
Folsom, CA
Sacramento, CA
Sacramento, CA

Pole, Cameron, MD

Sacramento, CA
Sacramento, CA

REED, JOHN, MD

Sacramento, CA

ROTHLISBERGER, BRIAN, MD

Sacramento, CA

SAKAMOTO, MICHAEL, MD

Sacramento, CA

SCHERMER, MICHAEL, MD

Sacramento, CA

SERDAHL, CHRISTIAN, MD

Sacramento, CA

SIERRA, PATRICIA, MD

Sacramento, CA

TAYLOR, CECILLE, MD

Folsom, CA

TELANDER, DAVID, MD

Folsom, CA
Sacramento, CA
Sacramento, CA

TSAI, TONY, MD

Sacramento, CA
Sacramento, CA
Sacramento, CA

WA, CHRISTIANNE, MD

Elk Grove, CA
Folsom, CA
Sacramento, CA
Sacramento, CA

WENDEL, ROBERT, MD

Folsom, CA
Sacramento, CA
Sacramento, CA

WONG, STEPHEN, MD

Sacramento, CA*

WU, PETER, MD

Sacramento, CA

Optometrist

CLARK, DWIGHT, OD

Rancho Cordova, CA

HAMAR, BRADLEY, OD

Sacramento, CA

MERRY, MICHAEL, OD

Sacramento, CA

Montgomery, Craig, OD

Sacramento, CA

Ⓐ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Ngo, Angela, OD
Sacramento, CA

PECHKO, ALINA, OD
Sacramento, CA

ROBERTSON, TIMOTHY, OD
Sacramento, CA

RUDICK, ANTHONY, OD
Sacramento, CA

SOHAL, BALJIT, OD
Sacramento, CA

Soracco, Kaitlin, OD
Sacramento, CA

Wong, Arie, OD
Sacramento, CA*

***Otolaryngology / Otology /
Laryngology / Rhinology***

AREEN, RICHARD, MD
Sacramento, CA

BERNSTEIN, PHILIP, MD
Sacramento, CA

Benscoter, Brent, MD
Sacramento, CA

CLUTTER, DONALD, MD
Folsom, CA

EVANS, DAVID, MD
Sacramento, CA

Fife, Timothy, MD
Sacramento, CA

GROPPO, ELI, MD
Sacramento, CA

KEARNS, MICHAEL, MD
Fair Oaks, CA

MCKENNAN, KEVIN, MD
Sacramento, CA

Otolaryngology

MCLAUGHLIN, CONOR, MD
Sacramento, CA

Pediatric Cardiology

HAO, MINGHUA, MD
Sacramento, CA

Kovalenko, Oleg, MD
Sacramento, CA

MANOHAR, NAVEEN, MD
Sacramento, CA

**TIPTUR MAHADEVVAIAH,
GURUPRASAD, MD**
Sacramento, CA

WRIGHT, STANLEY, MD
Sacramento, CA

YIMER, MULUNEH, MD
Sacramento, CA

Yousufi, Umair, MD
Sacramento, CA

Pediatric Endocrinology

NADGIR, ULHAS, MD
Sacramento, CA

**PRAKASAM,
GNANAGURUDASAN, MD**
Sacramento, CA

SKARIA, NIYATI, MD
Sacramento, CA

Pediatric Gastroenterology

DAVIES, YINKA, MD
Sacramento, CA

***Pediatric Hematology /
Oncology***

HSU, SAUNDERS, MD
Sacramento, CA

Pediatric Pulmonology

Maharaj, Sheena, MD
Sacramento, CA

Pediatric Surgery Orthopedic

LESHIKAR, HOLLY, MD
Sacramento, CA

Pediatrics

REDDY, SUREKHA, MD
Citrus Heights, CA

***Physical Medicine /
Rehabilitation***

ARMSTRONG, RANDALL, MD
Sacramento, CA

BERMUDEZ, RITA, MD
Sacramento, CA

Balagtas, Prudencio, DO
Sacramento, CA

Gurai, Ramandeep, MD
Elk Grove, CA
Elk Grove, CA
Folsom, CA
Folsom, CA
Sacramento, CA

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HILL PHYS SACRAMENTO PRIMED INC, continued/continuación

Specialty Physicians/Médicos especialistas

HADDADAN, KAYVAN, MD

Sacramento, CA

HEMBD, DENNIS, MD

Sacramento, CA

HOEG, TRACY, MD

Sacramento, CA

Joves, Brian, MD

Folsom, CA

Folsom, CA

Sacramento, CA

Karvelas, Nicolas, MD

Sacramento, CA

PANERO, ALBERTO, DO

Sacramento, CA

Sacramento, CA

REDDY, VINAY, MD

Folsom, CA

Folsom, CA

SHARMA, SAMEER, MD

Sacramento, CA

SHIN, CARL, MD

Sacramento, CA

SHTUTMAN, NATALYA, MD

Elk Grove, CA

Podiatrist

AU, EDWARD, DPM

Sacramento, CA

BAKAL, JAMIE, DPM

Folsom, CA

Sacramento, CA

BASSO, TRACY, DPM

Sacramento, CA

BILLS, ADAM, DPM

Carmichael, CA

Sacramento, CA

Betesh, Sean, DPM

Carmichael, CA

Cho, Eunice, DPM

Folsom, CA

Sacramento, CA

DOCHARTY, CARLA, DPM

Sacramento, CA

DRAKE, MARK, DPM

Folsom, CA

Sacramento, CA

Galli, Christopher, DPM

Carmichael, CA

HOOK, ERNEST, DPM

Folsom, CA

Haynam, Stephen, DPM

Carmichael, CA

Sacramento, CA

KAHAN, DAVID, DPM

Carmichael, CA

Sacramento, CA

**KALTHOFF, KATHERINE,
DPM**

Sacramento, CA

KINCHSULAR, JAMES, DPM

Folsom, CA

Sacramento, CA

Kim, Byunghee, DPM

Carmichael, CA

Sacramento, CA

LE, PHONG, DPM

Elk Grove, CA

Sacramento, CA

LISTER, ALEXANDER, DPM

Carmichael, CA

Sacramento, CA

MEDAWAR, STEPHEN, DPM

Carmichael, CA

MONSON, MARSHALL, DPM

Folsom, CA

PETTY, RAYMOND, DPM

Sacramento, CA

ROSS, BARBARA, DPM

Folsom, CA

Ripp, Gavin, DPM

Carmichael, CA

**TOVMASSIAN, GREGORY,
DPM**

Carmichael, CA

Sacramento, CA

URO, MICHAEL, DPM

Sacramento, CA

Winters, Carolyn, DPM

Carmichael, CA

YU, EDMUND, DPM

Elk Grove, CA

Sacramento, CA

Pulmonary Diseases

AFZAL, MUHAMMAD, MD

Sacramento, CA

DHAWAN, KAPIL, MD

Sacramento, CA

Ⓔ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

GORDON, NATHANIEL, MD
Sacramento, CA

HAYAT, G, MD
Sacramento, CA

Nair, Abhilash, MD
Sacramento, CA

RIAR, RAVNEET, MD
Sacramento, CA

Walker, Vanessa, DO
Sacramento, CA

YEE, ALAN, MD
Sacramento, CA

YUEN, DANIEL, MD
Sacramento, CA

Radiation Oncology

Lemieux, Melissa, MD
Carmichael, CA

STEVENSON, JOHN, MD
Carmichael, CA
Sacramento, CA

WIEGNER, ELLEN MARIE, MD
Carmichael, CA
Sacramento, CA

Wheatley, Matthew, MD
Carmichael, CA

Registered Dietitian / Nutritionist

ALEMAN, MARY, RD
Sacramento, CA

Azevedo, John, RD
Elk Grove, CA

FIELDS, JUDITH, RD
Fair Oaks, CA

Kearney, Brittany, RD
Folsom, CA

Rheumatology

CHAPARALA, GEETA, MD
Sacramento, CA

LEHMAN, DAVID, MD
Sacramento, CA*

ROBERTS, DOUGLAS, MD
Sacramento, CA

WIESNER, KENNETH, MD
Sacramento, CA

Surgery Cardiovascular

BREWER, ZACHARY, MD
Sacramento, CA

KAPLON, RICHARD, MD
Sacramento, CA

MORRIS, ALLEN, MD
Sacramento, CA

ROSSITER, STEPHEN, MD
Sacramento, CA

SHARMA, KAPIL, MD
Sacramento, CA

SLACHMAN, FRANK, MD
Sacramento, CA

Surgery Colon Surgery

Conner, James, MD
Carmichael, CA

Karanjawala, Burzeen, MD
Sacramento, CA

LAW, TIMOTHY, MD
Sacramento, CA

RODRIGUEZ, DAVID, MD
Sacramento, CA

YU, JEANNE, MD
Carmichael, CA
Sacramento, CA

ZEGARRA, J, MD
Sacramento, CA

Surgery General Vascular

TAJLIL-TABRIZI, ALI, MD
Sacramento, CA

VELASTEGUI, ROMEL, MD
Carmichael, CA

Surgery General

AGUILAR, MICHAEL, MD
Sacramento, CA

AMIRIKIA, KATHRYN, MD
Folsom, CA

BROOKS, JEFFREY, MD
Citrus Heights, CA

CHEN, RYAN, MD
Carmichael, CA

ESLAMI, AFSHIN, MD
Folsom, CA*

GATSCHET, HSINJU, MD
Sacramento, CA

HAAGENSEN, DARROW, MD
Sacramento, CA

* Indicates accepting current patients only.

