

**Blue Shield 65 Plus (HMO),
Blue Shield 65 Plus Plan 2 (HMO),
Blue Shield Inspire (HMO), Blue Shield Balance (HMO)**

Provider Directory/Directorio de Proveedores

This directory is current as of October 12, 2022.

This directory provides a list of Blue Shield 65 Plus, Blue Shield 65 Plus Plan 2, Blue Shield Inspire, and Blue Shield Balance current network providers.

This directory is for:

**Los Angeles County - Long Beach and
Gateway Cities**

To access **Blue Shield 65 Plus, Blue Shield 65 Plus Plan 2, Blue Shield Inspire, and Blue Shield Balance**'s online provider directory, you can visit blueshieldca.com/fad. For any questions about the information contained in this directory, please call Customer Care at **(800) 776-4466** or for **Blue Shield Balance plans call (888) 802-4423**, 8 a.m. to 8 p.m., seven days a week. TTY users should call **711**.

The provider network may change at any time. You will receive notice when necessary.

ATTENTION: If you speak a language other than English, language assistance services, free of charge, are available to you. Call (800) 776-4466 (TTY: 711).

You may obtain this document in other formats, such as large print or other alternate formats.

Este directorio es válido desde: 12 de octubre de 2022.

Este directorio brinda una lista de los proveedores de la red actual de
Blue Shield 65 Plus (HMO),
Blue Shield 65 Plus Plan 2 (HMO),
Blue Shield Inspire (HMO), Blue Shield Balance (HMO)

Este directorio es para:

Condado de Los Ángeles: Long Beach y Ciudades de Entrada

Para obtener acceso al directorio de proveedores en línea de **Blue Shield 65 Plus, Blue Shield 65 Plus Plan 2, Blue Shield Inspire, y Blue Shield Balance**, visite blueshieldca.com/fad. Si tiene alguna pregunta sobre la información incluida en este directorio, comuníquese con Atención al Cliente llamando al **(800) 776-4466 o para planes de Blue Shield Balance llame al (888) 802-4423**, de 8:00 a. m. a 8:00 p. m., cualquier día de la semana. Los usuarios del sistema TTY deben llamar al **711**.

La red de proveedores puede cambiar en cualquier momento. Recibirá un aviso cuando sea necesario.

ATENCIÓN: Si no habla inglés, tiene a su disposición gratis el servicio de asistencia en idiomas. Llame al (800) 776-4466 (TTY: 711).

Puede tener este documento en letra grande o en otros formatos alternativos.

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Section 1 - Introduction

This directory provides a list of Blue Shield 65 Plus, Blue Shield 65 Plus Plan 2, Blue Shield Inspire, and Blue Shield Balance network providers.

To get detailed information about your health care coverage, please see your *Evidence of Coverage (EOC)*.

You will have to choose one of our network providers listed in this directory to be your **Primary Care Physician (PCP)**. Generally, you must get your health care services from your PCP. When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

The network providers listed in this directory have agreed to provide you with your health care and/or dental services. You may go to any of our network providers listed in this directory, however, some services may require a referral. For more information about referrals, please read the plan's *Evidence of Coverage (EOC)* for details. Other providers are available in our network.

If you receive a bill from any non-network provider for covered services such as emergency or urgently needed services or out-of-area renal dialysis services, please do not pay it. Instead, please send it to us at the following address and we will pay the covered amount,

minus any applicable copayment/coinsurance amount(s):

Blue Shield of California
Medicare Customer Care
P.O. Box 927
Woodland Hills, CA 91365

You can also call Customer Care for assistance at **(800) 776-4466 or for Blue Shield Balance plans call (888) 802-4423**, 8 a.m. to 8 p.m., seven days a week. TTY users should call **711**.

If you need care in an emergency, get medical help as quickly as possible. Call 911 for help or go to the nearest emergency room. You do not need to get permission first from your physician or other network provider.

A medical emergency is when you believe that you have medical symptoms that require immediate medical attention to prevent loss of life, loss of a limb, or loss of function of a limb. The medical symptoms may be an illness, injury, severe pain, or a medical condition that is quickly getting much worse.

Make sure that Blue Shield knows about your emergency because your physician will need to be involved in following up on your emergency care.

You or someone else should call to tell your physician about your emergency care as soon as possible, preferably within 48 hours. The number to call is located on your plan ID card.

If you need medical help immediately but your health is not in serious danger, the help you need is called "urgently needed services". If you are in your plan's service area please call your PCP or, if your physician's office is closed, go to any urgent care facility listed in this directory or affiliated with your physician group.

If you are outside the plan service area, first call your PCP whenever possible. If you are treated for a condition that meets the definition of urgently needed services while you are outside the plan service area, we prefer that you return to the service area to get follow-up care through your PCP. However, we will cover follow-up care that you get from non-network providers outside the plan service area as long as the care you are receiving meets the definition of "urgently needed services."

You must use network providers except in emergency or urgent care situations or for out-of-area renal dialysis or other services. If you obtain routine care from out-of-network providers, neither Medicare nor Blue Shield will be responsible for the costs.

What is the service area for Blue Shield 65 Plus, Blue Shield 65 Plus Plan 2, Blue Shield Inspire, and Blue Shield Balance?

Our service area is listed below.

Los Angeles County (All Zips)

How do you find Blue Shield 65 Plus, Blue Shield 65 Plus Plan 2, Blue Shield Inspire, and Blue Shield Balance providers that serve your area?

You can go to blueshieldca.com/fad and enter your zip code for a list of providers nearest to your home.

If using this directory, select the physician group you're interested in, and then scan the providers to find the city or zip code that is closest to your home.

Only those physician groups that have an affiliated hospital within the specified area indicated on the front cover of this directory are shown in this directory.

If you have questions about Blue Shield 65 Plus, Blue Shield 65 Plus Plan 2, Blue Shield Inspire, and Blue Shield Balance or require assistance in selecting a PCP, please call Customer Care at **(800) 776-4466** or for Blue Shield Balance plans call **(888) 802-4423**, 8 a.m. to 8 p.m., seven days a week. TTY users should call 711. You can also visit blueshieldca.com/medicare.

Section 2 – List of Network Providers

- Network PCPs, specialists, hospitals, clinics and urgent care centers are listed by physician group.
- The hospital or hospitals affiliated with the physician group are listed at the beginning of the physician group section in this directory.

Some hospitals participate in an independent quality program. Hospitals identified with the symbol @ participate in the **Leapfrog Group**, an independent California program that works to implement three key practices that have been shown to improve patient safety. Leapfrog hospitals 1) do computer checks on prescriptions to avoid drug interactions; 2) have a full-time physician specialist on staff in all intensive care units; and 3) perform high-risk surgical procedures, such as heart surgery, only when certain quality criteria are met.

- Urgent Care facilities affiliated with your physician group are listed under Urgent Care Centers. You may use these Urgent Care Facilities or any other Urgent Care facility in your plan service area if you need urgent medical care when your PCP's office is closed.
- Within the physician group listing, PCPs are listed

alphabetically under one of the following categories: *Family Practice, General Practice, Internal Medicine, and OB/GYN.*

- PCPs who are not accepting new patients are noted with an asterisk (*). You may choose a PCP in this category only if you are currently a patient of that physician or changing to a new physician group where that physician is also a part of.
- Affiliated specialists are listed by specialty and then by last name under each physician group.
- If you decide to enroll in the Optional Supplemental Dental HMO plan, you can find a list of network dentists online. For more information about choosing a network dentist, go to the beginning of the dental directory. (Note: This plan is not available to members in San Luis Obispo and Santa Barbara counties.)
- Plan pharmacies are not listed in this directory. You may request a list of these facilities by calling Customer Care or by going to blueshieldca.com/medpharmacy2023.

Sección 1: Introducción

Este directorio brinda una lista de los proveedores de la red de Blue Shield 65 Plus, Blue Shield 65 Plus Plan 2, Blue Shield Inspire, y Blue Shield Balance.

Para obtener información detallada sobre su cobertura de atención de la salud, consulte su *Evidencia de cobertura (EOC, por sus siglas en inglés)*.

Tendrá que elegir a uno de nuestros proveedores de la red incluidos en este directorio para que sea su médico de atención primaria (PCP, por sus siglas en inglés). Por lo general, debe recibir sus servicios de atención de la salud por medio de su PCP. Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Los proveedores de la red que se incluyen en este directorio han acordado brindarle servicios de atención de la salud o servicios dentales. Usted puede ir a cualquier proveedor de la red que esté incluido en este directorio; no obstante, es posible que necesite una referencia para obtener algunos servicios. Para ver más detalles sobre las referencias, consulte la *Evidencia de cobertura (EOC)* del plan. En nuestra red hay disponibles otros proveedores.

Si recibe una factura de cualquier proveedor no

perteneciente a la red por servicios cubiertos, como servicios de emergencia o urgentemente necesarios o servicios de diálisis fuera del área, no la pague. Envíenos la factura a la siguiente dirección y nosotros pagaremos la cantidad cubierta, menos las cantidades de copago o coseguro que correspondan:

Blue Shield of California
Medicare Customer Care
P.O. Box 927
Woodland Hills, CA 91365

Para obtener ayuda, también puede comunicarse con Atención al Cliente llamando al **(800) 776-4466** o para **planes de Blue Shield Balance llame al (888) 802-4423**, de 8:00 a.m. a 8:00 p.m., cualquier día de la semana. Los usuarios del sistema TTY deben llamar al **711**.

Si necesita atención en un caso de emergencia,

obtenga ayuda médica lo más pronto posible. Llame al 911 para recibir ayuda o vaya a la sala de emergencias más cercana. No necesita obtener primero el permiso de su médico o de otro proveedor de la red.

Hay una emergencia médica cuando usted considera que tiene síntomas médicos que requieren atención médica inmediata para prevenir la muerte, la pérdida de una extremidad o la invalidez de una extremidad. Los síntomas médicos pueden incluir una enfermedad, una lesión, dolor intenso o un problema médico que empeora rápidamente.

Asegúrese de que se informe a Blue Shield acerca de su emergencia, ya que será necesario que su médico haga un seguimiento de su atención de emergencia.

Usted u otra persona deben llamar a su médico para avisarle acerca de su atención de emergencia cuanto antes; en lo posible, dentro de las 48 horas. El número al que debe llamar está en su tarjeta de identificación del plan.

Si necesita ayuda médica inmediata, pero su salud no está en grave peligro, esa

ayuda se llama "servicios urgentemente necesarios". Si está en el área de servicio de su plan, llame a su PCP. Si el consultorio de su médico está cerrado, vaya a cualquier centro de atención urgente que esté incluido en este directorio o que esté afiliado a su grupo médico.

Si está fuera del área de servicio del plan, siempre que sea posible llame primero a su PCP. Si tiene un problema de salud que requiere servicios urgentemente necesarios y recibe tratamiento mientras está fuera del área de servicio del plan, preferimos que vuelva al área de servicio para que su PCP le brinde atención de seguimiento. No obstante, cubriremos la atención de seguimiento que reciba de los proveedores no pertenecientes a la red fuera del área de servicio del plan, siempre y cuando la atención recibida cumpla con la definición de "servicios urgentemente necesarios".

Usted debe ir a proveedores de la red, excepto en los casos en que requiera atención urgente o de emergencia, o cuando necesite servicios de diálisis u otros servicios fuera del área. Si obtiene atención de rutina de un proveedor no perteneciente a la red, ni Medicare ni Blue Shield serán responsables de los costos.

¿Cuál es el área de servicio de Blue Shield 65 Plus, Blue Shield 65 Plus Plan 2, Blue Shield Inspire, y Blue Shield Balance?

Más abajo se indica nuestra área de servicio.

El Condado de Los Angeles

¿Cómo puede encontrar proveedores de Blue Shield 65 Plus, Blue Shield 65 Plus Plan 2, Blue Shield Inspire, y Blue Shield Balance que brindan servicios en su área?

Para obtener una lista de los proveedores cercanos a su hogar, visite blueshieldca.com/fad e ingrese su código postal.

Si usa este directorio, seleccione el grupo médico que desea consultar y, después, revise la lista de proveedores para buscar la ciudad o el código postal más cercanos a su hogar.

En este directorio, se muestran únicamente los grupos médicos que tienen un hospital afiliado dentro del área específica que se indica en la portada.

Si tiene alguna pregunta acerca de Blue Shield 65 Plus, Blue Shield 65 Plus Plan 2, Blue Shield Inspire, y Blue Shield Balance o si necesita ayuda para elegir un PCP, comuníquese con Atención al Cliente llamando al (800) 776-4466 o para planes de Blue Shield Balance llame al (888) 802-4423, de 8:00 a. m. a 8:00 p. m., cualquier día de la semana. Los usuarios del sistema TTY deben llamar al 711. O bien, visite blueshieldca.com/medicare.

Sección 2: Lista de proveedores de la red

- Los PCP, los especialistas, los hospitales, las clínicas y los centros de atención urgente de la red se muestran por grupo médico.
- Los hospitales afiliados al grupo médico se incluyen al comienzo de la sección que corresponde a los grupos médicos en este directorio.

Algunos hospitales participan en un programa de calidad independiente. Los hospitales identificados con el símbolo ⓘ participan en el programa de California **Leapfrog Group**, un programa independiente que busca implementar tres prácticas esenciales que se ha demostrado que mejoran la seguridad del paciente. Los hospitales que participan en el programa Leapfrog: 1) controlan las recetas por computadora para evitar la interacción entre medicamentos, 2) cuentan con un médico especialista de tiempo completo en el personal de todas las unidades de cuidado intensivo y 3) hacen procedimientos quirúrgicos de alto riesgo, como cirugías de corazón, solo cuando se cumple con ciertos criterios de calidad.

- Los centros de atención urgente afiliados a su grupo médico se incluyen en la sección "Centros de atención urgente". Puede usar estos u otros centros de atención

urgente en el área de servicio de su plan si necesita atención médica urgente cuando el consultorio de su PCP esté cerrado.

- En la lista de grupos médicos, los PCP aparecen ordenados alfabéticamente en una de las siguientes categorías: *medicina familiar, medicina general, medicina interna y obstetricia/ginecología (OB/GYN, por sus siglas en inglés)*.

- Los PCP que no aceptan nuevos pacientes se indican con un asterisco (*). Puede elegir a un PCP de esta categoría solamente si es paciente actual de ese médico o si se cambia a un nuevo grupo médico del cual dicho médico también forma parte.

- Los especialistas afiliados se muestran dentro de cada grupo médico ordenados por especialidad y, después, por apellido.

- Si decide inscribirse en el plan dental HMO opcional suplementario, puede encontrar una lista de dentistas de la red en línea. Para obtener más información sobre cómo elegir a un dentista de la red, consulte el directorio dental. (Nota: Este plan no está disponible para los miembros de los condados de San Luis Obispo y Santa Bárbara).

- Las farmacias del plan no se incluyen en este directorio. Para pedir una lista de estas farmacias, llame a Atención

al Cliente o visite

blueshieldca.com/medpharmacy2023.

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

Family Practice

AMADOR, ELLEN, DO ☉

ID No. 100087763011
1760 TERMINO AVE STE 222
Long Beach, CA 90804
(562) 498-0029

Languages: Spanish, Tagalog

ARTER, JOEL, MD ☉

ID No. 100369663011
2880 ATLANTIC AVE # 110
LONG BEACH, CA 90806
(562) 424-4404

Languages: Spanish

LEE, CHRISTINA, MD ☉

ID No. 100099123023
817 ATLANTIC AVE
LONG BEACH, CA 90813
(562) 591-6890

*Languages: Cambodian,
Mandarin, Spanish
Teleservice*

MANOS, ANDREW, MD ☉

ID No. 100083638007
1760 TERMINO AVE STE 222
Long Beach, CA 90804
(562) 498-0029

Languages: Greek, Spanish

MATA, FRANCISCA, MD ☉

ID No. 100378982006
1043 ELM AVE # 302
LONG BEACH, CA 90813
(562) 247-7740

MERCER, PAUL, MD ☉

ID No. 100009246025
9209 COLIMA RD # 4400
WHITTIER, CA 90605
(562) 264-4297

*Languages: Spanish
Teleservice*

NUGAS, ALICIA, MD ☉

ID No. 100054868025
22408 NORWALK BLVD
Hawaiian Gardens, CA 90716
(562) 421-2188

PAJA, ISAIAS, MD ☉

ID No. 100100474094
1187 E Anaheim St
LONG BEACH, CA 90813
(562) 599-2119

Languages: Spanish, Tagalog

REYNOLDS, STEVEN, DO ☉

ID No. 100096815009
5865 E Naples Plz
Long Beach, CA 90803
(562) 434-4481

ROSSINI, JOE, DO ☉

ID No. 100077233084
9209 COLIMA RD # 4400
WHITTIER, CA 90605
(562) 264-4297

Languages: Spanish

RUBINSON, WILLIAM, MD ☉

ID No. 100036140064
8500 FLORENCE AVE # 101
Downey, CA 90240
(562) 923-6060

*Languages: Farsi, Gujarati,
Hebrew*

RUBINSON, WILLIAM, MD ☉

ID No. 100036140067
11942 PARAMOUNT BLVD ste
B

Downey, CA 90242
(562) 923-6060

*Languages: Farsi, Gujarati,
Hebrew*

RUBINSON, WILLIAM, MD ☉

ID No. 100036140070
904 E Pacific Coast Hwy
Long Beach, CA 90806
(562) 923-6060

*Languages: Farsi, Gujarati,
Hebrew*

SHEPPARD, JAMES, DO ☉

ID No. 100232942127
5979 Atlantic Ave
Long Beach, CA 90805
(562) 423-0421

Languages: Spanish

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

AFFILIATED DRS OF ORANGE CTY, continued/continuación

PCPs/Médicos de atención primaria (PCP)

SUCGANG, PAUL, DO

ID No. 100080208037
8500 FLORENCE AVE # 101
Downey, CA 90240
(562) 202-5020
Languages: Spanish

TRAN, KHAI, DO

ID No. 100074636010
15717 PARAMOUNT BLVD
Paramount, CA 90723
(562) 531-2231
Languages: Spanish, Vietnamese
Teleservice

TRUONG, LOAN, MD

ID No. 100298164007
855 E Anaheim St
Long Beach, CA 90813
(562) 591-0840
Languages: Spanish, Vietnamese

Trani, Marvin, DO

ID No. 100381070003
15955 PARAMOUNT BLVD # A
PARAMOUNT, CA 90723
(562) 531-9806
Languages: Spanish
Teleservice

URIBE, DANIEL, MD

ID No. 100062305046
13307 SAN ANTONIO DR
Norwalk, CA 90650
(562) 807-1877
Languages: Spanish

General Practice

BAI, EUNG, MD

ID No. 100015977012
12017 ROSECRANS AVE
Norwalk, CA 90650
(562) 868-2027
Languages: Korean

Barlow, Ryan, DO

ID No. 100296032091
11938 PARAMOUNT BLVD
Downey, CA 90242
(562) 923-6060
Teleservice

CARDIN, JOHN, MD

ID No. 100090356009
2880 ATLANTIC AVE STE 230
Long Beach, CA 90806
(562) 424-4404
Languages: Spanish

LE, ANH-DAO, MD

ID No. 100105541046
1024 E Pacific Coast Hwy
LONG BEACH, CA 90806
(562) 218-0131
Languages: Khmer, Spanish, Vietnamese
Teleservice

PAYNE, BRIAN, MD

ID No. 100026240008
7800 Florence Ave
DOWNEY, CA 90240
(562) 928-5700
Languages: Spanish

SHEK, DAVID, MD

ID No. 100045699109
11803 CARSON ST
HAWAIIAN GARDENS, CA
90716
(562) 924-4455
Languages: Cantonese, Chinese, Mandarin

SHETH, RAJENDRA, MD

ID No. 100366594006
8500 FLORENCE AVE # 101
DOWNEY, CA 90240
(562) 202-5020
Languages: Gujarati, Hindi

SHETH, RAJENDRA, MD

ID No. 100366594003
11938 PARAMOUNT BLVD
DOWNEY, CA 90242
(562) 923-6060
Languages: Gujarati, Hindi

TRANI, SERGIO, MD

ID No. 100073538018
15955 PARAMOUNT BLVD STE
A
Paramount, CA 90723
(562) 531-9806
Languages: Spanish, Tagalog
Teleservice

Internal Medicine

BELL, MAURICE, MD

ID No. 100072404026
4100 LONG BEACH BLVD STE
200
Long Beach, CA 90807
(562) 981-2355
Languages: Czech, Russian, Slovak

=LeapFrog

=Female/Mujer =Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.
/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

AFFILIATED DRS OF ORANGE CTY, continued/continuación

PCPs/Médicos de atención primaria (PCP)

CONTRACTOR, HEENA, MD

ID No. 100094541033
1045 ATLANTIC AVE STE 915
Long Beach, CA 90813
(562) 596-1667

CONTRERAS, ROBERTO, MD

ID No. 100133604007
2880 ATLANTIC AVE # 230
LONG BEACH, CA 90806
(562) 424-4404
Languages: Spanish

DAVARI, SHAHRYAR, MD

ID No. 100230315008
11544 Downey Ave
Downey, CA 90241
(562) 922-2020
Languages: Farsi

FARHADI, TOURDJ, MD

ID No. 100015704005
2630 PACIFIC AVE
Long Beach, CA 90806
(562) 426-3399
Languages: Farsi, French, Italian

KABBANY, VICTOR, MD

ID No. 100156541034
1045 ATLANTIC AVE # 915
LONG BEACH, CA 90813
(562) 901-3260

KAO, JOHNATHAN, MD

ID No. 100378055005
1043 ELM AVE # 302
LONG BEACH, CA 90813
(562) 247-7740

KASHANI, SHEIDA, DO

ID No. 100040833008
1045 ATLANTIC AVE # 915
Long Beach, CA 90813
(562) 901-3260
Languages: Farsi

KHAMISEH, GHASSAN, MD

ID No. 100067534027
2800 PACIFIC AVE # D
LONG BEACH, CA 90806
(562) 337-8401
Languages: Arabic, Spanish
Teleservice

LERNO, LAWRENCE, MD

ID No. 100346577019
1510 E 7th St
LONG BEACH, CA 90813
(562) 590-9800
Languages: Gujarati, Hindi, Spanish
Teleservice

MEKA, AJAY, MD

ID No. 100098859056
1510 E 7TH ST
Long Beach, CA 90813
(562) 590-9800
Languages: Arabic, French, Gujarati
Teleservice

MEKA, MEENA, MD

ID No. 100219558006
1510 E 7th St
LONG BEACH, CA 90813
(562) 590-9800
Languages: Spanish
Teleservice

MISHAL, SUREKHA, MD

ID No. 100038567011
14359 PIONEER BLVD # A
NORWALK, CA 90650
(562) 864-7279
Languages: Gujarati, Hindi, Marathi
Teleservice

NABAVI, MAZIAR, MD

ID No. 100389915008
1510 E 7TH ST
LONG BEACH, CA 90813
(562) 528-8447
Languages: Spanish

NABAVI, MAZIAR, MD

ID No. 100389915007
1066 ATLANTIC AVE
LONG BEACH, CA 90813
(562) 528-8447
Languages: Spanish

PATEL, RENUKA, MD

ID No. 100038150015
8357 FLORENCE AVE
Downey, CA 90240
(562) 622-2470
Languages: Gujarati, Hindi

RUBIN, JACK, MD

ID No. 100049794031
1045 ATLANTIC AVE STE 915
Long Beach, CA 90813
(562) 901-3260
Languages: French, Spanish, Tagalog

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AFFILIATED DRS OF ORANGE CTY, continued/continuación

PCPs/Médicos de atención primaria (PCP)

SALATINJANTS, AIDA, MD ⑥

ID No. 100060463028

13132 STUDEBAKER RD STE 3

Norwalk, CA 90650

(562) 406-7070

*Languages: Armenian, Russian, Spanish***SHARAFI, REZA, MD ④**

ID No. 100187620020

11544 Downey Ave

DOWNEY, CA 90241

(562) 922-2020

*Languages: Faroese, Farsi, Spanish***SHARAFI, REZA, MD ④**

ID No. 100187620024

3650 SOUTH ST # 208

Lakewood, CA 90712

(562) 922-2020

*Languages: Faroese, Farsi, Spanish***TATE, ERIC, MD ④**

ID No. 100038850027

16660 PARAMOUNT BLVD # 205

Paramount, CA 90723

(562) 531-3133

*Languages: Spanish***VICTORIA, RAFAELITO, MD**

④

ID No. 100069827030

10230 ARTESIA BLVD STE 102

Bellflower, CA 90706

(562) 866-1764

*Languages: Tagalog***Obstetrics / Gynecology****COGAN, MICHAEL, MD ④**

ID No. 100011569053

15717 PARAMOUNT BLVD

Paramount, CA 90723

(562) 531-8845

*Languages: Spanish***Pediatrics****TSI, CHUNG, MD ④**

ID No. 100021604013

936 Pine Ave

Long Beach, CA 90813

(562) 269-5658

*Languages: Chinese, Khmer, Lao***Specialty****Physicians/Médicos****especialistas****Allergy Immunology****Liu, Betty, MD**

Long Beach, CA

Anesthesiology Pain Management**BUSTOS, JERROLD, MD**

Paramount, CA

MINKOFF, EVAN, DO

Paramount, CA

Anesthesiology**MATTAR, RAAFAT, MD**

Long Beach, CA

Cardiovascular Disease**BAUMGARTNER, FRITZ, MD**

Long Beach, CA

SHUMAN, ROBERT, MD

Long Beach, CA

Dermatology**CHAPMAN, LANCE, MD**

Long Beach, CA

Emergency Medicine**Barlow, Ryan, DO**

Downey, CA - Teleservice

Endocrinology Metabolism Diabetes**ENG, STEVEN, MD**

Lakewood, CA

TABRIZI, MOHSEN, MD

Lakewood, CA

Gastroenterology**Saliminejad, Mehrdad, MD**

Lakewood, CA

Hematology / Oncology**FREIMANN, JACK, MD**

Whittier, CA

GOLSHANI, GOL, MD

Lakewood, CA - Teleservice

HUANG, DANIEL, MD

Downey, CA

RUPANI, RAVIN, MD

Downey, CA

④=LeapFrog

⑥=Female/Mujer ④=Male/Hombre

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SHUM, MERRILL, MD
Whittier, CA

Internal Medicine

AMIN, JAY, MD
Downey, CA
Downey, CA

ISMAIL, MOHAMMAD, MD
Paramount, CA - Teleservice

JAVADI, FARIBA, MD
Lakewood, CA

MIEL, RUFINA, MD
Downey, CA

Medical Oncology

REYNOLDS, THOMAS, MD
Downey, CA

***Neonatal / Perinatal
Medicine***

NAGLIE, RONALD, MD
Long Beach, CA

Nephrology

CONTRACTOR, HEENA, MD
Long Beach, CA

NASREEN, TANZINA, MD
Paramount, CA - Teleservice

RUBIN, JACK, MD
Long Beach, CA

SEMERJIAN, AVEDIK, MD
Downey, CA*
Lakewood, CA

Neurology Child

DAO, JASMIN, MD
Long Beach, CA

Neurology

Nguyen, Christina, MD
Long Beach, CA

TRUONG, DANIEL, MD
Long Beach, CA

Truong, Kong, MD
Long Beach, CA

Obstetrics / Gynecology

CHAO, CYNTHIA, DO
Long Beach, CA

COGAN, MICHAEL, MD
Long Beach, CA

NGUYEN, HA, MD
Long Beach, CA

PINCHES, JOHN, DO
Hawaiian Gardens, CA

Ophthalmology

Renner, Morgan, MD
Long Beach, CA

Optometrist

Lee, Jennifer, OD
Long Beach, CA

NGUYEN, MEGGIE, OD
Downey, CA
Long Beach, CA

***Otolaryngology / Otology /
Laryngology / Rhinology***

YOSHPE, NINA, MD
Long Beach, CA

Pediatric Cardiology

CHUN, DAVID, MD
Long Beach, CA - Teleservice

Pediatric Gastroenterology

KUMAR, ANJULI, MD
Long Beach, CA

TRAN, ROBERT, MD
Long Beach, CA

Pediatric Pulmonology

SHAHRIARY, CYRUS, MD
Long Beach, CA

Pediatrics

HOWELL, THOMAS, MD
Long Beach, CA*
Long Beach, CA

SHEK, DAVID, MD
Hawaiian Gardens, CA

Psychiatry

EAGAN, TERRY, MD
Long Beach, CA

TURNER, RANDALL, DO
Long Beach, CA

Rheumatology

ANUNTIYO, JEREMY, MD
San Pedro, CA

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AFFILIATED DRS OF ORANGE CTY, continued/continuación

Specialty Physicians/Médicos especialistas

DOSHI, DIPTI, MD

Cerritos, CA - Teleservice

proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

MAEHARA, MICHAEL, MD

Long Beach, CA

Surgery Cardiovascular

SAKWA, MARC, MD

Long Beach, CA

Surgery Colon Surgery

NEOMAN, AYMAN, MD

Long Beach, CA

Surgery General Vascular

MAGINOT, ANDRE, MD

Lakewood, CA

Surgery Thoracic

JOYO, COLIN, MD

Long Beach, CA

Urology

AGATSTEIN, ERNEST, MD

Downey, CA

AYNEHCHI, SHAHRAD, MD

Downey, CA

NOWFAR, SEPEHR, MD

Downey, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

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Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

DUSK TO DAWN URGENT CARE

701 E 28TH ST STE 401
Long Beach, CA 90806
(562) 426-2662
M-F 9AM-9PM
SA,SU 9AM-2PM

DUSK TO DAWN URGENT CARE

15745 Paramount Blvd
PARAMOUNT, CA 90723
(562) 808-2273
M-F 9AM-11:59PM
SA,SU 9AM-6PM

PCPs/Médicos de atención primaria (PCP)

Family Practice

**ELACION, JOSE-MARI, MD **

ID No. 100052060072
3650 SOUTH ST # 412
LAKEWOOD, CA 90712
(562) 634-8001
Teleservice

**GRUBBS, KENNETH, DO **

ID No. 100074043010
12371 Imperial Hwy
Norwalk, CA 90650
(562) 929-5000
Languages: Spanish

**MENDOZA, MANUEL, MD **

ID No. 100047566097
11735 Firestone Blvd
NORWALK, CA 90650
(562) 925-7716
Languages: Spanish, Tagalog

**PARDO, JAIME, MD **

ID No. 100165937008
8522 PAINTER AVE
WHITTIER, CA 90602
(562) 698-6266
Languages: Italian, Spanish

**RUBINSON, WILLIAM, MD **

ID No. 100036140031
8500 FLORENCE AVE # 101
Downey, CA 90240
(562) 923-6060
Languages: Farsi, Gujarati, Hebrew

**RUBINSON, WILLIAM, MD **

ID No. 100036140230
11938 Paramount Blvd
Downey, CA 90242
(562) 923-6060
Languages: Farsi, Gujarati, Hebrew

**RUBINSON, WILLIAM, MD **

ID No. 100036140231
3300 E SOUTH ST # 209
LAKEWOOD, CA 90805
(562) 923-6601
Languages: Farsi, Gujarati, Hebrew

**Rezai, Damoun, MD **

ID No. 100319598018
11843 Whittier Blvd
Whittier, CA 90601
(562) 325-5336
Languages: Farsi, Spanish

**TRAN, ALEX, MD **

ID No. 100099441011
11822 FLORAL DR
Whittier, CA 90601
(562) 908-4355
Languages: Spanish, Vietnamese
Teleservice

General Practice

**GABBITA, GEETHA, MD **

ID No. 100042459003
14568 WHITTIER BLVD
Whittier, CA 90605
(562) 698-8263
Languages: Hindi, Kannada, Spanish

**ISKAROUS, RAGAA, MD **

ID No. 100092539033
11003 LAKEWOOD BLVD STE 201
Downey, CA 90241
(562) 869-1038
Languages: Arabic

**MONTES, JUAN, MD **

ID No. 100078246012
11822 FLORAL DR
Whittier, CA 90601
(562) 908-4355
Languages: Hindi, Mandarin, Spanish

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ALTAMED HEALTH SERVICES, continued/continuación

PCPs/Médicos de atención primaria (PCP)

MORRIS, FELICITACION, MD

Ⓢ

ID No. 100169219020
100 E Market St
Long Beach, CA 90805
(562) 428-4222

Languages: Ilocana, Tagalog
Teleservice

SHARMA, CHANDER, MD

Ⓜ

ID No. 100036384018
16415 COLORADO AVE STE
304
Paramount, CA 90723
(562) 531-4171

Languages: Hindi

Internal Medicine

AGUILAR, RICHARD, MD

Ⓜ

ID No. 100091768054
10234 ROSECRANS AVE
BELLFLOWER, CA 90706
(562) 653-4074

Languages: Spanish

DAVARI, SHAHRYAR, MD

Ⓜ

ID No. 100230315023
3650 SOUTH ST # 208
LAKEWOOD, CA 90712
(562) 922-2020

Languages: Farsi

Dillikar, Roopa, MD

Ⓢ

ID No. 100258495039
6300 FLORENCE AVE
BELL GARDENS, CA 90201
(562) 928-9700

*Languages: Hindi, Kannada,
Marathi*

KUHN, REBECCA, MD

Ⓢ

ID No. 100084199025
10234 ROSECRANS AVE
BELLFLOWER, CA 90706
(562) 653-4074

Languages: Spanish

MEKA, MEENA, MD

Ⓢ*

ID No. 100219558050
1510 E 7th St
LONG BEACH, CA 90813
(562) 590-9800

Languages: Spanish
Teleservice

MISHAL, SUREKHA, MD

Ⓢ

ID No. 100038567003
14359 PIONEER BLVD # A
NORWALK, CA 90650
(562) 864-7279

*Languages: Gujarati, Hindi,
Marathi*
Teleservice

NGA, VISAL, DO

Ⓜ

ID No. 100150656048
1269 E ANAHEIM ST
Long Beach, CA 90813
(562) 599-5300

*Languages: Cambodian, Khmer,
Spanish*

SHARAFI, REZA, MD

Ⓜ

ID No. 100187620002
11544 Downey Ave
DOWNEY, CA 90241
(562) 922-2020

*Languages: Faroese, Farsi,
Spanish*

ZAMBRANO, OSCAR, MD

Ⓜ

ID No. 100007264025
6513 Atlantic Ave
BELL, CA 90201
(323) 581-1649

Languages: Italian, Spanish
Teleservice

ZAPATA, MARTIN, DO

Ⓜ

ID No. 100096640008
9818 PARAMOUNT BLVD STE
C
Downey, CA 90240
(562) 806-1214

Languages: Spanish

ZAPATA, MARTIN, DO

Ⓜ

ID No. 100096640042
11865 Firestone Blvd
Norwalk, CA 90650
(562) 806-1214

Languages: Spanish
Teleservice

ZARRABI, MANOOCHHR, MD

Ⓜ

ID No. 100052147016
4827 GAGE AVE
Bell, CA 90201
(323) 773-3000

*Languages: Farsi, Fataleka,
Spanish*

Pediatrics

CHON, KYUNG, MD

Ⓜ

ID No. 100077964010
8522 PAINTER AVE
Whittier, CA 90602
(562) 698-6266

Languages: Korean

Ⓢ=LeapFrog

Ⓢ=Female/Mujer Ⓜ=Male/Hombre

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ALTAMED HEALTH SERVICES, continued/continuación
Specialty Physicians/Médicos especialistas

Specialty
Physicians/Médicos
especialistas

Allergy Immunology

TRIVEDI, ANAND, MD
Norwalk, CA

TRIVEDI, DIVYANG, MD
Norwalk, CA

Anesthesiology Pain Management

HARRIS, MATTHEW, MD
Long Beach, CA

MIKHAEL, MEDHAT, MD
Long Beach, CA*

Patel, Ajay, MD
Downey, CA

Wong, Ashley, DO
Long Beach, CA

ZAVAREI, KEYVAN, MD
Long Beach, CA

Anesthesiology

Iqbal, Afzaal, MD
Long Beach, CA

QAVI, SHAHBAZ, MD
Long Beach, CA
Norwalk, CA

Cardiac Electrophysiology

RUELAZ, ROBERT, MD
Norwalk, CA

SINGH, ANANTJIT, MD
Downey, CA

Cardiovascular Disease

EFTEKHARI, HOSSEIN, MD
Downey, CA

MAHAISAVARIYA, PAIBOON, MD
Downey, CA

TAMBOLI, KAUSHAL, MD
Downey, CA

YOSHINO, PAUL, MD
Downey, CA

ZAMBRANO, OSCAR, MD
Bell, CA - Teleservice

ZARGARIAN, MEHDI, MD
Downey, CA

Certified Acupuncturist

JOO, JUNG, LAC
Downey, CA

Certified Nurse Practitioner

KOTANJIAN, CELINA, NP
Whittier, CA

Lemus, Maria, NP
Bell, CA

MCINTOSH, LAURA, NP
Whittier, CA

VEGA, MARIA, NP
Whittier, CA

Chiropractor

FOX, DAN, DC
Downey, CA

NAJERA, DENISE, DC
Bell, CA

Dermatology

CASTRO, MICHAEL, MD
Lakewood, CA

EZRA, NAVID, MD
Downey, CA

KING, DON, MD
Whittier, CA

NAMI, NAVID, DO
Downey, CA

Endocrinology Metabolism Diabetes

ECHEVERRY-FRANCK, DIANA, MD
Lakewood, CA

Gastroenterology

ALAPATI, RAVINDRA, MD
Whittier, CA

Gynecology

ALLADAWI, AYMAN, MD
Downey, CA

Hematology / Oncology

Ali, Sami, MD
Downey, CA

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ALTAMED HEALTH SERVICES, continued/continuación

Specialty Physicians/Médicos especialistas

BERZ, DAVID, MD
Whittier, CA

CHEUNG, ERIC, MD
Lakewood, CA

Chand, Arati Rani, MD
Downey, CA

GOLSHANI, GOL, MD
Lakewood, CA - Teleservice

Gonzalez, Haydee, MD
Downey, CA

Marathe, Omkar, MD
Lakewood, CA - Teleservice

Morrison, David, MD
Downey, CA

SHUM, MERRILL, MD
Whittier, CA

Thara, Eddie, DO
Whittier, CA

VATANPARAST, RODINA, MD
Downey, CA

Infectious Disease

ALCOULOUMRE SENTENO, MARCIA, MD
Long Beach, CA

Internal Medicine

FREIMANN, JACK, MD
Whittier, CA

Singh, Vinita, MD
Downey, CA*

Maternal and Fetal Medicine

CHAN, KENNETH, MD
Long Beach, CA

CHAU, CINDY, MD
Long Beach, CA

MCNULTY, JENNIFER, MD
Whittier, CA - Teleservice

NAGEOTTE, MICHAEL, MD
Long Beach, CA - Teleservice

SEET, EMILY, MD
Long Beach, CA

SHRIVASTAVA, VINEET, MD
Long Beach, CA

Nephrology

HON, GEORGE, MD
Paramount, CA

MARYSKA, DORSA, MD
Bell, CA
Whittier, CA

Martinez, Rivera, MD
Bell, CA - Teleservice

Zwecker, Brian, MD
Whittier, CA

Neurology

HIJAZIN, MUNTHAR, MD
Downey, CA

LINARES, DANIEL, MD
Long Beach, CA

MITRI, ANTOINE, MD
Downey, CA - Teleservice

PRENTICE, THEODORE, MD
Downey, CA - Teleservice

WAZNI, WLED, MD
Long Beach, CA

Obstetrics / Gynecology

MCNULTY, JENNIFER, MD
Long Beach, CA

MONIAK, CHARLES, MD
Long Beach, CA

Ophthalmology

CHANG, HEATHER, MD
Cerritos, CA

Fong, Alan, MD
Cerritos, CA

GASPERINI, JULIE, MD
Long Beach, CA

GONZALEZ, CASIMIRO, MD
Bell, CA

JIVRAJKA, RENU, MD
Downey, CA
Whittier, CA

JOTTERAND, VERONIQUE, MD
Long Beach, CA

KHANNA, SANDEEP, MD
Lakewood, CA
Whittier, CA

LIN, JOSEPH, MD
Whittier, CA

LOGAN, DWAYNE, MD
Long Beach, CA

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

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ALTAMED HEALTH SERVICES, continued/continuación
Specialty Physicians/Médicos especialistas

Nguyen, Huy, MD
Whittier, CA

PATEL, HARSHAD, MD
Long Beach, CA

PILYUGINA, SVETLANA, MD
Cerritos, CA

SHAMMAS, HANNA, MD
Downey, CA
Whittier, CA

SHAMMAS, MAYA, MD
Downey, CA
Whittier, CA

Optometrist

ARDAYA, DAVID, OD
Whittier, CA

DIEP, KAREN, OD
Downey, CA

GONZALEZ, MANUEL, OD
Santa Fe Springs, CA

LIN, IVY, OD
Whittier, CA

Le, Huong, OD
Long Beach, CA

SANCHEZ, ADRIANA, OD
Whittier, CA

***Otolaryngology / Otology /
Laryngology / Rhinology***

AYOUB, ELIAS, MD
Downey, CA

Otolaryngology

AYOUB, ELIAS, MD
Lakewood, CA

Pediatric Cardiology

BLURTON, DOMINIC, MD
Long Beach, CA

LOITZ, ROBERT, MD
Downey, CA

Pediatrics

MONTES, ALEJANDRO, MD
Norwalk, CA
Whittier, CA

***Physical Medicine /
Rehabilitation***

BABARIA, VIVEK, DO
Long Beach, CA

Physicians Assistant

Addish, Ferid, PA
Downey, CA

CHAVEZ, NOEL, PA
Downey, CA

Tai, Steve, PA
Downey, CA
Whittier, CA

Podiatrist

CHAN, JOHN, DPM
Bell, CA

**WEINGARTEN, NAFTOLI,
DPM**
Long Beach, CA

Psychiatry

AIKOYE, SALISU, MD
Norwalk, CA

SANDOVAL, SABRINA, MD
Long Beach, CA
Long Beach, CA

Pulmonary Diseases

JOHANNES, JIMMY, MD
Long Beach, CA - Teleservice

Radiation Oncology

BELL, DAVID, MD
Downey, CA

LAWRENSON, LESLEY, MD
Long Beach, CA

MERLO, CLIFFORD, MD
Long Beach, CA

RHA, JANICE, MD
Downey, CA

SILA, CHAD, MD
Long Beach, CA

Radiology Diagnostic X-ray

Hakham, Salar, DO
Bellflower, CA

Radiology Therapeutic

BOUZAGLOU, ARMAND, MD
Downey, CA

Rheumatology

DOSHI, DIPTI, MD
Cerritos, CA - Teleservice

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

ALTAMED HEALTH SERVICES, continued/continuación

Specialty Physicians/Médicos especialistas

Surgery General

Shabatian, Hooman, MD

Long Beach, CA

Surgery Neurological

ARMIN, SEAN, MD

Artesia, CA - Teleservice

Surgery Thoracic

GREWAL, NAVROSE, MD

Lakewood, CA

Urology

SEARD, MELVIN, MD

Long Beach, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.
/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

Family Practice

Barlow, Ryan, DO ®

ID No. 100296032090
3300 E SOUTH ST # 209
Lakewood, CA 90805
(562) 444-0022
Teleservice

HASHEMIYOON, ROBERT, MD ®

ID No. 100001628040
11942 PARAMOUNT BLVD # B
DOWNEY, CA 90242
(562) 923-6060
Languages: Armenian, Faroese, Farsi

HASHEMIYOON, ROBERT, MD ®

ID No. 100001628039
8500 FLORENCE AVE # 101
Downey, CA 90240
(562) 202-5020
Languages: Armenian, Faroese, Farsi

HASHEMIYOON, ROBERT, MD ®

ID No. 100001628042
12472 Washington Blvd
Whittier, CA 90602
(714) 451-2230
Languages: Armenian, Faroese, Farsi

RUBINSON, WILLIAM, MD ®

ID No. 100036140046
8500 FLORENCE AVE # 101
Downey, CA 90240
(562) 923-6060
Languages: Farsi, Gujarati, Hebrew

RUBINSON, WILLIAM, MD ®

ID No. 100036140225
11938 Paramount Blvd
Downey, CA 90242
(562) 923-6060
Languages: Farsi, Gujarati, Hebrew

RUBINSON, WILLIAM, MD ®

ID No. 100036140255
3300 E SOUTH ST # 209
LAKEWOOD, CA 90805
(562) 923-6601
Languages: Farsi, Gujarati, Hebrew

VUONG-DAC, MAN, MD ®

ID No. 100107181023
3649 FLORENCE AVE
BELL, CA 90201
(323) 583-6333
Languages: German, Spanish, Vietnamese

General Practice

FEYGIN, POLINA, MD ®

ID No. 100027762024
1110 W ANAHEIM ST STE 6
Wilmington, CA 90744
(310) 221-8532
Languages: Russian
Teleservice

PAYNE, BRIAN, MD ®

ID No. 100026240036
7800 Florence Ave
DOWNEY, CA 90240
(562) 928-5700
Languages: Spanish

REYES, ADORACION, MD ®

ID No. 100067560020
1350 CHESTNUT AVE
Long Beach, CA 90813
(562) 599-1565
Languages: Spanish, Tagalog
Teleservice

Internal Medicine

CHAN, ANGELA, MD ®

ID No. 100108863018
7615 EASTERN AVE
Bell Gardens, CA 90201
(562) 927-1307
Languages: Burmese, Cantonese, Chinese

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

ASSOCIATED HISPANIC PHYS IPA, continued/continuación

PCPs/Médicos de atención primaria (PCP)

HSU, LINDA, MD ⑥

ID No. 100071649030

11101 LA REINA AVE ste 101

Downey, CA 90241

(562) 867-2796

Languages: Spanish

HSU, LINDA, MD ⑥

ID No. 100071649031

13132 STUDEBAKER RD # 10

NORWALK, CA 90650

(562) 868-5757

Languages: Spanish

JALIL, MARIAN, MD ⑥

ID No. 100063468015

14350 WHITTIER BLVD STE
200

Whittier, CA 90605

(562) 945-7671

Languages: Arabic, Spanish

SALATINJANTS, AIDA, MD ⑥

ID No. 100060463034

13132 STUDEBAKER RD STE 3
Norwalk, CA 90650

(562) 406-7070

*Languages: Armenian, Russian,
Spanish*

ZAPATA, MARTIN, DO ④*

ID No. 100096640023

11865 Firestone Blvd

Norwalk, CA 90650

(562) 806-1214

Languages: Spanish

Teleservice

Contract terminated as of

10/31/2022

Specialty

Physicians/Médicos especialistas

Addictive Medicine

PRATTY, JAMES, MD

Cerritos, CA

Cardiology

LIU, JAMES, MD

Artesia, CA

Certified Nurse Practitioner

MAC, CHRISTINE, NP

Norwalk, CA

Podiatrist

LINAM, MARK, DPM

Paramount, CA

Psychiatry

PRATTY, JAMES, MD

Cerritos, CA

Registered Physical Therapist

ARMANYOUS, ANNE, PT

Downey, CA

Rheumatology

DOSHI, DIPTI, MD

Cerritos, CA - Teleservice

Surgery Neurological

MINASSIAN, HAIG, MD

Whittier, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

④=LeapFrog

⑥=Female/Mujer ④=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.
/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

Specialty
Physicians/Médicos
especialistas

Urology

AGATSTEIN, ERNEST, MD
Downey, CA

NOWFAR, SEPEHR, MD
Downey, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

* Indicates accepting current patients only.
* Indica que el médico acepta únicamente pacientes actuales.

Access Senior Healthcare Inc Santa Monica

PCPs/Médicos de atención primaria (PCP)

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

MEKA, MEENA, MD ⑥*

ID No. 100219558153
1510 E 7th St
LONG BEACH, CA 90813
(562) 590-9800
Languages: Spanish
Teleservice

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

MEKA, MEENA, MD ⑥

ID No. 100219558163
1066 ATLANTIC AVE # B
LONG BEACH, CA 90813
(562) 528-8447
Languages: Spanish

PCPs/Médicos de atención primaria (PCP)

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Internal Medicine

LERNO, LAWRENCE, MD ④

ID No. 100346577040
1510 E 7th St
LONG BEACH, CA 90813
(562) 590-9800
Languages: Gujarati, Hindi, Spanish
Teleservice

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

LERNO, LAWRENCE, MD ④

ID No. 100346577041
1066 ATLANTIC AVE # B
LONG BEACH, CA 90813
(562) 528-8447
Languages: Gujarati, Hindi, Spanish

④=LeapFrog

⑥=Female/Mujer ④=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.
/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

**Specialty
Physicians/Médicos
especialistas**

Pediatric Cardiology

BURKE, LENNIS, MD
Downey, CA

HO, JOHN, MD
Downey, CA

***Registered Dietitian /
Nutritionist***

Vela, Magnolia, MS
Long Beach, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

**Proveedores de servicios de salud
mental**

Para obtener una lista de los proveedores de servicios de salud

* Indicates accepting current patients only.
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Adventist Health Physician Network-White Memorial

Specialty Physicians/Médicos especialistas

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

Specialty Physicians/Médicos especialistas

Pediatric Cardiology

BURKE, LENNIS, MD

Downey, CA

HO, JOHN, MD

Downey, CA

Registered Dietitian / Nutritionist

Vela, Magnolia, MS

Long Beach, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

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/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

**Affiliated
Hospitals/Hospitales
afiliados**

**LAKEWOOD REGIONAL
MED CTR ☉**
3700 SOUTH ST
Lakewood, CA 90712

**LONG BEACH MEMORIAL
MED CTR**
2801 ATLANTIC AVE # 228
Long Beach, CA 90806

PIH Hospital - Downey ☉
11500 BROOKSHIRE AVE
Downey, CA 90241

**ST MARY MEDICAL CENTER
LONG BEACH ☉**
1050 LINDEN AVE
Long Beach, CA 90813

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

**PCPs/Médicos de atención
primaria (PCP)**

Family Practice

**AGUILUZ, JACQUELINE, DO
☉**
ID No. 100040919035
21508 NORWALK BLVD
Hawaiian Gardens, CA 90716
(562) 865-5214
Teleservice

**AGUILUZ, JACQUELINE, DO
☉**
ID No. 100040919059
13330 BLOOMFIELD AVE STE
111
Norwalk, CA 90650
(562) 868-0733
Teleservice

**BAMBRAH-DHAMIJA,
MEHTAB, MD ☉**
ID No. 100114408025
18326 PIONEER BLVD
Artesia, CA 90701
(562) 860-5599
*Languages: Cambodian, Gujarati,
Hindi*

**BAMBRAH-DHAMIJA,
MEHTAB, MD ☉**
ID No. 100114408064
3760 ATLANTIC AVE
Long Beach, CA 90807
(562) 595-7467
*Languages: Cambodian, Gujarati,
Hindi*

Barlow, Ryan, DO ☉
ID No. 100296032030
8500 FLORENCE AVE # 101
Downey, CA 90240
(562) 202-5020

Barlow, Ryan, DO ☉
ID No. 100296032035
11938 PARAMOUNT BLVD
Downey, CA 90242
(562) 923-6060
Teleservice

Barlow, Ryan, DO ☉
ID No. 100296032038
3300 E SOUTH ST # 209
Lakewood, CA 90805
(562) 444-0022
Teleservice

CHAUDHARY, VINITA, MD ☉
ID No. 100099965014
3650 SOUTH ST STE 210
Lakewood, CA 90712
(562) 630-0910
Languages: Hindi

* Indicates accepting current patients only.
* Indica que el médico acepta únicamente pacientes actuales.

Alamitos IPA, continued/continuación

PCPs/Médicos de atención primaria (PCP)

CONSTANTINO, LOIDA, MD



ID No. 100095454014
1777 N BELLFLOWER BLVD
STE 104
Long Beach, CA 90815
(562) 961-8820
Languages: Spanish, Tagalog

DHAMIJA, KAILASH, MD



ID No. 100089396034
18326 PIONEER BLVD
Artesia, CA 90701
(562) 860-5599
Languages: Cambodian, Gujarati, Hindi
Teleservice

DIX, KAREN, MD



ID No. 100038621028
911 E SAN ANTONIO DR # 1
LONG BEACH, CA 90807
(562) 728-8700

HANAMSAGAR, SEEMA, MD



ID No. 100114040070
3816 WOODRUFF AVE # 406
LONG BEACH, CA 90808
(562) 421-7292
Languages: Hindi, Marathi
Contract terminated as of
10/31/2022

HUGH, PETER, DO



ID No. 100036607013
3650 SOUTH ST STE 204
Lakewood, CA 90712
(562) 602-8841
Languages: Chinese, Mandarin, Spanish

LABATIA, SHERIF, MD



ID No. 100195919016
5750 DOWNEY AVE # 206
LAKEWOOD, CA 90712
(562) 384-3034
Languages: Arabic, French

LARSON, LINDSAY, DO



ID No. 100175296019
5750 DOWNEY AVE # 100
LAKEWOOD, CA 90712
(562) 630-3105

LEE, CHRISTINA, MD



ID No. 100099123012
817 ATLANTIC AVE
LONG BEACH, CA 90813
(562) 591-6890
Languages: Cambodian, Mandarin, Spanish
Teleservice

LEE, STEPHEN, MD



ID No. 100020508027
21508 NORWALK BLVD
Hawaiian Gardens, CA 90716
(562) 865-5214
Languages: Korean, Spanish

LEE, YANG, MD



ID No. 100031170017
5981 ATLANTIC AVE
Long Beach, CA 90805
(562) 423-1424
Languages: Chinese, Mandarin, Spanish

LEE, YANG, MD



ID No. 100031170019
16415 COLORADO AVE STE
208
Paramount, CA 90723
(562) 531-0015
Languages: Chinese, Mandarin, Spanish

MALEK, IRENE, MD



ID No. 100079397011
3610 ATLANTIC AVE
LONG BEACH, CA 90807
(562) 492-9288
Languages: Arabic, Spanish
Teleservice

MATEMOTJA, DANIEL, MD



ID No. 100084173014
12131 CARSON ST
Hawaiian Gardens, CA 90716
(562) 809-0299
Languages: Russian, Spanish
Teleservice

MENDOZA, MANUEL, MD



ID No. 100047566104
11735 Firestone Blvd
NORWALK, CA 90650
(562) 925-7716
Languages: Spanish, Tagalog

MIKHAIL, MARIANNE, MD



ID No. 100196873021
5750 DOWNEY AVE # 206
Lakewood, CA 90712
(562) 384-3034
Languages: Arabic, French, Spanish

Ⓕ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

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MINKUS, BRIAN, DO

ID No. 100082451023
18502 GRIDLEY RD
Artesia, CA 90701
(562) 865-6160

NUGAS, ALICIA, MD

ID No. 100054868015
22408 NORWALK BLVD
Hawaiian Gardens, CA 90716
(562) 421-2188

RUBINSON, WILLIAM, MD

ID No. 100036140085
8500 FLORENCE AVE # 101
Downey, CA 90240
(562) 923-6060
Languages: Farsi, Gujarati, Hebrew

RUBINSON, WILLIAM, MD

ID No. 100036140104
11938 Paramount Blvd
Downey, CA 90242
(562) 923-6060
Languages: Farsi, Gujarati, Hebrew

RUBINSON, WILLIAM, MD

ID No. 100036140117
3300 E SOUTH ST # 209
LAKEWOOD, CA 90805
(562) 923-6601
Languages: Farsi, Gujarati, Hebrew

Rizkalla, Mirna, MD

ID No. 100353503003
3650 SOUTH ST # 404
LAKEWOOD, CA 90712
(562) 232-3910

SAMAWI, ROGER, MD

ID No. 100035070011
1045 ATLANTIC AVE STE 1019
Long Beach, CA 90813
(562) 901-9228
Languages: Arabic, Spanish

SHEPPARD, JAMES, DO

ID No. 100232942061
8706 IMPERIAL HWY
Downey, CA 90242
(562) 746-0051
Languages: Spanish

SHERMAN, JULIE, DO

ID No. 100059633007
1703 TERMINO AVE STE 209
Long Beach, CA 90804
(562) 498-3002
Languages: Spanish

TYSON, YVONNE, MD

ID No. 100026273012
925 E SAN ANTONIO DR STE 18
Long Beach, CA 90807
(562) 728-6738
Teleservice

VENKATARAMAN,

SRIVIDYA, MD

ID No. 100113945009
3816 WOODRUFF AVE # 407
LONG BEACH, CA 90808
(562) 497-9314
Languages: Hindi, Spanish, Tamil

YESKE, REGINALD, MD

ID No. 100071352007
1190 N STUDEBAKER RD # H
LONG BEACH, CA 90815
(562) 597-9402
Languages: Tagalog

General Practice

EYZAGUIRRE, ROBERT, MD


ID No. 100089695005
9349 OAK ST
Bellflower, CA 90706
(562) 920-6070
Languages: French, Italian, Portuguese

HASHEMIYOON, ROBERT,

MD 
ID No. 100001628049
8500 FLORENCE AVE # 101
Downey, CA 90240
(562) 202-5020
Languages: Armenian, Faroese, Farsi

HASHEMIYOON, ROBERT,

MD 
ID No. 100001628060
11938 Paramount Blvd
Downey, CA 90242
(562) 923-6060
Languages: Armenian, Faroese, Farsi

HASHEMIYOON, ROBERT,

MD 
ID No. 100001628055
3300 E SOUTH ST # 209
LAKEWOOD, CA 90805
(562) 444-0022
Languages: Armenian, Faroese, Farsi

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

Alamitos IPA, continued/continuación

PCPs/Médicos de atención primaria (PCP)

KASHANI, DARYOUSH, MD



ID No. 100076327053
500 W WILLOW ST # 101
LONG BEACH, CA 90806
(562) 427-1700
*Languages: Faroese, Farsi,
Spanish*
Teleservice

SHEK, DAVID, MD



ID No. 100045699051
11803 CARSON ST
HAWAIIAN GARDENS, CA
90716
(562) 924-4455
*Languages: Cantonese, Chinese,
Mandarin*

TABILA, RODOLFO, MD



ID No. 100072742025
1339 W WILLOW ST
Long Beach, CA 90810
(562) 492-6698
Languages: Spanish, Tagalog

YAGOOBIAN, BEHROOZ, MD



ID No. 100010557020
15730 PARAMOUNT BLVD
Paramount, CA 90723
(562) 634-1000
*Languages: Farsi, Persian,
Spanish*

Internal Medicine

ADAMS, JOHN, DO



ID No. 100025486020
2777 PACIFIC AVE
Long Beach, CA 90806
(562) 426-6571
Languages: Spanish
Teleservice
Contract terminated as of
10/31/2022

ALLSWANG, BARRY, MD



ID No. 100038210018
1045 ATLANTIC AVE STE 506
Long Beach, CA 90813
(562) 491-9456
Languages: Arabic, Spanish

AMIN, JAY, MD



ID No. 100036009026
8500 FLORENCE AVE # 101
DOWNEY, CA 90240
(562) 202-5020
*Languages: Gujarati, Hindi,
Spanish*

AMIN, JAY, MD



ID No. 100036009032
11938 PARAMOUNT BLVD
DOWNEY, CA 90242
(562) 923-6060
*Languages: Gujarati, Hindi,
Spanish*

AMIN, JAY, MD



ID No. 100036009016
3300 E SOUTH ST # 209
LAKEWOOD, CA 90805
(562) 923-6060
*Languages: Gujarati, Hindi,
Spanish*

AWAD, JOHN, MD



ID No. 100375169009
3530 LONG BEACH BLVD
LONG BEACH, CA 90807
(562) 989-1200
Languages: Arabic

AWAD, YOUSSEF, MD



ID No. 100083652024
3530 LONG BEACH BLVD # 120
LONG BEACH, CA 90807
(562) 989-1200
Languages: Arabic, Spanish

BELL, MAURICE, MD



ID No. 100072404013
4100 LONG BEACH BLVD STE
200
Long Beach, CA 90807
(562) 981-2355
*Languages: Czech, Russian,
Slovak*

BHANSALI, NEHA, MD



ID No. 100053018012
3300 E SOUTH ST STE 205
Lakewood, CA 90805
(562) 531-0377
*Languages: Gujarati, Hindi,
Spanish*

CHAUDHARY, ARCHNA, MD



ID No. 100109300035
4401 ATLANTIC AVE # 202
LONG BEACH, CA 90807
(562) 988-2777
Languages: Hindi, Tamil

♂=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.
/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

CHUNG, WINSTON, MD M

ID No. 100059063017
1045 ATLANTIC AVE STE 506
Long Beach, CA 90813
(562) 491-9456
Languages: Chinese, Spanish

CLARK, DENNIS, MD M

ID No. 100037035026
3816 WOODRUFF AVE STE 401
Long Beach, CA 90808
(562) 420-8679
Languages: French, Spanish

COHEN, GERALD, MD M

ID No. 100018271019
1045 ATLANTIC AVE STE 506
Long Beach, CA 90813
(562) 491-9456
Languages: Spanish

CONTRACTOR, HEENA, MD

®
ID No. 100094541027
1045 ATLANTIC AVE STE 915
Long Beach, CA 90813
(562) 596-1667

DEJONG, CLAYTON, MD M

ID No. 100048317005
300 REDONDO AVE
Long Beach, CA 90814
(562) 433-7496

DELAROSA, PEDRO, MD M*

ID No. 100092868013
3816 WOODRUFF AVE STE 412
Long Beach, CA 90808
(562) 377-1111
Languages: Spanish

Dejong, Tyler, MD M

ID No. 100318572005
300 Redondo Ave
Long Beach, CA 90814
(562) 433-7496
Languages: Spanish

FREUND, MICHAEL, MD M*

ID No. 100007729008
3650 SOUTH ST STE 110
Lakewood, CA 90712
(562) 531-6140

GARCIA, CHERIE, MD ®

ID No. 100109138008
5750 DOWNEY AVE STE 100
Lakewood, CA 90712
(562) 630-3105
Languages: Spanish, Tagalog

GINZBURG, OLGA, MD ®

ID No. 100110271008
5750 DOWNEY AVE STE 100
Lakewood, CA 90712
(562) 630-3105
Languages: French, Russian, Spanish

GORDON, SCOTT, MD M

ID No. 100077826008
5750 DOWNEY AVE STE 100
Lakewood, CA 90712
(562) 630-3105
Languages: French, Hindi, Russian

HSU, LINDA, MD ®

ID No. 100071649023
11101 LA REINA AVE ste 101
Downey, CA 90241
(562) 867-2796
Languages: Spanish

IBARRA, RODOLFO, MD M*

ID No. 100090457008
3816 WOODRUFF AVE # 204
LONG BEACH, CA 90808
(562) 423-0436
Languages: Spanish

JACKSON, ROZALIE, MD ®*

ID No. 100059694034
1777 N BELLFLOWER BLVD # 210
LONG BEACH, CA 90815
(562) 986-1450
Languages: Spanish
Contract terminated as of 10/31/2022

KUHN, REBECCA, MD ®*

ID No. 100084199013
1777 N BELLFLOWER BLVD STE 210
Long Beach, CA 90815
(562) 719-2045
Languages: Spanish

KYAN, FEE, MD M

ID No. 100057064011
10230 ARTESIA BLVD STE 300
Bellflower, CA 90706
(562) 804-0100
Languages: Spanish, Thai

LAKE, STEVEN, MD M

ID No. 100093206007
911 E SAN ANTONIO DR STE 6
Long Beach, CA 90807
(562) 423-6441
Languages: Spanish

LEECH, IRENE, MD ®*

ID No. 100006785011
125 E 8TH ST # 100
Long Beach, CA 90813
(562) 590-8509

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

Alamitos IPA, continued/continuación

PCPs/Médicos de atención primaria (PCP)

LEE, RICHARD, MD

ID No. 100082875015
5981 ATLANTIC AVE
Long Beach, CA 90805
(562) 423-1424
Languages: Chinese, Korean, Mandarin

LEE, RICHARD, MD

ID No. 100082875017
16415 COLORADO AVE STE 208
Paramount, CA 90723
(562) 531-0015
Languages: Chinese, Korean, Mandarin

LICUANAN, JESSE, MD

ID No. 100032648016
3300 E SOUTH ST STE 205
Lakewood, CA 90805
(562) 531-0377
Languages: Spanish, Tagalog

LIM, PHILIP, MD

ID No. 100092908012
9604 ARTESIA BLVD STE 101
Bellflower, CA 90706
(562) 804-6661
Languages: Chinese, Mandarin

LINTON, DALE, MD

ID No. 100023216008
925 E SAN ANTONIO DR STE 11
Long Beach, CA 90807
(562) 428-4613

LUGLIANI, ROBERT, MD

ID No. 100006335015
1045 ATLANTIC AVE STE 902
Long Beach, CA 90813
(562) 437-0996
Languages: Italian, Spanish

MCCLOY, THOMAS, MD

ID No. 100068044011
1045 ATLANTIC AVE STE 1019
Long Beach, CA 90813
(562) 437-6213
Languages: Portuguese, Spanish

MEKA, AJAY, MD

ID No. 100098859054
1510 E 7TH ST
Long Beach, CA 90813
(562) 590-9800
Languages: Arabic, French, Gujarati
Teleservice

MEKA, MEENA, MD

ID No. 100219558014
1510 E 7th St
LONG BEACH, CA 90813
(562) 590-9800
Languages: Spanish
Teleservice

NGA, VISAL, DO

ID No. 100150656026
1269 E ANAHEIM ST
Long Beach, CA 90813
(562) 599-5300
Languages: Cambodian, Khmer, Spanish

NGUYEN, JAN, DO

ID No. 100349846007
2777 PACIFIC AVE # E
Long Beach, CA 90806
(562) 426-6571
Languages: Spanish, Vietnamese

PATEL, GNYANDEV, MD

ID No. 100078689027
3300 E SOUTH ST STE 206
Lakewood, CA 90805
(562) 232-2380
Languages: Gujarati, Hindi

RAMOS, NEILL, MD

ID No. 100141507007
1045 ATLANTIC AVE # 708
Long Beach, CA 90813
(562) 491-9045
Languages: Spanish

ROQUE, RONALDO, MD

ID No. 100033503019
1760 TERMINO AVE STE 104
Long Beach, CA 90804
(562) 494-8512
Languages: French, Spanish, Tagalog

SHAH, SYED, MD

ID No. 100024202008
5750 DOWNEY AVE STE 100
Lakewood, CA 90712
(562) 630-3105
Languages: Croatian, French, Hindi

SO, VANNARITH, MD

ID No. 100057603013
1777 N BELLFLOWER BLVD STE 101
Long Beach, CA 90815
(562) 986-6138
Languages: Cambodian, Spanish

♂=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

SUMCAD, JOCELYN, MD

ID No. 100025018012

16660 PARAMOUNT BLVD STE 101

Paramount, CA 90723

(562) 633-0976

Languages: Spanish, Tagalog

TAN, KWAN, MD

ID No. 100063177028

17370 NORWALK BLVD

Cerritos, CA 90703

(562) 809-5674

Languages: Cantonese, Chinese, Mandarin

WAN, CHOK, MD

ID No. 100096600009

2153 PACIFIC AVE

Long Beach, CA 90806

(562) 599-4833

Languages: Chinese, Mandarin, Spanish

WONG, HANSON, MD

ID No. 100100599029

10230 ARTESIA BLVD STE 201

Bellflower, CA 90706

(562) 804-7223

Languages: Cantonese, Mandarin, Spanish

Specialty

Physicians/Médicos
especialistas

Allergy Immunology

MELTZER, STEVEN, MD

Long Beach, CA

Anesthesiology

EL-KHOURY, GEORGE, MD

Long Beach, CA*

Cardiology

TOBIAS, SERGE, MD

Long Beach, CA

Cardiovascular Disease

VAN GIESON, HENRY, MD

Long Beach, CA

WAIDER, WINFRIED, MD

Long Beach, CA

Dermatology

CASTRO, MICHAEL, MD

Lakewood, CA

Infectious Disease

SU, HENRY, MD

Long Beach, CA

Internal Medicine

SAEED, KHALID, MD

Lakewood, CA

Sekhon, Bikram, MD

Downey, CA

Lakewood, CA

Nephrology

SEMERJIAN, AVEDIK, MD

Downey, CA

Lakewood, CA

Neurology

MARMARELIS, PANOS, MD

Long Beach, CA

Obstetrics / Gynecology

CHAO, CYNTHIA, DO

Long Beach, CA

Ophthalmology

HARTMAN, CARL, MD

Lakewood, CA

Nhu, Thuc-Trinh, MD

Lakewood, CA

PASQUALI, LARRY, MD

Lakewood, CA

Otolaryngology

TAN, JESSE, MD

Long Beach, CA

TAN, JESUS, MD

Long Beach, CA

Podiatrist

HODOR, LAWRENCE, DPM

Lakewood, CA

Pulmonary Diseases

EPSTEIN, JOEL, MD

Lakewood, CA

GELB, ARTHUR, MD

Lakewood, CA

**SHAKKOTTAI,
PADMANABHA, MD**

Lakewood, CA

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* Indica que el médico acepta únicamente pacientes actuales.

Alamitos IPA, continued/continuación

Specialty Physicians/Médicos especialistas

Radiology Diagnostic X-ray

WONG, PRISCILLA, MD

Downey, CA

Radiology Diagnostic

BURNETT, KEITH, MD

Downey, CA

CHUN, GEORGE, MD

Downey, CA

FAN, PAUL, MD

Long Beach, CA

KEROLES, NANCY, MD

Long Beach, CA

LEVINE, JOEL, MD

Downey, CA

Radiology Therapeutic

DAVE, SULABHA, MD

Long Beach, CA

Rheumatology

**STICKELMAIER, IVETTE,
MD**

Lakewood, CA

Surgery General

MAGINOT, ANDRE, MD

Long Beach, CA

MURRAY, JAMES, MD

Long Beach, CA

RAYHANABAD, SIMON, MD

Long Beach, CA

Surgery Neurological

Chou, Arthur, MD

Whittier, CA

JAVAHERY, RAMIN, MD

Long Beach, CA - Teleservice

PAK, HOOSHANG, MD

Long Beach, CA - Teleservice

RAYHAUN, ABRAHAM, MD

Long Beach, CA

Surgery Orthopedic

COMBS, CHRISTOPHER, MD

Lakewood, CA

ELIAS, RAMY, MD

Lakewood, CA

WASSEF, ANDREW, MD

Lakewood, CA

Surgery Plastic

HICKS, PEARLMAN, MD

Long Beach, CA

Surgery Thoracic

BAUMGARTNER, FRITZ, MD

Long Beach, CA

GREWAL, NAVROSE, MD

Lakewood, CA

Urology

AGATSTEIN, ERNEST, MD

Downey, CA

AYNEHCHI, SHAHRAD, MD

Downey, CA

NOWFAR, SEPEHR, MD

Downey, CA

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

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**Affiliated
Hospitals/Hospitales
afiliados**

**WHITTIER HOSPITAL
MEDICAL CENTER ①**
9080 COLIMA RD
Whittier, CA 90605

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

**AFTER HOURS MED GRP ON
COLIMA INC**
9200 COLIMA RD # 101
Whittier, CA 90605
(562) 945-2128
M-F 2PM-9PM
SA 9AM-2PM

**IMPERIAL PRIMARY CARE
MED GRP INC**
15625 IMPERIAL HWY
La Mirada, CA 90638
(562) 902-3000
M-F 5PM-9PM
SA,SU 8AM-4PM

**PCPs/Médicos de atención
primaria (PCP)**

Family Practice

**BAMBRAH-DHAMIJA,
MEHTAB, MD ②**

ID No. 100114408069
3760 ATLANTIC AVE
Long Beach, CA 90807
(562) 595-7467
*Languages: Cambodian, Gujarati,
Hindi*

CHAHBOUNI, AMINE, DO ②

ID No. 100175464006
15625 Imperial Hwy
La Mirada, CA 90638
(562) 902-3000
*Languages: Arabic, French,
Spanish*

CHEN, CHUNG LIEN, MD ②

ID No. 100035977008
12802 WHITTIER BLVD
Whittier, CA 90602
(562) 698-0933
*Languages: Chinese, Spanish,
Taiwanese*

DALPRAT, JOSE, DO ②

ID No. 100187189014
15625 Imperial Hwy
La Mirada, CA 90638
(562) 902-3000
Languages: Portuguese, Spanish

GRUBBS, KENNETH, DO ②

ID No. 100074043024
12371 Imperial Hwy
Norwalk, CA 90650
(562) 929-5000
Languages: Spanish

LUM, MARCUS, MD ②

ID No. 100100282003
15625 IMPERIAL HWY
La Mirada, CA 90638
(562) 902-3000

PARDO, JAIME, MD ②

ID No. 100165937007
8522 PAINTER AVE
WHITTIER, CA 90602
(562) 698-6266
Languages: Italian, Spanish

RUBALCAVA, RAFAEL, MD

②
ID No. 100087553003
15625 IMPERIAL HWY
La Mirada, CA 90638
(562) 902-3000
Languages: Spanish

TRAN, ALEX, MD ②

ID No. 100099441030
11822 FLORAL DR
Whittier, CA 90601
(562) 908-4355
*Languages: Spanish, Vietnamese
Teleservice*

General Practice

CASABAR, RUBEN, MD ②

ID No. 100074771020
1334 N AVALON BLVD
Wilmington, CA 90744
(310) 835-4000
*Languages: Spanish, Tagalog
Teleservice*

Chung, Beau, DO ②

ID No. 100346628004
15651 IMPERIAL HWY # 202
LA MIRADA, CA 90638
(562) 943-6761

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

Allied Pacific of California IPA, continued/continuación

PCPs/Médicos de atención primaria (PCP)

GABBITA, GEETHA, MD ⑥

ID No. 100042459002

14568 WHITTIER BLVD

Whittier, CA 90605

(562) 698-8263

Languages: Hindi, Kannada,
Spanish

GONZALES, FERNANDO, MD

Ⓜ

ID No. 100054605004

12444 WASHINGTON BLVD

Whittier, CA 90602

(562) 698-0161

Languages: Spanish, Tagalog

ISKAROUS, RAGAA, MD ⑥*

ID No. 100092539032

11003 LAKEWOOD BLVD STE

201

Downey, CA 90241

(562) 869-1038

Languages: Arabic

SHEK, DAVID, MD Ⓜ

ID No. 100045699056

11803 CARSON ST

HAWAIIAN GARDENS, CA

90716

(562) 924-4455

Languages: Cantonese, Chinese,
Mandarin

TRANI, SERGIO, MD Ⓜ

ID No. 100073538016

15955 PARAMOUNT BLVD STE

A

Paramount, CA 90723

(562) 531-9806

Languages: Spanish, Tagalog

Teleservice

Internal Medicine

AHMED, PARVEEN, MD Ⓜ

ID No. 100060296008

14350 WHITTIER BLVD STE

102

Whittier, CA 90605

(562) 698-0025

Languages: Hindi, Spanish, Urdu

ARASTU, ANWAR, MD Ⓜ

ID No. 100081281016

12675 LA MIRADA BLVD STE

200

La Mirada, CA 90638

(562) 941-9853

Languages: Hindi, Urdu

CHAN, ANGELA, MD ⑥

ID No. 100108863017

7615 EASTERN AVE

Bell Gardens, CA 90201

(562) 927-1307

Languages: Burmese, Cantonese,
Chinese

CRUZ, LUCITA, MD ⑥

ID No. 100093627002

12507 ALONDRA BLVD

Norwalk, CA 90650

(562) 802-2203

DE LA LOZA, DAVID, MD Ⓜ

ID No. 100088867038

6301 GREENLEAF AVE

WHITTIER, CA 90601

(562) 693-9880

Languages: Spanish

GANDHI, AMY, MD ⑥*

ID No. 100366480056

1066 ATLANTIC AVE

LONG BEACH, CA 90813

(562) 528-8447

Languages: Gujarati, Spanish

Contract terminated as of

10/31/2022

HASAN, MARIAM, MD ⑥

ID No. 100223713031

10230 ARTESIA BLVD # 104

BELLFLOWER, CA 90706

(562) 804-4764

Languages: Hindi, Punjabi,
Spanish

HSU, DIANA, MD ⑥

ID No. 100083052006

12651 LAKEWOOD BLVD

Downey, CA 90242

(562) 861-3111

Languages: Mandarin, Spanish

HSU, GOETHE, MD Ⓜ

ID No. 100079668006

12651 LAKEWOOD BLVD

Downey, CA 90242

(562) 861-3111

Languages: Mandarin, Spanish,
Tagalog

JALIL, MARIAN, MD ⑥

ID No. 100063468002

14350 WHITTIER BLVD STE

200

Whittier, CA 90605

(562) 945-7671

Languages: Arabic, Spanish

Ⓜ=LeapFrog

⑥=Female/Mujer Ⓜ=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

MEKA, MEENA, MD ⑥
ID No. 100219558149
1066 ATLANTIC AVE # B
LONG BEACH, CA 90813
(562) 528-8447
Languages: Spanish

MEKA, MEENA, MD ⑥*
ID No. 100219558147
1510 E 7th St
LONG BEACH, CA 90813
(562) 590-9800
Languages: Spanish
Teleservice

MONTES, JUAN, MD ⑥
ID No. 100078246159
13820 SAN ANTONIO DR
NORWALK, CA 90650
(562) 944-2181
Languages: Hindi, Mandarin, Spanish

MONTES, JUAN, MD ⑥
ID No. 100078246053
11822 FLORAL DR
Whittier, CA 90601
(562) 908-4355
Languages: Hindi, Mandarin, Spanish

PANG, GEORGE, MD ⑥*
ID No. 100031445009
8135 PAINTER AVE STE 305
Whittier, CA 90602
(562) 693-8258

SALATINJANTS, AIDA, MD ⑥
ID No. 100060463016
13132 STUDEBAKER RD STE 3
Norwalk, CA 90650
(562) 406-7070
Languages: Armenian, Russian, Spanish

SHAH, AJIT, MD ⑥
ID No. 100025295002
15651 IMPERIAL HWY STE 104
La Mirada, CA 90638
(562) 947-1619
Languages: Gujarati, Hindi

WINN, HENRY, MD ⑥
ID No. 100093502002
15651 IMPERIAL HWY # 102B
LA MIRADA, CA 90638
(562) 947-9591
Languages: French, Spanish, Vietnamese

WONG, HANSON, MD ⑥
ID No. 100100599040
10230 ARTESIA BLVD STE 201
Bellflower, CA 90706
(562) 804-7223
Languages: Cantonese, Mandarin, Spanish

WU, KESHENG, MD ⑥
ID No. 100054333003
9209 COLIMA RD STE 4500
Whittier, CA 90605
(562) 696-5088
Languages: Chinese, Spanish

YEUNG, HUNG CHUEN, MD ⑥*
ID No. 100044431006
18403 PIONEER BLVD STE 201
Artesia, CA 90701
(562) 402-7325
Languages: Chinese, Mandarin, Yue Chinese

ZAPATA, MARTIN, DO ⑥*
ID No. 100096640043
9818 PARAMOUNT BLVD STE C
Downey, CA 90240
(562) 806-1214
Languages: Spanish
Contract terminated as of 10/31/2022

Pediatrics

CHON, KYUNG, MD ⑥
ID No. 100077964006
8522 PAINTER AVE
Whittier, CA 90602
(562) 698-6266
Languages: Korean

SARODE, PRAFUL, MD ⑥
ID No. 100063843072
12371 IMPERIAL HWY
Norwalk, CA 90650
(562) 929-5000
Languages: Hindi, Spanish

TSI, CHUNG, MD ⑥
ID No. 100021604014
936 Pine Ave
Long Beach, CA 90813
(562) 269-5658
Languages: Chinese, Khmer, Lao

Specialty **Physicians/Médicos** **especialistas**

Allergy Immunology

TRIVEDI, ANAND, MD
Norwalk, CA

TRIVEDI, DIVYANG, MD
Norwalk, CA

* Indicates accepting current patients only.
* Indica que el médico acepta únicamente pacientes actuales.

Allied Pacific of California IPA, continued/continuación

Specialty Physicians/Médicos especialistas

Cardiology

HO, LILY, MD
Whittier, CA

JAFARI, ALIREZA, MD
Whittier, CA

YOON, ANDREW, MD
Long Beach, CA

ZARGARIAN, MEHDI, MD
Downey, CA

Cardiovascular Disease

PATEL, PARESHKUMAR, MD
Whittier, CA

Certified Nurse Practitioner

CULE, VIRGINIA, NP
Long Beach, CA

LANE, ANAIS, NP
Lakewood, CA

PAREDES, CHERRY, NP
Norwalk, CA

SHEN, YEN-YI, NP
Whittier, CA

TJOA, REX, NP
Long Beach, CA

Chiropractor

SIEGEL, GREGORY, DC
Whittier, CA

Dermatology

KING, DON, MD
Whittier, CA

ROSENBERG, FREDRIC, MD
Lakewood, CA

Family Practice

LUM, MARCUS, MD
La Mirada, CA

Gastroenterology

MECUM, ROBERT, MD
Whittier, CA

PANTOJA, JOSE, MD
Lakewood, CA

RAINA, AMIT, MD
Whittier, CA

Hematology / Oncology

AGAJANIAN, RICHY, MD
Cerritos, CA

Arshad, Junaid, MD
Lakewood, CA

CASTELLON, CHRYSTINA, MD
Downey, CA - Teleservice

FREIMANN, JACK, MD
Whittier, CA

GOLSHANI, GOL, MD
Lakewood, CA - Teleservice

Marathe, Omkar, MD
Lakewood, CA

Morrison, David, MD
Lakewood, CA

SHUM, MERRILL, MD
Whittier, CA

Sarwari, Nawid, MD
Downey, CA

Thara, Eddie, DO
Downey, CA
Whittier, CA

Internal Medicine Critical Care Medicine

MORADO, ANDREW, MD
Whittier, CA

Yee, Christopher, MD
Long Beach, CA

Neonatal / Perinatal Medicine

CHON, KYUNG, MD
Whittier, CA

KOVACS, BRUCE, MD
Whittier, CA

Nephrology

BOROUJERDI-RAD, HASSAN, MD
Whittier, CA

Boroujerdi-Rad, Laleh, MD
Whittier, CA

LEE, MARK, MD
Whittier, CA

LIU, SAMUEL, MD
Downey, CA

MARYSKA, DORSA, MD
Whittier, CA

Zwecker, Brian, MD
Whittier, CA

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Neurology

HIJAZIN, MUNTHER, MD
Downey, CA

KIM, CHAN, MD
Whittier, CA

MITRI, ANTOINE, MD
Downey, CA - Teleservice

PRENTICE, THEODORE, MD
Downey, CA - Teleservice

SHEY, RANDOLPH, MD
Long Beach, CA

Vassef, Parissa, MD
Long Beach, CA

YAFEH, BANAFSHEH, MD
Long Beach, CA

Obstetrics / Gynecology

NGUYEN, HA, MD
Long Beach, CA

NIETO, SANDRA, MD
Norwalk, CA

Ophthalmology

GRANT-ACQUAH, KWEKU, MD
Long Beach, CA

HUANG, LYNN, MD
Whittier, CA

LIN, JOSEPH, MD
Whittier, CA

Optometrist

CHEN-BENNETT, DEBBIE, OD
La Mirada, CA

SHIH, CHUN CHIEH JACK, OD
Whittier, CA

Pediatric Pulmonology

Yoonessi, Leila, MD
Long Beach, CA - Teleservice

Physical Medicine / Rehabilitation

Chang, Seung, MD
Long Beach, CA
Long Beach, CA

Lee, Henry, DO
Long Beach, CA

Physicians Assistant

DE BODA, EDILITA, PA
Harbor City, CA - Teleservice

Ocalaplapit, Walter, PA
La Mirada, CA

Podiatrist

ASRAT, KIBROM, DPM
Norwalk, CA

LINAM, MARK, DPM
Norwalk, CA

Pulmonary Diseases

Yee, Christopher, MD
Long Beach, CA
Long Beach, CA
Long Beach, CA

Rheumatology

DOSHI, DIPTI, MD
Cerritos, CA - Teleservice

Surgery Cardiovascular

ALTSHULER, JEFFREY, MD
Long Beach, CA

Surgery Neurological

Chou, Arthur, MD
Whittier, CA

MINASSIAN, HAIG, MD
Whittier, CA

Surgery Orthopedic

JAZAYERI, M, MD
Long Beach, CA
Long Beach, CA - Teleservice

LOW, KYLE, MD
Santa Fe Springs, CA

Surgery Plastic

RIZVI, MURTAZA, MD
Downey, CA

Surgery Thoracic

MURPHY, CHARLES, MD
Long Beach, CA

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* Indica que el médico acepta únicamente pacientes actuales.

Allied Pacific of California IPA, continued/continuación

Specialty Physicians/Médicos especialistas

Urology

PERLEY, JONATHAN, MD

Long Beach, CA

PERLEY, JULES, MD

Lakewood, CA

Long Beach, CA

Ⓐ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

Family Practice

GRUBBS, KENNETH, DO ®
ID No. 100074043011
12371 Imperial Hwy
Norwalk, CA 90650
(562) 929-5000
Languages: Spanish

LEE, CHRISTINA, MD ☉
ID No. 100099123018
817 ATLANTIC AVE
LONG BEACH, CA 90813
(562) 591-6890
*Languages: Cambodian,
Mandarin, Spanish*
Teleservice

Specialty

Physicians/Médicos especialistas

Anesthesiology Pain Management

MIKHAEL, MEDHAT, MD
Long Beach, CA*

Wong, Ashley, DO
Long Beach, CA

Anesthesiology

Iqbal, Afzaal, MD
Long Beach, CA

QAVI, SHAHBAZ, MD
Long Beach, CA
Norwalk, CA

Endocrinology Metabolism Diabetes

ECHEVERRY-FRANCK, DIANA, MD
Lakewood, CA

Hematology / Oncology

FREIMANN, JACK, MD
Whittier, CA

Marathe, Omkar, MD
Lakewood, CA

SHUM, MERRILL, MD
Whittier, CA

Maternal and Fetal Medicine

NAGEOTTE, MICHAEL, MD
Long Beach, CA - Teleservice

Medical Oncology

WEI, YUNFEI, MD
Lakewood, CA

Obstetrics / Gynecology

MONIAK, CHARLES, MD
Long Beach, CA

Ophthalmology

LOGAN, DWAYNE, MD
Long Beach, CA

SHAMMAS, HANNA, MD
Downey, CA
Whittier, CA

Optometrist

Le, Huong, OD
Long Beach, CA

Pediatric Cardiology

BLURTON, DOMINIC, MD
Long Beach, CA

Podiatrist

CHAN, JOHN, DPM
Bell, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección

* Indicates accepting current patients only.
* Indica que el médico acepta únicamente pacientes actuales.

AltaMed OC Full Network, continued/continuación

Specialty Physicians/Médicos especialistas

"Proveedores de servicios de salud mental" en la página 382.