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HILL PHYS SACRAMENTO PRIMED INC, continued/continuación

Specialty Physicians/Médicos especialistas

LEE, SEUNG KWON, MD

Carmichael, CA
Elk Grove, CA

LONG, WEN, MD

Sacramento, CA

MILNE, LAWRENCE, MD

Citrus Heights, CA - Teleservice

O'MALLEY, PATRICK, MD

Folsom, CA

PARK, JASON, MD

Sacramento, CA

RAJAGOPAL, THIRU, MD

Sacramento, CA

Robertson, Jay, DO

Carmichael, CA

SEN, SOMAN, MD

Sacramento, CA

SKEEHAN, DAVID, DO

Carmichael, CA

Surgery Hand Orthopedic

MABOURAKH, SHAHRIAR, MD

Folsom, CA

Surgery Hand

LIN, JAMES, MD

Elk Grove, CA

LIPSON, SCOTT, MD

Sacramento, CA

Steiner, Murphy, MD

Sacramento, CA

WILSON, CHRISTOPHER, MD

Sacramento, CA

Surgery Neurological

COBB, CULLY, MD

Sacramento, CA

Hsieh, Kevin, MD

Folsom, CA

Sacramento, CA

PRASAD, PRAVEEN, MD

Sacramento, CA

Surgery Orthopedic

BARAD, STEVEN, MD

Sacramento, CA

BHANDAL, NUVPREET, MD

Carmichael, CA

CAMETO, ROBERT, MD

Carmichael, CA

CERRUTI, MICHAEL, MD

Sacramento, CA

Sacramento, CA

DAMICO, DANIEL, MD

Sacramento, CA

ENDICOTT, MARK, MD

Sacramento, CA

FUJII, SCOTT, MD

Carmichael, CA

Carmichael, CA

GREENE, HUNTER, MD

Carmichael, CA

GUILFOY, GUY, MD

Folsom, CA

HIRAHARA, ALAN, MD

Sacramento, CA

HOWELL, STEPHEN, MD

Sacramento, CA

JACKSON, HAROLD, MD

Elk Grove, CA

Sacramento, CA

JAMES, RON, MD

Elk Grove, CA

Sacramento, CA

KHASIGIAN, HARRY, MD

Sacramento, CA

LEATHERS, MICHAEL, MD

Sacramento, CA

LIAN, GEORGE, MD

Sacramento, CA

Leathers, Michael, MD

Sacramento, CA

MAR, TIMOTHY, MD

Sacramento, CA

NEUBUERGER, CHRISTOPHER, MD

Sacramento, CA

Nedopil, Alexander, MD

Sacramento, CA

PICETTI, GEORGE, MD

Sacramento, CA

RAMACHANDRAN, RAVI, MD

Folsom, CA

Ratnayake, Ruwan, MD

Sacramento, CA

Ⓐ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

SASAURA, PAUL, MD

Carmichael, CA

SFAKIANOS, PETER, MD

Folsom, CA

SLATER, ROBERT, MD

Folsom, CA

STRAUCH, HAROLD, MD

Sacramento, CA

VERCH, DANA, MD

Folsom, CA

WIEDEMAN, GEOFFREY, MD

Sacramento, CA

WONG, CEDRIC, MD

Folsom, CA

Wahlquist, Sean, MD

Folsom, CA

Surgery Plastic

BERMUDEZ, EDUARDO, MD

Sacramento, CA

COSCIA, JOSEPH, MD

Sacramento, CA

GREEN, SCOTT, MD

Sacramento, CA

Goggin, James, MD

Sacramento, CA

LIU, TOM, MD

Sacramento, CA

MAGUINA, PIRKO, MD

Sacramento, CA

NIAZI, ZAHID, MD

Elk Grove, CA

Surgery Thoracic

DIPERNA, COSTANZO, MD

Carmichael, CA

WILLIAMS, TREVOR, MD

Carmichael, CA

Surgical Oncology

Singla, Smit, MD

Sacramento, CA

Urology

BRENNAN, JAMES, MD

Carmichael, CA

GOLDEN, JULIA, DO

Sacramento, CA

JAVIDAN-NEJAD, JAVID, MD

Carmichael, CA

NAFTULIN, BRIAN, MD

Folsom, CA

**POONAMALLEE,
UDAYSHANKAR, MD**

Folsom, CA

SETHI, PRITHIPAL, MD

Sacramento, CA

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

Direct Urgent Care INC
4156 MANZANITA AVE
Carmichael, CA 95608
(916) 488-6337

Specialty

Physicians/Médicos
especialistas

Hematology / Oncology

JAVEED, MANSOOR, MD
Folsom, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 59.

Proveedores de servicios de salud
mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 59.

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.
/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

**TRINITY URGENT AND
OCCUPATIONAL HEALTH**

7811 LAGUNA BLVD # 161
Elk Grove, CA 95758
(916) 877-7778
M-F 9AM-9PM
SA,SU 9AM-9PM

**PCPs/Médicos de atención
primaria (PCP)**

Family Practice

OCEGUERA, JORGE, MD 

ID No. 100056785003
387 CIVIC DR
Galt, CA 95632
(209) 745-8080

Internal Medicine

WASEEM, MOHIUDDIN, MD


ID No. 100016260008
387 Civic Dr
GALT, CA 95632
(209) 745-8080

Specialty

**Physicians/Médicos
especialistas**

Hepatology

GISH, ROBERT, MD
Folsom, CA

Optometrist

TREAT, JUSTIN, OD
Sacramento, CA

Pediatric Cardiology

Kovalenko, Oleg, MD
Sacramento, CA

MANOHAR, NAVEEN, MD
Sacramento, CA

Surgery Orthopedic

Nedopil, Alexander, MD
Sacramento, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 59.

**Proveedores de servicios de salud
mental**

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 59.

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

MERCY MEDICAL GROUP

Affiliated Hospitals/Hospitales afiliados

Affiliated Hospitals/Hospitales afiliados

**MERCY GENERAL
HOSPITAL** Ⓞ
4001 J ST
Sacramento, CA 95819

**MERCY HOSPITAL OF
FOLSOM** Ⓞ
1650 CREEKSIDE DR
Folsom, CA 95630

**MERCY SAN JUAN MEDICAL
CENTER** Ⓞ
6501 COYLE AVE
Carmichael, CA 95608

**METHODIST HOSP OF
SACRAMENTO** Ⓞ
7500 HOSPITAL DR
Sacramento, CA 95823

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

MERCY MEDICAL GROUP
3000 Q ST
Sacramento, CA 95816
(916) 733-3377
M-F 9AM-9PM
SA,SU 9AM-5PM

PCPs/Médicos de atención primaria (PCP)

Family Practice

Ali, Roksana, MD Ⓢ
ID No. 100321764003
1700 PRAIRIE CITY RD
FOLSOM, CA 95630
(916) 351-4800

BABB, MEGAN, DO Ⓢ*
ID No. 100241034004
1700 PRAIRIE CITY RD
FOLSOM, CA 95630
(916) 351-4800

BRAID, CHRISTINE, DO Ⓢ*
ID No. 100090865003
8001 MADISON AVE
Citrus Heights, CA 95610
(916) 536-2420

Belcher, Shaunye, MD Ⓢ
ID No. 100330985003
8220 Wymark Dr
Elk Grove, CA 95757
(916) 667-0600

**CAFARELLA, KIMBERLY,
MD** Ⓢ*
ID No. 100078495004
1700 PRAIRIE CITY RD
Folsom, CA 95630
(916) 351-4800

DEITCHMAN, JASON, MD Ⓢ*
ID No. 100187300006
8001 Madison Ave
Citrus Heights, CA 95610
(916) 536-2420

Divin, Cecilia, MD Ⓢ
ID No. 100216395008
9394 Big Horn Blvd
Elk Grove, CA 95758
(916) 691-8500
Languages: Spanish

Divin, Cecilia, MD Ⓢ
ID No. 100216395002
4400 DUCKHORN DR # 100
Sacramento, CA 95834
(916) 575-8000
Languages: Spanish

Esguerra, Caroline, MD Ⓢ
ID No. 100291310002
4400 DUCKHORN DR
SACRAMENTO, CA 95834
(916) 575-8000

Ⓞ=LeapFrog

Ⓢ=Female/Mujer Ⓢ=Male/Hombre

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MERCY MEDICAL GROUP, continued/continuación

PCPs/Médicos de atención primaria (PCP)

GANAL, MENALIN, DO ⑥

ID No. 100260575002
9394 BIG HORN BLVD
ELK GROVE, CA 95758
(916) 691-8500

HSIAO, PATRICIA, MD ⑥

ID No. 100282909002
8001 MADISON AVE
CITRUS HEIGHTS, CA 95610
(916) 536-2420

LARA, DANIEL, DO ⑥

ID No. 100379521011
1700 Prairie City Rd
Folsom, CA 95630
(916) 351-4800

LARA, DANIEL, DO ⑥

ID No. 100379521013
3000 Q ST FL 3
SACRAMENTO, CA 95816
(916) 733-3400

LARA, DANIEL, DO ⑥

ID No. 100379521009
8120 TIMBERLAKE WAY # 107
SACRAMENTO, CA 95823
(916) 681-6000

LIN, WENDY, MD ⑥*

ID No. 100078363003
9394 BIG HORN BLVD
Elk Grove, CA 95758
(916) 691-8500

MANALOTO, THERESA, MD

⑥
ID No. 100064779010
8001 Madison Ave
CITRUS HEIGHTS, CA 95610
(916) 536-2420
Languages: Tagalog

NICHOLAS, RYAN, MD ⑥*

ID No. 100065249005
1700 PRAIRIE CITY RD
FOLSOM, CA 95630
(916) 351-4800

OFODIRE, CHISOM, MD ⑥

ID No. 100376642002
3000 Q ST FL 2
SACRAMENTO, CA 95816
(916) 733-3440
Languages: Igbo

PANTIG ASTORGA,

ROWENA, MD ⑥*
ID No. 100040748004
8220 WYMARK DR # 200
Elk Grove, CA 95757
(916) 667-0600

PETROVICH, ANNA, DO ⑥*

ID No. 100107691005
6555 COYLE AVE ste 380
Carmichael, CA 95608
(916) 536-3540
Languages: Russian

PETROVICH, ANNA, DO ⑥*

ID No. 100107691009
7115 GREENBACK LN FL 3
Citrus Heights, CA 95621
(916) 536-3540
Languages: Russian

Pham, Nikki, MD ⑥

ID No. 100365124003
7115 GREENBACK LN FL 3
CITRUS HEIGHTS, CA 95621
(916) 536-3540
Languages: Vietnamese

ROBERTS, JOAN, MD ⑥*

ID No. 100189991008
9394 Big Horn Blvd
Elk Grove, CA 95758
(916) 691-8500

Ryan, Victoria, MD ⑥

ID No. 100365134003
7115 GREENBACK LN FL 3
CITRUS HEIGHTS, CA 95621
(916) 536-3620

SOLLER-BELTRAN, MARIA

CARMEL, MD ⑥
ID No. 100134275003
3000 Q ST
Sacramento, CA 95816
(916) 733-3440

SPROWL, LISA, MD ⑥

ID No. 100167141003
4400 DUCKHORN DR STE 100
Sacramento, CA 95834
(916) 575-8000

Saavedra, Austin, MD ⑥

ID No. 100347042002
1700 PRAIRIE CITY RD
FOLSOM, CA 95630
(916) 351-4800
Languages: Tagalog

TAY, THEAM, MD ⑥*

ID No. 100024711003
3000 Q ST
Sacramento, CA 95816
(916) 733-3400

Toussi, Reza, MD ⑥

ID No. 100114144008
7115 GREENBACK LN FL 3
CITRUS HEIGHTS, CA 95621
(916) 536-3540
Languages: Farsi

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

MERCY MEDICAL GROUP, continued/continuación

PCPs/Médicos de atención primaria (PCP)

Toussi, Reza, MD Ⓜ*

ID No. 100114144003
 6555 COYLE AVE ste 380
 Carmichael, CA 95608
 (916) 536-3540