Ⓐ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.
/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

Family Practice

BAI, EUNG, MD ☎

ID No. 100015977010
12017 ROSECRANS AVE
Norwalk, CA 90650
(562) 868-2027
Languages: Korean

Barlow, Ryan, DO ☎

ID No. 100296032097
11938 PARAMOUNT BLVD
Downey, CA 90242
(562) 923-6060
Teleservice

GONZALES, FERNANDO, MD ☎

ID No. 100054605014
12444 WASHINGTON BLVD
Whittier, CA 90602
(562) 698-0161
Languages: Spanish, Tagalog

GRUBBS, KENNETH, DO ☎

ID No. 100074043012
12371 Imperial Hwy
Norwalk, CA 90650
(562) 929-5000
Languages: Spanish

LALEZARY, ARASH, MD ☎

ID No. 100108413008
7218 GARFIELD AVE
Bell Gardens, CA 90201
(562) 927-1111
Languages: Faroese, Farsi, French

LEE, CHRISTINA, MD ☎

ID No. 100099123014
817 ATLANTIC AVE
LONG BEACH, CA 90813
(562) 591-6890
Languages: Cambodian, Mandarin, Spanish
Teleservice

MANGUNE, EDWIN, MD ☎

ID No. 100173362007
9604 ARTESIA BLVD # 102
BELLFLOWER, CA 90706
(562) 633-2021

NUGAS, ALICIA, MD ☎

ID No. 100054868016
22408 NORWALK BLVD
Hawaiian Gardens, CA 90716
(562) 421-2188

OSEA, EDGARDO, MD ☎

ID No. 100073172006
1310 SEPULVEDA BLVD
Harbor City, CA 90710
(310) 534-5765
Languages: Spanish, Tagalog

SANCHEZ, ALICIA, MD ☎

ID No. 100370048006
9306 ALONDRA BLVD
BELLFLOWER, CA 90706
(562) 866-9100
Languages: Spanish

SHEPPARD, JAMES, DO ☎

ID No. 100232942070
8706 IMPERIAL HWY
Downey, CA 90242
(562) 746-0051
Languages: Spanish

SHUE, RANDALL, DO ☎

ID No. 100101584011
11850 FIRESTONE BLVD STE 1
Norwalk, CA 90650
(562) 281-1002
Languages: Spanish

TABILA, RODOLFO, MD ☎

ID No. 100072742026
1339 W WILLOW ST
Long Beach, CA 90810
(562) 492-6698
Languages: Spanish, Tagalog

TYSON, YVONNE, MD ☎*

ID No. 100026273029
7643 ATLANTIC AVE
Cudahy, CA 90201
(323) 771-1713
Teleservice

VAZQUEZ, CAROLINA, MD ☎

ID No. 100068234013
6501 EASTERN AVE # A
BELL GARDENS, CA 90201
(323) 771-0145
Languages: Spanish

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

Angeles IPA, continued/continuación

PCPs/Médicos de atención primaria (PCP)

VUONG-DAC, MAN, MD Ⓜ

ID No. 100107181009
3649 FLORENCE AVE
BELL, CA 90201
(323) 583-6333

*Languages: German, Spanish,
Vietnamese*

General Practice

Barlow, Ryan, DO Ⓜ

ID No. 100296032096
11942 PARAMOUNT BLVD # B
DOWNEY, CA 90242
(562) 923-6060

Barlow, Ryan, DO Ⓜ

ID No. 100296032013
8500 FLORENCE AVE # 101
Downey, CA 90240
(562) 202-5020

Barlow, Ryan, DO Ⓜ*

ID No. 100296032012
11942 PARAMOUNT BLVD
Downey, CA 90242
(562) 923-6060

Calvert, Stephen, MD Ⓜ

ID No. 100276607005
8706 Imperial Hwy
Downey, CA 90242
(562) 923-8300

Languages: Spanish, Tagalog

FEYGIN, POLINA, MD Ⓜ

ID No. 100027762046
1110 W ANAHEIM ST STE 6
Wilmington, CA 90744
(310) 221-8532

*Languages: Russian
Teleservice*

GABBITA, GEETHA, MD Ⓢ

ID No. 100042459015
14568 WHITTIER BLVD
Whittier, CA 90605
(562) 698-8263

*Languages: Hindi, Kannada,
Spanish*

ISKAROUS, RAGAA, MD Ⓢ

ID No. 100092539027
11003 LAKEWOOD BLVD STE
201
Downey, CA 90241
(562) 869-1038

Languages: Arabic

KHOURY, MARIBEL, MD Ⓢ

ID No. 100090775009
14906 PARAMOUNT BLVD
Paramount, CA 90723
(562) 630-1991

Languages: Arabic, Spanish

KHOURY, NABIL, MD Ⓜ

ID No. 100102905011
14906 PARAMOUNT BLVD
Paramount, CA 90723
(562) 630-1991

*Languages: Arabic, French,
Hebrew*

MATEMOTJA, DANIEL, MD

Ⓜ

ID No. 100084173013
12131 CARSON ST
Hawaiian Gardens, CA 90716
(562) 809-0299

*Languages: Russian, Spanish
Teleservice*

MOORE, HEZEKIAH, MD Ⓜ

ID No. 100043831008
1703 TERMINO AVE STE 204
Long Beach, CA 90804
(562) 498-4425

*Languages: Spanish
Teleservice*

MORRIS, FELICITACION, MD

Ⓢ

ID No. 100169219037
21617 NORWALK BLVD
HAWAIIAN GARDENS, CA
90716
(562) 860-5345

Languages: Ilocana, Tagalog

MORRIS, FELICITACION, MD

Ⓢ

ID No. 100169219105
100 E Market St
Long Beach, CA 90805
(562) 428-4222

*Languages: Ilocana, Tagalog
Teleservice*

MUNGCAL, HENRICO, MD Ⓜ

ID No. 100078123009
1937 PACIFIC AVE
Long Beach, CA 90806
(562) 591-7302

*Languages: Spanish, Tagalog
Teleservice*

OSIBAMIRO-SEDUN,

ADEBAMBO, MD Ⓜ

ID No. 100110903008
2637 E CARSON ST
Carson, CA 90810
(310) 847-1321

*Languages: German, Russian,
Spanish*

Ⓜ=LeapFrog

Ⓢ=Female/Mujer Ⓜ=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

**PANGANIBAN, VIRGILIO,
MD**

ID No. 100105711005
16704 Clark Ave
BELLFLOWER, CA 90706
(562) 925-7033
*Languages: Cambodian, Spanish,
Tagalog*

PAULO, JOSEPHINE, MD

ID No. 100072403004
13710 STUDEBAKER RD STE
100
Norwalk, CA 90650
(562) 864-2666
Languages: Tagalog

POON, PETER, MD *

ID No. 100012509006
9817 ARKANSAS ST
Bellflower, CA 90706
(562) 867-8881
*Languages: Chinese, Spanish,
Yue Chinese*
Contract terminated as of
10/31/2022

PRIETO, JOSE, MD

ID No. 100084038009
4566 FLORENCE AVE STE 2
Bell, CA 90201
(323) 582-7186
Languages: Spanish

PRUM, KUNTHY, MD

ID No. 100104802009
500 W WILLOW ST # 302
Long Beach, CA 90806
(562) 424-0225
*Languages: French, Khmer,
Vietnamese*

REYES, ADORACION, MD

ID No. 100067560019
1350 CHESTNUT AVE
Long Beach, CA 90813
(562) 599-1565
Languages: Spanish, Tagalog
Teleservice

RIAZ, MOHAMMAD, MD

ID No. 100039430009
16444 PARAMOUNT BLVD STE
103
Paramount, CA 90723
(562) 531-7790
*Languages: Punjabi, Spanish,
Urdu*
Teleservice

RODAS, ANA, MD

ID No. 100097548007
3559 GAGE AVE
Bell, CA 90201
(323) 581-8485
Languages: Spanish

SADIGHI, SAEID, MD

ID No. 100026409016
11702 IMPERIAL HWY STE 110
Norwalk, CA 90650
(562) 406-8655
Languages: Farsi, Spanish

SANCHEZ, DENNIS, MD

ID No. 100015951015
9306 ALONDRA BLVD
Bellflower, CA 90706
(562) 866-9100

SHARMA, CHANDER, MD

ID No. 100036384015
16415 COLORADO AVE STE
304
Paramount, CA 90723
(562) 531-4171
Languages: Hindi

TRANI, SERGIO, MD

ID No. 100073538008
15955 PARAMOUNT BLVD STE
A
Paramount, CA 90723
(562) 531-9806
Languages: Spanish, Tagalog
Teleservice

VO, PHAC, MD

ID No. 100092542006
611 E ANAHEIM ST
Long Beach, CA 90813
(562) 591-8982
*Languages: French, Khmer,
Spanish*

YAGOOBIAN, BEHROOZ, MD

ID No. 100010557021
15730 PARAMOUNT BLVD
Paramount, CA 90723
(562) 634-1000
*Languages: Farsi, Persian,
Spanish*

* Indicates accepting current patients only.
* Indica que el médico acepta únicamente pacientes actuales.

Angeles IPA, continued/continuación

PCPs/Médicos de atención primaria (PCP)

Internal Medicine

BARRIENTOS, DOMINGO, MD ♂

ID No. 100097866013
10800 PARAMOUNT BLVD STE 203

Downey, CA 90241

(562) 869-1322

Languages: Cebuano, Spanish, Tagalog

BHANSALI, NEHA, MD ♀

ID No. 100053018022
3300 E SOUTH ST STE 205
Lakewood, CA 90805

(562) 531-0377

Languages: Gujarati, Hindi, Spanish

CRUZ, LUCITA, MD ♀

ID No. 100093627007
12507 ALONDRA BLVD
Norwalk, CA 90650
(562) 802-2203

HSU, DIANA, MD ♀

ID No. 100083052023
12651 LAKEWOOD BLVD
Downey, CA 90242
(562) 861-3111

Languages: Mandarin, Spanish

HSU, GOETHE, MD ♂

ID No. 100079668023
12651 LAKEWOOD BLVD
Downey, CA 90242
(562) 861-3111

Languages: Mandarin, Spanish, Tagalog

Javdan, Ron, MD ♂

ID No. 100216791032
1126 E SOUTH ST
LONG BEACH, CA 90805
(562) 984-9200

Languages: Farsi

Javdan, Ron, MD ♂

ID No. 100216791031
920 LONG BEACH BLVD # 1
LONG BEACH, CA 90813
(323) 732-0100

Languages: Farsi

LERNO, LAWRENCE, MD ♂

ID No. 100346577012
1510 E 7th St
LONG BEACH, CA 90813
(562) 590-9800

Languages: Gujarati, Hindi, Spanish

Teleservice

LICUANAN, JESSE, MD ♂

ID No. 100032648020
3300 E SOUTH ST STE 205
Lakewood, CA 90805
(562) 531-0377

Languages: Spanish, Tagalog

MEKA, AJAY, MD ♂

ID No. 100098859057
1510 E 7TH ST
Long Beach, CA 90813
(562) 590-9800

Languages: Arabic, French, Gujarati

Teleservice

MEKA, MEENA, MD ♀*

ID No. 100219558042
1510 E 7th St
LONG BEACH, CA 90813
(562) 590-9800

Languages: Spanish

Teleservice

MULTANI, PRAMOD, MD ♂

ID No. 100090763051
12214 LAKEWOOD BLVD # 110
DOWNEY, CA 90242
(562) 904-4471

Languages: Hindi, Spanish

NGA, VISAL, DO ♂

ID No. 100150656027
1269 E ANAHEIM ST
Long Beach, CA 90813
(562) 599-5300

Languages: Cambodian, Khmer, Spanish

NGUYEN, JONATHAN, MD ♂

ID No. 100092387005
555 E PACIFIC COAST HWY
STE 102

Long Beach, CA 90806

(562) 591-3222

Languages: Khmer, Spanish, Vietnamese

NGUYEN, ROBERT, MD ♂

ID No. 100113325027
1936 E ANAHEIM ST
LONG BEACH, CA 90813
(951) 637-9999

Languages: Vietnamese

♂=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

PAIGNE, KITTYA, MD

ID No. 100105205024
1360 E ANAHEIM ST # 207
Long Beach, CA 90813
(562) 591-0105
Languages: Khmer, Spanish

PAIGNE, KITTYA, MD

ID No. 100105205021
1360 E ANAHEIM ST # 101
Long Beach, CA 90813
(562) 270-0324
Languages: Khmer, Spanish

ROQUE, RONALDO, MD

ID No. 100033503020
1760 TERMINO AVE STE 104
Long Beach, CA 90804
(562) 494-8512
Languages: French, Spanish, Tagalog

ROUZROCH, SIAMAK, MD

ID No. 100110083027
1703 TERMINO AVE STE 107
Long Beach, CA 90804
(562) 494-8008
Languages: Farsi, German, Spanish

SALATINJANTS, AIDA, MD

ID No. 100060463015
13132 STUDEBAKER RD STE 3
Norwalk, CA 90650
(562) 406-7070
Languages: Armenian, Russian, Spanish

SHARAFI, REZA, MD

ID No. 100187620005
11544 Downey Ave
DOWNEY, CA 90241
(562) 922-2020
Languages: Faroese, Farsi, Spanish

SUMCAD, JOCELYN, MD

ID No. 100025018013
16660 PARAMOUNT BLVD STE 101
Paramount, CA 90723
(562) 633-0976
Languages: Spanish, Tagalog

TEBI, SINA, MD

ID No. 100186802010
1126 E SOUTH ST
Long Beach, CA 90805
(562) 984-9200
Languages: Farsi, Spanish

WONG, HANSON, MD

ID No. 100100599031
10230 ARTESIA BLVD STE 201
Bellflower, CA 90706
(562) 804-7223
Languages: Cantonese, Mandarin, Spanish

YANG, AMANDA, DO

ID No. 100365944027
1510 E 7TH ST
LONG BEACH, CA 90813
(562) 590-9800
Languages: Mandarin

ZARRABI, MANOOCHHR, MD

ID No. 100052147011
4827 GAGE AVE
Bell, CA 90201
(323) 773-3000
Languages: Farsi, Fataleka, Spanish

Pediatrics

LAKTINEH, SOLOMON, MD



ID No. 100038348017
780 Atlantic Ave
Long Beach, CA 90813
(562) 624-1111
Languages: Arabic, Spanish

SARODE, PRAFUL, MD

ID No. 100063843046
12371 IMPERIAL HWY
Norwalk, CA 90650
(562) 929-5000
Languages: Hindi, Spanish

SHEK, DAVID, MD

ID No. 100045699052
11803 CARSON ST
HAWAIIAN GARDENS, CA 90716
(562) 924-4455
Languages: Cantonese, Chinese, Mandarin

SHENOUDA, EMILE, MD

ID No. 100113913082
9817 ARKANSAS ST # 202
BELLFLOWER, CA 90706
(562) 867-8881
Languages: Arabic, French, Spanish

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

Angeles IPA, continued/continuación

Specialty Physicians/Médicos especialistas

Specialty **Physicians/Médicos** **especialistas**

Anesthesiology Pain Management

EL-KHOURY, GEORGE, MD
Long Beach, CA

Cardiovascular Disease

EFTEKHARI, HOSSEIN, MD
Downey, CA

RAWAL, MILAN, MD
Lakewood, CA

SEGAL, DOUGLAS, MD
Downey, CA

SINGH, ANANTJIT, MD
Downey, CA

SRINATHA, KONANUR, MD
Bellflower, CA

TAMBOLI, KAUSHAL, MD
Downey, CA

YOSHINO, PAUL, MD
Downey, CA

Certified Nurse Practitioner

Jabat, Mary Ann, NP
Paramount, CA

Dermatology

ROSENBERG, FREDRIC, MD
Lakewood, CA

Gastroenterology

NGUYEN, STEVE, DO
Long Beach, CA

OJHA, SUSHIL, MD
Downey, CA

Saliminejad, Mehrdad, MD
Long Beach, CA

UEKI, BARTON, MD
Lakewood, CA

Hematology / Oncology

FREIMANN, JACK, MD
Whittier, CA

HUANG, DANIEL, MD
Downey, CA

RUPANI, RAVIN, MD
Downey, CA

Hepatology

JAVADI, FARIBA, MD
Lakewood, CA

Medical Oncology

CHUNG, MICHAEL, MD
Downey, CA

Nephrology

HON, GEORGE, MD
Paramount, CA

ISMAIL, MOHAMMAD, MD
Paramount, CA - Teleservice

KANG, DENO, MD
Artesia, CA

Kin, Kevin, DO
Lakewood, CA

LEE, TAE, MD
Lakewood, CA

Neurology

ALLEN, AARON, MD
Lakewood, CA

PRENTICE, THEODORE, MD
Downey, CA - Teleservice

Obstetrics / Gynecology

AL AZAWI, HAIFA, MD
Paramount, CA

BEALL, MARIE, MD
Long Beach, CA

DELAROSA, JOSE, MD
Paramount, CA

MISHAL, DEVADATT, MD
Downey, CA

MORALES, WILSON, MD
Downey, CA

NGUYEN, HA, MD
Long Beach, CA

NIETO, SANDRA, MD
Downey, CA

PHAM, LOY, MD
Norwalk, CA

TRUONG, PHUONG, MD
Downey, CA

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

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Ophthalmology

DAVIS, MICHAEL, MD
Downey, CA

DELEON, JESSE, MD
Paramount, CA

EDELSTEIN, ARTHUR, MD
Downey, CA

KHANNA, SANDEEP, MD
Bellflower, CA

MENGHANI, RAVI, MD
Long Beach, CA

SHAMMAS, HANNA, MD
Downey, CA
Whittier, CA

SUK, KEVIN, MD
Downey, CA

UNZUETA, MIGUEL, MD
Bellflower, CA

Optometrist

GOLDSTONE, HARVEY, OD
Long Beach, CA

Lee, Jennifer, OD
Long Beach, CA

***Otolaryngology / Otology /
Laryngology / Rhinology***

AYOUB, ELIAS, MD
Downey, CA

CHIU, SHIN, MD
Downey, CA

Pediatric Cardiology

AHDOOT, JOSEPH, MD
Downey, CA

BURKE, LENNIS, MD
Downey, CA

TESSLER, IRVING, MD
Downey, CA

***Physical Medicine /
Rehabilitation***

AYYOUB, ZIYAD, MD
Paramount, CA

Physicians Assistant

Addish, Ferid, PA
Downey, CA

Podiatrist

ABBES, EDGAR, DPM
Lakewood, CA

CHAN, JOHN, DPM
Bell, CA

HODOR, LAWRENCE, DPM
Lakewood, CA

KANDA, ANJALA, DPM
Downey, CA

**TAGALOA TULIFAU,
MAFUTAGA, DPM**
Lakewood, CA

Psychiatry

LEE, WON, MD
Long Beach, CA

Surgery General

HIFUMI, GLENN, MD
Bellflower, CA

NAIM, HOUSHMAND, MD
Wilmington, CA

Surgery Hand Orthopedic

FARJOODI, PAYAM, MD
Lakewood, CA

Surgery Orthopedic

COMBS, CHRISTOPHER, MD
Lakewood, CA

KATZ, NEIL, MD
La Mirada, CA

KATZ, STANLEY, MD
Long Beach, CA

Urology

PERLEY, JONATHAN, MD
Lakewood, CA
Norwalk, CA

PERLEY, JULES, MD
Lakewood, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

Axminster Medical Group Inglewood MAPD

PCPs/Médicos de atención primaria (PCP)

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

Family Practice

WARDWELL, KERI, MD ♂
ID No. 100194593009
1499 W 1ST ST
San Pedro, CA 90732
(310) 831-9482
Languages: German, Spanish

Specialty Physicians/Médicos especialistas

Anesthesiology Pain Management

KHOSHARSAR, ROSTAM, MD
Whittier, CA

Sulindro, Adrian, MD
Whittier, CA

Certified Nurse Practitioner

Abraham, Jaimie, NP
San Pedro, CA

Gharibeh Reed, Maha, NP
San Pedro, CA

Dermatology

GLASSBERG, EDWARD, MD
Long Beach, CA

Endocrinology Metabolism Diabetes

CALOF, OLGA, MD
San Pedro, CA

Female Pelvic Med and Reconstructive Surg

PATEL, HIREN, DO
Long Beach, CA

Hematology / Oncology

FARJAMI, SASSAN, MD
Long Beach, CA

LIEM, KIEM, MD
Long Beach, CA

NGO, MARK, MD
Long Beach, CA

Tchekmedyian, Nishan, MD
Long Beach, CA

Thara, Eddie, DO
Long Beach, CA

WU, LIHONG, MD
Long Beach, CA

Internal Medicine

KWON, STEVEN, MD
San Pedro, CA

Interventional Cardiology

Abdelkarim, Murrad, MD
San Pedro, CA

Licensed Clinical Social Worker

SHERMAN WICKS, HILLARY, LCSW
Lakewood, CA

Obstetrics / Gynecology

CHAU, CINDY, MD
Long Beach, CA

SACHAR, VIKAS, MD
Long Beach, CA - Teleservice

SEET, EMILY, MD
Long Beach, CA
Whittier, CA

Ophthalmology

Downing, Johnathon, MD
San Pedro, CA

Psychiatry

PERCH, YULIYA, MD
Lakewood, CA

Psychologist

JUAREZ, ERICKA, PSY
Lakewood, CA*

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.
/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Radiation Oncology

Chung, Arthur, MD
Long Beach, CA

LAWRENSON, LESLEY, MD
Long Beach, CA

MERLO, CLIFFORD, MD
Long Beach, CA

SILA, CHAD, MD
Long Beach, CA

Registered Physical Therapist

Barbhaya, Urvashi, PT
Long Beach, CA

COSTELLO, MARK, PT
Long Beach, CA

DHIR, SONIA, PT
Long Beach, CA

Dykstra Ordanes, Leslie, PT
Long Beach, CA

JACOBSON, PHILIP, PT
Long Beach, CA

NOORAFROUZ, AZAR, PT
Long Beach, CA

YEE, RICHARD, PT
Long Beach, CA

Speech Pathologist

Clark, Diana, MA
Long Beach, CA

GONZALES ESTRADA, JOVANY, SP
Long Beach, CA

GOSSETT, GRETCHEN, SP
Long Beach, CA

Irizarry Torres, Carlos, MA
Long Beach, CA

LEDEE LOZADA, LESLIE, MA
Long Beach, CA

MEJIA, DAISY, MA
Long Beach, CA

RAMIREZ, MEGAN, MA
Long Beach, CA

Stewart, Camille, MA
Long Beach, CA

VAIL, MELISSA, MA
Long Beach, CA

WALTERS, CATHRINE, MA
Long Beach, CA

Surgery General

Bhayani, Neil, MD
San Pedro, CA

CAMEL, JAMES, MD
San Pedro, CA

FISHER, STEVEN, MD
San Pedro, CA

FRIEDLANDER, MELANIE, MD
San Pedro, CA

KLEIN, STANLEY, MD
San Pedro, CA

MADORIN, CATHERINE, MD
San Pedro, CA

NGUYEN, SON, MD
San Pedro, CA

SOLOMON, HOUMAN, MD
San Pedro, CA

Surgery Neurological

JAVAHERY, RAMIN, MD
Long Beach, CA - Teleservice

PAK, HOOSHANG, MD
Long Beach, CA - Teleservice

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

Axminster Medical Group San Pedro MAPD

Affiliated Hospitals/Hospitales afiliados

Affiliated Hospitals/Hospitales afiliados

PROVIDENCE LITTLE CO OF MARY MED CTR SAN PEDRO



1300 W 7TH ST
San Pedro, CA 90732

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

Family Practice

AJAGBE, TEMITOPE, MD ♂

ID No. 100335615010
1499 W 1ST ST
SAN PEDRO, CA 90732
(310) 831-9482

GREENBERG, LAWRENCE, MD ♂

ID No. 100070890012
1499 W 1ST ST
San Pedro, CA 90732
(310) 831-9482
Languages: Hebrew, Spanish

ISHIHARA, TERRY, MD ♂

ID No. 100033637020
1499 W 1ST ST
SAN PEDRO, CA 90732
(310) 831-9482
Languages: Spanish

JIMENEZ, ANDRES, MD ♂

ID No. 100075706012
1499 W 1ST ST
San Pedro, CA 90732
(310) 831-9482
Languages: Spanish

JIMENEZ, ANDRES, MD ♂

ID No. 100075706013
1300 W 7th St
San Pedro, CA 90732
(310) 241-4069
Languages: Spanish

MIZUHARA-CHENG, COURTNEY, DO ♀

ID No. 100130891022
1535 Lomita Blvd
HARBOR CITY, CA 90710
(310) 530-9300
Languages: Japanese, Spanish
Teleservice

SAMAWI, ROGER, MD ♂

ID No. 100035070036
1045 ATLANTIC AVE STE 1019
Long Beach, CA 90813
(562) 901-9228
Languages: Arabic, Spanish

SHEPPARD, JAMES, DO ♂

ID No. 100232942148
8706 IMPERIAL HWY
Downey, CA 90242
(562) 746-0051
Languages: Spanish

SHEPPARD, JAMES, DO ♂

ID No. 100232942150
5979 Atlantic Ave
Long Beach, CA 90805
(562) 423-0421
Languages: Spanish

WARDWELL, KERI, MD ♀

ID No. 100194593008
1499 W 1ST ST
San Pedro, CA 90732
(310) 831-9482
Languages: German, Spanish

Internal Medicine

BHANSALI, NEHA, MD ♀

ID No. 100053018059
3300 E SOUTH ST STE 205
Lakewood, CA 90805
(562) 531-0377
Languages: Gujarati, Hindi, Spanish

CLARK, DENNIS, MD ♂

ID No. 100037035035
3816 WOODRUFF AVE STE 401
Long Beach, CA 90808
(562) 420-8679
Languages: French, Spanish

DEJONG, CLAYTON, MD ♂

ID No. 100048317024
300 REDONDO AVE
Long Beach, CA 90814
(562) 433-7496

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.
/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Dejong, Tyler, MD

ID No. 100318572026
300 Redondo Ave
Long Beach, CA 90814
(562) 433-7496
Languages: Spanish

JACKSON, ROZALIE, MD

ID No. 100059694059
1777 N BELLFLOWER BLVD #
210
LONG BEACH, CA 90815
(562) 986-1450
Languages: Spanish
Contract terminated as of
10/31/2022

KRIGER, DIEGO, MD

ID No. 100343825033
1535 LOMITA BLVD
Harbor City, CA 90710
(310) 530-9300
Languages: Armenian, Spanish

PISANO, CRESCENZO, MD

ID No. 100091560012
1499 W 1ST ST
San Pedro, CA 90732
(310) 831-9482
Languages: Italian, Spanish

YOON, AEREE, MD

ID No. 100010552013
1499 W 1st St
San Pedro, CA 90732
(310) 831-9482
Languages: Japanese, Korean

Specialty

Physicians/Médicos
especialistas

Allergy Immunology

TSAI, EUGENE, MD
San Pedro, CA*

Anesthesiology Pain
Management

KHOSHSAR, ROSTAM, MD
Whittier, CA

Audiologist

HUTTINGER, ANDREA, MA
San Pedro, CA

Cardiology

Jafar, Nadia, MD
San Pedro, CA

Certified Nurse Practitioner

Abraham, Jaimie, NP
San Pedro, CA

FIHN, SARAH, NP
Long Beach, CA

GO LEGASPI, JOY, NP
Harbor City, CA

Gharibeh Reed, Maha, NP
San Pedro, CA

RA, CHONA, NP
Long Beach, CA
Long Beach, CA

Vicente, Jennifer, NP
Lakewood, CA

Emergency Medicine

ANGELOW, ANGEL, MD
San Pedro, CA

BOTROS, ISSA, MD
San Pedro, CA

Endocrinology Metabolism
Diabetes

CALOF, OLGA, MD
San Pedro, CA

Family Practice

GHADISHAH, ELHAM, MD
San Pedro, CA

Leong, Nathaniel, MD
San Pedro, CA

Female Pelvic Med and
Reconstructive Surg

PATEL, HIREN, DO
Long Beach, CA

Gastroenterology

COX, CONRAD, MD
Lakewood, CA

Hematology / Oncology

FARJAMI, SASSAN, MD
Long Beach, CA
Long Beach, CA

LIEM, KIEM, MD
Long Beach, CA
Long Beach, CA

PHAN, VU, MD
Long Beach, CA

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* Indica que el médico acepta únicamente pacientes actuales.

Axminster Medical Group San Pedro MAPD, continued/continuación

Specialty Physicians/Médicos especialistas

Tchekmedyian, Nishan, MD

Long Beach, CA

Long Beach, CA

Thara, Eddie, DO

Long Beach, CA

WU, LIHONG, MD

Long Beach, CA

Long Beach, CA

Internal Medicine

BHARATIYA, SAROJ, MD

San Pedro, CA

CHANDRAN, DEEPTI, MD

San Pedro, CA

DANG, BINH, MD

San Pedro, CA

DHINGSA, JASKARAN, MD

San Pedro, CA

HERNANDEZ ARCE, ISRAEL, MD

San Pedro, CA

HUSAIN, FARHAN, MD

San Pedro, CA

KAHLON, JASON, MD

San Pedro, CA

KWON, STEVEN, MD

San Pedro, CA

VON HAGEN, ERIK, MD

San Pedro, CA

Interventional Cardiology

AGHEL, ARASH, MD

San Pedro, CA

Licensed Clinical Social Worker

SHERMAN WICKS, HILLARY, LCSW

Lakewood, CA

Maternal and Fetal Medicine

DAY, ROBERT, MD

Long Beach, CA

Obstetrics / Gynecology

HEMMAT, MEHDI, MD

San Pedro, CA

Oncology Medical

CIAROLLA, ANTHONY, MD

San Pedro, CA

NGO, MARK, MD

Long Beach, CA

Long Beach, CA

TCHEKMEDYIAN, NERSES, MD

Long Beach, CA

Ophthalmology

DANG, LISA, MD

San Pedro, CA

MADANI BECKER, GEULA, MD

San Pedro, CA

MILLER, KENNETH, MD

San Pedro, CA

Optometrist

Kim, Crystal, OD

San Pedro, CA

Otolaryngology

DIVI, VENU, MD

Long Beach, CA

San Pedro, CA

Physicians Assistant

DE BODA, EDILITA, PA

Harbor City, CA - Teleservice

GODOY, CAROL, PA

Downey, CA

Long Beach, CA

Podiatrist

FEIT, ERIC, DPM

San Pedro, CA

Lashkari, Pooya, DPM

San Pedro, CA

Psychiatry

DAVIES, ROBERT, MD

San Pedro, CA*

PERCH, YULIYA, MD

Lakewood, CA

Psychologist

JUAREZ, ERICKA, PSY

Lakewood, CA*

Pulmonary Diseases

TANIOS, MAGED, MD

Long Beach, CA

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Radiation Oncology

Chung, Arthur, MD
Long Beach, CA

Registered Physical Therapist

Amini, Nazanin, PT
Long Beach, CA

Barbhaya, Urvashi, PT
Long Beach, CA

COSTELLO, MARK, PT
Long Beach, CA

DHIR, SONIA, PT
Long Beach, CA

Dykstra Ordanes, Leslie, PT
Long Beach, CA

JACOBSON, PHILIP, PT
Long Beach, CA

KASSAI, KATHRYN, PT
San Pedro, CA

NOORAFROUZ, AZAR, PT
Long Beach, CA

READE, SANDRA, PT
San Pedro, CA

YEE, RICHARD, PT
Long Beach, CA

Speech Pathologist

Clark, Diana, MA
Long Beach, CA

GONZALES ESTRADA, JOVANY, SP
Long Beach, CA

GOSSETT, GRETCHEN, SP
Long Beach, CA

Irizarry Torres, Carlos, MA
Long Beach, CA

LEDEE LOZADA, LESLIE, MA
Long Beach, CA

MEJIA, DAISY, MA
Long Beach, CA

RAMIREZ, MEGAN, MA
Long Beach, CA

Stewart, Camille, MA
Long Beach, CA

VAIL, MELISSA, MA
Long Beach, CA

WALTERS, CATHRINE, MA
Long Beach, CA

Surgery General

Bhayani, Neil, MD
San Pedro, CA

CAMEL, JAMES, MD
San Pedro, CA

FISHER, STEVEN, MD
San Pedro, CA

FRIEDLANDER, MELANIE, MD
San Pedro, CA

KLEIN, STANLEY, MD
San Pedro, CA

MADORIN, CATHERINE, MD
San Pedro, CA

NGUYEN, SON, MD
San Pedro, CA

SOLOMON, HOUMAN, MD
San Pedro, CA

Surgery Neurological

JAVAHERY, RAMIN, MD
Long Beach, CA - Teleservice

PAK, HOOSHANG, MD
Long Beach, CA - Teleservice

Surgery Orthopedic

DELMAN, ALLAN, MD
San Pedro, CA

Urology

ASKARI, ASGHAR, MD
San Pedro, CA

* Indicates accepting current patients only.
* Indica que el médico acepta únicamente pacientes actuales.

Axminster Medical Group Tarzana MAPD

Specialty Physicians/Médicos especialistas

Urgent Care Centers

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Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

Specialty Physicians/Médicos especialistas

Internal Medicine

Sarela, Shahruq, MD
San Pedro, CA

Licensed Clinical Social Worker

**SHERMAN WICKS, HILLARY,
LCSW**
Lakewood, CA

Psychiatry

PERCH, YULIYA, MD
Lakewood, CA

Psychologist

JUAREZ, ERICKA, PSY
Lakewood, CA*

Registered Physical Therapist

COSTELLO, MARK, PT
Long Beach, CA

DHIR, SONIA, PT
Long Beach, CA

YEE, RICHARD, PT
Long Beach, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.
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Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

Internal Medicine

Dejong, Tyler, MD ®*
ID No. 100318572022
300 Redondo Ave
Long Beach, CA 90814
(562) 433-7496
Languages: Spanish

Specialty Physicians/Médicos especialistas

Anesthesiology Pain Management

KHOSHSAR, ROSTAM, MD
Whittier, CA

Sulindro, Adrian, MD
Whittier, CA

Audiologist

HUTTINGER, ANDREA, MA
San Pedro, CA

Cardiology

Jafar, Nadia, MD
San Pedro, CA

Cardiovascular Disease

Dang, Thi, MD
San Pedro, CA

KAUSHAL, RISHI, MD
San Pedro, CA

Certified Nurse Practitioner

Abraham, Jaimie, NP
San Pedro, CA

Gharibeh Reed, Maha, NP
San Pedro, CA

Lee, Jennifer, NP
San Pedro, CA

RA, CHONA, NP
Long Beach, CA
Long Beach, CA

Dermatology

GLASSBERG, EDWARD, MD
Long Beach, CA

Emergency Medicine

VUONG, LINH-UYEN, MD
San Pedro, CA

Endocrinology Metabolism Diabetes

CALOF, OLGA, MD
San Pedro, CA

Family Practice

KIM, HANA, DO
San Pedro, CA

Female Pelvic Med and Reconstructive Surg

PATEL, HIREN, DO
Long Beach, CA

Hematology / Oncology

FARJAMI, SASSAN, MD
Long Beach, CA
Long Beach, CA

LIEM, KIEM, MD
Long Beach, CA
Long Beach, CA

PHAN, VU, MD
Long Beach, CA

Tchekmedyian, Nishan, MD
Long Beach, CA
Long Beach, CA

Thara, Eddie, DO
Long Beach, CA

WU, LIHONG, MD
Long Beach, CA
Long Beach, CA

Internal Medicine

BHARATIYA, SAROJ, MD
San Pedro, CA

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

Axminster Medical Group Torrance MAPD, continued/continuación

Specialty Physicians/Médicos especialistas

FROUTAN, NEEMA, MD
San Pedro, CA

HUSAIN, FARHAN, MD
San Pedro, CA

Hemmat, Matin, MD
San Pedro, CA

KAHLON, JASON, MD
San Pedro, CA

KWON, STEVEN, MD
San Pedro, CA

VON HAGEN, ERIK, MD
San Pedro, CA

Interventional Cardiology

AGHEL, ARASH, MD
San Pedro, CA

Abdelkarim, Murrad, MD
San Pedro, CA

Licensed Clinical Social Worker

SHERMAN WICKS, HILLARY, LCSW
Lakewood, CA

Maternal and Fetal Medicine

DAY, ROBERT, MD
Long Beach, CA

Medical Oncology

CIAROLLA, ANTHONY, MD
San Pedro, CA

Obstetrics / Gynecology

CHAU, CINDY, MD
Long Beach, CA

SACHAR, VIKAS, MD
Long Beach, CA - Teleservice

SEET, EMILY, MD
Long Beach, CA
Whittier, CA

Oncology Medical

NGO, MARK, MD
Long Beach, CA
Long Beach, CA

TCHEKMEDYIAN, NERSES, MD
Long Beach, CA

Psychiatry

PERCH, YULIYA, MD
Lakewood, CA

Psychologist

JUAREZ, ERICKA, PSY
Lakewood, CA*

Radiation Oncology

Chung, Arthur, MD
Long Beach, CA

LAWRENSON, LESLEY, MD
Long Beach, CA

MERLO, CLIFFORD, MD
Long Beach, CA

Registered Physical Therapist

Barbhaya, Urvashi, PT
Long Beach, CA

COSTELLO, MARK, PT
Long Beach, CA

DHIR, SONIA, PT
Long Beach, CA

Dykstra Ordanes, Leslie, PT
Long Beach, CA

JACOBSON, PHILIP, PT
Long Beach, CA

NOORAFROUZ, AZAR, PT
Long Beach, CA

YEE, RICHARD, PT
Long Beach, CA

Speech Pathologist

Clark, Diana, MA
Long Beach, CA

GONZALES ESTRADA, JOVANY, SP
Long Beach, CA

GOSSETT, GRETCHEN, SP
Long Beach, CA

Irizarry Torres, Carlos, MA
Long Beach, CA

LEDEE LOZADA, LESLIE, MA
Long Beach, CA

MEJIA, DAISY, MA
Long Beach, CA

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

RAMIREZ, MEGAN, MA
Long Beach, CA

Stewart, Camille, MA
Long Beach, CA

VAIL, MELISSA, MA
Long Beach, CA

WALTERS, CATHRINE, MA
Long Beach, CA

Surgery General

Bhayani, Neil, MD
San Pedro, CA

CAMEL, JAMES, MD
San Pedro, CA

FISHER, STEVEN, MD
San Pedro, CA

FRIEDLANDER, MELANIE, MD
San Pedro, CA

KLEIN, STANLEY, MD
San Pedro, CA

MADORIN, CATHERINE, MD
San Pedro, CA

NGUYEN, SON, MD
San Pedro, CA

SOLOMON, HOUMAN, MD
San Pedro, CA

Surgery Neurological

JAVAHERY, RAMIN, MD
Long Beach, CA - Teleservice

PAK, HOOSHANG, MD
Long Beach, CA - Teleservice

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

* Indicates accepting current patients only.
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BELLA VISTA MEDICAL GRP IPA

Urgent Care Centers/Centros de atención urgente

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

DUSK TO DAWN URGENT CARE

701 E 28TH ST STE 401
Long Beach, CA 90806
(562) 426-2662
M-F 9AM-9PM
SA,SU 9AM-2PM

DUSK TO DAWN URGENT CARE

15745 Paramount Blvd
PARAMOUNT, CA 90723
(562) 808-2273
M-F 9AM-11:59PM
SA,SU 9AM-6PM

PCPs/Médicos de atención primaria (PCP)

Family Practice

LALEZARY, ARASH, MD ♂

ID No. 100108413004
7218 GARFIELD AVE
Bell Gardens, CA 90201
(562) 927-1111

Languages: Faroese, Farsi, French

TRAN, ALEX, MD ♂

ID No. 100099441015
11822 FLORAL DR
Whittier, CA 90601
(562) 908-4355

Languages: Spanish, Vietnamese
Teleservice

Internal Medicine

MONTES, JUAN, MD ♂

ID No. 100078246017
11822 FLORAL DR
Whittier, CA 90601
(562) 908-4355

Languages: Hindi, Mandarin, Spanish

Pediatrics

RODAS, ANA, MD ♀

ID No. 100097548004
3559 GAGE AVE
Bell, CA 90201
(323) 581-8485

Languages: Spanish

Specialty Physicians/Médicos especialistas

Allergy Immunology

TRIVEDI, ANAND, MD

Norwalk, CA

TRIVEDI, DIVYANG, MD

Norwalk, CA

Anesthesiology Pain Management

BUSTOS, JERROLD, MD

Paramount, CA*

Cardiology

Weiss, Jamie, MD

Downey, CA - Teleservice

Certified Nurse Practitioner

KOTANJIAN, CELINA, NP

Whittier, CA

Macasaet, Monique, NP

Whittier, CA

VEGA, MARIA, NP

Whittier, CA

Dermatology

KING, DON, MD

Whittier, CA

General Practice

Kahen, Payam, MD

Wilmington, CA

Hematology / Oncology

BASERI, BABAK, MD

Downey, CA

GREENE, KYLE, MD

Downey, CA - Teleservice

Janoski, Mauro, MD

Downey, CA

Kim, Seong, MD

Downey, CA

LA PORTE, PAUL, MD

Downey, CA

Lazo, Nelly, MD

Downey, CA

♂=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

MIEL, RUFINA, MD
Downey, CA

Marathe, Omkar, MD
Lakewood, CA - Teleservice

ORTIZ-FLORES, EDGARDO, MD
Downey, CA

SANCHEZ, JUAN, MD
Downey, CA

SHUM, MERRILL, MD
Whittier, CA

Marriage Family Therapist

BELL, VERA, PHD
Long Beach, CA

Maternal and Fetal Medicine

CHAN, KENNETH, MD
Long Beach, CA

HAYDON, MICHAEL, MD
Long Beach, CA

SHRIVASTAVA, VINEET, MD
Long Beach, CA
Whittier, CA

Nephrology

SINGH, WILLY, DO
Whittier, CA

Neurology

BODHIT, AAKASH, MD
Long Beach, CA

HIJAZIN, MUNTHER, MD
Downey, CA

MITRI, ANTOINE, MD
Downey, CA - Teleservice

Obstetrics / Gynecology

CHAU, CINDY, MD
Whittier, CA

NIETO, SANDRA, MD
Norwalk, CA

Occupational Therapist

KIM, ARMANDO, OT
Downey, CA
Downey, CA

MANALE, ESTEBAN, OT
Bellflower, CA
Downey, CA

Oncology Medical

NOBILE, LUCIO, MD
San Pedro, CA

Ophthalmology

CASEY, RICHARD, MD
San Pedro, CA

KHANNA, SANDEEP, MD
Lakewood, CA

KIM, JANET, MD
Downey, CA

LIN, JOSEPH, MD
Whittier, CA

LOGAN, DWAYNE, MD
Downey, CA
Long Beach, CA
San Pedro, CA

Optometrist

HUYNH, ANTHONY, OD
Downey, CA
Long Beach, CA
San Pedro, CA

Lee, Luann, OD
Downey, CA

MONTANA-COLLINS, CLAUDIA, MD
Downey, CA
Long Beach, CA
San Pedro, CA

TRAN, MAILAN, OD
Long Beach, CA

Pediatric Cardiology

AHDOOT, JOSEPH, MD
Downey, CA
Long Beach, CA

BURKE, LENNIS, MD
Downey, CA

DE OLIVEIRA, ELIZABETH, MD
Downey, CA
Long Beach, CA

HO, JOHN, MD
Downey, CA
Long Beach, CA

TESSLER, IRVING, MD
Downey, CA
Long Beach, CA

Tran, Susanna, MD
Downey, CA*
Long Beach, CA* - Teleservice

* Indicates accepting current patients only.
* Indica que el médico acepta únicamente pacientes actuales.

BELLA VISTA MEDICAL GRP IPA, continued/continuación

Specialty Physicians/Médicos especialistas

Physical Medicine / Rehabilitation

MINKOFF, EVAN, DO
Paramount, CA

Physicians Assistant

DO, AMY, PA
Norwalk, CA

Psychologist

BELL, VERA, PHD
Long Beach, CA

Radiation Oncology

Chung, Arthur, MD
Long Beach, CA

DAVE, SULABHA, MD
Long Beach, CA

MERLO, CLIFFORD, MD
Long Beach, CA

SILA, CHAD, MD
Long Beach, CA
Long Beach, CA

Radiology Diagnostic X-ray

Hakham, Salar, DO
Bellflower, CA

Radiology

BUSTOS, ADELAIDA, MD
Downey, CA

Registered Physical Therapist

ARMANYOUS, ANNE, PT
Downey, CA
Downey, CA

BARRUGA, LOUGEL, PT
Bellflower, CA
Downey, CA

DOMINGUEZ, KARINA, PT
Downey, CA
Downey, CA

MANALE, JORGE, OT
Bellflower, CA
Downey, CA

Mehta, Trusha, PT
Downey, CA
Downey, CA

SALIB, SHENOUDA, PT
Norwalk, CA

Sancho, Maria, PT
Downey, CA
Downey, CA

Shah, Mamta, PT
Downey, CA
Downey, CA

Upadhyay, Vipra, PT
Downey, CA
Downey, CA

Surgery General Vascular

HASHISHO, MAZEN, MD
Bellflower, CA

Surgery General

NAIM, HOUSHMAND, MD
Long Beach, CA
Wilmington, CA

Surgery Neurological

LEMAY, DANIEL, MD
Downey, CA - Teleservice
Long Beach, CA

Surgery Orthopedic

ROMERO, ANTONIO, MD
Bellflower, CA

Urology

PERLEY, JONATHAN, MD
Lakewood, CA

PERLEY, JULES, MD
Lakewood, CA
Long Beach, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

Ⓐ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.
/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

**Affiliated
Hospitals/Hospitales
afiliados**

**LONG BEACH MEMORIAL
MED CTR**
2801 ATLANTIC AVE # 228
Long Beach, CA 90806

PIH Hospital - Downey ①
11500 BROOKSHIRE AVE
Downey, CA 90241

**ST MARY MEDICAL CENTER
LONG BEACH** ②
1050 LINDEN AVE
Long Beach, CA 90813

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

**DUSK TO DAWN URGENT
CARE**
701 E 28TH ST STE 401
Long Beach, CA 90806
(562) 426-2662
M-F 9AM-9PM
SA,SU 9AM-2PM

**DUSK TO DAWN URGENT
CARE**
15745 Paramount Blvd
PARAMOUNT, CA 90723
(562) 808-2273
M-F 9AM-11:59PM
SA,SU 9AM-6PM

**Southern California Immediate
Medical Center**
5203 LAKEWOOD BLVD
Lakewood, CA 90712
(562) 531-8300
M-F 7AM-7PM
SA,SU 7AM-7PM

**PCPs/Médicos de atención
primaria (PCP)**

Family Practice

AGUILUZ, JACQUELINE, DO ③
ID No. 100040919022
21508 NORWALK BLVD
Hawaiian Gardens, CA 90716
(562) 865-5214
Teleservice

AGUILUZ, JACQUELINE, DO ③
ID No. 100040919055
13330 BLOOMFIELD AVE STE
111
Norwalk, CA 90650
(562) 868-0733
Teleservice

**BAMBRAH-DHAMIJA,
MEHTAB, MD** ④
ID No. 100114408006
18326 PIONEER BLVD
Artesia, CA 90701
(562) 860-5599
*Languages: Cambodian, Gujarati,
Hindi*

**BAMBRAH-DHAMIJA,
MEHTAB, MD** ④
ID No. 100114408015
3760 ATLANTIC AVE
Long Beach, CA 90807
(562) 595-7467
*Languages: Cambodian, Gujarati,
Hindi*

Barlow, Ryan, DO ⑤
ID No. 100296032028
8500 FLORENCE AVE # 101
Downey, CA 90240
(562) 202-5020

Barlow, Ryan, DO ⑤
ID No. 100296032033
11938 PARAMOUNT BLVD
Downey, CA 90242
(562) 923-6060
Teleservice

Barlow, Ryan, DO ⑤
ID No. 100296032036
3300 E SOUTH ST # 209
Lakewood, CA 90805
(562) 444-0022
Teleservice

CHAUDHARY, VINITA, MD ⑥
ID No. 100099965006
3650 SOUTH ST STE 210
Lakewood, CA 90712
(562) 630-0910
Languages: Hindi

* Indicates accepting current patients only.
* Indica que el médico acepta únicamente pacientes actuales.

BROOKSHIRE IPA, continued/continuación

PCPs/Médicos de atención primaria (PCP)

CONSTANTINO, LOIDA, MD

ID No. 100095454003
1777 N BELLFLOWER BLVD
STE 104
Long Beach, CA 90815
(562) 961-8820
Languages: Spanish, Tagalog

DHAMIJA, KAILASH, MD

ID No. 100089396029
18326 PIONEER BLVD
Artesia, CA 90701
(562) 860-5599
Languages: Cambodian, Gujarati, Hindi
Teleservice

DIX, KAREN, MD

ID No. 100038621026
911 E SAN ANTONIO DR # 1
LONG BEACH, CA 90807
(562) 728-8700

GONZALES, FERNANDO, MD

ID No. 100054605003
12444 WASHINGTON BLVD
Whittier, CA 90602
(562) 698-0161
Languages: Spanish, Tagalog

HANAMSAGAR, SEEMA, MD

ID No. 100114040072
3816 WOODRUFF AVE # 406
LONG BEACH, CA 90808
(562) 421-7292
Languages: Hindi, Marathi
Contract terminated as of
10/31/2022

LABATIA, SHERIF, MD

ID No. 100195919013
5750 DOWNEY AVE # 206
LAKEWOOD, CA 90712
(562) 384-3034
Languages: Arabic, French

LARSON, LINDSAY, DO

ID No. 100175296021
5750 DOWNEY AVE # 100
LAKEWOOD, CA 90712
(562) 630-3105

LEE, STEPHEN, MD

ID No. 100020508018
21508 NORWALK BLVD
Hawaiian Gardens, CA 90716
(562) 865-5214
Languages: Korean, Spanish

LEE, YANG, MD

ID No. 100031170005
5981 ATLANTIC AVE
Long Beach, CA 90805
(562) 423-1424
Languages: Chinese, Mandarin, Spanish

LEE, YANG, MD

ID No. 100031170011
16415 COLORADO AVE STE
208
Paramount, CA 90723
(562) 531-0015
Languages: Chinese, Mandarin, Spanish

MATEMOTJA, DANIEL, MD

ID No. 100084173016
12131 CARSON ST
Hawaiian Gardens, CA 90716
(562) 809-0299
Languages: Russian, Spanish
Teleservice

MENDOZA, MANUEL, MD

ID No. 100047566099
11735 Firestone Blvd
NORWALK, CA 90650
(562) 925-7716
Languages: Spanish, Tagalog

MIKHAIL, MARIANNE, MD

ID No. 100196873013
5750 DOWNEY AVE # 206
Lakewood, CA 90712
(562) 384-3034
Languages: Arabic, French, Spanish

MINKUS, BRIAN, DO

ID No. 100082451005
18502 GRIDLEY RD
Artesia, CA 90701
(562) 865-6160

RUBINSON, WILLIAM, MD

ID No. 100036140086
8500 FLORENCE AVE # 101
Downey, CA 90240
(562) 923-6060
Languages: Farsi, Gujarati, Hebrew

Ⓐ=LeapFrog

Ⓕ=Female/Mujer Ⓖ=Male/Hombre

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/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

RUBINSON, WILLIAM, MD

ID No. 100036140103
 11938 Paramount Blvd
 Downey, CA 90242
 (562) 923-6060
Languages: Farsi, Gujarati, Hebrew

RUBINSON, WILLIAM, MD

ID No. 100036140114
 3300 E SOUTH ST # 209
 LAKEWOOD, CA 90805
 (562) 923-6601
Languages: Farsi, Gujarati, Hebrew

SHEPPARD, JAMES, DO

ID No. 100232942063
 8706 IMPERIAL HWY
 Downey, CA 90242
 (562) 746-0051
Languages: Spanish

TRAN, ALEX, MD

ID No. 100099441009
 11822 FLORAL DR
 Whittier, CA 90601
 (562) 908-4355
Languages: Spanish, Vietnamese Teleservice

VAZQUEZ, CAROLINA, MD


 ID No. 100068234003
 6501 EASTERN AVE # A
 BELL GARDENS, CA 90201
 (323) 771-0145
Languages: Spanish

VENKATARAMAN,**SRIVIDYA, MD**

ID No. 100113945005
 3816 WOODRUFF AVE # 407
 LONG BEACH, CA 90808
 (562) 497-9314
Languages: Hindi, Spanish, Tamil

YESKE, REGINALD, MD

ID No. 100071352003
 1190 N STUDEBAKER RD # H
 LONG BEACH, CA 90815
 (562) 597-9402
Languages: Tagalog

General Practice**EYZAGUIRRE, ROBERT, MD**

ID No. 100089695008
 9349 OAK ST
 Bellflower, CA 90706
 (562) 920-6070
Languages: French, Italian, Portuguese

HASHEMIYOON, ROBERT, MD

ID No. 100001628051
 8500 FLORENCE AVE # 101
 Downey, CA 90240
 (562) 202-5020
Languages: Armenian, Faroese, Farsi

HASHEMIYOON, ROBERT, MD

ID No. 100001628059
 11938 Paramount Blvd
 Downey, CA 90242
 (562) 923-6060
Languages: Armenian, Faroese, Farsi

HASHEMIYOON, ROBERT, MD

ID No. 100001628053
 3300 E SOUTH ST # 209
 LAKEWOOD, CA 90805
 (562) 444-0022
Languages: Armenian, Faroese, Farsi

SHEK, DAVID, MD

ID No. 100045699019
 11803 CARSON ST
 HAWAIIAN GARDENS, CA 90716
 (562) 924-4455
Languages: Cantonese, Chinese, Mandarin

TABILA, RODOLFO, MD

ID No. 100072742006
 1339 W WILLOW ST
 Long Beach, CA 90810
 (562) 492-6698
Languages: Spanish, Tagalog

YAGOOBIAN, BEHROOZ, MD

ID No. 100010557006
 15730 PARAMOUNT BLVD
 Paramount, CA 90723
 (562) 634-1000
Languages: Farsi, Persian, Spanish

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* Indica que el médico acepta únicamente pacientes actuales.

BROOKSHIRE IPA, continued/continuación

PCPs/Médicos de atención primaria (PCP)

Internal Medicine**ADAMS, JOHN, DO** Ⓜ*

ID No. 100025486008
2777 PACIFIC AVE
Long Beach, CA 90806
(562) 426-6571

Languages: Spanish

Teleservice

Contract terminated as of
10/31/2022

ALLSWANG, BARRY, MD Ⓜ

ID No. 100038210012
1045 ATLANTIC AVE STE 506
Long Beach, CA 90813
(562) 491-9456

*Languages: Arabic, Spanish***AMIN, JAY, MD** Ⓜ

ID No. 100036009025
8500 FLORENCE AVE # 101
DOWNEY, CA 90240
(562) 202-5020

*Languages: Gujarati, Hindi, Spanish***AMIN, JAY, MD** Ⓜ

ID No. 100036009033
11938 PARAMOUNT BLVD
DOWNEY, CA 90242
(562) 923-6060

*Languages: Gujarati, Hindi, Spanish***AMIN, JAY, MD** Ⓜ

ID No. 100036009018
3300 E SOUTH ST # 209
LAKEWOOD, CA 90805
(562) 923-6060

*Languages: Gujarati, Hindi, Spanish***AWAD, JOHN, MD** Ⓜ

ID No. 100375169010
3530 LONG BEACH BLVD
LONG BEACH, CA 90807
(562) 989-1200

*Languages: Arabic***AWAD, YOUSSEF, MD** Ⓜ

ID No. 100083652012
3530 LONG BEACH BLVD # 120
LONG BEACH, CA 90807
(562) 989-1200

*Languages: Arabic, Spanish***BARRIENTOS, DOMINGO, MD** Ⓜ

ID No. 100097866003
10800 PARAMOUNT BLVD STE 203
Downey, CA 90241
(562) 869-1322

*Languages: Cebuano, Spanish, Tagalog***BELL, MAURICE, MD** Ⓜ

ID No. 100072404004
4100 LONG BEACH BLVD STE 200
Long Beach, CA 90807
(562) 981-2355

*Languages: Czech, Russian, Slovak***BHANSALI, NEHA, MD** Ⓜ

ID No. 100053018003
3300 E SOUTH ST STE 205
Lakewood, CA 90805
(562) 531-0377

*Languages: Gujarati, Hindi, Spanish***CHAUDHARY, ARCHNA, MD**

Ⓜ

ID No. 100109300018
4401 ATLANTIC AVE # 202
LONG BEACH, CA 90807
(562) 988-2777

*Languages: Hindi, Tamil***COHEN, GERALD, MD** Ⓜ

ID No. 100018271013
1045 ATLANTIC AVE STE 506
Long Beach, CA 90813
(562) 491-9456

*Languages: Spanish***CONTRACTOR, HEENA, MD**

Ⓜ

ID No. 100094541018
1045 ATLANTIC AVE STE 915
Long Beach, CA 90813
(562) 596-1667

DELAROSA, PEDRO, MD Ⓜ*

ID No. 100092868004
3816 WOODRUFF AVE STE 412
Long Beach, CA 90808
(562) 377-1111

*Languages: Spanish***Dejong, Tyler, MD** Ⓜ

ID No. 100318572003
300 Redondo Ave
Long Beach, CA 90814
(562) 433-7496

*Languages: Spanish***FREUND, MICHAEL, MD** Ⓜ*

ID No. 100007729004
3650 SOUTH ST STE 110
Lakewood, CA 90712
(562) 531-6140

Ⓜ=LeapFrog

Ⓜ=Female/Mujer Ⓜ=Male/Hombre

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BROOKSHIRE IPA, continued/continuación

PCPs/Médicos de atención primaria (PCP)

GARCIA, CHERIE, MD ⑥
ID No. 100109138004
5750 DOWNEY AVE STE 100
Lakewood, CA 90712
(562) 630-3105
Languages: Spanish, Tagalog

GINZBURG, OLGA, MD ⑥
ID No. 100110271004
5750 DOWNEY AVE STE 100
Lakewood, CA 90712
(562) 630-3105
Languages: French, Russian, Spanish

GORDON, SCOTT, MD ④
ID No. 100077826004
5750 DOWNEY AVE STE 100
Lakewood, CA 90712
(562) 630-3105
Languages: French, Hindi, Russian

HSU, DIANA, MD ⑥
ID No. 100083052004
12651 LAKEWOOD BLVD
Downey, CA 90242
(562) 861-3111
Languages: Mandarin, Spanish

HSU, GOETHE, MD ④
ID No. 100079668004
12651 LAKEWOOD BLVD
Downey, CA 90242
(562) 861-3111
Languages: Mandarin, Spanish, Tagalog

HSU, LINDA, MD ⑥
ID No. 100071649024
11101 LA REINA AVE ste 101
Downey, CA 90241
(562) 867-2796
Languages: Spanish

KUHN, REBECCA, MD ⑥*
ID No. 100084199006
1777 N BELLFLOWER BLVD
STE 210
Long Beach, CA 90815
(562) 719-2045
Languages: Spanish

KYAN, FEE, MD ④
ID No. 100057064004
10230 ARTESIA BLVD STE 300
Bellflower, CA 90706
(562) 804-0100
Languages: Spanish, Thai

LEE, RICHARD, MD ④
ID No. 100082875011
5981 ATLANTIC AVE
Long Beach, CA 90805
(562) 423-1424
Languages: Chinese, Korean, Mandarin

LEE, RICHARD, MD ④
ID No. 100082875006
16415 COLORADO AVE STE 208
Paramount, CA 90723
(562) 531-0015
Languages: Chinese, Korean, Mandarin

LICUANAN, JESSE, MD ④
ID No. 100032648004
3300 E SOUTH ST STE 205
Lakewood, CA 90805
(562) 531-0377
Languages: Spanish, Tagalog

LINTON, DALE, MD ④
ID No. 100023216005
925 E SAN ANTONIO DR STE 11
Long Beach, CA 90807
(562) 428-4613

MONTES, JUAN, MD ④
ID No. 100078246009
11822 FLORAL DR
Whittier, CA 90601
(562) 908-4355
Languages: Hindi, Mandarin, Spanish

NGA, VISAL, DO ④
ID No. 100150656022
1269 E ANAHEIM ST
Long Beach, CA 90813
(562) 599-5300
Languages: Cambodian, Khmer, Spanish

NGUYEN, JAN, DO ⑥
ID No. 100349846008
2777 PACIFIC AVE # E
Long Beach, CA 90806
(562) 426-6571
Languages: Spanish, Vietnamese

PATEL, RENUKA, MD ⑥
ID No. 100038150003
8357 FLORENCE AVE
Downey, CA 90240
(562) 622-2470
Languages: Gujarati, Hindi

ROQUE, RONALDO, MD ④
ID No. 100033503003
1760 TERMINO AVE STE 104
Long Beach, CA 90804
(562) 494-8512
Languages: French, Spanish, Tagalog

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BROOKSHIRE IPA, continued/continuación

PCPs/Médicos de atención primaria (PCP)

SAEED, KHALID, MD ♂

ID No. 100029675004

5750 DOWNEY AVE STE 100

Lakewood, CA 90712

(562) 630-3105

*Languages: French, Hindi,
Russian***SHAH, SYED, MD** ♂

ID No. 100024202004

5750 DOWNEY AVE STE 100

Lakewood, CA 90712

(562) 630-3105

*Languages: Croatian, French,
Hindi***SO, VANNARITH, MD** ♂

ID No. 100057603004

1777 N BELLFLOWER BLVD

STE 101

Long Beach, CA 90815

(562) 986-6138

*Languages: Cambodian, Spanish***SUMCAD, JOCELYN, MD** ♂

ID No. 100025018006

16660 PARAMOUNT BLVD STE

101

Paramount, CA 90723

(562) 633-0976

*Languages: Spanish, Tagalog***WAN, CHOK, MD** ♂

ID No. 100096600007

2153 PACIFIC AVE

Long Beach, CA 90806

(562) 599-4833

*Languages: Chinese, Mandarin,
Spanish***WONG, HANSON, MD** ♂

ID No. 100100599005

10230 ARTESIA BLVD STE 201

Bellflower, CA 90706

(562) 804-7223

*Languages: Cantonese, Mandarin,
Spanish****Pediatrics*****TEJANI, NASIR, MD** ♂

ID No. 100017986012

3325 PALO VERDE AVE STE

203

Long Beach, CA 90808

(562) 421-8283

*Languages: Hindi, Spanish***Specialty****Physicians/Médicos****especialistas*****Allergy Immunology*****NGUYEN, ROGER, MD**

Downey, CA

***Anesthesiology Pain
Management*****EL-KHOURY, GEORGE, MD**

Long Beach, CA

Cardiovascular Disease**HARADA, RANDALL, MD**

Downey, CA

Dermatology**CASTRO, MICHAEL, MD**

Lakewood, CA

Gynecology**LEE, HYUK, MD**

Bellflower, CA

Hematology / Oncology**CHEUNG, ERIC, MD**

Downey, CA

Lakewood, CA

FREIMANN, JACK, MD

Downey, CA

HUANG, STEPHEN, MD

Downey, CA

Infectious Disease**SU, HENRY, MD**

Long Beach, CA

Internal Medicine**Sekhon, Bikram, MD**

Downey, CA

Lakewood, CA

Nephrology**MOE, KYAW, MD**

Lakewood, CA

SEMERJIAN, AVEDIK, MD

Downey, CA

Lakewood, CA

Neurology**HIJAZIN, MUNTHAR, MD**

Downey, CA

MITRI, ANTOINE, MD

Downey, CA - Teleservice

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

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Ophthalmology

BROWN, BRIAN, MD
Downey, CA

CLAY, EMMA, MD
Lakewood, CA

HARTMAN, CARL, MD
Lakewood, CA

Nhu, Thuc-Trinh, MD
Lakewood, CA

PASQUALI, LARRY, MD
Lakewood, CA

Podiatrist

HODOR, LAWRENCE, DPM
Lakewood, CA

**ROSENBERG, RICHARD,
DPM**
Lakewood, CA

Pulmonary Diseases

EPSTEIN, JOEL, MD
Lakewood, CA

GELB, ARTHUR, MD
Lakewood, CA

**SHAKKOTTAI,
PADMANABHA, MD**
Lakewood, CA

Radiation Oncology

DAVE, SULABHA, MD
Long Beach, CA

Surgery Neurological

Chou, Arthur, MD
Whittier, CA

LEMAY, DANIEL, MD
Downey, CA - Teleservice

Surgery Orthopedic

CHAMBERS, RICHARD, MD
Downey, CA

COMBS, CHRISTOPHER, MD
Lakewood, CA

PARK, KEVIN, MD
Downey, CA

SHAMLOU, KOUROSH, MD
Downey, CA

WASSEF, ANDREW, MD
Lakewood, CA

Surgery Plastic

HICKS, PEARLMAN, MD
Long Beach, CA

Urology

AGATSTEIN, ERNEST, MD
Downey, CA

AYNEHCHI, SHAHRAD, MD
Downey, CA

NOWFAR, SEPEHR, MD
Downey, CA

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* Indica que el médico acepta únicamente pacientes actuales.

Blue Shield Medicare Providers

Affiliated Hospitals/Hospitales afiliados

Affiliated Hospitals/Hospitales afiliados

CATALINA ISLAND MED CTR

100 FALLS CANYON RD
Avalon, CA 90704

COAST PLAZA HOSPITAL

13100 STUDEBAKER RD
Norwalk, CA 90650

COLLEGE MEDICAL CENTER

2776 PACIFIC AVE
Long Beach, CA 90806

COLLEGE MEDICAL CENTER SOUTH CAMPUS DP APH

1725 PACIFIC AVE
LONG BEACH, CA 90813

EARL AND LORRAINE MILLER CHILDRENS HSP Ⓔ

2801 ATLANTIC AVE
Long Beach, CA 90806

KINDRED HOSPITAL LA MIRADA

14900 IMPERIAL HWY
La Mirada, CA 90638

KINDRED HOSPITAL PARAMOUNT

16453 COLORADO AVE
Paramount, CA 90723

LAKEWOOD REGIONAL MED CTR Ⓔ

3700 SOUTH ST
Lakewood, CA 90712

LONG BEACH MEMORIAL MED CTR

2801 ATLANTIC AVE # 228
Long Beach, CA 90806

LOS ANGELES COMMUNITY HOSPITAL AT BELLFLOWER

9542 Artesia Blvd
BELLFLOWER, CA 90706

NORWALK COMMUNITY HOSPITAL Ⓔ

13222 BLOOMFIELD AVE
Norwalk, CA 90650

PIH HEALTH HOSPITAL - WHITTIER Ⓔ

12401 WASHINGTON BLVD
Whittier, CA 90602

PIH Hospital - Downey Ⓔ

11500 BROOKSHIRE AVE
Downey, CA 90241

PROVIDENCE LITTLE CO OF MARY MED CTR SAN PEDRO

Ⓔ
1300 W 7TH ST
San Pedro, CA 90732

ST MARY MEDICAL CENTER LONG BEACH Ⓔ

1050 LINDEN AVE
Long Beach, CA 90813

WHITTIER HOSPITAL MEDICAL CENTER Ⓔ

9080 COLIMA RD
Whittier, CA 90605

Ⓔ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

mental" en la página 382.

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

CONCENTRA URGENT CARE

100 OCEANGATE # P245
Long Beach, CA 90802
(866) 944-6046
M-F 7AM-6PM

CONCENTRA URGENT CARE

10400 NORWALK BLVD # 100
Santa Fe Springs, CA 90670
(866) 944-6046
M-F 8AM-5PM

Direct Urgent Care INC

555 E OCEAN BLVD # 110
LONG BEACH, CA 90802
(562) 285-5050

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud

* Indicates accepting current patients only.
* Indica que el médico acepta únicamente pacientes actuales.

CAL-CARE IPA

Urgent Care Centers/Centros de atención urgente

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

AFTER HOURS MED GRP ON COLIMA INC

9200 COLIMA RD # 101
Whittier, CA 90605
(562) 945-2128
M-F 2PM-9PM
SA 9AM-2PM

PCPs/Médicos de atención primaria (PCP)

Family Practice

JOHNSON, KARLON, MD Ⓜ*

ID No. 100065021044
1403 LOMITA BLVD # 103
HARBOR CITY, CA 90710
(310) 784-5800

JOHNSON, KARLON, MD Ⓜ*

ID No. 100065021042
1403 LOMITA BLVD # 100
Harbor City, CA 90710
(310) 784-5800

KASHANI, DARYOUSH, MD

Ⓜ*

ID No. 100076327043
500 W WILLOW ST # 101
LONG BEACH, CA 90806
(562) 427-1700

Languages: Faroese, Farsi, Spanish
Teleservice

KHOURY, MARIBEL, MD Ⓜ

ID No. 100090775024
14906 PARAMOUNT BLVD
Paramount, CA 90723
(562) 630-1991

Languages: Arabic, Spanish

NGUYEN, MINH, DO Ⓜ

ID No. 100349712011
200 E Anaheim St
Wilmington, CA 90744
(310) 522-8700

Languages: Spanish, Vietnamese
Teleservice

RUBINSON, WILLIAM, MD Ⓜ

ID No. 100036140242
8500 FLORENCE AVE # 101
Downey, CA 90240
(562) 923-6060

Languages: Farsi, Gujarati, Hebrew

RUBINSON, WILLIAM, MD Ⓜ

ID No. 100036140243
11938 Paramount Blvd
Downey, CA 90242
(562) 923-6060

Languages: Farsi, Gujarati, Hebrew

RUBINSON, WILLIAM, MD Ⓜ

ID No. 100036140250
3300 E SOUTH ST # 209
LAKEWOOD, CA 90805
(562) 923-6601

Languages: Farsi, Gujarati, Hebrew

SHAH, ANOKHI, MD Ⓜ

ID No. 100384360002
200 E Anaheim St
Wilmington, CA 90744
(310) 522-8700

Languages: Gujarati

General Practice

FEYGIN, POLINA, MD Ⓜ

ID No. 100027762088
1110 W ANAHEIM ST STE 6
Wilmington, CA 90744
(310) 221-8532

Languages: Russian
Teleservice

HABIB, SHEHNAZ, MD Ⓜ

ID No. 100083641058
8540 ALONDRA BLVD STE B2
Paramount, CA 90723
(562) 602-2508

Languages: Gujarati, Hindi, Spanish

HASHEMIYOON, ROBERT, MD Ⓜ

ID No. 100001628063
8500 FLORENCE AVE # 101
Downey, CA 90240
(562) 202-5020

Languages: Armenian, Faroese, Farsi

Ⓜ=LeapFrog

Ⓜ=Female/Mujer Ⓜ=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.
/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

**HASHEMIYOON, ROBERT,
MD**

ID No. 100001628065
11938 Paramount Blvd
Downey, CA 90242
(562) 923-6060

*Languages: Armenian, Faroese,
Farsi*

**HASHEMIYOON, ROBERT,
MD**

ID No. 100001628068
3300 E SOUTH ST # 209
LAKEWOOD, CA 90805
(562) 444-0022

*Languages: Armenian, Faroese,
Farsi*

**HASHEMIYOON, ROBERT,
MD**

ID No. 100001628067
12472 Washington Blvd
Whittier, CA 90602
(714) 451-2230

*Languages: Armenian, Faroese,
Farsi*

KHOURY, NABIL, MD

ID No. 100102905027
14906 PARAMOUNT BLVD
Paramount, CA 90723
(562) 630-1991

*Languages: Arabic, French,
Hebrew*

MUKADAM, HYDERALI, MD


ID No. 100007785005
2800 PACIFIC AVE # D
Long Beach, CA 90806
(562) 337-8401

MUNGCAL, HENRICO, MD
*

ID No. 100078123025
1937 PACIFIC AVE
Long Beach, CA 90806
(562) 591-7302

*Languages: Spanish, Tagalog
Teleservice*

SHAMAAN, IHSAN, MD

ID No. 100095745025
4946 FLORENCE AVE
Bell, CA 90201
(323) 773-0591

*Languages: Arabic, Armenian,
Spanish
Teleservice*

SHEK, DAVID, MD *

ID No. 100045699118
11803 CARSON ST
HAWAIIAN GARDENS, CA
90716
(562) 924-4455

*Languages: Cantonese, Chinese,
Mandarin*

Internal Medicine

AWAD, JOHN, MD

ID No. 100375169004
3530 LONG BEACH BLVD # 120
LONG BEACH, CA 90807
(562) 989-1200

Languages: Arabic

AWAD, YOUSSEF, MD

ID No. 100083652045
3530 LONG BEACH BLVD # 120
LONG BEACH, CA 90807
(562) 989-1200

Languages: Arabic, Spanish

DO, KHAI, MD

ID No. 100000064063
1936 E ANAHEIM ST
Long Beach, CA 90813
(562) 591-8982

Languages: French, Vietnamese

JELEN, BETTY, MD *

ID No. 100097820090
16444 PARAMOUNT BLVD #
103
PARAMOUNT, CA 90723
(323) 980-9600

Languages: Spanish

KHAMISEH, GHASSAN, MD


ID No. 100067534021
2800 PACIFIC AVE # D
LONG BEACH, CA 90806
(562) 337-8401

*Languages: Arabic, Spanish
Teleservice*

NGUYEN, ROBERT, MD

ID No. 100113325033
1936 E ANAHEIM ST
LONG BEACH, CA 90813
(951) 637-9999

Languages: Vietnamese

ROQUE, RONALDO, MD

ID No. 100033503045
1760 TERMINO AVE STE 104
Long Beach, CA 90804
(562) 494-8512

*Languages: French, Spanish,
Tagalog*

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

CAL-CARE IPA, continued/continuación

PCPs/Médicos de atención primaria (PCP)

SO, VANNARITH, MD

ID No. 100057603023

1777 N BELLFLOWER BLVD
STE 101

Long Beach, CA 90815

(562) 986-6138

Languages: Cambodian, Spanish

SUMCAD, JOCELYN, MD

ID No. 100025018034

16660 PARAMOUNT BLVD STE
101

Paramount, CA 90723

(562) 633-0976

Languages: Spanish, Tagalog

Specialty

Physicians/Médicos

especialistas

Allergy Immunology

KIM, KENNETH, MD

Long Beach, CA

Cardiovascular Disease

NGUYEN, MINH, MD

Long Beach, CA

Chiropractor

URTEAGA, MANUEL, DC

Whittier, CA

Dermatology

NAMI, NAVID, DO

Downey, CA

Endocrinology Metabolism Diabetes

JELLEN, BETTY, MD

Paramount, CA*

Gastroenterology

DOBALIAN, DEREK, MD

Long Beach, CA

Hematology / Oncology

FREIMANN, JACK, MD

Whittier, CA

GOLSHANI, GOL, MD

Lakewood, CA - Teleservice

Marathe, Omkar, MD

Lakewood, CA - Teleservice

Morrison, David, MD

Downey, CA

Lakewood, CA

SHUM, MERRILL, MD

Whittier, CA

Infectious Disease

DOO, BRYAN, MD

Whittier, CA

Internal Medicine Critical Care Medicine

TANIOS, MAGED, MD

Long Beach, CA

Obstetrics / Gynecology

Askari, Reza, MD

San Pedro, CA

Taylor, Morgan, MD

Long Beach, CA

Optometrist

Gabrielyan, Zarine, OD

Downey, CA

Pediatrics

FEYGIN, POLINA, MD

Wilmington, CA - Teleservice

Physical Medicine / Rehabilitation

BATKIN, FRED, MD

Long Beach, CA

Radiation Oncology

Chung, Arthur, MD

Long Beach, CA

LAWRENSEN, LESLEY, MD

Long Beach, CA

MERLO, CLIFFORD, MD

Long Beach, CA

SILA, CHAD, MD

Long Beach, CA

Radiology

Moshfegh, Amiel, MD

Downey, CA

Downey, CA

Surgery Colon Surgery

NEOMAN, AYMEN, MD

Long Beach, CA

Ⓐ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.
/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Surgery General

NAIM, HOUSHMAND, MD
Wilmington, CA

Surgery Neurological

Chou, Arthur, MD
Whittier, CA*
Contract Term. as of 10/31/2022

Surgery Orthopedic

ROMERO, ANTONIO, MD
Bellflower, CA

WASSEF, ANDREW, MD
Lakewood, CA
Long Beach, CA

Surgery Thoracic

STEIN, ALEXANDER, MD
Long Beach, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

* Indicates accepting current patients only.
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CENTINELA VALLEY IPA

Urgent Care Centers/Centros de atención urgente

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

DUSK TO DAWN URGENT CARE

701 E 28TH ST STE 401
Long Beach, CA 90806
(562) 426-2662
M-F 9AM-9PM
SA,SU 9AM-2PM

DUSK TO DAWN URGENT CARE

15745 Paramount Blvd
PARAMOUNT, CA 90723
(562) 808-2273
M-F 9AM-11:59PM
SA,SU 9AM-6PM

Specialty

Physicians/Médicos especialistas

Anesthesiology Pain Management

BUSTOS, JERROLD, MD
Paramount, CA*

EL-KHOURY, GEORGE, MD
Long Beach, CA

MINKOFF, EVAN, DO
Paramount, CA

Maternal and Fetal Medicine

NAGEOTTE, MICHAEL, MD
Long Beach, CA
Long Beach, CA - Teleservice
Long Beach, CA
Whittier, CA

SHRIVASTAVA, VINEET, MD
Long Beach, CA
Whittier, CA

Neonatal / Perinatal Medicine

KIM, DONG, MD
Downey, CA

Obstetrics / Gynecology

Masaki, Damon, MD
Long Beach, CA

Ophthalmology

Alasil, Tarek, MD
Long Beach, CA

DAVIS, MICHAEL, MD
Downey, CA

**GRANT-ACQUAH, KWEKU,
MD**
Long Beach, CA

SUK, KEVIN, MD
Downey, CA

Optometrist

Chew, Wesley, OD
Long Beach, CA

NGUYEN, THY, OD
San Pedro, CA

Wong, Sharon, OD
San Pedro, CA

Physicians Assistant

de Leon, Robert, PA
Paramount, CA

Pulmonary Diseases

SHAH, MUKESH, MD
Whittier, CA

Radiation Oncology

Chung, Arthur, MD
Long Beach, CA

MERLO, CLIFFORD, MD
Long Beach, CA

SILA, CHAD, MD
Long Beach, CA

Registered Dietitian / Nutritionist

Giertych, Samantha, RD
Whittier, CA

Herman, Jody, RD
Whittier, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.
/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

mental, consulte la sección
"Proveedores de servicios de salud
mental" en la página 382.

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CHAFFEY MEDICAL GROUP

Specialty Physicians/Médicos especialistas

Urgent Care Centers

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Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

Specialty

Physicians/Médicos especialistas

Hematology / Oncology

Lazo, Nelly, MD

Lakewood, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.
/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

Specialty

Physicians/Médicos especialistas

Emergency Medicine

SCHUMAKER, HENRY, MD

Cerritos, CA

Long Beach, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

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* Indica que el médico acepta únicamente pacientes actuales.

Citrus Valley Phys Grp

Affiliated Hospitals/Hospitales afiliados

Affiliated Hospitals/Hospitales afiliados

LONG BEACH MEMORIAL MED CTR

2801 ATLANTIC AVE # 228
Long Beach, CA 90806

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

Family Practice

MENDOZA, MANUEL, MD ①

ID No. 100047566090
11735 Firestone Blvd
NORWALK, CA 90650
(562) 925-7716

Languages: Spanish, Tagalog

Rezai, Damoun, MD ①

ID No. 100319598017
11843 Whittier Blvd
Whittier, CA 90601
(562) 325-5336

Languages: Farsi, Spanish

General Practice

AHMED, RASIQ, MD ①

ID No. 100106851068
11735 FIRESTONE BLVD
NORWALK, CA 90650
(562) 925-7716

Languages: Spanish

DE LA LOZA, DAVID, MD ①

ID No. 100088867036
6301 GREENLEAF AVE
WHITTIER, CA 90601
(562) 693-9880

Languages: Spanish

Internal Medicine

JALIL, MARIAN, MD ②

ID No. 100063468012
14350 WHITTIER BLVD STE
200
Whittier, CA 90605
(562) 945-7671

Languages: Arabic, Spanish

PATEL, GNYANDEV, MD ①

ID No. 100078689026
3300 E SOUTH ST STE 206
Lakewood, CA 90805
(562) 232-2380

Languages: Gujarati, Hindi

ROQUE, RONALDO, MD ①

ID No. 100033503018
1760 TERMINO AVE STE 104
Long Beach, CA 90804
(562) 494-8512

*Languages: French, Spanish,
Tagalog*

ROUZROCH, SIAMAK, MD ①

ID No. 100110083019
1703 TERMINO AVE STE 107
Long Beach, CA 90804
(562) 494-8008

*Languages: Farsi, German,
Spanish*

SUMCAD, JOCELYN, MD ①

ID No. 100025018011
16660 PARAMOUNT BLVD STE
101
Paramount, CA 90723
(562) 633-0976

Languages: Spanish, Tagalog

WONG, HANSON, MD ①

ID No. 100100599069
10230 ARTESIA BLVD STE 201
Bellflower, CA 90706
(562) 804-7223

*Languages: Cantonese, Mandarin,
Spanish*

Specialty Physicians/Médicos especialistas

Allergy Immunology

TRIVEDI, ANAND, MD

Norwalk, CA

Cardiology

THAKER, KARTIK, MD

Whittier, CA

Cardiovascular Disease

GUJRAL, INDERPAL, MD

Bellflower, CA

①=LeapFrog

②=Female/Mujer ①=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

SINGH, ANANTJIT, MD
Downey, CA

Gastroenterology

DOBALIAN, DEREK, MD
Long Beach, CA

NGUYEN, STEVE, DO
Long Beach, CA

PANTOJA, JOSE, MD
Lakewood, CA

Saliminejad, Mehrdad, MD
Lakewood, CA

UEKI, BARTON, MD
Lakewood, CA

General Practice

AHMED, RASIQ, MD
Paramount, CA

Internal Medicine

JAVADI, FARIBA, MD
Lakewood, CA

Kin, Kevin, DO
Lakewood, CA

PAIGNE, KITTYA, MD
Long Beach, CA

Nephrology

BUI, ANTIEM, DO
Lakewood, CA

LEE, MARK, MD
Whittier, CA

MARYSKA, DORSA, MD
Whittier, CA

Optometrist

Le, Huong, OD
Long Beach, CA

***Physical Medicine /
Rehabilitation***

AYYOUB, ZIYAD, MD
Paramount, CA

Podiatrist

LINAM, MARK, DPM
Paramount, CA

**ROSENBERG, RICHARD,
DPM**
Lakewood, CA

Psychiatry

SILVERSTEIN, RONALD, MD
Long Beach, CA

Radiation Oncology

DAVE, SULABHA, MD
Long Beach, CA

RHA, JANICE, MD
Downey, CA

Rheumatology

ANUNTIYO, JEREMY, MD
San Pedro, CA

Surgery General

MURRAY, JAMES, MD
Long Beach, CA

Surgery Hand

AHN, RICHARD, MD
Lakewood, CA*
Long Beach, CA*

Surgery Orthopedic

CHO, YUNG, MD
Santa Fe Springs, CA*

COMBS, CHRISTOPHER, MD
Long Beach, CA*
Lakewood, CA*

Dworsky, Erik, MD
Santa Fe Springs, CA

FARJOODI, PAYAM, MD
Lakewood, CA*
Long Beach, CA*

WASSEF, ANDREW, MD
Lakewood, CA
Long Beach, CA

WASSEF, EZZAT, MD
Long Beach, CA
Lakewood, CA*

Urology

CALVERT, THOMAS, MD
Long Beach, CA
Lakewood, CA

* Indicates accepting current patients only.
* Indica que el médico acepta únicamente pacientes actuales.

DESERT OASIS HEALTHCARE

Specialty Physicians/Médicos especialistas

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

Specialty

Physicians/Médicos especialistas

Optometrist

DANG, JENNIFER, OD

Downey, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

Ⓐ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.
/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

General Practice

BAI, EUNG, MD ①
ID No. 100015977014
12017 ROSECRANS AVE
Norwalk, CA 90650
(562) 868-2027
Languages: Korean

Internal Medicine

AHN, WOO, MD ①
ID No. 100101167011
20145 PIONEER BLVD
Lakewood, CA 90715
(562) 916-5020
Languages: Korean

KANG, DENO, MD ①
ID No. 100097156025
18102 PIONEER BLVD STE 204
Artesia, CA 90701
(562) 402-9801
Languages: Korean

Specialty Physicians/Médicos especialistas

Hematology / Oncology

Abdulla, Nihal, MD
Lakewood, CA

CHEUNG, ERIC, MD
Lakewood, CA

PHAN, VU, MD
Lakewood, CA

Nephrology

KANG, DENO, MD
Artesia, CA

Neurology

KIM, CHAN, MD
Whittier, CA

Ophthalmology

GRANT-ACQUAH, KWEKU, MD
Long Beach, CA

KIM, TAE, MD
Cerritos, CA

LEE, JOSEPH, MD
Artesia, CA

Radiology Diagnostic X-ray

Azizi, Robert, MD
Bell Gardens, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

* Indicates accepting current patients only.

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EDINGER MEDICAL GROUP

Specialty Physicians/Médicos especialistas

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

Specialty Physicians/Médicos especialistas

Allergy Immunology

MELTZER, STEVEN, MD
Long Beach, CA

Anesthesiology Pain Management

HO, ALAN, MD
Long Beach, CA

KUO, DENNIS, MD
Long Beach, CA

ZAVAREI, KEYVAN, MD
Long Beach, CA

Anesthesiology

MIKHAEL, MEDHAT, MD
Long Beach, CA

Cardiology

CAMI, ELVIS, MD
Long Beach, CA - Teleservice

Certified Nurse Practitioner

Kirk, Jennifer, NP
Long Beach, CA

PEREZ S, ELIA, NP
Long Beach, CA

SHERMAN, GARRETT, NP
Long Beach, CA

Endocrinology Metabolism Diabetes

Hosseini, Alireza, MD
Long Beach, CA

Mohtasebi, Yasaman, MD
Long Beach, CA

Family Practice Sports Medicine

SNODGRASS, JOSHUA, MD
Long Beach, CA

Gastroenterology

Saliminejad, Mehrdad, MD
Lakewood, CA
Long Beach, CA
Long Beach, CA
Long Beach, CA

Interventional Cardiology

DANON, SAAR, MD
Long Beach, CA

Maternal and Fetal Medicine

MCNULTY, JENNIFER, MD
Long Beach, CA

Neurology

Maasumi, Kasra, MD
Long Beach, CA

Obstetrics / Gynecology

DEVIN, KIRSTEN, MD
Long Beach, CA

Devera, Ruthann, MD
Long Beach, CA

FEIGAL, CHRISTINE, MD
Long Beach, CA

Kiernan, Mary Louise, MD
Long Beach, CA

Sullivan, Cassidy, MD
Long Beach, CA

Vo, Elise, MD
Long Beach, CA

Ophthalmology

Brookman, Myles, MD
Long Beach, CA

**JOTTERAND, VERONIQUE,
MD**
Long Beach, CA

KIM, JANET, MD
Long Beach, CA

LOGAN, DWAYNE, MD
Long Beach, CA

Ⓐ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

PATEL, HARSHAD, MD
Long Beach, CA

Optometrist

GRATTAN, ANNE, OD
Downey, CA
San Pedro, CA

HUYNH, ANTHONY, OD
Long Beach, CA

Le, Huong, OD
Long Beach, CA

TRAN, MAILAN, OD
Long Beach, CA

***Otolaryngology / Otology /
Laryngology / Rhinology***

YOSHPE, NINA, MD
Long Beach, CA

Otolaryngology

BERTELSEN, CAITLIN, MD
Long Beach, CA

SCHWARTZ, MARISSA, MD
Long Beach, CA

Pediatric Cardiology

Rahimi, Mohammad, MD
Long Beach, CA

Pediatric Endocrinology

BRAKIN, MARIO, MD
Long Beach, CA

NAGPALA, PABLITO, MD
Long Beach, CA

Pediatric Gastroenterology

KUMAR, ANJULI, MD
Long Beach, CA

MEHRA, MINI, MD
Long Beach, CA

STEINMETZ, BARRY, MD
Long Beach, CA

TRAN, ROBERT, MD
Long Beach, CA

Pediatric Infectious Diseases

BATRA, JAGMOHAN, MD
Long Beach, CA

CHEN, TEMPE, MD
Long Beach, CA

MICHALIK, DAVID, DO
Long Beach, CA

Pediatric Orthopedics

ACOSTA, ANNA, MD
Long Beach, CA

CHANG, EMORY, MD
Long Beach, CA

CUNNINGHAM, TORIN, MD
Long Beach, CA

Hahn, Peter, MD
Long Beach, CA
Long Beach, CA

Pediatric Surgery Orthopedic

HUH, KENNETH, MD
Long Beach, CA

***Physical Medicine /
Rehabilitation***

ALSHARIF, KAIS, MD
Long Beach, CA

BABARIA, VIVEK, DO
Long Beach, CA

Hilal, Tariq, DO
Long Beach, CA

Wong, Ashley, DO
Long Beach, CA

Physicians Assistant

**RENE DE COTRET,
CRYSTAL, PA**
Long Beach, CA

TURNER, WILLIAM, PA
Long Beach, CA

Vuu, Donna, PA
Downey, CA

**WORTHINGTON, TIFFANY,
PA**
Long Beach, CA

Podiatrist

ANGAROLA, JEFF, DPM
Long Beach, CA

LEAMING, TROY, DPM
Long Beach, CA

Pulmonary Diseases

**BHATTACHARYYA,
SARATHI, MD**
Long Beach, CA

* Indicates accepting current patients only.
* Indica que el médico acepta únicamente pacientes actuales.

EDINGER MEDICAL GROUP, continued/continuación

Specialty Physicians/Médicos especialistas

Radiation Oncology

KABOLIZADEH, PEYMAN, MD

Long Beach, CA

LEE, SHARON, MD

Long Beach, CA

Radiology Diagnostic

BAKAYA, SUNAYNA, MD

Long Beach, CA

BECKER, ANTHONY, MD

Long Beach, CA

DUCKWILER, GARY, MD

Long Beach, CA

Gholamrezanezhad, Ali, MD

Long Beach, CA

ISMAIL, AMEERA, MD

Long Beach, CA

Iranmahboob, Amir, MD

Long Beach, CA

JONNALA, PRAVEEN, MD

Long Beach, CA

KIM, FRANCINE, MD

Long Beach, CA

OLSON, EMILIA, MD

Long Beach, CA

RAGLAND, KAREN, MD

Long Beach, CA

RAKER, CHARLES, MD

Long Beach, CA

RAPPOPORT, ARNOLD, MD

Long Beach, CA

SAREMI, FARHOOD, MD

Long Beach, CA

SONG, YOUNG, MD

Long Beach, CA

TAHOUR, DAVID, MD

Long Beach, CA

TATESHIMA, SATOSHI, MD

Long Beach, CA

Surgery General

CULLINANE, CAREY, MD

Long Beach, CA

RAYHANABAD, JESSICA, MD

Long Beach, CA

Wolf, Ronald, MD

Long Beach, CA

Long Beach, CA

Long Beach, CA

Surgery Neurological

FARIN, AZADEH, MD

Long Beach, CA

Surgery Thoracic

ABOLHODA, AMIR, MD

Long Beach, CA

CHIU, RYAN, MD

Long Beach, CA

JOYO, COLIN, MD

Long Beach, CA

KHOYNEZHAD, ALI, MD

Long Beach, CA

SAKWA, MARC, MD

Long Beach, CA

SHUMAN, ROBERT, MD

Long Beach, CA

Urology

KHOURY, ANTOINE, MD

Long Beach, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

**Specialty
Physicians/Médicos
especialistas*****Hematology / Oncology***

HUANG, DANIEL, MD
Downey, CA

Physicians Assistant

OCAMPO, PAYAL, PA
Whittier, CA

Urology

PERLEY, JULES, MD
Lakewood, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

**Proveedores de servicios de salud
mental**

Para obtener una lista de los

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

FAMILY CARE SPECIALISTS IPA

PCPs/Médicos de atención primaria (PCP)

Urgent Care Centers

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Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

Internal Medicine

MONTES, JUAN, MD ♂*

ID No. 100078246149
13820 SAN ANTONIO DR
NORWALK, CA 90650
(562) 944-2181

Languages: Hindi, Mandarin, Spanish

MONTES, JUAN, MD ♂

ID No. 100078246019
11822 FLORAL DR
Whittier, CA 90601
(562) 908-4355

Languages: Hindi, Mandarin, Spanish

Specialty

Physicians/Médicos especialistas

Certified Nurse Practitioner

KOTANJIAN, CELINA, NP
Whittier, CA

Macasaet, Monique, NP
Whittier, CA

VEGA, MARIA, NP
Whittier, CA

Hematology / Oncology

BASERI, BABAK, MD
Downey, CA

Chand, Arati Rani, MD
Downey, CA

HUANG, DANIEL, MD
Downey, CA

RUPANI, RAVIN, MD
Downey, CA

Oncology Medical

NOBILE, LUCIO, MD
San Pedro, CA

Physicians Assistant

DO, AMY, PA
Norwalk, CA

OCAMPO, PAYAL, PA
Whittier, CA

Registered Dietitian / Nutritionist

Giertych, Samantha, RD
Whittier, CA

Urology

PERLEY, JULES, MD
Lakewood, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

♂=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.
/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

Family Practice

HOANG, KHANG, DO ®

ID No. 100053887023
3331 E Artesia Blvd
Long Beach, CA 90805
(562) 470-7312

Languages: Spanish, Tagalog, Vietnamese

Internal Medicine

GANDHI, AMY, MD ®

ID No. 100366480053
1066 ATLANTIC AVE # B
LONG BEACH, CA 90813
(562) 528-8447

Languages: Gujarati, Spanish

LERNO, LAWRENCE, MD ®

ID No. 100346577036
1510 E 7th St
LONG BEACH, CA 90813
(562) 590-9800

Languages: Gujarati, Hindi, Spanish
Teleservice

Specialty Physicians/Médicos especialistas

Allergy Immunology

NGUYEN, ROGER, MD

Downey, CA

Dermatology

NAMI, NAVID, DO

Downey, CA

Ophthalmology

GASPERINI, JULIE, MD

Long Beach, CA

JOTTERAND, VERONIQUE, MD

Long Beach, CA

NGUYEN, RANDALL, MD

Long Beach, CA

PATEL, HARSHAD, MD

Long Beach, CA

ROH, MICHAEL, MD

Long Beach, CA

Pediatric Cardiology

AHDOOT, JOSEPH, MD

Downey, CA*
Lakewood, CA
Long Beach, CA

Pediatric Gastroenterology

KUMAR, ANJULI, MD

Long Beach, CA

LIN, MALINDA, MD

Long Beach, CA

Pediatrics

STEINMETZ, BARRY, MD

Long Beach, CA

TRAN, ROBERT, MD

Long Beach, CA
Long Beach, CA

Surgery Thoracic

GREWAL, NAVROSE, MD

Lakewood, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

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Facey Medical Foundation Burbank MAPD

Specialty Physicians/Médicos especialistas

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

Specialty Physicians/Médicos especialistas

Ophthalmology

Alasil, Tarek, MD

Long Beach, CA
San Pedro, CA

DAVIS, MICHAEL, MD

Downey, CA

Optometrist

DANG, JENNIFER, OD

Downey, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

**Specialty
Physicians/Médicos
especialistas**

Ophthalmology

Alasil, Tarek, MD
Downey, CA

DAVIS, MICHAEL, MD
Downey, CA

Optometrist

DANG, JENNIFER, OD
Downey, CA

LEE, JULIANE, OD
Long Beach, CA

SCOTT, JEFFREY, OD
Downey, CA

***Registered Physical
Therapist***

Amini, Nazanin, PT
Long Beach, CA

Barbhaya, Urvashi, PT
Long Beach, CA

COSTELLO, MARK, PT
Long Beach, CA

Dykstra Ordanes, Leslie, PT
Long Beach, CA

JACOBSON, PHILIP, PT
Long Beach, CA

NOORAFROUZ, AZAR, PT
Long Beach, CA

SAENZ, JISEL, PT
Long Beach, CA

Tan, Karlu, PT
Long Beach, CA

Villani, Maria, PT
Long Beach, CA

YEE, RICHARD, PT
Long Beach, CA

Speech Pathologist

Clark, Diana, MA
Long Beach, CA

Fallon, David, MA
Long Beach, CA

**GONZALES ESTRADA,
JOVANY, SP**
Long Beach, CA

GONZALEZ, JENNIFER, SP
Cerritos, CA

GOSSETT, GRETCHEN, SP
Long Beach, CA

Irizarry Torres, Carlos, MA
Long Beach, CA

LEDEE LOZADA, LESLIE, MA
Long Beach, CA

MEJIA, DAISY, MA
Long Beach, CA

RAMIREZ, MEGAN, MA
Long Beach, CA

Rotundo, Illena, MA
Long Beach, CA

Stewart, Camille, MA
Long Beach, CA

WALTERS, CATHRINE, MA
Long Beach, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

**Proveedores de servicios de salud
mental**

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

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Facey Medical Foundation Santa Clarita MAPD

Specialty Physicians/Médicos especialistas

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

Specialty Physicians/Médicos especialistas

Maternal and Fetal Medicine

TAFTI, SANAZ, MD
Long Beach, CA

Registered Physical Therapist

SAENZ, JISEL, PT
Long Beach, CA

Tan, Karlu, PT
Long Beach, CA

Speech Pathologist

GONZALEZ, JENNIFER, SP
Cerritos, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.
/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

**Specialty
Physicians/Médicos
especialistas**

Hematology / Oncology

Lazo, Nelly, MD
Lakewood, CA

Radiology Diagnostic X-ray

Saleh, Omar, MD
Whittier, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

**Proveedores de servicios de salud
mental**

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

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GNP - Newport Beach

Affiliated Hospitals/Hospitales afiliados

Affiliated Hospitals/Hospitales afiliados

LONG BEACH MEMORIAL MED CTR

2801 ATLANTIC AVE # 228
Long Beach, CA 90806

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

Specialty Physicians/Médicos especialistas

Allergy Immunology

MELTZER, STEVEN, MD
Long Beach, CA

Anesthesiology Pain Management

HARRIS, MATTHEW, MD
Long Beach, CA

HO, ALAN, MD
Long Beach, CA

MIKHAEL, MEDHAT, MD
Long Beach, CA

Certified Nurse Practitioner

Guidry, Cheryl, NP
Long Beach, CA
Long Beach, CA

Kirk, Jennifer, NP
Long Beach, CA
Long Beach, CA

PEREZ S, ELIA, NP
Long Beach, CA

REYES, ERICSON, NP
Lakewood, CA*

SHERMAN, GARRETT, NP
Long Beach, CA

Yi, Lauren, NP
Lakewood, CA

Dermatology

KWAK, YOUNG, MD
Long Beach, CA

Endocrinology Metabolism Diabetes

Mohtasebi, Yasaman, MD
Long Beach, CA

Family Practice Sports Medicine

SNODGRASS, JOSHUA, MD
Long Beach, CA

Gastroenterology

Saliminejad, Mehrdad, MD
Lakewood, CA
Long Beach, CA
Long Beach, CA

Interventional Cardiology

DANON, SAAR, MD
Long Beach, CA

Nephrology

BUI, ANTIEM, DO
Lakewood, CA

Neurology Child

WEHBI, ELIAS, MD
Long Beach, CA

Neurology

Maasumi, Kasra, MD
Long Beach, CA

Obstetrics / Gynecology

DEVIN, KIRSTEN, MD
Long Beach, CA

Devera, Ruthann, MD
Long Beach, CA

FEIGAL, CHRISTINE, MD
Long Beach, CA

KARM, DEBORAH, MD
Long Beach, CA

Kiernan, Mary Louise, MD
Long Beach, CA

Ⓐ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Livingston, Briana, MD
Long Beach, CA

Sullivan, Cassidy, MD
Long Beach, CA

Vo, Elise, MD
Long Beach, CA

Ophthalmology

Brookman, Myles, MD
Long Beach, CA

JOTTERAND, VERONIQUE, MD
Long Beach, CA

KIM, JANET, MD
Long Beach, CA

LOGAN, DWAYNE, MD
Long Beach, CA

PATEL, HARSHAD, MD
Long Beach, CA

Optometrist

GRATTAN, ANNE, OD
Long Beach, CA

HUYNH, ANTHONY, OD
Long Beach, CA

Le, Huong, OD
Long Beach, CA

TRAN, MAILAN, OD
Long Beach, CA

Otolaryngology / Otology / Laryngology / Rhinology

WILLNER, AYAL, MD
Long Beach, CA

YOSHPE, NINA, MD
Long Beach, CA

Otolaryngology

SCHWARTZ, MARISSA, MD
Long Beach, CA

Pediatric Cardiology

CHUN, DAVID, MD
Long Beach, CA

Rahimi, Mohammad, MD
Long Beach, CA

Pediatric Endocrinology

BRAKIN, MARIO, MD
Long Beach, CA

NAGPALA, PABLITO, MD
Long Beach, CA

Pediatric Gastroenterology

KUMAR, ANJULI, MD
Long Beach, CA

MEHRA, MINI, MD
Long Beach, CA

STEINMETZ, BARRY, MD
Long Beach, CA

TRAN, ROBERT, MD
Long Beach, CA

Pediatric Infectious Diseases

BATRA, JAGMOHAN, MD
Long Beach, CA

CHEN, TEMPE, MD
Long Beach, CA

DEVEIKIS, AUDRA, MD
Long Beach, CA

MICHALIK, DAVID, DO
Long Beach, CA

Pediatric Orthopedics

ACOSTA, ANNA, MD
Long Beach, CA

CHANG, EMORY, MD
Long Beach, CA

CUNNINGHAM, TORIN, MD
Long Beach, CA

Hahn, Peter, MD
Long Beach, CA
Long Beach, CA

Pediatric Surgery Orthopedic

HUH, KENNETH, MD
Long Beach, CA

Physical Medicine / Rehabilitation

LEE, SUJIN, MD
Long Beach, CA

POURADIB, AMIR, MD
Long Beach, CA

Wong, Ashley, DO
Long Beach, CA

Physicians Assistant

RENE DE COTRET, CRYSTAL, PA
Long Beach, CA

TURNER, WILLIAM, PA
Long Beach, CA

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* Indica que el médico acepta únicamente pacientes actuales.

GNP - Newport Beach, continued/continuación

Specialty Physicians/Médicos especialistas

Vuu, Donna, PA
Downey, CA

CHIU, RYAN, MD
Long Beach, CA

WORTHINGTON, TIFFANY, PA
Long Beach, CA

JOYO, COLIN, MD
Long Beach, CA

Podiatrist

KHOYNEZHAD, ALI, MD
Long Beach, CA

AUGUSTUS, KAZUTO, DPM
Long Beach, CA

SAKWA, MARC, MD
Long Beach, CA

LEAMING, TROY, DPM
Long Beach, CA

SHUMAN, ROBERT, MD
Long Beach, CA

Pulmonary Diseases

Urology

BHATTACHARYYA, SARATHI, MD
Long Beach, CA

KHOURY, ANTOINE, MD
Long Beach, CA

Radiation Oncology

KABOLIZADEH, PEYMAN, MD
Long Beach, CA

LEE, SHARON, MD
Long Beach, CA

Surgery General

CULLINANE, CAREY, MD
Long Beach, CA

Wolf, Ronald, MD
Long Beach, CA
Long Beach, CA
Long Beach, CA

Surgery Thoracic

ABOLHODA, AMIR, MD
Long Beach, CA

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Urgent Care Centers

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Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

**Specialty
Physicians/Médicos
especialistas**

Allergy Immunology

JIANG, FONDA, MD
Long Beach, CA

MELTZER, STEVEN, MD
Long Beach, CA

***Anesthesiology Pain
Management***

HARRIS, MATTHEW, MD
Long Beach, CA

HO, ALAN, MD
Long Beach, CA

KUO, DENNIS, MD
Long Beach, CA

MIKHAEL, MEDHAT, MD
Long Beach, CA

ZAVAREI, KEYVAN, MD
Long Beach, CA

Cardiology

CAMI, ELVIS, MD
Long Beach, CA - Teleservice

YOON, ANDREW, MD
Long Beach, CA

Certified Nurse Practitioner

**BOYD MORRISON,
SHAWNNA, NP**
Long Beach, CA
Long Beach, CA

CHENG, JANET, NP
Long Beach, CA

Guidry, Cheryl, NP
Long Beach, CA
Long Beach, CA

HA, EUN, NPF
Long Beach, CA

Kirk, Jennifer, NP
Long Beach, CA
Long Beach, CA

PEREZ S, ELIA, NP
Long Beach, CA

REYES, ERICSON, NP
Lakewood, CA*

RODGERS, REBECCA, NP
Long Beach, CA

SHERMAN, GARRETT, NP
Long Beach, CA

Yi, Lauren, NP
Lakewood, CA

Chiropractor

BARDI, FARIBA, DC
Long Beach, CA

Dermatology

FARAHNIK, Benjamin, MD
Long Beach, CA

GLASSBERG, EDWARD, MD
Long Beach, CA

KANE, BRYNA, MD
Long Beach, CA

KUO, SANDY, MD
Long Beach, CA

KWAK, YOUNG, MD
Long Beach, CA

Nguyen, Hong, MD
Long Beach, CA

***Endocrinology Metabolism
Diabetes***

Hosseini, Alireza, MD
Long Beach, CA

Mohtasebi, Yasaman, MD
Long Beach, CA

**VISWANATHAN,
KANCHANA, MD**
Long Beach, CA
Lakewood, CA - Teleservice

***Family Practice Sports
Medicine***

SNODGRASS, JOSHUA, MD
Long Beach, CA

* Indicates accepting current patients only.
* Indica que el médico acepta únicamente pacientes actuales.

GNP-MemorialCare, continued/continuación

Specialty Physicians/Médicos especialistas

Family Practice

KHAN, ELLEXIS, MD
Long Beach, CA

Gastroenterology

GOSHTASBI, SAEID, MD
Long Beach, CA

Huang, Lizhou, MD
Long Beach, CA

Saliminejad, Mehrdad, MD
Lakewood, CA
Long Beach, CA
Long Beach, CA
Long Beach, CA
Long Beach, CA

Hepatology

JAVADI, FARIBA, MD
Lakewood, CA

Hospice and Palliative Medicine

GILLETTE, MARSHALL, MD
Long Beach, CA
Long Beach, CA

Infectious Disease

HEAN, SINDALISA, MD
Long Beach, CA

Lee, Pamela, MD
Long Beach, CA*

SU, HENRY, MD
Long Beach, CA

Interventional Cardiology

DANON, SAAR, MD
Long Beach, CA

Nephrology

BUI, ANTIEM, DO
Lakewood, CA

CHIVANGKUL, CHONLADA, MD
Long Beach, CA

Fischman, Michael, MD
Lakewood, CA

IVATURI, KAUSHIK, MD
Long Beach, CA

PATEL, SAPNA, MD
Long Beach, CA

SEMERJIAN, AVEDIK, MD
Lakewood, CA

Sekhon, Bikram, MD
Lakewood, CA

Neurology

MALUSTE, NEIL, MD
Long Beach, CA

Maasumi, Kasra, MD
Long Beach, CA

Wang, George, MD
Long Beach, CA

Obstetrics / Gynecology

COGAN, MICHAEL, MD
Long Beach, CA

DEVIN, KIRSTEN, MD
Long Beach, CA

Devera, Ruthann, MD
Long Beach, CA

FEIGAL, CHRISTINE, MD
Long Beach, CA

KARM, DEBORAH, MD
Long Beach, CA

Kiernan, Mary Louise, MD
Long Beach, CA

Livingston, Briana, MD
Long Beach, CA

SEHWANI, SUNAINA, MD
Long Beach, CA

Sullivan, Cassidy, MD
Long Beach, CA

Vo, Elise, MD
Long Beach, CA

Ophthalmology

Brookman, Myles, MD
Long Beach, CA

GHAFOURI, ROYA, MD
Long Beach, CA

HERTZOG, LARS, MD
Long Beach, CA

MANCHANDIA, AJAY, MD
Long Beach, CA

MARTINEZ, CARLOS, MD
Long Beach, CA

Moarefi, Majid, MD
Long Beach, CA

Ⓐ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

NGUYEN, RANDALL, MD
Long Beach, CA

PATEL, HARSHAD, MD
Long Beach, CA

Ung, Cindy, MD
Long Beach, CA

Optometrist

GRATTAN, ANNE, OD
Long Beach, CA

SOLTANI, SHEILA, OD
Long Beach, CA

Otolaryngology / Otology / Laryngology / Rhinology

YOSHPE, NINA, MD
Long Beach, CA

Otolaryngology

BERTELSEN, CAITLIN, MD
Long Beach, CA

EAPEN, ROSE, MD
Long Beach, CA

SCHWARTZ, MARISSA, MD
Long Beach, CA

TAN, JESSE, MD
Long Beach, CA

Pediatric Cardiology

CHUN, DAVID, MD
Long Beach, CA

Rahimi, Mohammad, MD
Long Beach, CA

Pediatric Endocrinology

BRAKIN, MARIO, MD
Long Beach, CA

NAGPALA, PABLITO, MD
Long Beach, CA

Pediatric Gastroenterology

KUMAR, ANJULI, MD
Long Beach, CA

MEHRA, MINI, MD
Long Beach, CA

STEINMETZ, BARRY, MD
Long Beach, CA

TRAN, ROBERT, MD
Long Beach, CA

Pediatric Infectious Diseases

BATRA, JAGMOHAN, MD
Long Beach, CA

CHEN, TEMPE, MD
Long Beach, CA

DEVEIKIS, AUDRA, MD
Long Beach, CA

MICHALIK, DAVID, DO
Long Beach, CA

Pediatric Orthopedics

ACOSTA, ANNA, MD
Long Beach, CA

CHANG, EMORY, MD
Long Beach, CA

CUNNINGHAM, TORIN, MD
Long Beach, CA

Hahn, Peter, MD
Long Beach, CA
Long Beach, CA

Pediatric Pulmonology

CHIN, TERRY, MD
Long Beach, CA

Pediatric Surgery Orthopedic

HUH, KENNETH, MD
Long Beach, CA

Physical Medicine / Rehabilitation

ALSHARIF, KAIS, MD
Long Beach, CA

BABARIA, VIVEK, DO
Long Beach, CA

Hilal, Tariq, DO
Long Beach, CA

LEE, SUJIN, MD
Long Beach, CA

POURADIB, AMIR, MD
Long Beach, CA

Wong, Ashley, DO
Long Beach, CA

Physicians Assistant

Janoian, Jason, PA
Lakewood, CA
Long Beach, CA

**RENE DE COTRET,
CRYSTAL, PA**
Long Beach, CA

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

GNP-MemorialCare, continued/continuación

Specialty Physicians/Médicos especialistas

Stone, Zachary, PA

Lakewood, CA
Long Beach, CA

TURNER, WILLIAM, PA

Long Beach, CA

Vergara, Leah, PA

Lakewood, CA
Long Beach, CA

**WORTHINGTON, TIFFANY,
PA**

Long Beach, CA

Podiatrist

ANGAROLA, JEFF, DPM

Long Beach, CA

FOLEY, VICTORIA, DPM

Long Beach, CA

LEAMING, TROY, DPM

Long Beach, CA

**ORNELAS, CONSTANCE,
DPM**

Long Beach, CA

SPAK, WILLIAM, DPM

Long Beach, CA

Pulmonary Diseases

**BHATTACHARYYA,
SARATHI, MD**

Long Beach, CA

Radiation Oncology

CHAN, LINDA, MD

Long Beach, CA

HARSOLIA, ASIF, MD

Long Beach, CA

**KABOLIZADEH, PEYMAN,
MD**

Long Beach, CA

LEE, SHARON, MD

Long Beach, CA

Surgery General Vascular

VARDAYO, JOSEPH, MD

Long Beach, CA

Surgery General

CULLINANE, CAREY, MD

Long Beach, CA

RAYHANABAD, JESSICA, MD

Long Beach, CA

Wolf, Ronald, MD

Long Beach, CA

Long Beach, CA

Long Beach, CA

Surgery Hand Orthopedic

AHN, RICHARD, MD

Lakewood, CA

Long Beach, CA

Surgery Neurological

FARIN, AZADEH, MD

Long Beach, CA

Surgery Orthopedic

COMBS, CHRISTOPHER, MD

Long Beach, CA

Lakewood, CA

ELIAS, RAMY, MD

Lakewood, CA

Long Beach, CA

FARJOODI, PAYAM, MD

Lakewood, CA

WASSEF, ANDREW, MD

Lakewood, CA

Long Beach, CA

Surgery Thoracic

ABOLHODA, AMIR, MD

Long Beach, CA

ALTSHULER, JEFFREY, MD

Long Beach, CA

JOYO, COLIN, MD

Long Beach, CA

KHOYNEZHAD, ALI, MD

Long Beach, CA

SAKWA, MARC, MD

Long Beach, CA

SHUMAN, ROBERT, MD

Long Beach, CA

Urology

KHOURY, ANTOINE, MD

Long Beach, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

Ⓐ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

**Affiliated
Hospitals/Hospitales
afiliados**

**LONG BEACH MEMORIAL
MED CTR**
2801 ATLANTIC AVE # 228
Long Beach, CA 90806

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

**PCPs/Médicos de atención
primaria (PCP)**

Family Practice

AMADOR, ELLEN, DO ☎
ID No. 100087763007
1760 TERMINO AVE STE 222
Long Beach, CA 90804
(562) 498-0029
Languages: Spanish, Tagalog
Contract terminated as of
10/31/2022

CONSTANTINO, LOIDA, MD ☎
ID No. 100095454005
1777 N BELLFLOWER BLVD
STE 104
Long Beach, CA 90815
(562) 961-8820
Languages: Spanish, Tagalog

GUERRERO, DAVID, MD ☎
ID No. 100087956040
3815 ATLANTIC AVE # 3
LONG BEACH, CA 90807
(562) 426-9482
Languages: Spanish

LEE, CHRISTINA, MD ☎
ID No. 100099123037
817 ATLANTIC AVE
LONG BEACH, CA 90813
(562) 591-6890
*Languages: Cambodian,
Mandarin, Spanish*
Teleservice

MANOS, ANDREW, MD ☎
ID No. 100083638004
1760 TERMINO AVE STE 222
Long Beach, CA 90804
(562) 498-0029
Languages: Greek, Spanish
Contract terminated as of
10/31/2022

Internal Medicine

CHAUDHARY, ARCHNA, MD ☎
ID No. 100109300017
4401 ATLANTIC AVE # 202
LONG BEACH, CA 90807
(562) 988-2777
Languages: Hindi, Tamil

JACKSON, ROZALIE, MD ☎
ID No. 100059694027
1777 N BELLFLOWER BLVD #
210
LONG BEACH, CA 90815
(562) 986-1450
Languages: Spanish
Contract terminated as of
10/31/2022

LEE, RICHARD, MD ☎
ID No. 100082875038
5981 ATLANTIC AVE
Long Beach, CA 90805
(562) 423-1424
*Languages: Chinese, Korean,
Mandarin*

LUGLIANI, ROBERT, MD ☎
ID No. 100006335010
1045 ATLANTIC AVE STE 902
Long Beach, CA 90813
(562) 437-0996
Languages: Italian, Spanish

ROUZROCH, SIAMAK, MD ☎
ID No. 100110083029
1703 TERMINO AVE STE 107
Long Beach, CA 90804
(562) 494-8008
*Languages: Farsi, German,
Spanish*

VICTORIA, RAFAELITO, MD ☎
ID No. 100069827028
10230 ARTESIA BLVD STE 102
Bellflower, CA 90706
(562) 866-1764
Languages: Tagalog

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* Indica que el médico acepta únicamente pacientes actuales.

GNP-MemorialCare Plus, continued/continuación

Specialty Physicians/Médicos especialistas

Specialty **Physicians/Médicos** **especialistas**

Allergy Immunology

JIANG, FONDA, MD
Long Beach, CA

MELTZER, STEVEN, MD
Long Beach, CA

Anesthesiology Pain Management

HARRIS, MATTHEW, MD
Long Beach, CA

HO, ALAN, MD
Long Beach, CA

KUO, DENNIS, MD
Long Beach, CA

MIKHAEL, MEDHAT, MD
Long Beach, CA

ZAVAREI, KEYVAN, MD
Long Beach, CA

Cardiac Electrophysiology

LEE, MARK, MD
Long Beach, CA

Cardiology

CAMI, ELVIS, MD
Long Beach, CA - Teleservice

KAPOOR, NIKHIL, MD
Long Beach, CA

SKLASH, RON, MD
Long Beach, CA

TOBIAS, SERGE, MD
Long Beach, CA

VAN GIESON, HENRY, MD
Long Beach, CA

WAIDER, WINFRIED, MD
Long Beach, CA

YOON, ANDREW, MD
Long Beach, CA

Certified Nurse Practitioner

BOYD MORRISON, SHAWNNA, NP
Long Beach, CA
Long Beach, CA

CHENG, JANET, NP
Long Beach, CA

Guidry, Cheryl, NP
Long Beach, CA
Long Beach, CA

HA, EUN, NPF
Long Beach, CA

Kirk, Jennifer, NP
Long Beach, CA
Long Beach, CA

Malantic, Frances, NP
Long Beach, CA

PEREZ S, ELIA, NP
Long Beach, CA

REYES, ERICSON, NP
Lakewood, CA*

RODGERS, REBECCA, NP
Long Beach, CA

SHERMAN, GARRETT, NP
Long Beach, CA

Yi, Lauren, NP
Lakewood, CA

Chiropractor

BARDI, FARIBA, DC
Long Beach, CA

Dermatology

FARAHNIK, Benjamin, MD
Long Beach, CA

GLASSBERG, EDWARD, MD
Long Beach, CA

KANE, BRYNA, MD
Long Beach, CA

KUO, SANDY, MD
Long Beach, CA

KWAK, YOUNG, MD
Long Beach, CA

Nguyen, Hong, MD
Long Beach, CA

Skupsky, Hadas, MD
Long Beach, CA

Endocrinology Metabolism Diabetes

ENG, STEVEN, MD
Lakewood, CA

Hosseini, Alireza, MD
Long Beach, CA

Mohtasebi, Yasaman, MD
Long Beach, CA

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

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TABRIZI, MOHSEN, MD
Lakewood, CA

**VISWANATHAN,
KANCHANA, MD**
Long Beach, CA
Lakewood, CA - Teleservice

***Family Practice Sports
Medicine***

SNODGRASS, JOSHUA, MD
Long Beach, CA

Family Practice

KHAN, ELLEXIS, MD
Long Beach, CA

Gastroenterology

GOSHTASBI, SAEID, MD
Long Beach, CA

Huang, Lizhou, MD
Long Beach, CA

Saliminejad, Mehrdad, MD
Lakewood, CA
Long Beach, CA
Long Beach, CA
Long Beach, CA
Long Beach, CA

Hematology / Oncology

BLITZER, JONATHAN, MD
Long Beach, CA

SHETH, MILAN, MD
Long Beach, CA

VORA, NILESH, MD
Long Beach, CA

Hepatology

JAVADI, FARIBA, MD
Lakewood, CA

***Hospice and Palliative
Medicine***

GILLETTE, MARSHALL, MD
Long Beach, CA
Long Beach, CA

Infectious Disease

HEAN, SINDALISA, MD
Long Beach, CA

Lee, Pamela, MD
Long Beach, CA*

SU, HENRY, MD
Long Beach, CA

***Internal Medicine Critical
Care Medicine***

ALI, NAYYER, MD
Long Beach, CA

Interventional Cardiology

DANON, SAAR, MD
Long Beach, CA

Nephrology

BUI, ANTIEM, DO
Lakewood, CA

**CHIVANGKUL, CHONLADA,
MD**
Long Beach, CA

Fischman, Michael, MD
Lakewood, CA

IVATURI, KAUSHIK, MD
Long Beach, CA

PATEL, SAPNA, MD
Long Beach, CA

SEMERJIAN, AVEDIK, MD
Lakewood, CA

Sekhon, Bikram, MD
Lakewood, CA

Neurology

COHEN, ALAN, MD
Long Beach, CA

MALUSTE, NEIL, MD
Long Beach, CA

Maasumi, Kasra, MD
Long Beach, CA

OMIDVAR, OMID, MD
Long Beach, CA

PATEL, NIRAV, MD
Long Beach, CA

RAMEZAN-ARAB, NIMA, MD
Long Beach, CA

THOMPSON, MICHAEL, MD
Long Beach, CA

Wang, George, MD
Long Beach, CA

Obstetrics / Gynecology

COGAN, MICHAEL, MD
Long Beach, CA

DEVIN, KIRSTEN, MD
Long Beach, CA

* Indicates accepting current patients only.

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GNP-MemorialCare Plus, continued/continuación

Specialty Physicians/Médicos especialistas

Devera, Ruthann, MD
Long Beach, CA

FEIGAL, CHRISTINE, MD
Long Beach, CA

KARM, DEBORAH, MD
Long Beach, CA

Kiernan, Mary Louise, MD
Long Beach, CA

Livingston, Briana, MD
Long Beach, CA

SEHWANI, SUNAINA, MD
Long Beach, CA

Sullivan, Cassidy, MD
Long Beach, CA

Vo, Elise, MD
Long Beach, CA

Ophthalmology

Brookman, Myles, MD
Long Beach, CA

GHAFOURI, ROYA, MD
Long Beach, CA

HERTZOG, LARS, MD
Long Beach, CA

MANCHANDIA, AJAY, MD
Long Beach, CA

MARTINEZ, CARLOS, MD
Long Beach, CA

Moarefi, Majid, MD
Long Beach, CA

NGUYEN, RANDALL, MD
Long Beach, CA

PATEL, HARSHAD, MD
Long Beach, CA

Ung, Cindy, MD
Long Beach, CA

Optometrist

GRATTAN, ANNE, OD
Downey, CA
Long Beach, CA
San Pedro, CA

SOLTANI, SHEILA, OD
Long Beach, CA

TRAN, MAILAN, OD
Long Beach, CA

Otolaryngology / Otology / Laryngology / Rhinology

YOSHPE, NINA, MD
Long Beach, CA

Otolaryngology

BERTELSEN, CAITLIN, MD
Long Beach, CA

EAPEN, ROSE, MD
Long Beach, CA

SCHWARTZ, MARISSA, MD
Long Beach, CA

TAN, JESSE, MD
Long Beach, CA

Pediatric Cardiology

CHUN, DAVID, MD
Long Beach, CA

Rahimi, Mohammad, MD
Long Beach, CA

Pediatric Endocrinology

BRAKIN, MARIO, MD
Long Beach, CA

NAGPALA, PABLITO, MD
Long Beach, CA

Pediatric Gastroenterology

KUMAR, ANJULI, MD
Long Beach, CA

MEHRA, MINI, MD
Long Beach, CA

STEINMETZ, BARRY, MD
Long Beach, CA

TRAN, ROBERT, MD
Long Beach, CA

Pediatric Infectious Diseases

BATRA, JAGMOHAN, MD
Long Beach, CA

CHEN, TEMPE, MD
Long Beach, CA

DEVEIKIS, AUDRA, MD
Long Beach, CA

MICHALIK, DAVID, DO
Long Beach, CA

Pediatric Orthopedics

ACOSTA, ANNA, MD
Long Beach, CA

CHANG, EMORY, MD
Long Beach, CA

CUNNINGHAM, TORIN, MD
Long Beach, CA

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Hahn, Peter, MD

Long Beach, CA

Long Beach, CA

Pediatric Surgery Orthopedic**HUH, KENNETH, MD**

Long Beach, CA

***Physical Medicine /
Rehabilitation*****ALSHARIF, KAIS, MD**

Long Beach, CA

BABARIA, VIVEK, DO

Long Beach, CA

Hilal, Tariq, DO

Long Beach, CA

LEE, SUJIN, MD

Long Beach, CA

POURADIB, AMIR, MD

Long Beach, CA

Wong, Ashley, DO

Long Beach, CA

Physicians Assistant**Chang, Veronica, PA**

Long Beach, CA

Janoian, Jason, PA

Lakewood, CA

Long Beach, CA

RENE DE COTRET,**CRYSTAL, PA**

Long Beach, CA

**SKINNER-RILEY, MARJORIE,
PA**

Norwalk, CA

Stone, Zachary, PA

Lakewood, CA

Long Beach, CA

TURNER, WILLIAM, PA

Long Beach, CA

**WORTHINGTON, TIFFANY,
PA**

Long Beach, CA

Podiatrist**ANGAROLA, JEFF, DPM**

Long Beach, CA

FOLEY, VICTORIA, DPM

Long Beach, CA

LEAMING, TROY, DPM

Long Beach, CA

**ORNELAS, CONSTANCE,
DPM**

Long Beach, CA

SPAK, WILLIAM, DPM

Long Beach, CA

Pulmonary Diseases**BELTRAN, ANTONIO, MD**

Long Beach, CA

LUGLIANI, ROBERT, MD

Long Beach, CA

TANIOS, MAGED, MD

Long Beach, CA

Radiation Oncology**CHAN, LINDA, MD**

Long Beach, CA

HARSOLIA, ASIF, MD

Long Beach, CA

**KABOLIZADEH, PEYMAN,
MD**

Long Beach, CA

LEE, SHARON, MD

Long Beach, CA

Rheumatology**GOMEZ, OLIVIA, MD**

Lakewood, CA

HUSSAINI, NOREEN, MD

Long Beach, CA

Surgery Cardiovascular**MURPHY, CHARLES, MD**

Long Beach, CA

SETTY, SHAUN, MD

Long Beach, CA

Surgery General Vascular**VARDAYO, JOSEPH, MD**

Long Beach, CA

Surgery General**CULLINANE, CAREY, MD**

Long Beach, CA

EDRICH, LESLIE, MD

Long Beach, CA

RAYHANABAD, JESSICA, MD

Long Beach, CA

Wolf, Ronald, MD

Long Beach, CA

Long Beach, CA

Long Beach, CA

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* Indica que el médico acepta únicamente pacientes actuales.

GNP-MemorialCare Plus, continued/continuación

Specialty Physicians/Médicos especialistas

Surgery Hand Orthopedic

AHN, RICHARD, MD

Lakewood, CA

Long Beach, CA

KHOYNEZHAD, ALI, MD

Long Beach, CA

SAKWA, MARC, MD

Long Beach, CA

Surgery Neurological

FARIN, AZADEH, MD

Long Beach, CA

SHUMAN, ROBERT, MD

Long Beach, CA

Urology

Surgery Orthopedic

COMBS, CHRISTOPHER, MD

Long Beach, CA

Lakewood, CA

CHOI, JUDY, MD

Long Beach, CA

KHOURY, ANTOINE, MD

Long Beach, CA

ELIAS, RAMY, MD

Lakewood, CA

Long Beach, CA

WACHS, BARTON, MD

Long Beach, CA

FARJOODI, PAYAM, MD

Lakewood, CA

WEHBI, ELIAS, MD

Long Beach, CA

KIM, WILLIAM, MD

Long Beach, CA

WASSEF, ANDREW, MD

Lakewood, CA

Long Beach, CA

Surgery Plastic

Waltzman, Joshua, MD

Long Beach, CA

Surgery Thoracic

ABOLHODA, AMIR, MD

Long Beach, CA

ALTSHULER, JEFFREY, MD

Long Beach, CA

JOYO, COLIN, MD

Long Beach, CA

Ⓐ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

Family Practice

TRAN, ALEX, MD

ID No. 100099441028
11822 FLORAL DR
Whittier, CA 90601
(562) 908-4355

Languages: Spanish, Vietnamese
Teleservice

Internal Medicine

MONTES, JUAN, MD

ID No. 100078246010
11822 FLORAL DR
Whittier, CA 90601
(562) 908-4355

Languages: Hindi, Mandarin, Spanish

ZAMBRANO, OSCAR, MD

ID No. 100007264024
6513 Atlantic Ave
BELL, CA 90201
(323) 581-1649
Languages: Italian, Spanish
Teleservice

Specialty

Physicians/Médicos especialistas

Cardiology

ZAMBRANO, OSCAR, MD

Bell, CA - Teleservice

Certified Nurse Practitioner

Lemus, Maria, NP

Bell, CA

Gynecologic Oncology

ATAMDEDE, FIKRET, MD

Long Beach, CA

Pediatric Cardiology

BURKE, LENNIS, MD

Downey, CA

HO, JOHN, MD

Downey, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud

mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

* Indicates accepting current patients only.

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HEALTHCARE L AINC

PCPs/Médicos de atención primaria (PCP)

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

Family Practice

ASHFAQ, ROBILA, MD ⑥

ID No. 100046150024
12360 FIRESTONE BLVD
Norwalk, CA 90650
(562) 867-7999
Languages: Hindi, Urdu

BELLAS, PATRICIA, MD ⑥*

ID No. 100037796011
455 E COLUMBIA ST # 201
LONG BEACH, CA 90806
(844) 822-4646
Languages: Spanish

Craemer, Elana, MD ⑥

ID No. 100243685020
2125 SANTA FE AVE
LONG BEACH, CA 90810
(844) 822-4646
Languages: Spanish

ENCINA, ALBERTO, MD ④

ID No. 100038430006
5190 ATLANTIC AVE
LONG BEACH, CA 90805
(818) 654-3887
Languages: Spanish, Tagalog

Figuerola Aragon, Sergio, MD ④

ID No. 100324725005
7910 ATLANTIC AVE # M
Cudahy, CA 90201
(323) 908-4200
Languages: Spanish
Teleservice

GARCIA, MARCO, MD ④

ID No. 100084300005
1009 N Avalon Blvd
WILMINGTON, CA 90744
(310) 549-5760
Languages: Spanish

HUCKABAY, CHRISTINA, MD

⑥
ID No. 100135196005
1060 E 70TH ST
Long Beach, CA 90805
(844) 822-4646
Languages: Armenian, Spanish

KRAFT, JUDITH, MD ⑥*

ID No. 100026202005
1009 N AVALON BLVD
WILMINGTON, CA 90744
(310) 549-5790
Languages: Spanish

KREIDL, RENEE, MD ⑥

ID No. 100383451002
2360 PACIFIC AVE
LONG BEACH, CA 90806
(844) 822-4646

KUMAR, NEELIMA, MD ⑥

ID No. 100178323002
12360 FIRESTONE BLVD
Norwalk, CA 90650
(562) 867-7999
Languages: Hindi, Spanish

LEVIN, CAROLYN, MD ⑥*

ID No. 100379068002
1043 ELM AVE # 302
LONG BEACH, CA 90813
(562) 247-7740
Languages: Spanish

LE, PHILLIP, MD ④

ID No. 100038580013
8530 Firestone Blvd
DOWNEY, CA 90241
(562) 867-7999
Languages: Vietnamese

LUSK, CALEB, MD ④

ID No. 100387992002
593 W 6TH ST
SAN PEDRO, CA 90731
(310) 547-0202

MATA, FRANCISCA, MD ⑥*

ID No. 100378982002
1043 ELM AVE # 302
LONG BEACH, CA 90813
(562) 247-7740

METZGER, KEVIN, DO ④

ID No. 100001717009
425 S PACIFIC AVE
SAN PEDRO, CA 90731
(310) 547-0202

METZGER, KEVIN, DO ④

ID No. 100001717008
593 W 6TH ST
SAN PEDRO, CA 90731
(310) 547-0202

④=LeapFrog

⑥=Female/Mujer ④=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.
/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

MIOTTO, GABRIELLA, MD ☎

ID No. 100082430007
455 E COLUMBIA ST ste 201
Long Beach, CA 90806
(844) 822-4646
Languages: French, Italian, Spanish

MOGILEVSKY, NATALY, DO ☎

ID No. 100145138007
17660 LAKEWOOD BLVD
Bellflower, CA 90706
(844) 822-4646
Languages: Russian, Spanish

NAIDU, SABITA, MD ☎

ID No. 100194306003
12360 FIRESTONE BLVD
Norwalk, CA 90650
(562) 867-7999

NGUYEN, LISA, DO ☎*

ID No. 100378916004
6501 GARFIELD AVE
BELL GARDENS, CA 90201
(562) 928-9600

NGUYEN, RYAN, DO ☎

ID No. 100048768013
2360 PACIFIC AVE
Long Beach, CA 90806
(844) 822-4646
Languages: Vietnamese

Navar, Lucia, MD ☎

ID No. 100281695004
455 E COLUMBIA ST # 206
LONG BEACH, CA 90806
(844) 822-4646
Languages: Spanish

Navar, Lucia, MD ☎

ID No. 100281695002
455 E COLUMBIA ST # 201
LONG BEACH, CA 90806
(844) 822-4646
Languages: Spanish

PATEL, KAREN, DO ☎

ID No. 100343549004
12360 Firestone Blvd
Norwalk, CA 90650
(562) 867-7999
Languages: Armenian Teleservice

PEREZ, JOSE, MD ☎

ID No. 100076529037
7910 ATLANTIC AVE # M
Cudahy, CA 90201
(323) 908-4200
Languages: Spanish

SLACK, CARYN, MD ☎

ID No. 100335169007
1574 LINDEN AVE
LONG BEACH, CA 90813
(844) 822-4646
Languages: French, Spanish

TSAL, JACK, MD ☎

ID No. 100195589010
2125 SANTA FE AVE
LONG BEACH, CA 90810
(844) 822-4646
Languages: Mandarin, Spanish

TSAL, JACK, MD ☎

ID No. 100195589006
455 E COLUMBIA ST # 201
LONG BEACH, CA 90806
(844) 822-4646
Languages: Mandarin, Spanish

TSAL, JACK, MD ☎

ID No. 100195589011
2000 SAN GABRIEL AVE
LONG BEACH, CA 90810
(844) 822-4646
Languages: Mandarin, Spanish

TSAL, JACK, MD ☎

ID No. 100195589003
1301 W 12TH ST
Long Beach, CA 90813
(844) 822-4646
Languages: Mandarin, Spanish

VESCOVO, GINA, MD ☎

ID No. 100080061007
1057 PINE AVE
Long Beach, CA 90813
(844) 822-4646
Languages: Spanish

WRIGHT, KIWAN, DO ☎

ID No. 100390616002
2000 SAN GABRIEL AVE
LONG BEACH, CA 90810
(844) 822-4646

YEH, PETER, MD ☎

ID No. 100023700010
1900 ATLANTIC AVE
LONG BEACH, CA 90806
(844) 822-4646
Languages: Mandarin, Spanish

General Practice

ALEXANDRE, LUCIEN, MD ☎

ID No. 100147491005
6912 AJAX AVE
BELL GARDENS, CA 90201
(562) 867-7999
Languages: Spanish

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

HEALTHCARE L AINC, continued/continuación

PCPs/Médicos de atención primaria (PCP)

PETKAR, MADHURI, MD ⑥

ID No. 100091252004
6501 GARFIELD AVE
Bell Gardens, CA 90201
(562) 928-9600
Languages: Hindi, Marathi, Spanish
Teleservice

Internal Medicine

CERVANTES, NICOLE, MD ⑥

ID No. 100368142002
8530 Firestone Blvd
Downey, CA 90241
(562) 867-7999
Languages: Spanish

CHOHLAS-WOOD, REBECCA, MD ⑥

ID No. 100374760005
6912 AJAX AVE
BELL GARDENS, CA 90201
(562) 867-7999
Languages: Spanish

CHUN, SOPHIA, MD ⑥*

ID No. 100067922011
12113 WOODRUFF AVE
DOWNEY, CA 90241
(562) 928-9600
Languages: Hindi, Korean, Mandarin

DE VENTE, JEROME, MD ④*

ID No. 100031601007
1043 ELM AVE # 302
LONG BEACH, CA 90813
(562) 247-7740
Languages: Spanish

ILUORE, UDUAK, MD ⑥

ID No. 100138987006
455 E COLUMBIA ST # 201
Long Beach, CA 90806
(844) 822-4646
Teleservice

MERRILL, WAYMAN, MD ④*

ID No. 100200394004
1009 N Avalon Blvd
WILMINGTON, CA 90744
(310) 549-5760
Languages: Spanish

MILLIN, FRANKLIN, MD ④

ID No. 100104350010
1900 Atlantic Ave
Long Beach, CA 90806
(562) 277-9405
Languages: Khmer, Spanish, Tagalog
Teleservice

ROUZROCH, SIAMAK, MD ④*

ID No. 100110083058
455 E COLUMBIA ST # 201
LONG BEACH, CA 90806
(844) 822-4647
Languages: Farsi, German, Spanish

Pediatrics

EZZAT, SARAH, MD ⑥

ID No. 100338047004
1060 E 70th St
Long Beach, CA 90805
(844) 822-4646
Languages: Arabic, Spanish

EZZAT, SARAH, MD ⑥

ID No. 100338047005
455 E COLUMBIA ST # 201
Long Beach, CA 90806
(844) 822-4646
Languages: Arabic, Spanish

LE, TO LAN, MD ⑥

ID No. 100078176005
8530 Firestone Blvd
Downey, CA 90241
(562) 867-7999
Languages: Spanish, Vietnamese

Specialty Physicians/Médicos especialistas

Allergy Immunology

KIM, KENNETH, MD
Long Beach, CA

TRIVEDI, ANAND, MD
Norwalk, CA

TRIVEDI, DIVYANG, MD
Norwalk, CA

Anesthesiology Pain Management

BUSTOS, JERROLD, MD
Paramount, CA*

Audiologist

BASIL, SHERWIN, MA
Lakewood, CA

Castro, Melissa, MA
Whittier, CA

④=LeapFrog

⑥=Female/Mujer ④=Male/Hombre

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/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Cardiac Electrophysiology

SINGH, ANANTJIT, MD
Downey, CA

Cardiology

APPLEBY, STEVEN, MD
Long Beach, CA

FARAH, AMIN, MD
Downey, CA - Teleservice

HOANG, KHIET, MD
Long Beach, CA - Teleservice
Long Beach, CA

NGUYEN, MINH, MD
Long Beach, CA

Prasad, Aditya, MD
Long Beach, CA

RUELAZ, ROBERT, MD
Norwalk, CA

SINGH, AMRIT, MD
Downey, CA

Weiss, Jamie, MD
Downey, CA - Teleservice

YOON, ANDREW, MD
Long Beach, CA - Teleservice
Long Beach, CA

Cardiovascular Disease

CAMI, ELVIS, MD
Long Beach, CA - Teleservice

Certified Nurse Practitioner

ABRAHAM, ANN, NP
Long Beach, CA

AGUILAR, HEIDI, NP
Long Beach, CA

ANTHONY, KAY, NP
Long Beach, CA

BERTAIO, TERESA, NP
Norwalk, CA - Teleservice

Barrio Gonzalez, Marvelys, NP
Long Beach, CA*

Binas, Ma Jasmin, NP
Bell Gardens, CA

Blair, Jessica, NP
Long Beach, CA

Borromeo, Josephine, NP
San Pedro, CA

CHAVEZ, ROXANNE, NP
Downey, CA - Teleservice

CHIM, VANDARA, NP
Long Beach, CA - Teleservice

Crosbie, Erin, NP
Long Beach, CA

DESSER, EVELYN, NP
San Pedro, CA
San Pedro, CA

DEWYN, GAIL, NP
Bellflower, CA*
Contract Term. as of 10/31/2022
Long Beach, CA*
Contract Term. as of 10/31/2022
Long Beach, CA*
Contract Term. as of 10/31/2022

GALVEZ, GUILLERMO, NP
Bell Gardens, CA

HALILI, PATRICK, NP
Long Beach, CA

JOHNSON, LISA, NP
Downey, CA

Kree Manimbo, Jenny, NP
Long Beach, CA
Long Beach, CA

LUC, CHAN, NP
Bell Gardens, CA

MANALO, BERNADETTE, NP
Bell Gardens, CA
Hawaiian Gardens, CA

Mah, Stacey, NP
Bell Gardens, CA

OBAFEMI, OLOLADE, NP
Long Beach, CA

SANTOS, MAXIMO, NP
Long Beach, CA

SCARIA, MEBI, NP
Bellflower, CA - Teleservice

TJOA, REX, NP
Long Beach, CA

UMEH, PEACE, NP
Bellflower, CA

Chiropractor

COLLAZO, DAVID, DC
Santa Fe Springs, CA

Dermatology

CHAPMAN, LANCE, MD
Long Beach, CA

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HEALTHCARE L AINC, continued/continuación

Specialty Physicians/Médicos especialistas

EZRA, NAVID, MD

Downey, CA
Long Beach, CA

Lazzaro, Cynthia, DO

Long Beach, CA

ROSENBERG, FREDRIC, MD

Lakewood, CA

Endocrinology Metabolism Diabetes

Hosseini, Alireza, MD

Long Beach, CA

Mohtasebi, Yasaman, MD

Long Beach, CA

VISWANATHAN, KANCHANA, MD

Long Beach, CA
Lakewood, CA - Teleservice

Family Practice

MASATSUGU, MILES, MD

Long Beach, CA
Long Beach, CA

Gastroenterology

ANYADIKE, CYRIL, MD

Lakewood, CA
Long Beach, CA

FAN, ROBERT, MD

Long Beach, CA

NGUYEN, STEVE, DO

Long Beach, CA

OJURI, ADEBAMBO, MD

Lakewood, CA

SIMMONS, TIMOTHY, MD

Long Beach, CA

Saliminejad, Mehrdad, MD

Long Beach, CA

Genetics Medical

LEDUC, XUANTO, MD

La Mirada, CA

Gynecologic Oncology

SUH, BO, MD

San Pedro, CA
San Pedro, CA

Hematology / Oncology

BASERI, BABAK, MD

Downey, CA

DEO, EKNATH, MD

Long Beach, CA

FREIMANN, JACK, MD

Whittier, CA

GOLSHANI, GOL, MD

Lakewood, CA - Teleservice

LA PORTE, PAUL, MD

Downey, CA

Lazo, Nelly, MD

Downey, CA

MIEL, RUFINA, MD

Downey, CA

Marathe, Omkar, MD

Lakewood, CA - Teleservice

REYNOLDS, THOMAS, MD

Downey, CA

RUPANI, RAVIN, MD

Downey, CA

SHUM, MERRILL, MD

Whittier, CA

Infectious Disease

ALCOULOUMRE SENTENO, MARCIA, MD

Long Beach, CA

CHEN, TEMPE, MD

Long Beach, CA

OJURI, ADEBAMBO, MD

Long Beach, CA

Internal Medicine Critical Care Medicine

ALI, NAYYER, MD

Long Beach, CA

JOHANNES, JIMMY, MD

Long Beach, CA

Internal Medicine

POLANCO, JUAN, MD

Long Beach, CA

ROUZROCH, SIAMAK, MD

Long Beach, CA

Yee, Christopher, MD

Long Beach, CA

Licensed Clinical Social Worker

Amparo, Alejandra, LCSW

San Pedro, CA
San Pedro, CA

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

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Maternal and Fetal Medicine

BEALL, MARIE, MD
Long Beach, CA

CHAN, KENNETH, MD
Long Beach, CA

HAYDON, MICHAEL, MD
Long Beach, CA

MCNULTY, JENNIFER, MD
Long Beach, CA
Whittier, CA - Teleservice

NAGEOTTE, MICHAEL, MD
Long Beach, CA - Teleservice

SACHAR, VIKAS, MD
Downey, CA
Long Beach, CA - Teleservice

SHRIVASTAVA, VINEET, MD
Long Beach, CA
Whittier, CA

TAFTI, SANAZ, MD
Long Beach, CA

Neurology

HIJAZIN, MUNTHAR, MD
Downey, CA

MITRI, ANTOINE, MD
Downey, CA - Teleservice

Obstetrics / Gynecology

ALLADAWI, AYMAN, MD
Downey, CA

AMIDI, FATANEH, MD
Long Beach, CA
Long Beach, CA
Long Beach, CA

BALLAGH, SUSAN, MD
Wilmington, CA - Teleservice

CARDIN, JOHN, MD
Long Beach, CA

DANESHGAR, KOUROSH, MD
Bell Gardens, CA

EMAMIAN, MOHAMMAD, MD
Long Beach, CA
Long Beach, CA

GRABOWSKI, CAROL, MD
Bellflower, CA
Long Beach, CA
Long Beach, CA

HANCOCK, CLIFFORD, MD
Bellflower, CA
Long Beach, CA
Long Beach, CA

Khalifa, Ahmad, MD
Long Beach, CA

MARTINSON, MARSHA, MD
Downey, CA - Teleservice

MIZRAHI, RABIN, MD
Long Beach, CA
Long Beach, CA

MONROE, BENJAMIN, MD
Downey, CA

Masaki, Damon, MD
Long Beach, CA

SOHL, BERTRAM, MD
Long Beach, CA
Long Beach, CA
Wilmington, CA

Oncology Medical

AGAJANIAN, RICHY, MD
Downey, CA

NOBILE, LUCIO, MD
San Pedro, CA

Ophthalmology

Alasil, Tarek, MD
Long Beach, CA
San Pedro, CA

BOECKMANN, JESSICA, MD
Long Beach, CA
Long Beach, CA

CHANG, HEATHER, MD
Cerritos, CA

DAVIS, MICHAEL, MD
Downey, CA

Fong, Alan, MD
Cerritos, CA

GONZALEZ, CASIMIRO, MD
Bell, CA

GOODWIN, LAWRENCE, MD
Norwalk, CA

GRANT-ACQUAH, KWEKU, MD
Long Beach, CA

KHANNA, SANDEEP, MD
Lakewood, CA
Whittier, CA

KIM, JANET, MD
Downey, CA

LEE, JOSEPH, MD
Artesia, CA

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

HEALTHCARE L AINC, continued/continuación

Specialty Physicians/Médicos especialistas

LIN, JOSEPH, MD

Whittier, CA

LIN, KRISTIE, MD

Whittier, CA

MENGHANI, RAVI, MD

Long Beach, CA

PILYUGINA, SVETLANA, MD

Cerritos, CA

Renner, Morgan, MD

Long Beach, CA

SUK, KEVIN, MD

Downey, CA

Salehi-Had, Hani, MD

Downey, CA

UNZUETA, MIGUEL, MD

Bellflower, CA

VERMA, ROHAN, MD

Whittier, CA

Optometrist

Chew, Wesley, OD

Long Beach, CA

NGUYEN, THY, OD

San Pedro, CA

PETERS, RICHARD, OD

Wilmington, CA

TESHIMA, DONALD, OD

Long Beach, CA

TRAN, MAILAN, OD

Long Beach, CA

Wong, Sharon, OD

San Pedro, CA

Otolaryngology

WILLNER, AYAL, MD

Long Beach, CA

Pathology Clinical

ARAIN, SHEHLA, MD

Long Beach, CA

Pediatric Cardiology

AHDOOT, JOSEPH, MD

Downey, CA

Long Beach, CA

BURKE, LENNIS, MD

Downey, CA

DE OLIVEIRA, ELIZABETH, MD

Downey, CA

Long Beach, CA

HO, JOHN, MD

Downey, CA

Long Beach, CA

Tran, Susanna, MD

Downey, CA*

Long Beach, CA* - Teleservice

Pediatric Infectious Diseases

CHEN, TEMPE, MD

Long Beach, CA

Long Beach, CA

DEVEIKIS, AUDRA, MD

Long Beach, CA

Long Beach, CA

Pediatric Pulmonology

Yoonessi, Leila, MD

Long Beach, CA

Long Beach, CA - Teleservice

Pediatrics

CHOHLAS-WOOD, REBECCA, MD

Bell Gardens, CA

EZZAT, SARAH, MD

Long Beach, CA

WEHBI, ELIAS, MD

Long Beach, CA

Long Beach, CA

WINKLER, HEIDI, MD

Santa Fe Springs, CA

Physical Medicine / Rehabilitation

MINKOFF, EVAN, DO

Paramount, CA

Physicians Assistant

Flores, Angelina, PA

Bell Gardens, CA - Teleservice

Grell, Yolanda, PA

Wilmington, CA

KHOU, BELINDA, PA

San Pedro, CA

Kelson, Lauren, PA

Long Beach, CA

LLOYD, TASONA, PA

San Pedro, CA - Teleservice

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

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LOPEZ, MARIA, PA
Norwalk, CA

Lopez, Carolina, PA
Bell Gardens, CA

SANTOS, CRISTHIAM, PA
San Pedro, CA

Truong, Madalena, PA
Bell Gardens, CA

de Leon, Robert, PA
Paramount, CA

Podiatrist

GOLSHAN-KHALILI, SAHAND, DPM
Norwalk, CA - Teleservice

HUANG, Kenny, MD
Bell Gardens, CA

WEINGARTEN, NAFTOLI, DPM
Long Beach, CA

Psychiatry Child

KURKJIAN, AZAD, MD
Long Beach, CA

Psychiatry

HARVEY, TRACIE, MD
Long Beach, CA

KURKJIAN, AZAD, MD
Long Beach, CA

Psychologist

BOHORQUEZ, DIANNE, PSYD
San Pedro, CA - Teleservice

ZANDI, ALI, PSYD
Long Beach, CA - Teleservice

Pulmonary Diseases

DATTA, JYOTI, MD
Long Beach, CA

Jiang, Thomas, MD
Long Beach, CA - Teleservice
Long Beach, CA

TANIOS, MAGED, MD
Long Beach, CA

Radiation Oncology

BELL, DAVID, MD
Downey, CA

Chung, Arthur, MD
Long Beach, CA

GATES, THOMAS, MD
Long Beach, CA

LAWRENSON, LESLEY, MD
Long Beach, CA

MERLO, CLIFFORD, MD
Long Beach, CA

SILA, CHAD, MD
Long Beach, CA
Long Beach, CA

Radiology

MAHGEREFTEH, SHMUEL, MD
Long Beach, CA

Registered Dietitian / Nutritionist

Herman, Jody, RD
Whittier, CA

Registered Physical Therapist

ARMANYOUS, ANNE, PT
Downey, CA
Downey, CA

BARRUGA, LOUGEL, PT
Bellflower, CA
Downey, CA

CHANG, DUNCAN, PT
Cerritos, CA

DOMINGUEZ, KARINA, PT
Downey, CA
Downey, CA

Mehta, Trusha, PT
Downey, CA
Downey, CA

Sancho, Maria, PT
Downey, CA
Downey, CA

Shah, Mamta, PT
Downey, CA
Downey, CA

Upadhyay, Vipra, PT
Downey, CA
Downey, CA

Rheumatology

ANUNTIYO, JEREMY, MD
Lakewood, CA

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

HEALTHCARE L AINC, continued/continuación

Specialty Physicians/Médicos especialistas

DOSHI, DIPTI, MD
Cerritos, CA - Teleservice

HUSSAINI, NOREEN, MD
Long Beach, CA*

Surgery Cardiovascular

ABOLHODA, AMIR, MD
Long Beach, CA

KHOYNEZHAD, ALI, MD
Long Beach, CA - Teleservice

MURPHY, CHARLES, MD
Long Beach, CA

SAKWA, MARC, MD
Long Beach, CA

SETTY, SHAUN, MD
Long Beach, CA
Long Beach, CA

STEIN, ALEXANDER, MD
Long Beach, CA

Surgery General

DESA, NOLAN, MD
Long Beach, CA

HEILBRON, MAURICIO, MD
Long Beach, CA

HINIKA, GUDATA, MD
Paramount, CA

MURRAY, JAMES, MD
Long Beach, CA
Long Beach, CA

NAIM, HOUSHMAND, MD
Long Beach, CA
Wilmington, CA

NEOMAN, AYMAN, MD
Long Beach, CA

STANCZYK, MALGORZATA, MD
Hawaiian Gardens, CA
Long Beach, CA
San Pedro, CA

Surgery Hand

CHEN, GARY, MD
Cerritos, CA

Surgery Neurological

ARMIN, SEAN, MD
Long Beach, CA - Teleservice

JAVAHERY, RAMIN, MD
Long Beach, CA - Teleservice

LEMAY, DANIEL, MD
Downey, CA - Teleservice
Long Beach, CA

PAK, HOOSHANG, MD
Long Beach, CA - Teleservice

TESSLER, IRVING, MD
Downey, CA
Long Beach, CA

Surgery Orthopedic

ANDERSEN, JARON, MD
Cerritos, CA

FRISANCHO, JUAN, MD
Cerritos, CA

GREEN, EDWARD, MD
Long Beach, CA

HILL, PHILIP, MD
Long Beach, CA - Teleservice

JAZAYERI, M, MD
Long Beach, CA - Teleservice

ROMERO, ANTONIO, MD
Bellflower, CA

STRAUSS, MICHAEL, MD
Long Beach, CA

Taheri, Hamed, MD
Long Beach, CA

Urology

AHMED, FAISAL, MD
San Pedro, CA

CWIKLA, DANIEL, MD
Long Beach, CA
Long Beach, CA

Chuang, Kai-Wen, MD
Long Beach, CA
Long Beach, CA

JORDAN, MARK, MD
Long Beach, CA
Long Beach, CA

MALHOTRA, SAMEER, MD
San Pedro, CA

PERLEY, JONATHAN, MD
Lakewood, CA

PERLEY, JULES, MD
Lakewood, CA
Lakewood, CA
Long Beach, CA

SEARD, MELVIN, MD
Long Beach, CA - Teleservice

TOMASIC, NICKOLAS, MD
San Pedro, CA

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

WACHS, BARTON, MD
Long Beach, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

* Indicates accepting current patients only.

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HERITAGE VICTOR VALLEY MED GRP

Specialty Physicians/Médicos especialistas

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

Specialty

Physicians/Médicos especialistas

Hematology / Oncology

AGAJANIAN, RICHY, MD

Downey, CA

Whittier, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

Direct Urgent Care INC

555 E OCEAN BLVD # 110
LONG BEACH, CA 90802
(562) 285-5050

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

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* Indica que el médico acepta únicamente pacientes actuales.

HISPANIC PHYSICIANS IPA

PCPs/Médicos de atención primaria (PCP)

Urgent Care Centers

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Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

General Practice

WILLIAMS, FREDERICK, MD



ID No. 100037249006

711 E Via Wanda

LONG BEACH, CA 90805

(562) 380-1692

Languages: Spanish

Teleservice

Specialty

Physicians/Médicos especialistas

Hematology / Oncology

BASERI, BABAK, MD

Downey, CA

CHUNG, MICHAEL, MD

Downey, CA

GOPURALA, BALAGANESH, MD

Downey, CA

Lazo, Nelly, MD

Downey, CA

Marathe, Omkar, MD

Downey, CA

Morrison, David, MD

Lakewood, CA

Mostofi, Reza, MD

Downey, CA

NOBILE, LUCIO, MD

San Pedro, CA

SHUM, MERRILL, MD

Whittier, CA

Internal Medicine

LEE, MARK, MD

Whittier, CA

Oncology Medical

MIEL, RUFINA, MD

Downey, CA

Ophthalmology

CHANG, HEATHER, MD

Cerritos, CA

KHANNA, SANDEEP, MD

Bellflower, CA

LOGAN, DWAYNE, MD

Long Beach, CA

PILYUGINA, SVETLANA, MD

Cerritos, CA

WILLIAMS, FREDERICK, MD

Long Beach, CA - Teleservice

Optometrist

Wong, Sharon, OD

San Pedro, CA

Pediatric Gastroenterology

KUMAR, ANJULI, MD

Long Beach, CA

STEINMETZ, BARRY, MD

Long Beach, CA

TRAN, ROBERT, MD

Long Beach, CA

Psychiatry

Aguilar, Norma, MD

Downey, CA

Radiation Oncology

SOKOLOV, KAREN, MD

San Pedro, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

Ⓐ=LeapFrog

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Urgent Care Centers

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Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

**Specialty
Physicians/Médicos
especialistas**

Optometrist

SCOTT, JEFFREY, OD
Downey, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

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Hoag Medical Group

Specialty Physicians/Médicos especialistas

Urgent Care Centers

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Centros de atención urgente

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Specialty

Physicians/Médicos especialistas

Optometrist

Sato, Ayaka, OD

Long Beach, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

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♀=Female/Mujer ♂=Male/Hombre

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/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

"Proveedores de servicios de salud mental" en la página 382.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

**Specialty
Physicians/Médicos
especialistas**

Maternal and Fetal Medicine

NAGEOTTE, MICHAEL, MD
Long Beach, CA - Teleservice

SHRIVASTAVA, VINEET, MD
Long Beach, CA

Obstetrics / Gynecology

CHANG, FRANCIS, MD
Long Beach, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección

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KOREAN AMERICAN MED GRP

PCPs/Médicos de atención primaria (PCP)

Urgent Care Centers

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Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

Family Practice

Ehum, John, MD ♂

ID No. 100314927016
18331 GRIDLEY RD # A
CERRITOS, CA 90703
(562) 865-3738

Languages: Korean

Internal Medicine

AHN, WOO, MD ♂*

ID No. 100101167014
20145 PIONEER BLVD
Lakewood, CA 90715
(562) 916-5020

Languages: Korean

Effective as of 11/1/2022

Also located at:

20145 PIONEER BLVD
Lakewood, CA 90715
(562) 916-5020

Contract terminated as of
10/31/2022

KANG, DENO, MD ♂

ID No. 100097156003
18102 PIONEER BLVD STE 204
Artesia, CA 90701
(562) 402-9801

Languages: Korean

Specialty

Physicians/Médicos especialistas

Certified Acupuncturist

HAN, SOYOUNG, LAC

Bellflower, CA

Nephrology

KANG, DENO, MD

Artesia, CA

Optometrist

KOOK, LORIE, OD

Paramount, CA

Surgery Orthopedic

ROWSHAN, KASRA, MD

Long Beach, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

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♀=Female/Mujer ♂=Male/Hombre

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Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

Internal Medicine

CHUN, SOPHIA, MD ☎

ID No. 100067922044
12113 WOODRUFF AVE
DOWNEY, CA 90241
(562) 928-9600

Languages: Hindi, Korean, Mandarin

NEMRI, TALIN, MD ☎

ID No. 100365550007
6300 FLORENCE AVE
BELL GARDENS, CA 90201
(562) 928-9700

Languages: Arabic, Spanish

VARGAS, CAROLINE, MD ☎

ID No. 100366633004
1600 S GAFFEY ST
San Pedro, CA 90731
(310) 548-0201

Languages: Spanish

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

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* Indica que el médico acepta únicamente pacientes actuales.

LAKESIDE MED ORG GLENDALE

PCPs/Médicos de atención primaria (PCP)

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

Family Practice

CASABAR, JENNIFER KHO, MD ⑥

ID No. 100374030009
1334 N AVALON BLVD
WILMINGTON, CA 90744
(310) 835-4000
Languages: Spanish

ELACION, JOSE-MARI, MD ④

ID No. 100052060071
3650 SOUTH ST # 412
LAKEWOOD, CA 90712
(562) 634-8001
Teleservice

ISKAROUS, RAGAA, MD ⑥

ID No. 100092539062
11003 LAKEWOOD BLVD STE 201
Downey, CA 90241
(562) 869-1038
Languages: Arabic

JOHNSON, KARLON, MD ④

ID No. 100065021037
1403 LOMITA BLVD # 103
HARBOR CITY, CA 90710
(310) 784-5800

JOHNSON, KARLON, MD ④

ID No. 100065021036
1403 LOMITA BLVD # 100
Harbor City, CA 90710
(310) 784-5800

Kim, Charles, MD ④

ID No. 100323662049
1110 W ANAHEIM ST # 6
WILMINGTON, CA 90744
(310) 872-3560

MIZUHARA-CHENG, COURTNEY, DO ⑥

ID No. 100130891017
1535 Lomita Blvd
HARBOR CITY, CA 90710
(310) 530-9300
Languages: Japanese, Spanish
Teleservice

MUNOZ, RUBEN, MD ④

ID No. 100199957056
4129 GAGE AVE
Bell, CA 90201
(323) 771-8400
Languages: Spanish
Teleservice

Ogele, Anthonia, MD ⑥*

ID No. 100271545019
4800 E LOS COYOTES
DIAGONAL
LONG BEACH, CA 90815
(562) 506-1313

PAJA, ISAIAS, MD ④

ID No. 100100474097
1187 E Anaheim St
LONG BEACH, CA 90813
(562) 599-2119
Languages: Spanish, Tagalog

TRAN, ALEX, MD ④

ID No. 100099441066
11822 FLORAL DR
Whittier, CA 90601
(562) 908-4355
Languages: Spanish, Vietnamese
Teleservice

TRAN, PHUONG, MD ⑥

ID No. 100357284008
200 E ANAHEIM ST
WILMINGTON, CA 90744
(310) 522-8700
Languages: Vietnamese
Teleservice

VUONG-DAC, MAN, MD ④

ID No. 100107181025
3649 FLORENCE AVE
BELL, CA 90201
(323) 583-6333
Languages: German, Spanish, Vietnamese

General Practice

AGUOLU, JEREMIAH, MD ④

ID No. 100104287024
1125 CHERRY AVE
Long Beach, CA 90813
(310) 674-1000
Languages: Spanish

④=LeapFrog

⑥=Female/Mujer ④=Male/Hombre

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/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

BUSTOS, ADELAIDA, MD ⑥

ID No. 100087122061
7862 FIRESTONE BLVD
Downey, CA 90241
(562) 869-7007
Languages: Spanish, Tagalog

CHENG, GEORGE, MD ⑥

ID No. 100058970014
1239 N AVALON BLVD STE B
Wilmington, CA 90744
(310) 513-1591
Languages: Chinese, Mandarin, Spanish

FELDSHER, ZHANNA, MD ⑥

ID No. 100107054042
1110 W ANAHEIM ST STE 6
Wilmington, CA 90744
(310) 872-3560
Languages: Russian

KOE, LILLIAN, MD ⑥

ID No. 100197783009
6513 GARFIELD AVE
BELL GARDENS, CA 90201
(562) 928-9600
Languages: Burmese, Cantonese, Spanish

KOE, LILLIAN, MD ⑥

ID No. 100197783008
6501 GARFIELD AVE
Bell Gardens, CA 90201
(562) 928-9600
Languages: Burmese, Cantonese, Spanish

Kahen, Payam, MD ⑥

ID No. 100189896035
714 N AVALON BLVD
Wilmington, CA 90744
(310) 522-4200
Languages: Farsi, Hebrew, Spanish

NASSIR, ALBERT, MD ⑥*

ID No. 100091413147
16900 LAKEWOOD BLVD # 308
BELLFLOWER, CA 90706
(562) 991-1900
Languages: Farsi, Spanish

PETKAR, MADHURI, MD ⑥

ID No. 100091252018
6501 GARFIELD AVE
Bell Gardens, CA 90201
(562) 928-9600
Languages: Hindi, Marathi, Spanish
Teleservice

VALERY, HAROLD, MD ⑥

ID No. 100012103010
920 PACIFIC AVE
Long Beach, CA 90813
(562) 495-3985
Languages: Spanish
Teleservice

Internal Medicine

ADAMS, JOHN, DO ⑥*

ID No. 100025486120
1360 E ANAHEIM ST # 101
LONG BEACH, CA 90813
(562) 270-0324
Languages: Spanish

ADAMS, JOHN, DO ⑥*

ID No. 100025486123
4800 E LOS COYOTES
DIAGONAL
LONG BEACH, CA 90815
(562) 506-1313
Languages: Spanish

CHUN, SOPHIA, MD ⑥

ID No. 100067922027
6513 Garfield Ave
BELL GARDENS, CA 90201
(595) 928-9600
Languages: Hindi, Korean, Mandarin

CHUN, SOPHIA, MD ⑥

ID No. 100067922022
6501 Garfield Ave
Bell Gardens, CA 90201
(562) 928-9600
Languages: Hindi, Korean, Mandarin
Teleservice

CHUN, SOPHIA, MD ⑥

ID No. 100067922024
12113 WOODRUFF AVE
DOWNEY, CA 90241
(562) 928-9600
Languages: Hindi, Korean, Mandarin

DE LA LOZA, DAVID, MD ⑥

ID No. 100088867035
6301 GREENLEAF AVE
WHITTIER, CA 90601
(562) 693-9880
Languages: Spanish

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

LAKESIDE MED ORG GLENDALE, continued/continuación

PCPs/Médicos de atención primaria (PCP)

GANDHI, AMY, MD ⑥

ID No. 100366480028
1066 ATLANTIC AVE
LONG BEACH, CA 90813
(562) 528-8447

Languages: Gujarati, Spanish

HASAN, MARIAM, MD ⑥

ID No. 100223713030
10230 ARTESIA BLVD # 104
BELLFLOWER, CA 90706
(562) 804-4764

Languages: Hindi, Punjabi, Spanish

HASHEMI, ZIA, MD ④

ID No. 100081811022
4750 GAGE AVE
Bell, CA 90201
(323) 562-1100

Languages: Farsi, Spanish

KANG, DENO, MD ④*

ID No. 100097156054
18102 PIONEER BLVD STE 204
Artesia, CA 90701
(562) 402-9801

Languages: Korean

KEECH, RICHARD, MD ④

ID No. 100027352027
1403 LOMITA BLVD # 307
HARBOR CITY, CA 90710
(424) 352-0326

Languages: Spanish

KRIGER, DIEGO, MD ④

ID No. 100343825011
1535 LOMITA BLVD
Harbor City, CA 90710
(310) 530-9300

Languages: Armenian, Spanish

NEMRI, TALIN, MD ⑥

ID No. 100365550003
6300 FLORENCE AVE
BELL GARDENS, CA 90201
(562) 928-9700

Languages: Arabic, Spanish

ROMERO, RAYMUNDO, MD

④

ID No. 100150348112
1052 Atlantic Ave
LONG BEACH, CA 90813
(213) 484-2288

Languages: Arabic, Armenian, Chinese

SIMAN, HOMAN, MD ④

ID No. 100111988018
1231 N AVALON BLVD
Wilmington, CA 90744
(310) 835-5000

Languages: Faroese, Farsi, Spanish
Teleservice

SUMCAD, JOCELYN, MD ④

ID No. 100025018040
16660 PARAMOUNT BLVD STE 101
Paramount, CA 90723
(562) 633-0976

Languages: Spanish, Tagalog

TREJO, EMMA, MD ⑥

ID No. 100106787030
1403 LOMITA BLVD # 100
Harbor City, CA 90710
(310) 784-5800

Languages: Spanish
Teleservice

ZAMBRANO, OSCAR, MD ④

ID No. 100007264037
6513 Atlantic Ave
BELL, CA 90201
(323) 581-1649

Languages: Italian, Spanish
Teleservice

ZARRABI, MANOOCHHR, MD ④

ID No. 100052147035
4827 GAGE AVE
Bell, CA 90201
(323) 773-3000

Languages: Farsi, Fataleka, Spanish

Specialty Physicians/Médicos especialistas

Cardiovascular Disease

ZAMBRANO, OSCAR, MD

Bell, CA - Teleservice

Family Practice

CAMPOS, BLANCA, MD
Wilmington, CA - Teleservice

LALEZARY, ARASH, MD
Bell Gardens, CA

Gastroenterology

ANYADIKE, CYRIL, MD
Lakewood, CA

FAN, ROBERT, MD
Lakewood, CA

OJURI, ADEBAMBO, MD
Lakewood, CA

④=LeapFrog

⑥=Female/Mujer ④=Male/Hombre

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TRAN, TU, MD
Paramount, CA

Nephrology

KANG, DENO, MD
Artesia, CA*

Obstetrics / Gynecology

NASSIR, ALBERT, MD
Bellflower, CA*

Optometrist

IWAI, RICK, OD
San Pedro, CA

KHADEM, NEDA, OD
San Pedro, CA*
San Pedro, CA*

Pediatrics

FELDSHER, ZHANNA, MD
Wilmington, CA

Ogele, Anthonia, MD
Long Beach, CA*

Physicians Assistant

DO, AMY, PA
Norwalk, CA

Galvez, Melissa, PA
Norwalk, CA

Surgery General Vascular

HASHISHO, MAZEN, MD
Bellflower, CA

Surgery Orthopedic

Monazzam, Shafagh, MD
Long Beach, CA*

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

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Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

Specialty

**Physicians/Médicos
especialistas**

Gastroenterology

ANYADIKE, CYRIL, MD

Lakewood, CA

OJURI, ADEBAMBO, MD

Lakewood, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

**Proveedores de servicios de salud
mental**

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

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**Affiliated
Hospitals/Hospitales
afiliados**

**PIH HEALTH HOSPITAL -
WHITTIER ①**
12401 WASHINGTON BLVD
Whittier, CA 90602

Urgent Care Centers

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Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

**PCPs/Médicos de atención
primaria (PCP)**

Family Practice

CHAHBOUNI, AMINE, DO ①
ID No. 100175464027
15625 Imperial Hwy
La Mirada, CA 90638
(562) 902-3000
*Languages: Arabic, French,
Spanish*

CHEN, CHUNG LIEN, MD ①
ID No. 100035977013
12802 WHITTIER BLVD
Whittier, CA 90602
(562) 698-0933
*Languages: Chinese, Spanish,
Taiwanese*

DALPRAT, JOSE, DO ①
ID No. 100187189042
15625 Imperial Hwy
La Mirada, CA 90638
(562) 902-3000
Languages: Portuguese, Spanish

Figueroa Aragon, Sergio, MD ①
ID No. 100324725014
7910 ATLANTIC AVE # M
Cudahy, CA 90201
(323) 908-4200
Languages: Spanish
Teleservice

LUM, MARCUS, MD ①
ID No. 100100282014
15625 IMPERIAL HWY
La Mirada, CA 90638
(562) 902-3000

MERCER, PAUL, MD ①
ID No. 100009246037
9209 COLIMA RD # 4400
WHITTIER, CA 90605
(562) 264-4297
Languages: Spanish
Teleservice

PARDO, JAIME, MD ①*
ID No. 100165937013
8522 PAINTER AVE
WHITTIER, CA 90602
(562) 698-6266
Languages: Italian, Spanish

ROSSINI, JOE, DO ①
ID No. 100077233083
9209 COLIMA RD # 4400
WHITTIER, CA 90605
(562) 264-4297
Languages: Spanish

RUBALCAVA, RAFAEL, MD ①
ID No. 100087553020
15625 IMPERIAL HWY
La Mirada, CA 90638
(562) 902-3000
Languages: Spanish

Rezai, Damoun, MD ①
ID No. 100319598014
11843 Whittier Blvd
Whittier, CA 90601
(562) 325-5336
Languages: Farsi, Spanish

TRAN, ALEX, MD ①
ID No. 100099441065
11822 FLORAL DR # A
Whittier, CA 90601
(562) 908-4355
Languages: Spanish, Vietnamese

General Practice

GABBITA, GEETHA, MD ①
ID No. 100042459019
14568 WHITTIER BLVD
Whittier, CA 90605
(562) 698-8263
*Languages: Hindi, Kannada,
Spanish*

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

LAKESIDE MED ORG WEST COVINA, continued/continuación

PCPs/Médicos de atención primaria (PCP)

GONZALES, FERNANDO, MD



ID No. 100054605016
12444 WASHINGTON BLVD
Whittier, CA 90602
(562) 698-0161
Languages: Spanish, Tagalog

Welsh, Sean, MD



ID No. 100322749008
7624 PAINTER AVE # 100
Whittier, CA 90602
(562) 945-9333
Languages: Spanish

Internal Medicine

AHMED, PARVEEN, MD



ID No. 100060296023
14350 WHITTIER BLVD STE
102
Whittier, CA 90605
(562) 698-0025
Languages: Hindi, Spanish, Urdu

ARASTU, ANWAR, MD



ID No. 100081281017
12675 LA MIRADA BLVD STE
200
La Mirada, CA 90638
(562) 941-9853
Languages: Hindi, Urdu

COTTON, D, MD



ID No. 100101282019
12474 WASHINGTON BLVD
Whittier, CA 90602
(562) 698-9779
Languages: Spanish

DE LA LOZA, DAVID, MD



ID No. 100088867033
6301 GREENLEAF AVE
WHITTIER, CA 90601
(562) 693-9880
Languages: Spanish

HABIB, SHEHNAZ, MD



ID No. 100083641067
8800 ALONDRA BLVD # C
BELLFLOWER, CA 90706
(562) 602-2508
*Languages: Gujarati, Hindi,
Spanish*
Teleservice

HABIB, SHEHNAZ, MD



ID No. 100083641064
8540 ALONDRA BLVD STE B2
Paramount, CA 90723
(562) 602-2508
*Languages: Gujarati, Hindi,
Spanish*

MONTES, JUAN, MD



ID No. 100078246169
11822 FLORAL DR
Whittier, CA 90601
(562) 908-4355
*Languages: Hindi, Mandarin,
Spanish*

NEMRI, TALIN, MD



ID No. 100365550012
6300 FLORENCE AVE
BELL GARDENS, CA 90201
(562) 928-9700
Languages: Arabic, Spanish

RAHBAR, MAHNAZ, MD



ID No. 100154024018
6300 FLORENCE AVE
BELL GARDENS, CA 90201
(562) 928-9700
Languages: Farsi

SHAH, AJIT, MD



ID No. 100025295015
15651 IMPERIAL HWY STE 104
La Mirada, CA 90638
(562) 947-1619
Languages: Gujarati, Hindi

WINN, HENRY, MD



ID No. 100093502036
15651 IMPERIAL HWY # 102B
LA MIRADA, CA 90638
(562) 947-9591
*Languages: French, Spanish,
Vietnamese*

Pediatrics

CHON, KYUNG, MD



ID No. 100077964018
8522 PAINTER AVE
Whittier, CA 90602
(562) 698-6266
Languages: Korean

Specialty

Physicians/Médicos especialistas

Cardiovascular Disease

ZAMBRANO, OSCAR, MD

Bell, CA - Teleservice

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Certified Nurse Practitioner

HOBSON, ERICA, NP

Downey, CA

Whittier, CA

***Registered Physical
Therapist***

HIDY, NATALIE, PT

Whittier, CA

Emergency Medicine

LUM, MARCUS, MD

La Mirada, CA

Gastroenterology

RAINA, AMIT, MD

Whittier, CA

Hematology / Oncology

BERGER, MITCHELL, MD

Whittier, CA

CHATHAM, PHILIP, MD

Cerritos, CA

FREIMANN, JACK, MD

Whittier, CA

Hospitalist MD/DO

NEMRI, TALIN, MD

Bell Gardens, CA

Oncology Medical

SHUM, MERRILL, MD

Whittier, CA

Physicians Assistant

OCAMPO, PAYAL, PA

Whittier, CA

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LAKESIDE MEDICAL ORG THOUSAND OAKS

Specialty Physicians/Médicos especialistas

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

Specialty Physicians/Médicos especialistas

Gastroenterology

ANYADIKE, CYRIL, MD

Lakewood, CA

FAN, ROBERT, MD

Lakewood, CA

OJURI, ADEBAMBO, MD

Lakewood, CA

Nephrology

LEE, MARK, MD

Whittier, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Ⓐ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

**Affiliated
Hospitals/Hospitales
afiliados**

**LAKEWOOD REGIONAL
MED CTR ☉**
3700 SOUTH ST
Lakewood, CA 90712

**LONG BEACH MEMORIAL
MED CTR**
2801 ATLANTIC AVE # 228
Long Beach, CA 90806

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

**DUSK TO DAWN URGENT
CARE**
701 E 28TH ST STE 401
Long Beach, CA 90806
(562) 426-2662
M-F 9AM-9PM
SA,SU 9AM-2PM

**DUSK TO DAWN URGENT
CARE**

15745 Paramount Blvd
PARAMOUNT, CA 90723
(562) 808-2273
M-F 9AM-11:59PM
SA,SU 9AM-6PM

URGENT CARE PLUS INC

555 E OCEAN BLVD STE 110
Long Beach, CA 90802
(562) 285-5050
M-F 9AM-7PM
SU 10AM-2PM, SA 10AM-5PM

**PCPs/Médicos de atención
primaria (PCP)**

Family Practice

**AGUILUZ, JACQUELINE, DO
☉**

ID No. 100040919034
21508 NORWALK BLVD
Hawaiian Gardens, CA 90716
(562) 865-5214
Teleservice

**AGUILUZ, JACQUELINE, DO
☉**

ID No. 100040919056
13330 BLOOMFIELD AVE STE
111
Norwalk, CA 90650
(562) 868-0733
Teleservice

**BAMBRAH-DHAMIJA,
MEHTAB, MD ☉**

ID No. 100114408024
18326 PIONEER BLVD
Artesia, CA 90701
(562) 860-5599
*Languages: Cambodian, Gujarati,
Hindi*

**BAMBRAH-DHAMIJA,
MEHTAB, MD ☉**

ID No. 100114408037
3760 ATLANTIC AVE # A
Long Beach, CA 90807
(562) 595-7467
*Languages: Cambodian, Gujarati,
Hindi*

Barlow, Ryan, DO ☉

ID No. 100296032029
8500 FLORENCE AVE # 101
Downey, CA 90240
(562) 202-5020

Barlow, Ryan, DO ☉

ID No. 100296032032
11938 PARAMOUNT BLVD
Downey, CA 90242
(562) 923-6060
Teleservice

Barlow, Ryan, DO ☉

ID No. 100296032039
3300 E SOUTH ST # 209
Lakewood, CA 90805
(562) 444-0022
Teleservice

CHAUDHARY, VINITA, MD ☉

ID No. 100099965013
3650 SOUTH ST STE 210
Lakewood, CA 90712
(562) 630-0910
Languages: Hindi

**CONSTANTINO, LOIDA, MD
☉**

ID No. 100095454013
1777 N BELLFLOWER BLVD
STE 104
Long Beach, CA 90815
(562) 961-8820
Languages: Spanish, Tagalog

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

Lakewood IPA, continued/continuación

PCPs/Médicos de atención primaria (PCP)

DHAMIJA, KAILASH, MD Ⓜ

ID No. 100089396033
18326 PIONEER BLVD
Artesia, CA 90701
(562) 860-5599

Languages: Cambodian, Gujarati, Hindi

Teleservice

DIX, KAREN, MD Ⓔ

ID No. 100038621027
911 E SAN ANTONIO DR # 1
LONG BEACH, CA 90807
(562) 728-8700

HANAMSAGAR, SEEMA, MD Ⓔ*

ID No. 100114040071
3816 WOODRUFF AVE # 406
LONG BEACH, CA 90808
(562) 421-7292

Languages: Hindi, Marathi
Contract terminated as of
10/31/2022

LABATIA, SHERIF, MD Ⓜ*

ID No. 100195919014
5750 DOWNEY AVE # 206
LAKEWOOD, CA 90712
(562) 384-3034

Languages: Arabic, French

LARSON, LINDSAY, DO Ⓔ

ID No. 100175296020
5750 DOWNEY AVE # 100
LAKEWOOD, CA 90712
(562) 630-3105

LEE, STEPHEN, MD Ⓜ

ID No. 100020508026
21508 NORWALK BLVD
Hawaiian Gardens, CA 90716
(562) 865-5214

Languages: Korean, Spanish

LEE, YANG, MD Ⓜ

ID No. 100031170016
5981 ATLANTIC AVE
Long Beach, CA 90805
(562) 423-1424

Languages: Chinese, Mandarin, Spanish

LEE, YANG, MD Ⓜ

ID No. 100031170018
16415 COLORADO AVE STE 208
Paramount, CA 90723
(562) 531-0015