*Languages: Farsi***VALDEZ, THOMAS, MD** Ⓜ

ID No. 100095107005
 9394 BIG HORN BLVD
 Elk Grove, CA 95758
 (916) 691-8500

*Languages: German, Spanish***VARUGHESE, BIJU, MD** Ⓜ

ID No. 100071083003
 3000 Q ST
 Sacramento, CA 95816
 (916) 733-3440

ZARA, JOJET, MD Ⓜ

ID No. 100168648008
 7115 GREENBACK LN FL 3
 CITRUS HEIGHTS, CA 95621
 (916) 536-3540

*Languages: Tagalog***ZARA, JOJET, MD** Ⓜ

ID No. 100168648003
 6555 COYLE AVE ste 380
 Carmichael, CA 95608
 (916) 536-3540

*Languages: Tagalog***Internal Medicine****ABSHIRE, JAMES, MD** Ⓜ*

ID No. 100009658003
 3000 Q ST
 Sacramento, CA 95816
 (916) 733-3400

ALI, SYED, MD Ⓜ

ID No. 100200250006
 3000 Q ST
 SACRAMENTO, CA 95816
 (916) 733-3400

ARREDONDO, FELIPE, MD Ⓜ

ID No. 100373670002
 3000 Q ST FL 3
 SACRAMENTO, CA 95816
 (916) 733-3400

Aryal, Nitu, MD Ⓜ*

ID No. 100261136002
 3000 Q ST
 SACRAMENTO, CA 95816
 (916) 733-3400

CHIN, MELODY, MD Ⓜ

ID No. 100366061002
 3000 Q ST FL 3
 SACRAMENTO, CA 95816
 (916) 733-3400
Languages: Chinese, Mandarin

Chan, Choon-Weng, MD Ⓜ

ID No. 100213689004
 8220 WYMARK DR
 ELK GROVE, CA 95757
 (916) 667-0600

Ghaemmaghmi, Masoud, MD

Ⓜ
 ID No. 100237930002
 1650 Creekside Dr
 Folsom, CA 95630
 (916) 986-4426

HALLORAN, JOHN, DO Ⓜ

ID No. 100383595002
 3000 Q ST FL 3
 SACRAMENTO, CA 95816
 (916) 733-3400

KHAN, WAJAHAT, MD Ⓜ

ID No. 100014190004
 8220 WYMARK DR # 200
 Elk Grove, CA 95757
 (916) 667-0600

*Languages: Spanish***LEE, DAVID, MD** Ⓜ

ID No. 100062215007
 8220 Wymark Dr
 Elk Grove, CA 95757
 (916) 667-0600

NASSIM YAZD, ARASH, MD

Ⓜ
 ID No. 100027832003
 4400 DUCKHORN DR STE 100
 Sacramento, CA 95834
 (916) 575-8000

PHAM, HOANG, MD Ⓜ

ID No. 100339444002
 6555 COYLE AVE # 280
 CARMICHAEL, CA 95608
 (916) 536-3540

*Languages: Vietnamese***PHAM, HOANG, MD** Ⓜ

ID No. 100339444007
 7115 GREENBACK LN FL 2
 CITRUS HEIGHTS, CA 95621
 (916) 536-3540

*Languages: Vietnamese***Patel, Sapna, DO** Ⓜ

ID No. 100341665004
 7115 GREENBACK LN FL 2(IM
 CITRUS HEIGHTS, CA 95621
 (916) 536-3620

Languages: Gujarati, Spanish

Ⓜ=LeapFrog

Ⓜ=Female/Mujer Ⓜ=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

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MERCY MEDICAL GROUP, continued/continuación

PCPs/Médicos de atención primaria (PCP)

ROGANOVIC, MIRA, MD ☉

ID No. 100022559004
8220 WYMARK DR # 200
Elk Grove, CA 95757
(916) 667-0600

SAEED, ANWAR, MD ☉

ID No. 100010435022
6555 COYLE AVE ste 380
Carmichael, CA 95608
(916) 536-3620

SHARMA, KINGSHUK, MD ☉

ID No. 100014994003
3000 Q ST
Sacramento, CA 95816
(916) 733-3400

SUPIT, SYDNEY, MD ☉

ID No. 100109442011
3000 Q St
Sacramento, CA 95816
(916) 733-3400

Sandoval Phillips, Teresa, MD ☉

ID No. 100277466006
4400 DUCKHORN DR # 100
SACRAMENTO, CA 95834
(916) 575-8000
Languages: Spanish

Singh, Harkanwal, MD ☉*

ID No. 100307020025
6555 COYLE AVE # 280
CARMICHAEL, CA 95608
(916) 536-3560
Languages: Hindi, Punjabi, Urdu

Singh, Harkanwal, MD ☉*

ID No. 100307020024
1700 PRAIRIE CITY RD
FOLSOM, CA 95630
(916) 351-4800
Languages: Hindi, Punjabi, Urdu

Singh, Harkanwal, MD ☉*

ID No. 100307020026
3000 Q ST FL 3
SACRAMENTO, CA 95816
(916) 733-3400
Languages: Hindi, Punjabi, Urdu

Singh, Harkanwal, MD ☉*

ID No. 100307020027
8120 TIMBERLAKE WAY # 107
SACRAMENTO, CA 95823
(916) 681-6000
Languages: Hindi, Punjabi, Urdu

TORLAK, EDINA, MD ☉

ID No. 100185246004
6555 COYLE AVE
CARMICHAEL, CA 95608
(916) 536-3620

TORLAK, EDINA, MD ☉

ID No. 100185246009
7115 GREENBACK LN FL 2
CITRUS HEIGHTS, CA 95621
(916) 536-3540

TREWN, RAJINDER, MD ☉

ID No. 100070632023
4400 DUCKHORN DR # 100
SACRAMENTO, CA 95834
(916) 575-8000
Languages: Hindi, Punjabi

TSAI, JANE, MD ☉*

ID No. 100023248003
3000 Q ST
Sacramento, CA 95816
(916) 733-3400

YUEN, DANIEL, MD ☉*

ID No. 100105754003
8120 TIMBERLAKE WAY STE
101
Sacramento, CA 95823
(916) 681-6000
Languages: Chinese

YUEN, WALTER, DO ☉*

ID No. 100190790002
7500 HOSPITAL DR
SACRAMENTO, CA 95823
(916) 681-6000

YU, AARON, DO ☉

ID No. 100376638002
7115 GREENBACK LN FL 2
Citrus Heights, CA 95621
(916) 536-3620

Zubair, Muhammad, MD ☉

ID No. 100318536002
8120 TIMBERLAKE WAY # 107
Sacramento, CA 95823
(916) 681-6000

Specialty
Physicians/Médicos
especialistas

***Advanced Heart Failure and
Transplant Cardiology***

JANMOHAMED, MUNIR, MD

Elk Grove, CA
Sacramento, CA

Allergy Immunology**INAMDAR, SYEDA, MD**

Elk Grove, CA
Elk Grove, CA
Sacramento, CA

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MERCY MEDICAL GROUP, continued/continuación

Specialty Physicians/Médicos especialistas

MANDAL, BINITA, MD

Carmichael, CA
Citrus Heights, CA
Folsom, CA

Parikh, Neil, MD

Citrus Heights, CA
Sacramento, CA

Anesthesiology Critical Care Medicine

CAMPBELL, ERIK, MD

Sacramento, CA

Anesthesiology Pain Management

Kim, Brian, MD

Carmichael, CA
Citrus Heights, CA
Sacramento, CA

Cardiac Electrophysiology

ARYANA, ARASH, MD

Carmichael, CA
Sacramento, CA

Bowers, Mark, MD

Sacramento, CA

Cardiology

ARYANA, ARASH, MD

Sacramento, CA

Adusumalli, Sundeep, MD

Carmichael, CA

Bowers, Mark, MD

Sacramento, CA

JAFARZADEH, MEHRDAD, MD

Carmichael, CA

LAO, DAVID, MD

Carmichael, CA
Elk Grove, CA
Folsom, CA
Sacramento, CA

LEE, TIMOTHY, MD

Carmichael, CA
Elk Grove, CA

MALMSTEN, CATHARINE, MD

Elk Grove, CA

Nguyen, Tin, MD

Sacramento, CA
Sacramento, CA

O'NEILL, PADRAIG, MD

Sacramento, CA

Oliveira, Ana Bela, NP

Carmichael, CA*
Carmichael, CA
Sacramento, CA*

Orakzai, Sarwar, MD

Sacramento, CA
Sacramento, CA

RANDHAWA, TEJPAL, MD

Sacramento, CA

SINGH, KARANJIT, MD

Sacramento, CA

Toofaninejad, Azadeh, MD

Elk Grove, CA
Folsom, CA

Cardiovascular Disease

BHASKAR, ROHIT, MD

Carmichael, CA
Sacramento, CA
Sacramento, CA

Bezwada, Prema, MD

Carmichael, CA

O'NEILL, PADRAIG, MD

Sacramento, CA

SINGH, AMARDEEP, MD

Carmichael, CA
Sacramento, CA

Certified Nurse Practitioner

ADAMEK, LISA, NP

Citrus Heights, CA

Abriam, Sherell, NP

Carmichael, CA*

Baba, Dennis, NP

Carmichael, CA
Folsom, CA
Sacramento, CA
Sacramento, CA

Beatty, Kimberly, NP

Citrus Heights, CA*

CONTRERAS, ANA, NP

Citrus Heights, CA
Elk Grove, CA
Elk Grove, CA

COVINGTON, MERLINE, NP

Carmichael, CA
Citrus Heights, CA
Sacramento, CA

Chumbar, Harpreya, NP

Sacramento, CA*

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MERCY MEDICAL GROUP, continued/continuación

Specialty Physicians/Médicos especialistas

Crow Petersen, Julie, NP
Sacramento, CA

DODSON, TIFFANY, NP
Citrus Heights, CA

GAZA, MARY GRACE, NP
Sacramento, CA

GENSLER, DANIEL, NPF
Sacramento, CA

GORSI, GAHFORA, NP
Sacramento, CA

GOVE, SAMANTHA, NP
Sacramento, CA*

GREEN, JAIME, NP
Sacramento, CA

GROSSMAN, LEAH, NP
Sacramento, CA*

**GUNTHERMAHER, LAURA,
NP**
Folsom, CA
Sacramento, CA

HUANG, MAN-LI, NP
Citrus Heights, CA
Sacramento, CA

Jordan, Sarah, NP
Citrus Heights, CA*
Sacramento, CA

KAJANI, SAMINA, NP
Carmichael, CA
Sacramento, CA

KAUFFMAN, DEBRA, NP
Folsom, CA*

Kolbach, Celia, NP
Carmichael, CA*

LEHR, ASHLYN, NP
Carmichael, CA
Folsom, CA
Sacramento, CA

Lewis, Cassie, NP
Sacramento, CA*

MOLINA, LYLE, RN
Sacramento, CA*

**NGUYEN-SHARMA, UYEN,
NP**
Carmichael, CA

Noori, Neelofar, NP
Elk Grove, CA
Sacramento, CA

North, Lisa, NP
Sacramento, CA*

STILLIAN, ROBYN, NP
Carmichael, CA

Sang, Kristy, NP
Sacramento, CA*

Thum, Stacie, NP
Folsom, CA
Folsom, CA

Dermatology

Bowers, Elyn, MD
Folsom, CA

He, Yong, MD
Citrus Heights, CA

KRAMER, JESSE, MD
Sacramento, CA

Emergency Medicine

CORL, KEITH, MD
Carmichael, CA
Folsom, CA
Sacramento, CA

Du, Jenny, DO
Sacramento, CA

LEE, JEAN, MD
Sacramento, CA

MARTA, KIMETTE, MD
Elk Grove, CA
Folsom, CA
Sacramento, CA
Sacramento, CA

THORNBURG, AARON, DO
Folsom, CA

***Endocrinology Metabolism
Diabetes***

ANSARI, ADEELA, MD
Citrus Heights, CA
Elk Grove, CA
Elk Grove, CA
Sacramento, CA

Gebremedhin, Efrem, MD
Folsom, CA
Sacramento, CA

RICHARDS, PATRICK, MD
Elk Grove, CA
Elk Grove, CA
Sacramento, CA

***Family Practice Geriatric
Medicine***

JAVAHERI, ASHKAN, MD
Sacramento, CA

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MERCY MEDICAL GROUP, continued/continuación