Languages: Chinese, Mandarin, Spanish

MATEMOTJA, DANIEL, MD Ⓜ

ID No. 100084173017
12131 CARSON ST
Hawaiian Gardens, CA 90716
(562) 809-0299

Languages: Russian, Spanish
Teleservice

MENDOZA, MANUEL, MD Ⓜ

ID No. 100047566106
11735 Firestone Blvd
NORWALK, CA 90650
(562) 925-7716

Languages: Spanish, Tagalog

MIKHAIL, MARIANNE, MD Ⓔ*

ID No. 100196873014
5750 DOWNEY AVE # 206
Lakewood, CA 90712
(562) 384-3034

Languages: Arabic, French, Spanish

MINKUS, BRIAN, DO Ⓜ

ID No. 100082451022
18502 GRIDLEY RD
Artesia, CA 90701
(562) 865-6160

NUGAS, ALICIA, MD Ⓔ

ID No. 100054868014
22408 NORWALK BLVD
Hawaiian Gardens, CA 90716
(562) 421-2188

RAMOS, NEILL, MD Ⓜ

ID No. 100141507006
1045 ATLANTIC AVE # 708
Long Beach, CA 90813
(562) 491-9045
Languages: Spanish

RAZALAN, LEE, MD Ⓜ

ID No. 100058357009
2511 PACIFIC AVE
Long Beach, CA 90806
(562) 424-4661
Languages: Spanish, Tagalog

RUBINSON, WILLIAM, MD Ⓜ

ID No. 100036140087
8500 FLORENCE AVE # 101
Downey, CA 90240
(562) 923-6060

Languages: Farsi, Gujarati, Hebrew

RUBINSON, WILLIAM, MD Ⓜ

ID No. 100036140105
11938 Paramount Blvd
Downey, CA 90242
(562) 923-6060

Languages: Farsi, Gujarati, Hebrew

Ⓜ=LeapFrog

Ⓔ=Female/Mujer Ⓜ=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.
/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

RUBINSON, WILLIAM, MD

ID No. 100036140115
3300 E SOUTH ST # 209
LAKEWOOD, CA 90805
(562) 923-6601
Languages: Farsi, Gujarati, Hebrew

Rizkalla, Mirna, MD

ID No. 100353503002
3650 SOUTH ST # 404
LAKEWOOD, CA 90712
(562) 232-3910

SAMAWI, ROGER, MD

ID No. 100035070010
1045 ATLANTIC AVE STE 1019
Long Beach, CA 90813
(562) 901-9228
Languages: Arabic, Spanish

SHEPPARD, JAMES, DO

ID No. 100232942062
8706 IMPERIAL HWY
Downey, CA 90242
(562) 746-0051
Languages: Spanish

SHERMAN, JULIE, DO

ID No. 100059633006
1703 TERMINO AVE STE 209
Long Beach, CA 90804
(562) 498-3002
Languages: Spanish

TABILA, RODOLFO, MD

ID No. 100072742024
1339 W WILLOW ST
Long Beach, CA 90810
(562) 492-6698
Languages: Spanish, Tagalog

TYSON, YVONNE, MD

ID No. 100026273011
925 E SAN ANTONIO DR STE 18
Long Beach, CA 90807
(562) 728-6738
Teleservice

VENKATARAMAN,

SRIVIDYA, MD

ID No. 100113945008
3816 WOODRUFF AVE # 407
LONG BEACH, CA 90808
(562) 497-9314
Languages: Hindi, Spanish, Tamil

YESKE, REGINALD, MD

ID No. 100071352006
1190 N STUDEBAKER RD # H
LONG BEACH, CA 90815
(562) 597-9402
Languages: Tagalog

General Practice

EYZAGUIRRE, ROBERT, MD



ID No. 100089695006
9349 OAK ST
Bellflower, CA 90706
(562) 920-6070
Languages: French, Italian, Portuguese

HASHEMIYOON, ROBERT,

MD

ID No. 100001628050
8500 FLORENCE AVE # 101
Downey, CA 90240
(562) 202-5020
Languages: Armenian, Faroese, Farsi

HASHEMIYOON, ROBERT, MD

ID No. 100001628058
11938 Paramount Blvd
Downey, CA 90242
(562) 923-6060
Languages: Armenian, Faroese, Farsi

HASHEMIYOON, ROBERT, MD

ID No. 100001628054
3300 E SOUTH ST # 209
LAKEWOOD, CA 90805
(562) 444-0022
Languages: Armenian, Faroese, Farsi

KASHANI, DARYOUSH, MD



ID No. 100076327054
500 W WILLOW ST # 101
LONG BEACH, CA 90806
(562) 427-1700
Languages: Faroese, Farsi, Spanish
Teleservice

SIMAN, HOMAN, MD

ID No. 100111988012
1231 N AVALON BLVD
Wilmington, CA 90744
(310) 835-5000
Languages: Faroese, Farsi, Spanish
Teleservice

YAGOOBIAN, BEHROOZ, MD



ID No. 100010557019
15730 PARAMOUNT BLVD
Paramount, CA 90723
(562) 634-1000
Languages: Farsi, Persian, Spanish

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

Lakewood IPA, continued/continuación

PCPs/Médicos de atención primaria (PCP)

Internal Medicine

ADAMS, JOHN, DO

ID No. 100025486019
2777 PACIFIC AVE
Long Beach, CA 90806
(562) 426-6571

Languages: Spanish

Teleservice

Contract terminated as of
10/31/2022

ALLSWANG, BARRY, MD

ID No. 100038210017
1045 ATLANTIC AVE STE 506
Long Beach, CA 90813
(562) 491-9456

Languages: Arabic, Spanish

AMIN, JAY, MD

ID No. 100036009024
8500 FLORENCE AVE # 101
DOWNEY, CA 90240
(562) 202-5020

*Languages: Gujarati, Hindi,
Spanish*

AMIN, JAY, MD

ID No. 100036009034
11938 PARAMOUNT BLVD
DOWNEY, CA 90242
(562) 923-6060

*Languages: Gujarati, Hindi,
Spanish*

AMIN, JAY, MD

ID No. 100036009017
3300 E SOUTH ST # 209
LAKEWOOD, CA 90805
(562) 923-6060

*Languages: Gujarati, Hindi,
Spanish*

AWAD, JOHN, MD

ID No. 100375169011
3530 LONG BEACH BLVD
LONG BEACH, CA 90807
(562) 989-1200

Languages: Arabic

AWAD, YOUSSEF, MD

ID No. 100083652021
3530 LONG BEACH BLVD # 120
LONG BEACH, CA 90807
(562) 989-1200

Languages: Arabic, Spanish

BARRIENTOS, DOMINGO, MD

ID No. 100097866012
10800 PARAMOUNT BLVD STE
203
Downey, CA 90241
(562) 869-1322

*Languages: Cebuano, Spanish,
Tagalog*

BELL, MAURICE, MD

ID No. 100072404012
4100 LONG BEACH BLVD STE
200
Long Beach, CA 90807
(562) 981-2355

*Languages: Czech, Russian,
Slovak*

BHANSALI, NEHA, MD

ID No. 100053018011
3300 E SOUTH ST STE 205
Lakewood, CA 90805
(562) 531-0377

*Languages: Gujarati, Hindi,
Spanish*

CHAUDHARY, ARCHNA, MD



ID No. 100109300019
4401 ATLANTIC AVE # 202
LONG BEACH, CA 90807
(562) 988-2777

Languages: Hindi, Tamil

CHOI, CHESTER, MD

ID No. 100074787007
1045 ATLANTIC AVE # 708
Long Beach, CA 90813
(562) 491-9045

*Languages: Hindi, Spanish,
Vietnamese*

CLARK, DENNIS, MD

ID No. 100037035027
3816 WOODRUFF AVE STE 401
Long Beach, CA 90808
(562) 420-8679

Languages: French, Spanish

COHEN, GERALD, MD

ID No. 100018271018
1045 ATLANTIC AVE STE 506
Long Beach, CA 90813
(562) 491-9456

Languages: Spanish

CONTRACTOR, HEENA, MD



ID No. 100094541026
1045 ATLANTIC AVE STE 915
Long Beach, CA 90813
(562) 596-1667

DEJONG, CLAYTON, MD

ID No. 100048317025
300 REDONDO AVE
Long Beach, CA 90814
(562) 433-7496

=LeapFrog

=Female/Mujer =Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Lakewood IPA, continued/continuación

PCPs/Médicos de atención primaria (PCP)

DELAROSA, PEDRO, MD ^{*}
ID No. 100092868012
3816 WOODRUFF AVE STE 412
Long Beach, CA 90808
(562) 377-1111
Languages: Spanish

Dejong, Tyler, MD 
ID No. 100318572006
300 Redondo Ave
Long Beach, CA 90814
(562) 433-7496
Languages: Spanish

FREUND, MICHAEL, MD ^{*}
ID No. 100007729007
3650 SOUTH ST STE 110
Lakewood, CA 90712
(562) 531-6140

GARCIA, CHERIE, MD 
ID No. 100109138007
5750 DOWNEY AVE STE 100
Lakewood, CA 90712
(562) 630-3105
Languages: Spanish, Tagalog

GINZBURG, OLGA, MD 
ID No. 100110271007
5750 DOWNEY AVE STE 100
Lakewood, CA 90712
(562) 630-3105
Languages: French, Russian, Spanish

GORDON, SCOTT, MD 
ID No. 100077826007
5750 DOWNEY AVE STE 100
Lakewood, CA 90712
(562) 630-3105
Languages: French, Hindi, Russian

HSU, DIANA, MD 
ID No. 100083052020
12651 LAKEWOOD BLVD
Downey, CA 90242
(562) 861-3111
Languages: Mandarin, Spanish

HSU, GOETHE, MD 
ID No. 100079668020
12651 LAKEWOOD BLVD
Downey, CA 90242
(562) 861-3111
Languages: Mandarin, Spanish, Tagalog

HSU, LINDA, MD 
ID No. 100071649025
11101 LA REINA AVE ste 101
Downey, CA 90241
(562) 867-2796
Languages: Spanish

IBARRA, RODOLFO, MD ^{*}
ID No. 100090457007
3816 WOODRUFF AVE # 204
LONG BEACH, CA 90808
(562) 423-0436
Languages: Spanish

JACKSON, ROZALIE, MD ^{*}
ID No. 100059694020
1777 N BELLFLOWER BLVD # 210
LONG BEACH, CA 90815
(562) 986-1450
Languages: Spanish
Contract terminated as of 10/31/2022

KUHN, REBECCA, MD ^{*}
ID No. 100084199012
1777 N BELLFLOWER BLVD
STE 210
Long Beach, CA 90815
(562) 719-2045
Languages: Spanish

KYAN, FEE, MD 
ID No. 100057064010
10230 ARTESIA BLVD STE 300
Bellflower, CA 90706
(562) 804-0100
Languages: Spanish, Thai

LAKE, STEVEN, MD 
ID No. 100093206006
911 E SAN ANTONIO DR STE 6
Long Beach, CA 90807
(562) 423-6441
Languages: Spanish

LEECH, IRENE, MD 
ID No. 100006785024
125 E 8TH ST # 100
Long Beach, CA 90813
(562) 590-8509

LEE, RICHARD, MD 
ID No. 100082875016
5981 ATLANTIC AVE
Long Beach, CA 90805
(562) 423-1424
Languages: Chinese, Korean, Mandarin

LEE, RICHARD, MD 
ID No. 100082875014
16415 COLORADO AVE STE 208
Paramount, CA 90723
(562) 531-0015
Languages: Chinese, Korean, Mandarin

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

Lakewood IPA, continued/continuación

PCPs/Médicos de atención primaria (PCP)

LICUANAN, JESSE, MD ♂

ID No. 100032648015
3300 E SOUTH ST STE 205
Lakewood, CA 90805
(562) 531-0377
Languages: Spanish, Tagalog

LIM, PHILIP, MD ♂

ID No. 100092908011
9604 ARTESIA BLVD STE 101
Bellflower, CA 90706
(562) 804-6661
Languages: Chinese, Mandarin

LINTON, DALE, MD ♂

ID No. 100023216007
925 E SAN ANTONIO DR STE 11
Long Beach, CA 90807
(562) 428-4613

LUGLIANI, ROBERT, MD ♂

ID No. 100006335014
1045 ATLANTIC AVE STE 902
Long Beach, CA 90813
(562) 437-0996
Languages: Italian, Spanish

MCCLOY, THOMAS, MD ♂

ID No. 100068044010
1045 ATLANTIC AVE STE 1019
Long Beach, CA 90813
(562) 437-6213
Languages: Portuguese, Spanish

MEKA, AJAY, MD ♂

ID No. 100098859053
1510 E 7TH ST
Long Beach, CA 90813
(562) 590-9800
Languages: Arabic, French, Gujarati
Teleservice

MEKA, MEENA, MD ♀*

ID No. 100219558013
1510 E 7th St
LONG BEACH, CA 90813
(562) 590-9800
Languages: Spanish
Teleservice

NGA, VISAL, DO ♂

ID No. 100150656025
1269 E ANAHEIM ST
Long Beach, CA 90813
(562) 599-5300
Languages: Cambodian, Khmer, Spanish

NGUYEN, JAN, DO ♀

ID No. 100349846013
2777 PACIFIC AVE # E
Long Beach, CA 90806
(562) 426-6571
Languages: Spanish, Vietnamese

PATEL, GNYANDEV, MD ♂

ID No. 100078689025
3300 E SOUTH ST STE 206
Lakewood, CA 90805
(562) 232-2380
Languages: Gujarati, Hindi

PATEL, RENUKA, MD ♀

ID No. 100038150007
8357 FLORENCE AVE
Downey, CA 90240
(562) 622-2470
Languages: Gujarati, Hindi

ROQUE, RONALDO, MD ♂

ID No. 100033503017
1760 TERMINO AVE STE 104
Long Beach, CA 90804
(562) 494-8512
Languages: French, Spanish, Tagalog

SAEED, KHALID, MD ♂

ID No. 100029675007
5750 DOWNEY AVE STE 100
Lakewood, CA 90712
(562) 630-3105
Languages: French, Hindi, Russian

SHAH, SYED, MD ♂

ID No. 100024202007
5750 DOWNEY AVE STE 100
Lakewood, CA 90712
(562) 630-3105
Languages: Croatian, French, Hindi

SO, VANNARITH, MD ♂

ID No. 100057603012
1777 N BELLFLOWER BLVD STE 101
Long Beach, CA 90815
(562) 986-6138
Languages: Cambodian, Spanish

SUMCAD, JOCELYN, MD ♂

ID No. 100025018010
16660 PARAMOUNT BLVD STE 101
Paramount, CA 90723
(562) 633-0976
Languages: Spanish, Tagalog

WAN, CHOK, MD ♂

ID No. 100096600008
2153 PACIFIC AVE
Long Beach, CA 90806
(562) 599-4833
Languages: Chinese, Mandarin, Spanish

♂=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

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WONG, HANSON, MD

ID No. 100100599027
10230 ARTESIA BLVD STE 201
Bellflower, CA 90706
(562) 804-7223

Languages: Cantonese, Mandarin, Spanish

WU, JACK, MD

ID No. 100098252006
3845 Atlantic Ave
LONG BEACH, CA 90807
(562) 595-9206

Languages: Chinese, Khmer, Mandarin

Pediatrics

SHEK, DAVID, MD

ID No. 100045699050
11803 CARSON ST
HAWAIIAN GARDENS, CA
90716
(562) 924-4455

Languages: Cantonese, Chinese, Mandarin

TEJANI, NASIR, MD

ID No. 100017986019
3325 PALO VERDE AVE STE
203
Long Beach, CA 90808
(562) 421-8283

Languages: Hindi, Spanish

Specialty

Physicians/Médicos
especialistas

Allergy Immunology

MELTZER, STEVEN, MD
Long Beach, CA

Anesthesiology

EL-KHOURY, GEORGE, MD
Long Beach, CA

Cardiovascular Disease

MADRID, WILLIAM, MD
Lakewood, CA

PANAGIOTIDES, GEORGE, MD
Lakewood, CA

RAWAL, MILAN, MD
Lakewood, CA

VAN GIESON, HENRY, MD
Long Beach, CA

Dermatology

CASTRO, MICHAEL, MD
Lakewood, CA

Endocrinology Metabolism
Diabetes

ENG, STEVEN, MD
Lakewood, CA

Gastroenterology

PANTOJA, JOSE, MD
Lakewood, CA

SIMMONS, TIMOTHY, MD
Long Beach, CA

General Practice

WAIDER, WINFRIED, MD
Long Beach, CA

Infectious Disease

SU, HENRY, MD
Long Beach, CA

Internal Medicine

SHAKKOTTAI, PADMANABHA, MD
Lakewood, CA

STICKELMAIER, IVETTE, MD
Lakewood, CA

Nephrology

CONTRACTOR, HEENA, MD
Long Beach, CA

SEMERJIAN, AVEDIK, MD
Downey, CA
Lakewood, CA

Neurology

MARMARELIS, PANOS, MD
Long Beach, CA

Obstetrics / Gynecology

AL AZAWI, HAIFA, MD
Paramount, CA

CHAO, CYNTHIA, DO
Long Beach, CA

DELAROSA, JOSE, MD
Paramount, CA

LEE, HYUK, MD
Bellflower, CA

NGUYEN, HA, MD
Long Beach, CA

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

Lakewood IPA, continued/continuación

Specialty Physicians/Médicos especialistas

Ophthalmology

CLAY, EMMA, MD
Lakewood, CA

HARTMAN, CARL, MD
Lakewood, CA

Nhu, Thuc-Trinh, MD
Lakewood, CA

PASQUALI, LARRY, MD
Lakewood, CA

Otolaryngology

TAN, JESSE, MD
Long Beach, CA

TAN, JESUS, MD
Long Beach, CA

Podiatrist

HODOR, LAWRENCE, DPM
Lakewood, CA

ROSENBERG, RICHARD, DPM
Lakewood, CA

Pulmonary Diseases

EPSTEIN, JOEL, MD
Lakewood, CA

GELB, ARTHUR, MD
Lakewood, CA

Radiation Oncology

DAVE, SULABHA, MD
Long Beach, CA

Surgery General

MAGINOT, ANDRE, MD
Long Beach, CA

RAYHANABAD, SIMON, MD
Long Beach, CA

Surgery Neurological

Chou, Arthur, MD
Whittier, CA

JAVAHERY, RAMIN, MD
Long Beach, CA - Teleservice

PAK, HOOSHANG, MD
Long Beach, CA - Teleservice

RAYHAUN, ABRAHAM, MD
Long Beach, CA

Surgery Orthopedic

COMBS, CHRISTOPHER, MD
Lakewood, CA

ELIAS, RAMY, MD
Lakewood, CA

WASSEF, ANDREW, MD
Lakewood, CA

Surgery Plastic

HICKS, PEARLMAN, MD
Long Beach, CA

Surgery Thoracic

BAUMGARTNER, FRITZ, MD
Long Beach, CA

GREWAL, NAVROSE, MD
Lakewood, CA

Urology

AGATSTEIN, ERNEST, MD
Downey, CA

AYNEHCHI, SHAHRAD, MD
Downey, CA

NOWFAR, SEPEHR, MD
Downey, CA

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♀=Female/Mujer ♂=Male/Hombre

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**Affiliated
Hospitals/Hospitales
afiliados**

**LAKEWOOD REGIONAL
MED CTR ☉**
3700 SOUTH ST
Lakewood, CA 90712

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

**PCPs/Médicos de atención
primaria (PCP)**

Family Practice

TRAN, ALEX, MD ☹*
ID No. 100099441071
11822 FLORAL DR
Whittier, CA 90601
(562) 908-4355
Languages: Spanish, Vietnamese
Teleservice

TRAN, KHAI, DO ☹*
ID No. 100074636020
15717 PARAMOUNT BLVD
Paramount, CA 90723
(562) 531-2231
Languages: Spanish, Vietnamese
Teleservice

General Practice

Kahen, Payam, MD ☹*
ID No. 100189896039
714 N AVALON BLVD
Wilmington, CA 90744
(310) 522-4200
Languages: Farsi, Hebrew, Spanish

PAYNE, BRIAN, MD ☹*
ID No. 100026240038
7800 Florence Ave
DOWNEY, CA 90240
(562) 928-5700
Languages: Spanish

PAYNE, BRIAN, MD ☹*
ID No. 100026240027
11161 Washington Blvd
Whittier, CA 90606
(562) 695-2250
Languages: Spanish
Teleservice

SHAMAAN, IHSAN, MD ☹
ID No. 100095745031
4946 FLORENCE AVE
Bell, CA 90201
(323) 773-0591
Languages: Arabic, Armenian, Spanish
Teleservice

Internal Medicine

CHAN, ANGELA, MD ☹
ID No. 100108863043
7615 EASTERN AVE
Bell Gardens, CA 90201
(562) 927-1307
Languages: Burmese, Cantonese, Chinese

JELLEN, BETTY, MD ☹
ID No. 100097820089
16444 PARAMOUNT BLVD #
103
PARAMOUNT, CA 90723
(323) 980-9600
Languages: Spanish

Javdan, Ron, MD ☹*
ID No. 100216791127
1126 E SOUTH ST
LONG BEACH, CA 90805
(562) 984-9200
Languages: Farsi

SUMCAD, JOCELYN, MD ☹*
ID No. 100025018041
16660 PARAMOUNT BLVD STE
101
Paramount, CA 90723
(562) 633-0976
Languages: Spanish, Tagalog

**Specialty
Physicians/Médicos
especialistas**

Chiropractor

URTEAGA, MANUEL, DC
Whittier, CA

* Indicates accepting current patients only.
* Indica que el médico acepta únicamente pacientes actuales.

Los Angeles Medical Center IPA, continued/continuación

Specialty Physicians/Médicos especialistas

Hematology / Oncology

FREIMANN, JACK, MD
Whittier, CA

GOLSHANI, GOL, MD
Lakewood, CA - Teleservice

Marathe, Omkar, MD
Lakewood, CA - Teleservice

Morrison, David, MD
Downey, CA
Lakewood, CA

SHUM, MERRILL, MD
Whittier, CA

Infectious Disease

DOO, BRYAN, MD
Whittier, CA

Obstetrics / Gynecology

Taylor, Morgan, MD
Long Beach, CA

Optometrist

Gabrielyan, Zarine, OD
Downey, CA

Otolaryngology

BURRES, STEVEN, MD
Paramount, CA*

Radiation Oncology

Chung, Arthur, MD
Long Beach, CA

LAWRENSON, LESLEY, MD
Long Beach, CA

MERLO, CLIFFORD, MD
Long Beach, CA

SILA, CHAD, MD
Long Beach, CA

Radiology Diagnostic

Moshfegh, Amiel, MD
Downey, CA
Downey, CA

Surgery Colon Surgery

NEOMAN, AYMAN, MD
Long Beach, CA

Surgery General

NAIM, HOUSHMAND, MD
Wilmington, CA

Surgery Neurological

Chou, Arthur, MD
Whittier, CA*
Contract Term. as of 10/31/2022

Surgery Orthopedic

ROMERO, ANTONIO, MD
Bellflower, CA

WASSEF, ANDREW, MD
Lakewood, CA
Long Beach, CA

Surgery Thoracic

STEIN, ALEXANDER, MD
Long Beach, CA

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♀=Female/Mujer ♂=Male/Hombre

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**Affiliated
Hospitals/Hospitales
afiliados**

**LONG BEACH MEMORIAL
MED CTR**

2801 ATLANTIC AVE # 228
Long Beach, CA 90806

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

**PCPs/Médicos de atención
primaria (PCP)**

Family Practice

BARNES, LAUREN, MD ☉

ID No. 100091239005
450 E SPRING ST STE 1
Long Beach, CA 90806
(562) 933-0050

**BARROGA, HANNAH MARIA,
DO ☉**

ID No. 100374058002
2110 N BELLFLOWER BLVD
LONG BEACH, CA 90815
(562) 346-2222

CASTILLO, ODRIN, MD ☉

ID No. 100359125004
450 E SPRING ST # 1
LONG BEACH, CA 90806
(562) 933-0050
Languages: Tagalog

FIELDS, CARRIE, DO ☉

ID No. 100076680005
450 E SPRING ST STE 1
Long Beach, CA 90806
(562) 933-0050

FLETCHER, ABIGAIL, MD ☉

ID No. 100110136005
450 E SPRING ST STE 1
Long Beach, CA 90806
(562) 933-0050

HARMS, STEPHEN, DO ☉*

ID No. 100094369007
2110 N BELLFLOWER BLVD
Long Beach, CA 90815
(562) 346-2222

Hanser, Robert, DO ☉*

ID No. 100249205002
2110 N Bellflower Blvd
LONG BEACH, CA 90815
(562) 346-2222

LA DUCA, BROOKE, MD ☉

ID No. 100080452005
450 E SPRING ST STE 1
Long Beach, CA 90806
(562) 933-0050

LEE, CAMERON, MD ☉

ID No. 100362495002
2110 N BELLFLOWER BLVD
LONG BEACH, CA 90815
(562) 346-2222

LUTHER, JEFFREY, MD ☉

ID No. 100085703005
450 E SPRING ST STE 1
Long Beach, CA 90806
(562) 933-0050

Rodriguez, Yvonne, MD ☉*

ID No. 100295162002
3828 SCHAUFEELE AVE # 200
LONG BEACH, CA 90808
(657) 241-8990
Languages: Spanish

SCOTT, TARA, MD ☉*

ID No. 100165434008
2110 N Bellflower Blvd
Long Beach, CA 90815
(562) 346-2222

SIN, HASANEY, MD ☉

ID No. 100392023002
2110 N BELLFLOWER BLVD
LONG BEACH, CA 90815
(562) 346-2222

SNODGRASS, JOSHUA, MD ☉

ID No. 100332424003
450 E SPRING ST # 1
Long Beach, CA 90806
(562) 933-0050

SWORDS, ROSE, MD ☉

ID No. 100111408005
450 E SPRING ST STE 1
Long Beach, CA 90806
(562) 933-0050
Languages: Spanish

Su, Chloe, MD ☉

ID No. 100373841002
3828 SCHAUFEELE AVE # 200
LONG BEACH, CA 90808
(657) 241-8990

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

MEMORIALCARE MED GRP LONG BEACH, continued/continuación

PCPs/Médicos de atención primaria (PCP)

YIHUNE, AZEB, MD ⑥

ID No. 100249193002
2110 N Bellflower Blvd
LONG BEACH, CA 90815
(562) 346-2222

Internal Medicine

HAGHIGHAT, KAMRAN, MD

⑥
ID No. 100111542006
2110 N Bellflower Blvd
Long Beach, CA 90815
(562) 346-2222
Languages: Farsi, Persian

HIRANO, LANCE, MD ⑥*

ID No. 100072486011
2110 N BELLFLOWER BLVD
LONG BEACH, CA 90815
(562) 346-2222

IKUHARA, HIDENORI, MD ⑥

ID No. 100189446002
2110 N BELLFLOWER BLVD
Long Beach, CA 90815
(562) 346-2222

MORTARA, LAURIE, MD ⑥*

ID No. 100103722013
2110 N BELLFLOWER BLVD
LONG BEACH, CA 90815
(562) 346-2222

Pham, Van, DO ⑥

ID No. 100330313002
3828 SCHAUFLE AVE # 200
Long Beach, CA 90808
(657) 241-8990
Languages: Vietnamese

SVRDLAN, EVELINA, MD ⑥*

ID No. 100176048003
2110 N BELLFLOWER BLVD
Long Beach, CA 90815
(562) 346-2222
Languages: Serbian

Specialty

Physicians/Médicos especialistas

Allergy Immunology

JIANG, FONDA, MD

Long Beach, CA

MELTZER, STEVEN, MD

Long Beach, CA

Anesthesiology Pain Management

HO, ALAN, MD

Long Beach, CA

MIKHAEL, MEDHAT, MD

Long Beach, CA

Cardiology

APPLEBY, STEVEN, MD

Long Beach, CA

CAMI, ELVIS, MD

Long Beach, CA - Teleservice

HOANG, KHIET, MD

Long Beach, CA

Prasad, Aditya, MD

Long Beach, CA

SHAVELLE, DAVID, MD

Long Beach, CA

TOBIAS, SERGE, MD

Long Beach, CA

WAIDER, WINFRIED, MD

Long Beach, CA

YOON, ANDREW, MD

Long Beach, CA

Certified Nurse Practitioner

ALBRECHT, CHRISTINE, NP

Long Beach, CA

BOWMAN, BRYAN, NP

Long Beach, CA

BOYD MORRISON,

SHAWNNA, NP

Long Beach, CA

Long Beach, CA

Chan, Judy, NPF

Long Beach, CA

Guidry, Cheryl, NP

Long Beach, CA

Long Beach, CA

JOHNSON, KEENA, NP

Long Beach, CA

Kirk, Jennifer, NP

Long Beach, CA

MAGANA, ALMA, NP

Long Beach, CA

PEREZ, CORINNE, NP

Long Beach, CA

REYES, ERICSON, NP

Lakewood, CA*

ROS, LIZA, NP

Long Beach, CA

⑥=LeapFrog

⑥=Female/Mujer ⑥=Male/Hombre

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SHERMAN, GARRETT, NP
Long Beach, CA

SIANTURI, FABIOLA, NP
Long Beach, CA

TJOA, REX, NP
Long Beach, CA

Yi, Lauren, NP
Lakewood, CA

Chiropractor

BARDI, FARIBA, DC
Long Beach, CA

Dermatology

CASTRO, MICHAEL, MD
Lakewood, CA

FARAHNIK, Benjamin, MD
Long Beach, CA

GLASSBERG, EDWARD, MD
Long Beach, CA

KANE, BRYNA, MD
Long Beach, CA

KUO, SANDY, MD
Long Beach, CA

Emergency Medicine

RODRIGUEZ, AMANDA, MD
Long Beach, CA

***Endocrinology Metabolism
Diabetes***

HSIEH, JENNIFER, DO
Long Beach, CA

Hosseini, Alireza, MD
Long Beach, CA

Mohtasebi, Yasaman, MD
Long Beach, CA

TABRIZI, MOHSEN, MD
Lakewood, CA

***Family Practice Sports
Medicine***

KHAN, ELLEXIS, MD
Long Beach, CA

SNODGRASS, JOSHUA, MD
Long Beach, CA

Family Practice

ABA-OMER, OMER, MD
Long Beach, CA

HO, ANDREW, DO
Long Beach, CA

KOUROS, PHILIP, MD
Long Beach, CA

LE, HOANGVY, MD
Long Beach, CA

MAUSER, JUSTIN, MD
Long Beach, CA

NGUYEN, DUC, MD
Long Beach, CA

OBZEJTA, NATALIA, MD
Long Beach, CA

PATEL, JESSICA, DO
Long Beach, CA

ROY, PRISCILLIA, MD
Long Beach, CA

VU, JACK, MD
Long Beach, CA

***Female Pelvic Med and
Reconstructive Surg***

CRAIG, JOCELYN, MD
Long Beach, CA

Gastroenterology

GOSHTASBI, SAEID, MD
Long Beach, CA

Huang, Lizhou, MD
Long Beach, CA

JALALI, FARID, MD
Long Beach, CA

**MUKHERJEE, MATTHEW,
MD**
Long Beach, CA

Saliminejad, Mehrdad, MD
Long Beach, CA
Long Beach, CA

Hematology / Oncology

BLITZER, JONATHAN, MD
Long Beach, CA

DUNGO, MARIA, MD
Long Beach, CA

SHETH, MILAN, MD
Long Beach, CA

VORA, NILESH, MD
Long Beach, CA
Long Beach, CA

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MEMORIALCARE MED GRP LONG BEACH, continued/continuación

Specialty Physicians/Médicos especialistas

Hepatology

JAVADI, FARIBA, MD
Lakewood, CA

Infectious Disease

HEAN, SINDALISA, MD
Long Beach, CA

Lee, Pamela, MD
Long Beach, CA*

Internal Medicine Critical Care Medicine

ALI, NAYYER, MD
Long Beach, CA

Internal Medicine

AZIMI, AVA, MD
Long Beach, CA

CHAUHAN, KAUSHALKUMAR, MD
Long Beach, CA

TABRIZI, PELMA, MD
Long Beach, CA

TRINH, DUNG, MD
Long Beach, CA

Interventional Cardiology

DANON, SAAR, MD
Long Beach, CA

Maternal and Fetal Medicine

NAGEOTTE, MICHAEL, MD
Long Beach, CA

Nephrology

CHIVANGKUL, CHONLADA, MD
Long Beach, CA

IVATURI, KAUSHIK, MD
Long Beach, CA

PATEL, SAPNA, MD
Long Beach, CA

SEMERJIAN, AVEDIK, MD
Lakewood, CA

Neurology Child

COBO, NICOLE, MD
Long Beach, CA

Neurology

COHEN, ALAN, MD
Long Beach, CA

MALUSTE, NEIL, MD
Long Beach, CA

Maasumi, Kasra, MD
Long Beach, CA

Matloobi, Mahsa, MD
Long Beach, CA

NOUR, MAY, MD
Long Beach, CA

OMIDVAR, OMID, MD
Long Beach, CA

PATEL, NIRAV, MD
Long Beach, CA

SHEY, RANDOLPH, MD
Long Beach, CA

THOMPSON, MICHAEL, MD
Long Beach, CA

YAFEH, BANAFSHEH, MD
Long Beach, CA

Nuclear Medicine

GAMIE, SHERIEF, MD
Long Beach, CA

Rad, Amir, MD
Long Beach, CA

Obstetrics / Gynecology

CHAO, CYNTHIA, DO
Long Beach, CA

DEVIN, KIRSTEN, MD
Long Beach, CA

Devera, Ruthann, MD
Long Beach, CA

FEIGAL, CHRISTINE, MD
Long Beach, CA

KARM, DEBORAH, MD
Long Beach, CA

Kiernan, Mary Louise, MD
Long Beach, CA

Livingston, Briana, MD
Long Beach, CA

SEHWANI, SUNAINA, MD
Long Beach, CA

SOHL, BERTRAM, MD
Long Beach, CA

SPIELVOGEL, KENNETH, MD
Long Beach, CA

Ⓐ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

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Sullivan, Cassidy, MD
Long Beach, CA

Vo, Elise, MD
Long Beach, CA

Occupational Medicine

ESCOBAR, JUAN, MD
Long Beach, CA

NAGAMOTO, KIGEN, MD
Long Beach, CA

Ophthalmology

CLARK, ROBERT, MD
Long Beach, CA

CLAY, EMMA, MD
Lakewood, CA

GASPERINI, JULIE, MD
Long Beach, CA

HARTMAN, CARL, MD
Lakewood, CA

JOTTERAND, VERONIQUE, MD
Long Beach, CA

MANCHANDIA, AJAY, MD
Long Beach, CA

Nhu, Thuc-Trinh, MD
Lakewood, CA

PASQUALI, LARRY, MD
Lakewood, CA

PATEL, HARSHAD, MD
Long Beach, CA

SASAKI, IRENE, MD
Long Beach, CA

Ung, Cindy, MD
Long Beach, CA

***Otolaryngology / Otology /
Laryngology / Rhinology***

WILLNER, AYAL, MD
Long Beach, CA

YOSHPE, NINA, MD
Long Beach, CA

Otolaryngology

BERTELSEN, CAITLIN, MD
Long Beach, CA

EAPEN, ROSE, MD
Long Beach, CA

SCHWARTZ, MARISSA, MD
Long Beach, CA

Pediatric Cardiology

Rahimi, Mohammad, MD
Long Beach, CA

Pediatric Endocrinology

BRAKIN, MARIO, MD
Long Beach, CA

NAGPALA, PABLITO, MD
Long Beach, CA

Pediatric Gastroenterology

KUMAR, ANJULI, MD
Long Beach, CA

SELA-HERMAN, SARAH, MD
Long Beach, CA

TRAN, ROBERT, MD
Long Beach, CA

Pediatric Nephrology

RAJPOOT, DEEPAK, MD
Long Beach, CA

Pediatric Orthopedics

CHANG, EMORY, MD
Long Beach, CA

Pediatric Pulmonology

SHAHRIARY, CYRUS, MD
Long Beach, CA

Pediatrics

FELDMAN, GARY, MD
Long Beach, CA

HAGHIGHAT, KAMRAN, MD
Long Beach, CA

WEHBI, ELIAS, MD
Long Beach, CA

***Physical Medicine /
Rehabilitation***

BATKIN, FRED, MD
Long Beach, CA

HOANG, DIEMHA, MD
Long Beach, CA

Hilal, Tariq, DO
Long Beach, CA

KOH, JASON, DO
Long Beach, CA

KUO, DENNIS, MD
Long Beach, CA

Silva, Joshua, PT
Long Beach, CA

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MEMORIALCARE MED GRP LONG BEACH, continued/continuación

Specialty Physicians/Médicos especialistas

Wong, Ashley, DO
Long Beach, CA

Physicians Assistant

CAO, TAWNIE, PA
Long Beach, CA

CHAPIN, DANA, PA
Long Beach, CA

**RENE DE COTRET,
CRYSTAL, PA**
Long Beach, CA

Stone, Zachary, PA
Lakewood, CA
Long Beach, CA

TURNER, WILLIAM, PA
Long Beach, CA

**WORTHINGTON, TIFFANY,
PA**
Long Beach, CA

Podiatrist

ANGAROLA, JEFF, DPM
Long Beach, CA

FOLEY, VICTORIA, DPM
Long Beach, CA

SPAK, WILLIAM, DPM
Long Beach, CA

Psychologist

**LINDERHOLM, WENDY,
PSYD**
Long Beach, CA

Pulmonary Diseases

**BHATTACHARYYA,
SARATHI, MD**
Long Beach, CA

JOHANNES, JIMMY, MD
Long Beach, CA
Long Beach, CA

Jiang, Thomas, MD
Long Beach, CA
Long Beach, CA

TANIOS, MAGED, MD
Long Beach, CA

Yee, Christopher, MD
Long Beach, CA - Teleservice
Long Beach, CA

Radiation Oncology

GATES, THOMAS, MD
Long Beach, CA

**KABOLIZADEH, PEYMAN,
MD**
Long Beach, CA

Radiology Diagnostic X-ray

Borghei, Peyman, MD
Long Beach, CA

Radiology Diagnostic

Gholamrezanezhad, Ali, MD
Long Beach, CA

ISMAIL, AMEERA, MD
Long Beach, CA

Iranmahboob, Amir, MD
Long Beach, CA

JONNALA, PRAVEEN, MD
Long Beach, CA

KIM, FRANCINE, MD
Long Beach, CA

OLSON, EMILIA, MD
Long Beach, CA

RAKER, CHARLES, MD
Long Beach, CA

RAPPOPORT, ARNOLD, MD
Long Beach, CA

SAREMI, FARHOOD, MD
Long Beach, CA

SONG, YOUNG, MD
Long Beach, CA

TAHOUR, DAVID, MD
Long Beach, CA

TATESHIMA, SATOSHI, MD
Long Beach, CA

Radiology

BAKAYA, SUNAYNA, MD
Long Beach, CA

RAGLAND, KAREN, MD
Long Beach, CA

Tse, Gary, MD
Long Beach, CA

Rheumatology

**STICKELMAIER, IVETTE,
MD**
Lakewood, CA

Ⓐ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Sleep Medicine

BROWN, STEPHEN, MD
Long Beach, CA

Surgery Colon Surgery

NEOMAN, AYMAN, MD
Long Beach, CA

Surgery General Vascular

BAUMGARTNER, FRITZ, MD
Long Beach, CA

SZEDER, VIKTOR, MD
Long Beach, CA

VARDAYO, JOSEPH, MD
Long Beach, CA

Surgery General

CULLINANE, CAREY, MD
Long Beach, CA

EDRICH, LESLIE, MD
Long Beach, CA

ISLAS, JEFFREY, MD
Long Beach, CA

Wolf, Ronald, MD
Long Beach, CA
Long Beach, CA
Long Beach, CA

Surgery Hand

AHN, RICHARD, MD
Lakewood, CA
Long Beach, CA

Surgery Orthopedic

Bhalla, Amandeep, MD
Long Beach, CA

ELIAS, RAMY, MD
Long Beach, CA

FARJOODI, PAYAM, MD
Lakewood, CA

SPENCER, CURTIS, MD
Long Beach, CA

WASSEF, ANDREW, MD
Long Beach, CA

WASSEF, EZZAT, MD
Long Beach, CA

YUAN, PHILIP, MD
Long Beach, CA

Surgery Plastic

DANIELS, MARCEL, MD
Long Beach, CA

Surgery Thoracic

ABOLHODA, AMIR, MD
Long Beach, CA

ALTSHULER, JEFFREY, MD
Long Beach, CA

CHIU, RYAN, MD
Long Beach, CA

KHOYNEZHAD, ALI, MD
Long Beach, CA

SAKWA, MARC, MD
Long Beach, CA

SETTY, SHAUN, MD
Long Beach, CA

SHUMAN, ROBERT, MD
Long Beach, CA
Long Beach, CA

Urology

KHOURY, ANTOINE, MD
Long Beach, CA
Long Beach, CA
Long Beach, CA

WACHS, BARTON, MD
Long Beach, CA

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* Indica que el médico acepta únicamente pacientes actuales.

MEMORIALCARE MED GRP SADDLEBACK

Specialty Physicians/Médicos especialistas

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

Specialty Physicians/Médicos especialistas

Allergy Immunology

JIANG, FONDA, MD

Long Beach, CA

Anesthesiology Pain Management

HO, ALAN, MD

Long Beach, CA

Cardiology

Prasad, Aditya, MD

Long Beach, CA

Certified Nurse Practitioner

ALBRECHT, CHRISTINE, NP

Long Beach, CA

BOYD MORRISON,

SHAWNNA, NP

Long Beach, CA

Long Beach, CA

JOHNSON, KEENA, NP

Long Beach, CA

PEREZ, CORINNE, NP

Long Beach, CA

ROS, LIZA, NP

Long Beach, CA

TJOA, REX, NP

Long Beach, CA

Wilkinson, Elizabeth, NP

Long Beach, CA*

Dermatology

KANE, BRYNA, MD

Long Beach, CA

KUO, SANDY, MD

Long Beach, CA

Family Practice

HO, ANDREW, DO

Long Beach, CA

KOUROS, PHILIP, MD

Long Beach, CA

NGUYEN, DUC, MD

Long Beach, CA

OBZEJTA, NATALIA, MD

Long Beach, CA

ROY, PRISCILLIA, MD

Long Beach, CA

SHAIBANI, BANAFSHEH, MD

Long Beach, CA

Gastroenterology

JALALI, FARID, MD

Long Beach, CA

Hematology / Oncology

BLITZER, JONATHAN, MD

Long Beach, CA

Internal Medicine

TABRIZI, PELMA, MD

Long Beach, CA

Interventional Cardiology

DANON, SAAR, MD

Long Beach, CA

Nephrology

**CHIVANGKUL, CHONLADA,
MD**

Long Beach, CA

Neurology

COHEN, ALAN, MD

Long Beach, CA

Occupational Medicine

ESCOBAR, JUAN, MD

Long Beach, CA

Ophthalmology

CLARK, ROBERT, MD

Long Beach, CA

Ⓐ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

GASPERINI, JULIE, MD
Long Beach, CA

HARTMAN, CARL, MD
Lakewood, CA

Nhu, Thuc-Trinh, MD
Lakewood, CA

PASQUALI, LARRY, MD
Lakewood, CA

Pasquali, Theodore, MD
Lakewood, CA

SASAKI, IRENE, MD
Long Beach, CA

Pediatric Cardiology

Rahimi, Mohammad, MD
Long Beach, CA

Pediatric Gastroenterology

TRAN, ROBERT, MD
Long Beach, CA

Pediatric Orthopedics

CUNNINGHAM, TORIN, MD
Long Beach, CA

Pediatrics

FELDMAN, GARY, MD
Long Beach, CA

WEHBI, ELIAS, MD
Long Beach, CA
Long Beach, CA
Long Beach, CA

***Physical Medicine /
Rehabilitation***

Wong, Ashley, DO
Long Beach, CA

Podiatrist

ANGAROLA, JEFF, DPM
Long Beach, CA

Radiation Oncology

KABOLIZADEH, PEYMAN, MD
Long Beach, CA

Radiology Diagnostic

Gholamrezanezhad, Ali, MD
Long Beach, CA

Sleep Medicine

BROWN, STEPHEN, MD
Long Beach, CA

Surgery General

CULLINANE, CAREY, MD
Long Beach, CA

Surgery Hand

AHN, RICHARD, MD
Lakewood, CA
Long Beach, CA

Surgery Orthopedic

FARJOODI, PAYAM, MD
Lakewood, CA

Surgery Thoracic

ABOLHODA, AMIR, MD
Long Beach, CA

ALTSHULER, JEFFREY, MD
Long Beach, CA

CHIU, RYAN, MD
Long Beach, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

* Indicates accepting current patients only.

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MEMORIALCARE MEDICAL GROUP

PCPs/Médicos de atención primaria (PCP)

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

Family Practice

CASTILLO, ODRIN, MD ♂
ID No. 100359125002
450 E SPRING ST # 1
LONG BEACH, CA 90806
(562) 933-0050
Languages: Tagalog

Craemer, Elana, MD ♀
ID No. 100243685015
450 E SPRING ST # 1
Long Beach, CA 90806
(562) 933-0050
Languages: Spanish

HARMS, STEPHEN, DO ♂*
ID No. 100094369005
2110 N BELLFLOWER BLVD
Long Beach, CA 90815
(562) 346-2222

Specialty

Physicians/Médicos especialistas

Allergy Immunology

JIANG, FONDA, MD
Long Beach, CA

MELTZER, STEVEN, MD
Long Beach, CA

Anesthesiology Pain Management

EL-KHOURY, GEORGE, MD
Long Beach, CA

HO, ALAN, MD
Long Beach, CA

MIKHAEL, MEDHAT, MD
Long Beach, CA

Cardiology

APPLEBY, STEVEN, MD
Long Beach, CA

HOANG, KHIET, MD
Long Beach, CA

Prasad, Aditya, MD
Long Beach, CA

TOBIAS, SERGE, MD
Long Beach, CA

VAN GIESON, HENRY, MD
Long Beach, CA

WAIDER, WINFRIED, MD
Long Beach, CA

YOON, ANDREW, MD
Long Beach, CA

Certified Nurse Practitioner

ALBRECHT, CHRISTINE, NP
Long Beach, CA

BOYD MORRISON, SHAWNNA, NP
Long Beach, CA
Long Beach, CA

CHENG, JANET, NP
Long Beach, CA

JOHNSON, KEENA, NP
Long Beach, CA

MAGANA, ALMA, NP
Long Beach, CA

PEREZ, CORINNE, NP
Long Beach, CA

RODGERS, REBECCA, NP
Long Beach, CA

ROS, LIZA, NP
Long Beach, CA

SIANTURI, FABIOLA, NP
Long Beach, CA

TJOA, REX, NP
Long Beach, CA

Chiropractor

BARDI, FARIBA, DC
Long Beach, CA

BUTTS, MYRON, DC
Long Beach, CA

♂=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

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/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Dermatology

KANE, BRYNA, MD
Long Beach, CA

KUO, SANDY, MD
Long Beach, CA

KWAK, YOUNG, MD
Long Beach, CA

Nguyen, Hong, MD
Long Beach, CA

***Endocrinology Metabolism
Diabetes***

HSIEH, JENNIFER, DO
Long Beach, CA

Family Practice

HO, ANDREW, DO
Long Beach, CA

KOUROS, PHILIP, MD
Long Beach, CA

LE, HOANGVY, MD
Long Beach, CA

MAUSER, JUSTIN, MD
Long Beach, CA

NGUYEN, DUC, MD
Long Beach, CA

OBZEJTA, NATALIA, MD
Long Beach, CA

ROY, PRISCILLIA, MD
Long Beach, CA

***Female Pelvic Med and
Reconstructive Surg***

CRAIG, JOCELYN, MD
Long Beach, CA

Gastroenterology

Huang, Lizhou, MD
Long Beach, CA

PATEL, KALPANA, MD
Long Beach, CA

YAO, DIANA, MD
Long Beach, CA

Hematology / Oncology

BLITZER, JONATHAN, MD
Long Beach, CA

DEO, EKNATH, MD
Long Beach, CA

LYONS, WILLIAM, MD
Long Beach, CA

***Hospice and Palliative
Medicine***

BHARADWAJ, PARAG, MD
Long Beach, CA

GILLETTE, MARSHALL, MD
Long Beach, CA
Long Beach, CA

Infectious Disease

HEAN, SINDALISA, MD
Long Beach, CA

SU, HENRY, MD
Long Beach, CA

***Internal Medicine Critical
Care Medicine***

ALI, NAYYER, MD
Long Beach, CA

Internal Medicine

**CHAUHAN,
KAUSHALKUMAR, MD**
Long Beach, CA

IKUHARA, HIDENORI, MD
Long Beach, CA

TABRIZI, PELMA, MD
Long Beach, CA

Interventional Cardiology

DANON, SAAR, MD
Long Beach, CA

Nephrology

**CHIVANGKUL, CHONLADA,
MD**
Long Beach, CA

Chou, Jason, MD
Long Beach, CA

Fischman, Michael, MD
Lakewood, CA

HSIEH, JOHN, MD
Long Beach, CA

SEMERJIAN, AVEDIK, MD
Lakewood, CA

ZOLLER, KAREN, MD
Long Beach, CA

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MEMORIALCARE MEDICAL GROUP, continued/continuación

Specialty Physicians/Médicos especialistas

Neurology Child

DYES, MARY, MD

Long Beach, CA

LE, THANH, MD

Long Beach, CA

Neurology

COBO, NICOLE, MD

Long Beach, CA

COHEN, ALAN, MD

Long Beach, CA

MALUSTE, NEIL, MD

Long Beach, CA

Maasumi, Kasra, MD

Long Beach, CA

PATEL, NIRAV, MD

Long Beach, CA

RAMEZAN-ARAB, NIMA, MD

Long Beach, CA

Wang, George, MD

Long Beach, CA

YAFEH, BANAFSHEH, MD

Long Beach, CA

Nuclear Medicine

Rad, Amir, MD

Long Beach, CA

Obstetrics / Gynecology

CHAO, CYNTHIA, DO

Long Beach, CA

KARM, DEBORAH, MD

Long Beach, CA

Livingston, Briana, MD

Long Beach, CA

SEHWANI, SUNAINA, MD

Long Beach, CA

West, Elizabeth, MD

Long Beach, CA

Occupational Medicine

ESCOBAR, JUAN, MD

Long Beach, CA

Kumar, Chintan, MD

Long Beach, CA

Ophthalmology

CLARK, ROBERT, MD

Long Beach, CA

GASPERINI, JULIE, MD

Long Beach, CA

GHAFOURI, ROYA, MD

Long Beach, CA

HARTMAN, CARL, MD

Lakewood, CA

HERTZOG, LARS, MD

Long Beach, CA

JOTTERAND, VERONIQUE, MD

Long Beach, CA

MANCHANDIA, AJAY, MD

Long Beach, CA

MARTINEZ, CARLOS, MD

Long Beach, CA

MENGHANI, RAVI, MD

Long Beach, CA

MOK, AUDREY, MD

Long Beach, CA

Moarefi, Majid, MD

Long Beach, CA

PASQUALI, LARRY, MD

Lakewood, CA

PATEL, HARSHAD, MD

Long Beach, CA

Pasquali, Theodore, MD

Lakewood, CA

SASAKI, IRENE, MD

Long Beach, CA

Ung, Cindy, MD

Long Beach, CA

Optometrist

Lee, Jennifer, OD

Long Beach, CA

Otolaryngology / Otology / Laryngology / Rhinology

WILLNER, AYAL, MD

Long Beach, CA

Otolaryngology

BERTELSEN, CAITLIN, MD

Long Beach, CA

SCHWARTZ, MARISSA, MD

Long Beach, CA

TAN, JESSE, MD

Long Beach, CA

Ⓐ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

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Pediatric Cardiology**CHUN, DAVID, MD**
Long Beach, CA**Rahimi, Mohammad, MD**
Long Beach, CA***Pediatric Endocrinology*****BRAKIN, MARIO, MD**
Long Beach, CA**NAGPALA, PABLITO, MD**
Long Beach, CA***Pediatric Gastroenterology*****KUMAR, ANJULI, MD**
Long Beach, CA**MEHRA, MINI, MD**
Long Beach, CA**TRAN, ROBERT, MD**
Long Beach, CA***Pediatric Orthopedics*****ACOSTA, ANNA, MD**
Long Beach, CA**CHANG, EMORY, MD**
Long Beach, CA**CUNNINGHAM, TORIN, MD**
Long Beach, CA**HUH, KENNETH, MD**
Long Beach, CA***Pediatric Pulmonology*****SHAHRIARY, CYRUS, MD**
Long Beach, CA***Pediatric Radiology*****NGUYEN, SON, MD**
Long Beach, CA***Pediatrics*****FELDMAN, GARY, MD**
Long Beach, CA**WEHBI, ELIAS, MD**
Long Beach, CA
Long Beach, CA***Physical Medicine /
Rehabilitation*****BATKIN, FRED, MD**
Long Beach, CA**HOANG, DIEMHA, MD**
Long Beach, CA**HUANG, AUDREY, MD**
Long Beach, CA**KOH, JASON, DO**
Long Beach, CA**RAMOS, VENUS, MD**
Long Beach, CA**VASILE, ANN, MD**
Long Beach, CA**Wong, Ashley, DO**
Long Beach, CA***Physicians Assistant*****CAO, TAWNIE, PA**
Long Beach, CA**CHAPIN, DANA, PA**
Long Beach, CA**GAUTHIER, ANTHONY, PA**
Long Beach, CA**Janoian, Jason, PA**
Lakewood, CA
Long Beach, CA**TIMBERLAKE, JOANN, PA**
Long Beach, CA**TURNER, WILLIAM, PA**
Long Beach, CA***Podiatrist*****ANGAROLA, JEFF, DPM**
Long Beach, CA**AUGUSTUS, KAZUTO, DPM**
Long Beach, CA**SPAK, WILLIAM, DPM**
Long Beach, CA***Pulmonary Diseases*****BHATTACHARYYA,
SARATHI, MD**
Long Beach, CA**JOHANNES, JIMMY, MD**
Long Beach, CA
Long Beach, CA
Long Beach, CA**Jiang, Thomas, MD**
Long Beach, CA
Long Beach, CA**TANIOS, MAGED, MD**
Long Beach, CA**Yee, Christopher, MD**
Long Beach, CA
Long Beach, CA

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MEMORIALCARE MEDICAL GROUP, continued/continuación

Specialty Physicians/Médicos especialistas

Radiology Diagnostic X-ray

BECKER, ANTHONY, MD
Long Beach, CA

Radiology Diagnostic

Gholamrezanezhad, Ali, MD
Long Beach, CA

ISMAIL, AMEERA, MD
Long Beach, CA

KANGAVARI, PEYMAN, MD
Long Beach, CA

KIM, FRANCINE, MD
Long Beach, CA

RAKER, CHARLES, MD
Long Beach, CA

RAPPOPORT, ARNOLD, MD
Long Beach, CA

SZEDER, VIKTOR, MD
Long Beach, CA

Tansavatdi, Katharine, MD
Signal Hill, CA

Radiology Therapeutic

GATES, THOMAS, MD
Long Beach, CA

Radiology

TATESHIMA, SATOSHI, MD
Long Beach, CA

Registered Physical Therapist

SANCHEZ, CZARINA, PT
Downey, CA
Long Beach, CA

Rheumatology

GOMEZ, OLIVIA, MD
Lakewood, CA

HUSSAINI, NOREEN, MD
Long Beach, CA

Sleep Medicine

BROWN, STEPHEN, MD
Long Beach, CA

Surgery Cardiovascular

SAKWA, MARC, MD
Long Beach, CA

Surgery General Vascular

BAUMGARTNER, FRITZ, MD
Long Beach, CA

Surgery General

CULLINANE, CAREY, MD
Long Beach, CA

EDRICH, LESLIE, MD
Long Beach, CA

GRANT, STEVEN, MD
Long Beach, CA

MAGINOT, ANDRE, MD
Long Beach, CA

RAYHANABAD, JESSICA, MD
Long Beach, CA

Surgery Hand

AHN, RICHARD, MD
Lakewood, CA
Long Beach, CA

Surgery Orthopedic

COMBS, CHRISTOPHER, MD
Long Beach, CA
Lakewood, CA

ELIAS, RAMY, MD
Lakewood, CA

Gvozdyev, Borys, MD
Lakewood, CA

Hahn, Peter, MD
Long Beach, CA

WARDEN, WILLIAM, MD
Long Beach, CA

WASSEF, ANDREW, MD
Lakewood, CA

WASSEF, EZZAT, MD
Lakewood, CA

YUAN, PHILIP, MD
Long Beach, CA

Surgery Pediatric

Palejwala, Sheri, MD
Long Beach, CA

Surgery Thoracic

ABOLHODA, AMIR, MD
Long Beach, CA

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When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.
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ALTSHULER, JEFFREY, MD

Long Beach, CA

CHIU, RYAN, MD

Long Beach, CA

JOYO, COLIN, MD

Long Beach, CA

MURPHY, CHARLES, MD

Long Beach, CA

SHUMAN, ROBERT, MD

Long Beach, CA

Urology

WACHS, BARTON, MD

Long Beach, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

* Indicates accepting current patients only.

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MemorialCare Select Health Plan

Affiliated Hospitals/Hospitales afiliados

Affiliated Hospitals/Hospitales afiliados

LONG BEACH MEMORIAL MED CTR

2801 ATLANTIC AVE # 228
Long Beach, CA 90806

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

Family Practice

ARTER, JOEL, MD ♂

ID No. 100369663014
2880 ATLANTIC AVE # 210
LONG BEACH, CA 90806
(562) 424-4404
Languages: Spanish

BAMBRAH-DHAMIJA, MEHTAB, MD ♀

ID No. 100114408057
3760 ATLANTIC AVE
Long Beach, CA 90807
(562) 595-7467
*Languages: Cambodian, Gujarati,
Hindi*

BARNES, LAUREN, MD ♀

ID No. 100091239008
450 E SPRING ST STE 1
Long Beach, CA 90806
(562) 933-0050

CASTILLO, ODRIN, MD ♂

ID No. 100359125005
450 E SPRING ST # 1
LONG BEACH, CA 90806
(562) 933-0050
Languages: Tagalog

CHAUDHARY, VINITA, MD ♀

ID No. 100099965017
3650 SOUTH ST STE 210
Lakewood, CA 90712
(562) 630-0910
Languages: Hindi

DAVIS, TIFFANY, MD ♀

ID No. 100387595002
17660 LAKEWOOD BLVD
BELLFLOWER, CA 90706
(562) 264-4826

FIELDS, CARRIE, DO ♀

ID No. 100076680007
450 E SPRING ST STE 1
Long Beach, CA 90806
(562) 933-0050

FIELDS, CARRIE, DO ♀

ID No. 100076680011
2125 SANTA FE AVE
Long Beach, CA 90810
(844) 822-4663

FLETCHER, ABIGAIL, MD ♀

ID No. 100110136008
450 E SPRING ST STE 1
Long Beach, CA 90806
(562) 933-0050

HANAMSAGAR, SEEMA, MD ♀

ID No. 100114040041
3816 WOODRUFF AVE # 205
Long Beach, CA 90808
(562) 421-7292
Languages: Hindi, Marathi

HUCKABAY, CHRISTINA, MD ♀

ID No. 100135196004
1060 E 70TH ST
Long Beach, CA 90805
(844) 822-4646
Languages: Armenian, Spanish

Hanser, Robert, DO ♂

ID No. 100249205004
2110 N Bellflower Blvd
LONG BEACH, CA 90815
(562) 346-2222

KHOURY, MARIBEL, MD ♀

ID No. 100090775010
14906 PARAMOUNT BLVD
Paramount, CA 90723
(562) 630-1991
Languages: Arabic, Spanish

♂=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

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MemorialCare Select Health Plan, continued/continuación
PCPs/Médicos de atención primaria (PCP)

KREIDL, RENEE, MD ⑥

ID No. 100383451004
2360 PACIFIC AVE
LONG BEACH, CA 90806
(844) 822-4646

LA DUCA, BROOKE, MD ⑥

ID No. 100080452008
450 E SPRING ST STE 1
Long Beach, CA 90806
(562) 933-0050

LABATIA, SHERIF, MD ⑥*

ID No. 100195919030
5750 DOWNEY AVE # 206
LAKEWOOD, CA 90712
(562) 384-3034
Languages: Arabic, French

LEE, CHRISTINA, MD ⑥

ID No. 100099123021
817 ATLANTIC AVE
LONG BEACH, CA 90813
(562) 591-6890
*Languages: Cambodian,
Mandarin, Spanish*
Teleservice

LUTHER, JEFFREY, MD ⑥

ID No. 100085703008
450 E SPRING ST STE 1
Long Beach, CA 90806
(562) 933-0050

MASATSUGU, MILES, MD ⑥*

ID No. 100094925010
455 E COLUMBIA ST # 201
LONG BEACH, CA 90806
(844) 822-4646
Languages: Spanish

MIKHAIL, MARIANNE, MD

⑥*
ID No. 100196873025
5750 DOWNEY AVE # 206
Lakewood, CA 90712
(562) 384-3034
*Languages: Arabic, French,
Spanish*

MIOTTO, GABRIELLA, MD ⑥

ID No. 100082430006
455 E COLUMBIA ST ste 201
Long Beach, CA 90806
(844) 822-4646
*Languages: French, Italian,
Spanish*

MOGILEVSKY, NATALY, DO

⑥
ID No. 100145138006
17660 LAKEWOOD BLVD
Bellflower, CA 90706
(844) 822-4646
Languages: Russian, Spanish

MOGILEVSKY, NATALY, DO

⑥
ID No. 100145138010
455 E COLUMBIA ST ste 201
Long Beach, CA 90806
(562) 933-0400
Languages: Russian, Spanish

NGUYEN, RYAN, DO ⑥

ID No. 100048768008
2360 PACIFIC AVE
Long Beach, CA 90806
(844) 822-4646
Languages: Vietnamese

Navar, Lucia, MD ⑥

ID No. 100281695007
455 E COLUMBIA ST # 201
LONG BEACH, CA 90806
(844) 822-4646
Languages: Spanish

Rodriguez, Yvonne, MD ⑥*

ID No. 100295162005
3828 SCHAUFEE AVE # 200
LONG BEACH, CA 90808
(657) 241-8990
Languages: Spanish

SCOTT, TARA, MD ⑥*

ID No. 100165434007
2110 N Bellflower Blvd
Long Beach, CA 90815
(562) 346-2222

SETAREH, MICHAEL, MD ⑥

ID No. 100352443009
3490 LINDEN AVE # 2
Long Beach, CA 90807
(949) 491-9991
Languages: Farsi, Spanish

SHEPPARD, JAMES, DO ⑥

ID No. 100232942074
8706 IMPERIAL HWY
Downey, CA 90242
(562) 746-0051
Languages: Spanish

SLACK, CARYN, MD ⑥

ID No. 100335169002
17660 LAKEWOOD BLVD
BELLFLOWER, CA 90706
(844) 822-4646
Languages: French, Spanish

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

MemorialCare Select Health Plan, continued/continuación

PCPs/Médicos de atención primaria (PCP)

SWORDS, ROSE, MD ⑥

ID No. 100111408008
450 E SPRING ST STE 1
Long Beach, CA 90806
(562) 933-0050
Languages: Spanish

Su, Chloe, MD ⑥

ID No. 100373841004
3828 SCHAUFLE AVE # 200
LONG BEACH, CA 90808
(657) 241-8990

TSAI, JACK, MD ④

ID No. 100195589013
2125 SANTA FE AVE
LONG BEACH, CA 90810
(844) 822-4646
Languages: Mandarin, Spanish

TSAI, JACK, MD ④

ID No. 100195589007
1301 W 12TH ST
Long Beach, CA 90813
(844) 822-4646
Languages: Mandarin, Spanish

TYSON, YVONNE, MD ⑥

ID No. 100026273025
7643 ATLANTIC AVE
Cudahy, CA 90201
(323) 771-1713
Teleservice

TYSON, YVONNE, MD ⑥

ID No. 100026273053
3816 WOODRUFF AVE # 412
LONG BEACH, CA 90808
(562) 377-1111

VESCOVO, GINA, MD ⑥

ID No. 100080061006
1057 PINE AVE
Long Beach, CA 90813
(844) 822-4646
Languages: Spanish

YEH, PETER, MD ⑥

ID No. 100023700005
730 W 3RD ST
Long Beach, CA 90802
(844) 822-4646
Languages: Mandarin, Spanish

General Practice

CARDIN, JOHN, MD ④

ID No. 100090356005
2880 ATLANTIC AVE STE 230
Long Beach, CA 90806
(562) 424-4404
Languages: Spanish

DEVERA, EMMANUEL, MD ④

ID No. 100331452007
1760 TERMINO AVE # 116
Long Beach, CA 90804
(562) 597-8885
Teleservice

DEVERA, EMMANUEL, MD ④

ID No. 100331452008
1045 ATLANTIC AVE # 818
Long Beach, CA 90813
(562) 436-8117
Teleservice

Guevara, Maria, MD ⑥

ID No. 100310077045
780 ATLANTIC AVE
LONG BEACH, CA 90813
(562) 624-1111
Languages: Spanish, Tagalog

KHOURY, NABIL, MD ④

ID No. 100102905013
14906 PARAMOUNT BLVD
Paramount, CA 90723
(562) 630-1991
Languages: Arabic, French, Hebrew

Internal Medicine

ADAMS, JOHN, DO ④

ID No. 100025486116
2777 PACIFIC AVE # E
LONG BEACH, CA 90806
(562) 426-6571
Languages: Spanish

AWAD, JOHN, MD ④

ID No. 100375169018
3530 LONG BEACH BLVD # 120
LONG BEACH, CA 90807
(562) 989-1200
Languages: Arabic

AWAD, YOUSSEF, MD ④

ID No. 100083652025
3530 LONG BEACH BLVD # 120
LONG BEACH, CA 90807
(562) 989-1200
Languages: Arabic, Spanish

CHAUDHARY, ARCHNA, MD ⑥

ID No. 100109300026
4401 ATLANTIC AVE # 202
LONG BEACH, CA 90807
(562) 988-2777
Languages: Hindi, Tamil

DEJONG, CLAYTON, MD ④

ID No. 100048317008
300 REDONDO AVE
Long Beach, CA 90814
(562) 433-7496

④=LeapFrog

⑥=Female/Mujer ④=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.
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MemorialCare Select Health Plan, continued/continuación

PCPs/Médicos de atención primaria (PCP)

DELAROSA, PEDRO, MD

ID No. 100092868039
7643 ATLANTIC AVE
CUDAHY, CA 90201
(323) 771-1713

Languages: Spanish

DELAROSA, PEDRO, MD

ID No. 100092868019
3816 WOODRUFF AVE STE 412
Long Beach, CA 90808
(562) 377-1111

Languages: Spanish

DIX, KAREN, MD

ID No. 100038621040
911 E SAN ANTONIO DR # 1
LONG BEACH, CA 90807
(562) 728-8700

Dejong, Tyler, MD

ID No. 100318572002
300 Redondo Ave
Long Beach, CA 90814
(562) 433-7496

Languages: Spanish

HIRANO, LANCE, MD *

ID No. 100072486009
2110 N BELLFLOWER BLVD
LONG BEACH, CA 90815
(562) 346-2222

ILUORE, UDUAK, MD

ID No. 100138987008
701 E 28TH ST # 200
LONG BEACH, CA 90806
(844) 822-4646

JACKSON, ROZALIE, MD *

ID No. 100059694030
1777 N BELLFLOWER BLVD #
210
LONG BEACH, CA 90815
(562) 986-1450

Languages: Spanish

Contract terminated as of
10/31/2022

LICUANAN, JESSE, MD

ID No. 100032648037
3300 E SOUTH ST STE 205
Lakewood, CA 90805
(562) 531-0377

Languages: Spanish, Tagalog

MCCLOY, THOMAS, MD

ID No. 100068044013
1045 ATLANTIC AVE STE 1019
Long Beach, CA 90813
(562) 437-6213

Languages: Portuguese, Spanish

MILLIN, FRANKLIN, MD

ID No. 100104350008
1900 Atlantic Ave
Long Beach, CA 90806
(562) 277-9405

*Languages: Khmer, Spanish,
Tagalog
Teleservice*

MORTARA, LAURIE, MD *

ID No. 100103722016
2110 N BELLFLOWER BLVD
LONG BEACH, CA 90815
(562) 346-2222

NGA, VISAL, DO

ID No. 100150656029
1269 E ANAHEIM ST
Long Beach, CA 90813
(562) 599-5300

*Languages: Cambodian, Khmer,
Spanish*

PAIGNE, KITTYA, MD

ID No. 100105205023
3325 PALO VERDE AVE # 203
LONG BEACH, CA 90808
(562) 421-8283

Languages: Khmer, Spanish

PAIGNE, KITTYA, MD

ID No. 100105205018
1360 E ANAHEIM ST # 101
Long Beach, CA 90813
(562) 270-0324

Languages: Khmer, Spanish

Pham, Van, DO

ID No. 100330313003
3828 SCHAUFEELE AVE # 200
Long Beach, CA 90808
(657) 241-8990

Languages: Vietnamese

ROUZROCH, SIAMAK, MD

ID No. 100110083013
1703 TERMINO AVE STE 107
Long Beach, CA 90804
(562) 494-8008

*Languages: Farsi, German,
Spanish*

SVRDLAN, EVELINA, MD

ID No. 100176048004
2110 N BELLFLOWER BLVD
Long Beach, CA 90815
(562) 346-2222

Languages: Serbian

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

MemorialCare Select Health Plan, continued/continuación

PCPs/Médicos de atención primaria (PCP)

WU, JACK, MD ♂

ID No. 100098252012

3845 Atlantic Ave

LONG BEACH, CA 90807

(562) 595-9206

*Languages: Chinese, Khmer,
Mandarin*

Obstetrics / Gynecology

GRABOWSKI, CAROL, MD ♀

ID No. 100024686004

2360 PACIFIC AVE

Long Beach, CA 90806

(844) 822-4646

Languages: Spanish

Pediatrics

EZZAT, SARAH, MD ♀

455 E COLUMBIA ST # 201

Long Beach, CA 90806

(844) 822-4646

Languages: Arabic, Spanish

FEYGIN, POLINA, MD ♂

ID No. 100027762057

1110 W ANAHEIM ST STE 6

Wilmington, CA 90744

(310) 221-8532

Languages: Russian

Teleservice

JAYATILAKA, MATTHEW, MD ♂

ID No. 100010124017

1760 TERMINO AVE # 116

Long Beach, CA 90804

(562) 597-8885

Teleservice

JAYATILAKA, MATTHEW, MD ♂

ID No. 100010124016

1045 ATLANTIC AVE STE 818

Long Beach, CA 90813

(562) 436-8117

Teleservice

LAKTINEH, SOLOMON, MD ♂

ID No. 100038348011

780 Atlantic Ave

Long Beach, CA 90813

(562) 624-1111

Languages: Arabic, Spanish

TEJANI, NASIR, MD ♂

ID No. 100017986015

3325 PALO VERDE AVE STE

203

Long Beach, CA 90808

(562) 421-8283

Languages: Hindi, Spanish

Specialty Physicians/Médicos especialistas

Anesthesiology Pain Management

EL-KHOURY, GEORGE, MD

Long Beach, CA

Cardiology

APPLEBY, STEVEN, MD

Long Beach, CA

Cardiovascular Disease

HOANG, KHIET, MD

Long Beach, CA

RAWAL, MILAN, MD

Lakewood, CA

SRINATHA, KONANUR, MD

Bellflower, CA

Certified Nurse Practitioner

CHIM, VANDARA, NP

Long Beach, CA

Crosbie, Erin, NP

Long Beach, CA

FIHN, SARAH, NP

Long Beach, CA

Flaming, Susan, NP

Long Beach, CA

Perris, Heather, NP

Long Beach, CA

SO, ANGELA, NPF

Long Beach, CA

Vicente, Jennifer, NP

Lakewood, CA

Dermatology

ROSENBERG, FREDRIC, MD

Lakewood, CA

Endocrinology Reproductive

VISWANATHAN, KANCHANA, MD

Long Beach, CA
Lakewood, CA - Teleservice

Family Practice Geriatric Medicine

KREIDL, RENEE, MD

Long Beach, CA

♂=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Family Practice

BARROGA, HANNAH MARIA, DO
Long Beach, CA

PATEL, RAMESH, MD
Long Beach, CA

Gastroenterology

COX, CONRAD, MD
Lakewood, CA

GOSHTASBI, SAEID, MD
Long Beach, CA

MUKHERJEE, MATTHEW, MD
Long Beach, CA

PATEL, KALPANA, MD
Long Beach, CA

YAO, DIANA, MD
Long Beach, CA

Hematology / Oncology

DEO, EKNATH, MD
Long Beach, CA

Infectious Disease

HIRANO, LANCE, MD
Long Beach, CA*

MORTARA, LAURIE, MD
Long Beach, CA*

Internal Medicine

CONTRERAS, ROBERTO, MD
Long Beach, CA
Long Beach, CA

KIM, KENNETH, MD
Long Beach, CA

TEJANI, NASIR, MD
Long Beach, CA

Maternal and Fetal Medicine

HAYDON, MICHAEL, MD
Long Beach, CA

Neonatal / Perinatal Medicine

CHAU, CINDY, MD
Long Beach, CA

Nephrology

ERLBAUM, ALAN, MD
Long Beach, CA

HSIEH, JOHN, MD
Long Beach, CA

ISMAIL, MOHAMMAD, MD
Paramount, CA - Teleservice

MAASARANI, ESSAM, MD
Long Beach, CA

PARK, ALICE, MD
Long Beach, CA

ZOLLER, KAREN, MD
Long Beach, CA

Neurology Child

COBO, NICOLE, MD
Long Beach, CA

DYES, MARY, MD
Long Beach, CA

LUBENS, PERRY, MD
Long Beach, CA

Neurology

HIJAZIN, MUNTHER, MD
Downey, CA

MITRI, ANTOINE, MD
Downey, CA - Teleservice

PRENTICE, THEODORE, MD
Downey, CA - Teleservice

Obstetrics / Gynecology

BHATIA, NARENDER, MD
Long Beach, CA

NAGEOTTE, MICHAEL, MD
Long Beach, CA - Teleservice

NGUYEN, HA, MD
Long Beach, CA

RUBINSON, WILLIAM, MD
Downey, CA

SEET, EMILY, MD
Long Beach, CA

Obstetrics

CARDIN, JOHN, MD
Long Beach, CA

CORREA, COREEN, NP
Long Beach, CA

GRABOWSKI, CAROL, MD
Long Beach, CA

MILLS, MARLIN, MD
Long Beach, CA

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* Indica que el médico acepta únicamente pacientes actuales.

MemorialCare Select Health Plan, continued/continuación

Specialty Physicians/Médicos especialistas

MIZRAHI, RABIN, MD

Long Beach, CA

SOHL, BERTRAM, MD

Long Beach, CA

Ophthalmology / Otology / Laryngology / Rhinology

CLARK, ROBERT, MD

Long Beach, CA

GASPERINI, JULIE, MD

Long Beach, CA

**JOTTERAND, VERONIQUE,
MD**

Long Beach, CA

NGUYEN, RANDALL, MD

Long Beach, CA

ROH, MICHAEL, MD

Long Beach, CA

YOSHPE, NINA, MD

Long Beach, CA

Ophthalmology

WILLIAMS, FREDERICK, MD

Long Beach, CA - Teleservice

Pediatric Allergy / Immunology

RANDHAWA, INDERPAL, MD

Long Beach, CA

Pediatric Cardiology

BYRNE, FRANCESCA, MD

Long Beach, CA

TAN, CHRISTOPHER, MD

Long Beach, CA

Pediatric Gastroenterology

Chen, Leon, MD

Long Beach, CA

KUMAR, ANJULI, MD

Long Beach, CA

LIN, MALINDA, MD

Long Beach, CA*

MEHRA, MINI, MD

Long Beach, CA

SELA-HERMAN, SARAH, MD

Long Beach, CA

STEINMETZ, BARRY, MD

Long Beach, CA

TRAN, ROBERT, MD

Long Beach, CA

Pediatric Infectious Diseases

BATRA, JAGMOHAN, MD

Long Beach, CA

CHEN, TEMPE, MD

Long Beach, CA

DEVEIKIS, AUDRA, MD

Long Beach, CA

MICHALIK, DAVID, DO

Long Beach, CA

Pediatric Nephrology

RAJPOOT, DEEPAK, MD

Long Beach, CA

Pediatric Pulmonology

CHEN, JEN, MD

Long Beach, CA

NUSSBAUM, ELIEZER, MD

Long Beach, CA

SHAHRIARY, CYRUS, MD

Long Beach, CA

VASQUEZ, DIBANNI, MD

Long Beach, CA

Pediatrics

BEDELL, KIMBERLY, MD

Long Beach, CA

BRAKIN, MARIO, MD

Long Beach, CA

FELDMAN, GARY, MD

Long Beach, CA

GARY, JENNIE, MD

Long Beach, CA

GOODMAN, MARK, MD

Long Beach, CA

Physicians Assistant

GODOY, CAROL, PA

Downey, CA

Long Beach, CA

Gonzalez, Leticia, PA

Cudahy, CA

SAHLE, SELAM, PA

Long Beach, CA

ZAMORA, MERCY, PA

Long Beach, CA

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

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/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Podiatrist

ASLMAND, PEDRAM, DPM
Long Beach, CA

WEINGARTEN, NAFTOLI, DPM
Long Beach, CA

Psychiatry Child

KURKJIAN, AZAD, MD
Long Beach, CA

Psychiatry

Pulmonary Diseases

ALI, NAYYER, MD
Long Beach, CA

Radiation Oncology

MOYSES, HARRY, MD
Long Beach, CA

Rheumatology

GOMEZ, OLIVIA, MD
Lakewood, CA

HUSSAINI, NOREEN, MD
Long Beach, CA

Surgery General Vascular

MAGINOT, ANDRE, MD
Long Beach, CA

Surgery General

EDRICH, LESLIE, MD
Long Beach, CA

ISLAS, JEFFREY, MD
Long Beach, CA

KHOURY, NABIL, MD
Paramount, CA

Surgery Orthopedic

CHANG, EMORY, MD
Long Beach, CA

CUNNINGHAM, TORIN, MD
Long Beach, CA

HAJALILOO, FARHAD, MD
Long Beach, CA

HUH, KENNETH, MD
Long Beach, CA

JAZAYERI, M, MD
Long Beach, CA - Teleservice

Surgery Plastic

DANIELS, MARCEL, MD
Long Beach, CA

Surgery Thoracic

BAUMGARTNER, FRITZ, MD
Long Beach, CA

SETTY, SHAUN, MD
Long Beach, CA

Urology

PERLEY, JONATHAN, MD
Lakewood, CA

PERLEY, JULES, MD
Lakewood, CA

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

NOBLE AMA IPA

PCPs/Médicos de atención primaria (PCP)

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

General Practice

PRUM, KUNTHY, MD ♂*

ID No. 100104802014
2602 E ANAHEIM ST
LONG BEACH, CA 90804
(562) 386-2043

Languages: French, Khmer, Vietnamese

VO, PHAC, MD ♂

ID No. 100092542002
611 E ANAHEIM ST
Long Beach, CA 90813
(562) 591-8982

Languages: French, Khmer, Spanish

Internal Medicine

MEKA, MEENA, MD ♀*

ID No. 100219558100
1510 E 7th St
LONG BEACH, CA 90813
(562) 590-9800

*Languages: Spanish
Teleservice*

NGUYEN, ROBERT, MD ♂

ID No. 100113325026
1936 E ANAHEIM ST
LONG BEACH, CA 90813
(951) 637-9999

Languages: Vietnamese

TREJO, EMMA, MD ♀

ID No. 100106787028
1403 LOMITA BLVD # 100
Harbor City, CA 90710
(310) 784-5800

*Languages: Spanish
Teleservice*

TREJO, EMMA, MD ♀

ID No. 100106787027
200 E Anaheim St
Wilmington, CA 90744
(310) 522-8700

*Languages: Spanish
Teleservice*

Specialty Physicians/Médicos especialistas

Ophthalmology

JOTTERAND, VERONIQUE, MD

Long Beach, CA

Surgery Colon Surgery

Ruiz, Carmen, MD

Long Beach, CA

Surgery Thoracic

GREWAL, NAVROSE, MD

Lakewood, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

♂=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

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**Affiliated
Hospitals/Hospitales
afiliados**

**LAKEWOOD REGIONAL
MED CTR ☉**
3700 SOUTH ST
Lakewood, CA 90712

**WHITTIER HOSPITAL
MEDICAL CENTER ☉**
9080 COLIMA RD
Whittier, CA 90605

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

**PCPs/Médicos de atención
primaria (PCP)**

Family Practice

Barlow, Ryan, DO ☉
ID No. 100296032073
11938 PARAMOUNT BLVD
Downey, CA 90242
(562) 923-6060
Teleservice

GLOR, RITA, DO ☉
ID No. 100095905029
11903 DOWNEY AVE
Downey, CA 90242
(562) 869-1121
Languages: Arabic

LALEZARY, ARASH, MD ☉
ID No. 100108413031
7218 GARFIELD AVE
Bell Gardens, CA 90201
(562) 927-1111
*Languages: Faroese, Farsi,
French*

MENDOZA, MANUEL, MD ☉
ID No. 100047566028
16323 CLARK AVE
Bellflower, CA 90706
(562) 925-7716
Languages: Spanish, Tagalog

MENDOZA, MANUEL, MD ☉
ID No. 100047566079
11735 Firestone Blvd
NORWALK, CA 90650
(562) 925-7716
Languages: Spanish, Tagalog

RUBINSON, WILLIAM, MD ☉
ID No. 100036140048
8500 FLORENCE AVE # 101
Downey, CA 90240
(562) 923-6060
*Languages: Farsi, Gujarati,
Hebrew*

RUBINSON, WILLIAM, MD ☉
ID No. 100036140258
11938 Paramount Blvd
Downey, CA 90242
(562) 923-6060
*Languages: Farsi, Gujarati,
Hebrew*

RUBINSON, WILLIAM, MD ☉
ID No. 100036140050
3300 E SOUTH ST # 209
LAKEWOOD, CA 90805
(562) 923-6601
*Languages: Farsi, Gujarati,
Hebrew*

Rezai, Damoun, MD ☉
ID No. 100319598010
11843 Whittier Blvd
Whittier, CA 90601
(562) 325-5336
Languages: Farsi, Spanish

**VAZQUEZ, CAROLINA, MD
☉**
ID No. 100068234014
6501 EASTERN AVE # A
BELL GARDENS, CA 90201
(323) 771-0145
Languages: Spanish

WINKLER, HEIDI, MD ☉
ID No. 100060647037
10210 ORR AND DAY RD # A
SANTA FE SPRINGS, CA 90670
(562) 864-4000
Languages: Spanish

General Practice

BAI, EUNG, MD ☉
ID No. 100015977026
12017 ROSECRANS AVE
Norwalk, CA 90650
(562) 868-2027
Languages: Korean

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

Nuestra Familia Med Group, continued/continuación

PCPs/Médicos de atención primaria (PCP)

HABIB, SHEHNAZ, MD ⑥

ID No. 100083641094

8800 ALONDRA BLVD # C
BELLFLOWER, CA 90706
(562) 602-2508

*Languages: Gujarati, Hindi,
Spanish*

Teleservice

HABIB, SHEHNAZ, MD ⑥

ID No. 100083641093

8540 ALONDRA BLVD STE B2
Paramount, CA 90723
(562) 602-2508

*Languages: Gujarati, Hindi,
Spanish*

MADRID, SANDRA, MD ⑥

ID No. 100072138014

12462 WASHINGTON BLVD
Whittier, CA 90602
(562) 693-0725

Languages: Spanish

SADIGHI, SAEID, MD ②

ID No. 100026409036

11702 IMPERIAL HWY STE 110
Norwalk, CA 90650
(562) 406-8655

Languages: Farsi, Spanish

Internal Medicine

BOROUJERDI-RAD, HASSAN, MD ②*

ID No. 100104057043

14350 WHITTIER BLVD STE
101
Whittier, CA 90605
(562) 907-7616

CHODE, PRASAD, MD ②

ID No. 100068754014

8255 FIRESTONE BLVD # 501
DOWNEY, CA 90241
(562) 319-2085

Languages: Telugu

HASHEMI, ZIA, MD ②

ID No. 100081811012

4750 GAGE AVE
Bell, CA 90201
(323) 562-1100

Languages: Farsi, Spanish

JELLEN, BETTY, MD ⑥

ID No. 100097820109

16444 PARAMOUNT BLVD #
103

PARAMOUNT, CA 90723
(323) 980-9600

Languages: Spanish

KANG, DENO, MD ②

ID No. 100097156026

18102 PIONEER BLVD STE 204
Artesia, CA 90701
(562) 402-9801

Languages: Korean

PATEL, GNYANDEV, MD ②

ID No. 100078689065

3300 E SOUTH ST STE 206
Lakewood, CA 90805
(562) 232-2380

Languages: Gujarati, Hindi

ROUZROCH, SIAMAK, MD ②

ID No. 100110083030

1703 TERMINO AVE STE 107
Long Beach, CA 90804
(562) 494-8008

*Languages: Farsi, German,
Spanish*

WONG, HANSON, MD ②

ID No. 100100599042

10230 ARTESIA BLVD STE 201
Bellflower, CA 90706
(562) 804-7223

*Languages: Cantonese, Mandarin,
Spanish*

Specialty

Physicians/Médicos especialistas

Cardiology

MAHAISAVARIYA, PAIBOON, MD

Downey, CA

Cardiovascular Disease

PATEL, NIMISH, MD

Whittier, CA

SINGH, ANANTJIT, MD

Downey, CA

YOSHINO, PAUL, MD

Downey, CA

Certified Nurse Practitioner

SAMPEDRO, JOCELYN, NP

Downey, CA

Chiropractor

URTEAGA, MANUEL, DC

Whittier, CA

Endocrinology Metabolism Diabetes

EITAN, NATHAN, MD

Whittier, CA

②=LeapFrog

⑥=Female/Mujer ②=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

JELLEN, BETTY, MD
Paramount, CA

Gastroenterology

DOBALIAN, DEREK, MD
Long Beach, CA

Hematology / Oncology

FREIMANN, JACK, MD
Downey, CA
Lakewood, CA
Whittier, CA

Marathe, Omkar, MD
Lakewood, CA - Teleservice

Morrison, David, MD
Downey, CA
Lakewood, CA

SHUM, MERRILL, MD
Whittier, CA

Infectious Disease

DOO, BRYAN, MD
Whittier, CA

Internal Medicine

HABIB, SHEHNAZ, MD
Bellflower, CA - Teleservice
Paramount, CA

Nephrology

BOROUJERDI-RAD, HASSAN, MD
Whittier, CA*

Neurology

MANSOUR, KHALIFA, MD
Downey, CA

Obstetrics / Gynecology

DANESHGAR, KOUROSH, MD
Bellflower, CA

HASHEMI, ZIA, MD
Bell, CA

KENT, DOLORES, MD
Bellflower, CA

NASSIR, ALBERT, MD
Bellflower, CA

NIETO, SANDRA, MD
Norwalk, CA

Ophthalmology

CHANG, TOM, MD
San Pedro, CA

DAVIS, MICHAEL, MD
Downey, CA

GRANT-ACQUAH, KWEKU, MD
Long Beach, CA

SUK, KEVIN, MD
Downey, CA

Optometrist

GOLDSTONE, ALAN, OD
Long Beach, CA

GOLDSTONE, HARVEY, OD
Long Beach, CA

Pediatric Cardiology

BURKE, LENNIS, MD
Downey, CA

Physicians Assistant

Ocalaplapit, Walter, PA
La Mirada, CA

Surgery General

HIFUMI, GLENN, MD
Bellflower, CA - Teleservice

Surgery Orthopedic

WASSEF, ANDREW, MD
Lakewood, CA
Long Beach, CA

Surgery Thoracic

STEIN, ALEXANDER, MD
Long Beach, CA

Urology

PERLEY, JONATHAN, MD
Lakewood, CA
Norwalk, CA

* Indicates accepting current patients only.
* Indica que el médico acepta únicamente pacientes actuales.

OPTUM - DEL MAR

Specialty Physicians/Médicos especialistas

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

Specialty

Physicians/Médicos especialistas

Surgery General

Albin, Michael, MD

Long Beach, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

Ⓐ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.
/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

Specialty
Physicians/Médicos
especialistas

Ophthalmology

BROWN, BRIAN, MD
Downey, CA

Surgery Neurological

MINASSIAN, HAIG, MD
Whittier, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

* Indicates accepting current patients only.
* Indica que el médico acepta únicamente pacientes actuales.

OPTUM - GLEN OAKS

Specialty Physicians/Médicos especialistas

Urgent Care Centers

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Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

Specialty

Physicians/Médicos especialistas

Surgery General

Albin, Michael, MD

Long Beach, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

Ⓐ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

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/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

**Affiliated
Hospitals/Hospitales
afiliados**

**PROVIDENCE LITTLE CO OF
MARY MED CTR SAN PEDRO**

④
1300 W 7TH ST
San Pedro, CA 90732

**ST MARY MEDICAL CENTER
LONG BEACH ④**
1050 LINDEN AVE
Long Beach, CA 90813

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

**PCPs/Médicos de atención
primaria (PCP)**

Family Practice

AMADOR, ELLEN, DO ④
ID No. 100087763019
2600 REDONDO AVE
LONG BEACH, CA 90806
(562) 988-7000
Languages: Spanish, Tagalog

DJODEIR, MASOOMEH, MD ④
ID No. 100168755012
4910 AIRPORT PLAZA DR # 100
LONG BEACH, CA 90815
(562) 429-2473
Languages: Farsi, Spanish

Flores-Rios, Johana, MD ④
ID No. 100327220006
2600 Redondo Ave
Long Beach, CA 90806
(562) 988-7000
Languages: Spanish

Gill, Virpal, MD ④
ID No. 100384430002
2600 Redondo Ave
LONG BEACH, CA 90806
(562) 988-7000

HOANG, THAO, DO ④
ID No. 100105391008
5001 LAKEWOOD BLVD
Lakewood, CA 90712
(562) 361-5650
Languages: Chinese, Vietnamese

LEE, CHRISTINA, MD ④
ID No. 100099123045
817 ATLANTIC AVE
LONG BEACH, CA 90813
(562) 591-6890
*Languages: Cambodian,
Mandarin, Spanish*
Teleservice

LEE, STEPHEN, MD ④
ID No. 100020508062
21508 NORWALK BLVD
Hawaiian Gardens, CA 90716
(562) 865-5214
Languages: Korean, Spanish

LONG, MATTHEW, DO ④
ID No. 100054187018
2600 Redondo Ave
LONG BEACH, CA 90806
(562) 988-7000
Languages: Spanish

MANOS, ANDREW, MD ④
ID No. 100083638017
2600 REDONDO AVE
LONG BEACH, CA 90806
(562) 988-7000
Languages: Greek, Spanish

ROCILLO, GINA, MD ④
ID No. 100152724009
13357 SOUTH ST
Cerritos, CA 90703
(562) 379-8000
Languages: Tagalog

Tawfik, Atef, MD ④
ID No. 100216991027
1081 Long Beach Blvd
Long Beach, CA 90813
(562) 432-5661
Languages: Arabic

Urmaza, Kevin, DO ④*
ID No. 100355797005
8311 Florence Ave
DOWNEY, CA 90240
(562) 923-4911

Internal Medicine

GALLARDO, PAUL, MD ④
ID No. 100094810008
8311 FLORENCE AVE
Downey, CA 90240
(562) 923-4911
Languages: Spanish

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

OPTUM - LONG BEACH N ORANGE CTY, continued/continuación

PCPs/Médicos de atención primaria (PCP)

KHERA, GURCHARAN, MD ♂

ID No. 100190478016
4910 AIRPORT PLAZA DR # 100
Long Beach, CA 90815
(562) 429-2473
Languages: Cantonese, Hindi, Indonesian

LEKA, TESFAYE, MD ♂

ID No. 100096020003
3932 LONG BEACH BLVD ste B
Long Beach, CA 90807
(562) 304-2100
Languages: Amharic, Arabic

NGUYEN, HAIVY, MD ♀

ID No. 100369185005
1081 LONG BEACH BLVD
LONG BEACH, CA 90813
(562) 432-5661
Languages: Vietnamese

PATEL, SHIRISH, MD ♂

ID No. 100027543061
5220 CLARK AVE STE 125
Lakewood, CA 90712
(562) 925-7401
Languages: Gujarati, Hindi, Spanish

Phan, Hung, MD ♂

ID No. 100279178015
8311 FLORENCE AVE
DOWNEY, CA 90240
(562) 923-4911
Languages: German, Spanish, Vietnamese

ROTH, JEFFREY, DO ♂

ID No. 100063227004
2600 REDONDO AVE
Long Beach, CA 90806
(562) 988-7000
Languages: Spanish

SHOGA, WAIL, DO ♂

ID No. 100101016011
4910 AIRPORT PLAZA DR # 100
LONG BEACH, CA 90815
(562) 429-2473
Languages: Arabic

YI, SU, MD ♀

ID No. 100071140004
2600 REDONDO AVE
Long Beach, CA 90806
(562) 988-7000
Languages: Korean

Specialty **Physicians/Médicos** **especialistas**

Addictive Medicine

DOKUKIN, ANDREI, MD

Long Beach, CA

Anesthesiology Pain ***Management***

EL-KHOURY, GEORGE, MD

Long Beach, CA

Certified Nurse Practitioner

HWANG, SO YOUNG, NP

Long Beach, CA*

Endocrinology Metabolism ***Diabetes***

Hosseini, Alireza, MD

Long Beach, CA

Gastroenterology

FAN, ROBERT, MD

Long Beach, CA

Infectious Disease

SU, HENRY, MD

Long Beach, CA

Internal Medicine

DAS, APARNA, MD

Long Beach, CA

Maternal and Fetal Medicine

SACHAR, VIKAS, MD

Long Beach, CA - Teleservice

Nephrology

Chou, Jason, MD

Long Beach, CA

DASWANI, ADARSH, MD

Lakewood, CA

PARK, ALICE, MD

Long Beach, CA

Long Beach, CA

PATEL, SAPNA, MD

Long Beach, CA

Long Beach, CA

Sekhon, Bikram, MD

Lakewood, CA

Neurology

LIN, ELINOR, MD

Long Beach, CA

OH, HAERYONG, MD

Long Beach, CA

TRUONG, DANIEL, MD

Long Beach, CA

♂=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

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/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Truong, Kong, MD
Long Beach, CA

WAZNI, WLED, MD
Long Beach, CA

Obstetrics / Gynecology

FATEHCHEHR, SOORENA, MD
Long Beach, CA
Long Beach, CA

Oncology Medical

CIAROLLA, ANTHONY, MD
Long Beach, CA
San Pedro, CA

Otolaryngology

NGUYEN, QUOC, MD
Long Beach, CA

Pediatric Pulmonology

Foley, Elizabeth, MD
Long Beach, CA

Physical Medicine / Rehabilitation

BATKIN, FRED, MD
Long Beach, CA

Podiatrist

JUNG, JAMES, DPM
Long Beach, CA

Radiation Oncology

LAWRENSON, LESLEY, MD
Long Beach, CA

Rheumatology

DOLAN, GEOFFREY, MD
Long Beach, CA

Surgery General

MURRAY, JAMES, MD
Long Beach, CA

Surgery Orthopedic

CUNNINGHAM, TORIN, MD
Long Beach, CA

GREEN, EDWARD, MD
Long Beach, CA

KIM, WILLIAM, MD
Long Beach, CA

* Indicates accepting current patients only.
* Indica que el médico acepta únicamente pacientes actuales.

OPTUM - LONG BEACH

Affiliated Hospitals/Hospitales afiliados

Affiliated Hospitals/Hospitales afiliados

**LONG BEACH MEMORIAL
MED CTR**
2801 ATLANTIC AVE # 228
Long Beach, CA 90806

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

Family Practice

ARSI, KIMBERLY, DO ⑥
ID No. 100089285005
6226 E SPRING ST STE 100
Long Beach, CA 90815
(562) 420-1338
Languages: Spanish

**BAMBRAH-DHAMIJA,
MEHTAB, MD** ⑥
ID No. 100114408021
18326 PIONEER BLVD
Artesia, CA 90701
(562) 860-5599
*Languages: Cambodian, Gujarati,
Hindi*

**BAMBRAH-DHAMIJA,
MEHTAB, MD** ⑥
ID No. 100114408022
3760 ATLANTIC AVE
Long Beach, CA 90807
(562) 595-7467
*Languages: Cambodian, Gujarati,
Hindi*

CHAUDHARY, VINITA, MD ⑥
ID No. 100099965008
3650 SOUTH ST STE 210
Lakewood, CA 90712
(562) 630-0910
Languages: Hindi

CONSTANTINO, LOIDA, MD ⑥
ID No. 100095454004
1777 N BELLFLOWER BLVD
STE 104
Long Beach, CA 90815
(562) 961-8820
Languages: Spanish, Tagalog

DE LEON, YEYMI, MD ⑥
ID No. 100169906012
5001 LAKEWOOD BLVD
LAKEWOOD, CA 90712
(562) 361-5650
Languages: Spanish

DHAMIJA, KAILASH, MD ⑥
ID No. 100089396026
18326 PIONEER BLVD
Artesia, CA 90701
(562) 860-5599
*Languages: Cambodian, Gujarati,
Hindi*
Teleservice

DHAMIJA, RAJIV, MD ⑥*
ID No. 100089395019
18326 PIONEER BLVD
Artesia, CA 90701
(562) 860-5599
*Languages: Cambodian, Gujarati,
Hindi*

DHAMIJA, RAJIV, MD ⑥*
ID No. 100089395014
3760 ATLANTIC AVE
Long Beach, CA 90807
(562) 595-7467
*Languages: Cambodian, Gujarati,
Hindi*

DIX, KAREN, MD ⑥
ID No. 100038621032
911 E SAN ANTONIO DR # 1
LONG BEACH, CA 90807
(562) 728-8700

Flores-Rios, Johana, MD ⑥
ID No. 100327220010
5001 LAKEWOOD BLVD
LAKEWOOD, CA 90712
(562) 361-5650
Languages: Spanish

Gaddam, Prarthana, MD ⑥
ID No. 100241921004
6226 E SPRING ST # 100
Long Beach, CA 90815
(562) 420-1338
Languages: Hindi, Telugu

⑥=LeapFrog

⑥=Female/Mujer ⑥=Male/Hombre

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HANAMSAGAR, SEEMA, MD



ID No. 100114040087
3816 WOODRUFF AVE # 406
LONG BEACH, CA 90808
(562) 421-7292

Languages: Hindi, Marathi

LEE, CHRISTINA, MD



ID No. 100099123008
817 ATLANTIC AVE
LONG BEACH, CA 90813
(562) 591-6890

Languages: Cambodian,

Mandarin, Spanish

Teleservice

NOUH, MUHAMMAD, DO



ID No. 100350544003
6226 E SPRING ST # 100
Long Beach, CA 90815
(562) 420-1338

Languages: Arabic, Spanish

PEREZ, ANGEL, MD



ID No. 100099270013
1721 N WILMINGTON BLVD
Wilmington, CA 90744
(310) 835-1414

Languages: Spanish

PHAM, ANH, MD



ID No. 100105480007
6226 E SPRING ST STE 100
Long Beach, CA 90815
(562) 420-1338

PHAN, HUY, MD



ID No. 100071222005
6226 E SPRING ST STE 100
Long Beach, CA 90815
(562) 420-1338

Languages: Spanish, Vietnamese

TYSON, YVONNE, MD



ID No. 100026273026
7643 ATLANTIC AVE
Cudahy, CA 90201
(323) 771-1713
Teleservice

TYSON, YVONNE, MD



ID No. 100026273005
925 E SAN ANTONIO DR STE
18
Long Beach, CA 90807
(562) 728-6738
Teleservice

Tawfik, Atef, MD



ID No. 100216991015
1081 Long Beach Blvd
Long Beach, CA 90813
(562) 432-5661

Languages: Arabic

UBA, GRANT, MD



ID No. 100086494008
6226 E SPRING ST STE 100
Long Beach, CA 90815
(562) 420-1338

ZAMOST, MARVIN, MD



ID No. 100020429008
6226 E SPRING ST STE 100
Long Beach, CA 90815
(562) 420-1338

General Practice

TABILA, RODOLFO, MD



ID No. 100072742007
1339 W WILLOW ST
Long Beach, CA 90810
(562) 492-6698

Languages: Spanish, Tagalog

Internal Medicine

ADAMS, JOHN, DO



ID No. 100025486009
2777 PACIFIC AVE
Long Beach, CA 90806
(562) 426-6571

Languages: Spanish

Teleservice

CHAUDHARY, ARCHNA, MD



ID No. 100109300023
4401 ATLANTIC AVE # 202
LONG BEACH, CA 90807
(562) 988-2777

Languages: Hindi, Tamil

CHUNG, WINSTON, MD



ID No. 100059063022
5150 E PACIFIC COAST HWY #
500
LONG BEACH, CA 90804
(562) 299-5200

Languages: Chinese, Spanish

COMER, ROBERT, MD



ID No. 100063023004
3610 LONG BEACH BLVD # 102
Long Beach, CA 90807
(562) 595-7784

Languages: Spanish

ELSAYAD, NABIL, MD



ID No. 100019415012
1626 N AVALON BLVD
Wilmington, CA 90744
(310) 834-4666

*Languages: Arabic, French,
Spanish*

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

OPTUM - LONG BEACH, continued/continuación

PCPs/Médicos de atención primaria (PCP)

FERRERA, PETER, MD ♂

ID No. 100082463003
 1045 ATLANTIC AVE STE 505
 Long Beach, CA 90813
 (562) 495-4952

*Languages: German, Spanish***GUERRERO-NIEVA, ARLEEN, MD** ♀

ID No. 100031538002
 330 W WILLOW ST
 Long Beach, CA 90806
 (562) 595-9835

*Languages: Spanish, Tagalog***GUEVARA, DAISY, MD** ♀*

ID No. 100067223009
 8311 FLORENCE AVE
 Downey, CA 90240
 (562) 923-4911

Languages: Spanish, Tagalog

Contract terminated as of
 10/31/2022

JACKSON, ROZALIE, MD ♀*

ID No. 100059694021
 1777 N BELLFLOWER BLVD #
 210
 LONG BEACH, CA 90815
 (562) 986-1450

Languages: Spanish

Contract terminated as of
 10/31/2022

KHERA, GURCHARAN, MD ♂

ID No. 100190478013
 4910 AIRPORT PLAZA DR # 100
 Long Beach, CA 90815
 (562) 429-2473

*Languages: Cantonese, Hindi, Indonesian***LAI, SEN, MD** ♂

ID No. 100018101008
 1974 Santa Fe Ave
 LONG BEACH, CA 90810
 (562) 595-9799

*Languages: Cambodian, Chinese, Mandarin***LICUANAN, JESSE, MD** ♂

ID No. 100032648036
 3300 E SOUTH ST STE 205
 Lakewood, CA 90805
 (562) 531-0377

*Languages: Spanish, Tagalog***LUGLIANI, ROBERT, MD** ♂

ID No. 100006335009
 1045 ATLANTIC AVE STE 902
 Long Beach, CA 90813
 (562) 437-0996

*Languages: Italian, Spanish***MEHTA, ARVIND, MD** ♂*

ID No. 100011179029
 2888 LONG BEACH BLVD # 235
 LONG BEACH, CA 90806
 (562) 424-4447

*Languages: Hindi***NGA, VISAL, DO** ♂

ID No. 100150656012
 1269 E ANAHEIM ST
 Long Beach, CA 90813
 (562) 599-5300

*Languages: Cambodian, Khmer, Spanish***NGUYEN, HAIVY, MD** ♀

ID No. 100369185002
 1081 LONG BEACH BLVD
 LONG BEACH, CA 90813
 (562) 432-5661

*Languages: Vietnamese***NGUYEN, JAN, DO** ♀

ID No. 100349846016
 3932 LONG BEACH BLVD # B
 LONG BEACH, CA 90807
 (562) 304-2100

*Languages: Spanish, Vietnamese***NGUYEN, MINH, MD** ♂

ID No. 100046297003
 411 E PACIFIC COAST HWY
 LONG BEACH, CA 90806
 (562) 599-0981

*Languages: Cambodian, Chinese, French***RAMOS, NEILL, MD** ♂

ID No. 100141507003
 1045 ATLANTIC AVE # 708
 Long Beach, CA 90813
 (562) 491-9045

*Languages: Spanish***ROQUE, RONALDO, MD** ♂

ID No. 100033503004
 1760 TERMINO AVE STE 104
 Long Beach, CA 90804
 (562) 494-8512

*Languages: French, Spanish, Tagalog***ROTH, JEFFREY, DO** ♂

ID No. 100063227005
 2600 REDONDO AVE
 Long Beach, CA 90806
 (562) 988-7000

*Languages: Spanish***SHARAFI, REZA, MD** ♂

ID No. 100187620004
 11544 Downey Ave
 DOWNEY, CA 90241
 (562) 922-2020

Languages: Faroese, Farsi, Spanish

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

SO, VANNARITH, MD 
ID No. 100057603005
1777 N BELLFLOWER BLVD
STE 101
Long Beach, CA 90815
(562) 986-6138
Languages: Cambodian, Spanish

TSAI, MARK, MD 
ID No. 100070686004
16415 COLORADO AVE STE
101
Paramount, CA 90723
(562) 634-6341
Languages: Spanish

Obstetrics / Gynecology

COHEN, ROBERT, MD 
ID No. 100011235006
6226 E SPRING ST STE 100
Long Beach, CA 90815
(562) 420-1338
Languages: Spanish

**Specialty
Physicians/Médicos
especialistas**

Addictive Medicine

DOKUKIN, ANDREI, MD
Long Beach, CA

Cardiology

Javien, John Benito, MD
Long Beach, CA

Naji, Peyman, MD
Lakewood, CA

Pan, Chris, MD
Long Beach, CA

RAWAL, MILAN, MD
Lakewood, CA

Cardiovascular Disease

NGUYEN, MINH, MD
Long Beach, CA

Certified Nurse Practitioner

ALMANZA, JULIANA, NP
Long Beach, CA

ESGUERRA, JETHRO JOHN, NP
Long Beach, CA
Long Beach, CA

Dermatology

CASTRO, MICHAEL, MD
Lakewood, CA

***Endocrinology Metabolism*
*Diabetes***

Hosseini, Alireza, MD
Long Beach, CA

VISWANATHAN, KANCHANA, MD
Long Beach, CA
Lakewood, CA - Teleservice

Gastroenterology

COX, CONRAD, MD
Lakewood, CA

FAN, ROBERT, MD
Long Beach, CA

OJHA, SUSHIL, MD
Downey, CA

SIMMONS, TIMOTHY, MD
Long Beach, CA

Gynecologic Oncology

ATAMDEDE, FIKRET, MD
Long Beach, CA

Gynecology

FATEHCHEHR, SOORENA, MD
Long Beach, CA

Hematology / Oncology

CHEUNG, ERIC, MD
Lakewood, CA
Long Beach, CA

FARJAMI, SASSAN, MD
Long Beach, CA
Long Beach, CA

PHAN, VU, MD
Long Beach, CA

Infectious Disease

HEAN, SINDALISA, MD
Long Beach, CA

STRAYER, GREGORY, MD
Long Beach, CA

SU, HENRY, MD
Long Beach, CA

Internal Medicine

BROWN, DONALD, MD
Long Beach, CA

DAS, APARNA, MD
Long Beach, CA

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

OPTUM - LONG BEACH, continued/continuación

Specialty Physicians/Médicos especialistas

MILLIGAN, DEBORAH, MD

Long Beach, CA

TANG, ANGELA, MD

Long Beach, CA

Maternal and Fetal Medicine

SACHAR, VIKAS, MD

Long Beach, CA - Teleservice

Nephrology

Chou, Jason, MD

Long Beach, CA

ERLBAUM, ALAN, MD

Long Beach, CA

PARK, ALICE, MD

Long Beach, CA

Long Beach, CA

PATEL, SAPNA, MD

Long Beach, CA

Long Beach, CA

Neurology Child

DYES, MARY, MD

Long Beach, CA

Neurology

OH, HAERYONG, MD

Long Beach, CA

WAZNI, WLED, MD

Long Beach, CA

Oncology Medical

CIAROLLA, ANTHONY, MD

Long Beach, CA

San Pedro, CA

Ophthalmology

Brookman, Myles, MD

Downey, CA

Long Beach, CA

CHANG, EUGENE, MD

Downey, CA

Long Beach, CA

KIM, JANET, MD

Long Beach, CA

NGUYEN, RANDALL, MD

Long Beach, CA

Optometrist

GRATTAN, ANNE, OD

Downey, CA

Long Beach, CA

San Pedro, CA

HUYNH, ANTHONY, OD

Downey, CA

Long Beach, CA

Otolaryngology

DIVI, VENU, MD

Long Beach, CA

San Pedro, CA

Pediatric Hematology /

Oncology

PATEL, RAMESH, MD

Long Beach, CA

Pediatric Infectious Diseases

MICHALIK, DAVID, DO

Long Beach, CA

Pediatric Pulmonology

Foley, Elizabeth, MD

Long Beach, CA

Podiatrist

HODOR, LAWRENCE, DPM

Lakewood, CA

JUNG, JAMES, DPM

Long Beach, CA

Psychiatry

EPSTEIN, ROGER, MD

Long Beach, CA

Pulmonary Diseases

GELB, ARTHUR, MD

Lakewood, CA

TANIOS, MAGED, MD

Long Beach, CA

Radiation Oncology

Chung, Arthur, MD

Long Beach, CA

GATES, THOMAS, MD

Long Beach, CA

LAWRENSON, LESLEY, MD

Long Beach, CA

Radiology

PUTHAWALA, AJMEL, MD

Long Beach, CA

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Rheumatology**CHWA, JEFFREY, DO**

Long Beach, CA

DOLAN, GEOFFREY, MD

Long Beach, CA

Surgery Cardiovascular**MAHTABIFARD, ALI, MD**

Long Beach, CA

Long Beach, CA

NEAL, JONATHAN, DO

Long Beach, CA

Long Beach, CA

Surgery Colon Surgery**Ruiz, Carmen, MD**

Long Beach, CA

Surgery General Vascular**Taheri, Hamed, MD**

Long Beach, CA

Surgery General**DESA, NOLAN, MD**

Long Beach, CA

EDRICH, LESLIE, MD

Long Beach, CA

GUPTA, ANKUR, MD

Long Beach, CA

HEILBRON, MAURICIO, MD

Long Beach, CA

ISLAS, JEFFREY, MD

Long Beach, CA

KAHN, EUGENE, MD

Long Beach, CA

MURRAY, JAMES, MD

Long Beach, CA

VARDAYO, JOSEPH, MD

Long Beach, CA

Surgery Neurological**FARIN, AZADEH, MD**

Long Beach, CA

Long Beach, CA

LEMAY, DANIEL, MD

Long Beach, CA

RUSSIN, JONATHAN, MD

Lakewood, CA

Surgery Orthopedic**CUNNINGHAM, TORIN, MD**

Long Beach, CA

GREEN, EDWARD, MD

Long Beach, CA

KIM, WILLIAM, MD

Long Beach, CA

MASHOOF, AFSHIN, MD

Lakewood, CA

Urology**NORRIS, MICHAEL, MD**

Downey, CA

WACHS, BARTON, MD

Long Beach, CA

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OPTUM - ORANGE COUNTY

Affiliated Hospitals/Hospitales afiliados

Affiliated Hospitals/Hospitales afiliados

**LAKEWOOD REGIONAL
MED CTR** ①
3700 SOUTH ST
Lakewood, CA 90712

PIH Hospital - Downey ①
11500 BROOKSHIRE AVE
Downey, CA 90241

**ST MARY MEDICAL CENTER
LONG BEACH** ①
1050 LINDEN AVE
Long Beach, CA 90813

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

Family Practice

AGUILUZ, JACQUELINE, DO ①
ID No. 100040919066
13330 BLOOMFIELD AVE STE 111
Norwalk, CA 90650
(562) 868-0733
Teleservice

DJODEIR, MASOOMEH, MD ①
ID No. 100168755008
4910 AIRPORT PLAZA DR # 100
LONG BEACH, CA 90815
(562) 429-2473
Languages: Farsi, Spanish

HANAMSAGAR, SEEMA, MD ①
ID No. 100114040010
3816 WOODRUFF AVE # 205
Long Beach, CA 90808
(562) 421-7292
Languages: Hindi, Marathi

LEE, STEPHEN, MD ①
ID No. 100020508034
13330 BLOOMFIELD AVE STE 111
Norwalk, CA 90650
(562) 868-0733
Languages: Korean, Spanish

ROCILLO, GINA, MD ①
ID No. 100152724006
13357 SOUTH ST
Cerritos, CA 90703
(562) 379-8000
Languages: Tagalog

Urmaza, Kevin, DO ①*
ID No. 100355797002
8311 Florence Ave
DOWNEY, CA 90240
(562) 923-4911

General Practice

MATEMOTJA, DANIEL, MD ①
ID No. 100084173021
12131 CARSON ST
Hawaiian Gardens, CA 90716
(562) 809-0299
Languages: Russian, Spanish
Teleservice

①=LeapFrog

①=Female/Mujer ①=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.
/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Internal Medicine

BARRIENTOS, DOMINGO, MD

ID No. 100097866011
10800 PARAMOUNT BLVD STE 203
Downey, CA 90241
(562) 869-1322

Languages: Cebuano, Spanish, Tagalog

GALLARDO, PAUL, MD

ID No. 100094810003
8311 FLORENCE AVE
Downey, CA 90240
(562) 923-4911

Languages: Spanish

GUEVARA, DAISY, MD

ID No. 100067223005
8311 FLORENCE AVE
Downey, CA 90240
(562) 923-4911

Languages: Spanish, Tagalog
Contract terminated as of
10/31/2022

KHERA, GURCHARAN, MD

ID No. 100190478012
4910 AIRPORT PLAZA DR # 100
Long Beach, CA 90815
(562) 429-2473

Languages: Cantonese, Hindi, Indonesian

NGUYEN, MINH, MD

ID No. 100046297005
411 E PACIFIC COAST HWY
LONG BEACH, CA 90806
(562) 599-0981

Languages: Cambodian, Chinese, French

Phan, Hung, MD

ID No. 100279178012
8311 FLORENCE AVE
DOWNEY, CA 90240
(562) 923-4911

Languages: German, Spanish, Vietnamese

SHOGA, WAIL, DO

ID No. 100101016008
4910 AIRPORT PLAZA DR # 100
LONG BEACH, CA 90815
(562) 429-2473

Languages: Arabic

Specialty
Physicians/Médicos
especialistas

Addictive Medicine

DOKUKIN, ANDREI, MD

Long Beach, CA

Anesthesiology Pain
Management

EL-KHOURY, GEORGE, MD

Long Beach, CA

Anesthesiology

MIKHAEL, MEDHAT, MD

Long Beach, CA

Cardiology

Javien, John Benito, MD

Long Beach, CA

Naji, Peyman, MD

Lakewood, CA

RAWAL, MILAN, MD

Lakewood, CA

SONG, JOSEPH, MD

Whittier, CA

TURIY, YULIYA, MD

Long Beach, CA

Cardiovascular Disease

EUBANY, JACQUELINE, MD

Lakewood, CA*

NGUYEN, MINH, MD

Long Beach, CA

SINGH, ANANTJIT, MD

Downey, CA

VLACHONASSIOS, KONSTANTINOS, MD

Downey, CA

WAIDER, WINFRIED, MD

Long Beach, CA

Certified Nurse Practitioner

Choi, Rana, NP

Cerritos, CA

Conerly, Niani, NP

Long Beach, CA

Chiropractor

BROOKS, LANCE, DC

Downey, CA

Dermatology

DOWLATI, BIJAN, MD

Long Beach, CA

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OPTUM - ORANGE COUNTY, continued/continuación

Specialty Physicians/Médicos especialistas

SAMPSON, DARLENE, MD

Long Beach, CA

***Endocrinology Metabolism
Diabetes*****ENG, STEVEN, MD**

Lakewood, CA

Kimura, Brad, MD

Long Beach, CA

OLSEN, CRAIG, MD

Cerritos, CA

Family Practice**AGUILUZ, JACQUELINE, DO**Hawaiian Gardens, CA -
Teleservice***Gastroenterology*****COX, CONRAD, MD**

Lakewood, CA

FAN, ROBERT, MD

Long Beach, CA

NGUYEN, STEVE, DO

Long Beach, CA

OJHA, SUSHIL, MD

Downey, CA

Gynecologic Oncology**ATAMDEDE, FIKRET, MD**

Long Beach, CA

Gynecology**FATEHCHEHR, SOORENA,
MD**

Long Beach, CA

Infectious Disease**CHAUHAN, BHARAT, MD**

Cerritos, CA

Internal Medicine**CHAO, DEREK, MD**

Long Beach, CA

HARRIS, JUSTIN, MD

Long Beach, CA

IZUMI, STEVEN, MD

Long Beach, CA

Nephrology**Chou, Jason, MD**

Long Beach, CA

DASWANI, ADARSH, MD

Lakewood, CA

LEE, TAE, MD

Lakewood, CA

MEHTA, ARVIND, MD

Long Beach, CA*

MOE, KYAW, MD

Lakewood, CA

PATEL, SAPNA, MD

Long Beach, CA

Long Beach, CA

SEMERJIAN, AVEDIK, MD

Lakewood, CA

Sekhon, Bikram, MD

Lakewood, CA

Neurology Child**DYES, MARY, MD**

Long Beach, CA

LUBENS, PERRY, MD

Long Beach, CA

Neurology**COBO, NICOLE, MD**

Long Beach, CA

COHEN, ALAN, MD

Long Beach, CA

OH, HAERYONG, MD

Long Beach, CA

OMIDVAR, OMID, MD

Long Beach, CA

PATEL, NIRAV, MD

Long Beach, CA

TRUONG, DANIEL, MD

Long Beach, CA

Truong, Kong, MD

Long Beach, CA

WAZNI, WLED, MD

Long Beach, CA

Ophthalmology**CLARK, ROBERT, MD**

Long Beach, CA

**JOTTERAND, VERONIQUE,
MD**

Long Beach, CA

KIM, JANET, MD

Long Beach, CA

Ⓛ=LeapFrog

Ⓢ=Female/Mujer Ⓜ=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

NGUYEN, RANDALL, MD
Long Beach, CA

ROSALES, TERESA, MD
Long Beach, CA

Ung, Cindy, MD
Long Beach, CA

WIGGINTON, STEPHEN, MD
Downey, CA
Long Beach, CA

Optometrist

HUYNH, ANTHONY, OD
Downey, CA
Long Beach, CA

TRAN, MAILAN, OD
Long Beach, CA

Varsani, Poonam, OD
Long Beach, CA

Otolaryngology

DIVI, VENU, MD
Long Beach, CA
San Pedro, CA

NGUYEN, QUOC, MD
Long Beach, CA

WILLNER, AYAL, MD
Long Beach, CA

Pediatric Cardiology

BYRNE, FRANCESCA, MD
Long Beach, CA

Pediatric Gastroenterology

MICHAIL, SONIA, MD
Long Beach, CA

TRAN, ROBERT, MD
Long Beach, CA

Pediatric Hematology / Oncology

PATEL, RAMESH, MD
Long Beach, CA

Pediatric Pulmonology

Foley, Elizabeth, MD
Long Beach, CA

Physical Medicine / Rehabilitation

BATKIN, FRED, MD
Long Beach, CA

HOANG, DIEMHA, MD
Long Beach, CA

Physicians Assistant

NORMAN, STACY, PA
Downey, CA
Long Beach, CA

Podiatrist

DOI, ADRIENNE, DPM
Downey, CA
Long Beach, CA

Pulmonary Diseases

EPSTEIN, JOEL, MD
Lakewood, CA

GELB, ARTHUR, MD
Lakewood, CA

Radiation Oncology

LAWRENSON, LESLEY, MD
Long Beach, CA

MERLO, CLIFFORD, MD
Long Beach, CA

PUTHAWALA, AJMEL, MD
Long Beach, CA

Radiology Therapeutic

SYED, ALAM, MD
Long Beach, CA

Registered Physical Therapist

CHAN, JAY, PT
Downey, CA*

Rheumatology

DOSHI, DIPTI, MD
Cerritos, CA - Teleservice

Surgery General Vascular

MAGINOT, ANDRE, MD
Long Beach, CA

Surgery General

DESA, NOLAN, MD
Long Beach, CA

KAHN, EUGENE, MD
Long Beach, CA

Surgery Neurological

JAVAHERY, RAMIN, MD
Long Beach, CA

* Indicates accepting current patients only.

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OPTUM - ORANGE COUNTY, continued/continuación

Specialty Physicians/Médicos especialistas

LEMAY, DANIEL, MD
Downey, CA - Teleservice

PAK, HOOSHANG, MD
Long Beach, CA - Teleservice

RAYHAUN, ABRAHAM, MD
Long Beach, CA

Surgery Orthopedic

Bhalla, Amandeep, MD
Long Beach, CA

CHAMBERS, RICHARD, MD
Downey, CA

COMBS, CHRISTOPHER, MD
Lakewood, CA

CUNNINGHAM, TORIN, MD
Long Beach, CA

GREEN, EDWARD, MD
Long Beach, CA

KIM, WILLIAM, MD
Long Beach, CA

Surgery Plastic

HURVITZ, KEITH, MD
Long Beach, CA

Surgery Thoracic

BAUMGARTNER, FRITZ, MD
Long Beach, CA

**PANAGIOTIDES, GEORGE,
MD**
Lakewood, CA

Urology

PERLEY, JONATHAN, MD
Lakewood, CA

PERLEY, JULES, MD
Lakewood, CA

WACHS, BARTON, MD
Long Beach, CA

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

**Specialty
Physicians/Médicos
especialistas**

Hematology / Oncology

Chand, Arati Rani, MD
Downey, CA

Surgery General

Albin, Michael, MD
Long Beach, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

**Proveedores de servicios de salud
mental**

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

* Indicates accepting current patients only.
* Indica que el médico acepta únicamente pacientes actuales.

OPTUM - SAN FERNANDO VALLEY

Specialty Physicians/Médicos especialistas

Urgent Care Centers

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Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

Specialty

Physicians/Médicos especialistas

Hematology / Oncology

**GOPURALA, BALAGANESH,
MD**
Downey, CA

Pediatric Gastroenterology

TRAN, ROBERT, MD
Long Beach, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.
/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

Family Practice

DIX, KAREN, MD ☎

ID No. 100038621031
911 E SAN ANTONIO DR # 1
LONG BEACH, CA 90807
(562) 728-8700

MAGDALENO, LUIS, MD ☎

ID No. 100059727020
900 N WESTERN AVE
SAN PEDRO, CA 90732
(310) 832-4225
Languages: Italian, Spanish

PLACIK, DANIEL, MD ☎

ID No. 100378865003
900 N WESTERN AVE
SAN PEDRO, CA 90732
(213) 861-5830
Languages: Spanish

SHAH, KRUPA, MD ☎

ID No. 100034020015
900 N WESTERN AVE
SAN PEDRO, CA 90732
(310) 832-4225
Languages: Gujarati, Hindi, Spanish

Internal Medicine

GUTIERREZ, ALEJANDRA, MD ☎

ID No. 100338467006
900 N WESTERN AVE
SAN PEDRO, CA 90732
(310) 832-4225
Languages: Spanish

Specialty Physicians/Médicos especialistas

Anesthesiology Pain Management

BODDU, NAVNEET, MD
Long Beach, CA

Cardiovascular Disease

REDDY, RAMAKRISHNA, MD
San Pedro, CA

Dermatology

Lazzaro, Cynthia, DO
Downey, CA

Family Practice

RAHMANI, SHIRIN, MD
Long Beach, CA

Gynecologic Oncology

ATAMDEDE, FIKRET, MD
Long Beach, CA

Hematology / Oncology

LAM, ANTHONY, MD
San Pedro, CA

Thara, Eddie, DO
Whittier, CA

Maternal and Fetal Medicine

SACHAR, VIKAS, MD
Long Beach, CA - Teleservice

Obstetrics / Gynecology

ALLADAWI, AYMAN, MD
Downey, CA

SIMPSON, JESSICA, MD
Downey, CA

Oncology Medical

CIAROLLA, ANTHONY, MD
Long Beach, CA
San Pedro, CA

Optometrist

NGUYEN, THY, OD
San Pedro, CA

Otolaryngology / Otology / Laryngology / Rhinology

DIVI, VENU, MD
San Pedro, CA

* Indicates accepting current patients only.
* Indica que el médico acepta únicamente pacientes actuales.

OPTUM - SOUTH BAY, continued/continuación

Specialty Physicians/Médicos especialistas

Pediatric Gastroenterology

KUMAR, ANJULI, MD

Long Beach, CA

MEHRA, MINI, MD

Long Beach, CA

STEINMETZ, BARRY, MD

Long Beach, CA

TRAN, ROBERT, MD

Long Beach, CA

Long Beach, CA

Surgery General Vascular

ADOUMIE, RIAD, MD

San Pedro, CA

KLEIN, STANLEY, MD

San Pedro, CA

Surgery General

Bhayani, Neil, MD

San Pedro, CA

CAMEL, JAMES, MD

San Pedro, CA

FISHER, STEVEN, MD

San Pedro, CA

**FRIEDLANDER, MELANIE,
MD**

San Pedro, CA

KAVIANI, AMIR, MD

San Pedro, CA

MADORIN, CATHERINE, MD

San Pedro, CA

MURALIRAJ, VIJAY, MD

San Pedro, CA

NGUYEN, SON, MD

San Pedro, CA

SOLOMON, HOUMAN, MD

San Pedro, CA

Surgery Hand

**ROGACHEFSKY, RICHARD,
MD**

San Pedro, CA

Surgery Orthopedic

GOLDBERG, MYTIEN, MD

Long Beach, CA

Urology

AHMED, FAISAL, MD

San Pedro, CA

TOMASIC, NICKOLAS, MD

San Pedro, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

**Affiliated
Hospitals/Hospitales
afiliados**

PIH Hospital - Downey ①
11500 BROOKSHIRE AVE
Downey, CA 90241

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

**PCPs/Médicos de atención
primaria (PCP)**

Family Practice

AGUILUZ, JACQUELINE, DO ②
ID No. 100040919115
21508 NORWALK BLVD
Hawaiian Gardens, CA 90716
(562) 865-5214
Teleservice

AGUILUZ, JACQUELINE, DO ②
ID No. 100040919114
13330 BLOOMFIELD AVE STE 111
Norwalk, CA 90650
(562) 868-0733
Teleservice

ARTER, JOEL, MD ③
ID No. 100369663016
2880 ATLANTIC AVE # 110
LONG BEACH, CA 90806
(562) 424-4404
Languages: Spanish

BADAR, FRANCISCO, MD ③
ID No. 100113313071
17150 NORWALK BLVD # 102
CERRITOS, CA 90703
(562) 924-8880
Languages: Spanish, Tagalog, Telugu

BAMBRAH-DHAMIJA, MEHTAB, MD ②*
ID No. 100114408073
18326 PIONEER BLVD
Artesia, CA 90701
(562) 860-5599
Languages: Cambodian, Gujarati, Hindi

BAMBRAH-DHAMIJA, MEHTAB, MD ②
ID No. 100114408074
3760 ATLANTIC AVE
Long Beach, CA 90807
(562) 595-7467
Languages: Cambodian, Gujarati, Hindi

BATRES, ERIC ROBERTO, MD ③
ID No. 100066038014
5101 FLORENCE AVE STE 4
Bell, CA 90201
(323) 560-4673
Languages: French, Spanish

BOYER, DARREN, MD ③
ID No. 100153870037
21617 NORWALK BLVD
Hawaiian Gardens, CA 90716
(562) 860-5349
Languages: Spanish

CHAHBOUNI, AMINE, DO ③
ID No. 100175464041
15625 Imperial Hwy
La Mirada, CA 90638
(562) 902-3000
Languages: Arabic, French, Spanish

CHAUDHARY, VINITA, MD ②
ID No. 100099965043
3650 SOUTH ST STE 210
Lakewood, CA 90712
(562) 630-0910
Languages: Hindi

CONSTANTINO, LOIDA, MD ②
ID No. 100095454032
1777 N BELLFLOWER BLVD STE 104
Long Beach, CA 90815
(562) 961-8820
Languages: Spanish, Tagalog

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

OPTUM CARE NETWORK - APPLECARE SELECT, continued/continuación

PCPs/Médicos de atención primaria (PCP)

DALPRAT, JOSE, DO Ⓜ

ID No. 100187189044

15625 Imperial Hwy

La Mirada, CA 90638

(562) 902-3000

*Languages: Portuguese, Spanish***GLOR, RITA, DO** ♂

ID No. 100095905025

11903 DOWNEY AVE

Downey, CA 90242

(562) 869-1121

*Languages: Arabic***KHOURY, MARIBEL, MD** ♂

ID No. 100090775027

14906 PARAMOUNT BLVD

Paramount, CA 90723

(562) 630-1991

*Languages: Arabic, Spanish***DHAMIJA, KAILASH, MD** Ⓜ

ID No. 100089396074

18326 PIONEER BLVD

Artesia, CA 90701

(562) 860-5599

Languages: Cambodian, Gujarati, Hindi

Teleservice

GUERRERO, DAVID, MD Ⓜ

ID No. 100087956036

3815 ATLANTIC AVE # 3

LONG BEACH, CA 90807

(562) 426-9482

*Languages: Spanish***KHOURY, NABIL, MD** Ⓜ

ID No. 100102905030

14906 PARAMOUNT BLVD

Paramount, CA 90723

(562) 630-1991

*Languages: Arabic, French, Hebrew***DIX, KAREN, MD** ♂

ID No. 100038621077

911 E SAN ANTONIO DR # 1

LONG BEACH, CA 90807

(562) 728-8700

HANAMSAGAR, SEEMA, MD

Ⓜ*

ID No. 100114040101

3816 WOODRUFF AVE # 406

LONG BEACH, CA 90808

(562) 421-7292

*Languages: Hindi, Marathi***LALEZARY, ARASH, MD** Ⓜ

ID No. 100108413030

7218 GARFIELD AVE

Bell Gardens, CA 90201

(562) 927-1111

*Languages: Faroese, Farsi, French***FUSSELL, SUZANNE, MD** ♂

ID No. 100089111019

2403 ATLANTIC AVE

Long Beach, CA 90806

(562) 989-0145

*Languages: Khmer, Spanish***HUGH, PETER, DO** ♂

ID No. 100036607038

3650 SOUTH ST STE 204

Lakewood, CA 90712

(562) 602-8841

*Languages: Chinese, Mandarin, Spanish***LEE, CHRISTINA, MD** ♂

ID No. 100099123042

817 ATLANTIC AVE

LONG BEACH, CA 90813

(562) 591-6890

Languages: Cambodian, Mandarin, Spanish
Teleservice**GARCIA, SYLVIA, MD** ♂

ID No. 100077529028

15111 WHITTIER BLVD # 102

WHITTIER, CA 90603

(562) 945-6440

*Languages: Spanish***HU, JASIA, MD** ♂

ID No. 100017278013

4910 AIRPORT PLAZA DR # 210

LONG BEACH, CA 90815

(562) 421-3727

LEE, STEPHEN, MD Ⓜ

ID No. 100020508060

21508 NORWALK BLVD

Hawaiian Gardens, CA 90716

(562) 865-5214

*Languages: Korean, Spanish***GARCIA, SYLVIA, MD** ♂

ID No. 100077529023

14442 WHITTIER BLVD STE

105

Whittier, CA 90605

(562) 945-1940

*Languages: Spanish***Heller, Cassandra, DO** ♂

ID No. 100330115010

2777 PACIFIC AVE # 207

LONG BEACH, CA 90806

(562) 517-0400

LUM, MARCUS, MD Ⓜ

ID No. 100100282037

15625 IMPERIAL HWY

La Mirada, CA 90638

(562) 902-3000

Ⓜ=LeapFrog

♂=Female/Mujer Ⓜ=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

MANGUNE, EDWIN, MD (M)

ID No. 100173362014
9604 ARTESIA BLVD # 102
BELLFLOWER, CA 90706
(562) 633-2021

MANN, PARAMJOT, MD (F)

ID No. 100110491047
1703 TERMINO AVE # 207
LONG BEACH, CA 90804
(562) 817-5602

MENDOZA, MANUEL, MD (M)

ID No. 100047566110
11735 Firestone Blvd
NORWALK, CA 90650
(562) 925-7716
Languages: Spanish, Tagalog

MERCER, PAUL, MD (M)

ID No. 100009246056
9209 COLIMA RD # 4400
WHITTIER, CA 90605
(562) 264-4297
Languages: Spanish
Teleservice

MOHAMMEDI, NASIR, MD (M)

ID No. 100092184027
9200 COLIMA RD STE 207
Whittier, CA 90605
(562) 945-0252
Languages: French, Hindi, Spanish

NGUYEN, BEN, MD (M)

ID No. 100374399009
15111 WHITTIER BLVD # 102
WHITTIER, CA 90603
(562) 945-6440

NUGAS, ALICIA, MD (F)

ID No. 100054868048
22408 NORWALK BLVD
Hawaiian Gardens, CA 90716
(562) 421-2188

PEREZ, ANGEL, MD (M)

ID No. 100099270043
6517 EASTERN AVE
Bell Gardens, CA 90201
(323) 773-8295
Languages: Spanish

PRIETO, JOSE, MD (M)

ID No. 100084038019
4566 FLORENCE AVE STE 2
Bell, CA 90201
(323) 582-7186
Languages: Spanish

QUESADA, JAVIER, MD (M)

ID No. 100080928017
1360 E ANAHEIM ST # 101
LONG BEACH, CA 90813
(562) 270-0324
Languages: Spanish

RAZALAN, LEE, MD (M)

ID No. 100058357022
2511 PACIFIC AVE
Long Beach, CA 90806
(562) 424-4661
Languages: Spanish, Tagalog

RODRIGUEZ, MARTHA, MD (F)

ID No. 100070274022
8530 FLORENCE AVE # 101
Downey, CA 90240
(562) 928-4642
Languages: Spanish

RUBALCAVA, RAFAEL, MD

(M)
ID No. 100087553037
15625 IMPERIAL HWY
La Mirada, CA 90638
(562) 902-3000
Languages: Spanish

Rezai, Damoun, MD (M)

ID No. 100319598020
11843 Whittier Blvd
Whittier, CA 90601
(562) 325-5336
Languages: Farsi, Spanish

Rizkalla, Mirna, MD (F)

ID No. 100353503033
3650 SOUTH ST # 404
LAKEWOOD, CA 90712
(562) 232-3910

SAMAWI, ROGER, MD (M)

ID No. 100035070034
1045 ATLANTIC AVE STE 1019
Long Beach, CA 90813
(562) 901-9228
Languages: Arabic, Spanish

SANCHEZ, DENNIS, MD (M)

ID No. 100015951029
9306 ALONDRA BLVD
Bellflower, CA 90706
(562) 866-9100

SETAREH, MICHAEL, MD (M)

ID No. 100352443012
3490 LINDEN AVE # 2
Long Beach, CA 90807
(949) 491-9991
Languages: Farsi, Spanish

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

OPTUM CARE NETWORK - APPLECARE SELECT, continued/continuación

PCPs/Médicos de atención primaria (PCP)

SHEPPARD, JAMES, DO

ID No. 100232942132
8706 IMPERIAL HWY
Downey, CA 90242
(562) 746-0051

Languages: Spanish

SHEPPARD, JAMES, DO

ID No. 100232942133
5979 Atlantic Ave
Long Beach, CA 90805
(562) 423-0421

Languages: Spanish

SMITH, MARK, MD

ID No. 100388702017
2777 PACIFIC AVE # 207
LONG BEACH, CA 90806
(562) 514-0400

SOTELO, CORDELIA, MD

ID No. 100071943013
4910 AIRPORT PLAZA DR # 210
LONG BEACH, CA 90815
(562) 421-3727

Languages: Spanish

TABILA, RODOLFO, MD

ID No. 100072742059
1339 W WILLOW ST
Long Beach, CA 90810
(562) 492-6698

Languages: Spanish, Tagalog

TRAN, ALEX, MD *

ID No. 100099441080
13820 SAN ANTONIO DR
Norwalk, CA 90650
(562) 944-2181

Languages: Spanish, Vietnamese

TRAN, ALEX, MD

ID No. 100099441079
11822 FLORAL DR
Whittier, CA 90601
(562) 908-4355

Languages: Spanish, Vietnamese
Teleservice

TRAN, KHAI, DO

ID No. 100074636023
15717 PARAMOUNT BLVD
Paramount, CA 90723
(562) 531-2231

Languages: Spanish, Vietnamese
Teleservice

TRUONG, LOAN, MD

ID No. 100298164022
855 E Anaheim St
Long Beach, CA 90813
(562) 591-0840

Languages: Spanish, Vietnamese

TYSON, YVONNE, MD

ID No. 100026273066
7643 ATLANTIC AVE
Cudahy, CA 90201
(323) 771-1713
Teleservice

TYSON, YVONNE, MD

ID No. 100026273067
3816 WOODRUFF AVE # 412
LONG BEACH, CA 90808
(562) 377-1111

Trani, Marvin, DO

ID No. 100381070006
15955 PARAMOUNT BLVD # A
PARAMOUNT, CA 90723
(562) 531-9806
Languages: Spanish
Teleservice

URIBE, DANIEL, MD

ID No. 100062305055
13307 SAN ANTONIO DR
Norwalk, CA 90650
(562) 807-1877

Languages: Spanish

VUONG-DAC, MAN, MD

ID No. 100107181028
3649 FLORENCE AVE
BELL, CA 90201
(323) 583-6333

Languages: German, Spanish, Vietnamese

WELSH, WILLIAM, DO

ID No. 100027404014
7624 PAINTER AVE STE 100
Whittier, CA 90602
(562) 945-9333

WILCHES, ALBERTO, MD

ID No. 100030125024
7831 JACKSON ST
Paramount, CA 90723
(562) 531-1178

Languages: Spanish
Teleservice

General Practice**AMMARI, RAZAN, MD**

ID No. 100095390036
8142 Firestone Blvd
DOWNEY, CA 90241
(562) 869-8621

Languages: Arabic, Spanish

BAI, EUNG, MD

ID No. 100015977030
12017 ROSECRANS AVE
Norwalk, CA 90650
(562) 868-2027

Languages: Korean

Ⓐ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

BAZEL, MICHAEL, MD

ID No. 100037202026
4001 FLORENCE AVE
Bell, CA 90201
(323) 562-0595

CARDIN, JOHN, MD

ID No. 100090356028
2880 ATLANTIC AVE STE 230
Long Beach, CA 90806
(562) 424-4404
Languages: Spanish

CECILIO, ROSARIO, MD

ID No. 100038792017
15111 WHITTIER BLVD STE 102
Whittier, CA 90603
(562) 945-6440
Languages: Farsi, Fataleka, Spanish

EGARI, ROY, MD

ID No. 100097504017
18011 PIONEER BLVD
Artesia, CA 90701
(562) 402-0711
Languages: Farsi, Spanish, Tagalog
Teleservice

GABBITA, GEETHA, MD

ID No. 100042459033
14568 WHITTIER BLVD
Whittier, CA 90605
(562) 698-8263
Languages: Hindi, Kannada, Spanish

GONZALES, FERNANDO, MD


ID No. 100054605028
12444 WASHINGTON BLVD
Whittier, CA 90602
(562) 698-0161
Languages: Spanish, Tagalog

ISKAROUS, RAGAA, MD

ID No. 100092539057
11003 LAKEWOOD BLVD STE 201
Downey, CA 90241
(562) 869-1038
Languages: Arabic

JIMENEZ, FRANCISCO, MD


ID No. 100037048105
6517 Eastern Ave
BELL GARDENS, CA 90201
(323) 773-8295
Languages: Spanish

Kahen, Payam, MD

ID No. 100189896046
714 N AVALON BLVD
Wilmington, CA 90744
(310) 522-4200
Languages: Farsi, Hebrew, Spanish

MADRID, SANDRA, MD *

ID No. 100072138012
12462 WASHINGTON BLVD
Whittier, CA 90602
(562) 693-0725
Languages: Spanish

MAGUIRE, MICHAEL, DO *

ID No. 100031567013
7624 PAINTER AVE STE 100
Whittier, CA 90602
(562) 945-9333

MATEMOTJA, DANIEL, MD


ID No. 100084173096
12131 CARSON ST
Hawaiian Gardens, CA 90716
(562) 809-0299
Languages: Russian, Spanish
Teleservice

MORRIS, FELICITACION, MD


ID No. 100169219111
100 E Market St
Long Beach, CA 90805
(562) 428-4222
Languages: Ilocana, Tagalog
Teleservice

PAYNE, BRIAN, MD

ID No. 100026240041
7800 Florence Ave
DOWNEY, CA 90240
(562) 928-5700
Languages: Spanish

REYES, ADORACION, MD

ID No. 100067560035
1350 CHESTNUT AVE
Long Beach, CA 90813
(562) 599-1565
Languages: Spanish, Tagalog
Teleservice

RIAZ, HASSAN, MD

ID No. 100028294011
16444 PARAMOUNT BLVD STE 103
Paramount, CA 90723
(562) 531-7790
Languages: Spanish
Teleservice

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OPTUM CARE NETWORK - APPLECARE SELECT, continued/continuación

PCPs/Médicos de atención primaria (PCP)

RIAZ, MOHAMMAD, MD Ⓜ

ID No. 100039430018
16444 PARAMOUNT BLVD STE
103
Paramount, CA 90723
(562) 531-7790
*Languages: Punjabi, Spanish,
Urdu*
Teleservice

RUBINSON, WILLIAM, MD Ⓜ

ID No. 100036140265
8500 FLORENCE AVE # 101
Downey, CA 90240
(562) 923-6060
*Languages: Farsi, Gujarati,
Hebrew*

RUBINSON, WILLIAM, MD Ⓜ

ID No. 100036140266
11938 Paramount Blvd
Downey, CA 90242
(562) 923-6060
*Languages: Farsi, Gujarati,
Hebrew*

RUBINSON, WILLIAM, MD Ⓜ

ID No. 100036140267
3300 E SOUTH ST # 209
LAKEWOOD, CA 90805
(562) 923-6601
*Languages: Farsi, Gujarati,
Hebrew*

SHEK, DAVID, MD Ⓜ

ID No. 100045699124
11803 CARSON ST
HAWAIIAN GARDENS, CA
90716
(562) 924-4455
*Languages: Cantonese, Chinese,
Mandarin*

Welsh, Sean, MD Ⓜ

ID No. 100322749011
7624 PAINTER AVE # 100
Whittier, CA 90602
(562) 945-9333
Languages: Spanish

YAGOOBIAN, BEHROOZ, MD

Ⓜ

ID No. 100010557062
15730 PARAMOUNT BLVD
Paramount, CA 90723
(562) 634-1000
*Languages: Farsi, Persian,
Spanish*

Internal Medicine

ADAMS, JOHN, DO Ⓜ

ID No. 100025486130
2777 PACIFIC AVE # E
LONG BEACH, CA 90806
(562) 426-6571
Languages: Spanish

ADAMS, JOHN, DO Ⓜ

ID No. 100025486125
2777 PACIFIC AVE
Long Beach, CA 90806
(562) 426-6571
Languages: Spanish
Teleservice

ARASTU, ANWAR, MD Ⓜ

ID No. 100081281031
12675 LA MIRADA BLVD STE
200
La Mirada, CA 90638
(562) 941-9853
Languages: Hindi, Urdu

AWAD, JOHN, MD Ⓜ

ID No. 100375169013
3530 LONG BEACH BLVD # 120
LONG BEACH, CA 90807
(562) 989-1200
Languages: Arabic

AWAD, YOUSSEF, MD Ⓜ

ID No. 100083652052
3530 LONG BEACH BLVD # 120
LONG BEACH, CA 90807
(562) 989-1200
Languages: Arabic, Spanish

BARRIENTOS, DOMINGO, MD Ⓜ

ID No. 100097866029
10800 PARAMOUNT BLVD STE
203
Downey, CA 90241
(562) 869-1322
*Languages: Cebuano, Spanish,
Tagalog*

BELL, MAURICE, MD Ⓜ

ID No. 100072404032
4100 LONG BEACH BLVD STE
200
Long Beach, CA 90807
(562) 981-2355
*Languages: Czech, Russian,
Slovak*

BHANSALI, NEHA, MD Ⓜ

ID No. 100053018055
5865 E NAPLES PLZ
LONG BEACH, CA 90803
(562) 735-3800
*Languages: Gujarati, Hindi,
Spanish*

Ⓜ=LeapFrog

Ⓜ=Female/Mujer Ⓜ=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

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BHANSALI, NEHA, MD ⑥

ID No. 100053018054
3300 E SOUTH ST STE 205
Lakewood, CA 90805
(562) 531-0377
Languages: Gujarati, Hindi, Spanish

BRYANT, DIANA, MD ⑥

ID No. 100062742010
1777 N BELLFLOWER BLVD
STE 201
Long Beach, CA 90815
(562) 961-9991
Languages: Spanish

BUCHFUEHRER, MARK, MD

④*
ID No. 100090944015
11480 BROOKSHIRE AVE STE
108
Downey, CA 90241
(562) 904-1101
Languages: French, Spanish

CARRASCO, ARTHUR, MD

④*
ID No. 100072359011
8255 FIRESTONE BLVD # 501
Downey, CA 90241
(562) 319-2085
Languages: Spanish

CHAUDHARY, ARCHNA, MD

⑥*
ID No. 100109300071
4401 ATLANTIC AVE # 202
LONG BEACH, CA 90807
(562) 988-2777
Languages: Hindi, Tamil

CHODE, PRASAD, MD ④

ID No. 100068754026
8255 FIRESTONE BLVD # 501
DOWNEY, CA 90241
(562) 319-2085
Languages: Telugu

CLARK, DENNIS, MD ④

ID No. 100037035030
3816 WOODRUFF AVE STE 401
Long Beach, CA 90808
(562) 420-8679
Languages: French, Spanish

CONTRERAS, ROBERTO, MD

④
ID No. 100133604043
2880 ATLANTIC AVE # 110
LONG BEACH, CA 90806
(562) 424-4404
Languages: Spanish

COTTON, D, MD ⑥

ID No. 100101282022
12474 WASHINGTON BLVD
Whittier, CA 90602
(562) 698-9779
Languages: Spanish

CRUZ, LUCITA, MD ⑥

ID No. 100093627035
12507 ALONDRA BLVD
Norwalk, CA 90650
(562) 802-2203

DAVARI, SHAHRYAR, MD ④

ID No. 100230315020
3650 SOUTH ST # 208
LAKEWOOD, CA 90712
(562) 922-2020
Languages: Farsi

DEJONG, CLAYTON, MD ④

ID No. 100048317023
300 REDONDO AVE
Long Beach, CA 90814
(562) 433-7496

DELAROSA, PEDRO, MD ④

ID No. 100092868032
3816 WOODRUFF AVE STE 412
Long Beach, CA 90808
(562) 377-1111
Languages: Spanish

DOBALIAN, DEREK, MD ④

ID No. 100007994026
3816 WOODRUFF AVE STE 307
Long Beach, CA 90808
(562) 420-7670
Languages: Spanish

DO, STEVEN, DO ④

ID No. 100348386012
15111 WHITTIER BLVD # 102
WHITTIER, CA 90603
(562) 945-6440

Dejong, Tyler, MD ④

ID No. 100318572023
300 Redondo Ave
Long Beach, CA 90814
(562) 433-7496
Languages: Spanish

FARAH, AMIN, MD ④*

ID No. 100031706059
8327 DAVIS ST STE 101
Downey, CA 90241
(562) 904-6027
Languages: Arabic, French, Spanish
Teleservice

* Indicates accepting current patients only.

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OPTUM CARE NETWORK - APPLECARE SELECT, continued/continuación

PCPs/Médicos de atención primaria (PCP)

FERRERA, PETER, MD Ⓜ

ID No. 100082463011
 1045 ATLANTIC AVE STE 505
 Long Beach, CA 90813
 (562) 495-4952
Languages: German, Spanish

FRISCHER, ALAN, MD Ⓜ

ID No. 100076838009
 11480 BROOKSHIRE AVE STE 200
 Downey, CA 90241
 (562) 806-0874

GUERRERO-NIEVA, ARLEEN, MD Ⓜ

ID No. 100031538025
 330 W WILLOW ST
 Long Beach, CA 90806
 (562) 595-9835
Languages: Spanish, Tagalog

Ganguly, Arnab, MD Ⓜ

ID No. 100218994020
 11525 BROOKSHIRE AVE # 400
 DOWNEY, CA 90241
 (562) 869-4497

Ganguly, Arnab, MD Ⓜ

ID No. 100218994024
 12820 STUDEBAKER RD # 101
 NORWALK, CA 90650
 (562) 868-7873

HABIB, SHEHNAZ, MD Ⓜ

ID No. 100083641077
 8540 ALONDRA BLVD STE B2
 Paramount, CA 90723
 (562) 602-2508
Languages: Gujarati, Hindi, Spanish

HASAN, MARIAM, MD Ⓜ

ID No. 100223713038
 10230 ARTESIA BLVD # 104
 BELLFLOWER, CA 90706
 (562) 804-4764
Languages: Hindi, Punjabi, Spanish

HASAN, MARIAM, MD Ⓜ

ID No. 100223713026
 10230 ARTESIA BLVD # 207
 BELLFLOWER, CA 90706
 (217) 201-2385
Languages: Hindi, Punjabi, Spanish

HSU, DIANA, MD Ⓜ

ID No. 100083052046
 12651 LAKEWOOD BLVD
 Downey, CA 90242
 (562) 861-3111
Languages: Mandarin, Spanish

HSU, GOETHE, MD Ⓜ

ID No. 100079668043
 12651 LAKEWOOD BLVD
 Downey, CA 90242
 (562) 861-3111
Languages: Mandarin, Spanish, Tagalog

HSU, LINDA, MD Ⓜ

ID No. 100071649028
 11101 LA REINA AVE ste 101
 Downey, CA 90241
 (562) 867-2796
Languages: Spanish

JACKSON, ROZALIE, MD Ⓜ*

ID No. 100059694056
 1777 N BELLFLOWER BLVD # 210
 LONG BEACH, CA 90815
 (562) 986-1450
Languages: Spanish
 Contract terminated as of 10/31/2022

JALIL, MARIAN, MD Ⓜ

ID No. 100063468029
 14350 WHITTIER BLVD STE 200
 Whittier, CA 90605
 (562) 945-7671
Languages: Arabic, Spanish

Javdan, Ron, MD Ⓜ

ID No. 100216791189
 1126 E SOUTH ST
 LONG BEACH, CA 90805
 (562) 984-9200
Languages: Farsi

KHAMISEH, GHASSAN, MD Ⓜ

ID No. 100067534025
 2800 PACIFIC AVE # D
 LONG BEACH, CA 90806
 (562) 337-8401
Languages: Arabic, Spanish
 Teleservice

LAI, SEN, MD Ⓜ*

ID No. 100018101028
 1974 Santa Fe Ave
 LONG BEACH, CA 90810
 (562) 595-9799
Languages: Cambodian, Chinese, Mandarin

Ⓜ=LeapFrog

Ⓜ=Female/Mujer Ⓜ=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

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OPTUM CARE NETWORK - APPLECARE SELECT, continued/continuación

PCPs/Médicos de atención primaria (PCP)

LARA, JOSE, MD

ID No. 100068742011

4670 GAGE AVE

Bell, CA 90201

(323) 562-3135

*Languages: Portuguese, Spanish***LEECH, IRENE, MD**

ID No. 100006785026

125 E 8TH ST # 100

Long Beach, CA 90813

(562) 590-8509

LICUANAN, JESSE, MD

ID No. 100032648070

5865 E NAPLES PLZ

LONG BEACH, CA 90803

(562) 735-3800

*Languages: Spanish, Tagalog***LICUANAN, JESSE, MD**

ID No. 100032648069

3300 E SOUTH ST STE 205

Lakewood, CA 90805

(562) 531-0377

*Languages: Spanish, Tagalog***LIM, PHILIP, MD**

ID No. 100092908023

9604 ARTESIA BLVD STE 101

Bellflower, CA 90706

(562) 804-6661

*Languages: Chinese, Mandarin***LUSTER, RHONDA, MD**

ID No. 100069308045

2777 PACIFIC AVE # C

LONG BEACH, CA 90806

(562) 426-6571

MCCLOY, THOMAS, MD

ID No. 100068044027

1045 ATLANTIC AVE STE 1019

Long Beach, CA 90813

(562) 437-6213

*Languages: Portuguese, Spanish***MILLER-DOBALIAN,****CYNTHIA, MD**

ID No. 100070657018

3816 WOODRUFF AVE STE 307

Long Beach, CA 90808

(562) 420-7670

*Languages: Spanish***MISHAL, SUREKHA, MD**

ID No. 100038567033

14359 PIONEER BLVD # A

NORWALK, CA 90650

(562) 864-7279

*Languages: Gujarati, Hindi,
Marathi*

Teleservice

MONTES, JUAN, MD

ID No. 100078246177

11822 FLORAL DR

Whittier, CA 90601

(562) 908-4355

*Languages: Hindi, Mandarin,
Spanish***Martinez, Rivera, MD**

ID No. 100101725027

4566 FLORENCE AVE # 5

Bell, CA 90201

(323) 771-7466

Languages: Spanish

Teleservice

NEMRI, TALIN, MD

ID No. 100365550039

6300 FLORENCE AVE

BELL GARDENS, CA 90201

(562) 928-9700

*Languages: Arabic, Spanish***NGA, VISAL, DO**

ID No. 100150656051

1269 E ANAHEIM ST

Long Beach, CA 90813

(562) 599-5300

*Languages: Cambodian, Khmer,
Spanish***NGUYEN, MINH, MD**

ID No. 100046297035

411 E PACIFIC COAST HWY

LONG BEACH, CA 90806

(562) 599-0981

*Languages: Cambodian, Chinese,
French***PANG, GEORGE, MD**

ID No. 100031445019

8135 PAINTER AVE STE 305

Whittier, CA 90602

(562) 693-8258

PATEL, GNYANDEV, MD

ID No. 100078689062

3300 E SOUTH ST STE 206

Lakewood, CA 90805

(562) 232-2380

*Languages: Gujarati, Hindi***PATEL, RENUKA, MD**

ID No. 100038150017

8357 FLORENCE AVE

Downey, CA 90240

(562) 622-2470

Languages: Gujarati, Hindi

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

OPTUM CARE NETWORK - APPLECARE SELECT, continued/continuación

PCPs/Médicos de atención primaria (PCP)

PATEL, SHIRISH, MD

ID No. 100027543059
 5220 CLARK AVE STE 125
 Lakewood, CA 90712
 (562) 925-7401
Languages: Gujarati, Hindi, Spanish

PHENG, BAKHENG, MD

ID No. 100390979004
 1360 E ANAHEIM ST # 101
 LONG BEACH, CA 90813
 (562) 270-0324

PHENG, BAKHENG, MD

ID No. 100390979007
 1533 ALAMITOS AVE STE B
 LONG BEACH, CA 90813
 (562) 218-5350

RAHBAR, MAHNAZ, MD

ID No. 100154024031
 6300 FLORENCE AVE
 BELL GARDENS, CA 90201
 (562) 928-9700
Languages: Farsi

RASEKHI, MOHAMMAD, MD

ID No. 100069052084
 1627 E ANAHEIM ST
 LONG BEACH, CA 90813
 (562) 218-8181
Languages: Farsi, Spanish

ROQUE, RONALDO, MD

ID No. 100033503049
 1760 TERMINO AVE STE 104
 Long Beach, CA 90804
 (562) 494-8512
Languages: French, Spanish, Tagalog

ROUZROCH, SIAMAK, MD

ID No. 100110083060
 1703 TERMINO AVE STE 107
 Long Beach, CA 90804
 (562) 494-8008
Languages: Farsi, German, Spanish

Ryan, Laura, MD

ID No. 100319918011
 11480 BROOKSHIRE AVE # 200
 Downey, CA 90241
 (562) 806-0874

SALATINJANTS, AIDA, MD

ID No. 100060463030
 13132 STUDEBAKER RD STE 3
 Norwalk, CA 90650
 (562) 406-7070
Languages: Armenian, Russian, Spanish

SHARAFI, REZA, MD

ID No. 100187620030
 11544 Downey Ave
 DOWNEY, CA 90241
 (562) 922-2020
Languages: Faroese, Farsi, Spanish

SIM, WILLIAM, MD

ID No. 100103928009
 11480 BROOKSHIRE AVE STE 200
 Downey, CA 90241
 (562) 806-0874
Languages: Korean

SO, VANNARITH, MD

ID No. 100057603028
 1777 N BELLFLOWER BLVD
 STE 101
 Long Beach, CA 90815
 (562) 986-6138
Languages: Cambodian, Spanish

SUMCAD, JOCELYN, MD

ID No. 100025018043
 16660 PARAMOUNT BLVD STE 101
 Paramount, CA 90723
 (562) 633-0976
Languages: Spanish, Tagalog

TEBI, SINA, MD

ID No. 100186802108
 1126 E SOUTH ST
 Long Beach, CA 90805
 (562) 984-9200
Languages: Farsi, Spanish

THAKER, KARTIK, MD

ID No. 100080353030
 12291 WASHINGTON BLVD # 105
 Whittier, CA 90606
 (562) 698-7599
Languages: Hindi

TSAI, MARK, MD

ID No. 100070686030
 16415 COLORADO AVE STE 101
 Paramount, CA 90723
 (562) 634-6341
Languages: Spanish

Ⓐ=LeapFrog

Ⓕ=Female/Mujer Ⓖ=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

VICTORIA, RAFAELITO, MD



ID No. 100069827041
10230 ARTESIA BLVD STE 102
Bellflower, CA 90706
(562) 866-1764
Languages: Tagalog

WINN, HENRY, MD

ID No. 100093502041
15651 IMPERIAL HWY # 102B
LA MIRADA, CA 90638
(562) 947-9591
Languages: French, Spanish, Vietnamese

WONG, HANSON, MD

ID No. 100100599072
10230 ARTESIA BLVD STE 201
Bellflower, CA 90706
(562) 804-7223
Languages: Cantonese, Mandarin, Spanish

WU, JACK, MD

ID No. 100098252021
3845 Atlantic Ave
LONG BEACH, CA 90807
(562) 595-9206
Languages: Chinese, Khmer, Mandarin

WU, KESHENG, MD

ID No. 100054333019
9209 COLIMA RD STE 4500
Whittier, CA 90605
(562) 696-5088
Languages: Chinese, Spanish

ZAMBRANO, OSCAR, MD

ID No. 100007264034
6513 Atlantic Ave
BELL, CA 90201
(323) 581-1649
Languages: Italian, Spanish
Teleservice

ZAPATA, MARTIN, DO

ID No. 100096640044
11865 Firestone Blvd
Norwalk, CA 90650
(562) 806-1214
Languages: Spanish
Teleservice

Pediatrics

RODAS, ANA, MD

ID No. 100097548012
3559 GAGE AVE
Bell, CA 90201
(323) 581-8485
Languages: Spanish

TEJANI, NASIR, MD

ID No. 100017986032
3325 PALO VERDE AVE STE 203
Long Beach, CA 90808
(562) 421-8283
Languages: Hindi, Spanish

Specialty

**Physicians/Médicos
especialistas**

Allergy Immunology

NGUYEN, ROGER, MD

Downey, CA

**Anesthesiology Pain
Management**

Patel, Ajay, MD

Downey, CA

Cardiovascular Disease

FARAH, AMIN, MD

Downey, CA* - Teleservice

HANNA, JOSEPH, MD

Downey, CA

Hussain, Tanvir, MD

Downey, CA

JAFARI, ALIREZA, MD

Whittier, CA

**MAHAISAVARIYA, PAIBOON,
MD**

Downey, CA

PATEL, NIMISH, MD

Whittier, CA

PATEL, PARESHKUMAR, MD

Whittier, CA

SEGAL, DOUGLAS, MD

Downey, CA

SINGH, ANANTJIT, MD

Downey, CA

THAKER, KARTIK, MD

Whittier, CA

Chiropractor

BERES, JACQUELINE, DC

Whittier, CA

DURRANI, ASIF, DC

Paramount, CA

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

OPTUM CARE NETWORK - APPLECARE SELECT, continued/continuación

Specialty Physicians/Médicos especialistas

FOX, DAN, DC

Downey, CA

Fanning, Michael, DC

Whittier, CA

Hwang, Henry, DC

Whittier, CA

LEE, THOMAS, LAC

Whittier, CA

Lee, Felix, DC

Whittier, CA

NAGARE, MELISSA, LAC

Whittier, CA

RUSSELL, ROBB, DC

Whittier, CA

STOCKWELL, TODD, DC

Long Beach, CA

Dermatology**ROSENBERG, FREDRIC, MD**

Lakewood, CA

***Endocrinology Metabolism
Diabetes*****EITAN, NATHAN, MD**

Whittier, CA

VISWANATHAN,**KANCHANA, MD**

Long Beach, CA

Gastroenterology**COX, CONRAD, MD**

Lakewood, CA

OJHA, SUSHIL, MD

Downey, CA

PANDE, HEMANT, MD

Downey, CA

PANTOJA, JOSE, MD

Lakewood, CA

Gynecology**CHAO, CYNTHIA, DO**

Long Beach, CA

Hematology / Oncology**AGAJANIAN, RICHY, MD**

Whittier, CA

Infectious Disease**BANSIL, SANDEEP, MD**

Downey, CA

Internal Medicine**SHARAFI, REZA, MD**

Downey, CA

Marriage Family Therapist**FRENCH, DAVID, PHD**

Whittier, CA - Teleservice

Nephrology**BOROUJERDI-RAD, HASSAN,
MD**

Whittier, CA

ISMAIL, MOHAMMAD, MD

Paramount, CA - Teleservice

LEE, MARK, MD

Whittier, CA

NASREEN, TANZINA, MD

Paramount, CA - Teleservice

ROCHA, RODRIGO, MD

Downey, CA

Neurology**HIJAZIN, MUNTHER, MD**

Downey, CA

KIM, CHAN, MD

Whittier, CA

MANSOUR, KHALIFA, MD

Downey, CA

MITRI, ANTOINE, MD

Downey, CA - Teleservice

PRENTICE, THEODORE, MD

Downey, CA - Teleservice

THOMPSON, MICHAEL, MD

Long Beach, CA

Obstetrics / Gynecology**ALLADAWI, AYMAN, MD**

Downey, CA

IM, SAMUEL, MD

Whittier, CA

MARTINSON, MARSHA, MD

Downey, CA - Teleservice

MISHAL, DEVADATT, MD

Downey, CA

PARK, JUNG, MD

Downey, CA

PHAM, LOY, MD

Downey, CA

TRUONG, PHUONG, MD

Downey, CA

Ⓛ=LeapFrog

Ⓢ=Female/Mujer Ⓜ=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Ophthalmology

EDELSTEIN, ARTHUR, MD
Downey, CA

GONZALEZ, CASIMIRO, MD
Bell, CA

SHAMMAS, HANNA, MD
Downey, CA

SHAMMAS, MAYA, MD
Whittier, CA

***Otolaryngology / Otology /
Laryngology / Rhinology***

AYOUB, ELIAS, MD
Downey, CA*

CHIU, SHIN, MD
Downey, CA

MAHER, SASHA, DO
Downey, CA*

Pediatric Cardiology

LOITZ, ROBERT, MD
Downey, CA

Pediatrics

WONG, HANSON, MD
Bellflower, CA

Podiatrist

ABBES, EDGAR, DPM
Lakewood, CA

CHAN, JOHN, DPM
Bell, CA

HODOR, LAWRENCE, DPM
Lakewood, CA

Psychiatry Geriatric

GIURGIUS, MOATAZ, MD
La Mirada, CA* - Teleservice

Psychiatry

PRATTY, JAMES, MD
Cerritos, CA

Psychologist

FRENCH, DAVID, PHD
Whittier, CA - Teleservice

Pulmonary Diseases

EPSTEIN, JOEL, MD
Lakewood, CA

GELB, ARTHUR, MD
Lakewood, CA

Radiation Oncology

DAVE, SULABHA, MD
Long Beach, CA

Rheumatology

DOSHI, DIPTI, MD
Cerritos, CA - Teleservice

GELFAND, GILBERT, MD
Whittier, CA*

MAEHARA, MICHAEL, MD
Downey, CA
Downey, CA
Long Beach, CA

SU, TIEN-I, MD
Whittier, CA

Surgery Cardiovascular

SHUMAN, ROBERT, MD
Long Beach, CA

Surgery General

DEERE, ROBERT, MD
Downey, CA

MINKES, MARK, MD
Downey, CA

Surgery Neurological

LEMAY, DANIEL, MD
Downey, CA - Teleservice

LIU, CHARLES, MD
Lakewood, CA

Lee, Darrin, MD
Lakewood, CA

MINASSIAN, HAIG, MD
Whittier, CA

OH, BRYAN, MD
Lakewood, CA

RUSSIN, JONATHAN, MD
Lakewood, CA

Surgery Orthopedic

BOHR, ROBERT, MD
Santa Fe Springs, CA

CHAMBERS, RICHARD, MD
Downey, CA

EBERLY, VANCE, MD
Downey, CA

ELIAS, RAMY, MD
Lakewood, CA

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

OPTUM CARE NETWORK - APPLECARE SELECT, continued/continuación

Specialty Physicians/Médicos especialistas

KAPLAN, DANIEL, MD

Santa Fe Springs, CA

LOW, KYLE, MD

Santa Fe Springs, CA

PARK, KEVIN, MD

Downey, CA

SHAMLOU, KOUROSH, MD

Downey, CA

Surgery Plastic

HICKS, PEARLMAN, MD

Long Beach, CA

Surgery Thoracic

GREWAL, NAVROSE, MD

Lakewood, CA

KHOYNEZHAD, ALI, MD

Long Beach, CA - Teleservice

**PANAGIOTIDES, GEORGE,
MD**

Lakewood, CA*

SETTY, SHAUN, MD

Long Beach, CA

Urology

AGATSTEIN, ERNEST, MD

Downey, CA

KAPLAN, JUAN, MD

Whittier, CA

NOWFAR, SEPEHR, MD

Downey, CA

Lakewood, CA

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

Family Practice

**AGUILUZ, AMABLE, MD **

ID No. 100158992036
21500 PIONEER BLVD # 209
Hawaiian Gardens, CA 90716
(562) 860-2442
Languages: Spanish, Tagalog

**BADAR, FRANCISCO, MD **

ID No. 100113313067
17150 NORWALK BLVD # 102
CERRITOS, CA 90703
(562) 924-8880
Languages: Spanish, Tagalog, Telugu

**DHAMIJA, KAILASH, MD **

ID No. 100089396068
18326 PIONEER BLVD
Artesia, CA 90701
(562) 860-5599
Languages: Cambodian, Gujarati, Hindi
Teleservice

**HANAMSAGAR, SEEMA, MD **

ID No. 100114040012
3816 WOODRUFF AVE # 205
Long Beach, CA 90808
(562) 421-7292
Languages: Hindi, Marathi

**MANN, PARAMJOT, MD **

ID No. 100110491040
1703 TERMINO AVE # 207
LONG BEACH, CA 90804
(562) 817-5602

**NUGAS, ALICIA, MD **

ID No. 100054868041
22408 NORWALK BLVD
Hawaiian Gardens, CA 90716
(562) 421-2188

**PEREZ, ANGEL, MD **

ID No. 100099270033
1721 N WILMINGTON BLVD
Wilmington, CA 90744
(310) 835-1414
Languages: Spanish

**Trani, Marvin, DO **

ID No. 100381070005
15955 PARAMOUNT BLVD # A
PARAMOUNT, CA 90723
(562) 531-9806
Languages: Spanish
Teleservice

**URIBE, DANIEL, MD **

ID No. 100062305040
13307 SAN ANTONIO DR
Norwalk, CA 90650
(562) 807-1877
Languages: Spanish

**VU, HOANG-CHUONG, MD **

ID No. 100065485060
17620 BELLFLOWER BLVD
BELLFLOWER, CA 90706
(562) 867-7098
Languages: Arabic, French, Mandarin

General Practice

**SHEK, DAVID, MD **

ID No. 100045699069
11803 CARSON ST
HAWAIIAN GARDENS, CA 90716
(562) 924-4455
Languages: Cantonese, Chinese, Mandarin

Internal Medicine

**ARASTU, ANWAR, MD **

ID No. 100081281012
12675 LA MIRADA BLVD STE 200
La Mirada, CA 90638
(562) 941-9853
Languages: Hindi, Urdu

**HABIB, SHEHNAZ, MD **

ID No. 100083641086
8800 ALONDRA BLVD # C
BELLFLOWER, CA 90706
(562) 602-2508
Languages: Gujarati, Hindi, Spanish
Teleservice

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

OPTUM CARE NETWORK - ARTA HEALTH, continued/continuación

PCPs/Médicos de atención primaria (PCP)

HABIB, SHEHNAZ, MD ⑥

ID No. 100083641083

8540 ALONDRA BLVD STE B2

Paramount, CA 90723

(562) 602-2508

*Languages: Gujarati, Hindi,
Spanish*

Javdan, Ron, MD ④

ID No. 100216791049

1126 E SOUTH ST

LONG BEACH, CA 90805

(562) 984-9200

Languages: Farsi

LERNO, LAWRENCE, MD ④

ID No. 100346577030

1510 E 7th St

LONG BEACH, CA 90813

(562) 590-9800

*Languages: Gujarati, Hindi,
Spanish*

Teleservice

MEKA, MEENA, MD ⑥*

ID No. 100219558035

1510 E 7th St

LONG BEACH, CA 90813

(562) 590-9800

Languages: Spanish

Teleservice

PATEL, SHIRISH, MD ④

ID No. 100027543018

5220 CLARK AVE STE 125

Lakewood, CA 90712

(562) 925-7401

*Languages: Gujarati, Hindi,
Spanish*

SALATINJANTS, AIDA, MD ⑥

ID No. 100060463014

13132 STUDEBAKER RD STE 3

Norwalk, CA 90650

(562) 406-7070

*Languages: Armenian, Russian,
Spanish*

Pediatrics

SARODE, PRAFUL, MD ④

ID No. 100063843051

12371 IMPERIAL HWY

Norwalk, CA 90650

(562) 929-5000

Languages: Hindi, Spanish

TEJANI, NASIR, MD ④

ID No. 100017986023

3325 PALO VERDE AVE STE

203

Long Beach, CA 90808

(562) 421-8283

Languages: Hindi, Spanish

Specialty

Physicians/Médicos

especialistas

Allergy Immunology

KIM, KENNETH, MD

Long Beach, CA

Anesthesiology Pain Management

EL-KHOURY, GEORGE, MD

Long Beach, CA

MIKHAEL, MEDHAT, MD

Long Beach, CA

Anesthesiology

MATTAR, RAAFAT, MD

Long Beach, CA

Cardiology

TURIY, YULIYA, MD

Long Beach, CA

Certified Nurse Practitioner

Choi, Rana, NP

Cerritos, CA

Chiropractor

BARDI, FARIBA, DC

Long Beach, CA

General Practice

SARODE, PRAFUL, MD

Norwalk, CA

Nephrology

DASWANI, ADARSH, MD

Lakewood, CA

MOE, KYAW, MD

Lakewood, CA

Neurology

TRUONG, DANIEL, MD

Long Beach, CA

Truong, Kong, MD

Long Beach, CA

Ophthalmology

KIM, JANET, MD

Long Beach, CA

④=LeapFrog

⑥=Female/Mujer ④=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Optometrist

TRAN, MAILAN, OD
Long Beach, CA

Varsani, Poonam, OD
Long Beach, CA

Otolaryngology

NGUYEN, QUOC, MD
Long Beach, CA

WILLNER, AYAL, MD
Long Beach, CA

Pediatric Gastroenterology

KUMAR, ANJULI, MD
Long Beach, CA
Long Beach, CA

STEINMETZ, BARRY, MD
Long Beach, CA

TRAN, ROBERT, MD
Long Beach, CA

***Physical Medicine /
Rehabilitation***

BATKIN, FRED, MD
Long Beach, CA

Surgery General Vascular

VARDAYO, JOSEPH, MD
Long Beach, CA

Surgery Orthopedic

CUNNINGHAM, TORIN, MD
Long Beach, CA

FARJOODI, PAYAM, MD
Lakewood, CA

Urology

WACHS, BARTON, MD
Long Beach, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

* Indicates accepting current patients only.
* Indica que el médico acepta únicamente pacientes actuales.

OPTUM CARE NETWORK - BEVERLY

PCPs/Médicos de atención primaria (PCP)

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

Internal Medicine

COTTON, D, MD ☉

ID No. 100101282009
12474 WASHINGTON BLVD
Whittier, CA 90602
(562) 698-9779
Languages: Spanish

Specialty

Physicians/Médicos especialistas

Neurology

GALE, LEONARD, MD

Whittier, CA

GANGULY, GAUTAM, MD

Whittier, CA

HELFGOTT, PAUL, MD

Whittier, CA

RISON, RICHARD, MD

Whittier, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

☉=LeapFrog

☉=Female/Mujer ☉=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)***Internal Medicine*****KRIGER, DIEGO, MD ④**

ID No. 100343825030
1535 LOMITA BLVD
Harbor City, CA 90710
(310) 530-9300

Languages: Armenian, Spanish

MARYSKA, DORSA, MD ⑤

ID No. 100131420032
11147 WASHINGTON BLVD
Whittier, CA 90606
(562) 695-6988

Languages: Farsi, Persian, Spanish

Specialty**Physicians/Médicos especialistas*****Nephrology*****MARYSKA, DORSA, MD**

Whittier, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

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* Indica que el médico acepta únicamente pacientes actuales.