Specialty Physicians/Médicos especialistas

Family Practice Sports Medicine

SHENG, DANA, MD
Carmichael, CA
Sacramento, CA

Family Practice

Austin, William, MD
Folsom, CA*

BAHIA, SURINDER, MD
Carmichael, CA*

BOZDECH, ANDREW, MD
Carmichael, CA*
Sacramento, CA
Sacramento, CA

Borofka, Kristian, DO
Carmichael, CA*
Folsom, CA*
Sacramento, CA*
Sacramento, CA*

DRAPALA, DREW-ANNE, MD
Sacramento, CA*

GREWAL, SHARNJIT, MD
Sacramento, CA*
Sacramento, CA

GUENTHER, KIMBERLY, DO
Carmichael, CA*

HANIF, AISHA, MD
Sacramento, CA*

Khan, Aliyah, MD
Folsom, CA

LIAO, SHERRY, MD
Carmichael, CA*
Folsom, CA*
Sacramento, CA*

LI, HAO, MD
Sacramento, CA*

MILES, DONALD, MD
Sacramento, CA

Pierce, Laura, DO
Sacramento, CA*

RATLEY, MARK, MD
Carmichael, CA
Sacramento, CA*

REYNA, ARLENE, MD
Carmichael, CA
Folsom, CA
Sacramento, CA

SPEARS, JASON, DO
Carmichael, CA
Sacramento, CA*

Saetern, Anthony, MD
Sacramento, CA*

VALENZUELA, PETER, MD
Citrus Heights, CA
Sacramento, CA

Vang, Mai, MD
Sacramento, CA
Sacramento, CA

Gastroenterology

**CHERUVATTATH, REKHA,
MD**
Sacramento, CA

DEBOSE, RENEE, MD
Folsom, CA
Sacramento, CA

IMPERATO, THOMAS, MD
Sacramento, CA

KHAN, RANA, MD
Folsom, CA
Sacramento, CA

MASSARO, MICHAEL, MD
Elk Grove, CA

SANDHU, KULDIP, MD
Carmichael, CA
Folsom, CA

Singh, Amanpal, MD
Carmichael, CA

Valluru, Nalini, MD
Carmichael, CA

Zhang, Johnathan, MD
Sacramento, CA

General Practice

Nguyen Xiong, Cheng, MD
Carmichael, CA
Folsom, CA
Sacramento, CA
Sacramento, CA

Gynecologic Oncology

Dholakiya, Priyal, MD
Carmichael, CA
Sacramento, CA

ELLIOTT, KEVIN, MD
Carmichael, CA

FOWLER, WILEY, MD
Carmichael, CA
Sacramento, CA

Hematology / Oncology

LAPTALO, LUKO, MD
Carmichael, CA
Sacramento, CA

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MERCY MEDICAL GROUP, continued/continuación

Specialty Physicians/Médicos especialistas

SHAHEED, GURVINDER, MD

Carmichael, CA

SHIHABI, SAMER, MDCarmichael, CA
Elk Grove, CA
Sacramento, CA**SIDDIQUE, SHAHZAD, MD**Carmichael, CA
Sacramento, CA***Hospitalist MD/DO*****DHILLON, AMANDEEP, MD**Folsom, CA
Sacramento, CA**EDWARDS, JOSHUA, MD**Carmichael, CA*
Folsom, CA***Goyal, Vivek, MD**Carmichael, CA*
Sacramento, CA***KELEMEWORK, ALEX, MD**Carmichael, CA
Folsom, CA
Sacramento, CA**KOPP, JACOB, MD**Carmichael, CA
Folsom, CA
Sacramento, CA**MCILRAITH, THOMAS, MD**Carmichael, CA*
Sacramento, CA***PHAN, ETHAN, MD**Carmichael, CA*
Folsom, CA*
Sacramento, CA*
Sacramento, CA***Russell, Alberto, MD**Carmichael, CA
Sacramento, CA**SWARTOUT, KURT, MD**Carmichael, CA*
Folsom, CA*
Sacramento, CA*
Sacramento, CA***Singh, Harkanwal, MD**Carmichael, CA*
Folsom, CA*
Sacramento, CA*
Sacramento, CA***Sura, Mihir, MD**Carmichael, CA
Folsom, CA
Sacramento, CA**WONG, GEORGE, DO**Carmichael, CA
Sacramento, CA***Infectious Disease*****ABDERRAHMANE, SANAZ, MD**

Sacramento, CA

KABBESH, MOHAMMAD**JABER, MD**
Sacramento, CA**Zimmerman, Robert, MD**

Sacramento, CA

Internal Medicine Critical Care Medicine**Greer, Robert, MD**Carmichael, CA
Folsom, CA**NORRIS, ANDREW, MD**Carmichael, CA
Elk Grove, CA
Folsom, CA
Sacramento, CA**REIDY, MICHAEL, MD**

Folsom, CA

SHAIKH, MOHAMMED, MD

Folsom, CA*

SRIRATANAVIRIYAKUL, NARIN, MD

Carmichael, CA

SURAPANENI, NIRMALA, MD

Folsom, CA*

Skaria, Shaji, MD

Sacramento, CA

VISHWASRAO, PRACHI, MD

Folsom, CA

Internal Medicine Geriatric Medicine**Bhutani, Shivani, MD**

Sacramento, CA

Internal Medicine**ADUSUMALLI, MURALI, MD**Carmichael, CA*
Folsom, CA*
Folsom, CA***ALI, AMER, MD**

Carmichael, CA*

Aung, Mya, MD

Carmichael, CA*

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MERCY MEDICAL GROUP, continued/continuación

Specialty Physicians/Médicos especialistas

BADHWAR, GAGAN, DOCarmichael, CA
Folsom, CA**BAIDWAN, AVIJIT, MD**Carmichael, CA
Folsom, CA
Sacramento, CA**BHAROLIA, ASHISH, MD**

Carmichael, CA*

BIGLER, TERRI, MD

Carmichael, CA*

BILLOW, DAKANE, MD

Carmichael, CA*

Bui, Vivian, MDCarmichael, CA*
Sacramento, CA*
Sacramento, CA***CHA, JOHN, MD**Carmichael, CA
Folsom, CA
Sacramento, CA
Sacramento, CA**CHICKABALLAPUR****NARAYANASW, AJITH, MD**Carmichael, CA*
Folsom, CA*
Sacramento, CA***CLAYDON, NATHAN, MD**Carmichael, CA
Folsom, CA
Sacramento, CA**Chrysofakis-Baiduc, Bettina,
MD**

Sacramento, CA

DO, THOMAS, MD

Carmichael, CA

DUDDERAR, RAQUEL, MD

Sacramento, CA

EDWARDS, JOSHUA, MDCarmichael, CA
Folsom, CA
Sacramento, CA
Sacramento, CA**EVURI, VISHNU, MD**Carmichael, CA
Folsom, CA
Sacramento, CA
Sacramento, CA**GARCHA, GAGAN, MD**

Folsom, CA

GREWAL, RAJPREET, MDCarmichael, CA
Folsom, CA
Sacramento, CA**Ghaemmaghami, Saeid, MD**Carmichael, CA
Folsom, CA
Sacramento, CA
Sacramento, CA**Goyal, Vivek, MD**

Sacramento, CA*

HAJIANI, RAFIEH, MD

Carmichael, CA*

Haider, Syed, MD

Sacramento, CA*

Hans, Harliv, MDCarmichael, CA*
Folsom, CA*
Sacramento, CA*
Sacramento, CA***Hsiao, Henry, MD**Carmichael, CA
Sacramento, CA**Htein, Kyi Kyi, MD**

Carmichael, CA*

Huynh, Donovan, MD

Sacramento, CA*

Jayaraman, Raheswari, MD

Folsom, CA*

KAHLON, KANWALJIT, MDCarmichael, CA
Folsom, CA**LEYBLE, EUGENE, MD**Carmichael, CA
Sacramento, CA
Sacramento, CA**Lee, Mai, MD**

Sacramento, CA*

MACELLARI, MICHAEL, DOCarmichael, CA
Folsom, CA
Sacramento, CA
Sacramento, CA**MAHESH, SARADHA, MD**

Sacramento, CA

**MAJID, MOHAMMAD NABIL,
MD**Carmichael, CA
Sacramento, CA**MANTILLA, GUILLERMO,
MD**

Carmichael, CA*

MATANI, SATYEN, MD

Sacramento, CA

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MERCY MEDICAL GROUP, continued/continuación

Specialty Physicians/Médicos especialistas

MA, THAN THAN, MD

Carmichael, CA

MCILRAITH, THOMAS, MDCarmichael, CA
Sacramento, CA*
Sacramento, CA**MOSTOFA, KEKA, MD**

Folsom, CA*

MUKHTAR, NADEEM, DOCarmichael, CA
Folsom, CA**NATT, GUNEET, MD**Folsom, CA*
Sacramento, CA***NOOREEN, SAIQUA, MD**Carmichael, CA
Folsom, CA
Sacramento, CA**NUH, ABDIRAHMAN, MD**

Carmichael, CA

OHEL TREE, SARA, MD

Folsom, CA

OSBORN, JENNIFER, MD

Carmichael, CA*

PAVLOVA, RIMMA, MDCarmichael, CA
Sacramento, CA**Padda, Sherman, DO**Carmichael, CA
Folsom, CA
Sacramento, CA
Sacramento, CA**QIANG, MEI, MD**

Carmichael, CA

SENNIMALAI,**GEETHANJALI, MD**Carmichael, CA*
Sacramento, CA**SHAREEF, MOHAMMED, MD**

Carmichael, CA

SOROUR, DAVID, MD

Sacramento, CA*

SRIKULMONTREE,**THITINAN, MD**

Carmichael, CA

Sampley, Kiran, MD

Sacramento, CA*

Sandhu, Karanpal, MD

Folsom, CA

Saung, May Thu, MDCarmichael, CA
Folsom, CA
Sacramento, CA
Sacramento, CA**Sentana, Debby, MD**