OPTUM CARE NETWORK - EAST LA

PCPs/Médicos de atención primaria (PCP)

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

Family Practice

PATEL, NIKUNJ, MD ♂

ID No. 100151856046
1334 N AVALON BLVD
Wilmington, CA 90744
(310) 835-4000
Languages: Spanish

General Practice

JIMENEZ, FRANCISCO, MD

♂

ID No. 100037048041
6517 Eastern Ave
BELL GARDENS, CA 90201
(323) 773-8295
Languages: Spanish

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.
/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

Specialty**Physicians/Médicos
especialistas*****Neurology***

RISON, RICHARD, MD

Whittier, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

**Proveedores de servicios de salud
mental**

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

OPTUM CARE NETWORK - LA COUNTY

PCPs/Médicos de atención primaria (PCP)

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

Internal Medicine

DE LA LOZA, DAVID, MD

ID No. 100088867056
6301 GREENLEAF AVE
WHITTIER, CA 90601
(562) 693-9880
Languages: Spanish

KANG, DENO, MD

ID No. 100097156057
18102 PIONEER BLVD STE 204
Artesia, CA 90701
(562) 402-9801
Languages: Korean

Specialty

Physicians/Médicos especialistas

Obstetrics / Gynecology

FAN, KENNETH, DO

Downey, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

OPTUM CARE NETWORK - LITTLE CO OF MARY

Affiliated Hospitals/Hospitales afiliados

Affiliated Hospitals/Hospitales afiliados

PROVIDENCE LITTLE CO OF MARY MED CTR SAN PEDRO

④
1300 W 7TH ST
San Pedro, CA 90732

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

Family Practice

AJAGBE, TEMITOPE, MD M*
ID No. 100335615008
1499 W 1ST ST
SAN PEDRO, CA 90732
(310) 831-9482

**GREENBERG, LAWRENCE,
MD M***
ID No. 100070890006
1499 W 1ST ST
San Pedro, CA 90732
(310) 831-9482
Languages: Hebrew, Spanish

ISHIHARA, TERRY, MD M*
ID No. 100033637007
1499 W 1ST ST
SAN PEDRO, CA 90732
(310) 831-9482
Languages: Spanish

JIMENEZ, ANDRES, MD M*
ID No. 100075706006
1499 W 1ST ST
San Pedro, CA 90732
(310) 831-9482
Languages: Spanish

MAGDALENO, LUIS, MD M
ID No. 100059727010
900 N WESTERN AVE
SAN PEDRO, CA 90732
(310) 832-4225
Languages: Italian, Spanish

METZGER, KEVIN, DO M
ID No. 100001717005
593 W 6TH ST
SAN PEDRO, CA 90731
(310) 547-0202

**MIZUHARA-CHENG,
COURTNEY, DO E**
ID No. 100130891023
1535 Lomita Blvd
HARBOR CITY, CA 90710
(310) 530-9300
Languages: Japanese, Spanish
Teleservice

NGUYEN, TRUNG, MD M*
ID No. 100341729005
593 W 6TH ST
SAN PEDRO, CA 90731
(310) 547-0202
Languages: Vietnamese

PATEL, NIKUNJ, MD M
ID No. 100151856039
1334 N AVALON BLVD
Wilmington, CA 90744
(310) 835-4000
Languages: Spanish

PEREZ, ANGEL, MD M
ID No. 100099270003
6517 EASTERN AVE
Bell Gardens, CA 90201
(323) 773-8295
Languages: Spanish

PEREZ, ANGEL, MD M
ID No. 100099270012
1721 N WILMINGTON BLVD
Wilmington, CA 90744
(310) 835-1414
Languages: Spanish

PLACIK, DANIEL, MD M
ID No. 100378865004
900 N WESTERN AVE
SAN PEDRO, CA 90732
(213) 861-5830
Languages: Spanish

PRADO, LILIA, DO E
ID No. 100362266020
1600 S GAFFEY ST
SAN PEDRO, CA 90731
(310) 548-0201
Languages: Spanish

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

OPTUM CARE NETWORK - LITTLE CO OF MARY, continued/continuación

PCPs/Médicos de atención primaria (PCP)

PRADO, LILIA, DO ⑥

ID No. 100362266024
1366 W 7TH ST
SAN PEDRO, CA 90732
(310) 833-2461
Languages: Spanish

SCHMIDT, JAMES, MD ④

ID No. 100048505007
1350 W 6TH ST STE 200
San Pedro, CA 90732
(310) 832-0686
Languages: Italian, Spanish

SHAH, KRUPA, MD ⑥

ID No. 100034020011
900 N WESTERN AVE
SAN PEDRO, CA 90732
(310) 832-4225
Languages: Gujarati, Hindi, Spanish

SLISKOVICH, PAUL, MD ④

ID No. 100392078004
1600 S GAFFEY ST
SAN PEDRO, CA 90731
(310) 548-0201
Languages: Croatian

SLISKOVICH, PAUL, MD ④

ID No. 100392078007
1366 W 7TH ST
SAN PEDRO, CA 90732
(310) 833-2461
Languages: Croatian

SMITH, MARK, MD ④

ID No. 100388702004
1600 S GAFFEY ST
SAN PEDRO, CA 90731
(310) 548-0201

SMITH, MARK, MD ④

ID No. 100388702009
1366 W 7TH ST
SAN PEDRO, CA 90732
(310) 833-2461

SUMABAT, ALWYN, MD ④

ID No. 100111845014
1499 W 1st St
San Pedro, CA 90732
(310) 241-2590
Languages: Spanish, Tagalog

WARDWELL, KERI, MD ⑥*

ID No. 100194593004
1499 W 1ST ST
San Pedro, CA 90732
(310) 831-9482
Languages: German, Spanish

General Practice

CORREA, FRANCISCO, MD ④

ID No. 100000311003
1350 W 6TH ST # 130
SAN PEDRO, CA 90732
(310) 241-1000
Languages: Spanish

TABILA, RODOLFO, MD ④

ID No. 100072742021
1339 W WILLOW ST
Long Beach, CA 90810
(562) 492-6698
Languages: Spanish, Tagalog

Internal Medicine

CALOF, OLGA, MD ⑥

ID No. 100099007006
1499 W 1ST ST
San Pedro, CA 90732
(310) 381-9482
Languages: Russian

ELSAYAD, NABIL, MD ④

ID No. 100019415009
1626 N AVALON BLVD
Wilmington, CA 90744
(310) 834-4666
Languages: Arabic, French, Spanish

El Sayad, Edgar, MD ④

ID No. 100322504012
1626 N AVALON BLVD
Wilmington, CA 90744
(310) 834-4666
Languages: Spanish

GENATO, SHARON, MD ⑥

ID No. 100109299015
1366 W 7TH ST
SAN PEDRO, CA 90732
(310) 833-2461
Languages: Spanish, Tagalog

GENATO, SHARON, MD ⑥

ID No. 100109299006
1600 S GAFFEY ST
San Pedro, CA 90731
(310) 548-0201
Languages: Spanish, Tagalog

GIACONI, MIRKO, MD ④

ID No. 100031262002
1600 S Gaffey St
SAN PEDRO, CA 90731
(310) 548-0201
Languages: Croatian, Farsi, Italian

GIACONI, MIRKO, MD ④

ID No. 100031262015
1366 W 7TH ST
SAN PEDRO, CA 90732
(310) 833-2461
Languages: Croatian, Farsi, Italian

④=LeapFrog

⑥=Female/Mujer ④=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.
/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

GUTIERREZ, ALEJANDRA, MD ⑥

ID No. 100338467013
900 N WESTERN AVE
SAN PEDRO, CA 90732
(310) 832-4225
Languages: Spanish

KRIGER, DIEGO, MD ⑥*

ID No. 100343825027
1535 LOMITA BLVD
Harbor City, CA 90710
(310) 530-9300
Languages: Armenian, Spanish

LUSTER, RHONDA, MD ⑥

ID No. 100069308038
2777 PACIFIC AVE # C
LONG BEACH, CA 90806
(562) 426-6571

MEKA, MEENA, MD ⑥*

ID No. 100219558133
1510 E 7th St
LONG BEACH, CA 90813
(562) 590-9800
Languages: Spanish
Teleservice

OSEA, EDGARDO, MD ⑥

ID No. 100073172003
1310 SEPULVEDA BLVD
Harbor City, CA 90710
(310) 534-5765
Languages: Spanish, Tagalog

PISANO, CRESCENZO, MD ⑥*

ID No. 100091560005
1499 W 1ST ST
San Pedro, CA 90732
(310) 831-9482
Languages: Italian, Spanish

SHAH, MONA, MD ⑥

ID No. 100112746012
1600 S Gaffey St
SAN PEDRO, CA 90731
(310) 548-0201
Languages: Gujarati, Hindi, Spanish

SHAH, MONA, MD ⑥

ID No. 100112746051
1294 W 6TH ST # 205
San Pedro, CA 90731
(310) 548-0201
Languages: Gujarati, Hindi, Spanish

SHAH, MONA, MD ⑥

ID No. 100112746047
1366 W 7th St
San Pedro, CA 90732
(310) 833-2461
Languages: Gujarati, Hindi, Spanish

SIMAN, HOMAN, MD ⑥

ID No. 100111988006
1231 N AVALON BLVD
Wilmington, CA 90744
(310) 835-5000
Languages: Faroese, Farsi, Spanish
Teleservice

THAYER, ROBERT, DO ⑥

ID No. 100369662005
1600 S GAFFEY ST
SAN PEDRO, CA 90731
(310) 548-0201

THAYER, ROBERT, DO ⑥

ID No. 100369662003
1366 W 7TH ST
SAN PEDRO, CA 90732
(310) 833-2461

TRAN, QUYNH CHI, MD ⑥

ID No. 100105693010
2600 REDONDO AVE
Long Beach, CA 90806
(562) 988-7000
Languages: Vietnamese

VARGAS, CAROLINE, MD ⑥

ID No. 100366633007
1600 S GAFFEY ST
San Pedro, CA 90731
(310) 548-0201
Languages: Spanish

VARGAS, CAROLINE, MD ⑥

ID No. 100366633009
1366 W 7th St
San Pedro, CA 90732
(310) 833-2461
Languages: Spanish

Specialty
Physicians/Médicos
especialistas

Allergy Immunology

TSAI, EUGENE, MD
San Pedro, CA

Cardiovascular Disease

KWAN, WILSON, MD
San Pedro, CA

Certified Nurse Practitioner

ALIPOUR, ARASH, NP
Long Beach, CA

Brodhead, Sarah, NP
San Pedro, CA

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

OPTUM CARE NETWORK - LITTLE CO OF MARY, continued/continuación

Specialty Physicians/Médicos especialistas

Emergency Medicine

SUMABAT, ALWYN, MD
San Pedro, CA

Gynecologic Oncology

ATAMDEDE, FIKRET, MD
Long Beach, CA

Gynecology

FATEHCHEHR, SOORENA, MD
Long Beach, CA

Hematology / Oncology

LAM, ANTHONY, MD
San Pedro, CA

Thara, Eddie, DO
Whittier, CA

Internal Medicine

IZUMI, STEVEN, MD
Long Beach, CA

YEH, STEPHANIE, MD
Long Beach, CA

Maternal and Fetal Medicine

SACHAR, VIKAS, MD
Long Beach, CA - Teleservice

Neurology

TRUONG, DANIEL, MD
Long Beach, CA

Obstetrics / Gynecology

ALLADAWI, AYMAN, MD
Downey, CA

Askari, Reza, MD
San Pedro, CA
San Pedro, CA

SIMPSON, JESSICA, MD
Downey, CA

Oncology Medical

CIAROLLA, ANTHONY, MD
San Pedro, CA

Ophthalmology

DANG, LISA, MD
San Pedro, CA

GRANT-ACQUAH, KWEKU, MD
San Pedro, CA

Optometrist

GRATTAN, ANNE, OD
Downey, CA
Long Beach, CA
San Pedro, CA

Hamouie, Judy, OD
San Pedro, CA

Le, Helen, OD
San Pedro, CA

NGUYEN, THY, OD
San Pedro, CA

PHAM, VY, OD
San Pedro, CA

SCOTT, JEFFREY, OD
San Pedro, CA

Tu, Beverly, OD
San Pedro, CA

Wong, Sharon, OD
San Pedro, CA

Pediatric Gastroenterology

KUMAR, ANJULI, MD
Long Beach, CA

TRAN, ROBERT, MD
Long Beach, CA
Long Beach, CA

Pediatric Hematology / Oncology

PATEL, RAMESH, MD
Long Beach, CA

Pediatric Nephrology

SHARMA, KAVITA, MD
Long Beach, CA

Physicians Assistant

HUA, KIMBERLY, PA
San Pedro, CA

Surgery General Vascular

ADOUMIE, RIAD, MD
San Pedro, CA

KLEIN, STANLEY, MD
San Pedro, CA

Ⓐ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Surgery General

Bhayani, Neil, MD

San Pedro, CA

CAMEL, JAMES, MD

San Pedro, CA

FISHER, STEVEN, MD

San Pedro, CA

**FRIEDLANDER, MELANIE,
MD**

San Pedro, CA

MADORIN, CATHERINE, MD

San Pedro, CA

MURALIRAJ, VIJAY, MD

San Pedro, CA

NGUYEN, SON, MD

San Pedro, CA

SOLOMON, HOUMAN, MD

San Pedro, CA

Surgery Orthopedic

GOLDBERG, MYTIEN, MD

Long Beach, CA

Mehta, Akshay, MD

Long Beach, CA

Urology

AHMED, FAISAL, MD

San Pedro, CA

TOMASIC, NICKOLAS, MD

San Pedro, CA

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

OPTUM CARE NETWORK - LONG BEACH

Affiliated Hospitals/Hospitales afiliados

Affiliated Hospitals/Hospitales afiliados

LONG BEACH MEMORIAL MED CTR

2801 ATLANTIC AVE # 228
Long Beach, CA 90806

ST MARY MEDICAL CENTER LONG BEACH ☉

1050 LINDEN AVE
Long Beach, CA 90813

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

Family Practice

AGUILUZ, AMABLE, MD ☉

ID No. 100158992037
21500 PIONEER BLVD # 209
Hawaiian Gardens, CA 90716
(562) 860-2442
Languages: Spanish, Tagalog

AGUILUZ, JACQUELINE, DO

☉
ID No. 100040919111
21508 NORWALK BLVD
Hawaiian Gardens, CA 90716
(562) 865-5214
Teleservice

ARSI, KIMBERLY, DO ☉

ID No. 100089285004
6226 E SPRING ST STE 100
Long Beach, CA 90815
(562) 420-1338
Languages: Spanish

ARTER, JOEL, MD ☉

ID No. 100369663010
2880 ATLANTIC AVE # 230
LONG BEACH, CA 90806
(562) 424-4404
Languages: Spanish

BADAR, FRANCISCO, MD ☉

ID No. 100113313068
17150 NORWALK BLVD # 102
CERRITOS, CA 90703
(562) 924-8880
Languages: Spanish, Tagalog, Telugu

BAMBRAH-DHAMIJA,

MEHTAB, MD ☉

ID No. 100114408077
18326 PIONEER BLVD
Artesia, CA 90701
(562) 860-5599
Languages: Cambodian, Gujarati, Hindi

BAMBRAH-DHAMIJA,

MEHTAB, MD ☉

ID No. 100114408060
3760 ATLANTIC AVE # A
Long Beach, CA 90807
(562) 595-7467
Languages: Cambodian, Gujarati, Hindi

BAMBRAH-DHAMIJA,

MEHTAB, MD ☉

ID No. 100114408078
3760 ATLANTIC AVE
Long Beach, CA 90807
(562) 595-7467
Languages: Cambodian, Gujarati, Hindi

BECKLES, DEDRA, MD ☉

ID No. 100072648011
3325 PALO VERDE AVE # 201
LONG BEACH, CA 90808
(562) 542-3600

CHAUDHARY, VINITA, MD ☉

ID No. 100099965045
3650 SOUTH ST STE 210
Lakewood, CA 90712
(562) 630-0910
Languages: Hindi

COHEN, ROBERT, MD ☉

ID No. 100011235003
6226 E SPRING ST STE 100
Long Beach, CA 90815
(562) 420-1338
Languages: Spanish

☉=LeapFrog

☉=Female/Mujer ☉=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.
/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

CONSTANTINO, LOIDA, MD



ID No. 100095454029
1777 N BELLFLOWER BLVD
STE 104
Long Beach, CA 90815
(562) 961-8820

Languages: Spanish, Tagalog

DHAMIJA, KAILASH, MD

ID No. 100089396072
18326 PIONEER BLVD
Artesia, CA 90701
(562) 860-5599
Languages: Cambodian, Gujarati, Hindi
Teleservice

DIX, KAREN, MD

ID No. 100038621069
911 E SAN ANTONIO DR # 1
LONG BEACH, CA 90807
(562) 728-8700

ELACION, JOSE-MARI, MD



ID No. 100052060023
3650 SOUTH ST # 412
LAKEWOOD, CA 90712
(562) 634-8001
Teleservice
Contract terminated as of
10/31/2022

GREEN, STEPHANIE, MD

ID No. 100101118003
300 REDONDO AVE
Long Beach, CA 90814
(562) 439-6966

GUERRERO, DAVID, MD

ID No. 100087956031
3815 ATLANTIC AVE # 3
LONG BEACH, CA 90807
(562) 426-9482
Languages: Spanish

HANAMSAGAR, SEEMA, MD



ID No. 100114040086
3816 WOODRUFF AVE # 406
LONG BEACH, CA 90808
(562) 421-7292
Languages: Hindi, Marathi

HOANG, THAO, DO

ID No. 100105391006
5001 LAKEWOOD BLVD
Lakewood, CA 90712
(562) 361-5650
Languages: Chinese, Vietnamese

HU MEI CHIH YOUNG,

Rebecca, DO

ID No. 100239883007
3325 PALO VERDE AVE, STE
106
LONG BEACH, CA 90808
(562) 434-7777

HU MEI CHIH YOUNG,

Rebecca, DO

ID No. 100239883006
3325 PALO VERDE AVE, STE
105
LONG BEACH, CA 90808
(562) 434-7777

Heller, Cassandra, DO

ID No. 100330115008
2777 PACIFIC AVE # 207
LONG BEACH, CA 90806
(562) 517-0400

Hertel, Jay, DO

ID No. 100219135002
4401 ATLANTIC AVE # 300
LONG BEACH, CA 90807
(562) 481-3500
Languages: Spanish

IGNATIUS, MARK, DO

ID No. 100194825043
8706 Imperial Hwy
DOWNEY, CA 90242
(562) 746-0051

IGNATIUS, MARK, DO

ID No. 100194825042
5979 Atlantic Ave
Lakewood, CA 90805
(562) 423-0421

KOSEFF, PERRY, DO

ID No. 100023674017
300 REDONDO AVE
Long Beach, CA 90814
(562) 439-6966
Languages: Hindi, Spanish, Tamil

LABATIA, SHERIF, MD

ID No. 100195919029
5750 DOWNEY AVE # 206
LAKEWOOD, CA 90712
(562) 384-3034
Languages: Arabic, French

LARSON, LINDSAY, DO

ID No. 100175296022
5750 DOWNEY AVE # 100
LAKEWOOD, CA 90712
(562) 630-3105

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

OPTUM CARE NETWORK - LONG BEACH, continued/continuación

PCPs/Médicos de atención primaria (PCP)

LEE, CHRISTINA, MD ⑥

ID No. 100099123007
817 ATLANTIC AVE
LONG BEACH, CA 90813
(562) 591-6890
*Languages: Cambodian,
Mandarin, Spanish*
Teleservice

MANN, PARAMJOT, MD ⑥

ID No. 100110491039
1703 TERMINO AVE # 207
LONG BEACH, CA 90804
(562) 817-5602

MENDOZA, MANUEL, MD ④

ID No. 100047566068
16323 CLARK AVE
Bellflower, CA 90706
(562) 925-7716
Languages: Spanish, Tagalog

MENDOZA, MANUEL, MD ④

ID No. 100047566101
11735 Firestone Blvd
NORWALK, CA 90650
(562) 925-7716
Languages: Spanish, Tagalog

MIKHAIL, MARIANNE, MD ⑥

ID No. 100196873045
5750 DOWNEY AVE # 206
Lakewood, CA 90712
(562) 384-3034
*Languages: Arabic, French,
Spanish*

NUGAS, ALICIA, MD ⑥

ID No. 100054868045
22408 NORWALK BLVD
Hawaiian Gardens, CA 90716
(562) 421-2188

PEREZ, ANGEL, MD ④

ID No. 100099270011
1721 N WILMINGTON BLVD
Wilmington, CA 90744
(310) 835-1414
Languages: Spanish

PHAM, ANH, MD ⑥

ID No. 100105480003
6226 E SPRING ST STE 100
Long Beach, CA 90815
(562) 420-1338

PHAN, HUY, MD ④

ID No. 100071222003
6226 E SPRING ST STE 100
Long Beach, CA 90815
(562) 420-1338
Languages: Spanish, Vietnamese

RUBINSON, WILLIAM, MD ④

ID No. 100036140213
8500 FLORENCE AVE # 101
Downey, CA 90240
(562) 923-6060
*Languages: Farsi, Gujarati,
Hebrew*

RUBINSON, WILLIAM, MD ④

ID No. 100036140212
11942 PARAMOUNT BLVD ste
B
Downey, CA 90242
(562) 923-6060
*Languages: Farsi, Gujarati,
Hebrew*

RUBINSON, WILLIAM, MD ④

ID No. 100036140214
3300 E SOUTH ST # 209
LAKEWOOD, CA 90805
(562) 923-6601
*Languages: Farsi, Gujarati,
Hebrew*

Rizkalla, Mirna, MD ⑥

ID No. 100353503028
3650 SOUTH ST # 404
LAKEWOOD, CA 90712
(562) 232-3910

SAMAWI, ROGER, MD ④

ID No. 100035070017
1045 ATLANTIC AVE STE 1019
Long Beach, CA 90813
(562) 901-9228
Languages: Arabic, Spanish

SHEN, DAVID, MD ④

ID No. 100078042009
3325 Palo Verde Ave, Ste 106
Long Beach, CA 90808
(562) 434-7777

SHEN, DAVID, MD ④

ID No. 100078042008
3325 Palo Verde Ave, Ste 105
Long Beach, CA 90808
(562) 434-7777

SHEPPARD, JAMES, DO ④

ID No. 100232942051
8706 IMPERIAL HWY
Downey, CA 90242
(562) 746-0051
Languages: Spanish

SHEPPARD, JAMES, DO ④

ID No. 100232942119
2600 REDONDO AVE
LONG BEACH, CA 90806
(562) 988-7340
Languages: Spanish

④=LeapFrog

⑥=Female/Mujer ④=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.
/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

SHEPPARD, JAMES, DO

ID No. 100232942052
5979 Atlantic Ave
Long Beach, CA 90805
(562) 423-0421
Languages: Spanish

SMITH, MARK, MD

ID No. 100388702013
2777 PACIFIC AVE # 207
LONG BEACH, CA 90806
(562) 514-0400

TRAN, KHAI, DO

ID No. 100074636018
15717 PARAMOUNT BLVD
Paramount, CA 90723
(562) 531-2231
Languages: Spanish, Vietnamese
Teleservice

TRUONG, LOAN, MD

ID No. 100298164018
855 E Anaheim St
Long Beach, CA 90813
(562) 591-0840
Languages: Spanish, Vietnamese

TYSON, YVONNE, MD

ID No. 100026273046
7643 ATLANTIC AVE
Cudahy, CA 90201
(323) 771-1713
Teleservice

TYSON, YVONNE, MD

ID No. 100026273068
3816 WOODRUFF AVE # 412
LONG BEACH, CA 90808
(562) 377-1111

Trani, Marvin, DO

ID No. 100381070010
15955 PARAMOUNT BLVD # A
PARAMOUNT, CA 90723
(562) 531-9806
Languages: Spanish
Teleservice

UBA, GRANT, MD

ID No. 100086494004
6226 E SPRING ST STE 100
Long Beach, CA 90815
(562) 420-1338

URIBE, DANIEL, MD

ID No. 100062305053
13307 SAN ANTONIO DR
Norwalk, CA 90650
(562) 807-1877
Languages: Spanish

VU, HOANG-CHUONG, MD

ID No. 100065485059
17620 BELLFLOWER BLVD
BELLFLOWER, CA 90706
(562) 867-7098
Languages: Arabic, French, Mandarin

ZAMOST, MARVIN, MD

ID No. 100020429005
6226 E SPRING ST STE 100
Long Beach, CA 90815
(562) 420-1338

General Practice

BUSTOS, ADELAIDA, MD *

ID No. 100087122085
7862 FIRESTONE BLVD
Downey, CA 90241
(562) 869-7007
Languages: Spanish, Tagalog

CARDIN, JOHN, MD

ID No. 100090356024
2880 ATLANTIC AVE STE 230
Long Beach, CA 90806
(562) 424-4404
Languages: Spanish

CHANG, ERIC, MD

ID No. 100078469005
4856 BELLFLOWER BLVD
Lakewood, CA 90713
(562) 425-1205
Languages: German

CHHAY, HOR, MD

ID No. 100036706016
2148 E Anaheim St
Long Beach, CA 90804
(562) 218-4298

El Sayad, Edgar, MD

ID No. 100322504004
1626 N AVALON BLVD
Wilmington, CA 90744
(310) 834-4666
Languages: Spanish

MATEMOTJA, DANIEL, MD



ID No. 100084173079
12131 CARSON ST
Hawaiian Gardens, CA 90716
(562) 809-0299
Languages: Russian, Spanish
Teleservice

PANGANIBAN, VIRGILIO, MD

ID No. 100105711023
16704 Clark Ave
BELLFLOWER, CA 90706
(562) 925-7033
Languages: Cambodian, Spanish, Tagalog

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

OPTUM CARE NETWORK - LONG BEACH, continued/continuación

PCPs/Médicos de atención primaria (PCP)

RAZALAN, LEE, MD Ⓜ

ID No. 100058357019

2511 PACIFIC AVE

Long Beach, CA 90806

(562) 424-4661

Languages: Spanish, Tagalog

TABILA, RODOLFO, MD Ⓜ

ID No. 100072742054

1339 W WILLOW ST

Long Beach, CA 90810

(562) 492-6698

Languages: Spanish, Tagalog

TRANI, SERGIO, MD Ⓜ*

ID No. 100073538014

15955 PARAMOUNT BLVD STE
A

Paramount, CA 90723

(562) 531-9806

Languages: Spanish, Tagalog

Teleservice

Internal Medicine

ADAMS, JOHN, DO Ⓜ

ID No. 100025486108

2777 PACIFIC AVE # C

LONG BEACH, CA 90806

(562) 426-6571

Languages: Spanish

ADAMS, JOHN, DO Ⓜ

ID No. 100025486031

2777 PACIFIC AVE

Long Beach, CA 90806

(562) 426-6571

Languages: Spanish

Teleservice

ALLSWANG, BARRY, MD Ⓜ

ID No. 100038210038

5150 E PACIFIC COAST HWY #
500

LONG BEACH, CA 90804

(562) 594-9546

Languages: Arabic, Spanish

AWAD, JOHN, MD Ⓜ

ID No. 100375169016

3530 LONG BEACH BLVD # 120

LONG BEACH, CA 90807

(562) 989-1200

Languages: Arabic

AWAD, YOUSSEF, MD Ⓜ

ID No. 100083652050

3530 LONG BEACH BLVD # 120

LONG BEACH, CA 90807

(562) 989-1200

Languages: Arabic, Spanish

BARRIENTOS, DOMINGO, MD Ⓜ

ID No. 100097866026

10800 PARAMOUNT BLVD STE
203

Downey, CA 90241

(562) 869-1322

*Languages: Cebuano, Spanish,
Tagalog*

BELL, MAURICE, MD Ⓜ

ID No. 100072404029

4100 LONG BEACH BLVD STE
200

Long Beach, CA 90807

(562) 981-2355

*Languages: Czech, Russian,
Slovak*

BHANSALI, NEHA, MD Ⓕ

ID No. 100053018051

5865 E NAPLES PLZ

LONG BEACH, CA 90803

(562) 735-3800

*Languages: Gujarati, Hindi,
Spanish*

BHANSALI, NEHA, MD Ⓕ

ID No. 100053018018

3300 E SOUTH ST STE 205

Lakewood, CA 90805

(562) 531-0377

*Languages: Gujarati, Hindi,
Spanish*

BRYANT, DIANA, MD Ⓕ

ID No. 100062742008

1777 N BELLFLOWER BLVD #
210

LONG BEACH, CA 90815

(562) 986-1450

Languages: Spanish

CHAUDHARY, ARCHNA, MD Ⓕ

ID No. 100109300067

701 E 28TH ST # 415

Long Beach, CA 90806

(562) 988-2777

Languages: Hindi, Tamil

CHOI, CHESTER, MD Ⓜ

ID No. 100074787019

1045 ATLANTIC AVE # 708

Long Beach, CA 90813

(562) 491-9045

*Languages: Hindi, Spanish,
Vietnamese*

Ⓜ=LeapFrog

Ⓕ=Female/Mujer Ⓜ=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

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OPTUM CARE NETWORK - LONG BEACH, continued/continuación

PCPs/Médicos de atención primaria (PCP)

CHUNG, WINSTON, MD

ID No. 100059063043
2801 ATLANTIC AVE
Long Beach, CA 90806
(562) 933-2000

Languages: Chinese, Spanish

CLARK, DENNIS, MD

ID No. 100037035028
3816 WOODRUFF AVE STE 401
Long Beach, CA 90808
(562) 420-8679

Languages: French, Spanish

COMER, ROBERT, MD

ID No. 100063023011
3610 LONG BEACH BLVD # 102
Long Beach, CA 90807
(562) 595-7784

Languages: Spanish

CONTRERAS, ROBERTO, MD

ID No. 100133604038
2880 ATLANTIC AVE # 110
LONG BEACH, CA 90806
(562) 424-4404

Languages: Spanish

CRUZ, LUCITA, MD

ID No. 100093627030
12507 ALONDRA BLVD
Norwalk, CA 90650
(562) 802-2203

DAVARI, SHAHRYAR, MD

ID No. 100230315012
3650 SOUTH ST # 208
LAKEWOOD, CA 90712
(562) 922-2020

Languages: Farsi

DEJONG, CLAYTON, MD

ID No. 100048317012
300 REDONDO AVE
Long Beach, CA 90814
(562) 433-7496

DELAROSA, PEDRO, MD

ID No. 100092868042
7643 ATLANTIC AVE
CUDAHY, CA 90201
(323) 771-1713

Languages: Spanish

DELAROSA, PEDRO, MD

ID No. 100092868018
3816 WOODRUFF AVE STE 412
Long Beach, CA 90808
(562) 377-1111

Languages: Spanish

DHAMIJA, RAJIV, MD *

ID No. 100089395042
3760 ATLANTIC AVE # A
LONG BEACH, CA 90807
(562) 595-7467
Languages: Cambodian, Gujarati, Hindi

DHAMIJA, RAJIV, MD *

ID No. 100089395016
3760 ATLANTIC AVE
Long Beach, CA 90807
(562) 595-7467
Languages: Cambodian, Gujarati, Hindi

Dejong, Tyler, MD

ID No. 100318572009
300 Redondo Ave
Long Beach, CA 90814
(562) 433-7496

Languages: Spanish

ELSAYAD, NABIL, MD

ID No. 100019415018
1626 N AVALON BLVD
Wilmington, CA 90744
(310) 834-4666

Languages: Arabic, French, Spanish

FERRERA, PETER, MD

ID No. 100082463009
1045 ATLANTIC AVE STE 505
Long Beach, CA 90813
(562) 495-4952

Languages: German, Spanish

GARCIA, CHERIE, MD

ID No. 100109138015
5750 DOWNEY AVE STE 100
Lakewood, CA 90712
(562) 630-3105

Languages: Spanish, Tagalog

GINZBURG, OLGA, MD

ID No. 100110271013
5750 DOWNEY AVE STE 100
Lakewood, CA 90712
(562) 630-3105

Languages: French, Russian, Spanish

GORDON, SCOTT, MD

ID No. 100077826013
5750 DOWNEY AVE STE 100
Lakewood, CA 90712
(562) 630-3105

Languages: French, Hindi, Russian

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

OPTUM CARE NETWORK - LONG BEACH, continued/continuación

PCPs/Médicos de atención primaria (PCP)

GUERRERO-NIEVA, ARLEEN, MD ⑥

ID No. 100031538022
330 W WILLOW ST
Long Beach, CA 90806
(562) 595-9835

*Languages: Spanish, Tagalog***HABIB, SHEHNAZ, MD ⑥**

ID No. 100083641084
8800 ALONDRA BLVD # C
BELLFLOWER, CA 90706
(562) 602-2508

Languages: Gujarati, Hindi, Spanish

Teleservice

HABIB, SHEHNAZ, MD ⑥

ID No. 100083641082
8540 ALONDRA BLVD STE B2
Paramount, CA 90723
(562) 602-2508

*Languages: Gujarati, Hindi, Spanish***HSU, LINDA, MD ⑥**

ID No. 100071649020
11101 LA REINA AVE ste 101
Downey, CA 90241
(562) 867-2796

*Languages: Spanish***HUSAIN, RUBINA, MD ⑥**

ID No. 100110944004
4401 ATLANTIC AVE STE 300
Long Beach, CA 90807
(562) 481-3500

*Languages: Hindi, Spanish, Urdu***JACKSON, ROZALIE, MD ⑥***

ID No. 100059694052
1777 N BELLFLOWER BLVD #
210
LONG BEACH, CA 90815
(562) 986-1450

Languages: Spanish

Contract terminated as of
10/31/2022

Javdan, Ron, MD ⑥

ID No. 100216791101
1126 E SOUTH ST
LONG BEACH, CA 90805
(562) 984-9200

*Languages: Farsi***KERN, AARON, MD ⑥***

ID No. 100086723013
5750 DOWNEY AVE STE 100
Lakewood, CA 90712
(562) 630-3105

Languages: Spanish

Contract terminated as of
10/31/2022

KHAMISEH, GHASSAN, MD ⑥

ID No. 100067534022
2800 PACIFIC AVE # D
LONG BEACH, CA 90806
(562) 337-8401

Languages: Arabic, Spanish

Teleservice

KHAN, MUSHTAQ, MD ⑥

ID No. 100106578034
1187 E Anaheim St
LONG BEACH, CA 90813
(562) 599-2119

*Languages: Arabic, Hindi, Kashmiri***KRIGER, DIEGO, MD ⑥**

ID No. 100343825005
3816 WOODRUFF AVE # 412
LONG BEACH, CA 90808
(562) 377-1111

*Languages: Armenian, Spanish***LAI, SEN, MD ⑥**

ID No. 100018101007
1974 Santa Fe Ave
LONG BEACH, CA 90810
(562) 595-9799

*Languages: Cambodian, Chinese, Mandarin***LAKE, STEVEN, MD ⑥**

ID No. 100093206013
911 E SAN ANTONIO DR STE 6
Long Beach, CA 90807
(562) 423-6441

*Languages: Spanish***LICUANAN, JESSE, MD ⑥***

ID No. 100032648066
5865 E NAPLES PLZ
LONG BEACH, CA 90803
(562) 735-3800

*Languages: Spanish, Tagalog***LICUANAN, JESSE, MD ⑥**

ID No. 100032648052
3300 E SOUTH ST STE 205
Lakewood, CA 90805
(562) 531-0377

*Languages: Spanish, Tagalog***LUGLIANI, ROBERT, MD ⑥**

ID No. 100006335023
1045 ATLANTIC AVE STE 902
Long Beach, CA 90813
(562) 437-0996

Languages: Italian, Spanish

⑥=LeapFrog

⑥=Female/Mujer ⑥=Male/Hombre

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OPTUM CARE NETWORK - LONG BEACH, continued/continuación

PCPs/Médicos de atención primaria (PCP)

LUSTER, RHONDA, MD ⑥

ID No. 100069308040
2777 PACIFIC AVE # C
LONG BEACH, CA 90806
(562) 426-6571

MCCLOY, THOMAS, MD ⑥

ID No. 100068044024
1045 ATLANTIC AVE STE 1019
Long Beach, CA 90813
(562) 437-6213
Languages: Portuguese, Spanish

NGA, VISAL, DO ⑥

ID No. 100150656042
1269 E ANAHEIM ST
Long Beach, CA 90813
(562) 599-5300
Languages: Cambodian, Khmer, Spanish

NGUYEN, MINH, MD ⑥

ID No. 100046297031
411 E PACIFIC COAST HWY
LONG BEACH, CA 90806
(562) 599-0981
Languages: Cambodian, Chinese, French

PAIGNE, KITTYA, MD ⑥

ID No. 100105205014
1360 E ANAHEIM ST # 101
Long Beach, CA 90813
(562) 270-0324
Languages: Khmer, Spanish

PATEL, GNYANDEV, MD ⑥

ID No. 100078689057
3300 E SOUTH ST STE 206
Lakewood, CA 90805
(562) 232-2380
Languages: Gujarati, Hindi

PATEL, SHIRISH, MD ⑥

ID No. 100027543028
5220 CLARK AVE STE 125
Lakewood, CA 90712
(562) 925-7401
Languages: Gujarati, Hindi, Spanish

RAMOS, NEILL, MD ⑥

ID No. 100141507018
1045 ATLANTIC AVE # 708
Long Beach, CA 90813
(562) 491-9045
Languages: Spanish

ROQUE, RONALDO, MD ⑥

ID No. 100033503047
1760 TERMINO AVE STE 104
Long Beach, CA 90804
(562) 494-8512
Languages: French, Spanish, Tagalog

ROUZROCH, SIAMAK, MD ⑥

ID No. 100110083053
1703 TERMINO AVE STE 107
Long Beach, CA 90804
(562) 494-8008
Languages: Farsi, German, Spanish

SAEED, KHALID, MD ⑥

ID No. 100029675013
5750 DOWNEY AVE STE 100
Lakewood, CA 90712
(562) 630-3105
Languages: French, Hindi, Russian

SALATINJANTS, AIDA, MD ⑥

ID No. 100060463033
13132 STUDEBAKER RD STE 3
Norwalk, CA 90650
(562) 406-7070
Languages: Armenian, Russian, Spanish

SHAH, MONA, MD ⑥

ID No. 100112746025
1600 S Gaffey St
SAN PEDRO, CA 90731
(310) 548-0201
Languages: Gujarati, Hindi, Spanish

SHAH, SYED, MD ⑥

ID No. 100024202013
5750 DOWNEY AVE STE 100
Lakewood, CA 90712
(562) 630-3105
Languages: Croatian, French, Hindi

SO, VANNARITH, MD ⑥

ID No. 100057603025
1777 N BELLFLOWER BLVD
STE 101
Long Beach, CA 90815
(562) 986-6138
Languages: Cambodian, Spanish

SUMCAD, JOCELYN, MD ⑥

ID No. 100025018017
16660 PARAMOUNT BLVD STE 101
Paramount, CA 90723
(562) 633-0976
Languages: Spanish, Tagalog

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

OPTUM CARE NETWORK - LONG BEACH, continued/continuación

PCPs/Médicos de atención primaria (PCP)

TSAI, MARK, MD Ⓜ

ID No. 100070686028
16415 COLORADO AVE STE 101
Paramount, CA 90723
(562) 634-6341
Languages: Spanish

TSENG, TONY, MD Ⓜ

ID No. 100335290007
11525 BROOKSHIRE AVE # 400
DOWNEY, CA 90241
(562) 869-4497

TSENG, TONY, MD Ⓜ

ID No. 100335290008
11525 BROOKSHIRE AVE # 402
DOWNEY, CA 90241
(562) 869-4497

TSENG, TONY, MD Ⓜ

ID No. 100335290006
11525 BROOKSHIRE AVE # 300
DOWNEY, CA 90241
(562) 869-4497

Tehrani, Michael, MD Ⓜ*

ID No. 100322454007
1703 TERMINO AVE # 108
Long Beach, CA 90804
(562) 498-2481
Languages: Faroese, Farsi, Spanish

VICTORIA, RAFAELITO, MD

Ⓜ
ID No. 100069827034
10230 ARTESIA BLVD STE 102
Bellflower, CA 90706
(562) 866-1764
Languages: Tagalog

WONG, HANSON, MD Ⓜ

ID No. 100100599066
10230 ARTESIA BLVD STE 201
Bellflower, CA 90706
(562) 804-7223
Languages: Cantonese, Mandarin, Spanish

YANG, AMANDA, DO Ⓜ*

ID No. 100365944030
1510 E 7TH ST
LONG BEACH, CA 90813
(562) 590-9800
Languages: Mandarin

YANG, AMANDA, DO Ⓜ*

ID No. 100365944032
1066 ATLANTIC AVE # B
Long Beach, CA 90813
(562) 528-8447
Languages: Mandarin

ZAPATA, MARTIN, DO Ⓜ

ID No. 100096640040
11865 Firestone Blvd
Norwalk, CA 90650
(562) 806-1214
Languages: Spanish
Teleservice

Specialty **Physicians/Médicos** **especialistas**

Addictive Medicine

DOKUKIN, ANDREI, MD

Long Beach, CA

Cardiology

EISENSTEIN, ISAAC, MD

Lakewood, CA

Javien, John Benito, MD

Long Beach, CA

Naji, Peyman, MD

Lakewood, CA

Pan, Chris, MD

Long Beach, CA

RAWAL, MILAN, MD

Lakewood, CA

Cardiovascular Disease

Chyou, Anthony, MD

Long Beach, CA

EUBANY, JACQUELINE, MD

Lakewood, CA

MAHAISAVARIYA, PAIBOON, MD

Downey, CA

Certified Nurse Practitioner

Conerly, Niani, NP

Long Beach, CA

Nicolas, Charlotte, NP

Long Beach, CA

Paillet, Nazifa, NP

Long Beach, CA

Vicente, Jennifer, NP

Lakewood, CA

Dermatology

CASTRO, MICHAEL, MD

Lakewood, CA

DOWLATI, BIJAN, MD

Long Beach, CA

Ⓜ=LeapFrog

Ⓜ=Female/Mujer Ⓜ=Male/Hombre

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GLASSBERG, EDWARD, MD
Long Beach, CA

***Endocrinology Metabolism
Diabetes***

ENG, STEVEN, MD
Lakewood, CA

Hosseini, Alireza, MD
Long Beach, CA

Kimura, Brad, MD
Long Beach, CA

Mohtasebi, Yasaman, MD
Long Beach, CA

TABRIZI, MOHSEN, MD
Lakewood, CA

TAM, JAMES, MD
Long Beach, CA

***Family Practice Geriatric
Medicine***

CONSTANTINO, LOIDA, MD
Long Beach, CA

Family Practice

LEE, RAYMOND, MD
Long Beach, CA

Gastroenterology

ANYADIKE, CYRIL, MD
Long Beach, CA

COX, CONRAD, MD
Lakewood, CA

FAN, ROBERT, MD
Long Beach, CA

OJHA, SUSHIL, MD
Downey, CA

OJURI, ADEBAMBO, MD
Long Beach, CA

SHAH, ANOOP, MD
Long Beach, CA

SIMMONS, TIMOTHY, MD
Long Beach, CA

Gynecologic Oncology

ATAMDEDE, FIKRET, MD
Long Beach, CA

Gynecology

**FATEHCHEHR, SOORENA,
MD**
Long Beach, CA

Hematology / Oncology

CHEUNG, ERIC, MD
Lakewood, CA
Long Beach, CA

FARJAMI, SASSAN, MD
Long Beach, CA
Long Beach, CA

PHAN, VU, MD
Long Beach, CA

Infectious Disease

HEAN, SINDALISA, MD
Long Beach, CA

MARER, STEPHEN, MD
Long Beach, CA

SCHNEIDER, STEFAN, MD
Long Beach, CA

STRAYER, GREGORY, MD
Long Beach, CA

SU, HENRY, MD
Long Beach, CA

Internal Medicine

BROWN, DONALD, MD
Long Beach, CA

CHAO, DEREK, MD
Long Beach, CA

CHEN, ANDY, MD
Long Beach, CA

LAW, DAVID, MD
Long Beach, CA

LOGAN, JAMES, MD
Long Beach, CA

MILLIGAN, DEBORAH, MD
Long Beach, CA

NGUYEN, KHANG, MD
Long Beach, CA

Topacio, Antonio, MD
Long Beach, CA

Maternal and Fetal Medicine

SACHAR, VIKAS, MD
Long Beach, CA - Teleservice

Nephrology

Chou, Jason, MD
Long Beach, CA

DHAMIJA, RAJIV, MD
Long Beach, CA*

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OPTUM CARE NETWORK - LONG BEACH, continued/continuación

Specialty Physicians/Médicos especialistas

Fischman, Michael, MD
Lakewood, CA

IVATURI, KAUSHIK, MD
Long Beach, CA

Kin, Kevin, DO
Lakewood, CA

MEHTA, ARVIND, MD
Long Beach, CA

MOE, KYAW, MD
Lakewood, CA

PARK, ALICE, MD
Long Beach, CA
Long Beach, CA

PATEL, SAPNA, MD
Long Beach, CA
Long Beach, CA

Sekhon, Bikram, MD
Lakewood, CA

Tran, Ngoc-Tram, DO
Long Beach, CA

VERMA, MEENAKSHI, MD
Long Beach, CA
Long Beach, CA

Neurology Child

DYES, MARY, MD
Long Beach, CA

Neurology

MARMARELIS, PANOS, MD
Long Beach, CA

TRUONG, DANIEL, MD
Long Beach, CA

WAZNI, WLED, MD
Long Beach, CA

Obstetrics / Gynecology

Espinosa, Julio, MD
Long Beach, CA

Oncology Medical

CIAROLLA, ANTHONY, MD
Long Beach, CA
San Pedro, CA

Ophthalmology

Brookman, Myles, MD
Downey, CA
Long Beach, CA

CHANG, EUGENE, MD
Downey, CA
Long Beach, CA

HARTMAN, CARL, MD
Lakewood, CA
Lakewood, CA

KIM, JANET, MD
Long Beach, CA

NGUYEN, RANDALL, MD
Long Beach, CA

PASQUALI, LARRY, MD
Lakewood, CA

Pasquali, Theodore, MD
Lakewood, CA

Ung, Cindy, MD
Long Beach, CA

WIGGINTON, STEPHEN, MD
Downey, CA
Long Beach, CA

Otolaryngology

DIVI, VENU, MD
Long Beach, CA
San Pedro, CA

WILLNER, AYAL, MD
Long Beach, CA

Pediatric Gastroenterology

MEHRA, MINI, MD
Long Beach, CA

Pediatric Hematology / Oncology

PATEL, RAMESH, MD
Long Beach, CA

Pediatric Pulmonology

Foley, Elizabeth, MD
Long Beach, CA

Pediatrics

WONG, HANSON, MD
Bellflower, CA

Physicians Assistant

Gonzalez, Leticia, PA
Cudahy, CA
Long Beach, CA

Podiatrist

ASKIN, JERALD, DPM
Bellflower, CA

HODOR, LAWRENCE, DPM
Lakewood, CA

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

ROSENBERG, RICHARD, DPM
Lakewood, CA

Smith, Nathanael, DPM
Lakewood, CA

Psychiatry

EPSTEIN, ROGER, MD
Long Beach, CA

Pulmonary Diseases

DAS, APARNA, MD
Long Beach, CA

GELB, ARTHUR, MD
Lakewood, CA

SEHGAL, ARUNPAL, MD
Long Beach, CA

SHAKKOTTAI, PADMANABHA, MD
Lakewood, CA

TANIOS, MAGED, MD
Long Beach, CA

Radiation Oncology

Chung, Arthur, MD
Long Beach, CA

GATES, THOMAS, MD
Long Beach, CA

LAWRENSON, LESLEY, MD
Long Beach, CA

Radiology

PUTHAWALA, AJMEL, MD
Long Beach, CA

Registered Physical Therapist

CHAN, JAY, PT
Downey, CA

Rheumatology

DOLAN, GEOFFREY, MD
Long Beach, CA

Surgery Cardiovascular

MAHTABIFARD, ALI, MD
Long Beach, CA
Long Beach, CA

NEAL, JONATHAN, DO
Long Beach, CA
Long Beach, CA

Surgery Colon Surgery

Ruiz, Carmen, MD
Long Beach, CA

Surgery General Vascular

Taheri, Hamed, MD
Long Beach, CA

Surgery General

DESA, NOLAN, MD
Long Beach, CA

EDRICH, LESLIE, MD
Long Beach, CA

HEILBRON, MAURICIO, MD
Long Beach, CA

ISLAS, JEFFREY, MD
Long Beach, CA

KAHN, EUGENE, MD
Long Beach, CA

MURRAY, JAMES, MD
Long Beach, CA

VARDAYO, JOSEPH, MD
Long Beach, CA

Surgery Neurological

FARIN, AZADEH, MD
Long Beach, CA
Long Beach, CA

LEMAY, DANIEL, MD
Long Beach, CA

RUSSIN, JONATHAN, MD
Lakewood, CA

Surgery Orthopedic

COMBS, CHRISTOPHER, MD
Long Beach, CA
Lakewood, CA

CUNNINGHAM, TORIN, MD
Long Beach, CA

GREEN, EDWARD, MD
Long Beach, CA

KIM, WILLIAM, MD
Long Beach, CA

MASHOOF, AFSHIN, MD
Lakewood, CA

WASSEF, ANDREW, MD
Lakewood, CA

Surgery Plastic

HURVITZ, KEITH, MD
Long Beach, CA

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

OPTUM CARE NETWORK - LONG BEACH, continued/continuación

Specialty Physicians/Médicos especialistas

Surgery Thoracic

KHOYNEZHAD, ALI, MD

Long Beach, CA - Teleservice

Urology

NORRIS, MICHAEL, MD

Downey, CA

Ⓐ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.
/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)***Family Practice*****TRAN, ALEX, MD** ⓘ

ID No. 100099441012

11822 FLORAL DR

Whittier, CA 90601

(562) 908-4355

Languages: Spanish, Vietnamese

Teleservice

Internal Medicine**MONTES, JUAN, MD** ⓘ

ID No. 100078246013

11822 FLORAL DR

Whittier, CA 90601

(562) 908-4355

Languages: Hindi, Mandarin,

Spanish

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

OPTUM CARE NETWORK - NORTHRIDGE

Specialty Physicians/Médicos especialistas

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

Specialty

Physicians/Médicos especialistas

Hematology / Oncology

**GOPURALA, BALAGANESH,
MD**

Downey, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

Ⓐ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

**PCPs/Médicos de atención
primaria (PCP)**

Internal Medicine

COTTON, D, MD ©

ID No. 100101282024

12474 WASHINGTON BLVD

Whittier, CA 90602

(562) 698-9779

Languages: Spanish

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

**Proveedores de servicios de salud
mental**

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

OPTUM CARE NETWORK - SAN FERNANDO VALLEY

Specialty Physicians/Médicos especialistas

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

Specialty

Physicians/Médicos especialistas

Hematology / Oncology

**GOPURALA, BALAGANESH,
MD**

Downey, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.
/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

**Affiliated
Hospitals/Hospitales
afiliados**

**LONG BEACH MEMORIAL
MED CTR**

2801 ATLANTIC AVE # 228
Long Beach, CA 90806

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

**PCPs/Médicos de atención
primaria (PCP)**

Family Practice

**GREENBERG, LAWRENCE,
MD **

ID No. 100070890005
1499 W 1ST ST
San Pedro, CA 90732
(310) 831-9482

Languages: Hebrew, Spanish

**JIMENEZ, ANDRES, MD **

ID No. 100075706005
1499 W 1ST ST
San Pedro, CA 90732
(310) 831-9482

Languages: Spanish

**MAGDALENO, LUIS, MD **

ID No. 100059727011
900 N WESTERN AVE
SAN PEDRO, CA 90732
(310) 832-4225

Languages: Italian, Spanish

**MIZUHARA-CHENG,
COURTNEY, DO **

ID No. 100130891024
1535 Lomita Blvd
HARBOR CITY, CA 90710
(310) 530-9300

Languages: Japanese, Spanish
Teleservice

**NOUH, MUHAMMAD, DO **

ID No. 100350544002
6226 E SPRING ST # 100
Long Beach, CA 90815
(562) 420-1338

Languages: Arabic, Spanish

**PATEL, NIKUNJ, MD **

ID No. 100151856040
1334 N AVALON BLVD
Wilmington, CA 90744
(310) 835-4000

Languages: Spanish

**PEREZ, ANGEL, MD **

ID No. 100099270009
1721 N WILMINGTON BLVD
Wilmington, CA 90744
(310) 835-1414

Languages: Spanish

**PLACIK, DANIEL, MD **

ID No. 100378865002
900 N WESTERN AVE
SAN PEDRO, CA 90732
(213) 861-5830

Languages: Spanish

**PRADO, LILIA, DO **

ID No. 100362266022
1600 S GAFFEY ST
SAN PEDRO, CA 90731
(310) 548-0201

Languages: Spanish

**PRADO, LILIA, DO **

ID No. 100362266025
1366 W 7TH ST
SAN PEDRO, CA 90732
(310) 833-2461

Languages: Spanish

**SCHMIDT, JAMES, MD **

ID No. 100048505006
1350 W 6TH ST STE 200
San Pedro, CA 90732
(310) 832-0686

Languages: Italian, Spanish

**SHAH, KRUPA, MD **

ID No. 100034020014
900 N WESTERN AVE
SAN PEDRO, CA 90732
(310) 832-4225

*Languages: Gujarati, Hindi,
Spanish*

**SLISKOVICH, PAUL, MD **

ID No. 100392078005
1600 S GAFFEY ST
SAN PEDRO, CA 90731
(310) 548-0201

Languages: Croatian

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

OPTUM CARE NETWORK - SOUTH BAY, continued/continuación

PCPs/Médicos de atención primaria (PCP)

SLISKOVICH, PAUL, MD Ⓜ

ID No. 100392078006
1366 W 7TH ST
SAN PEDRO, CA 90732
(310) 833-2461
Languages: Croatian

SMITH, MARK, MD Ⓜ

ID No. 100388702006
1600 S GAFFEY ST
SAN PEDRO, CA 90731
(310) 548-0201

SMITH, MARK, MD Ⓜ

ID No. 100388702010
1366 W 7TH ST
SAN PEDRO, CA 90732
(310) 833-2461

General Practice

CORREA, FRANCISCO, MD Ⓜ

ID No. 100000311004
1350 W 6TH ST # 130
SAN PEDRO, CA 90732
(310) 241-1000
Languages: Spanish

El Sayad, Edgar, MD Ⓜ

ID No. 100322504003
1626 N AVALON BLVD
Wilmington, CA 90744
(310) 834-4666
Languages: Spanish

TABILA, RODOLFO, MD Ⓜ

ID No. 100072742020
1339 W WILLOW ST
Long Beach, CA 90810
(562) 492-6698
Languages: Spanish, Tagalog

Internal Medicine

ELSAYAD, NABIL, MD Ⓜ

ID No. 100019415008
1626 N AVALON BLVD
Wilmington, CA 90744
(310) 834-4666
Languages: Arabic, French, Spanish

GENATO, SHARON, MD ♀

ID No. 100109299014
1366 W 7TH ST
SAN PEDRO, CA 90732
(310) 833-2461
Languages: Spanish, Tagalog

GENATO, SHARON, MD ♀

ID No. 100109299007
1600 S GAFFEY ST
San Pedro, CA 90731
(310) 548-0201
Languages: Spanish, Tagalog

GIACONI, MIRKO, MD Ⓜ

ID No. 100031262003
1600 S Gaffey St
SAN PEDRO, CA 90731
(310) 548-0201
Languages: Croatian, Farsi, Italian

GIACONI, MIRKO, MD Ⓜ

ID No. 100031262014
1366 W 7TH ST
SAN PEDRO, CA 90732
(310) 833-2461
Languages: Croatian, Farsi, Italian

GUTIERREZ, ALEJANDRA, MD ♀

ID No. 100338467014
900 N WESTERN AVE
SAN PEDRO, CA 90732
(310) 832-4225
Languages: Spanish

KRIGER, DIEGO, MD Ⓜ*

ID No. 100343825026
1535 LOMITA BLVD
Harbor City, CA 90710
(310) 530-9300
Languages: Armenian, Spanish

LUSTER, RHONDA, MD ♀

ID No. 100069308039
2777 PACIFIC AVE # C
LONG BEACH, CA 90806
(562) 426-6571

MEKA, MEENA, MD ♀*

ID No. 100219558134
1510 E 7th St
LONG BEACH, CA 90813
(562) 590-9800
Languages: Spanish
Teleservice

OSEA, EDGARDO, MD Ⓜ

ID No. 100073172002
1310 SEPULVEDA BLVD
Harbor City, CA 90710
(310) 534-5765
Languages: Spanish, Tagalog

PISANO, CRESCENZO, MD

Ⓜ*
ID No. 100091560010
1499 W 1ST ST
San Pedro, CA 90732
(310) 831-9482
Languages: Italian, Spanish

Ⓜ=LeapFrog

♀=Female/Mujer Ⓜ=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

SHAH, MONA, MD ⑥

ID No. 100112746011
1600 S Gaffey St
SAN PEDRO, CA 90731
(310) 548-0201

Languages: Gujarati, Hindi, Spanish

SHAH, MONA, MD ⑥

ID No. 100112746052
1294 W 6TH ST # 205
San Pedro, CA 90731
(310) 548-0201

Languages: Gujarati, Hindi, Spanish

SHAH, MONA, MD ⑥

ID No. 100112746048
1366 W 7th St
San Pedro, CA 90732
(310) 833-2461

Languages: Gujarati, Hindi, Spanish

SIMAN, HOMAN, MD ⑥

ID No. 100111988005
1231 N AVALON BLVD
Wilmington, CA 90744
(310) 835-5000

Languages: Faroese, Farsi, Spanish
Teleservice

THAYER, ROBERT, DO ⑥

ID No. 100369662004
1366 W 7TH ST
SAN PEDRO, CA 90732
(310) 833-2461

THAYER, ROBERT, DO ⑥

ID No. 100369662006
1600 S GAFFEY ST
SAN PEDRO, CA 90731
(310) 548-0201

TRAN, QUYNH CHI, MD ⑥

ID No. 100105693011
2600 REDONDO AVE
Long Beach, CA 90806
(562) 988-7000

Languages: Vietnamese

VARGAS, CAROLINE, MD ⑥

ID No. 100366633008
1600 S GAFFEY ST
San Pedro, CA 90731
(310) 548-0201

Languages: Spanish

VARGAS, CAROLINE, MD ⑥

ID No. 100366633010
1366 W 7th St
San Pedro, CA 90732
(310) 833-2461

Languages: Spanish

Specialty

**Physicians/Médicos
especialistas**

***Anesthesiology Pain
Management***

BODDU, NAVNEET, MD

Long Beach, CA

Cardiovascular Disease

KWAN, WILSON, MD

San Pedro, CA

Certified Nurse Practitioner

ALIPOUR, ARASH, NP

Long Beach, CA

Gynecologic Oncology

ATAMDEDE, FIKRET, MD

Long Beach, CA

Gynecology

**FATEHCHEHR, SOORENA,
MD**

Long Beach, CA

Hematology / Oncology

LAM, ANTHONY, MD

San Pedro, CA

LIEM, KIEM, MD

Long Beach, CA
Long Beach, CA

Thara, Eddie, DO

Whittier, CA

Maternal and Fetal Medicine

SACHAR, VIKAS, MD

Long Beach, CA - Teleservice

Obstetrics / Gynecology

ALLADAWI, AYMAN, MD

Downey, CA

SIMPSON, JESSICA, MD

Downey, CA

Oncology Medical

CIAROLLA, ANTHONY, MD

Long Beach, CA
San Pedro, CA

* Indicates accepting current patients only.

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OPTUM CARE NETWORK - SOUTH BAY, continued/continuación

Specialty Physicians/Médicos especialistas

Ophthalmology

Ung, Cindy, MD
Long Beach, CA

Optometrist

NGUYEN, THY, OD
San Pedro, CA

Pediatric Gastroenterology

KUMAR, ANJULI, MD
Long Beach, CA

TRAN, ROBERT, MD
Long Beach, CA
Long Beach, CA

Pediatric Nephrology

SHARMA, KAVITA, MD
Long Beach, CA

Pediatrics

MGBOJIRIKWE, THECLA, MD
Wilmington, CA

Physicians Assistant

HUA, KIMBERLY, PA
San Pedro, CA

Surgery General Vascular

ADOUMIE, RIAD, MD
San Pedro, CA

Surgery General

Bhayani, Neil, MD
San Pedro, CA

CAMEL, JAMES, MD
San Pedro, CA
San Pedro, CA

FISHER, STEVEN, MD
San Pedro, CA

MADORIN, CATHERINE, MD
San Pedro, CA

NGUYEN, SON, MD
San Pedro, CA

SOLOMON, HOUMAN, MD
San Pedro, CA

Surgery Orthopedic

GOLDBERG, MYTIEN, MD
Long Beach, CA

KIM, WILLIAM, MD
Long Beach, CA

Mehta, Akshay, MD
Long Beach, CA

Urology

AHMED, FAISAL, MD
San Pedro, CA

TOMASIC, NICKOLAS, MD
San Pedro, CA

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

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OPTUM CARE NETWORK - SOUTH COAST

Affiliated Hospitals/Hospitales afiliados

Affiliated Hospitals/Hospitales afiliados

**LAKEWOOD REGIONAL
MED CTR ☉**
3700 SOUTH ST
Lakewood, CA 90712

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

Family Practice

AGUILUZ, AMABLE, MD ☉
ID No. 100158992034
21500 PIONEER BLVD # 209
Hawaiian Gardens, CA 90716
(562) 860-2442
Languages: Spanish, Tagalog

**AGUILUZ, JACQUELINE, DO
☉**
ID No. 100040919040
21508 NORWALK BLVD
Hawaiian Gardens, CA 90716
(562) 865-5214
Teleservice

**AGUILUZ, JACQUELINE, DO
☉**
ID No. 100040919067
13330 BLOOMFIELD AVE STE
111
Norwalk, CA 90650
(562) 868-0733
Teleservice

BADAR, FRANCISCO, MD ☉
ID No. 100113313034
17150 NORWALK BLVD # 102
CERRITOS, CA 90703
(562) 924-8880
*Languages: Spanish, Tagalog,
Telugu*

DHAMIJA, KAILASH, MD ☉
ID No. 100089396069
18326 PIONEER BLVD
Artesia, CA 90701
(562) 860-5599
*Languages: Cambodian, Gujarati,
Hindi*
Teleservice

**HANAMSAGAR, SEEMA, MD
☉**
ID No. 100114040011
3816 WOODRUFF AVE # 205
Long Beach, CA 90808
(562) 421-7292
Languages: Hindi, Marathi

LALEZARY, ARASH, MD ☉
ID No. 100108413009
7218 GARFIELD AVE
Bell Gardens, CA 90201
(562) 927-1111
*Languages: Faroese, Farsi,
French*

MANN, PARAMJOT, MD ☉
ID No. 100110491041
1703 TERMINO AVE # 207
LONG BEACH, CA 90804
(562) 817-5602

MANN, PARAMJOT, MD ☉
ID No. 100110491049
Termino Ave, Ste 207
Long Beach, CA 90804
(562) 817-5602

MENDOZA, MANUEL, MD ☉
ID No. 100047566108
11735 Firestone Blvd
NORWALK, CA 90650
(562) 925-7716
Languages: Spanish, Tagalog

NUGAS, ALICIA, MD ☉
ID No. 100054868042
22408 NORWALK BLVD
Hawaiian Gardens, CA 90716
(562) 421-2188

PEREZ, ANGEL, MD ☉
ID No. 100099270034
1721 N WILMINGTON BLVD
Wilmington, CA 90744
(310) 835-1414
Languages: Spanish

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

OPTUM CARE NETWORK - SOUTH COAST, continued/continuación

PCPs/Médicos de atención primaria (PCP)

RUBINSON, WILLIAM, MD ♂

ID No. 100036140019
8500 FLORENCE AVE # 101
Downey, CA 90240
(562) 923-6060
Languages: Farsi, Gujarati, Hebrew

RUBINSON, WILLIAM, MD ♂

ID No. 100036140011
11942 PARAMOUNT BLVD ste B
Downey, CA 90242
(562) 923-6060
Languages: Farsi, Gujarati, Hebrew

RUBINSON, WILLIAM, MD ♂

ID No. 100036140270
11938 Paramount Blvd
Downey, CA 90242
(562) 923-6060
Languages: Farsi, Gujarati, Hebrew

RUBINSON, WILLIAM, MD ♂

ID No. 100036140205
3300 E SOUTH ST # 209
LAKEWOOD, CA 90805
(562) 923-6601
Languages: Farsi, Gujarati, Hebrew

URIBE, DANIEL, MD ♂

ID No. 100062305052
13307 SAN ANTONIO DR
Norwalk, CA 90650
(562) 807-1877
Languages: Spanish

VU, HOANG-CHUONG, MD ♂

ID No. 100065485061
17620 BELLFLOWER BLVD
BELLFLOWER, CA 90706
(562) 867-7098
Languages: Arabic, French, Mandarin

General Practice

HASHEMIYOON, ROBERT, MD ♂

ID No. 100001628080
3300 E SOUTH ST # 209
LAKEWOOD, CA 90805
(562) 444-0022
Languages: Armenian, Faroese, Farsi

MATEMOTJA, DANIEL, MD ♂

ID No. 100084173022
12131 CARSON ST
Hawaiian Gardens, CA 90716
(562) 809-0299
Languages: Russian, Spanish
Teleservice

MOORE, HEZEKIAH, MD ♂*

ID No. 100043831009
1703 TERMINO AVE STE 204
Long Beach, CA 90804
(562) 498-4425
Languages: Spanish
Teleservice

PANGANIBAN, VIRGILIO, MD ♂

ID No. 100105711007
16704 Clark Ave
BELLFLOWER, CA 90706
(562) 925-7033
Languages: Cambodian, Spanish, Tagalog

SHEK, DAVID, MD ♂

ID No. 100045699114
11803 CARSON ST
HAWAIIAN GARDENS, CA 90716
(562) 924-4455
Languages: Cantonese, Chinese, Mandarin

TRANI, SERGIO, MD ♂*

ID No. 100073538007
15955 PARAMOUNT BLVD STE A
Paramount, CA 90723
(562) 531-9806
Languages: Spanish, Tagalog
Teleservice

Internal Medicine

ARASTU, ANWAR, MD ♂

ID No. 100081281027
12675 LA MIRADA BLVD STE 200
La Mirada, CA 90638
(562) 941-9853
Languages: Hindi, Urdu

CRUZ, LUCITA, MD ♀

ID No. 100093627009
12507 ALONDRA BLVD
Norwalk, CA 90650
(562) 802-2203

HABIB, SHEHNAZ, MD ♀

ID No. 100083641055
8800 ALONDRA BLVD # C
BELLFLOWER, CA 90706
(562) 602-2508
Languages: Gujarati, Hindi, Spanish
Teleservice

♂=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.
/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

HABIB, SHEHNAZ, MD ☎
ID No. 100083641013
8540 ALONDRA BLVD STE B2
Paramount, CA 90723
(562) 602-2508
*Languages: Gujarati, Hindi,
Spanish*

HASAN, MARIAM, MD ☎
ID No. 100223713035
10230 ARTESIA BLVD # 104
BELLFLOWER, CA 90706
(562) 804-4764
*Languages: Hindi, Punjabi,
Spanish*

HSU, LINDA, MD ☎
ID No. 100071649002
11101 LA REINA AVE ste 101
Downey, CA 90241
(562) 867-2796
Languages: Spanish

Javdan, Ron, MD ☎
ID No. 100216791048
1126 E SOUTH ST
LONG BEACH, CA 90805
(562) 984-9200
Languages: Farsi

LERNO, LAWRENCE, MD ☎
ID No. 100346577031
1510 E 7th St
LONG BEACH, CA 90813
(562) 590-9800
*Languages: Gujarati, Hindi,
Spanish*
Teleservice

MEKA, MEENA, MD ☎*
ID No. 100219558023
1510 E 7th St
LONG BEACH, CA 90813
(562) 590-9800
Languages: Spanish
Teleservice

PAIGNE, KITTYA, MD ☎
ID No. 100105205016
1360 E ANAHEIM ST # 101
Long Beach, CA 90813
(562) 270-0324
Languages: Khmer, Spanish

PATEL, GNYANDEV, MD ☎
ID No. 100078689022
3300 E SOUTH ST STE 206
Lakewood, CA 90805
(562) 232-2380
Languages: Gujarati, Hindi

PATEL, SHIRISH, MD ☎
ID No. 100027543013
5220 CLARK AVE STE 125
Lakewood, CA 90712
(562) 925-7401
*Languages: Gujarati, Hindi,
Spanish*

SALATINJANTS, AIDA, MD ☎
ID No. 100060463013
13132 STUDEBAKER RD STE 3
Norwalk, CA 90650
(562) 406-7070
*Languages: Armenian, Russian,
Spanish*

WONG, HANSON, MD ☎
ID No. 100100599021
10230 ARTESIA BLVD STE 201
Bellflower, CA 90706
(562) 804-7223
*Languages: Cantonese, Mandarin,
Spanish*

**Specialty
Physicians/Médicos
especialistas**

Cardiology

TURIY, YULIYA, MD
Long Beach, CA

Cardiovascular Disease

SINGH, ANANTJIT, MD
Downey, CA

**VLACHONASSIOS,
KONSTANTINOS, MD**
Downey, CA

WAIDER, WINFRIED, MD
Long Beach, CA

***Endocrinology Metabolism
Diabetes***

ENG, STEVEN, MD
Lakewood, CA

Gastroenterology

NGUYEN, STEVE, DO
Long Beach, CA

OJHA, SUSHIL, MD
Downey, CA

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

OPTUM CARE NETWORK - SOUTH COAST, continued/continuación

Specialty Physicians/Médicos especialistas

Hematology / Oncology

Marathe, Omkar, MD
Downey, CA
Lakewood, CA - Teleservice

Parsi, Hooman, MD
Downey, CA

Infectious Disease

CHAUHAN, BHARAT, MD
Cerritos, CA

Nephrology

DASWANI, ADARSH, MD
Lakewood, CA

LEE, TAE, MD
Lakewood, CA

MOE, KYAW, MD
Lakewood, CA

Neurology Child

DYES, MARY, MD
Long Beach, CA

LE, THANH, MD
Long Beach, CA

LUBENS, PERRY, MD
Long Beach, CA

Neurology

OH, HAERYONG, MD
Long Beach, CA

OMIDVAR, OMID, MD
Long Beach, CA

RAYHAUN, ABRAHAM, MD
Long Beach, CA

TRUONG, DANIEL, MD
Long Beach, CA

Truong, Kong, MD
Long Beach, CA

Obstetrics / Gynecology

MCNULTY, JENNIFER, MD
Long Beach, CA

Ophthalmology

BANUELOS, LYDIA, MD
San Pedro, CA

CLARK, ROBERT, MD
Long Beach, CA
Long Beach, CA

NGUYEN, RANDALL, MD
Long Beach, CA

ROH, MICHAEL, MD
Long Beach, CA

ROSALES, TERESA, MD
Long Beach, CA
Long Beach, CA

Optometrist

HUYNH, ANTHONY, OD
Downey, CA
Long Beach, CA

MONTANA-COLLINS, CLAUDIA, MD
Downey, CA

Otolaryngology / Otology / Laryngology / Rhinology

WILLNER, AYAL, MD
Long Beach, CA

Otolaryngology

NGUYEN, QUOC, MD
Long Beach, CA

Pediatric Cardiology

TAN, CHRISTOPHER, MD
Long Beach, CA

Pediatric Gastroenterology

STEINMETZ, BARRY, MD
Long Beach, CA

Pediatric Hematology / Oncology

PATEL, RAMESH, MD
Long Beach, CA

Pediatric Pulmonology

Foley, Elizabeth, MD
Long Beach, CA

Pediatrics

MOORE, HEZEKIAH, MD
Long Beach, CA* - Teleservice

WONG, HANSON, MD
Bellflower, CA

Physical Medicine / Rehabilitation

BATKIN, FRED, MD
Long Beach, CA

Pulmonary Diseases

EPSTEIN, JOEL, MD
Lakewood, CA

Ⓛ=LeapFrog

Ⓢ=Female/Mujer Ⓜ=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

GELB, ARTHUR, MD

Lakewood, CA

Jiang, Thomas, MD

Long Beach, CA

Long Beach, CA

Surgery General Vascular

VARDAYO, JOSEPH, MD

Long Beach, CA

Surgery Neurological

LEMAY, DANIEL, MD

Downey, CA - Teleservice

PAK, HOOSHANG, MD

Long Beach, CA - Teleservice

Surgery Orthopedic

CHAMBERS, RICHARD, MD

Downey, CA

COMBS, CHRISTOPHER, MD

Lakewood, CA

CUNNINGHAM, TORIN, MD

Long Beach, CA

KIM, WILLIAM, MD

Long Beach, CA

Surgery Thoracic

BAUMGARTNER, FRITZ, MD

Long Beach, CA

PANAGIOTIDES, GEORGE,

MD

Lakewood, CA

Urology

NORRIS, MICHAEL, MD

Downey, CA

PERLEY, JONATHAN, MD

Lakewood, CA

PERLEY, JULES, MD

Lakewood, CA

WACHS, BARTON, MD

Long Beach, CA

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

OPTUM CARE NETWORK - VALENCA

Specialty Physicians/Médicos especialistas

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

Specialty

Physicians/Médicos especialistas

Hematology / Oncology

**GOPURALA, BALAGANESH,
MD**

Downey, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

Ⓐ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

Family Practice

**BAMBRAH-DHAMIJA,
MEHTAB, MD ☎**

ID No. 100114408061
3760 ATLANTIC AVE
Long Beach, CA 90807
(562) 595-7467
Languages: Cambodian, Gujarati, Hindi

DHAMIJA, KAILASH, MD ☎

ID No. 100089396037
18326 PIONEER BLVD
Artesia, CA 90701
(562) 860-5599
Languages: Cambodian, Gujarati, Hindi
Teleservice

DIX, KAREN, MD ☎

ID No. 100038621037
911 E SAN ANTONIO DR # 1
LONG BEACH, CA 90807
(562) 728-8700

GLOR, RITA, DO ☎

ID No. 100095905013
11903 DOWNEY AVE
Downey, CA 90242
(562) 869-1121
Languages: Arabic

MANGUNE, EDWIN, MD ☎

ID No. 100173362012
9604 ARTESIA BLVD # 102
BELLFLOWER, CA 90706
(562) 633-2021

MANN, PARAMJOT, MD ☎

ID No. 100110491013
3300 E SOUTH ST STE 305
Lakewood, CA 90805
(562) 817-5602

**PANGANIBAN, VIRGILIO,
MD ☎**

ID No. 100105711020
16704 Clark Ave
BELLFLOWER, CA 90706
(562) 925-7033
Languages: Cambodian, Spanish, Tagalog

RAZALAN, LEE, MD ☎

ID No. 100058357018
2511 PACIFIC AVE
Long Beach, CA 90806
(562) 424-4661
Languages: Spanish, Tagalog

RUBINSON, WILLIAM, MD ☎

ID No. 100036140219
8500 FLORENCE AVE # 101
Downey, CA 90240
(562) 923-6060
Languages: Farsi, Gujarati, Hebrew

RUBINSON, WILLIAM, MD ☎

ID No. 100036140229
11938 PARAMOUNT BLVD # B
Downey, CA 90242
(562) 202-5020
Languages: Farsi, Gujarati, Hebrew

RUBINSON, WILLIAM, MD ☎

ID No. 100036140221
3300 E SOUTH ST # 209
LAKEWOOD, CA 90805
(562) 923-6601
Languages: Farsi, Gujarati, Hebrew

RUBINSON, WILLIAM, MD ☎

ID No. 100036140222
12472 Washington Blvd
WHITTIER, CA 90602
(714) 451-2230
Languages: Farsi, Gujarati, Hebrew

General Practice

CHHAY, HOR, MD ☎

ID No. 100036706007
2148 E Anaheim St
Long Beach, CA 90804
(562) 218-4298

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

Omnicare Medical Group, continued/continuación

PCPs/Médicos de atención primaria (PCP)

ISKAROUS, RAGAA, MD ⑥

ID No. 100092539051
11003 LAKEWOOD BLVD STE
201
Downey, CA 90241
(562) 869-1038
Languages: Arabic

Kahen, Payam, MD ④

ID No. 100189896031
714 N AVALON BLVD
Wilmington, CA 90744
(310) 522-4200
*Languages: Farsi, Hebrew,
Spanish*

PAULO, JOSEPHINE, MD ⑥

ID No. 100072403006
13710 STUDEBAKER RD STE
100
Norwalk, CA 90650
(562) 864-2666
Languages: Tagalog

POON, PETER, MD ④

ID No. 100012509007
9817 ARKANSAS ST
Bellflower, CA 90706
(562) 867-8881
*Languages: Chinese, Spanish,
Yue Chinese*

YAGOOBIAN, BEHROOZ, MD

④
ID No. 100010557022
15730 PARAMOUNT BLVD
Paramount, CA 90723
(562) 634-1000
*Languages: Farsi, Persian,
Spanish*

Internal Medicine

CARRASCO, ARTHUR, MD

④*
ID No. 100072359009
8255 FIRESTONE BLVD # 501
Downey, CA 90241
(562) 319-2085
Languages: Spanish

CLARK, DENNIS, MD ④

ID No. 100037035015
3816 WOODRUFF AVE STE 401
Long Beach, CA 90808
(562) 420-8679
Languages: French, Spanish

DHAMIJA, RAJIV, MD ④

ID No. 100089395043
3760 ATLANTIC AVE
Long Beach, CA 90807
(562) 595-7467
*Languages: Cambodian, Gujarati,
Hindi*

NGA, VISAL, DO ④

ID No. 100150656049
1269 E ANAHEIM ST
Long Beach, CA 90813
(562) 599-5300
*Languages: Cambodian, Khmer,
Spanish*

PATEL, GNYANDEV, MD ④

ID No. 100078689029
3300 E SOUTH ST STE 206
Lakewood, CA 90805
(562) 232-2380
Languages: Gujarati, Hindi

SEGAL, DOUGLAS, MD ④

ID No. 100153968054
11544 Downey Ave
Downey, CA 90241
(562) 414-9846
*Languages: Hebrew, Spanish,
Yiddish*

TATE, ERIC, MD ④

ID No. 100038850012
16660 PARAMOUNT BLVD #
205
Paramount, CA 90723
(562) 531-3133
Languages: Spanish

Obstetrics / Gynecology

Duffy, Jennifer, MD ⑥

ID No. 100320285002
2801 Atlantic Ave
Long Beach, CA 90806
(562) 933-2000

MAKHOUL, JOSHUA, MD ④

ID No. 100337897008
2801 Atlantic Ave
Long Beach, CA 90806
(562) 933-2000

SPIELVOGEL, KENNETH, MD

④
ID No. 100179403010
2801 Atlantic Ave
Long Beach, CA 90806
(562) 933-2000
Languages: Spanish

④=LeapFrog

⑥=Female/Mujer ④=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.
/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Specialty
Physicians/Médicos
especialistas

Allergy Immunology

KIM, KENNETH, MD
Long Beach, CA

Anesthesiology Pain Management

Patel, Ajay, MD
Downey, CA

Cardiology

Weiss, Jamie, MD
Downey, CA - Teleservice

Cardiovascular Disease

EFTEKHARI, HOSSEIN, MD
Downey, CA

MAHAISAVARIYA, PAIBOON, MD
Downey, CA

SEGAL, DOUGLAS, MD
Downey, CA

SINGH, ANANTJIT, MD
Downey, CA

YOSHINO, PAUL, MD
Downey, CA

Dermatology

NAMI, NAVID, DO
Downey, CA

ROSENBERG, FREDRIC, MD
Lakewood, CA

Endocrinology Metabolism Diabetes

ECHEVERRY-FRANCK, DIANA, MD
Lakewood, CA

Gastroenterology

BLAM, MICHAEL, MD
Downey, CA

SIMMONS, TIMOTHY, MD
Long Beach, CA

Hematology / Oncology

AHMAD, DELSHAD, MD
Lakewood, CA

Ali, Sami, MD
Downey, CA

Arshad, Junaid, MD
Lakewood, CA

GREENE, KYLE, MD
Downey, CA

HUANG, DANIEL, MD
Downey, CA

HUANG, STEPHEN, MD
Downey, CA

JONES, CATHERINE, MD
Downey, CA

Janoski, Mauro, MD
Downey, CA

LA PORTE, PAUL, MD
Downey, CA

Lazo, Nelly, MD
Downey, CA

Marathe, Omkar, MD
Downey, CA

ORTIZ-FLORES, EDGARDO, MD
Downey, CA

PENG, WARNER, MD
Downey, CA

Parsi, Hooman, MD
Downey, CA

SHUM, MERRILL, MD
Downey, CA
Whittier, CA

Singh, Vinita, MD
Downey, CA

Infectious Disease

JORDAN, WILBERT, MD
Paramount, CA

Internal Medicine

CHEN, JIAN, MD
Lakewood, CA

DAI, TIANE, MD
Long Beach, CA

SHAH, ANUJA, MD
Long Beach, CA

Interventional Cardiology

TAMBOLI, KAUSHAL, MD
Downey, CA

Maternal and Fetal Medicine

HAYDON, MICHAEL, MD
Long Beach, CA

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

Omnicare Medical Group, continued/continuación

Specialty Physicians/Médicos especialistas

KFIR, MENASHE, MD

Long Beach, CA

Masaki, Damon, MD

Long Beach, CA

Medical Oncology

KALRA, ARUN, MD

Downey, CA

MIEL, RUFINA, MD

Downey, CA

Nephrology

LEE, BRIAN, MD

Paramount, CA

ROCHA, RODRIGO, MD

Downey, CA

YANAMADALA, SITA, MD

Long Beach, CA

Neurology Child

Mathur, Monika, MD

Long Beach, CA

Neurology

DAO, JASMIN, MD

Long Beach, CA

Long Beach, CA

DYES, MARY, MD

Long Beach, CA

HIJAZIN, MUNTHUR, MD

Downey, CA

LUBENS, PERRY, MD

Long Beach, CA

MITRI, ANTOINE, MD

Downey, CA - Teleservice

PRENTICE, THEODORE, MD

Downey, CA - Teleservice

Obstetrics / Gynecology

CHAU, CINDY, MD

Long Beach, CA

CROSLAND, BRIAN, MD

Long Beach, CA

MARTINSON, MARSHA, MD

Downey, CA

NAGEOTTE, MICHAEL, MD

Long Beach, CA

SCHMUEL, ESTHER, MD

Long Beach, CA

SHRIVASTAVA, VINEET, MD

Long Beach, CA

Oncology Medical

SANCHEZ, JUAN, MD

Downey, CA

Ophthalmology

Agange, Negin, MD

Downey, CA

Downing, Johnathon, MD

Downey, CA

EDELSTEIN, ARTHUR, MD

Downey, CA

JIVRAJKA, RENU, MD

Downey, CA

Whittier, CA

JOTTERAND, VERONIQUE, MD

Long Beach, CA

Nguyen, Eddy, MD

Downey, CA

SAND, NANCY, MD

Paramount, CA

Saati, Saloomeh, MD

Downey, CA

Optometrist

GOLDSTONE, HARVEY, OD

Long Beach, CA

Lee, Luann, OD

Downey, CA

Whittier, CA

Otolaryngology / Otology / Laryngology / Rhinology

AYOUB, ELIAS, MD

Downey, CA

Otolaryngology

AYOUB, ELIAS, MD

Lakewood, CA

Whittier, CA

Pediatric Allergy / Immunology

DEVLIN, VINCENT, DO

Long Beach, CA

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Pediatric Cardiology

TESSLER, IRVING, MD
Downey, CA
Lakewood, CA
Long Beach, CA

TURIY, YULIYA, MD
Long Beach, CA

Pediatric Gastroenterology

Abrams, Stephanie, MD
Long Beach, CA

Chen, Leon, MD
Long Beach, CA

KUMAR, ANJULI, MD
Long Beach, CA

MEHRA, MINI, MD
Long Beach, CA

MICHAIL, SONIA, MD
Long Beach, CA

Nattiv, Roy, MD
Long Beach, CA

SELA-HERMAN, SARAH, MD
Long Beach, CA

Pediatric Pulmonology

Brock, James, DO
Long Beach, CA

Foley, Elizabeth, MD
Long Beach, CA

NUSSBAUM, ELIEZER, MD
Long Beach, CA

OVUNC, BUGSU, MD
Long Beach, CA

Pediatrics

FELDMAN, GARY, MD
Long Beach, CA

***Physical Medicine /
Rehabilitation***

AYYOUB, ZIYAD, MD
Paramount, CA

Podiatrist

HODOR, LAWRENCE, DPM
Lakewood, CA

KAHEN, PEDRAM, DPM
Wilmington, CA

**MC CARRON, WILLIAM,
DPM**
Norwalk, CA

Radiology Diagnostic

LEE, CHRISTOPHER, MD
Lakewood, CA

Radiology

HOVSEPIAN, MICHAEL, MD
Downey, CA

Rheumatology

DOSHI, DIPTI, MD
Cerritos, CA - Teleservice

SHAMMAS, RANIA, MD
Whittier, CA

SU, TIEN-I, MD
Downey, CA

Surgery Colon Surgery

NEOMAN, AYMAN, MD
Long Beach, CA

Surgery General

**STANCZYK, MALGORZATA,
MD**
Long Beach, CA

Surgery Hand

ACOSTA, ANNA, MD
Long Beach, CA

Surgery Neurological

LEMAY, DANIEL, MD
Downey, CA - Teleservice

Surgery Thoracic

SETTY, SHAUN, MD
Long Beach, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

Optum Care Network - Monarch MA

Affiliated Hospitals/Hospitales afiliados

Affiliated Hospitals/Hospitales afiliados

**LAKEWOOD REGIONAL
MED CTR** Ⓔ
3700 SOUTH ST
Lakewood, CA 90712

**LONG BEACH MEMORIAL
MED CTR**
2801 ATLANTIC AVE # 228
Long Beach, CA 90806

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

Family Practice

AMADOR, ELLEN, DO Ⓔ
ID No. 100087763023
2600 REDONDO AVE # 202
LONG BEACH, CA 90806
(562) 988-7800
Languages: Spanish, Tagalog

AMADOR, ELLEN, DO Ⓔ
ID No. 100087763013
1760 TERMINO AVE STE 222
Long Beach, CA 90804
(562) 498-0029
Languages: Spanish, Tagalog

**BAMBRAH-DHAMIJA,
MEHTAB, MD** Ⓔ
ID No. 100114408065
3760 ATLANTIC AVE
Long Beach, CA 90807
(562) 595-7467
*Languages: Cambodian, Gujarati,
Hindi*

CHAUDHARY, VINITA, MD Ⓔ
ID No. 100099965019
3650 SOUTH ST STE 210
Lakewood, CA 90712
(562) 630-0910
Languages: Hindi

CONSTANTINO, LOIDA, MD Ⓔ*
ID No. 100095454019
1777 N BELLFLOWER BLVD
STE 104
Long Beach, CA 90815
(562) 961-8820
Languages: Spanish, Tagalog

DIX, KAREN, MD Ⓔ
ID No. 100038621041
911 E SAN ANTONIO DR # 1
LONG BEACH, CA 90807
(562) 728-8700

Gill, Virpal, MD Ⓔ
ID No. 100384430006
2600 Redondo Ave
LONG BEACH, CA 90806
(562) 988-7000

HANAMSAGAR, SEEMA, MD Ⓔ*
ID No. 100114040067
3816 WOODRUFF AVE # 406
LONG BEACH, CA 90808
(562) 421-7292
Languages: Hindi, Marathi

HU, JASIA, MD Ⓔ
ID No. 100017278010
4910 AIRPORT PLAZA DR # 210
LONG BEACH, CA 90815
(562) 421-3727

KOSEFF, PERRY, DO Ⓜ*
ID No. 100023674012
300 REDONDO AVE # B
Long Beach, CA 90814
(562) 439-6966
Languages: Hindi, Spanish, Tamil

LABATIA, SHERIF, MD Ⓜ
ID No. 100195919033
5750 DOWNEY AVE # 206
LAKEWOOD, CA 90712
(562) 384-3034
Languages: Arabic, French

LONG, MATTHEW, DO Ⓜ
ID No. 100054187020
2600 Redondo Ave
LONG BEACH, CA 90806
(562) 988-7000
Languages: Spanish

MANOS, ANDREW, MD Ⓜ
ID No. 100083638022
2600 REDONDO AVE # 202
LONG BEACH, CA 90806
(562) 988-7800
Languages: Greek, Spanish

Ⓔ=LeapFrog

Ⓔ=Female/Mujer Ⓜ=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.
/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

MANOS, ANDREW, MD 
ID No. 100083638011
1760 TERMINO AVE STE 222
Long Beach, CA 90804
(562) 498-0029
Languages: Greek, Spanish

MIKHAIL, MARIANNE, MD 
ID No. 100196873023
5750 DOWNEY AVE # 206
Lakewood, CA 90712
(562) 384-3034
Languages: Arabic, French, Spanish

MILLANE, JOHN, MD 
ID No. 100099978005
4910 AIRPORT PLAZA DR # 210
LONG BEACH, CA 90815
(562) 421-3727
Languages: Spanish

NOUH, MUHAMMAD, DO 
ID No. 100350544005
6226 E SPRING ST # 100
Long Beach, CA 90815
(562) 420-1338
Languages: Arabic, Spanish

RAZALAN, LEE, MD 
ID No. 100058357011
2511 PACIFIC AVE
Long Beach, CA 90806
(562) 424-4661
Languages: Spanish, Tagalog

Rizkalla, Mirna, MD 
ID No. 100353503004
3650 SOUTH ST # 404
LAKEWOOD, CA 90712
(562) 232-3910

SAMAWI, ROGER, MD 
ID No. 100035070015
1045 ATLANTIC AVE STE 1019
Long Beach, CA 90813
(562) 901-9228
Languages: Arabic, Spanish

SHEPPARD, JAMES, DO 
ID No. 100232942117
5979 Atlantic Ave
Long Beach, CA 90805
(562) 423-0421
Languages: Spanish

SOTELO, CORDELIA, MD 
ID No. 100071943011
4910 AIRPORT PLAZA DR # 210
LONG BEACH, CA 90815
(562) 421-3727
Languages: Spanish

TYSON, YVONNE, MD 
ID No. 100026273055
3816 WOODRUFF AVE # 412
LONG BEACH, CA 90808
(562) 377-1111

General Practice

SHEK, DAVID, MD 
ID No. 100045699076
11803 CARSON ST
HAWAIIAN GARDENS, CA 90716
(562) 924-4455
Languages: Cantonese, Chinese, Mandarin

Internal Medicine

ADAMS, JOHN, DO 
ID No. 100025486027
2777 PACIFIC AVE
Long Beach, CA 90806
(562) 426-6571
Languages: Spanish
Teleservice

AWAD, YOUSSEF, MD 
ID No. 100083652027
3530 LONG BEACH BLVD # 120
LONG BEACH, CA 90807
(562) 989-1200
Languages: Arabic, Spanish

BELL, MAURICE, MD 
ID No. 100072404015
4100 LONG BEACH BLVD STE 200
Long Beach, CA 90807
(562) 981-2355
Languages: Czech, Russian, Slovak

BHANSALI, NEHA, MD 
ID No. 100053018047
5865 E NAPLES PLZ
LONG BEACH, CA 90803
(562) 735-3800
Languages: Gujarati, Hindi, Spanish

BHANSALI, NEHA, MD 
ID No. 100053018021
3300 E SOUTH ST STE 205
Lakewood, CA 90805
(562) 531-0377
Languages: Gujarati, Hindi, Spanish

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

Optum Care Network - Monarch MA, continued/continuación

PCPs/Médicos de atención primaria (PCP)

BRYANT, DIANA, MD ♂

ID No. 100062742005
1777 N BELLFLOWER BLVD
STE 201
Long Beach, CA 90815
(562) 961-9991
Languages: Spanish

CHAUDHARY, ARCHNA, MD ♀

ID No. 100109300039
4401 ATLANTIC AVE # 202
LONG BEACH, CA 90807
(562) 988-2777
Languages: Hindi, Tamil

COMER, ROBERT, MD ♂

ID No. 100063023007
3610 LONG BEACH BLVD # 102
Long Beach, CA 90807
(562) 595-7784
Languages: Spanish