Sacramento, CA*

Singh, Prabhbir, MDSacramento, CA*
Sacramento, CA***Somers, Gerard, DO**

Sacramento, CA*

TREKI, WALAA, MDCarmichael, CA
Folsom, CA
Sacramento, CA
Sacramento, CA**TU, RICHARD, MD**

Carmichael, CA*

Tamura, Leslie, DOCarmichael, CA*
Sacramento, CA*
Sacramento, CA**Thiri, Nay Nay, MD**

Carmichael, CA*

VALADKHANI, SHERWIN, MDCarmichael, CA
Sacramento, CA*
Sacramento, CA**VARUDU, SYAMA, MD**

Folsom, CA

WONG, CHUNG, DOCarmichael, CA
Folsom, CA
Sacramento, CA
Sacramento, CA**YANG, PATERRA, MD**

Sacramento, CA*

ZAHRIYA, ALAA, MD

Carmichael, CA

*Interventional Cardiology***KOZINA, JOSEPH, MD**

Sacramento, CA

LAO, DAVID, MD

Carmichael, CA

MAJETICH, NICK, MD

Carmichael, CA

MARQUARDT, WALT, MD

Sacramento, CA

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MERCY MEDICAL GROUP, continued/continuación

Specialty Physicians/Médicos especialistas

Medical Oncology

ONG, DELPHINE, MD

Elk Grove, CA

Neonatal / Perinatal Medicine

DESAI, GAURANG, MD

Carmichael, CA*

GETMAN, CAROLYN, MD

Carmichael, CA*

Hoover, Jeffery, MD

Carmichael, CA*

Kao, Bernard, MD

Carmichael, CA*

MANEY, RACHEL, MD

Carmichael, CA*

RANU, JASKIRAN, MD

Carmichael, CA

Folsom, CA

Sacramento, CA

Sacramento, CA

SAEED, DIANE, MD

Carmichael, CA*

WARTELL, ANTHONY, MD

Carmichael, CA*

Nephrology

MOMI, JASMINDER, MD

Sacramento, CA

PATEL, USHIR, MD

Sacramento, CA*

POONIA, ROOPINDER, MD

Carmichael, CA

Neurology Critical Care Medicine

FAN, HOWARD, MD

Carmichael, CA*

Neurology

CHAUDHARY, ASAD, MD

Elk Grove, CA

Elk Grove, CA

Folsom, CA

Sacramento, CA

CHEUNG, KENNETH, MD

Carmichael, CA

Elk Grove, CA

CRUZ, EDWIN, MD

Elk Grove, CA

Folsom, CA

Sacramento, CA

DENGEL, MICHAEL, MD

Carmichael, CA

Elk Grove, CA

Sacramento, CA

DIAS, ROBERT, MD

Carmichael, CA

Folsom, CA

Sacramento, CA

HADI, EHSAN, MD

Elk Grove, CA

Folsom, CA

KUDRIMOTI, HEMANT, MD

Carmichael, CA

LULU, SABEEN, MD

Carmichael, CA

Elk Grove, CA

Folsom, CA

Sacramento, CA

MAIDAN, LUCIAN, MD

Elk Grove, CA

Folsom, CA

Sacramento, CA

PIRSAHELI, REZA, MD

Carmichael, CA

SAHRAKAR, KAMRAN, MD

Carmichael, CA

Sacramento, CA

Sacramento, CA

SHATZEL, ALAN, DO

Folsom, CA

Sacramento, CA

SKAFF, PETER, MD

Carmichael, CA

Elk Grove, CA

Folsom, CA

Sacramento, CA

Nuclear Medicine

Marentis, Theodore, MD

Carmichael, CA*

Carmichael, CA*

Carmichael, CA*

Carmichael, CA*

Carmichael, CA*

Elk Grove, CA*

Elk Grove, CA*

Folsom, CA*

Folsom, CA*

Folsom, CA*

Sacramento, CA*

Sacramento, CA*

Sacramento, CA*

Sacramento, CA*

Sacramento, CA*

Sacramento, CA*

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Obstetrics / Gynecology

AKIN, PAULA, DO
Sacramento, CA

Bullock, Natalie, DO
Elk Grove, CA
Sacramento, CA
Sacramento, CA

CHEONG, HUI MIN, MD
Sacramento, CA
Sacramento, CA

CHODAK, LISA, MD
Folsom, CA

CONWELL, JENNIFER, MD
Sacramento, CA*
Sacramento, CA

GILLOGLEY, KATHERINE, MD
Sacramento, CA

Gire-Dumas, Arielle, MD
Sacramento, CA
Sacramento, CA

JACQUES, DANA, MD
Carmichael, CA

KAZADI, MWANGA, MD
Carmichael, CA

NUTTER, HELEN, MD
Sacramento, CA
Sacramento, CA
Sacramento, CA

OVERBEY, JENNIFER, MD
Elk Grove, CA
Sacramento, CA

POWELSON, ANN, MD
Folsom, CA

RAJU, TANUJA, MD
Folsom, CA

SAIFEE, ZAINAB, DO
Carmichael, CA

SHIU, GERTRUDE, MD
Sacramento, CA
Sacramento, CA

Van Brunt, Lindsey, MD
Elk Grove, CA
Sacramento, CA
Sacramento, CA

WATTERS, LAURA, MD
Elk Grove, CA
Sacramento, CA

Occupational Medicine

FAINSZTEIN, EVELYN, MD
Folsom, CA

MATHEW, RINI, DO
Sacramento, CA

Ophthalmology

BELLINOFF, ROBERT, MD
Sacramento, CA

STUBER, CHRISTIANNA, MD
Carmichael, CA
Folsom, CA
Sacramento, CA

Skelton, Aaron, MD
Carmichael, CA
Folsom, CA
Sacramento, CA

Optometrist

BUSBY, LESLIE, OD
Citrus Heights, CA

Baiju, Blessy, OD
Citrus Heights, CA

Jimenez, Myron, OD
Folsom, CA

TALAGA, KEVIN, OD
Sacramento, CA

TAUGHER, KAREN, OD
Carmichael, CA
Citrus Heights, CA
Folsom, CA
Sacramento, CA

TIEDEMAN, DANIEL, OD
Elk Grove, CA
Sacramento, CA

Otolaryngology / Otology / Laryngology / Rhinology

SIDDIQUE, SHOAB, MD
Sacramento, CA

Otolaryngology

MCCUSKER, SCOTT, MD
Sacramento, CA

Nyland, Deanne, MD
Carmichael, CA

Pediatrics

KAPPLER, SHERRI, MD
Carmichael, CA*
Folsom, CA*
Sacramento, CA*
Sacramento, CA*

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MERCY MEDICAL GROUP, continued/continuación

Specialty Physicians/Médicos especialistas

Physical Medicine / Rehabilitation

HWANG, ALBERT, MD
Sacramento, CA

PENA, ANDRES, MD
Carmichael, CA

Varghis, Neal, MD
Sacramento, CA

Physicians Assistant

ATHAVALLE, ANITA, PA
Carmichael, CA
Carmichael, CA

BOYLE, DANIEL, PA
Carmichael, CA
Sacramento, CA

Bonnett-Phillips, Kalen, PA
Folsom, CA

Bresnahan, Matthew, PA
Carmichael, CA
Carmichael, CA

Cooper, Dragana, PA
Sacramento, CA

HEWITT, AMBER, PA
Sacramento, CA

Kirby, Shelley, PA
Sacramento, CA

Kuang, Wei, PA
Citrus Heights, CA

Medeiros-Dixon, Dina, PA
Folsom, CA*

O'neal, Emily, PA
Folsom, CA
Folsom, CA

OUN, ELIZA, PA
Elk Grove, CA

RAGG, DEVAN, PA
Sacramento, CA

SAAVEDRA, YAEL, PA
Sacramento, CA

SINGH, RAVNEEL, PA
Elk Grove, CA*
Folsom, CA*
Sacramento, CA*
Sacramento, CA*

STOUFFLET, RITA, PA
Folsom, CA*

Singh, Shon, PA
Elk Grove, CA*
Folsom, CA*
Sacramento, CA*
Sacramento, CA*
Sacramento, CA

TIRPACK, AMANDA, PA
Sacramento, CA*

Ward, Kimberly, PA
Carmichael, CA
Sacramento, CA

Podiatrist

Cozzetto, Dana, DPM
Carmichael, CA

DAWSON, JOHN, DPM
Carmichael, CA
Folsom, CA

Evans, Jeremy, DPM
Sacramento, CA

GARRISON, MATTHEW, DPM
Sacramento, CA

**MITCHELL PRAY, DIANNE,
DPM**
Sacramento, CA
Sacramento, CA

Psychiatry

CHIU, SUFEN, MD
Sacramento, CA*

Pulmonary Diseases

BHARUCHA, PARIMAL, MD
Carmichael, CA
Carmichael, CA
Sacramento, CA

CHAVOSHAN, BAHMAN, MD
Carmichael, CA

HOFFMAN, PAUL, MD
Sacramento, CA

KANTH, POOJA, MD
Sacramento, CA

MURPHY, DAVID, MD
Carmichael, CA*
Sacramento, CA*

Sadik, Jamal, MD
Sacramento, CA

Shah, Smita, MD
Sacramento, CA

TIRUMALA, VENKAT, MD
Carmichael, CA

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Radiation Oncology**Lemieux, Melissa, MD**Carmichael, CA
Sacramento, CA**STEVENSON, JOHN, MD**Carmichael, CA
Sacramento, CA**WIEGNER, ELLEN MARIE, MD**Carmichael, CA
Sacramento, CA**Wheatley, Matthew, MD**Carmichael, CA
Sacramento, CA**Yi, Sun, MD**

Sacramento, CA

Radiology Diagnostic**Chau, Cam, MD**

Rancho Cordova, CA

DEOL, PARMINDER, MD

Carmichael, CA

DREDAR, ABDULMALIK, MDCarmichael, CA
Elk Grove, CA
Rancho Cordova, CA
Sacramento, CA**HEFFERNON, JEFFREY, MD**

Rancho Cordova, CA

KUGEL, GREGORY, MDCarmichael, CA
Carmichael, CA
Carmichael, CA
Carmichael, CA
Carmichael, CA
Citrus Heights, CA
Elk Grove, CA
Folsom, CA
Folsom, CA
Folsom, CA
Folsom, CA
Gold River, CA
Sacramento, CA**Khorasani, Mohammad, MD**

Rancho Cordova, CA

LUH, GEORGE, MDCarmichael, CA
Folsom, CA
Sacramento, CA**MITCHEL, ERIC, MD**

Rancho Cordova, CA

NEALON, S SHERRY**RAISSDANA, MD**

Sacramento, CA

TRAN, LONG, DOCarmichael, CA
Carmichael, CA
Carmichael, CA
Citrus Heights, CA
Elk Grove, CA
Folsom, CA
Folsom, CA
Folsom, CA
Rancho Cordova, CA
Sacramento, CA
Sacramento, CA**WINN, JOHN, MD**

Carmichael, CA

Radiology**BATISTE, STANLEY, MD**Carmichael, CA
Carmichael, CA
Folsom, CA
Folsom, CA
Folsom, CA
Folsom, CA
Sacramento, CA
Sacramento, CA
Sacramento, CA
Sacramento, CA**BEMRICK, ROBERT, MD**

Carmichael, CA

BHATIA, AMARDEEP, MDCarmichael, CA
Carmichael, CA
Folsom, CA
Folsom, CA
Folsom, CA
Folsom, CA
Sacramento, CA
Sacramento, CA
Sacramento, CA

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

MERCY MEDICAL GROUP, continued/continuación

Specialty Physicians/Médicos especialistas

Bhutani, Chirdeep, MD

Carmichael, CA
Carmichael, CA
Carmichael, CA
Carmichael, CA
Elk Grove, CA
Elk Grove, CA
Folsom, CA
Folsom, CA
Folsom, CA
Folsom, CA
Folsom, CA
Sacramento, CA

CHOPRA, RAJIV, MD

Carmichael, CA
Carmichael, CA
Folsom, CA
Folsom, CA
Folsom, CA
Folsom, CA
Sacramento, CA
Sacramento, CA
Sacramento, CA
Sacramento, CA

Cragun, William, DO

Carmichael, CA*
Carmichael, CA*
Carmichael, CA*
Elk Grove, CA*
Elk Grove, CA*
Folsom, CA*
Folsom, CA*
Folsom, CA*
Folsom, CA*
Sacramento, CA*

DEOL, PARMINDER, MD

Carmichael, CA
Carmichael, CA
Folsom, CA
Folsom, CA
Folsom, CA
Folsom, CA
Sacramento, CA
Sacramento, CA
Sacramento, CA
Sacramento, CA

Deguchy, Qurieno, MD

Carmichael, CA
Carmichael, CA

FELLMETH, BRIAN, MD

Carmichael, CA
Carmichael, CA
Carmichael, CA
Folsom, CA
Folsom, CA
Folsom, CA
Sacramento, CA
Sacramento, CA
Sacramento, CA
Sacramento, CA

HELMY, DANIEL, MD

Carmichael, CA
Citrus Heights, CA

LEE, ANDREW, DO

Carmichael, CA

LEE, TIMOTHY, MD

Sacramento, CA

LUH, GEORGE, MD

Sacramento, CA

Lee, Yauk, MD

Carmichael, CA
Carmichael, CA
Carmichael, CA
Carmichael, CA
Carmichael, CA
Elk Grove, CA
Elk Grove, CA
Folsom, CA
Folsom, CA
Folsom, CA
Folsom, CA
Sacramento, CA

NEALON, S SHERRY

RAISSDANA, MD

Carmichael, CA

NIEVES, MIGUEL, MD

Sacramento, CA

RAMAN, RAGHAV, MD

Carmichael, CA

Ⓐ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

ROGALSKI, GREGORY, MD

Carmichael, CA
 Carmichael, CA
 Folsom, CA
 Folsom, CA
 Folsom, CA
 Sacramento, CA
 Sacramento, CA
 Sacramento, CA
 Sacramento, CA

SATRE, LINDSEY, MD

Carmichael, CA
 Sacramento, CA

WINN, JOHN, MD

Carmichael, CA
 Folsom, CA
 Folsom, CA
 Folsom, CA
 Sacramento, CA
 Sacramento, CA
 Sacramento, CA
 Sacramento, CA

WU, THOMAS, MD

Carmichael, CA
 Carmichael, CA
 Folsom, CA
 Folsom, CA
 Folsom, CA
 Sacramento, CA
 Sacramento, CA
 Sacramento, CA
 Sacramento, CA

XIONG, DAO, MD

Sacramento, CA

***Registered Dietitian /
 Nutritionist***

ASSAEL, JENNIFER, RDN

Citrus Heights, CA
 Sacramento, CA

Carlson, Deirdre, RD

Elk Grove, CA
 Folsom, CA

Rheumatology**LIU, DENNIS, MD**

Carmichael, CA
 Sacramento, CA

SRIKULMONTREE,**THITINAN, MD**

Citrus Heights, CA

Surgery Cardiovascular**CARRUTH, PETER, MD**

Sacramento, CA

MORRIS, ALLEN, MD

Sacramento, CA

ROSSITER, STEPHEN, MD

Sacramento, CA

SHARMA, KAPIL, MD

Sacramento, CA

SLACHMAN, FRANK, MD

Sacramento, CA

Surgery Critical Care**STAFFORD, FREDERICK, MD**

Folsom, CA

Surgery General Vascular**Chadid Santamaria, Tatiana,
 MD**

Carmichael, CA
 Sacramento, CA

Jones, Keith, MD

Carmichael, CA
 Sacramento, CA

Surgery General**HASAN, ZEENAT, MD**

Elk Grove, CA
 Sacramento, CA

JAKOBSEN, JOELLE, MD

Carmichael, CA
 Folsom, CA
 Sacramento, CA

MORSE, ERIC, MD

Carmichael, CA

Ranade, Ajay, MD

Elk Grove, CA

SWANSON, CHRISTIAN, MD

Folsom, CA
 Sacramento, CA
 Sacramento, CA

Surgery Neurological**BABBITZ, JESSE, MD**

Carmichael, CA
 Sacramento, CA
 Sacramento, CA

CHEN, YI REN, MD

Carmichael, CA
 Sacramento, CA

COBB, CULLY, MD

Carmichael, CA
 Sacramento, CA
 Sacramento, CA

LUCAS, JOSHUA, MD

Carmichael, CA

NEE, ALEX, MD

Carmichael, CA

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MERCY MEDICAL GROUP, continued/continuación

Specialty Physicians/Médicos especialistas

PRASAD, PRAVEEN, MD

Carmichael, CA
Sacramento, CA

Surgery Orthopedic

BOUTIN, FRANK, MD

Sacramento, CA

Bluth, Benjamin, MD

Carmichael, CA

Bragg, William, MD

Sacramento, CA

GEORGE, SPENCER, MD

Carmichael, CA
Folsom, CA

HU, SAMUEL, MD

Carmichael, CA
Sacramento, CA

Lucas, Robert, MD

Folsom, CA
Sacramento, CA

Surgery Plastic

Black, Carrie, MD

Folsom, CA
Gold River, CA
Sacramento, CA

Zhang, Shuhao, MD

Gold River, CA
Sacramento, CA

Surgery Thoracic

DIPERNA, COSTANZO, MD

Carmichael, CA

WILLIAMS, TREVOR, MD

Carmichael, CA

Surgical Oncology

Singla, Smit, MD

Folsom, CA
Sacramento, CA

Urology

Cooney, Duoja, MD

Carmichael, CA
Carmichael, CA

GOLDEN, JULIA, DO

Carmichael, CA
Sacramento, CA

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

**Specialty
Physicians/Médicos
especialistas**

Cardiovascular Disease

LEVISMAN, JEFFREY, MD
Sacramento, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 59.

**Proveedores de servicios de salud
mental**

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 59.

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

Sutter Gould Medical Foundation
Specialty Physicians/Médicos especialistas

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

Specialty Physicians/Médicos especialistas

Family Practice

SABIN, ALISA, MD
Carmichael, CA

Radiation Oncology

McGinnis, Paul, MD
Sacramento, CA

Radiology Diagnostic

CHAO, CHRISTINE, MD
Sacramento, CA

Radiology

AHMED, KAMRAN, MD
Sacramento, CA
Sacramento, CA

ANDOH, HENRY, MD
Sacramento, CA

ANTONIETTI, LETIZIA, MD
Sacramento, CA
Sacramento, CA

BAHL, GAUTAM, MD
Sacramento, CA

BIJAN, BIJAN, MD
Sacramento, CA

BRESLAU, JONATHAN, MD
Sacramento, CA*

CHAN, EVA, MD
Sacramento, CA
Sacramento, CA

HOFER, GLENN, MD
Sacramento, CA

KRISHNAN, ARUN, MD
Sacramento, CA

LAING, CHRISTOPHER, MD
Sacramento, CA

LAURENCE, NANCY, MD
Sacramento, CA

LOOMER, DON, MD
Sacramento, CA

MAR, LINDA, DO
Sacramento, CA

MATIN, AMIN, MD
Sacramento, CA
Sacramento, CA

MA, CALVIN, MD
Sacramento, CA

NGUYEN, TUAN, MD
Sacramento, CA

SANTOS, AMADEU, MD
Sacramento, CA
Sacramento, CA

SASAKI, ARIA, MD
Sacramento, CA

TRAN, TIEN, DO
Sacramento, CA

WIESNER, JASON, MD
Sacramento, CA

WINFIELD, DAVID, MD
Sacramento, CA

WONG, JULIE, MD
Sacramento, CA

ZIPSER, STAN, MD
Sacramento, CA
Sacramento, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 59.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 59.

Ⓐ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.
/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

**Specialty
Physicians/Médicos
especialistas**

Anesthesiology

Jones, James, MD
Sacramento, CA

Pediatric Infectious Diseases

CHEEMA, RITU, MD
Sacramento, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 59.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 59.

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Outpatient Mental Health Providers/Proveedores de servicios de salud mental para pacientes ambulatorios

Mental Health Providers

Your PCP's physician group may have mental health providers in its network. Please refer to the list below. You may contact these providers directly. Please note that some services may require the mental health provider to obtain prior authorization from Blue Shield, in order for services to be covered.

To access a listing of mental health providers online, visit blueshieldca.com/fad.

Proveedores de servicios de salud mental

Es posible que el grupo médico de su PCP tenga proveedores de servicios de salud mental en su red. Consulte la lista a continuación.

Puede comunicarse con estos proveedores directamente. Tenga en cuenta que, para algunos servicios, tal vez sea necesario que el proveedor de servicios de salud mental obtenga una autorización previa de Blue Shield para que los servicios estén cubiertos.

Para obtener acceso al directorio de proveedores de servicios de salud mental en línea, visite blueshieldca.com/fad.