DEJONG, CLAYTON, MD ♂

ID No. 100048317010
300 REDONDO AVE
Long Beach, CA 90814
(562) 433-7496

DELAROSA, PEDRO, MD ♂

ID No. 100092868016
3816 WOODRUFF AVE STE 412
Long Beach, CA 90808
(562) 377-1111
Languages: Spanish

Dejong, Tyler, MD ♂

ID No. 100318572008
300 Redondo Ave
Long Beach, CA 90814
(562) 433-7496
Languages: Spanish

IBARRA, RODOLFO, MD ♂*

ID No. 100090457012
3816 WOODRUFF AVE # 204
LONG BEACH, CA 90808
(562) 423-0436
Languages: Spanish

JACKSON, ROZALIE, MD ♀*

ID No. 100059694044
1777 N BELLFLOWER BLVD #
210
LONG BEACH, CA 90815
(562) 986-1450
Languages: Spanish
Contract terminated as of
10/31/2022

LAI, SEN, MD ♂

ID No. 100018101017
1974 Santa Fe Ave
LONG BEACH, CA 90810
(562) 595-9799
*Languages: Cambodian, Chinese,
Mandarin*

LAKE, STEVEN, MD ♂

ID No. 100093206019
911 E SAN ANTONIO DR STE 6
Long Beach, CA 90807
(562) 423-6441
Languages: Spanish

LERNO, LAWRENCE, MD ♂

ID No. 100346577008
1510 E 7th St
LONG BEACH, CA 90813
(562) 590-9800
*Languages: Gujarati, Hindi,
Spanish*
Teleservice

LUGLIANI, ROBERT, MD ♂

ID No. 100006335018
1045 ATLANTIC AVE STE 902
Long Beach, CA 90813
(562) 437-0996
Languages: Italian, Spanish

MCCLOY, THOMAS, MD ♂

ID No. 100068044014
1045 ATLANTIC AVE STE 1019
Long Beach, CA 90813
(562) 437-6213
Languages: Portuguese, Spanish

NGUYEN, MINH, MD ♂

ID No. 100046297015
411 E PACIFIC COAST HWY
LONG BEACH, CA 90806
(562) 599-0981
*Languages: Cambodian, Chinese,
French*

ROQUE, RONALDO, MD ♂

ID No. 100033503023
1760 TERMINO AVE STE 104
Long Beach, CA 90804
(562) 494-8512
*Languages: French, Spanish,
Tagalog*

ROTH, JEFFREY, DO ♂

ID No. 100063227008
2600 REDONDO AVE
Long Beach, CA 90806
(562) 988-7000
Languages: Spanish

ROUZROCH, SIAMAK, MD ♂

ID No. 100110083055
1703 TERMINO AVE STE 107
Long Beach, CA 90804
(562) 494-8008
*Languages: Farsi, German,
Spanish*

♂=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

SHOGA, WAIL, DO ®*
ID No. 100101016013
4910 AIRPORT PLAZA DR # 100
LONG BEACH, CA 90815
(562) 429-2473
Languages: Arabic

Pediatrics

TEJANI, NASIR, MD ®*
ID No. 100017986025
3325 PALO VERDE AVE STE
203
Long Beach, CA 90808
(562) 421-8283
Languages: Hindi, Spanish

Specialty
Physicians/Médicos
especialistas

Allergy Immunology

KIM, KENNETH, MD
Long Beach, CA

MELTZER, STEVEN, MD
Long Beach, CA

***Anesthesiology Pain
Management***

BABARIA, VIVEK, DO
Long Beach, CA

KUO, DENNIS, MD
Long Beach, CA

Cardiology

LEE, MARK, MD
Long Beach, CA

SKLASH, RON, MD
Long Beach, CA
TAN, CHRISTOPHER, MD
Long Beach, CA

TURIY, YULIYA, MD
Long Beach, CA

WAIDER, WINFRIED, MD
Long Beach, CA

Chiropractor

CHO, ANTHONY, DC
La Mirada, CA

SUH, ELLIS, DC
Artesia, CA

Dermatology

BILLIPS, MAVIS, MD
Long Beach, CA

YASHAR, SHARAM, MD
Signal Hill, CA

Emergency Medicine

HU, JASIA, MD
Long Beach, CA

MILLANE, JOHN, MD
Long Beach, CA*

***Endocrinology Metabolism
Diabetes***

Kimura, Brad, MD
Long Beach, CA

TAM, JAMES, MD
Long Beach, CA

Gastroenterology

GOSHTASBI, SAEID, MD
Long Beach, CA

Huang, Lizhou, MD
Long Beach, CA

KEREKES, ERIK, MD
Long Beach, CA

**MUKHERJEE, MATTHEW,
MD**
Long Beach, CA

PATEL, KALPANA, MD
Long Beach, CA

YAO, DIANA, MD
Long Beach, CA

ZAMOST, BARRY, MD
Long Beach, CA

Gynecology

**FATEHCHEHR, SOORENA,
MD**
Long Beach, CA

Hematology / Oncology

Abdulla, Nihal, MD
Long Beach, CA

CHEUNG, ERIC, MD
Lakewood, CA
Long Beach, CA

CIAROLLA, ANTHONY, MD
Long Beach, CA

**DEL ROSARIO, MICHAEL,
MD**
Long Beach, CA

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Optum Care Network - Monarch MA, continued/continuación

Specialty Physicians/Médicos especialistas

NANDAN, RAGHU, MD

Lakewood, CA

Infectious Disease

ALCOULOUMRE SENTENO, MARCIA, MD

Long Beach, CA

CHAUHAN, BHARAT, MD

Cerritos, CA

HEAN, SINDALISA, MD

Long Beach, CA

SCHNEIDER, STEFAN, MD

Long Beach, CA

SU, HENRY, MD

Long Beach, CA

Internal Medicine

YI, SU, MD

Long Beach, CA

Neonatal / Perinatal Medicine

CHAN, KENNETH, MD

Long Beach, CA

KFIR, MENASHE, MD

Long Beach, CA

MCNULTY, JENNIFER, MD

Long Beach, CA

MERCHANT, COURTNEY, MD

Long Beach, CA

PADILLA, GUADALUPE, MD

Long Beach, CA

Nephrology

BUI, ANTIEM, DO

Lakewood, CA

DASWANI, ADARSH, MD

Lakewood, CA

Fischman, Michael, MD

Lakewood, CA

ISMAIL, MOHAMMAD, MD

Paramount, CA - Teleservice

IVATURI, KAUSHIK, MD

Long Beach, CA

LEE, TAE, MD

Lakewood, CA

MEHTA, ARVIND, MD

Long Beach, CA

MOE, KYAW, MD

Lakewood, CA

PATEL, SAPNA, MD

Long Beach, CA

ROMERO, JULIO, MD

Lakewood, CA

SEMERJIAN, AVEDIK, MD

Lakewood, CA

SENANAYAKE, SHAMILA, MD

Lakewood, CA

Sekhon, Bikram, MD

Lakewood, CA

Tran, Ngoc-Tram, DO

Long Beach, CA

Neurology

CARRILLO-NUNEZ, IGNACIO, MD

Long Beach, CA

COHEN, ALAN, MD

Long Beach, CA

DUMARS, KAREN, MD

Long Beach, CA

LIN, ELINOR, MD

Long Beach, CA

MARMARELIS, PANOS, MD

Long Beach, CA

Matloobi, Mahsa, MD

Long Beach, CA

OH, HAERYONG, MD

Long Beach, CA

OMIDVAR, OMID, MD

Long Beach, CA

RAMEZAN-ARAB, NIMA, MD

Long Beach, CA

SHEY, RANDOLPH, MD

Long Beach, CA

Long Beach, CA

Vassef, Parissa, MD

Long Beach, CA

Wang, George, MD

Long Beach, CA

YAFEH, BANAFSHEH, MD

Long Beach, CA

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

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Obstetrics / Gynecology

NGUYEN, HA, MD
Long Beach, CA

SHRIVASTAVA, VINEET, MD
Long Beach, CA

TAYMOUR, ESSAM, MD
Long Beach, CA

TITH, TEVY, MD
Long Beach, CA

Westermann, Melissa, MD
Long Beach, CA

Ophthalmology

Brookman, Myles, MD
Long Beach, CA

GASPERINI, JULIE, MD
Long Beach, CA

GHAFOURI, ROYA, MD
Long Beach, CA

HERTZOG, LARS, MD
Long Beach, CA

Jarstad, Allison, MD
Lakewood, CA

Ling, John, MD
Lakewood, CA

MANCHANDIA, AJAY, MD
Long Beach, CA

MARTINEZ, CARLOS, MD
Long Beach, CA

Moarefi, Majid, MD
Long Beach, CA

NGUYEN, RANDALL, MD
Long Beach, CA
Long Beach, CA

PASQUALI, LARRY, MD
Lakewood, CA

Pasquali, Theodore, MD
Lakewood, CA

Ung, Cindy, MD
Long Beach, CA

Optometrist

GOLDSTONE, ALAN, OD
Long Beach, CA

GOLDSTONE, HARVEY, OD
Long Beach, CA

Huang, Catherine, OD
Long Beach, CA

Varsani, Poonam, OD
Long Beach, CA

***Otolaryngology / Otology /
Laryngology / Rhinology***

VARMA, NAMRATA, DO
Long Beach, CA

WILLNER, AYAL, MD
Long Beach, CA

YOSHPE, NINA, MD
Long Beach, CA

Otolaryngology

BERTELSEN, CAITLIN, MD
Long Beach, CA

SCHWARTZ, MARISSA, MD
Long Beach, CA

Pediatric Nephrology

SHARMA, KAVITA, MD
Long Beach, CA

Pediatric Orthopedics

HUH, KENNETH, MD
Long Beach, CA

***Physical Medicine /
Rehabilitation***

BATKIN, FRED, MD
Long Beach, CA

HUANG, AUDREY, MD
Long Beach, CA

Podiatrist

**ALEXANDER-DEAN, LIZA,
DPM**
Long Beach, CA

KANDA, ANJALA, DPM
Downey, CA

Psychologist

**INGALLS, CHRISTOPHER,
PHD**
Long Beach, CA

Pulmonary Diseases

BELTRAN, ANTONIO, MD
Long Beach, CA

SEHGAL, ARUNPAL, MD
Long Beach, CA

TANIOS, MAGED, MD
Long Beach, CA

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Optum Care Network - Monarch MA, continued/continuación

Specialty Physicians/Médicos especialistas

ZAMANIAN, MARYAM, MD
Long Beach, CA

Radiation Oncology

HARSOLIA, ASIF, MD
Long Beach, CA

KABOLIZADEH, PEYMAN, MD
Long Beach, CA

SYED, ALAM, MD
Long Beach, CA

WEI, RANDY, MD
Long Beach, CA

Rheumatology

CHWA, JEFFREY, DO
Long Beach, CA

Surgery Cardiovascular

GREWAL, NAVROSE, MD
Lakewood, CA

SAKWA, MARC, MD
Long Beach, CA

Surgery General

KHOYNEZHAD, ALI, MD
Long Beach, CA - Teleservice

NEOMAN, AYMAN, MD
Long Beach, CA

Surgery Neurological

FARIN, AZADEH, MD
Long Beach, CA

Liauw, Jason, MD
Lakewood, CA

Surgery Orthopedic

AHN, RICHARD, MD
Lakewood, CA
Long Beach, CA

COMBS, CHRISTOPHER, MD
Long Beach, CA
Lakewood, CA

HAJALILOO, FARHAD, MD
Long Beach, CA

WASSEF, ANDREW, MD
Lakewood, CA
Long Beach, CA

Surgery Thoracic

PANAGIOTIDES, GEORGE, MD
Lakewood, CA

SETTY, SHAUN, MD
Long Beach, CA

Urology

Ho, Tammy, MD
Long Beach, CA
Long Beach, CA

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♀=Female/Mujer ♂=Male/Hombre

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**Affiliated
Hospitals/Hospitales
afiliados**

**PIH HEALTH HOSPITAL -
WHITTIER ☉**
12401 WASHINGTON BLVD
Whittier, CA 90602

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

**IMPERIAL PRIMARY CARE
MED GRP INC**
15625 IMPERIAL HWY
La Mirada, CA 90638
(562) 902-3000
M-F 5PM-9PM
SA,SU 8AM-4PM

**PCPs/Médicos de atención
primaria (PCP)**

Family Practice

ABUEG, ERIKA, DO ☉
ID No. 100369706002
12522 LAMBERT RD
WHITTIER, CA 90606
(562) 789-5420

**BOONYAPUTTHIKUL,
ROBERT, DO ☉***
ID No. 100192545007
15733 WHITTIER BLVD
WHITTIER, CA 90603
(562) 947-7754
Languages: Mandarin, Thai

**BOONYAPUTTHIKUL,
ROBERT, DO ☉**
ID No. 100192545006
15725 WHITTIER BLVD # 400
Whittier, CA 90603
(562) 947-1669
Languages: Mandarin, Thai

BROWN, ELISABETH, MD ☉
ID No. 100104652003
12400 Bloomfield Ave
Santa Fe Springs, CA 90670
(562) 789-5434

Bishop, Laura, DO ☉
ID No. 100258752015
12291 WASHINGTON BLVD #
500
WHITTIER, CA 90606
(562) 698-2541

CORTEZ, ERNESTO, DO ☉
ID No. 100066197004
10251 ARTESIA BLVD
Bellflower, CA 90706
(562) 867-8681
Languages: Spanish

Contreras, Veronica, DO ☉*
ID No. 100229079036
12214 LAKEWOOD BLVD # 110
DOWNEY, CA 90242
(562) 904-4430
Languages: Spanish

Contreras, Veronica, DO ☉*
ID No. 100229079030
12400 BLOOMFIELD AVE
SANTA FE SPRINGS, CA 90670
(562) 967-2830
Languages: Spanish

Contreras, Veronica, DO ☉*
ID No. 100229079027
15733 WHITTIER BLVD
WHITTIER, CA 90603
(562) 947-7754
Languages: Spanish

DABU, DIONISIO, MD ☉
ID No. 100113587007
12214 LAKEWOOD BLVD # 110
DOWNEY, CA 90242
(562) 862-2775
Languages: Tagalog

DALLA TOR, NELSON, MD ☉
ID No. 100081133003
12291 WASHINGTON BLVD
STE 500
Whittier, CA 90606
(562) 698-2541
Languages: Spanish

**ESHAGHIAN, DANIEL, MD
☉***
ID No. 100291876016
12214 LAKEWOOD BLVD # 110
DOWNEY, CA 90242
(562) 904-4430
Languages: Farsi, Persian

**ESHAGHIAN, DANIEL, MD
☉***
ID No. 100291876015
12400 BLOOMFIELD AVE
SANTA FE SPRINGS, CA 90670
(562) 967-2830
Languages: Farsi, Persian

* Indicates accepting current patients only.
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PIH Health Physicians Whittier, continued/continuación

PCPs/Médicos de atención primaria (PCP)

ESHAGHIAN, DANIEL, MD



ID No. 100291876013
15733 WHITTIER BLVD
WHITTIER, CA 90603
(562) 947-7754
Languages: Farsi, Persian

ESPIRITU, CESAR, MD



ID No. 100172840003
12522 Lambert Rd
WHITTIER, CA 90606
(562) 789-5420
Languages: Tagalog

FERNANDO, THILAN, MD



ID No. 100072262008
12214 LAKEWOOD BLVD # 110
DOWNEY, CA 90242
(562) 862-2775

GALBREATH, GREGORY, MD



ID No. 100282048002
12675 LA MIRADA BLVD # 201
LA MIRADA, CA 90638
(562) 903-7339

GALBREATH, MICHAEL, MD



ID No. 100366919002
12522 Lambert Rd
Whittier, CA 90606
(562) 789-5420
Languages: Spanish

HASHIMOTO, NATHAN, MD



ID No. 100100545016
12522 LAMBERT RD
Whittier, CA 90606
(562) 967-2273

HOLMES, RANDOLPH, MD



ID No. 100067299006
15725 WHITTIER BLVD # 400
Whittier, CA 90603
(562) 947-1669
Languages: Spanish

HO, ISAIAH, MD



ID No. 100391920003
16510 BLOOMFIELD AVE
CERRITOS, CA 90703
(562) 229-0902

JAE, HYEJIN, MD



ID No. 100196007004
12675 LA MIRADA BLVD # 201
La Mirada, CA 90638
(562) 903-7339
Languages: Korean

JONES, BRIANNA, DO



ID No. 100381173002
11411 BROOKSHIRE AVE # 207
DOWNEY, CA 90241
(562) 904-4411

JONES, BRIANNA, DO



ID No. 100381173007
11500 BROOKSHIRE AVE
DOWNEY, CA 90241
(562) 904-5000

JONES, BRIANNA, DO



ID No. 100381173006
12401 Washington Blvd
WHITTIER, CA 90602
(562) 698-0811

KIM, ISAAC, MD



ID No. 100044030023
11411 BROOKSHIRE AVE # 207
DOWNEY, CA 90241
(562) 904-4411
Languages: Korean, Spanish

KIM, ISAAC, MD



ID No. 100044030016
12291 WASHINGTON BLVD #
500
Whittier, CA 90606
(562) 698-2541
Languages: Korean, Spanish

KONG, JANE, MD



ID No. 100240698066
16510 Bloomfield Ave
Cerritos, CA 90703
(562) 229-0902
Languages: Korean, Spanish

Khan, Mehwish, MD



ID No. 100282853019
12400 BLOOMFIELD AVE
SANTA FE SPRINGS, CA 90670
(562) 789-5434
Languages: Hindi, Punjabi, Urdu

Kramer, Shaun, MD



ID No. 100286544010
12400 BLOOMFIELD AVE
SANTA FE SPRINGS, CA 90670
(562) 967-2830
Languages: Spanish

Kramer, Shaun, MD



ID No. 100286544003
15733 Whittier Blvd
Whittier, CA 90603
(562) 947-7754
Languages: Spanish

LAI, WINSTON, DO



ID No. 100375792021
12214 LAKEWOOD BLVD # 110
DOWNEY, CA 90242
(562) 904-4430

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

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PIH Health Physicians Whittier, continued/continuación
PCPs/Médicos de atención primaria (PCP)

LAI, WINSTON, DO

ID No. 100375792012
12400 BLOOMFIELD AVE
SANTA FE SPRINGS, CA 90670
(562) 967-2830

LAI, WINSTON, DO

ID No. 100375792010
15733 WHITTIER BLVD
WHITTIER, CA 90603
(562) 947-7754

LOMBARDO, JOSEPH, MD

ID No. 100097607013
5750 DOWNEY AVE # 205
Lakewood, CA 90712
(562) 597-4181
Languages: Spanish

Li, Cathleen, DO

ID No. 100315288006
15725 WHITTIER BLVD # 400
Whittier, CA 90603
(562) 947-1669

MAGGED, MARK, MD

ID No. 100075533005
15725 WHITTIER BLVD # 400
WHITTIER, CA 90603
(562) 947-1669

MARTINEZ, NORMA, MD *

ID No. 100075089003
12522 LAMBERT RD
WHITTIER, CA 90606
(562) 789-5420
Languages: Spanish

MENDEZ, ALEXANDER, MD


ID No. 100090292003
12675 LA MIRADA BLVD STE
201
La Mirada, CA 90638
(562) 903-7339
Languages: Spanish

MITRY, USAMA, MD

ID No. 100079829003
12400 Bloomfield Ave
Santa Fe Springs, CA 90670
(562) 789-5434
Languages: Arabic, Urdu

MOALLEMI, RAYMOND, MD

*
ID No. 100166748036
15733 WHITTIER BLVD
Whittier, CA 90603
(562) 947-7754
*Languages: Farsi, Persian,
Spanish*

MORGAN, KATHLEEN, DO

ID No. 100143486013
5750 DOWNEY AVE # 205
LAKEWOOD, CA 90712
(562) 597-4181

**MOULTRIE LIZANA,
ANGELYN, DO**

ID No. 100075797004
10251 ARTESIA BLVD
Bellflower, CA 90706
(562) 867-8681
*Languages: Mandarin,
Portuguese, Spanish*

Melek, Maged, MD *

ID No. 100325572022
11500 BROOKSHIRE AVE
DOWNEY, CA 90241
(562) 904-5000
Languages: Arabic

Melek, Maged, MD *

ID No. 100325572021
12214 LAKEWOOD BLVD # 110
DOWNEY, CA 90242
(562) 904-4430
Languages: Arabic

Melek, Maged, MD *

ID No. 100325572018
12400 BLOOMFIELD AVE
SANTA FE SPRINGS, CA 90670
(562) 967-2830
Languages: Arabic

Melek, Maged, MD *

ID No. 100325572023
12401 WASHINGTON BLVD
WHITTIER, CA 90602
(562) 698-0811
Languages: Arabic

Melek, Maged, MD *

ID No. 100325572016
15733 WHITTIER BLVD
WHITTIER, CA 90603
(562) 947-7754
Languages: Arabic

RODRIGUEZ, AUGUSTO, MD


ID No. 100080530010
10251 ARTESIA BLVD
BELLFLOWER, CA 90706
(562) 867-8681
Languages: Spanish

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PIH Health Physicians Whittier, continued/continuación

PCPs/Médicos de atención primaria (PCP)

SCHAT, KATHRYN, MD ☎*

ID No. 100355291002
11411 BROOKSHIRE AVE # 204
Downey, CA 90241
(562) 904-4411

SCHNEIDER, MARK, DO ♂

ID No. 100075074020
11411 BROOKSHIRE AVE # 207
DOWNEY, CA 90241
(562) 904-4411
Languages: Spanish

SECHRIST, MARTIN, DO ♂

ID No. 100065691020
11411 BROOKSHIRE AVE # 207
Downey, CA 90241
(562) 904-4411
Languages: Spanish

SRIRAM, VINODHINI, MD ☎

ID No. 100108137003
12522 LAMBERT RD
Whittier, CA 90606
(562) 789-5420
Languages: Hindi, Tamil, Telugu

VILAYSANE, KETSANA, MD

♂
ID No. 100063598014
12400 Bloomfield Ave
Santa Fe Springs, CA 90670
(562) 967-2830

VILAYSANE, KETSANA, MD

♂
ID No. 100063598011
15733 WHITTIER BLVD
WHITTIER, CA 90603
(562) 947-7754

VUONG DAC, MAI ANH, MD

☎
ID No. 100393317002
15725 WHITTIER BLVD, STE
400
WHITTIER, CA 90603
(562) 947-1669

WU, ALEX, MD ♂*

ID No. 100070491005
12291 WASHINGTON BLVD #
500
Whittier, CA 90606
(562) 698-2541
*Languages: Chinese, Mandarin,
Taiwanese*

YEN, CHIAO, MD ☎*

ID No. 100168718006
15725 WHITTIER BLVD # 400
WHITTIER, CA 90603
(562) 947-1669
Languages: Chinese, Mandarin

General Practice

CSEPANYI, EMERICO, MD ♂

ID No. 100100907005
16510 BLOOMFIELD AVE
Cerritos, CA 90703
(562) 229-0902
Languages: Italian, Spanish

ESPIRITU, HERSCHEL, DO ☎

ID No. 100368106008
11500 Brookshire Ave
Downey, CA 90241
(562) 904-5482

ESPIRITU, HERSCHEL, DO ☎

ID No. 100368106011
12214 LAKEWOOD BLVD # 110
Downey, CA 90242
(562) 904-4430

ESPIRITU, HERSCHEL, DO ☎

ID No. 100368106010
12400 Bloomfield Ave
Santa Fe Spgs, CA 90670
(562) 967-2830

ESPIRITU, HERSCHEL, DO ☎

ID No. 100368106014
15733 Whittier Blvd
Whittier, CA 90603
(562) 947-7754

Lin, Amber, MD ☎

ID No. 100323482002
12291 WASHINGTON BLVD #
500
Whittier, CA 90606
(562) 698-2541

Li, Cathleen, DO ☎*

ID No. 100315288002
15733 Whittier Blvd
Whittier, CA 90603
(562) 947-7754

NEJAT BINA, DAVID, MD ♂

ID No. 100073034006
12462 PUTNAM ST # 500
WHITTIER, CA 90602
(562) 789-5449
Languages: Farsi, Spanish

Internal Medicine

ABU GOSH, MINA, MD ☎

ID No. 100342555002
12522 Lambert Rd
WHITTIER, CA 90606
(562) 789-5420
Languages: Arabic, Spanish

☎=LeapFrog

☎=Female/Mujer ♂=Male/Hombre

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PIH Health Physicians Whittier, continued/continuación
PCPs/Médicos de atención primaria (PCP)

DOSHI, PINAL, MD 
ID No. 100111240005
16510 BLOOMFIELD AVE
Cerritos, CA 90703
(562) 229-0902
Languages: Gujarati, Hindi

Del Bello, David, MD 
ID No. 100326654010
11500 BROOKSHIRE AVE
DOWNEY, CA 90241
(562) 904-5000

ESCOBEDO, ANTONIO, MD ^{*}
ID No. 100071914008
15725 WHITTIER BLVD # 500
Whittier, CA 90603
(562) 947-3307
Languages: Spanish

GOLDEN, JOEL, MD ^{*}
ID No. 100035436013
10251 ARTESIA BLVD
BELLFLOWER, CA 90706
(562) 867-8681
Contract terminated as of
10/31/2022

GOLDEN, JOEL, MD ^{*}
ID No. 100035436008
10234 ROSECRANS AVE
Bellflower, CA 90706
(562) 920-1632
Contract terminated as of
10/31/2022

HOLZNER, CHARLES, MD 
ID No. 100075623013
12214 LAKEWOOD BLVD # 110
DOWNEY, CA 90242
(562) 862-2775
Languages: Spanish

KUNG, CHARLES, MD 
ID No. 100080926009
10234 Rosecrans Ave
BELLFLOWER, CA 90706
(562) 920-1632
Languages: Portuguese, Spanish

KUNG, CHARLES, MD 
ID No. 100080926012
10251 ARTESIA BLVD
Bellflower, CA 90706
(562) 867-8681
Languages: Portuguese, Spanish

OANG, SY, DO ^{*}
ID No. 100103220011
15725 WHITTIER BLVD # 500
WHITTIER, CA 90603
(562) 947-3307
Languages: Chinese, Khmer

OANG, SY, DO ^{*}
ID No. 100103220007
15725 WHITTIER BLVD FL 5
Whittier, CA 90603
(562) 947-3307
Languages: Chinese, Khmer

PATEL, SANATKUMAR, MD 
ID No. 100009277009
10251 ARTESIA BLVD
Bellflower, CA 90706
(562) 867-8681
Languages: Gujarati, Hindi

SHAH, AJIT, MD 
ID No. 100025295008
15651 IMPERIAL HWY STE 104
La Mirada, CA 90638
(562) 947-1619
Languages: Gujarati, Hindi

VICTORIA, RAFAELITO, MD 
ID No. 100069827036
10230 ARTESIA BLVD STE 102
Bellflower, CA 90706
(562) 866-1764
Languages: Tagalog

WAHBAH, MARY, MD ^{*}
ID No. 100046841007
15725 WHITTIER BLVD FL 5
Whittier, CA 90603
(562) 947-3307
Languages: Arabic

Pediatrics

MANDAL, ATASHI, MD 
ID No. 100044789013
12401 WASHINGTON BLVD
Whittier, CA 90602
(562) 698-0811
Languages: Bengali, Spanish

Specialty
Physicians/Médicos
especialistas

Allergy Immunology

BASKIN, MARC, MD
Downey, CA

NGUYEN, ROGER, MD
Downey, CA

TSAI, EUGENE, MD
Whittier, CA

Anesthesiology Pain
Management

Lee, John, MD
Whittier, CA

* Indicates accepting current patients only.
* Indica que el médico acepta únicamente pacientes actuales.

PIH Health Physicians Whittier, continued/continuación

Specialty Physicians/Médicos especialistas

RASTEGAR, HOOMAN, MD
Whittier, CA***Cardiology*****RAHMAN, JOSEPH, MD**
Whittier, CA***Cardiovascular Disease*****AMBEGAONKAR, ADITYA, MD**
Whittier, CA**Alomari, Ihab, MD**
Downey, CA
Whittier, CA**BECKHAM, GERALD, MD**
Whittier, CA**EFTEKHARI, HOSSEIN, MD**
Downey, CA**JAFARI, ALIREZA, MD**
Whittier, CA**MAHAISAVARIYA, PAIBOON, MD**
Downey, CA**NAYAK, SUDHAKER, MD**
Whittier, CA**PATEL, PARESHKUMAR, MD**
Whittier, CA***TAMBOLI, KAUSHAL, MD**
Downey, CA**VLACHONASSIOS, KONSTANTINOS, MD**
Downey, CA**YOSHINO, PAUL, MD**
Downey, CA**ZHIROFF, KATRINE, MD**
Downey, CA***Certified Nurse Practitioner*****Astilla, Janice Marie, NP**
Downey, CA**BOLTON, ALEXIS, NP**
Downey, CA***Balbas-Go, Rachel, NP**
Whittier, CA**CASTANEDA, KRISTINE, NP**
Whittier, CA**Christ, Regina, NP**
La Mirada, CA***DINH, PAULINA, NP**
Downey, CA*
Santa Fe Springs, CA*
Whittier, CA***EMBRADOR, ROSSANA, NP**
Whittier, CA
Whittier, CA**FERNANDEZ, JOSEPH, NP**
Downey, CA*
Santa Fe Springs, CA*
Whittier, CA***Galindo, Skyler, NP**
Whittier, CA***Granados, Angela, NP**
Whittier, CA***KIM, TERESA, NP**
Cerritos, CA**KNIGHT, REBECCA, NP**
Cerritos, CA**KNUTSON, HALEY, NP**
Whittier, CA***KOTANJIAN, CELINA, NP**
Whittier, CA***LE, MICHELLE, NP**
Whittier, CA**Lat, Angelica, NP**
Downey, CA**Lee, Aimee, NP**
Whittier, CA*
Whittier, CA***MELESKO, ROSEMARY, NP**
Whittier, CA**Macasaet, Monique, NP**
Whittier, CA***Munroe, Deanne, NP**
Whittier, CA**NELSON, MARISSA, NP**
Downey, CA***NUNEZ, MARIA, NP**
Cerritos, CA***PERDUE, DIANE, NP**
Santa Fe Springs, CA**PEREZ, ANGELICA, NPF**
Whittier, CA***Patriarca, Charlene, NP**
Downey, CA*
Whittier, CA*
Whittier, CA***RADCLIFF, MELISSA, NP**
Whittier, CA*
Whittier, CA*

Ⓛ=LeapFrog

ⓕ=Female/Mujer Ⓜ=Male/Hombre

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ROWE, BRIAN, NP
La Mirada, CA*

RUIZ, JENNIE, NP
Downey, CA*
La Mirada, CA
Whittier, CA*

STILL, ELIZABETH, NP
Whittier, CA*

TOVALIN, MIRNA, NP
Whittier, CA*

Thakore, Sonali, NPF
Whittier, CA*

Torres, Njordia, NP
Whittier, CA*

Usongo, Miranda, NP
Downey, CA
Santa Fe Springs, CA
Whittier, CA

Williams, Shaute, NP
Downey, CA*
Santa Fe Springs, CA*
Whittier, CA*

ZHAO, YUAN, NP
Whittier, CA
Whittier, CA

Chiropractor

PIRNAT, GARY, DC
La Mirada, CA

Dermatology

Almazan, Timothy, MD
La Mirada, CA
Whittier, CA

Collier, Avanta, MD
La Mirada, CA
Whittier, CA

KING, DON, MD
Whittier, CA

MOORE, RACHAEL, MD
Whittier, CA

SALEH, JAMAL, MD
La Mirada, CA
Whittier, CA

Scherschun, Lubomira, MD
La Mirada, CA
Whittier, CA

ZOBER, LAUREL, MD
Downey, CA

Emergency Medicine

DIAZ, JAIME, MD
Santa Fe Springs, CA*
Whittier, CA*

FULGENCIO, PATRICK, DO
Whittier, CA*

ORENS, MARTIN, MD
Downey, CA*
Downey, CA*
Santa Fe Springs, CA*
Whittier, CA*

RODGERS, JAMES, MD
Whittier, CA

Endocrinology Metabolism Diabetes

AMIRPOUR, ALIREZA, MD
Downey, CA
Downey, CA
Whittier, CA
Whittier, CA

Caseja, Ahl Jeffrey, MD
Downey, CA
Santa Fe Springs, CA
Whittier, CA

GASTELUM, CHRISTIAN, MD
Whittier, CA

MAHMOOD, GHASAK, MD
Santa Fe Springs, CA

Endocrinology Reproductive

REECE, EDWARD, MD
Whittier, CA

Family Practice

BARTELUS, KIMBERLY, MD
Santa Fe Springs, CA*
Whittier, CA*

Banerjee, Amit, MD
Downey, CA*
Santa Fe Springs, CA*
Whittier, CA*

COATS, MELVIN, MD
Whittier, CA*

Fourie, Karen, MD
Downey, CA*
Santa Fe Springs, CA*
Whittier, CA*

GREEN, LORELLEN, MD
Downey, CA*

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PIH Health Physicians Whittier, continued/continuación

Specialty Physicians/Médicos especialistas

Howell, Timothy, MD

Whittier, CA

MOHAMMADI, LADAN, MD

Downey, CA*

MOONEY, KRISTEN, DO

Whittier, CA

OLATUNJI, TEMITOPE, MD

Downey, CA*

Oei, Kevin, DO

Santa Fe Springs, CA*

Whittier, CA*

PALACIOS, FERNANDO, MD

Downey, CA*

Whittier, CA*

PHI, BRYAN HUY, MD

Downey, CA*

Santa Fe Springs, CA*

Whittier, CA*

TUONG, TASHA, MD

Downey, CA*

Whittier, CA*

Whittier, CA*

Win, Lee, MD

Downey, CA*

Santa Fe Springs, CA*

Whittier, CA*

Gastroenterology

ASHOK, ASHWIN, MD

Whittier, CA

BLAM, MICHAEL, MD

Downey, CA*

DHOLARIA, KEVIN, MD

Downey, CA

GOYAL, PREEYA, MD

Whittier, CA

Whittier, CA

KIM, BILL, MD

Downey, CA

Mallam, Divya, MD

Downey, CA

Downey, CA

Whittier, CA

NGUYEN, ANDREW, MD

Downey, CA

Downey, CA

OJHA, SUSHIL, MD

Downey, CA

PALTA, RENEE, DO

Whittier, CA

PANDE, HEMANT, MD

Downey, CA

SHINDEL, NEAL, MD

Whittier, CA

Shindel, Alex, MD

Whittier, CA*

Zhu, Jiaming, MD

Whittier, CA

General Practice

Brodskey-Brooks, Trevor, MD

Whittier, CA*

Gynecologic Oncology

IM, SAMUEL, MD

Whittier, CA

Hematology / Oncology

CHUANG, JEREMY, MD

Downey, CA

Whittier, CA

Whittier, CA

FOSS, CHRISTOPHER, MD

Downey, CA

Downey, CA

Whittier, CA

GREENE, KYLE, MD

Downey, CA

Whittier, CA

LIN, EDWIN, MD

Whittier, CA

Pham, Andrew, MD

Whittier, CA

RUPANI, RAVIN, MD

Whittier, CA

WANG, LISA, MD

Whittier, CA

Hospitalist MD/DO

AQUINO, FRANCIS, MD

Downey, CA*

Whittier, CA*

BAGHRAMIAN, ARGIN, MD

Downey, CA*

Whittier, CA*

DING, DAVID, MD

Whittier, CA*

MOUAZZEN, WASIM, MD

Whittier, CA*

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OTHMAN, THAER, MD
Downey, CA*
Whittier, CA*

VUONG DAC, MINH, MD
Downey, CA*
Whittier, CA*

Infectious Disease

BANSIL, SANDEEP, MD
Downey, CA

DOO, BRYAN, MD
Whittier, CA

MCCARTHY, JOHN, MD
Whittier, CA

Internal Medicine

AKHLAQ, NADIA, MD
Downey, CA*
Whittier, CA*

BORBA, JULIE, MD
Whittier, CA

CASTRO, CAROL, MD
Downey, CA*
Whittier, CA*

CHEN, CHIH HSIN, MD
Downey, CA*
Whittier, CA

Choi, Damon, MD
Downey, CA*
Whittier, CA*

D'SA, PEARL, MD
Whittier, CA

DOST, ADAM, DO
Whittier, CA*

ESPIRITU, CHERYL, MD
Whittier, CA

FORNWALT, HARRY, MD
Whittier, CA

HABIBI, MOJAN, MD
Downey, CA
Whittier, CA*

HORANI, RAMI, MD
Downey, CA
Whittier, CA

HOSSEINIAN, RASAM, MD
Downey, CA

HUANG, DAVIS, DO
Downey, CA*

HUANG, JERRY, MD
Whittier, CA

HU, CHARLES, DO
Whittier, CA

IMPARATO, ANDREW, MD
Whittier, CA*

KHAING, AYE, MD
Whittier, CA

KHAN, AUSIM, MD
Whittier, CA

LEE, MANSUR, MD
Whittier, CA

LIAO, JIMMY, MD
Whittier, CA

LI, GANG, MD
Whittier, CA

PARIKH, SARVESH, MD
Whittier, CA

Patel, Hiren, MD
Downey, CA*
Whittier, CA*

Pham, Kevin, DO
Whittier, CA*

RAJA, SHEELA, MD
Whittier, CA*

RAJPUT, TOSHIE, MD
Whittier, CA*

SAVALIYA, NIKUNJKUMAR, MD
Whittier, CA*

SHAW, BASHIR, MD
Whittier, CA*

SHAW, YASMEEN, MD
Downey, CA*

Shah, Dipam, MD
Whittier, CA

Shamsa, Mandana, MD
Whittier, CA

Udwadia, Zubin, MD
Downey, CA*
Whittier, CA*

WIND, REBECCA, MD
Downey, CA*
Santa Fe Springs, CA*
Whittier, CA*

YANG, PAUL, MD
Downey, CA*
Whittier, CA*

ZEWDIE, TELAHUN, MD
Whittier, CA

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PIH Health Physicians Whittier, continued/continuación

Specialty Physicians/Médicos especialistas

Licensed Clinical Social Worker

ORTEGA, BESSY, LCSW
Whittier, CA

PARBERRY, CINDY, LCSW
Whittier, CA*

RAMIREZ, LAURA, LCSW
Whittier, CA*

Rodriguez, Jenny, LCSW
Whittier, CA

Silvey, Beth, LCSW
Whittier, CA

Marriage Family Therapist

COMINI, CAROLYN, MFT
Whittier, CA

Maternal and Fetal Medicine

SEET, EMILY, MD
Whittier, CA*

Nephrology

BOROUJERDI-RAD, HASSAN, MD
Whittier, CA

DARWISH, RIAD, MD
Whittier, CA

HUANG, KEVIN, MD
Whittier, CA

IMPARATO, JENNIFER, DO
Whittier, CA

LEE, MARK, MD
Whittier, CA

LIU, SAMUEL, MD
Downey, CA

MARYSKA, DORSA, MD
Whittier, CA

NASSER-MOADDELI, SHAHRIARE, MD
Whittier, CA

VIDHUN, JAYAKUMAR, MD
Whittier, CA

Neurology

BURGOS, ADRIAN, MD
Downey, CA*
Santa Fe Springs, CA*
Whittier, CA*

COCHRAN, KEITH, MD
Santa Fe Springs, CA

COPELAND, DANE, MD
Santa Fe Springs, CA

DARAZI, MICHEL, DO
Santa Fe Springs, CA

FARAG, MARK, MD
Santa Fe Springs, CA*

GANGULY, GAUTAM, MD
Whittier, CA

HELFGOTT, PAUL, MD
Whittier, CA

KIM, CHAN, MD
Whittier, CA

KIM, DONG-HEE, MD
Whittier, CA*

Mora, Jeffrey, MD
Santa Fe Springs, CA*

RISON, RICHARD, MD
Whittier, CA

SAKET, JENNY, DO
Santa Fe Springs, CA

SHATZMILLER, RON, MD
Santa Fe Springs, CA

Sahgal, Alok, MD
Whittier, CA*

Zangiabadi, Amirhossein, MD
Whittier, CA

Obstetrics / Gynecology

GONZALEZ, LESLIE, MD
Downey, CA
Downey, CA

GRAY, BRENT, MD
Whittier, CA

Hooshvar, Nina, MD
Whittier, CA*

KANG CHOU, SACHA, MD
Whittier, CA

LEONG, JOY, MD
Whittier, CA

LOPEZ, JAIME, MD
Whittier, CA

Leung, Teresa, DO
La Mirada, CA

MELNIK, MARC, MD
La Mirada, CA*
Whittier, CA

MELNIK, SEYMOUR, MD
La Mirada, CA*
Whittier, CA

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PIH Health Physicians Whittier, continued/continuación
Specialty Physicians/Médicos especialistas

MISHAL, DEVADATT, MD
Downey, CA
Norwalk, CA

PARK, JUNG, MD
Downey, CA
Downey, CA

PHAM, LOY, MD
Norwalk, CA

ROCA, PETER, MD
Whittier, CA

SOTO, SARA, MD
Whittier, CA

TRUONG, PHUONG, MD
Downey, CA

WILLNER, JULIA, MD
La Mirada, CA

Ophthalmology

CHOI, THOMAS, MD
Downey, CA

DUDEJA, DEEP, MD
La Mirada, CA

Greaves, Giovanni, MD
La Mirada, CA*

HSU, JOSEPH, MD
Downey, CA

JARUS, GLEN, MD
Whittier, CA

KHANNA, SANDEEP, MD
Lakewood, CA
Whittier, CA*

VU, QUI, MD
La Mirada, CA

YANG, LISA, MD
La Mirada, CA

Optometrist

ARDAYA, DAVID, OD
Whittier, CA

CHENG, CHESTER, OD
La Mirada, CA
Santa Fe Springs, CA
Whittier, CA

Chen, Jennifer, OD
La Mirada, CA

FLOR, DOUGLAS, OD
Whittier, CA

Hinds, Nathan, OD
La Mirada, CA
Santa Fe Springs, CA

Kuan, Jenny, OD
Santa Fe Springs, CA
Whittier, CA

RICE, DEREK, OD
Whittier, CA

***Otolaryngology / Otology /
Laryngology / Rhinology***

AYOUB, ELIAS, MD
Downey, CA

CHEN, DAVID, MD
Whittier, CA

CHIU, SHIN, MD
Downey, CA

Mitra, Sanchayeet, MD
Downey, CA
Whittier, CA

Reinstadler, David, MD
Whittier, CA

Otolaryngology

MAHBOUBI, HOSSEIN, MD
Downey, CA

Maducdoc, Marlon, MD
Downey, CA

Pediatrics

CASILANG, CLARISSE, MD
Downey, CA*
Santa Fe Springs, CA*
Whittier, CA*

LEE, DAVIS, MD
Whittier, CA*

SHARMA, NISHA, DO
Santa Fe Springs, CA
Whittier, CA

SHIN, BORA, MD
Santa Fe Springs, CA*
Whittier, CA*

SYED, FARHAT, MD
Downey, CA
Santa Fe Springs, CA
Whittier, CA*

Tang, Lucy, MD
Downey, CA*
Santa Fe Springs, CA*
Whittier, CA*

***Physical Medicine /
Rehabilitation***

HAFEZI, ALI, MD
Whittier, CA

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PIH Health Physicians Whittier, continued/continuación

Specialty Physicians/Médicos especialistas

Physicians Assistant**AVITABILE, JOSEPH, PA**
Whittier, CA***Abiva, David, PA**
La Mirada, CA**Canciller, Johnny, PA**
Cerritos, CA*
Downey, CA***DELGADILLO, ANGEL, PA**
Whittier, CA**DO, AMY, PA**
Norwalk, CA*
Whittier, CA***Delirio, John, PA**
Downey, CA*
Santa Fe Springs, CA*
Whittier, CA***ESQUEDA, FABIAN, PA**
Downey, CA
Santa Fe Springs, CA
Whittier, CA**FLORES, MICHAEL, PA**
Downey, CA*
Santa Fe Springs, CA*
Whittier, CA***FUENTES, RUTH, PA**
Downey, CA
Santa Fe Springs, CA
Whittier, CA**Francisco, Adelbert-Marc, PA**
Whittier, CA***HOANG, RICHARD, PA**
Whittier, CA***IBARRA, MAXIMO, PA**
Santa Fe Springs, CA
Whittier, CA**KHENG, LAURA, PA**
Whittier, CA***LEE, MICHELLE, PA**
Downey, CA*
Santa Fe Springs, CA*
Whittier, CA***LIVELY, ESTHER, PA**
Whittier, CA***LI, LAWRENCE, PA**
Downey, CA**LUONG, JENNY, PA**
Bellflower, CA**Leon, Nancy, PA**
Downey, CA*
Santa Fe Springs, CA*
Whittier, CA***Miller, Kimiko, PA**
La Mirada, CA***Neri, Jaime, PA**
Downey, CA*
Santa Fe Springs, CA*
Whittier, CA***PENNINGTON, MACKENZIE, PA**
Downey, CA*
Santa Fe Springs, CA*
Whittier, CA***RAMIREZ, GARY, PA**
Downey, CA*
Santa Fe Springs, CA*
Whittier, CA***ROBES, KATHERINE, PA**
Santa Fe Springs, CA
Whittier, CA
Whittier, CA**Ramirez, Delia, PA**
Downey, CA*
Santa Fe Springs, CA*
Whittier, CA***Ries, Jacob, PA**
Whittier, CA**Rivera, Jessica, PA**
Whittier, CA***Rumpeltes, Carolyn, PA**
Whittier, CA***SAHELIMOGHAVAMI, NAHAL, PA**
Downey, CA
Santa Fe Springs, CA
Whittier, CA**SARABIA, ESTEBAN, PA**
Santa Fe Springs, CA*
Whittier, CA***Sokol, Teresa, PA**
Santa Fe Springs, CA***Surrency, Jacqueline, PA**
Santa Fe Springs, CA*
Whittier, CA***TEIPE, STEPHEN, PA**
Downey, CA*
Santa Fe Springs, CA*
Whittier, CA***TENG, CRYSTAL, PA**
Whittier, CA***TRUONG, ADELAIDE, PA**
Whittier, CA*

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PIH Health Physicians Whittier, continued/continuación
Specialty Physicians/Médicos especialistas

Terrones, Salvador, PA
Downey, CA*
Santa Fe Springs, CA*
Whittier, CA*

Tinoco, Mona, PA
Santa Fe Springs, CA*
Whittier, CA*

Van Der Heyden, James, PA
Santa Fe Spgs, CA*
Santa Fe Springs, CA*

Van Lint, Linda, PA
Downey, CA*
Santa Fe Springs, CA*
Whittier, CA*

Yoo, Heather, PA
Whittier, CA*

ZEPEDA, JESUS, PA
Santa Fe Springs, CA*
Whittier, CA*

Podiatrist

ALBERTY, BYRON, DPM
Whittier, CA

Allen, Drew, DPM
Whittier, CA

BOYKINS, STEPHEN, DPM
Downey, CA*

Mejia-Perez, Maria, DPM
La Mirada, CA

NGUYEN, KEN, DPM
La Mirada, CA
Whittier, CA

Psychiatry Geriatric

GIURGIUS, MOATAZ, MD
La Mirada, CA - Teleservice

Psychiatry

COCHRAN, KEITH, MD
Santa Fe Springs, CA

GARCIA, JAMIE, MD
Whittier, CA*

GIURGIUS, MOATAZ, MD
La Mirada, CA - Teleservice

MEZA, CARLOS, MD
Whittier, CA

Mora, Jeffrey, MD
Santa Fe Springs, CA*

Wang, Jianpeng, MD
Whittier, CA

Psychologist

Diaz, Tanya, PSYD
Whittier, CA*

GARCIA, JORGE, PHD
Whittier, CA

HARRIS, MICHAEL, PHD
Whittier, CA

LANTZ, JOSEPH, PSYD
Whittier, CA

ROBERTSON, MELISSA, PHD
Whittier, CA

ROSEN, ROXANNA, PSYD
Whittier, CA

TER-PETROSYAN, MARIAM, PSYD
Whittier, CA

Pulmonary Diseases

AKHAVAN, DANIEL, MD
Whittier, CA

CASTELLANOS, ALFREDO, MD
Whittier, CA

CHISHTI, NADEEM, MD
Whittier, CA

NASSR, HUSSEIN, MD
Whittier, CA

SAKETKHOO, KIUMARS, MD
Whittier, CA

Radiation Oncology

KUROHARA, WILLIAM, MD
Whittier, CA

YUEN, JEFFREY, MD
Whittier, CA

Radiology Diagnostic

BICKELL, KIMBERLY, MD
Whittier, CA

JENSEN, MAUREEN, MD
Whittier, CA

KUO, JAMES, MD
Whittier, CA

WANG, LILY, MD
Whittier, CA

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PIH Health Physicians Whittier, continued/continuación

Specialty Physicians/Médicos especialistas

Rheumatology**CERK, BRENDAN, MD**

Whittier, CA

Whittier, CA*

GELFAND, GILBERT, MD

Whittier, CA

KOOLAE, ROODABEH, DO

Whittier, CA*

MAEHARA, MICHAEL, MD

Downey, CA

SU, TIEN-I, MD

Whittier, CA

Whittier, CA

Seyedali, Seyedehsara, MD

Whittier, CA*

Surgery Cardiovascular**TOVAR, EDUARDO, MD**

Whittier, CA

Surgery Colon Surgery**GREGORIAN, ARMEN, MD**

Whittier, CA

SHAH, NISHIT, MD

Downey, CA

Whittier, CA

Whittier, CA

Surgery General Vascular**NG, TINA, MD**

Whittier, CA*

Surgery General**ANDERSON, DAVID, MD**

Whittier, CA

Whittier, CA*

BRAVERMAN, JUSTIN, MD

Whittier, CA

DEERE, ROBERT, MD

Downey, CA

Eshaghian, Rayan, MD

Downey, CA

Whittier, CA

FRANCIS, KELLY, MD

Whittier, CA

Whittier, CA

KACHIKWU, EVELYN, MD

Whittier, CA

Whittier, CA

MINKES, MARK, MD

Downey, CA

ODOU, MARK, MD

Whittier, CA

SARGENT, DENNIS, MD

Whittier, CA

SHON, ALVIN, MD

Whittier, CA

SON, JI, MD

Whittier, CA

Whittier, CA

THOMPSON, KENNETH, MD

Whittier, CA*

VELEZ, MIGUEL, MD

Whittier, CA

Surgery Neurological**BARNARD, ZACHARY, MD**

Whittier, CA

MINASSIAN, HAIG, MD

Whittier, CA

Surgery Orthopedic**CHAMBERS, RICHARD, MD**

Downey, CA

KAPLAN, DANIEL, MD

Santa Fe Springs, CA

LEE, DANIEL, MD

Downey, CA

Santa Fe Springs, CA

Whittier, CA

Whittier, CA

LEWIS, DAVID, MD

Whittier, CA

LOW, KYLE, MD

Santa Fe Springs, CA

LUU, ANDREW, MD

Whittier, CA*

PARK, KEVIN, MD

Downey, CA

ROUNAGHI, AMIR, MD

Whittier, CA

SHAH, BINDESH, MD

Santa Fe Springs, CA

Whittier, CA

SHAMLOU, KOUROSH, MD

Downey, CA

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Surgery Plastic

BRITTO, JOHN, MD

Whittier, CA

Rovelo, Millicent, MD

Whittier, CA

Surgical Oncology

KIM, SAMUEL, MD

Downey, CA

Whittier, CA

Whittier, CA

Urology

AGATSTEIN, ERNEST, MD

Downey, CA

AYNEHCHI, SHAHRAD, MD

Downey, CA

LAI, JASON, MD

Whittier, CA

NOWFAR, SEPEHR, MD

Downey, CA

YOON, GERALD, MD

Whittier, CA

YUN, SCOTT, MD

Whittier, CA

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PIH Health Physicians Whittier IPA

Affiliated Hospitals/Hospitales afiliados

Affiliated Hospitals/Hospitales afiliados

**PIH HEALTH HOSPITAL -
WHITTIER** ①
12401 WASHINGTON BLVD
Whittier, CA 90602

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

**IMPERIAL PRIMARY CARE
MED GRP INC**
15625 IMPERIAL HWY
La Mirada, CA 90638
(562) 902-3000
M-F 5PM-9PM
SA,SU 8AM-4PM

PCPs/Médicos de atención primaria (PCP)

Family Practice

AGUILUZ, JACQUELINE, DO ②
ID No. 100040919044
21508 NORWALK BLVD
Hawaiian Gardens, CA 90716
(562) 865-5214
Teleservice

AGUILUZ, JACQUELINE, DO ②
ID No. 100040919057
13330 BLOOMFIELD AVE STE
111
Norwalk, CA 90650
(562) 868-0733
Teleservice

CHAHBOUNI, AMINE, DO ③
ID No. 100175464007
15625 Imperial Hwy
La Mirada, CA 90638
(562) 902-3000
*Languages: Arabic, French,
Spanish*

COATS, MELVIN, MD ④
ID No. 100072311021
9209 COLIMA RD # 1000
WHITTIER, CA 90605
(562) 236-2290

COATS, MELVIN, MD ④
ID No. 100072311020
9209 COLIMA RD # 2000B
WHITTIER, CA 90605
(562) 236-2290

COATS, MELVIN, MD ④*
ID No. 100072311017
12401 WASHINGTON BLVD
WHITTIER, CA 90602
(562) 698-0811

DABU, DIONISIO, MD ④
ID No. 100113587006
12214 LAKEWOOD BLVD # 110
DOWNEY, CA 90242
(562) 862-2775
Languages: Tagalog

DALPRAT, JOSE, DO ④
ID No. 100187189011
15625 Imperial Hwy
La Mirada, CA 90638
(562) 902-3000
Languages: Portuguese, Spanish

FERNANDO, THILAN, MD ④
ID No. 100072262007
12214 LAKEWOOD BLVD # 110
DOWNEY, CA 90242
(562) 862-2775

GLOR, RITA, DO ②
ID No. 100095905003
11903 DOWNEY AVE
Downey, CA 90242
(562) 869-1121
Languages: Arabic

HEGGENESS, OLE, MD ④
ID No. 100093510017
11480 BROOKSHIRE AVE # 107
DOWNEY, CA 90241
(562) 207-4575

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ISKAROUS, RAGAA, MD ⑥
ID No. 100092539024
11003 LAKEWOOD BLVD STE
201
Downey, CA 90241
(562) 869-1038
Languages: Arabic

KONG, JANE, MD ⑥
ID No. 100240698067
16510 Bloomfield Ave
Cerritos, CA 90703
(562) 229-0902
Languages: Korean, Spanish

LEE, STEPHEN, MD ⑥
ID No. 100020508007
21508 NORWALK BLVD
Hawaiian Gardens, CA 90716
(562) 865-5214
Languages: Korean, Spanish

LUM, MARCUS, MD ⑥
ID No. 100100282004
15625 IMPERIAL HWY
La Mirada, CA 90638
(562) 902-3000

MAGUIRE, MICHAEL, DO ⑥
ID No. 100031567010
7624 PAINTER AVE STE 100
Whittier, CA 90602
(562) 945-9333

MENDOZA, MANUEL, MD ⑥
ID No. 100047566096
11735 Firestone Blvd
NORWALK, CA 90650
(562) 925-7716
Languages: Spanish, Tagalog

MERCER, PAUL, MD ⑥
ID No. 100009246011
9209 COLIMA RD # 4400
WHITTIER, CA 90605
(562) 264-4297
Languages: Spanish
Teleservice

PARDO, JAIME, MD ⑥
ID No. 100165937005
8522 PAINTER AVE
WHITTIER, CA 90602
(562) 698-6266
Languages: Italian, Spanish

RUBALCAVA, RAFAEL, MD ⑥
ID No. 100087553004
15625 IMPERIAL HWY
La Mirada, CA 90638
(562) 902-3000
Languages: Spanish

Rezai, Damoun, MD ⑥
ID No. 100319598022
11843 Whittier Blvd
Whittier, CA 90601
(562) 325-5336
Languages: Farsi, Spanish

TRAN, ALEX, MD ⑥
ID No. 100099441013
11822 FLORAL DR
Whittier, CA 90601
(562) 908-4355
Languages: Spanish, Vietnamese
Teleservice

URIBE, DANIEL, MD ⑥
ID No. 100062305021
13307 SAN ANTONIO DR
Norwalk, CA 90650
(562) 807-1877
Languages: Spanish

VAZQUEZ, CAROLINA, MD ⑥
ID No. 100068234005
6501 EASTERN AVE # A
BELL GARDENS, CA 90201
(323) 771-0145
Languages: Spanish

VUONG-DAC, MAN, MD ⑥
ID No. 100107181013
3649 FLORENCE AVE
BELL, CA 90201
(323) 583-6333
Languages: German, Spanish, Vietnamese

WELSH, WILLIAM, DO ⑥
ID No. 100027404011
7624 PAINTER AVE STE 100
Whittier, CA 90602
(562) 945-9333

General Practice

CECILIO, ROSARIO, MD ⑥
ID No. 100038792005
15111 WHITTIER BLVD STE
102
Whittier, CA 90603
(562) 945-6440
Languages: Farsi, Fataleka, Spanish

CHEN, CHUNG LIEN, MD ⑥
ID No. 100035977004
12802 WHITTIER BLVD
Whittier, CA 90602
(562) 698-0933
Languages: Chinese, Spanish, Taiwanese

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PIH Health Physicians Whittier IPA, continued/continuación

PCPs/Médicos de atención primaria (PCP)

CSEPANYI, EMERICO, MD ♂

ID No. 100100907004
16510 BLOOMFIELD AVE
Cerritos, CA 90703
(562) 229-0902
Languages: Italian, Spanish

EGARI, ROY, MD ♂

ID No. 100097504003
18011 PIONEER BLVD
Artesia, CA 90701
(562) 402-0711
Languages: Farsi, Spanish, Tagalog
Teleservice

GABBITA, GEETHA, MD ♀

ID No. 100042459004
14568 WHITTIER BLVD
Whittier, CA 90605
(562) 698-8263
Languages: Hindi, Kannada, Spanish

GONZALES, FERNANDO, MD ♂

ID No. 100054605005
12444 WASHINGTON BLVD
Whittier, CA 90602
(562) 698-0161
Languages: Spanish, Tagalog

MADRID, SANDRA, MD ♀

ID No. 100072138002
12462 WASHINGTON BLVD
Whittier, CA 90602
(562) 693-0725
Languages: Spanish

PRIETO, JOSE, MD ♂

ID No. 100084038007
4566 FLORENCE AVE STE 2
Bell, CA 90201
(323) 582-7186
Languages: Spanish

Welsh, Sean, MD ♂*

ID No. 100322749007
7624 PAINTER AVE # 100
Whittier, CA 90602
(562) 945-9333
Languages: Spanish

Internal Medicine

ARASTU, ANWAR, MD ♂

ID No. 100081281004
12675 LA MIRADA BLVD STE 200
La Mirada, CA 90638
(562) 941-9853
Languages: Hindi, Urdu

COTTON, D, MD ♀

ID No. 100101282003
12474 WASHINGTON BLVD
Whittier, CA 90602
(562) 698-9779
Languages: Spanish

DOSHI, PINAL, MD ♂

ID No. 100111240004
16510 BLOOMFIELD AVE
Cerritos, CA 90703
(562) 229-0902
Languages: Gujarati, Hindi

GOLDEN, JOEL, MD ♂

ID No. 100035436012
10251 ARTESIA BLVD
BELLFLOWER, CA 90706
(562) 867-8681

GOLDEN, JOEL, MD ♂

ID No. 100035436007
10234 ROSECRANS AVE
Bellflower, CA 90706
(562) 920-1632

HOLZNER, CHARLES, MD ♂

ID No. 100075623010
11480 BROOKSHIRE AVE # 204
DOWNEY, CA 90241
(562) 904-4471
Languages: Spanish

HSU, DIANA, MD ♀

ID No. 100083052007
12651 LAKEWOOD BLVD
Downey, CA 90242
(562) 861-3111
Languages: Mandarin, Spanish

HSU, GOETHE, MD ♂

ID No. 100079668007
12651 LAKEWOOD BLVD
Downey, CA 90242
(562) 861-3111
Languages: Mandarin, Spanish, Tagalog

HSU, LINDA, MD ♀

ID No. 100071649010
11101 LA REINA AVE ste 101
Downey, CA 90241
(562) 867-2796
Languages: Spanish

JALIL, MARIAN, MD ♀

ID No. 100063468003
14350 WHITTIER BLVD STE 200
Whittier, CA 90605
(562) 945-7671
Languages: Arabic, Spanish

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MONTES, JUAN, MD

ID No. 100078246014
11822 FLORAL DR
Whittier, CA 90601
(562) 908-4355
Languages: Hindi, Mandarin, Spanish

MULTANI, PRAMOD, MD *

ID No. 100090763050
12214 LAKEWOOD BLVD # 110
DOWNEY, CA 90242
(562) 904-4471
Languages: Hindi, Spanish

PANG, GEORGE, MD

ID No. 100031445002
8135 PAINTER AVE STE 305
Whittier, CA 90602
(562) 693-8258

PATEL, GNYANDEV, MD

ID No. 100078689023
3300 E SOUTH ST STE 206
Lakewood, CA 90805
(562) 232-2380
Languages: Gujarati, Hindi

SALATINJANTS, AIDA, MD

ID No. 100060463004
13132 STUDEBAKER RD STE 3
Norwalk, CA 90650
(562) 406-7070
Languages: Armenian, Russian, Spanish

SHAH, AJIT, MD

ID No. 100025295007
15651 IMPERIAL HWY STE 104
La Mirada, CA 90638
(562) 947-1619
Languages: Gujarati, Hindi

WINN, HENRY, MD

ID No. 100093502003
15651 IMPERIAL HWY # 102B
LA MIRADA, CA 90638
(562) 947-9591
Languages: French, Spanish, Vietnamese

WU, KESHENG, MD

ID No. 100054333004
9209 COLIMA RD STE 4500
Whittier, CA 90605
(562) 696-5088
Languages: Chinese, Spanish

ZAPATA, MARTIN, DO *

ID No. 100096640022
11865 Firestone Blvd
Norwalk, CA 90650
(562) 806-1214
Languages: Spanish
Teleservice

Pediatrics

CHON, KYUNG, MD

ID No. 100077964007
8522 PAINTER AVE
Whittier, CA 90602
(562) 698-6266
Languages: Korean

SARODE, PRAFUL, MD

ID No. 100063843036
12371 IMPERIAL HWY
Norwalk, CA 90650
(562) 929-5000
Languages: Hindi, Spanish

Specialty

Physicians/Médicos
especialistas

Allergy Immunology

NGUYEN, ROGER, MD
Downey, CA

TSAI, EUGENE, MD
Whittier, CA

Cardiac Electrophysiology

SINGH, ANANTJIT, MD
Downey, CA

Cardiology

JAFARI, ALIREZA, MD
Whittier, CA

PARKS, RICHARD, MD
Whittier, CA

Cardiovascular Disease

AMBEGAONKAR, ADITYA, MD
Whittier, CA

BECKHAM, GERALD, MD
Whittier, CA

EFTEKHARI, HOSSEIN, MD
Downey, CA

FARAH, AMIN, MD
Downey, CA - Teleservice

MAHAISAVARIYA, PAIBOON, MD
Downey, CA

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PIH Health Physicians Whittier IPA, continued/continuación

Specialty Physicians/Médicos especialistas

NAYAK, SUDHAKER, MD
Whittier, CA

PATEL, PARESHKUMAR, MD
Whittier, CA

TAMBOLI, KAUSHAL, MD
Downey, CA

YOSHINO, PAUL, MD
Downey, CA

Certified Nurse Practitioner

BUDDEMEYER, CATHERINE, NP
Whittier, CA*

CALZADA, ALICIA, NP
Norwalk, CA

Casimiro, Katrina, NP
Norwalk, CA

Cordero, Ash, NP
Norwalk, CA

Dagala, Snooky, NP
Norwalk, CA

KOTANJIAN, CELINA, NP
Whittier, CA*

Lat, Angelica, NP
Downey, CA*

MENDOZA, AMADA, NP
Norwalk, CA*

MEZA, LIZA, NP
Whittier, CA*

Meneses, Bubbles, NP
Norwalk, CA*

PATONONA, RONAN, NP
Norwalk, CA*

Patriarca, Charlene, NP
Downey, CA*
Whittier, CA*
Whittier, CA*

SAMPEDRO, JOCELYN, NP
Downey, CA

Torres, Njordia, NP
Whittier, CA*

VEGA, MARIA, NP
Whittier, CA*

Chiropractor

PIRNAT, GARY, DC
La Mirada, CA

Dermatology

Collier, Avanta, MD
La Mirada, CA
Whittier, CA

KING, DON, MD
Whittier, CA

MOORE, RACHAEL, MD
Whittier, CA

Scherschun, Lubomira, MD
La Mirada, CA
Whittier, CA

ZOBER, LAUREL, MD
Downey, CA

Emergency Medicine

RODGERS, JAMES, MD
Whittier, CA

Endocrinology Metabolism Diabetes

GASTELUM, CHRISTIAN, MD
Whittier, CA

MAHMOOD, GHASAK, MD
Santa Fe Springs, CA

Endocrinology Reproductive

REECE, EDWARD, MD
Whittier, CA

Family Practice

DALLA TOR, NELSON, MD
Whittier, CA

Howell, Timothy, MD
Whittier, CA

VARALLO, MARK, DO
Whittier, CA

Gastroenterology

ASHOK, ASHWIN, MD
Whittier, CA

KIM, BILL, MD
Downey, CA

OJHA, SUSHIL, MD
Downey, CA

PALTA, RENEE, DO
Whittier, CA

PANDE, HEMANT, MD
Downey, CA

SHINDEL, NEAL, MD
Whittier, CA

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Gynecologic Oncology

IM, SAMUEL, MD
Whittier, CA

Hematology / Oncology

LIN, EDWIN, MD
Whittier, CA

WANG, LISA, MD
Whittier, CA

Hospitalist MD/DO

COATS, MELVIN, MD
Whittier, CA*

Infectious Disease

DOO, BRYAN, MD
Whittier, CA

MCCARTHY, JOHN, MD
Whittier, CA

Internal Medicine Critical Care Medicine

MEHTA, DAKSHA, MD
Whittier, CA*

Rao, Shyam, MD
Whittier, CA

SHAW, YASMEEN, MD
Whittier, CA

Internal Medicine

BANSIL, SANDEEP, MD
Downey, CA

BORBA, JULIE, MD
Whittier, CA

CHEN, CHIH HSIN, MD
Whittier, CA*

D'SA, PEARL, MD
Whittier, CA

DOST, ADAM, DO
Whittier, CA*

ESPIRITU, CHERYL, MD
Whittier, CA

FORNWALT, HARRY, MD
Whittier, CA

HU, CHARLES, DO
Whittier, CA*

KHAING, AYE, MD
Whittier, CA

KHAN, AUSIM, MD
Whittier, CA*

LEE, MANSUR, MD
Whittier, CA*

LIAO, JIMMY, MD
Whittier, CA

MOONEY, KRISTEN, DO
Whittier, CA*

PARIKH, AMIT, MD
Downey, CA

PARIKH, SARVESH, MD
Whittier, CA

RAJA, SHEELA, MD
Whittier, CA

REDDY, PAVANI, MD
Whittier, CA

VICTORIA, RAFAELITO, MD
Bellflower, CA

ZEWDIE, TELAHUN, MD
Whittier, CA*

Marriage Family Therapist

COMINI, CAROLYN, MFT
Whittier, CA

FONSECA, LYDIA, MFT
Whittier, CA

Maternal and Fetal Medicine

MCNULTY, JENNIFER, MD
Long Beach, CA

Neonatal / Perinatal Medicine

CHON, KYUNG, MD
Whittier, CA

MORALES, GLORIA, MD
Whittier, CA

NAGEOTTE, MICHAEL, MD
Long Beach, CA

Nephrology

BOROUJERDI-RAD, HASSAN, MD
Whittier, CA

DARWISH, RIAD, MD
Whittier, CA

DHAMIJA, RAJIV, MD
Long Beach, CA

HUANG, KEVIN, MD
Whittier, CA

IMPARATO, JENNIFER, DO
Whittier, CA

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PIH Health Physicians Whittier IPA, continued/continuación

Specialty Physicians/Médicos especialistas

LEE, MARK, MD

Whittier, CA

LIU, SAMUEL, MD

Downey, CA

MARYSKA, DORSA, MD

Whittier, CA

NASSER-MOADDELI, SHAHRIARE, MD

Whittier, CA

VIDHUN, JAYAKUMAR, MD

Whittier, CA

Neurology

Boroujerdi-Rad, Laleh, MD

Whittier, CA

GANGULY, GAUTAM, MD

Whittier, CA

HELFGOTT, PAUL, MD

Whittier, CA

KIM, CHAN, MD

Whittier, CA

RISON, RICHARD, MD

Whittier, CA

Obstetrics / Gynecology

GRAY, BRENT, MD

Whittier, CA

KANG CHOU, SACHA, MD

Whittier, CA

LEONG, JOY, MD

Whittier, CA

MELNIK, MARC, MD

Whittier, CA

MELNIK, SEYMOUR, MD

Whittier, CA

MISHAL, DEVADATT, MD

Downey, CA

Norwalk, CA

PHAM, LOY, MD

Downey, CA

Norwalk, CA

ROCA, PETER, MD

Whittier, CA

SOTO, SARA, MD

Whittier, CA

TRUONG, PHUONG, MD

Downey, CA

WILLNER, JULIA, MD

La Mirada, CA

Ophthalmology

CHANG, HEATHER, MD

Cerritos, CA

CHOI, THOMAS, MD

Downey, CA

DUDEJA, DEEP, MD

La Mirada, CA

Fong, Alan, MD

Cerritos, CA*

GRANT, SCOTT, MD

Whittier, CA

HSU, JOSEPH, MD

Downey, CA

JARUS, GLEN, MD

Whittier, CA

JOTTERAND, VERONIQUE, MD

Long Beach, CA

KAPAMAJIAN, MICHAEL, MD

Whittier, CA*

KHANNA, SANDEEP, MD

Lakewood, CA*

Whittier, CA*

LE, PHUC, MD

Whittier, CA*

NG, CALEB, MD

Whittier, CA

PATEL, HARSHAD, MD

Long Beach, CA

PILYUGINA, SVETLANA, MD

Cerritos, CA*

RAMKUMAR, HEMA, MD

Whittier, CA

REZNIK, JACOB, MD

La Mirada, CA

VERMA, ROHAN, MD

Whittier, CA

WIN, PETER, MD

Cerritos, CA

YANG, LISA, MD

La Mirada, CA

Optometrist

ARDAYA, DAVID, OD

Whittier, CA

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

CHENG, CHESTER, OD

La Mirada, CA
Santa Fe Springs, CA
Whittier, CA

Chen, Jennifer, OD

La Mirada, CA

DUONG, HENRY, OD

Lakewood, CA
Whittier, CA

FLOR, DOUGLAS, OD

Whittier, CA

Hinds, Nathan, OD

La Mirada, CA
Santa Fe Springs, CA

LIN, IVY, OD

Whittier, CA

ONAGA, SARAH, OD

Lakewood, CA
Whittier, CA

RICE, DEREK, OD

Whittier, CA

Salado, Maria, OD

Whittier, CA*

***Otolaryngology / Otolology /
Laryngology / Rhinology***

AYOUB, ELIAS, MD

Downey, CA

CHIU, SHIN, MD

Downey, CA

MAHER, SASHA, DO

Downey, CA

Reinstadler, David, MD

Whittier, CA

Pediatrics

CHO, ARTHUR, MD

Whittier, CA

LEE, DAVIS, MD

Whittier, CA*

***Physical Medicine /
Rehabilitation***

HAFEZI, ALI, MD

Whittier, CA

Physicians Assistant

Galvez, Melissa, PA

Whittier, CA*

LEE, MICHELLE, PA

Downey, CA*
Santa Fe Springs, CA*
Whittier, CA*

Leon, Nancy, PA

Downey, CA*
Santa Fe Springs, CA*
Whittier, CA*

MABEE, CAROL, PA

Norwalk, CA*

Ocalaplapit, Walter, PA

La Mirada, CA

**PENNINGTON, MACKENZIE,
PA**

Downey, CA*
Santa Fe Springs, CA*
Whittier, CA*

SARABIA, ESTEBAN, PA

Whittier, CA*

THOMAS, WALTER, PA

Whittier, CA*

TRIEU, ERICSSON, PA

Whittier, CA*

ZEPEDA, JESUS, PA

Santa Fe Springs, CA*
Whittier, CA*

Podiatrist

ALBERTY, BYRON, DPM

Whittier, CA

Allen, Drew, DPM

Whittier, CA

NGUYEN, KEN, DPM

La Mirada, CA
Whittier, CA

Psychiatry

GARCIA, JAMIE, MD

Whittier, CA

Wang, Jianpeng, MD

Whittier, CA

Psychologist

GARCIA, JORGE, PHD

Whittier, CA

HARRIS, MICHAEL, PHD

Whittier, CA

LANTZ, JOSEPH, PSYD

Whittier, CA

ROBERTSON, MELISSA, PHD

Whittier, CA

Pulmonary Diseases

AKHAVAN, DANIEL, MD

Whittier, CA

* Indicates accepting current patients only.
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PIH Health Physicians Whittier IPA, continued/continuación

Specialty Physicians/Médicos especialistas

CHISHTI, NADEEM, MD

Whittier, CA

Escobar Naranjo, Andres, MD

Whittier, CA

KHAN, IRFAN, MD

Whittier, CA*

NASSR, HUSSEIN, MD

Whittier, CA

SAKETKHOO, KIUMARS, MD

Whittier, CA

Yaqub, Kashif, MD

Whittier, CA*

Radiation Oncology

KUROHARA, WILLIAM, MD

Whittier, CA

Radiology Diagnostic

JENSEN, MAUREEN, MD

Whittier, CA

KUO, JAMES, MD

Whittier, CA

WANG, LILY, MD

Whittier, CA

Radiology Therapeutic

YUEN, JEFFREY, MD

Whittier, CA

Rheumatology

GELFAND, GILBERT, MD

Whittier, CA

JOSE, DONNA, MD

Whittier, CA

SU, TIEN-I, MD

Whittier, CA

Whittier, CA

Surgery Cardiovascular

TOVAR, EDUARDO, MD

Whittier, CA

Surgery Colon Surgery

GREGORIAN, ARMEN, MD

Whittier, CA

Surgery General

ANDERSON, DAVID, MD

Whittier, CA

Whittier, CA*

BICKELL, KIMBERLY, MD

Whittier, CA

DEERE, ROBERT, MD

Downey, CA

MINKES, MARK, MD

Downey, CA

ODOU, MARK, MD

Whittier, CA

SARGENT, DENNIS, MD

Whittier, CA

Whittier, CA

SHON, ALVIN, MD

Whittier, CA

VELEZ, MIGUEL, MD

Whittier, CA

Surgery Orthopedic

BOHR, ROBERT, MD

Santa Fe Springs, CA

CHAMBERS, RICHARD, MD

Downey, CA

EBERLY, VANCE, MD

Downey, CA

KAPLAN, DANIEL, MD

Santa Fe Springs, CA

LEWIS, DAVID, MD

Whittier, CA

LOW, KYLE, MD

Santa Fe Springs, CA

LUU, ANDREW, MD

Whittier, CA*

MCSHANE, ELIZABETH, MD

Whittier, CA

PARK, KEVIN, MD

Downey, CA

ROUNAGHI, AMIR, MD

Whittier, CA

SHAH, BINDESH, MD

Santa Fe Springs, CA

SHAMLOU, KOUROSH, MD

Downey, CA

Surgery Plastic

BRITTO, JOHN, MD

Whittier, CA

Urology

AGATSTEIN, ERNEST, MD

Downey, CA

AYNEHCHI, SHAHRAD, MD

Downey, CA

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

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LAI, JASON, MD
Whittier, CA

NOWFAR, SEPEHR, MD
Downey, CA

YOON, GERALD, MD
Whittier, CA

YUN, SCOTT, MD
Whittier, CA

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* Indica que el médico acepta únicamente pacientes actuales.

**Affiliated
Hospitals/Hospitales
afiliados**

PIH Hospital - Downey ①
11500 BROOKSHIRE AVE
Downey, CA 90241

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

**IMPERIAL PRIMARY CARE
MED GRP INC**
15625 IMPERIAL HWY
La Mirada, CA 90638
(562) 902-3000
M-F 5PM-9PM
SA,SU 8AM-4PM

**PIH Health Physicians - Urgent
Care Center Santa Fe Springs**
12400 Bloomfield Ave
Santa Fe Springs, CA 90670
(562) 967-2830
M-F 10AM-8PM
SA,SU 10AM-8PM

**PIH Health Physicians - Urgent
Care Center Whittier**
11480 BROOKSHIRE AVE # 201
DOWNEY, CA 90241
(562) 904-5151

**PIH Health Physicians - Urgent
Care Center Whittier**
11480 BROOKSHIRE AVE # 111
DOWNEY, CA 90241
(562) 904-1651

**PIH Health Physicians - Urgent
Care Center Whittier**
15725 WHITTIER BLVD # 500
WHITTIER, CA 90603
(562) 947-3307
M-F 8AM-5PM

**PIH Health Physicians - Urgent
Care Center Whittier**
12401 WASHINGTON BLVD
WHITTIER, CA 90602
(562) 698-0811

**PIH Health Physicians - Urgent
Care Center Whittier**
12291 WASHINGTON BLVD #
500
WHITTIER, CA 90606
(562) 698-2541

**PIH Health Physicians - Urgent
Care Center Whittier**
12291 WASHINGTON BLVD #
300
WHITTIER, CA 90606
(562) 967-2840

**PIH Health Physicians - Urgent
Care Center Whittier**
15733 Whittier Blvd
Whittier, CA 90603
(562) 947-7754
M-F 10AM-8PM
SA,SU 10AM-8PM

**PCPs/Médicos de atención
primaria (PCP)**

Family Practice

Bishop, Laura, DO ②
ID No. 100258752017
12291 WASHINGTON BLVD #
500
WHITTIER, CA 90606
(562) 698-2541

CORTEZ, ERNESTO, DO ③
ID No. 100066197006
10251 ARTESIA BLVD
Bellflower, CA 90706
(562) 867-8681
Languages: Spanish

CSEPANYI, EMERICO, MD ④
ID No. 100100907007
16510 BLOOMFIELD AVE
Cerritos, CA 90703
(562) 229-0902
Languages: Italian, Spanish

Contreras, Veronica, DO ⑤*
ID No. 100229079037
12214 LAKEWOOD BLVD # 110
DOWNEY, CA 90242
(562) 904-4430
Languages: Spanish

Contreras, Veronica, DO ⑥*
ID No. 100229079031
12400 BLOOMFIELD AVE
SANTA FE SPRINGS, CA 90670
(562) 967-2830
Languages: Spanish

①=LeapFrog

②=Female/Mujer ③=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.
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PIH Health Physicians-Downey, continued/continuación
PCPs/Médicos de atención primaria (PCP)

Contreras, Veronica, DO ☎*

ID No. 100229079026
15733 WHITTIER BLVD
WHITTIER, CA 90603
(562) 947-7754

Languages: Spanish

DABU, DIONISIO, MD ☎

ID No. 100113587009
11480 Brookshire Ave
Downey, CA 90241
(562) 862-2775

Languages: Tagalog

DALLA TOR, NELSON, MD ☎

ID No. 100081133006
12291 WASHINGTON BLVD
STE 500
Whittier, CA 90606
(562) 698-2541

Languages: Spanish

DHAMIJA, KAILASH, MD ☎

ID No. 100089396070
18326 PIONEER BLVD
Artesia, CA 90701
(562) 860-5599

Languages: Cambodian, Gujarati, Hindi

Teleservice

FERNANDO, THILAN, MD ☎

ID No. 100072262012
12214 LAKEWOOD BLVD # 110
DOWNEY, CA 90242
(562) 862-2775

FERNANDO, THILAN, MD ☎

ID No. 100072262010
12214 Lakewood Blvd
Downey, CA 90242
(562) 862-2775

HO, ISAIAH, MD ☎

ID No. 100391920002
16510 BLOOMFIELD AVE
CERRITOS, CA 90703
(562) 229-0902

KIM, ISAAC, MD ☎

ID No. 100044030024
12291 WASHINGTON BLVD # 500
Whittier, CA 90606
(562) 698-2541

Languages: Korean, Spanish

KONG, JANE, MD ☎

ID No. 100240698069
16510 Bloomfield Ave
Cerritos, CA 90703
(562) 229-0902

Languages: Korean, Spanish

LOMBARDO, JOSEPH, MD ☎

ID No. 100097607014
5750 DOWNEY AVE # 205
Lakewood, CA 90712
(562) 597-4181

Languages: Spanish

Lin, Amber, MD ☎

ID No. 100323482006
12291 WASHINGTON BLVD # 500
Whittier, CA 90606
(562) 698-2541

MORGAN, KATHLEEN, DO ☎

ID No. 100143486012
5750 DOWNEY AVE # 205
LAKEWOOD, CA 90712
(562) 597-4181

MOULTRIE LIZANA,

ANGELYN, DO ☎

ID No. 100075797006
10251 ARTESIA BLVD
Bellflower, CA 90706
(562) 867-8681

Languages: Mandarin, Portuguese, Spanish

Oei, Kevin, DO ☎*

ID No. 100289738030
12214 LAKEWOOD BLVD # 110
DOWNEY, CA 90242
(562) 902-4430

Oei, Kevin, DO ☎*

ID No. 100289738026
12400 Bloomfield Ave
Santa Fe Springs, CA 90670
(562) 967-2830

RODRIGUEZ, AUGUSTO, MD

☎

ID No. 100080530008
10251 ARTESIA BLVD
BELLFLOWER, CA 90706
(562) 867-8681

Languages: Spanish

SCHAT, KATHRYN, MD ☎*

ID No. 100355291004
11411 BROOKSHIRE AVE # 204
Downey, CA 90241
(562) 904-4411

SCHNEIDER, MARK, DO ☎

ID No. 100075074022
11411 BROOKSHIRE AVE # 207
DOWNEY, CA 90241
(562) 904-4411

Languages: Spanish

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

PIH Health Physicians-Downey, continued/continuación

PCPs/Médicos de atención primaria (PCP)

SECHRIST, MARTIN, DO

ID No. 100065691022

11411 BROOKSHIRE AVE # 207

Downey, CA 90241

(562) 904-4411

Languages: Spanish

Internal Medicine

BHANSALI, NEHA, MD

ID No. 100053018040

3300 E SOUTH ST STE 205

Lakewood, CA 90805

(562) 531-0377

Languages: Gujarati, Hindi,
Spanish

DOSHI, PINAL, MD

ID No. 100111240007

16510 BLOOMFIELD AVE

Cerritos, CA 90703

(562) 229-0902

Languages: Gujarati, Hindi

GOLDEN, JOEL, MD

ID No. 100035436011

10251 ARTESIA BLVD

BELLFLOWER, CA 90706

(562) 867-8681

Contract terminated as of
10/31/2022

HOLZNER, CHARLES, MD

ID No. 100075623015

12214 LAKEWOOD BLVD # 110

DOWNEY, CA 90242

(562) 862-2775

Languages: Spanish

KUNG, CHARLES, MD

ID No. 100080926011

10251 ARTESIA BLVD

Bellflower, CA 90706

(562) 867-8681

Languages: Portuguese, Spanish

LICUANAN, JESSE, MD

ID No. 100032648054

3300 E SOUTH ST STE 205

Lakewood, CA 90805

(562) 531-0377

Languages: Spanish, Tagalog

MULTANI, PRAMOD, MD

ID No. 100090763041

12214 LAKEWOOD BLVD # 110

DOWNEY, CA 90242

(562) 904-4471

Languages: Hindi, Spanish

PATEL, SANATKUMAR, MD



ID No. 100009277011

10251 ARTESIA BLVD

Bellflower, CA 90706

(562) 867-8681

Languages: Gujarati, Hindi

SUMCAD, JOCELYN, MD

ID No. 100025018033

16660 PARAMOUNT BLVD STE

101

Paramount, CA 90723

(562) 633-0976

Languages: Spanish, Tagalog

VICTORIA, RAFAELITO, MD



ID No. 100069827037

10230 ARTESIA BLVD STE 102

Bellflower, CA 90706

(562) 866-1764

Languages: Tagalog

WONG, HANSON, MD

ID No. 100100599070

10230 ARTESIA BLVD STE 201

Bellflower, CA 90706

(562) 804-7223

Languages: Cantonese, Mandarin,
Spanish

Specialty

Physicians/Médicos especialistas

Allergy Immunology

BASKIN, MARC, MD

Downey, CA

Cardiac Electrophysiology

SINGH, ANANTJIT, MD

Downey, CA

Cardiovascular Disease

Alomari, Ihab, MD

Downey, CA

Whittier, CA

FLORO, JERRY, MD

Downey, CA

Downey, CA

MULTANI, PRAMOD, MD

Downey, CA

Certified Nurse Practitioner

Cordero, Ash, NP

Norwalk, CA

DINH, PAULINA, NP

Downey, CA*

Santa Fe Springs, CA*

Whittier, CA*

=LeapFrog

=Female/Mujer =Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

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Chiropractor

BLAKELY, DAVID, DC
Downey, CA

Dermatology

CASTRO, MICHAEL, MD
Lakewood, CA

CHAMBERS, RICHARD, MD
Downey, CA

KING, DON, MD
Whittier, CA

ROSENBERG, FREDRIC, MD
Lakewood, CA

Family Practice

Fourie, Karen, MD
Downey, CA*
Santa Fe Springs, CA*
Whittier, CA*

OLATUNJI, TEMITOPE, MD
Downey, CA*

PALACIOS, FERNANDO, MD
Downey, CA*
Whittier, CA

PHI, BRYAN HUY, MD
Downey, CA*
Santa Fe Springs, CA*
Whittier, CA*

Rahnema, Gudars, DO
Downey, CA*

Gastroenterology

KIM, BILL, MD
Downey, CA

SIMMONS, TIMOTHY, MD
Long Beach, CA

Hematology / Oncology

GREENE, KYLE, MD
Downey, CA
Whittier, CA

Kim, Seong, MD
Downey, CA

Infectious Disease

Karki, Niraj, MD
Downey, CA

Internal Medicine

Fischman, Michael, MD
Downey, CA
Lakewood, CA

Mulroy, Patrick, DO
Downey, CA*

Maternal and Fetal Medicine

DAY, ROBERT, MD
Long Beach, CA

SHRIVASTAVA, VINEET, MD
Long Beach, CA
Whittier, CA

Nephrology

DARWISH, RIAD, MD
Whittier, CA*

HIJAZIN, MUNTHER, MD
Downey, CA

LIN, GRACE, MD
Whittier, CA

Neurology

MANERING, NEIL, MD
Santa Fe Springs, CA

PRENTICE, THEODORE, MD
Downey, CA - Teleservice

Truong, Kong, MD
Long Beach, CA

Obstetrics / Gynecology

CHON, MANUEL, MD
Downey, CA

GONZALEZ, LESLIE, MD
Downey, CA*
Downey, CA*

MERCURIO, CARIZA, MD
Whittier, CA

PARK, JUNG, MD
Downey, CA

SANCHEZ, JOHN, MD
Downey, CA
Downey, CA

WIND, REBECCA, MD
Downey, CA*
Santa Fe Springs, CA*

Ophthalmology

CASEY, RICHARD, MD
Downey, CA
Long Beach, CA

JARUS, GLEN, MD
Whittier, CA

JOTTERAND, VERONIQUE, MD
Long Beach, CA

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PIH Health Physicians-Downey, continued/continuación

Specialty Physicians/Médicos especialistas

KHANNA, SANDEEP, MD

Bellflower, CA*

Whittier, CA*

KIM, JANET, MD

Downey, CA

LIN, JOSEPH, MD

Whittier, CA

PATEL, HARSHAD, MD

Long Beach, CA

SEGALL, MARC, MD

Downey, CA

VERMA, ROHAN, MD

Whittier, CA

Optometrist

HUYNH, ANTHONY, OD

Downey, CA

MONTANA-COLLINS,

CLAUDIA, MD

Downey, CA

Otolaryngology

AYOUB, ELIAS, MD

Downey, CA

MAHBOUBI, HOSSEIN, MD

Downey, CA

Maducdoc, Marlon, MD

Downey, CA

Pediatrics

Zaragoza, Andrew, MD

Downey, CA*

Santa Fe Springs, CA*

Whittier, CA*

Physicians Assistant

IBARRA, MAXIMO, PA

Downey, CA*

Santa Fe Springs, CA*

Whittier, CA*

Neri, Jaime, PA

Downey, CA*

Santa Fe Springs, CA*

Whittier, CA*

PENNINGTON, MACKENZIE, PA

Downey, CA*

Santa Fe Springs, CA*

Rivera, Jessica, PA

Downey, CA*

Norwalk, CA*

TEIPE, STEPHEN, PA

Downey, CA*

Santa Fe Springs, CA*

Whittier, CA*

Podiatrist

KANDA, ANJALA, DPM

Downey, CA

Radiology Therapeutic

DAVE, SULABHA, MD

Long Beach, CA

Rheumatology

MAEHARA, MICHAEL, MD

Downey, CA

Surgery Cardiovascular

VANNIX, DAVID, MD

Long Beach, CA

Surgery General Vascular

MINKES, MARK, MD

Downey, CA

Surgery General

BAUMGARTNER, FRITZ, MD

Long Beach, CA

DEERE, ROBERT, MD

Downey, CA

Eshaghian, Rayan, MD

Downey, CA

Surgery Neurological

PAK, HOOSHANG, MD

Long Beach, CA - Teleservice

Surgery Orthopedic

PARK, KEVIN, MD

Downey, CA

SHAMLOU, KOUROSH, MD

Downey, CA

Surgery Plastic

SON, JI, MD

Whittier, CA

Whittier, CA

Surgery Thoracic

GREWAL, NAVROSE, MD

Lakewood, CA

Urology

AYNEHCHI, SHAHRAD, MD

Downey, CA

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

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NOWFAR, SEPEHR, MD
Downey, CA

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PREFERRED IPA OF CAL/GLENDALE

Specialty Physicians/Médicos especialistas

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

Specialty

Physicians/Médicos especialistas

Ophthalmology

**JOTTERAND, VERONIQUE,
MD**

Long Beach, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

Family Practice

PAJA, ISAIAS, MD ®

ID No. 100100474088

2491 PACIFIC AVE STE 3

Long Beach, CA 90806

(562) 989-1322

Languages: Spanish, Tagalog

Teleservice

Specialty

**Physicians/Médicos
especialistas**

Ophthalmology

**JOTTERAND, VERONIQUE,
MD**

Long Beach, CA

Surgery Thoracic

STEIN, ALEXANDER, MD

Long Beach, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

**Proveedores de servicios de salud
mental**

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

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* Indica que el médico acepta únicamente pacientes actuales.