Clinic Outpatient Mental Health

FOLSOM SIERRA WELLNESS CLINIC *

FOLSOM, CA 95630
(916) 805-5520

Licensed Clinical Social Worker

ADAMS, DOUGLAS, LCSW

Sacramento, CA 95816
(916) 444-7515

ALTEVOGT, MICHELLE, LCSW *

SACRAMENTO, CA 95831
(916) 905-3394

Advanced Psychiatry Associates *

FOLSOM, CA 95630
(916) 351-9400

Atkinson Family Services *

Carmichael, CA 95608
(916) 489-5316

BEAUFORD, MARGARET, LCSW *

SACRAMENTO, CA 95821
(916) 973-0900

BELL, ERICA, LCSW *

SACRAMENTO, CA 95821
(925) 309-9425

BERGER, PETER, LCSW

Sacramento, CA 95816
(916) 454-5881

BLOOM, STEWART, LCSW *

SACRAMENTO, CA 95816
(916) 479-5047

BOETTIGER, MARILYN, LCSW *

SACRAMENTO, CA 95864
(949) 552-8737

CALDWELL, REGINALD, LCSW

Sacramento, CA 95816
(916) 600-9419

CANN, KATHRYN, LCSW *

Gold River, CA 95670
(916) 812-2989

CHIPP, DONALD, LCSW

Sacramento, CA 95825
(916) 482-4194

ELLIS CAWLEY, NANCY, LCSW *

Citrus Heights, CA 95610
(916) 361-2928

FUENTES-VERGARA, Merlyn, LCSW *

Sacramento, CA 95825
(916) 969-2293

Family Counseling Of Elk Grove *

Elk Grove, CA 95624
(916) 512-5447

Foresight Mental Health *

ELK GROVE, CA 95624
(888) 963-9639

Also located at:

Elk Grove, CA 95758
(916) 269-8882

Also located at:

FOLSOM, CA 95630
(916) 461-1888

Also located at:

SACRAMENTO, CA 95814
(888) 963-9639

* Indicates not accepting new patients at time of printing.

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**Outpatient Mental Health Providers/Proveedores de servicios de salud mental para
pacientes ambulatorios, continued/continuación**

Also located at:
SACRAMENTO, CA 95827
(888) 963-9639

GOLDFARB, SHARI, LCSW *
SACRAMENTO, CA 95815

GRANT, JULIA, LCSW *
SACRAMENTO, CA 95827
(916) 600-7887

HARTVIG, PAMELA, LCSW *
SACRAMENTO, CA 95816
(916) 801-5805

HEARNE, GEORGE, LCSW
Sacramento, CA 95821
(916) 482-3070

HERZOG, DEVORAH, LCSW *
SACRAMENTO, CA 95825
(916) 213-7573

HICKS, DEBORAH, LCSW
Carmichael, CA 95608
(916) 698-5423

IRISH, MICHELLE, LCSW *
Sacramento, CA 95823
(916) 422-4063

Innate Guidance *
SACRAMENTO, CA 95811
(916) 587-1757

**JOHNSTONE, KENNETH,
LCSW ***
Citrus Heights, CA 95610
(916) 967-0611

**JOHNSTONE, KENNETH,
LCSW**
Citrus Heights, CA 95610
(916) 967-0611

KOZLOW, PAMELA, LCSW *
Elk Grove, CA 95624
(916) 208-4784

KWOCK, LEONARD, LCSW *
FOLSOM, CA 95630
(805) 570-3371

LIGHT OF HOPE AGENCY *
CITRUS HEIGHTS, CA 95610
(916) 723-8773

MARTIN, WYNETTA, LCSW *
ELK GROVE, CA 95624
(916) 400-0505

**MCDONOUGH, MICHELLE
FLICHT, LCSW**
Sacramento, CA 95864
(916) 835-8994

MEE, MIRI, LCSW *
SACRAMENTO, CA 95819
(916) 541-2052

MESSINA, KATHLEEN, LCSW
Fair Oaks, CA 95628
(916) 335-9038

Muehe-Hayward, Janet, LCSW *
Elverta, CA 95626
(916) 708-0927

OLSON, KENT, LCSW *
SACRAMENTO, CA 95819
(650) 288-8771

PALMER, GAYLON, LCSW *
Fair Oaks, CA 95628
(916) 863-7096

**PATHWAYS THERAPY
CENTER ***
Fair Oaks, CA 95628
(916) 979-0964

PEARS, ROCHELLE, LCSW *
FAIR OAKS, CA 95628
(916) 966-1812

PEARS, ROCHELLE, LCSW
Fair Oaks, CA 95628
(916) 966-1812

**ROCHELLE PEARS
MARRIAGE FAMILY
THERAPIST ***
FAIR OAKS, CA 95628
(916) 966-1812

Robbins, Destiny, LCSW *
Sacramento, CA 95826
(916) 459-1679

SEASHORE, CORINA, LCSW
Sacramento, CA 95825
(916) 764-5778

**SUZNOVICH, ALLISON,
LCSW ***
SACRAMENTO, CA 95825
(916) 342-4576

TANG, MICHAEL, LCSW *
RIO LINDA, CA 95673
(916) 213-8763

The Whole Soul Counseling *
FAIR OAKS, CA 95628
(916) 877-6894

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Outpatient Mental Health Providers/Provedores de servicios de salud mental para pacientes ambulatorios, continued/continuación

**WELLMIND ONLINE CA
LICENSED CLINICAL
SOCIAL WORKER PROF
CORP ***

SACRAMENTO, CA 95814
(833) 646-3243

WIELSTEIN, LESTER, LCSW
Fair Oaks, CA 95628
(916) 607-6108

WILLIAMSON, MARY, LCS
Sacramento, CA 95826
(916) 361-6080

***Licensed Professional
Clinical Counselor***

**Advanced Psychiatry Associates

FOLSOM, CA 95630
(916) 351-9400

Clarke, Darcy, MA *
Sacramento, CA 95825
(916) 692-5947

Curry, James, LPCC *
SACRAMENTO, CA 95825
(916) 337-2048

Flood, Jennifer, MFT *
SACRAMENTO, CA 95816
(530) 648-0559

Also located at:
SACRAMENTO, CA 95816
(925) 623-3301

Foresight Mental Health *
ELK GROVE, CA 95624
(888) 963-9639

Also located at:
FOLSOM, CA 95630
(888) 963-9639

Also located at:
SACRAMENTO, CA 95814
(916) 852-5662

Also located at:
SACRAMENTO, CA 95827
(888) 963-9639

JONES, JAMIE, LPCC *
SACRAMENTO, CA 95827
(916) 616-7871

**MINDSETS COUNSELING
AND COACHING CENTER ***
SACRAMENTO, CA 95816
(916) 753-4479

SOWLE, BARBARA, LPCC *
SACRAMENTO, CA 95821
(530) 520-0207

Marriage Family Therapist

**ANDRUS HACIA, LESLIE,
MFT**
SACRAMENTO, CA 95827

**Advanced Psychiatry Associates

FOLSOM, CA 95630
(916) 351-9400

Anderson Winn, Ellen, MFT *
Fair Oaks, CA 95628
(916) 966-2209

BABRAH, PRITAM, PSYD *
Elk Grove, CA 95758
(916) 686-5555

BONNETT, GEORGE, MFT *
Fair Oaks, CA 95628
(916) 765-1450

BROWN, GRAINGER, MFT *
SACRAMENTO, CA 95827

BRUNO, CATHERINE, MFT *
FOLSOM, CA 95630
(831) 521-5683

BYRNES, KATE, MFT *
Sacramento, CA 95811
(916) 760-2400

CANTRILL, JASON, MFT *
Gold River, CA 95670
(916) 934-2168

CASEY, EVELYN, MFT *
FOLSOM, CA 95630
(916) 798-1828

CHUI, PENELOPE, MFT *
Sacramento, CA 95822
(916) 709-7872

**CLARITY COUNSELING
AGENCY INC ***
SACRAMENTO, CA 95821
(916) 672-7692

CONSIDINE, T, MFT *
Sacramento, CA 95831
(916) 612-7716

COY, GLORIA, MFT *
FAIR OAKS, CA 95628
(530) 391-6291

DANIELS, SARAH, MFT *
FOLSOM, CA 95630
(916) 342-3559

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**Outpatient Mental Health Providers/Proveedores de servicios de salud mental para
pacientes ambulatorios, continued/continuación**

**DO IT FOR YOURSELF
WELLNESS COACHING AND
MARRIAGE AND FAMILY ***
SACRAMENTO, CA 95816
(279) 895-4958

DOMINGO, JENNIFER, MFT *
SACRAMENTO, CA 95819
(916) 513-0468

DOUCETTE, MANIA, MFT *
SACRAMENTO, CA 95831
(530) 830-2699

Dicker, Diana, MFT *
FAIR OAKS, CA 95628
(916) 838-2293

ELWOOD, ALLISON, MFT *
SACRAMENTO, CA 95820
(510) 209-3880

**EQUANIMITY MARRIAGE &
COUNSELING CORP ***
Citrus Heights, CA 95610
(916) 293-6344

Early, Bonnie, MFT *
SACRAMENTO, CA 95834
(916) 833-5171

**FAMILY MATTERS
COUNSELING ***
Elk Grove, CA 95758
(916) 627-2252

**Family Counseling Of Elk Grove

Elk Grove, CA 95624
(916) 512-5447

**Family Counseling of Elk Grove

ELK GROVE, CA 95624
(916) 243-5326

Flood, Jennifer, MFT *
SACRAMENTO, CA 95816
(925) 623-3301

Also located at:
SACRAMENTO, CA 95816
(530) 648-0559

Foddrill, Judith, MFT *
Folsom, CA 95630
(916) 693-1477

Foresight Mental Health *
ELK GROVE, CA 95624
(888) 963-9639

Also located at:
ELK GROVE, CA 95758
(916) 269-8882

Also located at:
FOLSOM, CA 95630
(888) 963-9639

Also located at:
RANCHO CORDOVA, CA 95670
(888) 588-8995

Also located at:
SACRAMENTO, CA 95827
(888) 963-9639

Also located at:
SACRAMENTO, CA 95814
(916) 852-5662

GEORGES, NANCY, MFT *
Sacramento, CA 95821
(530) 231-5223

**GIORDANO BRENGHAUSE,
KAREN, MFT ***
SACRAMENTO, CA 95815
(916) 686-1222

GLISSON, BARBARA, PHD
Fair Oaks, CA 95628
(916) 967-1042

Garrido, Elaina, MFT *
Sacramento, CA 95811
(530) 400-7991

Garza, Amber, MFT *
WILTON, CA 95693
(916) 662-4771

Greenwood, Nicole, MFT *
SACRAMENTO, CA 95816
(916) 258-2187

**HERNANDEZ BERRY, TINA,
MFT ***
SACRAMENTO, CA 95816
(916) 583-8149

HONG, CHARLENE, MFT *
Sacramento, CA 95816
(916) 996-7073

HOWARD, BRYANT, MFT *
Sacramento, CA 95831
(916) 245-0715

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(916) 481-6455

APPLEWOOD CARE CENTER
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Sacramento, CA 95822
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AND REHAB CENTER**
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Sacramento, CA 95825
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BEVERLY LIVING CTR GALT
144 F ST
Galt, CA 95632
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Sacramento, CA 95824
(916) 383-2714

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Sacramento, CA 95823
(916) 423-6000

**COLLEGE OAK NURSING
AND REHAB CTR**
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Sacramento, CA 95841
(916) 481-7434

Capital Transitional Care
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Sacramento, CA 95822
(916) 391-6011

EAGLE CREST
8336 FAIR OAKS BLVD
Carmichael, CA 95608
(916) 944-3100

**ESKATON CARE CTR FAIR
OAKS**
11300 FAIR OAKS BLVD
Fair Oaks, CA 95628
(916) 965-4663

**ESKATON CARE CTR
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Sacramento, CA 95831
(916) 393-2550

**ESKATON CARE CTR
MANZANITA**
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Carmichael, CA 95608
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Carmichael, CA 95608
(916) 974-2000

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Carmichael, CA 95608
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(916) 321-9440

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ALZHEIMERS CTR**
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Sacramento, CA 95838
(916) 922-7177

**ROSEWOOD POST ACUTE
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Carmichael, CA 95608
(916) 483-8103

**Skilled Nursing Facilities, continued/
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Sacramento, CA 95841
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Sacramento, CA 95816
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 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages

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Civil Rights Coordinator
P.O. Box 629007
El Dorado Hills, CA 95762-9007
Phone: (844) 831-4133 (TTY: 711)
Fax: (844) 696-6070
Email: BlueShieldCivilRightsCoordinator@blueshieldca.com

You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, the Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201
1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

MULTI-LANGUAGE INSERT

English We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, just call us at 1-800-776-4466. Someone who speaks English can help you. This is a free service.

Spanish Tenemos servicios de intérprete sin costo alguno para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos. Para hablar con un intérprete, por favor llame al 1-800-776-4466. Alguien que hable español le podrá ayudar. Este es un servicio gratuito.

Mandarin 我们提供免费的翻译服务，帮助您解答关于健康或药物保险的任何疑问。如果您需要此翻译服务，请致电 1-800-776-4466。我们的中文工作人员很乐意帮助您。这是一项免费服务。

Cantonese 您對我們的健康或藥物保險可能存有疑問，為此我們提供免費的翻譯服務。如需翻譯服務，請致電 1-800-776-4466。我們講中文的人員將樂意為您提供幫助。這是一項免費服務。

Tagalog Mayroon kaming libreng serbisyo sa pagsasalang-wika upang masagot ang anumang mga katanungan ninyo hinggil sa aming planong pangkalusugan o panggagamot. Upang makakuha ng tagasalang-wika, tawagan lamang kami sa 1-800-776-4466. Maaari kayong tulungan ng isang nakakapagsalita ng Tagalog. Ito ay libreng serbisyo.

French Nous proposons des services gratuits d'interprétation pour répondre à toutes vos questions relatives à notre régime de santé ou d'assurance-médicaments. Pour accéder au service d'interprétation, il vous suffit de nous appeler au 1-800-776-4466. Un interlocuteur parlant Français pourra vous aider. Ce service est gratuit.

Vietnamese Chúng tôi có dịch vụ thông dịch miễn phí để trả lời các câu hỏi về chương sức khỏe và chương trình thuốc men. Nếu quý vị cần thông dịch viên xin gọi 1-800-776-4466 sẽ có nhân viên nói tiếng Việt giúp đỡ quý vị. Đây là dịch vụ miễn phí.

German Unser kostenloser Dolmetscherservice beantwortet Ihren Fragen zu unserem Gesundheits- und Arzneimittelplan. Unsere Dolmetscher erreichen Sie unter 1-800-776-4466. Man wird Ihnen dort auf Deutsch weiterhelfen. Dieser Service ist kostenlos.

Korean 당사는 의료 보험 또는 약품 보험에 관한 질문에 대해 드리고자 무료 통역 서비스를 제공하고 있습니다. 통역 서비스를 이용하려면 전화 1-800-776-4466 번으로 문의해 주십시오. 한국어를 하는 담당자가 도와 드릴 것입니다. 이 서비스는 무료로 운영됩니다.

Russian Если у вас возникнут вопросы относительно страхового или медикаментного плана, вы можете воспользоваться нашими бесплатными услугами переводчиков. Чтобы воспользоваться услугами переводчика, позвоните нам по телефону 1-800-776-4466. Вам окажет помощь сотрудник, который говорит по-русски. Данная услуга бесплатная.

Arabic إننا نقدم خدمات المترجم الفوري المجانية للإجابة عن أي أسئلة تتعلق بالصحة أو جدول الأدوية لدينا. للحصول

ليس عليك سوى الاتصال بنا على 1-800-776-4466. سيقوم شخص ما يتحدث العربية بمساعدتك. هذه خدمة مجانية على مترجم فوري،

Hindi हमारे स्वास्थ्य या दवा को योजना के बारे में आपके किसी भी प्रश्न के जवाब देने के लिए हमारे पास मुफ्त दुभाषिया सेवाएँ उपलब्ध हैं. एक दुभाषिया प्राप्त करने के लिए, बस हमें 1-800-776-4466 पर फोन करें. कोई व्यक्ति जो हिन्दी बोलता है आपकी मदद कर सकता है. यह एक मुफ्त सेवा है.

Italian E disponibile un servizio di interpretariato gratuito per rispondere a eventuali domande sul nostro piano sanitario e farmaceutico. Per un interprete, contattare il numero 1-800-776-4466. Un nostro incaricato che parla Italianovi fornirà l'assistenza necessaria. È un servizio gratuito.

Portugués Dispomos de serviços de interpretação gratuitos para responder a qualquer questão que tenha acerca do nosso plano de saúde ou de medicação. Para obter um intérprete, contacte-nos através do número 1-800-776-4466. Irá encontrar alguém que fale o idioma Português para o ajudar. Este serviço é gratuito.

French Creole Nou genyen sèvis entèprèt gratis pou reponn tout kesyon ou ta genyen konsènan plan medikal oswa dwòg nou an. Pou jwenn yon entèprèt, jis rele nou nan 1-800-776-4466. Yon moun ki pale Kreyòl kapab ede w. Sa a se yon sèvis ki gratis.

Polish Umożliwiamy bezpłatne skorzystanie z usług tłumacza ustnego, który pomoże w uzyskaniu odpowiedzi na temat planu zdrowotnego lub dawkowania leków. Aby skorzystać z pomocy tłumacza znającego język polski, należy zadzwonić pod numer 1-800-776-4466. Ta usługa jest bezpłatna.

Japanese 当社の健康 健康保険と薬品 処方薬プランに関するご質問にお答えするために、無料の通訳サービスがあります。通訳をご用命になるには、1-800-776-4466にお電話ください。日本語を話す人が支援いたします。これは無料のサービスです。

Hmong Peb muaj cov kev pab cuam txhais lus pab dawb los teb tej lus nug uas koj muaj hais txog ntawm peb li kev noj qab haus huv los sis lub phiaj xwm tshuaj kho mob. Kom tau txais tus kws pab cuam txhais lus, tsuas yog hu rau peb ntawm 1-800-776-4466. Muaj cov paub lus Hmoob tuaj yeem pab tau koj. Qhov no yog pab dawb.

Ukrainian Ми надаємо безкоштовні послуги перекладача, щоб відповісти на будь-які запитання щодо нашого плану лікування чи надання лікарських засобів. Щоб скористатися послугами перекладача, просто зателефонуйте нам за номером 1-800-776-4466. Вам може допомогти хтось, хто розмовляє Українською. Це безкоштовна послуга.

Navajo D77 ats'77s baa 1h1y3 47 doodago azee' bee aa 1h1y3 b7na'7d7|kidgo 47 n1 ata' hodoolnih77 h0l=. Ata' halne'4 biniiy4go, koj8' 1-800-776-4466 b44sh bee hod77nih. Diné k'ehj7 y1[ti'i n7k1 adoolwo]. D77 t'11 j77k'eh bee an1'1wo.

Punjabi ਪੰਜਾਬੀ ਸਾਡੀ ਸਿਹਤ ਜਾਂ ਡਰੱਗ ਪਲਾਨ ਬਾਰੇ ਤੁਹਾਡੇ ਕਿਸੇ ਵੀ ਸਵਾਲ ਦਾ ਜਵਾਬ ਦੇਣ ਲਈ ਸਾਡੇ ਕੋਲ ਮੁਫਤ ਦੁਆਰੀਏ ਸੇਵਾਵਾਂ ਉਪਲਬਧ ਹਨ। ਇੱਕ ਦੁਆਰੀਆ ਲੈਣ ਲਈ, ਸਾਨੂੰ 1-800-776-4466 'ਤੇ ਕਾਲ ਕਰੋ। ਪੰਜਾਬੀ ਬੋਲਣ ਵਾਲਾ ਕੋਈ ਵੀ ਵਿਅਕਤੀ ਤੁਹਾਡੀ ਮਦਦ ਕਰ ਸਕਦਾ ਹੈ। ਇਹ ਇੱਕ ਮੁਫਤ ਸੇਵਾ ਹੈ।

Khmer យើងមានសេវាអ្នកបកប្រែផ្តល់ម៉ាកដោយឥតគិតថ្លៃដើម្បីឆ្លើយសំណួរនានាដែលអ្នកអាចមានអំពីសុខភាព ឬគម្រោងឱសថរបស់យើង។ ដើម្បីទទួលបានអ្នកបកប្រែផ្តល់ម៉ាកស្តង់ដារសម្រាប់សម្រេចយើងខ្ញុំតាមលេខ 1-800-776-4466។ អ្នកណាម្នាក់ដែលនិយាយភាសាខ្មែរអាចជួយអ្នកបាន។ សេវានេះមិនគិតថ្លៃនោះទេ។

Mien Yie mbuo mbenc duqv maaih tengx wang-henh nzie faan waac mienh liouh dau waac bun muangx dongh nzunc baav meih maaih waac naaic taux yie mbuo gorngv taux yie nyei heng-wangc jauv-louc a'fai ndie-daan. Liouh lorx zipv longc faan waac nor, douc waac lorx taux yie mbuo yiem njiec naaiv 1-800-776-4466. Maaih mienh gorngv benx Mienh waac haih tengx nzie duqv meih. Naaiv se benx wang-henh nzie weih jauv-louc oc.

Lao ພວກເຮົາມີນາຍພາສາໂດຍບໍ່ເສຍຄ່າເພື່ອຕອບຄໍາຖາມຕ່າງໆທີ່ທ່ານອາດຈະມີກ່ຽວກັບສຸຂະພາບ ຫຼື ແຜນການຢາຂອງພວກເຮົາ. ເພື່ອໃຫ້ໄດ້ຮັບນາຍພາສາ, ພຽງແຕ່ໂທຫາພວກເຮົາທີ່ເບີ 1-800-776-4466. ມີຜູ້ຮູ້ພາສາລາວ ສາມາດຊ່ວຍທ່ານ. ນີ້ແມ່ນບໍລິການໂດຍບໍ່ເສຍຄ່າ.

Armenian Մեզ քնտ հասանելի են անվճար թարգմանչակներ օտար լեզուներով և անվճար և անվճար անհատական հարցերի և պատասխանների հետ կապված Ձեր ցանկացած հարցի և պատասխանների համար : Թարգմանչակները և անվճար և անվճար թարգմանչակները անվճար 1-800-776-4466 հեռախոսահամարով : Ձեզ կօգնի հարցերին և անհարկ թարգմանչակները : Ծառայողները և անվճար է :

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