PREFERRED IPA OF CAL/LA

PCPs/Médicos de atención primaria (PCP)

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

Family Practice

GIBBS, ELIZABETH, DO ☉

ID No. 100365758010
4800 E LOS COYOTES
DIAGONAL
LONG BEACH, CA 90815
(562) 506-1313

JOHNSON, KARLON, MD ☿

ID No. 100065021030
1403 LOMITA BLVD # 100
Harbor City, CA 90710
(310) 784-5800

MUNOZ, RUBEN, MD ☿

ID No. 100199957006
4129 GAGE AVE
Bell, CA 90201
(323) 771-8400
Languages: Spanish
Teleservice

NUGAS, ALICIA, MD ☉

ID No. 100054868020
22408 NORWALK BLVD
Hawaiian Gardens, CA 90716
(562) 421-2188

PAJA, ISAIAS, MD ☿

ID No. 100100474022
2491 PACIFIC AVE STE 3
Long Beach, CA 90806
(562) 989-1322
Languages: Spanish, Tagalog
Teleservice

General Practice

BUSTOS, ADELAIDA, MD ☉

ID No. 100087122074
7862 FIRESTONE BLVD
Downey, CA 90241
(562) 869-7007
Languages: Spanish, Tagalog

Internal Medicine

KHAN, MUSHTAQ, MD ☿

ID No. 100106578028
2100 E ANAHEIM ST # B
LONG BEACH, CA 90804
(562) 478-4102
Languages: Arabic, Hindi, Kashmiri
Teleservice

MEKA, MEENA, MD ☉*

ID No. 100219558172
1510 E 7th St
LONG BEACH, CA 90813
(562) 590-9800
Languages: Spanish
Teleservice

MEKA, MEENA, MD ☉

ID No. 100219558179
1066 ATLANTIC AVE # B
LONG BEACH, CA 90813
(562) 528-8447
Languages: Spanish

MONTES, JUAN, MD ☿

ID No. 100078246085
11822 FLORAL DR
Whittier, CA 90601
(562) 908-4355
Languages: Hindi, Mandarin, Spanish

Martinez, Rivera, MD ☿*

ID No. 100101725011
4566 FLORENCE AVE # 5
Bell, CA 90201
(323) 771-7466
Languages: Spanish
Teleservice

Pediatrics

FEYGIN, POLINA, MD ☿

ID No. 100027762064
1110 W ANAHEIM ST STE 6
Wilmington, CA 90744
(310) 221-8532
Languages: Russian
Teleservice

Specialty

Physicians/Médicos especialistas

Allergy Immunology

TRIVEDI, DIVYANG, MD

Norwalk, CA

☉=LeapFrog

☉=Female/Mujer ☿=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Certified Nurse Practitioner

AURE, LIEZL, NP
Downey, CA

Ophthalmology

**JOTTERAND, VERONIQUE,
MD**
Long Beach, CA

Physicians Assistant

Gonzalez, Leticia, PA
Cudahy, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

* Indicates accepting current patients only.
* Indica que el médico acepta únicamente pacientes actuales.

PREFERRED IPA OF CAL/LONG BCH

Affiliated Hospitals/Hospitales afiliados

Affiliated Hospitals/Hospitales afiliados

**ST MARY MEDICAL CENTER
LONG BEACH ①**
1050 LINDEN AVE
Long Beach, CA 90813

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

Family Practice

BOYER, DARREN, MD ①
ID No. 100153870031
21617 NORWALK BLVD
Hawaiian Gardens, CA 90716
(562) 860-5349
Languages: Spanish

BOYER, DARREN, MD ①
ID No. 100153870049
100 E MARKET ST
LONG BEACH, CA 90805
(562) 428-0372
Languages: Spanish

Cadena, Sandy, MD ②
ID No. 100275813049
16415 COLORADO AVE, STE
102
PARAMOUNT, CA 90723
(323) 233-3100
Languages: Spanish

GIBBS, ELIZABETH, DO ②
ID No. 100365758009
4800 E LOS COYOTES
DIAGONAL
LONG BEACH, CA 90815
(562) 506-1313

Kim, Charles, MD ①
ID No. 100323662042
1110 W ANAHEIM ST # 6
WILMINGTON, CA 90744
(310) 872-3560

LEE, CHRISTINA, MD ②*
ID No. 100099123009
817 ATLANTIC AVE
LONG BEACH, CA 90813
(562) 591-6890
*Languages: Cambodian,
Mandarin, Spanish*
Teleservice

**MIZUHARA-CHENG,
COURTNEY, DO ②**
ID No. 100130891005
1535 Lomita Blvd
HARBOR CITY, CA 90710
(310) 530-9300
Languages: Japanese, Spanish
Teleservice

NUGAS, ALICIA, MD ②
ID No. 100054868019
22408 NORWALK BLVD
Hawaiian Gardens, CA 90716
(562) 421-2188

PAJA, ISAIAS, MD ①
ID No. 100100474017
2491 PACIFIC AVE STE 3
Long Beach, CA 90806
(562) 989-1322
Languages: Spanish, Tagalog
Teleservice

RUBINSON, WILLIAM, MD ①
ID No. 100036140201
8500 FLORENCE AVE # 101
Downey, CA 90240
(562) 923-6060
*Languages: Farsi, Gujarati,
Hebrew*

RUBINSON, WILLIAM, MD ①
ID No. 100036140202
11938 Paramount Blvd
Downey, CA 90242
(562) 923-6060
*Languages: Farsi, Gujarati,
Hebrew*

RUBINSON, WILLIAM, MD ①
ID No. 100036140199
3300 E SOUTH ST # 209
LAKEWOOD, CA 90805
(562) 923-6601
*Languages: Farsi, Gujarati,
Hebrew*

RUBINSON, WILLIAM, MD ①
ID No. 100036140204
12472 Washington Blvd
WHITTIER, CA 90602
(714) 451-2230
*Languages: Farsi, Gujarati,
Hebrew*

①=LeapFrog

②=Female/Mujer ①=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

PREFERRED IPA OF CAL/LONG BCH, continued/continuación

PCPs/Médicos de atención primaria (PCP)

SHAH, ANOKHI, MD ⑥

ID No. 100384360008
 1403 LOMITA BLVD # 103
 HARBOR CITY, CA 90710
 (310) 784-1800
Languages: Gujarati

SHAH, ANOKHI, MD ⑥

ID No. 100384360005
 200 E Anaheim St
 Wilmington, CA 90744
 (310) 522-8700
Languages: Gujarati

TRAN, KHAI, DO ④

ID No. 100074636005
 15717 PARAMOUNT BLVD
 Paramount, CA 90723
 (562) 531-2231
Languages: Spanish, Vietnamese
 Teleservice

TRAN, PHUONG, MD ⑥

ID No. 100357284011
 1403 LOMITA BLVD # 103
 HARBOR CITY, CA 90710
 (310) 522-8700
Languages: Vietnamese

General Practice**Barlow, Ryan, DO ④**

ID No. 100296032071
 8500 FLORENCE AVE # 101
 Downey, CA 90240
 (562) 202-5020

Barlow, Ryan, DO ④

ID No. 100296032072
 11938 PARAMOUNT BLVD
 Downey, CA 90242
 (562) 923-6060
 Teleservice

Barlow, Ryan, DO ④

ID No. 100296032062
 3300 E SOUTH ST # 209
 Lakewood, CA 90805
 (562) 444-0022
 Teleservice

CASABAR, RUBEN, MD ④

ID No. 100074771017
 1334 N AVALON BLVD
 Wilmington, CA 90744
 (310) 835-4000
Languages: Spanish, Tagalog
 Teleservice

DEVERA, EMMANUEL, MD ④

ID No. 100331452011
 1760 TERMINO AVE # 116
 Long Beach, CA 90804
 (562) 597-8885
 Teleservice

DEVERA, EMMANUEL, MD ④

ID No. 100331452012
 1045 ATLANTIC AVE # 818
 Long Beach, CA 90813
 (562) 436-8117
 Teleservice

DO, LILY, DO ⑥

ID No. 100094829037
 500 W WILLOW ST # 101
 LONG BEACH, CA 90806
 (562) 427-1700
Languages: Vietnamese

EGARI, ROY, MD ④

ID No. 100097504008
 18011 PIONEER BLVD
 Artesia, CA 90701
 (562) 402-0711
Languages: Farsi, Spanish, Tagalog
 Teleservice

JAYATILAKA, MATTHEW, MD ④

ID No. 100010124021
 1760 TERMINO AVE # 116
 Long Beach, CA 90804
 (562) 597-8885
 Teleservice

JAYATILAKA, MATTHEW, MD ④

ID No. 100010124019
 1045 ATLANTIC AVE STE 818
 Long Beach, CA 90813
 (562) 436-8117
 Teleservice

KASHANI, DARYOUSH, MD ④

ID No. 100076327022
 500 W WILLOW ST # 101
 LONG BEACH, CA 90806
 (562) 427-1700
Languages: Faroese, Farsi, Spanish
 Teleservice

LE, ANH-DAO, MD ⑥

ID No. 100105541047
 1024 E Pacific Coast Hwy
 LONG BEACH, CA 90806
 (562) 218-0131
Languages: Khmer, Spanish, Vietnamese
 Teleservice

MATEMOTJA, DANIEL, MD ④

ID No. 100084173036
 12131 CARSON ST
 Hawaiian Gardens, CA 90716
 (562) 809-0299
Languages: Russian, Spanish
 Teleservice

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

PREFERRED IPA OF CAL/LONG BCH, continued/continuación

PCPs/Médicos de atención primaria (PCP)

MISSAGHI, VAHID, MD

ID No. 100331264009
550 W WILLOW ST # 101
LONG BEACH, CA 90806
(562) 427-1700

Languages: Farsi, Spanish

MISSAGHI, VAHID, MD

ID No. 100331264013
500 W WILLOW ST # 101
LONG BEACH, CA 90806
(562) 427-1700

Languages: Farsi, Spanish

MOORE, HEZEKIAH, MD

ID No. 100043831024
1703 TERMINO AVE STE 204
Long Beach, CA 90804
(562) 498-4425

Languages: Spanish

Teleservice

MORRIS, FELICITACION, MD



ID No. 100169219101
21617 NORWALK BLVD
HAWAIIAN GARDENS, CA
90716
(562) 860-5345

Languages: Ilocana, Tagalog

MORRIS, FELICITACION, MD



ID No. 100169219098
100 E Market St
Long Beach, CA 90805
(562) 428-4222

Languages: Ilocana, Tagalog

Teleservice

MUNGCAL, HENRICO, MD

ID No. 100078123010
1937 PACIFIC AVE
Long Beach, CA 90806
(562) 591-7302

Languages: Spanish, Tagalog

Teleservice

PAYNE, BRIAN, MD

ID No. 100026240026
7800 Florence Ave
DOWNEY, CA 90240
(562) 928-5700

Languages: Spanish

REYES, ADORACION, MD

ID No. 100067560009
1350 CHESTNUT AVE
Long Beach, CA 90813
(562) 599-1565

Languages: Spanish, Tagalog

Teleservice

VALERY, HAROLD, MD

ID No. 100012103006
920 PACIFIC AVE
Long Beach, CA 90813
(562) 495-3985

Languages: Spanish

Teleservice

Internal Medicine

ADAMS, JOHN, DO

ID No. 100025486114
2777 PACIFIC AVE # E
LONG BEACH, CA 90806
(562) 426-6571

Languages: Spanish

ADAMS, JOHN, DO

ID No. 100025486102
4800 E LOS COYOTES
DIAGONAL
LONG BEACH, CA 90815
(562) 506-1313

Languages: Spanish

Ahankoob, Nona, MD

ID No. 100282942030
1627 E ANAHEIM ST
LONG BEACH, CA 90813
(562) 218-8181

Languages: Farsi, Spanish

KHAMISEH, GHASSAN, MD



ID No. 100067534012
2800 PACIFIC AVE # D
LONG BEACH, CA 90806
(562) 337-8401

Languages: Arabic, Spanish

Teleservice

LERNO, LAWRENCE, MD

ID No. 100346577005
1510 E 7th St
LONG BEACH, CA 90813
(562) 590-9800

*Languages: Gujarati, Hindi,
Spanish*

Teleservice

Leibovici, Samuel, MD

ID No. 100296410014
3036 SANTA FE AVE
LONG BEACH, CA 90810
(562) 591-2785

Ⓐ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

MEKA, AJAY, MD

ID No. 100098859044
1510 E 7TH ST
Long Beach, CA 90813
(562) 590-9800
Languages: Arabic, French, Gujarati
Teleservice

MEKA, MEENA, MD

ID No. 100219558009
1066 ATLANTIC AVE # B
LONG BEACH, CA 90813
(562) 528-8447
Languages: Spanish

MEKA, MEENA, MD *

ID No. 100219558039
1510 E 7th St
LONG BEACH, CA 90813
(562) 590-9800
Languages: Spanish
Teleservice

MISHAL, SUREKHA, MD

ID No. 100038567005
14359 PIONEER BLVD # A
NORWALK, CA 90650
(562) 864-7279
Languages: Gujarati, Hindi, Marathi
Teleservice

RASEKHI, MOHAMMAD, MD


ID No. 100069052054
1627 E ANAHEIM ST
LONG BEACH, CA 90813
(562) 218-8181
Languages: Farsi, Spanish

SIMAN, HOMAN, MD

ID No. 100111988020
1231 N AVALON BLVD
Wilmington, CA 90744
(310) 835-5000
Languages: Faroese, Farsi, Spanish
Teleservice

TREJO, EMMA, MD

ID No. 100106787021
1403 LOMITA BLVD # 100
Harbor City, CA 90710
(310) 784-5800
Languages: Spanish
Teleservice

Pediatrics

FEYGIN, POLINA, MD

ID No. 100027762058
1110 W ANAHEIM ST STE 6
Wilmington, CA 90744
(310) 221-8532
Languages: Russian
Teleservice

Specialty

Physicians/Médicos
especialistas

Allergy Immunology

NGUYEN, ROGER, MD

Downey, CA

Certified Nurse Practitioner

AURE, LIEZL, NP

Downey, CA
Long Beach, CA

HILARIO, RUTH, NP

Long Beach, CA

Gastroenterology

ANYADIKE, CYRIL, MD

Long Beach, CA

Hematology / Oncology

GOLSHANI, GOL, MD

Lakewood, CA - Teleservice

Infectious Disease

JORDAN, WILBERT, MD

Paramount, CA

Internal Medicine

ADAMS, JOHN, DO

Long Beach, CA - Teleservice

MARZBAN, SIAMAK, MD

San Pedro, CA - Teleservice

Ophthalmology

JOTTERAND, VERONIQUE, MD

Long Beach, CA

Pediatrics

MOORE, HEZEKIAH, MD

Long Beach, CA - Teleservice

Physicians Assistant

Gonzalez, Leticia, PA

Long Beach, CA

Surgery Neurological

LEMAY, DANIEL, MD

Downey, CA - Teleservice

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

PREFERRED IPA OF CAL/SF VLY

Specialty Physicians/Médicos especialistas

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

Specialty Physicians/Médicos especialistas

Ophthalmology

GORDON, MARVIN, MD

Lakewood, CA

**JOTTERAND, VERONIQUE,
MD**

Long Beach, CA

Pediatric Cardiology

BLURTON, DOMINIC, MD

Long Beach, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

Family Practice

BOYER, DARREN, MD

ID No. 100153870043
21617 NORWALK BLVD
Hawaiian Gardens, CA 90716
(562) 860-5349
Languages: Spanish

RUBINSON, WILLIAM, MD

ID No. 100036140197
8500 FLORENCE AVE # 101
Downey, CA 90240
(562) 923-6060
Languages: Farsi, Gujarati, Hebrew

RUBINSON, WILLIAM, MD

ID No. 100036140198
11938 Paramount Blvd
Downey, CA 90242
(562) 923-6060
Languages: Farsi, Gujarati, Hebrew

RUBINSON, WILLIAM, MD

ID No. 100036140203
3300 E SOUTH ST # 209
LAKEWOOD, CA 90805
(562) 923-6601
Languages: Farsi, Gujarati, Hebrew

RUBINSON, WILLIAM, MD

ID No. 100036140200
12472 Washington Blvd
WHITTIER, CA 90602
(714) 451-2230
Languages: Farsi, Gujarati, Hebrew

TRAN, ALEX, MD

ID No. 100099441070
11822 FLORAL DR
Whittier, CA 90601
(562) 908-4355
Languages: Spanish, Vietnamese
Teleservice

General Practice

Barlow, Ryan, DO

ID No. 100296032063
12472 Washington Blvd
WHITTIER, CA 90602
(714) 451-2230
Teleservice

MORRIS, FELICITACION, MD

ID No. 100169219087
100 E Market St
Long Beach, CA 90805
(562) 428-4222
Languages: Ilocana, Tagalog
Teleservice

Internal Medicine

MEKA, MEENA, MD

ID No. 100219558171
1510 E 7th St
LONG BEACH, CA 90813
(562) 590-9800
Languages: Spanish
Teleservice

MEKA, MEENA, MD

ID No. 100219558180
1066 ATLANTIC AVE # B
LONG BEACH, CA 90813
(562) 528-8447
Languages: Spanish

Specialty Physicians/Médicos especialistas

Certified Nurse Practitioner

KOTANJIAN, CELINA, NP
Whittier, CA

Hematology / Oncology

SHUM, MERRILL, MD
Whittier, CA

Ophthalmology

JOTTERAND, VERONIQUE, MD
Long Beach, CA

MENGHANI, RAVI, MD
Long Beach, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

PREFERRED IPA OF CAL/SG VLY, continued/continuación

Specialty Physicians/Médicos especialistas

Proveedores de servicios de salud mental

Para obtener una lista de los
proveedores de servicios de salud
mental, consulte la sección

"Proveedores de servicios de salud
mental" en la página 382.

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.
/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Affiliated
Hospitals/Hospitales
afiliados

**PROVIDENCE LITTLE CO OF
MARY MED CTR SAN PEDRO**



1300 W 7TH ST
San Pedro, CA 90732

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

Specialty
Physicians/Médicos
especialistas

Radiation Oncology

MERLO, CLIFFORD, MD
Long Beach, CA

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

PREMIER PHYSICIANSNETWORK

Affiliated Hospitals/Hospitales afiliados

Affiliated Hospitals/Hospitales afiliados

PROVIDENCE LITTLE CO OF MARY MED CTR SAN PEDRO



1300 W 7TH ST
San Pedro, CA 90732

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

Internal Medicine

ESSILFIE, WILLIAM, MD ♂

ID No. 100036714071
2222 S MESA ST UNIT 35
SAN PEDRO, CA 90731
(310) 715-6100

UGORJI, CHINEDU, MD ♂

ID No. 100103975007
16660 PARAMOUNT BLVD STE
208
Paramount, CA 90723
(562) 408-0131
Languages: Hindi, Spanish

Specialty Physicians/Médicos especialistas

Anesthesiology Pain Management

BUSTOS, JERROLD, MD

Paramount, CA*

Gastroenterology

FAN, ROBERT, MD

Long Beach, CA

OJURI, ADEBAMBO, MD

Long Beach, CA

Maternal and Fetal Medicine

HAYDON, MICHAEL, MD

Long Beach, CA

NAGEOTTE, MICHAEL, MD

Long Beach, CA - Teleservice
Long Beach, CA
Long Beach, CA
Whittier, CA

SHRIVASTAVA, VINEET, MD

Long Beach, CA

TAFTI, SANAZ, MD

Long Beach, CA

Ophthalmology

Alasil, Tarek, MD

Long Beach, CA

DAVIS, MICHAEL, MD

Downey, CA

GOODWIN, LAWRENCE, MD

Norwalk, CA

GRANT-ACQUAH, KWEKU, MD

Long Beach, CA

Renner, Morgan, MD

Long Beach, CA

SUK, KEVIN, MD

Downey, CA

Optometrist

Chew, Wesley, OD

Long Beach, CA

NGUYEN, THY, OD

San Pedro, CA

Wong, Sharon, OD

San Pedro, CA

Pathology Clinical

ARAIN, SHEHLA, MD

Long Beach, CA

Pediatric Cardiology

DE OLIVEIRA, ELIZABETH, MD

Downey, CA

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

***Physical Medicine /
Rehabilitation***

MINKOFF, EVAN, DO
Paramount, CA

Physicians Assistant

de Leon, Robert, PA
Paramount, CA

Radiation Oncology

Chung, Arthur, MD
Long Beach, CA

MERLO, CLIFFORD, MD
Long Beach, CA

SILA, CHAD, MD
Long Beach, CA

***Registered Dietitian /
Nutritionist***

Giertych, Samantha, RD
Whittier, CA

Herman, Jody, RD
Whittier, CA

Surgery Thoracic

STEIN, ALEXANDER, MD
Long Beach, CA

* Indicates accepting current patients only.
* Indica que el médico acepta únicamente pacientes actuales.

PRIMARY CARE ASSOC OF CALIF

Affiliated Hospitals/Hospitales afiliados

Affiliated Hospitals/Hospitales afiliados

LAKEWOOD REGIONAL MED CTR ☉

3700 SOUTH ST
Lakewood, CA 90712

PROVIDENCE LITTLE CO OF MARY MED CTR SAN PEDRO ☉

1300 W 7TH ST
San Pedro, CA 90732

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

AME MEDICAL GROUP INC
8500 FLORENCE AVE # 101
Downey, CA 90240
(562) 202-5020
M-F 9AM-9PM
SU 10AM-3PM, SA 10AM-5PM

AME MEDICAL GROUP INC
15141 WHITTIER BLVD # 120
Whittier, CA 90603
(562) 261-5944
M-F 9AM-5PM

AME MEDICAL GROUP INC
12472 Washington Blvd
Whittier, CA 90602
(714) 451-2230
M-F 9AM-7PM
SA 10AM-3PM

**IMPERIAL PRIMARY CARE
MED GRP INC**
15625 IMPERIAL HWY
La Mirada, CA 90638
(562) 902-3000
M-F 5PM-9PM
SA,SU 8AM-4PM

PCPs/Médicos de atención primaria (PCP)

Family Practice

CHAHBOUNI, AMINE, DO ☉
ID No. 100175464025
15625 Imperial Hwy
La Mirada, CA 90638
(562) 902-3000
*Languages: Arabic, French,
Spanish*

DALPRAT, JOSE, DO ☉
ID No. 100187189012
15625 Imperial Hwy
La Mirada, CA 90638
(562) 902-3000
Languages: Portuguese, Spanish

FUSSELL, SUZANNE, MD ☉
ID No. 100089111006
2403 ATLANTIC AVE
Long Beach, CA 90806
(562) 989-0145
Languages: Khmer, Spanish

KHOURY, MARIBEL, MD ☉
ID No. 100090775012
14906 PARAMOUNT BLVD
Paramount, CA 90723
(562) 630-1991
Languages: Arabic, Spanish

KIM, JOHN, MD ☉
ID No. 100097067003
11911 ARTESIA BLVD STE 101
Cerritos, CA 90701
(562) 402-7622
Languages: Korean, Spanish

LEE, CHRISTINA, MD ☉
ID No. 100099123044
817 ATLANTIC AVE
LONG BEACH, CA 90813
(562) 591-6890
*Languages: Cambodian,
Mandarin, Spanish*
Teleservice

LUM, MARCUS, MD ☉
ID No. 100100282011
15625 IMPERIAL HWY
La Mirada, CA 90638
(562) 902-3000

MARFATIA, VIKRAM, MD ☉
ID No. 100111167044
3300 E SOUTH ST # 305
LAKEWOOD, CA 90805
(562) 232-2380
*Languages: Hindi, Punjabi,
Spanish*

☉=LeapFrog

☉=Female/Mujer ☉=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

**MIZUHARA-CHENG,
COURTNEY, DO** ☎

ID No. 100130891013
1535 Lomita Blvd
HARBOR CITY, CA 90710
(310) 530-9300
Languages: Japanese, Spanish
Teleservice

NUGAS, ALICIA, MD ☎

ID No. 100054868018
22408 NORWALK BLVD
Hawaiian Gardens, CA 90716
(562) 421-2188

RUBALCAVA, RAFAEL, MD ☎

ID No. 100087553010
15625 IMPERIAL HWY
La Mirada, CA 90638
(562) 902-3000
Languages: Spanish

TRAN, ALEX, MD ☎

ID No. 100099441033
11822 FLORAL DR
Whittier, CA 90601
(562) 908-4355
Languages: Spanish, Vietnamese
Teleservice

VUONG-DAC, MAN, MD ☎

ID No. 100107181011
3649 FLORENCE AVE
BELL, CA 90201
(323) 583-6333
*Languages: German, Spanish,
Vietnamese*

General Practice

BUSTOS, ADELAIDA, MD ☎

ID No. 100087122073
7862 FIRESTONE BLVD
Downey, CA 90241
(562) 869-7007
Languages: Spanish, Tagalog

CHHAY, HOR, MD ☎

ID No. 100036706018
2148 E Anaheim St
Long Beach, CA 90804
(562) 218-4298

DIAZ, JOSE, MD ☎

ID No. 100106181043
5985 FLORENCE AVE # O
BELL GARDENS, CA 90201
(562) 381-2235

GOMEZ, ESTEBAN, MD ☎

ID No. 100068319004
5101 FLORENCE AVE STE 7
Bell, CA 90201
(323) 562-1217
Languages: Spanish

KASHANI, DARYOUSH, MD ☎

ID No. 100076327037
500 W WILLOW ST # 101
LONG BEACH, CA 90806
(562) 427-1700
*Languages: Faroese, Farsi,
Spanish*
Teleservice

KHOURY, NABIL, MD ☎

ID No. 100102905015
14906 PARAMOUNT BLVD
Paramount, CA 90723
(562) 630-1991
*Languages: Arabic, French,
Hebrew*

PRIETO, JOSE, MD ☎

ID No. 100084038010
4566 FLORENCE AVE STE 2
Bell, CA 90201
(323) 582-7186
Languages: Spanish

WANG, ROGER, MD ☎

ID No. 100012781059
1403 LOMITA BLVD # 307
Harbor City, CA 90710
(562) 599-2248
*Languages: Chinese, Mandarin,
Spanish*

**ZAPANTA-NOVERO,
YOLANDA, MD** ☎

ID No. 100060447022
15717 Paramount Blvd
PARAMOUNT, CA 90723
(562) 531-2231
Teleservice

Internal Medicine

ADAMS, JOHN, DO ☎

ID No. 100025486022
2777 PACIFIC AVE
Long Beach, CA 90806
(562) 426-6571
Languages: Spanish
Teleservice

* Indicates accepting current patients only.
* Indica que el médico acepta únicamente pacientes actuales.

PRIMARY CARE ASSOC OF CALIF, continued/continuación

PCPs/Médicos de atención primaria (PCP)

DAVARI, SHAHRYAR, MD

ID No. 100230315016
3650 SOUTH ST # 208
LAKEWOOD, CA 90712
(562) 922-2020
Languages: Farsi

DE LA LOZA, DAVID, MD

ID No. 100088867025
6301 GREENLEAF AVE
WHITTIER, CA 90601
(562) 693-9880
Languages: Spanish

JALIL, MARIAN, MD

ID No. 100063468013
14350 WHITTIER BLVD STE
200
Whittier, CA 90605
(562) 945-7671
Languages: Arabic, Spanish

MONTES, JUAN, MD

ID No. 100078246056
11822 FLORAL DR
Whittier, CA 90601
(562) 908-4355
*Languages: Hindi, Mandarin,
Spanish*

NGA, VISAL, DO

ID No. 100150656044
1269 E ANAHEIM ST
Long Beach, CA 90813
(562) 599-5300
*Languages: Cambodian, Khmer,
Spanish*

PATEL, SHIRISH, MD

ID No. 100027543027
5220 CLARK AVE STE 125
Lakewood, CA 90712
(562) 925-7401
*Languages: Gujarati, Hindi,
Spanish*

RUBIN, JACK, MD

ID No. 100049794063
1045 ATLANTIC AVE STE 915
Long Beach, CA 90813
(562) 901-3260
*Languages: French, Spanish,
Tagalog*

SHARAFI, REZA, MD

ID No. 100187620025
11544 Downey Ave
DOWNEY, CA 90241
(562) 922-2020
*Languages: Faroese, Farsi,
Spanish*

SHARAFI, REZA, MD

ID No. 100187620026
3650 SOUTH ST # 208
Lakewood, CA 90712
(562) 922-2020
*Languages: Faroese, Farsi,
Spanish*

SIMAN, HOMAN, MD

ID No. 100111988015
1231 N AVALON BLVD
Wilmington, CA 90744
(310) 835-5000
*Languages: Faroese, Farsi,
Spanish
Teleservice*

VICTORIA, RAFAELITO, MD


ID No. 100069827014
10230 ARTESIA BLVD STE 102
Bellflower, CA 90706
(562) 866-1764
Languages: Tagalog

YANG, AMANDA, DO

ID No. 100365944012
1066 ATLANTIC AVE # B
Long Beach, CA 90813
(562) 528-8447
Languages: Mandarin

ZAMBRANO, OSCAR, MD

ID No. 100007264026
6513 Atlantic Ave
BELL, CA 90201
(323) 581-1649
*Languages: Italian, Spanish
Teleservice*

ZAPATA, MARTIN, DO

ID No. 100096640032
11865 Firestone Blvd
Norwalk, CA 90650
(562) 806-1214
*Languages: Spanish
Teleservice*

ZARRABI, MANOOCHER, MD

ID No. 100052147031
4827 GAGE AVE
Bell, CA 90201
(323) 773-3000
*Languages: Farsi, Fataleka,
Spanish*

=LeapFrog

=Female/Mujer =Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.
/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

PRIMARY CARE ASSOC OF CALIF, continued/continuación
Specialty Physicians/Médicos especialistas

Specialty
Physicians/Médicos
especialistas

Anesthesiology Pain Management

EL-KHOURY, GEORGE, MD
Long Beach, CA

Cardiology

JAFARI, ALIREZA, MD
Whittier, CA

PARKS, RICHARD, MD
Whittier, CA*
Contract Term. as of 10/31/2022

RIZI, H ROGER, MD
Long Beach, CA

ZAMBRANO, OSCAR, MD
Bell, CA - Teleservice

Dermatology

CASTRO, MICHAEL, MD
Lakewood, CA

KING, DON, MD
Whittier, CA

Family Practice

TRAN, ALEX, MD
Norwalk, CA*
Whittier, CA - Teleservice

Gastroenterology

PANTOJA, JOSE, MD
Lakewood, CA

SIMMONS, TIMOTHY, MD
Long Beach, CA

Saliminejad, Mehrdad, MD
Lakewood, CA

UEKI, BARTON, MD
Lakewood, CA

Hepatology

JAVADI, FARIBA, MD
Lakewood, CA

Internal Medicine

IVATURI, KAUSHIK, MD
Long Beach, CA

JALIL, MARIAN, MD
Whittier, CA

LIN, GRACE, MD
Whittier, CA
Whittier, CA

NASSER-MOADDELI, SHAHRIARE, MD
Whittier, CA

SRINIVASAN, RAMACHANDRAN, MD
Downey, CA

Nephrology

BOROUJERDI-RAD, HASSAN, MD
Whittier, CA

DARWISH, RIAD, MD
Whittier, CA

DASWANI, ADARSH, MD
Lakewood, CA

HUANG, KEVIN, MD
Whittier, CA

IMPARATO, JENNIFER, DO
Whittier, CA

Kin, Kevin, DO
Lakewood, CA

LEE, TAE, MD
Lakewood, CA

MEHTA, ARVIND, MD
Long Beach, CA

RUBIN, JACK, MD
Long Beach, CA

VIDHUN, JAYAKUMAR, MD
Whittier, CA
Whittier, CA

Neurology

HIJAZIN, MUNTHERR, MD
Downey, CA

Obstetrics / Gynecology

AL AZAWI, HAIFA, MD
Paramount, CA

DELAROSA, JOSE, MD
Paramount, CA

Ophthalmology

BOECKMANN, JESSICA, MD
Downey, CA
Long Beach, CA

BROWN, BRIAN, MD
Downey, CA

CLAY, EMMA, MD
Lakewood, CA

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

PRIMARY CARE ASSOC OF CALIF, continued/continuación

Specialty Physicians/Médicos especialistas

GASPERINI, JULIE, MD
Long Beach, CA

HARTMAN, CARL, MD
Lakewood, CA

KNIGHT, DARREN, MD
Downey, CA
Long Beach, CA

Katsman, Diana, MD
Whittier, CA

LOGAN, DWAYNE, MD
Long Beach, CA
San Pedro, CA

NG, CALEB, MD
Whittier, CA

Nguyen, Huy, MD
Whittier, CA

Nhu, Thuc-Trinh, MD
Lakewood, CA

PASQUALI, LARRY, MD
Lakewood, CA

Savetsky, Michael, MD
Whittier, CA

VERMA, ROHAN, MD
Whittier, CA

WEINMAN, TAY, MD
San Pedro, CA

Optometrist

DANG, JENNIFER, OD
Downey, CA
Long Beach, CA

DIEP, KAREN, OD
Downey, CA
Long Beach, CA

Duran, Jessica, OD
Downey, CA

Hamouie, Judy, OD
San Pedro, CA

Lee, Jennifer, OD
Long Beach, CA

Lei, Sharon, OD
Downey, CA
Long Beach, CA

NGUYEN, MEGGIE, OD
Downey, CA
Long Beach, CA
San Pedro, CA

PETERS, RICHARD, OD
Wilmington, CA

Phan, Mimi, OD
Downey, CA
Long Beach, CA

SCOTT, JEFFREY, OD
Downey, CA
San Pedro, CA

Tu, Beverly, OD
San Pedro, CA

Otolaryngology / Otology / Laryngology / Rhinology

AYOUB, ELIAS, MD
Lakewood, CA

CHIU, SHIN, MD
Downey, CA

Podiatrist

CHOV, HOEUNG, DPM
Downey, CA

FOLEY, VICTORIA, DPM
Long Beach, CA

HASSAN, MOHAMMED, DPM
Bellflower, CA
Whittier, CA

HODOR, LAWRENCE, DPM
Lakewood, CA

MCGAVIC, MICHAEL, DPM
Norwalk, CA

**ORNELAS, CONSTANCE,
DPM**
Long Beach, CA

Psychiatry

JENKINS, RICK, MD
Long Beach, CA

SHULMAN, KARINA, MD
Downey, CA

Pulmonary Diseases

GELB, ARTHUR, MD
Lakewood, CA

**SHAKKOTTAI,
PADMANABHA, MD**
Lakewood, CA

Rheumatology

ANUNTIYO, JEREMY, MD
Lakewood, CA

GELFAND, GILBERT, MD
Whittier, CA

Ⓐ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

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JOSE, DONNA, MD
Whittier, CA

STICKELMAIER, IVETTE, MD
Lakewood, CA

Surgery Cardiovascular

KONECNY, JIRI, DO
Long Beach, CA

Surgery General

MURRAY, JAMES, MD
Long Beach, CA

Surgery Orthopedic

COMBS, CHRISTOPHER, MD
Lakewood, CA

DELMAN, ALLAN, MD
San Pedro, CA

ELIAS, RAMY, MD
Lakewood, CA

MASHOOF, AFSHIN, MD
Cerritos, CA

WASSEF, EZZAT, MD
Lakewood, CA

Urology

ABEDI, GAREN, MD
City Industry, CA
Downey, CA

ASKARI, ASGHAR, MD
San Pedro, CA

BANAPOUR, POOYA, MD
Whittier, CA

LAI, JASON, MD
Whittier, CA

NOWFAR, SEPEHR, MD
Downey, CA

PERLEY, JONATHAN, MD
Lakewood, CA

PERLEY, JULES, MD
Lakewood, CA
Long Beach, CA

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PRUDENT MEDICAL GRP

Specialty Physicians/Médicos especialistas

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

Specialty

Physicians/Médicos especialistas

Pediatric Cardiology

HO, JOHN, MD

Downey, CA
Long Beach, CA

Registered Dietitian / Nutritionist

Giertych, Samantha, RD

Whittier, CA

Herman, Jody, RD

Whittier, CA

Surgery Thoracic

STEIN, ALEXANDER, MD

Long Beach, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

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PCPs/Médicos de atención primaria (PCP)

Family Practice

CHAHBOUNI, AMINE, DO

ID No. 100175464036
15625 Imperial Hwy
La Mirada, CA 90638
(562) 902-3000

Languages: Arabic, French, Spanish

DALPRAT, JOSE, DO

ID No. 100187189041
15625 Imperial Hwy
La Mirada, CA 90638
(562) 902-3000

Languages: Portuguese, Spanish

HANAMSAGAR, SEEMA, MD



ID No. 100114040095
3816 WOODRUFF AVE # 406
LONG BEACH, CA 90808
(562) 421-7292

Languages: Hindi, Marathi

LUM, MARCUS, MD

ID No. 100100282031
15625 IMPERIAL HWY
La Mirada, CA 90638
(562) 902-3000

ROSSINI, JOE, DO

ID No. 100077233051
9209 COLIMA RD # 440
WHITTIER, CA 90605
(714) 888-3628

Languages: Spanish

RUBALCAVA, RAFAEL, MD



ID No. 100087553027
15625 IMPERIAL HWY
La Mirada, CA 90638
(562) 902-3000

Languages: Spanish

Rizkalla, Mirna, MD

ID No. 100353503017
3650 SOUTH ST # 404
LAKEWOOD, CA 90712
(562) 232-3910

SHEPPARD, JAMES, DO

ID No. 100232942078
8706 IMPERIAL HWY
Downey, CA 90242
(562) 746-0051

Languages: Spanish

SHEPPARD, JAMES, DO

ID No. 100232942088
5979 Atlantic Ave
Long Beach, CA 90805
(562) 423-0421

Languages: Spanish

Internal Medicine

WINN, HENRY, MD

ID No. 100093502029
15651 IMPERIAL HWY # 102B
LA MIRADA, CA 90638
(562) 947-9591

Languages: French, Spanish, Vietnamese

Specialty Physicians/Médicos especialistas

Anesthesiology

BUSTOS, JERROLD, MD

Paramount, CA

Hematology / Oncology

Abdulla, Nihal, MD

Lakewood, CA

CHEUNG, ERIC, MD

Lakewood, CA

PHAN, VU, MD

Lakewood, CA

Nephrology

BUI, STEVE, MD

Paramount, CA

HERNANDEZ, NANCY, DO

Paramount, CA

IVATURI, KAUSHIK, MD

Long Beach, CA

PATEL, SAPNA, MD

Long Beach, CA

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

Prospect Gateway Medical Group, continued/continuación

Specialty Physicians/Médicos especialistas

Tran, Ngoc-Tram, DO

Long Beach, CA

Ophthalmology

BOECKMANN, JESSICA, MD

Long Beach, CA

CULOTTA, ANTHONY, MD

Long Beach, CA

DAVIS, MICHAEL, MD

Downey, CA

GRANT-ACQUAH, KWEKU, MD

Long Beach, CA

Renner, Morgan, MD

Long Beach, CA

SUK, KEVIN, MD

Downey, CA

Physical Medicine / Rehabilitation

MINKOFF, EVAN, DO

Paramount, CA

Podiatrist

KANDA, ANJALA, DPM

Downey, CA

Surgery General

BAUMGARTNER, FRITZ, MD

Long Beach, CA

Surgery Neurological

OH, BRYAN, MD

Lakewood, CA

Surgery Orthopedic

CORTES, ZENIA, MD

La Mirada, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

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♀=Female/Mujer ♂=Male/Hombre

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PCPs/Médicos de atención primaria (PCP)

Family Practice

CHAHBOUNI, AMINE, DO [®]

ID No. 100175464037
15625 Imperial Hwy
La Mirada, CA 90638
(562) 902-3000

Languages: Arabic, French, Spanish

CHANG, ERIC, MD ^{®*}

ID No. 100078469004
4856 BELLFLOWER BLVD
Lakewood, CA 90713
(562) 425-1205

Languages: German

DALPRAT, JOSE, DO [®]

ID No. 100187189039
15625 Imperial Hwy
La Mirada, CA 90638
(562) 902-3000

Languages: Portuguese, Spanish

DIX, KAREN, MD [®]

ID No. 100038621075
911 E SAN ANTONIO DR # 1
LONG BEACH, CA 90807
(562) 728-8700

Ehum, John, MD [®]

ID No. 100314927011
18331 GRIDLEY RD # A
CERRITOS, CA 90703
(562) 865-3738

Languages: Korean

HANAMSAGAR, SEEMA, MD

[®]

ID No. 100114040096
3816 WOODRUFF AVE # 406
LONG BEACH, CA 90808
(562) 421-7292

Languages: Hindi, Marathi

LUM, MARCUS, MD [®]

ID No. 100100282026
15625 IMPERIAL HWY
La Mirada, CA 90638
(562) 902-3000

NUGAS, ALICIA, MD [®]

ID No. 100054868021
22408 NORWALK BLVD
Hawaiian Gardens, CA 90716
(562) 421-2188

ROSSINI, JOE, DO [®]

ID No. 100077233052
9209 COLIMA RD # 440
WHITTIER, CA 90605
(714) 888-3628

Languages: Spanish

RUBALCAVA, RAFAEL, MD

[®]

ID No. 100087553029
15625 IMPERIAL HWY
La Mirada, CA 90638
(562) 902-3000

Languages: Spanish

Rizkalla, Mirna, MD [®]

ID No. 100353503016
3650 SOUTH ST # 404
LAKEWOOD, CA 90712
(562) 232-3910

SHEPPARD, JAMES, DO [®]

ID No. 100232942138
8706 IMPERIAL HWY
Downey, CA 90242
(562) 746-0051

Languages: Spanish

SHEPPARD, JAMES, DO [®]

ID No. 100232942140
5979 Atlantic Ave
Long Beach, CA 90805
(562) 423-0421

Languages: Spanish

Internal Medicine

BOROUJERDI-RAD, HASSAN, MD ^{®*}

ID No. 100104057044
14350 WHITTIER BLVD STE 101
Whittier, CA 90605
(562) 907-7616

KANG, DENO, MD [®]

ID No. 100097156027
18102 PIONEER BLVD STE 204
Artesia, CA 90701
(562) 402-9801

Languages: Korean

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

Prospect Genesis Healthcare, continued/continuación

PCPs/Médicos de atención primaria (PCP)

PATEL, GNYANDEV, MD ♂

ID No. 100078689033

3300 E SOUTH ST STE 206

Lakewood, CA 90805

(562) 232-2380

Languages: Gujarati, Hindi

SALATINJANTS, AIDA, MD ♀

ID No. 100060463017

13132 STUDEBAKER RD STE 3

Norwalk, CA 90650

(562) 406-7070

Languages: Armenian, Russian, Spanish

WINN, HENRY, MD ♂

ID No. 100093502028

15651 IMPERIAL HWY # 102B

LA MIRADA, CA 90638

(562) 947-9591

Languages: French, Spanish, Vietnamese

Specialty

Physicians/Médicos especialistas

Hematology / Oncology

Abdulla, Nihal, MD

Lakewood, CA

CHEUNG, ERIC, MD

Lakewood, CA

PHAN, VU, MD

Lakewood, CA

Neurology

ALLEN, AARON, MD

Lakewood, CA

Optometrist

GOLDSTONE, ALAN, OD

Long Beach, CA

GOLDSTONE, HARVEY, OD

Long Beach, CA

Podiatrist

KANDA, ANJALA, DPM

Downey, CA

Surgery Orthopedic

ASHLEY, EDWIN, MD

Lakewood, CA

Long Beach, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

♂=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

**Specialty
Physicians/Médicos
especialistas**

Surgery Orthopedic

DIZAY, HAILEY, DO

La Mirada, CA
Long Beach, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

**Proveedores de servicios de salud
mental**

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

* Indicates accepting current patients only.
* Indica que el médico acepta únicamente pacientes actuales.

Prospect Health Source Medical Group Inc

PCPs/Médicos de atención primaria (PCP)

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

Family Practice

AGUILUZ, JACQUELINE, DO

Ⓔ

ID No. 100040919121
21508 NORWALK BLVD
Hawaiian Gardens, CA 90716
(562) 865-5214
Teleservice

AGUILUZ, JACQUELINE, DO

Ⓔ

ID No. 100040919119
13330 BLOOMFIELD AVE STE 111
Norwalk, CA 90650
(562) 868-0733
Teleservice

Barlow, Ryan, DO

Ⓜ

ID No. 100296032098
11938 PARAMOUNT BLVD
Downey, CA 90242
(562) 923-6060
Teleservice

CHAHBOUNI, AMINE, DO

Ⓜ

ID No. 100175464043
15625 Imperial Hwy
La Mirada, CA 90638
(562) 902-3000
Languages: Arabic, French, Spanish

COATS, MELVIN, MD

Ⓜ

ID No. 100072311022
9209 COLIMA RD # 2000B
WHITTIER, CA 90605
(562) 236-2290

CRUZ, LUCITA, MD

Ⓔ

ID No. 100093627037
12507 ALONDRA BLVD
Norwalk, CA 90650
(562) 802-2203

DALPRAT, JOSE, DO

Ⓜ

ID No. 100187189046
15625 Imperial Hwy
La Mirada, CA 90638
(562) 902-3000
Languages: Portuguese, Spanish

DIX, KAREN, MD

Ⓔ

ID No. 100038621080
911 E SAN ANTONIO DR # 1
LONG BEACH, CA 90807
(562) 728-8700

ELACION, JOSE-MARI, MD

Ⓜ

ID No. 100052060081
3650 SOUTH ST # 412
LAKEWOOD, CA 90712
(562) 634-8001
Teleservice

Kim, Charles, MD

Ⓜ

ID No. 100323662073
1110 W ANAHEIM ST # 6
WILMINGTON, CA 90744
(310) 872-3560

LALEZARY, ARASH, MD

Ⓜ

ID No. 100108413032
7218 GARFIELD AVE
Bell Gardens, CA 90201
(562) 927-1111
Languages: Faroese, Farsi, French

LEE, STEPHEN, MD

Ⓜ

ID No. 100020508065
21508 NORWALK BLVD
Hawaiian Gardens, CA 90716
(562) 865-5214
Languages: Korean, Spanish

LEE, STEPHEN, MD

Ⓜ

ID No. 100020508063
13330 BLOOMFIELD AVE STE 111
Norwalk, CA 90650
(562) 868-0733
Languages: Korean, Spanish

LUM, MARCUS, MD

Ⓜ

ID No. 100100282039
15625 IMPERIAL HWY
La Mirada, CA 90638
(562) 902-3000

MANN, PARAMJOT, MD

Ⓔ

ID No. 100110491050
1703 TERMINO AVE # 207
LONG BEACH, CA 90804
(562) 817-5602

Ⓔ=LeapFrog

Ⓔ=Female/Mujer Ⓜ=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

RUBALCAVA, RAFAEL, MD



ID No. 100087553039
15625 IMPERIAL HWY
La Mirada, CA 90638
(562) 902-3000
Languages: Spanish

VAZQUEZ, CAROLINA, MD



ID No. 100068234022
6501 EASTERN AVE # A
BELL GARDENS, CA 90201
(323) 771-0145
Languages: Spanish

WINKLER, HEIDI, MD



ID No. 100060647043
10210 ORR AND DAY RD # A
SANTA FE SPRINGS, CA 90670
(562) 864-4000
Languages: Spanish

General Practice

BAI, EUNG, MD



ID No. 100015977032
12017 ROSECRANS AVE
Norwalk, CA 90650
(562) 868-2027
Languages: Korean

GOVIND, SHOBHA, MD



ID No. 100049162034
3650 SOUTH ST STE 103
Lakewood, CA 90712
(562) 531-8110

SADIGHI, SAEID, MD



ID No. 100026409044
11702 IMPERIAL HWY STE 110
Norwalk, CA 90650
(562) 406-8655
Languages: Farsi, Spanish

Internal Medicine

ADAMS, JOHN, DO



ID No. 100025486131
1360 E ANAHEIM ST # 101
LONG BEACH, CA 90813
(562) 270-0324
Languages: Spanish

DOBALIAN, DEREK, MD



ID No. 100007994027
3816 WOODRUFF AVE STE 307
Long Beach, CA 90808
(562) 420-7670
Languages: Spanish

HSU, DIANA, MD



ID No. 100083052048
12651 Lakewood Blvd
Downey, CA 90242
(562) 861-3111
Languages: Mandarin, Spanish

HSU, GOETHE, MD



ID No. 100079668046
12651 LAKEWOOD BLVD
Downey, CA 90242
(562) 861-3111
Languages: Mandarin, Spanish, Tagalog

Javdan, Ron, MD



ID No. 100216791172
920 LONG BEACH BLVD # 1
LONG BEACH, CA 90813
(323) 732-0100
Languages: Farsi

Javdan, Ron, MD



ID No. 100216791170
1126 E SOUTH ST
LONG BEACH, CA 90805
(562) 984-9200
Languages: Farsi

LICUANAN, JESSE, MD



ID No. 100032648073
3300 E SOUTH ST STE 205
Lakewood, CA 90805
(562) 531-0377
Languages: Spanish, Tagalog

MONTES, JUAN, MD



ID No. 100078246186
11822 FLORAL DR
Whittier, CA 90601
(562) 908-4355
Languages: Hindi, Mandarin, Spanish

PATEL, GNYANDEV, MD



ID No. 100078689064
3300 E SOUTH ST STE 206
Lakewood, CA 90805
(562) 232-2380
Languages: Gujarati, Hindi

ROUZROCH, SIAMAK, MD



ID No. 100110083063
1703 TERMINO AVE STE 107
Long Beach, CA 90804
(562) 494-8008
Languages: Farsi, German, Spanish

WINN, HENRY, MD



ID No. 100093502043
15651 IMPERIAL HWY # 102B
LA MIRADA, CA 90638
(562) 947-9591
Languages: French, Spanish, Vietnamese

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

Prospect Health Source Medical Group Inc, continued/continuación

PCPs/Médicos de atención primaria (PCP)

ZAPATA, MARTIN, DO ♂

ID No. 100096640048

11865 Firestone Blvd

Norwalk, CA 90650

(562) 806-1214

Languages: Spanish

Teleservice

Specialty

Physicians/Médicos especialistas

Gastroenterology

ANYADIKE, CYRIL, MD

Long Beach, CA

Hematology / Oncology

FREIMANN, JACK, MD

Whittier, CA

GOLSHANI, GOL, MD

Lakewood, CA - Teleservice

Marathe, Omkar, MD

Lakewood, CA - Teleservice

Morrison, David, MD

Downey, CA

Lakewood, CA

SHUM, MERRILL, MD

Whittier, CA

Obstetrics / Gynecology

KENT, DOLORES, MD

Bellflower, CA

Surgery Thoracic

STEIN, ALEXANDER, MD

Long Beach, CA

Urology

AYNEHCHI, SHAHRAD, MD

Downey, CA

Whittier, CA

NOWFAR, SEPEHR, MD

Downey, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

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Urgent Care Centers

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Centros de atención urgente

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Specialty
Physicians/Médicos
especialistas

Gastroenterology

FAN, ROBERT, MD
Long Beach, CA

OJURI, ADEBAMBO, MD
Long Beach, CA

SIMMONS, TIMOTHY, MD
Long Beach, CA

Ophthalmology

CULOTTA, ANTHONY, MD
Long Beach, CA

Podiatrist

BOYKINS, STEPHEN, DPM
Downey, CA

Radiation Oncology

Chung, Arthur, MD
Long Beach, CA

LAWRENSON, LESLEY, MD
Long Beach, CA

MERLO, CLIFFORD, MD
Long Beach, CA

Surgery Orthopedic

CHEUNG, SUNNY, MD
Long Beach, CA

Le, Vu, MD
Long Beach, CA
Long Beach, CA

ROWSHAN, KASRA, MD
Long Beach, CA
Long Beach, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

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Prospect IE SB

Specialty Physicians/Médicos especialistas

Urgent Care Centers

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Centros de atención urgente

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Specialty Physicians/Médicos especialistas

Gastroenterology

FAN, ROBERT, MD
Long Beach, CA

OJURI, ADEBAMBO, MD
Long Beach, CA

Internal Medicine

Alasil, Tarek, MD
Downey, CA

Ophthalmology

CULOTTA, ANTHONY, MD
Long Beach, CA

Pediatric Cardiology

HO, JOHN, MD
Downey, CA

Podiatrist

BOYKINS, STEPHEN, DPM
Downey, CA

Radiation Oncology

Chung, Arthur, MD
Long Beach, CA

Surgery Orthopedic

CHEUNG, SUNNY, MD
Long Beach, CA

Le, Vu, MD
Long Beach, CA
Long Beach, CA

ROWSHAN, KASRA, MD
Long Beach, CA
Long Beach, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

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Urgent Care Centers

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Centros de atención urgente

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PCPs/Médicos de atención primaria (PCP)

Family Practice

AGUILUZ, JACQUELINE, DO



ID No. 100040919120
21508 NORWALK BLVD
Hawaiian Gardens, CA 90716
(562) 865-5214
Teleservice

AGUILUZ, JACQUELINE, DO



ID No. 100040919118
13330 BLOOMFIELD AVE STE 111
Norwalk, CA 90650
(562) 868-0733
Teleservice

Barlow, Ryan, DO

ID No. 100296032074
11938 PARAMOUNT BLVD
Downey, CA 90242
(562) 923-6060
Teleservice

CHAHBOUNI, AMINE, DO



ID No. 100175464014
15625 Imperial Hwy
La Mirada, CA 90638
(562) 902-3000
Languages: Arabic, French, Spanish

COATS, MELVIN, MD



ID No. 100072311012
9209 COLIMA RD # 2000B
WHITTIER, CA 90605
(562) 236-2290

CRUZ, LUCITA, MD



ID No. 100093627016
12507 ALONDRA BLVD
Norwalk, CA 90650
(562) 802-2203

DALPRAT, JOSE, DO



ID No. 100187189038
15625 Imperial Hwy
La Mirada, CA 90638
(562) 902-3000
Languages: Portuguese, Spanish

DIX, KAREN, MD



ID No. 100038621074
911 E SAN ANTONIO DR # 1
LONG BEACH, CA 90807
(562) 728-8700

ELACION, JOSE-MARI, MD



ID No. 100052060060
3650 SOUTH ST # 412
LAKEWOOD, CA 90712
(562) 634-8001
Teleservice

Ehum, John, MD



ID No. 100314927017
18331 GRIDLEY RD # A
CERRITOS, CA 90703
(562) 865-3738
Languages: Korean

GLOR, RITA, DO



ID No. 100095905027
11903 DOWNEY AVE
Downey, CA 90242
(562) 869-1121
Languages: Arabic

HANAMSAGAR, SEEMA, MD



ID No. 100114040097
3816 WOODRUFF AVE # 406
LONG BEACH, CA 90808
(562) 421-7292
Languages: Hindi, Marathi

Kim, Charles, MD



ID No. 100323662058
1110 W ANAHEIM ST # 6
WILMINGTON, CA 90744
(310) 872-3560

LEE, STEPHEN, MD



ID No. 100020508055
21508 NORWALK BLVD
Hawaiian Gardens, CA 90716
(562) 865-5214
Languages: Korean, Spanish

LEE, STEPHEN, MD



ID No. 100020508064
13330 BLOOMFIELD AVE STE 111
Norwalk, CA 90650
(562) 868-0733
Languages: Korean, Spanish

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

Prospect Med Group Orange, continued/continuación

PCPs/Médicos de atención primaria (PCP)

LUM, MARCUS, MD Ⓜ

ID No. 100100282025
15625 IMPERIAL HWY
La Mirada, CA 90638
(562) 902-3000

MERCER, PAUL, MD Ⓜ

ID No. 100009246048
9209 COLIMA RD # 4400
WHITTIER, CA 90605
(562) 264-4297
Languages: Spanish
Teleservice

ROSSINI, JOE, DO Ⓜ

ID No. 100077233069
9209 COLIMA RD # 440
WHITTIER, CA 90605
(714) 888-3628
Languages: Spanish

RUBALCAVA, RAFAEL, MD

Ⓜ
ID No. 100087553030
15625 IMPERIAL HWY
La Mirada, CA 90638
(562) 902-3000
Languages: Spanish

RUBINSON, WILLIAM, MD Ⓜ

ID No. 100036140096
8500 FLORENCE AVE # 101
Downey, CA 90240
(562) 923-6060
Languages: Farsi, Gujarati, Hebrew

RUBINSON, WILLIAM, MD Ⓜ

ID No. 100036140259
11938 Paramount Blvd
Downey, CA 90242
(562) 923-6060
Languages: Farsi, Gujarati, Hebrew

RUBINSON, WILLIAM, MD Ⓜ

ID No. 100036140055
3300 E SOUTH ST # 209
LAKEWOOD, CA 90805
(562) 923-6601
Languages: Farsi, Gujarati, Hebrew

Rizkalla, Mirna, MD Ⓢ

ID No. 100353503015
3650 SOUTH ST # 404
LAKEWOOD, CA 90712
(562) 232-3910

SADRI, MOHAMMAD, DO Ⓜ

ID No. 100162457095
13132 STUDEBAKER RD # A
NORWALK, CA 90650
(818) 634-6328

SHEPPARD, JAMES, DO Ⓜ

ID No. 100232942085
8706 IMPERIAL HWY
Downey, CA 90242
(562) 746-0051
Languages: Spanish

SHEPPARD, JAMES, DO Ⓜ

ID No. 100232942097
5979 Atlantic Ave
Long Beach, CA 90805
(562) 423-0421
Languages: Spanish

General Practice

BAI, EUNG, MD Ⓜ

ID No. 100015977017
12017 ROSECRANS AVE
Norwalk, CA 90650
(562) 868-2027
Languages: Korean

FEYGIN, POLINA, MD Ⓜ

ID No. 100027762092
1110 W ANAHEIM ST STE 6
Wilmington, CA 90744
(310) 221-8532
Languages: Russian
Teleservice

MUNGCAL, HENRICO, MD Ⓜ

ID No. 100078123013
1937 PACIFIC AVE
Long Beach, CA 90806
(562) 591-7302
Languages: Spanish, Tagalog
Teleservice

SADIGHI, SAEID, MD Ⓜ

ID No. 100026409041
11702 IMPERIAL HWY STE 110
Norwalk, CA 90650
(562) 406-8655
Languages: Farsi, Spanish

SHARMA, CHANDER, MD Ⓜ

ID No. 100036384048
16415 COLORADO AVE STE 304
Paramount, CA 90723
(562) 531-4171
Languages: Hindi

SHEK, DAVID, MD Ⓜ

ID No. 100045699065
11803 CARSON ST
HAWAIIAN GARDENS, CA 90716
(562) 924-4455
Languages: Cantonese, Chinese, Mandarin

Ⓜ=LeapFrog

Ⓢ=Female/Mujer Ⓜ=Male/Hombre

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Prospect Med Group Orange, continued/continuación
PCPs/Médicos de atención primaria (PCP)

Internal Medicine

ADAMS, JOHN, DO

ID No. 100025486054
1360 E ANAHEIM ST # 101
LONG BEACH, CA 90813
(562) 270-0324

Languages: Spanish

AHN, WOO, MD

ID No. 100101167012
20145 PIONEER BLVD
Lakewood, CA 90715
(562) 916-5020

Languages: Korean

BHANSALI, NEHA, MD

ID No. 100053018061
3300 E SOUTH ST STE 205
Lakewood, CA 90805
(562) 531-0377

Languages: Gujarati, Hindi, Spanish

CHE, KI, MD

ID No. 100096322010
12506 SOUTH ST
Cerritos, CA 90703
(562) 809-0142

Languages: Korean

CHODE, PRASAD, MD

ID No. 100068754015
8255 FIRESTONE BLVD # 501
DOWNEY, CA 90241
(562) 319-2085

Languages: Telugu

DOBALIAN, DEREK, MD

ID No. 100007994010
3816 WOODRUFF AVE STE 307
Long Beach, CA 90808
(562) 420-7670

Languages: Spanish

DO, KHAI, MD

ID No. 100000064061
1936 E ANAHEIM ST
Long Beach, CA 90813
(562) 591-8982
Languages: French, Vietnamese

HABIB, SHEHNAZ, MD

ID No. 100083641050
8540 ALONDRA BLVD STE B2
Paramount, CA 90723
(562) 602-2508
Languages: Gujarati, Hindi, Spanish

HSU, DIANA, MD

ID No. 100083052028
12651 Lakewood Blvd
Downey, CA 90242
(562) 861-3111
Languages: Mandarin, Spanish

JACKSON, ROZALIE, MD *

ID No. 100059694040
1777 N BELLFLOWER BLVD # 210
LONG BEACH, CA 90815
(562) 986-1450
Languages: Spanish
Contract terminated as of 10/31/2022

JELEN, BETTY, MD

ID No. 100097820111
16444 PARAMOUNT BLVD # 103
PARAMOUNT, CA 90723
(323) 980-9600
Languages: Spanish

KANG, DENO, MD

ID No. 100097156062
18102 PIONEER BLVD STE 204
Artesia, CA 90701
(562) 402-9801
Languages: Korean

LICUANAN, JESSE, MD

ID No. 100032648030
3300 E SOUTH ST STE 205
Lakewood, CA 90805
(562) 531-0377
Languages: Spanish, Tagalog

MILLER-DOBALIAN, CYNTHIA, MD

ID No. 100070657004
3816 WOODRUFF AVE STE 307
Long Beach, CA 90808
(562) 420-7670
Languages: Spanish

MONTES, JUAN, MD

ID No. 100078246090
11822 FLORAL DR
Whittier, CA 90601
(562) 908-4355
Languages: Hindi, Mandarin, Spanish

NGUYEN, ROBERT, MD

ID No. 100113325030
1936 E ANAHEIM ST
LONG BEACH, CA 90813
(951) 637-9999
Languages: Vietnamese

PATEL, GNYANDEV, MD

ID No. 100078689038
3300 E SOUTH ST STE 206
Lakewood, CA 90805
(562) 232-2380
Languages: Gujarati, Hindi

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

Prospect Med Group Orange, continued/continuación

PCPs/Médicos de atención primaria (PCP)

ROUZROCH, SIAMAK, MD ♂

ID No. 100110083034

1703 TERMINO AVE STE 107

Long Beach, CA 90804

(562) 494-8008

*Languages: Farsi, German,
Spanish*

WINN, HENRY, MD ♂

ID No. 100093502027

15651 IMPERIAL HWY # 102B

LA MIRADA, CA 90638

(562) 947-9591

*Languages: French, Spanish,
Vietnamese*

WONG, HANSON, MD ♂

ID No. 100100599043

10230 ARTESIA BLVD STE 201

Bellflower, CA 90706

(562) 804-7223

*Languages: Cantonese, Mandarin,
Spanish*

ZAPATA, MARTIN, DO ♂

ID No. 100096640037

11865 Firestone Blvd

Norwalk, CA 90650

(562) 806-1214

*Languages: Spanish
Teleservice*

Specialty

Physicians/Médicos especialistas

Anesthesiology Pain Management

BUSTOS, JERROLD, MD

Paramount, CA

Cardiovascular Disease

PATEL, NIMISH, MD

Whittier, CA

TAMBOLI, KAUSHAL, MD

Downey, CA

Certified Nurse Practitioner

Jones, Tyeshia, NP

Long Beach, CA

Chiropractor

URTEAGA, MANUEL, DC

Whittier, CA

Endocrinology Metabolism Diabetes

EITAN, NATHAN, MD

Whittier, CA

JELLEN, BETTY, MD

Paramount, CA

Family Practice

MANN, PARAMJOT, MD

Long Beach, CA

Gastroenterology

OJURI, ADEBAMBO, MD

Long Beach, CA

Hematology / Oncology

Abdulla, Nihal, MD

Lakewood, CA

CHEUNG, ERIC, MD

Lakewood, CA

FREIMANN, JACK, MD

Whittier, CA

Marathe, Omkar, MD

Lakewood, CA - Teleservice

Morrison, David, MD

Downey, CA

Lakewood, CA

PHAN, VU, MD

Lakewood, CA

SHUM, MERRILL, MD

Whittier, CA

Infectious Disease

DOO, BRYAN, MD

Whittier, CA

Nephrology

BOROUJERDI-RAD, HASSAN, MD

Whittier, CA

BUI, STEVE, MD

Paramount, CA

HERNANDEZ, NANCY, DO

Paramount, CA

IVATURI, KAUSHIK, MD

Long Beach, CA

PATEL, SAPNA, MD

Long Beach, CA

Tran, Ngoc-Tram, DO

Long Beach, CA

Obstetrics / Gynecology

DANESHGAR, KOUROSH, MD

Bellflower, CA

♂=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

KENT, DOLORES, MD
Bellflower, CA

NASSIR, ALBERT, MD
Bellflower, CA

NIETO, SANDRA, MD
Norwalk, CA

Ophthalmology

Alasil, Tarek, MD
Long Beach, CA
San Pedro, CA

CHANG, TOM, MD
San Pedro, CA

CULOTTA, ANTHONY, MD
Long Beach, CA

DAVIS, MICHAEL, MD
Downey, CA

GRANT-ACQUAH, KWEKU, MD
Long Beach, CA

KHANNA, SANDEEP, MD
Lakewood, CA

SUK, KEVIN, MD
Downey, CA

Optometrist

DUONG, HENRY, OD
Lakewood, CA

Gabrielyan, Zarine, OD
Downey, CA

NGUYEN, THY, OD
San Pedro, CA

Pediatric Cardiology

BURKE, LENNIS, MD
Downey, CA

BYRNE, FRANCESCA, MD
Long Beach, CA

***Physical Medicine /
Rehabilitation***

MINKOFF, EVAN, DO
Paramount, CA

Podiatrist

Bathae, Farshad, DPM
Long Beach, CA
Long Beach, CA

KANDA, ANJALA, DPM
Downey, CA

Rheumatology

DOSHI, DIPTI, MD
Cerritos, CA - Teleservice

Surgery General

HIFUMI, GLENN, MD
Bellflower, CA

NAIM, HOUSHMAND, MD
Wilmington, CA

Surgery Neurological

OH, BRYAN, MD
Lakewood, CA

Surgery Orthopedic

AHN, RICHARD, MD
Lakewood, CA
Long Beach, CA

CHEUNG, SUNNY, MD
Long Beach, CA
Long Beach, CA

CORTES, ZENIA, MD
La Mirada, CA

Le, Vu, MD
Long Beach, CA
Long Beach, CA

ROMERO, ANTONIO, MD
Bellflower, CA

ROWSHAN, KASRA, MD
Long Beach, CA
Long Beach, CA

Surgery Thoracic

STEIN, ALEXANDER, MD
Long Beach, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

Specialty
Physicians/Médicos
especialistas

Hematology / Oncology

FREIMANN, JACK, MD
Whittier, CA

Marathe, Omkar, MD
Lakewood, CA - Teleservice

Morrison, David, MD
Downey, CA
Lakewood, CA

SHUM, MERRILL, MD
Whittier, CA

Obstetrics / Gynecology

KENT, DOLORES, MD
Bellflower, CA

NASSIR, ALBERT, MD
Bellflower, CA

Optometrist

Gabrielyan, Zarine, OD
Downey, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.
/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

Family Practice

AGUILUZ, JACQUELINE, DO

Ⓢ
ID No. 100040919051
21508 NORWALK BLVD
Hawaiian Gardens, CA 90716
(562) 865-5214
Teleservice

AGUILUZ, JACQUELINE, DO

Ⓢ
ID No. 100040919049
13330 BLOOMFIELD AVE STE 111
Norwalk, CA 90650
(562) 868-0733
Teleservice

CHAHBOUNI, AMINE, DO Ⓜ

ID No. 100175464031
15625 Imperial Hwy
La Mirada, CA 90638
(562) 902-3000
Languages: Arabic, French, Spanish

DALPRAT, JOSE, DO Ⓜ

ID No. 100187189037
15625 Imperial Hwy
La Mirada, CA 90638
(562) 902-3000
Languages: Portuguese, Spanish

DIX, KAREN, MD Ⓢ

ID No. 100038621076
911 E SAN ANTONIO DR # 1
LONG BEACH, CA 90807
(562) 728-8700

Ehum, John, MD Ⓜ

ID No. 100314927006
18331 GRIDLEY RD # A
CERRITOS, CA 90703
(562) 865-3738
Languages: Korean

GLOR, RITA, DO Ⓢ

ID No. 100095905016
11903 DOWNEY AVE
Downey, CA 90242
(562) 869-1121
Languages: Arabic

HANAMSAGAR, SEEMA, MD

Ⓢ
ID No. 100114040098
3816 WOODRUFF AVE # 406
LONG BEACH, CA 90808
(562) 421-7292
Languages: Hindi, Marathi

HANAMSAGAR, SEEMA, MD

Ⓢ
ID No. 100114040033
3816 WOODRUFF AVE # 205
Long Beach, CA 90808
(562) 421-7292
Languages: Hindi, Marathi

LEE, STEPHEN, MD Ⓜ

ID No. 100020508035
21508 NORWALK BLVD
Hawaiian Gardens, CA 90716
(562) 865-5214
Languages: Korean, Spanish

LEE, STEPHEN, MD Ⓜ

ID No. 100020508037
13330 BLOOMFIELD AVE STE 111
Norwalk, CA 90650
(562) 868-0733
Languages: Korean, Spanish

LUM, MARCUS, MD Ⓜ

ID No. 100100282023
15625 IMPERIAL HWY
La Mirada, CA 90638
(562) 902-3000

MENDOZA, MANUEL, MD Ⓜ

ID No. 100047566029
16323 CLARK AVE
Bellflower, CA 90706
(562) 925-7716
Languages: Spanish, Tagalog

MENDOZA, MANUEL, MD Ⓜ

ID No. 100047566080
11735 Firestone Blvd
NORWALK, CA 90650
(562) 925-7716
Languages: Spanish, Tagalog

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

Prospect NWOC Medical Group Inc, continued/continuación

PCPs/Médicos de atención primaria (PCP)

RUBALCAVA, RAFAEL, MD



ID No. 100087553031
15625 IMPERIAL HWY
La Mirada, CA 90638
(562) 902-3000
Languages: Spanish

Rizkalla, Mirna, MD



ID No. 100353503014
3650 SOUTH ST # 404
LAKEWOOD, CA 90712
(562) 232-3910

URIBE, DANIEL, MD



ID No. 100062305045
13307 SAN ANTONIO DR
Norwalk, CA 90650
(562) 807-1877
Languages: Spanish

General Practice

AGUILUZ, AMABLE, MD



ID No. 100158992017
21500 PIONEER BLVD # 209
Hawaiian Gardens, CA 90716
(562) 860-2442
Languages: Spanish, Tagalog

SHEK, DAVID, MD



ID No. 100045699066
11803 CARSON ST
HAWAIIAN GARDENS, CA
90716
(562) 924-4455
*Languages: Cantonese, Chinese,
Mandarin*

Internal Medicine

ADAMS, JOHN, DO



ID No. 100025486071
1360 E ANAHEIM ST # 101
LONG BEACH, CA 90813
(562) 270-0324
Languages: Spanish

CHODE, PRASAD, MD



ID No. 100068754016
8255 FIRESTONE BLVD # 501
DOWNEY, CA 90241
(562) 319-2085
Languages: Telugu

KANG, DENO, MD



ID No. 100097156028
18102 PIONEER BLVD STE 204
Artesia, CA 90701
(562) 402-9801
Languages: Korean

LICUANAN, JESSE, MD



ID No. 100032648031
3300 E SOUTH ST STE 205
Lakewood, CA 90805
(562) 531-0377
Languages: Spanish, Tagalog

PATEL, GNYANDEV, MD



ID No. 100078689034
3300 E SOUTH ST STE 206
Lakewood, CA 90805
(562) 232-2380
Languages: Gujarati, Hindi

ROQUE, RONALDO, MD



ID No. 100033503039
1760 TERMINO AVE STE 104
Long Beach, CA 90804
(562) 494-8512
*Languages: French, Spanish,
Tagalog*

WINN, HENRY, MD



ID No. 100093502026
15651 IMPERIAL HWY # 102B
LA MIRADA, CA 90638
(562) 947-9591
*Languages: French, Spanish,
Vietnamese*

Specialty

Physicians/Médicos especialistas

Family Practice

MERCER, PAUL, MD

Whittier, CA - Teleservice

Hematology / Oncology

FREIMANN, JACK, MD

Whittier, CA

Marathe, Omkar, MD

Lakewood, CA - Teleservice

Morrison, David, MD

Downey, CA
Lakewood, CA

SHUM, MERRILL, MD

Whittier, CA

Nephrology

Fischman, Michael, MD

Lakewood, CA

Sekhon, Bikram, MD

Lakewood, CA

Neurology

ALLEN, AARON, MD

Long Beach, CA

♂=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

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HIJAZIN, MUNTHER, MD
Downey, CA

Obstetrics / Gynecology

PINCHES, JOHN, DO
Hawaiian Gardens, CA

Ophthalmology

BOECKMANN, JESSICA, MD
Long Beach, CA

CULOTTA, ANTHONY, MD
Long Beach, CA

DAVIS, MICHAEL, MD
Downey, CA

SUK, KEVIN, MD
Downey, CA

Optometrist

Gabrielyan, Zarine, OD
Downey, CA

Pediatric Cardiology

BURKE, LENNIS, MD
Downey, CA

Pediatric Endocrinology

BRAKIN, MARIO, MD
Long Beach, CA

Podiatrist

CHANG, KRISTINA, DPM
Downey, CA

KANDA, ANJALA, DPM
Downey, CA

Psychiatry

PRATTY, JAMES, MD
Cerritos, CA

Radiation Oncology

GATES, THOMAS, MD
Long Beach, CA

Rheumatology

MAEHARA, MICHAEL, MD
Downey, CA
Long Beach, CA

Surgery General

HASHISHO, MAZEN, MD
Bellflower, CA

NAIM, HOUSHMAND, MD
Wilmington, CA

Surgery Hand

WEIL, DAVID, MD
La Mirada, CA

Surgery Neurological

OH, BRYAN, MD
Lakewood, CA

Surgery Orthopedic

ASHLEY, EDWIN, MD
Long Beach, CA

KATZ, STANLEY, MD
Long Beach, CA

Urology

PERLEY, JONATHAN, MD
Lakewood, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

Prospect Professional Care Medical Group Inc

Affiliated Hospitals/Hospitales afiliados

Affiliated Hospitals/Hospitales afiliados

**WHITTIER HOSPITAL
MEDICAL CENTER** ①
9080 COLIMA RD
Whittier, CA 90605

Urgent Care Centers

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Centros de atención urgente

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PCPs/Médicos de atención primaria (PCP)

Family Practice

AGUILUZ, JACQUELINE, DO ①
②
ID No. 100040919052
21508 NORWALK BLVD
Hawaiian Gardens, CA 90716
(562) 865-5214
Teleservice

AGUILUZ, JACQUELINE, DO ②
③
ID No. 100040919050
13330 BLOOMFIELD AVE STE
111
Norwalk, CA 90650
(562) 868-0733
Teleservice

Barlow, Ryan, DO ④
ID No. 100296032075
11938 PARAMOUNT BLVD
Downey, CA 90242
(562) 923-6060
Teleservice

CHAHBOUNI, AMINE, DO ⑤
ID No. 100175464015
15625 Imperial Hwy
La Mirada, CA 90638
(562) 902-3000
*Languages: Arabic, French,
Spanish*

CHAUDHARY, VINITA, MD ⑥
ID No. 100099965028
3650 SOUTH ST STE 210
Lakewood, CA 90712
(562) 630-0910
Languages: Hindi

COATS, MELVIN, MD ⑦
ID No. 100072311013
9209 COLIMA RD # 2000B
WHITTIER, CA 90605
(562) 236-2290

DALPRAT, JOSE, DO ⑧
ID No. 100187189027
15625 Imperial Hwy
La Mirada, CA 90638
(562) 902-3000
Languages: Portuguese, Spanish

DIX, KAREN, MD ⑨
ID No. 100038621073
911 E SAN ANTONIO DR # 1
LONG BEACH, CA 90807
(562) 728-8700

ELACION, JOSE-MARI, MD
⑩*
ID No. 100052060078
3650 SOUTH ST # 412
LAKEWOOD, CA 90712
(562) 634-8001
Teleservice
Effective as of 12/1/2022

Also located at:

3650 SOUTH ST # 412
LAKEWOOD, CA 90712
(562) 634-8001
Teleservice

EPPELE, CLAUDIA, MD ⑪
ID No. 100111464027
3939 ATLANTIC AVE # 102
LONG BEACH, CA 90807
(855) 867-5551
*Languages: Spanish, Tagalog,
Urdu*

Ehum, John, MD ⑫
ID No. 100314927007
18331 GRIDLEY RD # A
CERRITOS, CA 90703
(562) 865-3738
Languages: Korean

GLOR, RITA, DO ⑬
ID No. 100095905028
11903 DOWNEY AVE
Downey, CA 90242
(562) 869-1121
Languages: Arabic

①=LeapFrog

②=Female/Mujer ③=Male/Hombre

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/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

HANAMSAGAR, SEEMA, MD



ID No. 100114040099
3816 WOODRUFF AVE # 406
LONG BEACH, CA 90808
(562) 421-7292
Languages: Hindi, Marathi

Kim, Charles, MD



ID No. 100323662060
1110 W ANAHEIM ST # 6
WILMINGTON, CA 90744
(310) 872-3560

LEE, STEPHEN, MD



ID No. 100020508036
21508 NORWALK BLVD
Hawaiian Gardens, CA 90716
(562) 865-5214
Languages: Korean, Spanish

LEE, STEPHEN, MD



ID No. 100020508038
13330 BLOOMFIELD AVE STE
111
Norwalk, CA 90650
(562) 868-0733
Languages: Korean, Spanish

LUM, MARCUS, MD



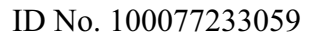
ID No. 100100282013
15625 IMPERIAL HWY
La Mirada, CA 90638
(562) 902-3000

MERCER, PAUL, MD



ID No. 100009246046
9209 COLIMA RD # 4400
WHITTIER, CA 90605
(562) 264-4297
Languages: Spanish
Teleservice

ROSSINI, JOE, DO



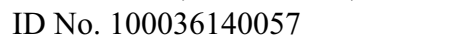
ID No. 100077233059
9209 COLIMA RD # 440
WHITTIER, CA 90605
(714) 888-3628
Languages: Spanish

RUBALCAVA, RAFAEL, MD



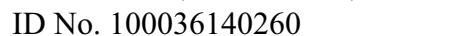
ID No. 100087553028
15625 IMPERIAL HWY
La Mirada, CA 90638
(562) 902-3000
Languages: Spanish

RUBINSON, WILLIAM, MD



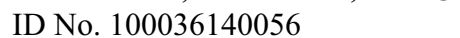
ID No. 100036140057
8500 FLORENCE AVE # 101
Downey, CA 90240
(562) 923-6060
*Languages: Farsi, Gujarati,
Hebrew*

RUBINSON, WILLIAM, MD



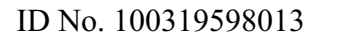
ID No. 100036140260
11938 Paramount Blvd
Downey, CA 90242
(562) 923-6060
*Languages: Farsi, Gujarati,
Hebrew*

RUBINSON, WILLIAM, MD



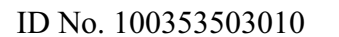
ID No. 100036140056
3300 E SOUTH ST # 209
LAKEWOOD, CA 90805
(562) 923-6601
*Languages: Farsi, Gujarati,
Hebrew*

Rezai, Damoun, MD



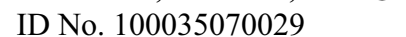
ID No. 100319598013
11843 Whittier Blvd
Whittier, CA 90601
(562) 325-5336
Languages: Farsi, Spanish

Rizkalla, Mirna, MD



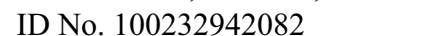
ID No. 100353503010
3650 SOUTH ST # 404
LAKEWOOD, CA 90712
(562) 232-3910

SAMAWI, ROGER, MD



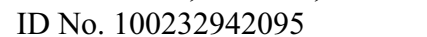
ID No. 100035070029
1045 ATLANTIC AVE STE 1019
Long Beach, CA 90813
(562) 901-9228
Languages: Arabic, Spanish

SHEPPARD, JAMES, DO



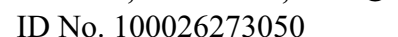
ID No. 100232942082
8706 IMPERIAL HWY
Downey, CA 90242
(562) 746-0051
Languages: Spanish

SHEPPARD, JAMES, DO



ID No. 100232942095
5979 Atlantic Ave
Long Beach, CA 90805
(562) 423-0421
Languages: Spanish

TYSON, YVONNE, MD



ID No. 100026273050
7643 ATLANTIC AVE
Cudahy, CA 90201
(323) 771-1713
Teleservice

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

Prospect Professional Care Medical Group Inc, continued/continuación

PCPs/Médicos de atención primaria (PCP)

TYSON, YVONNE, MD ⑥

ID No. 100026273051
3816 WOODRUFF AVE # 412
LONG BEACH, CA 90808
(562) 377-1111

URIBE, DANIEL, MD ⑥

ID No. 100062305044
13307 SAN ANTONIO DR
Norwalk, CA 90650
(562) 807-1877
Languages: Spanish

VAZQUEZ, CAROLINA, MD

⑥
ID No. 100068234015
6501 EASTERN AVE # A
BELL GARDENS, CA 90201
(323) 771-0145
Languages: Spanish

WINKLER, HEIDI, MD ⑥

ID No. 100060647038
10210 ORR AND DAY RD # A
SANTA FE SPRINGS, CA 90670
(562) 864-4000
Languages: Spanish

General Practice

AGUILUZ, AMABLE, MD ⑥

ID No. 100158992019
21500 PIONEER BLVD # 209
Hawaiian Gardens, CA 90716
(562) 860-2442
Languages: Spanish, Tagalog

BAI, EUNG, MD ⑥

ID No. 100015977013
12017 ROSECRANS AVE
Norwalk, CA 90650
(562) 868-2027
Languages: Korean

Chung, Beau, DO ⑥

ID No. 100346628011
15651 IMPERIAL HWY # 202
LA MIRADA, CA 90638
(562) 943-6761

DEVERA, EMMANUEL, MD ⑥

ID No. 100331452019
1760 TERMINO AVE # 116
Long Beach, CA 90804
(562) 597-8885
Teleservice

DEVERA, EMMANUEL, MD ⑥

ID No. 100331452016
1045 ATLANTIC AVE # 818
Long Beach, CA 90813
(562) 436-8117
Teleservice

FEYGIN, POLINA, MD ⑥

ID No. 100027762093
1110 W ANAHEIM ST STE 6
Wilmington, CA 90744
(310) 221-8532
Languages: Russian
Teleservice

GONZALES, FERNANDO, MD

⑥
ID No. 100054605015
12444 WASHINGTON BLVD
Whittier, CA 90602
(562) 698-0161
Languages: Spanish, Tagalog

MADRID, SANDRA, MD ⑥

ID No. 100072138006
12462 WASHINGTON BLVD
Whittier, CA 90602
(562) 693-0725
Languages: Spanish

MUNGCAL, HENRICO, MD ⑥

ID No. 100078123011
1937 PACIFIC AVE
Long Beach, CA 90806
(562) 591-7302
Languages: Spanish, Tagalog
Teleservice

OSIBAMIRO-SEDUN,

ADEBAMBO, MD ⑥

ID No. 100110903024
2637 E CARSON ST
Carson, CA 90810
(310) 847-1321
Languages: German, Russian, Spanish

SADIGHI, SAEID, MD ⑥

ID No. 100026409020
11702 IMPERIAL HWY STE 110
Norwalk, CA 90650
(562) 406-8655
Languages: Farsi, Spanish

SHARMA, CHANDER, MD ⑥

ID No. 100036384047
16415 COLORADO AVE STE 304
Paramount, CA 90723
(562) 531-4171
Languages: Hindi

Internal Medicine

ADAMS, JOHN, DO ⑥

ID No. 100025486056
1360 E ANAHEIM ST # 101
LONG BEACH, CA 90813
(562) 270-0324
Languages: Spanish

⑥=LeapFrog

⑥=Female/Mujer ⑥=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

AHN, WOO, MD

ID No. 100101167013
20145 PIONEER BLVD
Lakewood, CA 90715
(562) 916-5020
Languages: Korean

ARASTU, ANWAR, MD

ID No. 100081281015
12675 LA MIRADA BLVD STE
200
La Mirada, CA 90638
(562) 941-9853
Languages: Hindi, Urdu

BHANSALI, NEHA, MD

ID No. 100053018043
5865 E NAPLES PLZ
LONG BEACH, CA 90803
(562) 735-3800
*Languages: Gujarati, Hindi,
Spanish*

BHANSALI, NEHA, MD

ID No. 100053018033
3300 E SOUTH ST STE 205
Lakewood, CA 90805
(562) 531-0377
*Languages: Gujarati, Hindi,
Spanish*

**BOROUJERDI-RAD, HASSAN,
MD**

ID No. 100104057045
14350 WHITTIER BLVD STE
101
Whittier, CA 90605
(562) 907-7616

CHAUDHARY, ARCHNA, MD

ID No. 100109300069
4401 ATLANTIC AVE # 202
LONG BEACH, CA 90807
(562) 988-2777
Languages: Hindi, Tamil

CHODE, PRASAD, MD

ID No. 100068754017
8255 FIRESTONE BLVD # 501
DOWNEY, CA 90241
(562) 319-2085
Languages: Telugu

CLARK, DENNIS, MD

ID No. 100037035033
3816 WOODRUFF AVE STE 401
Long Beach, CA 90808
(562) 420-8679
Languages: French, Spanish

COMER, ROBERT, MD

ID No. 100063023012
3610 LONG BEACH BLVD # 102
Long Beach, CA 90807
(562) 595-7784
Languages: Spanish

DAVARI, SHAHRYAR, MD

ID No. 100230315017
3650 SOUTH ST # 208
LAKEWOOD, CA 90712
(562) 922-2020
Languages: Farsi

DEJONG, CLAYTON, MD

ID No. 100048317018
300 REDONDO AVE
Long Beach, CA 90814
(562) 433-7496

DELAROSA, PEDRO, MD

ID No. 100092868037
7643 ATLANTIC AVE
CUDAHY, CA 90201
(323) 771-1713
Languages: Spanish

DELAROSA, PEDRO, MD

ID No. 100092868029
3816 WOODRUFF AVE STE 412
Long Beach, CA 90808
(562) 377-1111
Languages: Spanish

DO, KHAI, MD

ID No. 100000064062
1936 E ANAHEIM ST
Long Beach, CA 90813
(562) 591-8982
Languages: French, Vietnamese

Dejong, Tyler, MD

ID No. 100318572019
300 Redondo Ave
Long Beach, CA 90814
(562) 433-7496
Languages: Spanish

FERRERA, PETER, MD

ID No. 100082463013
1045 ATLANTIC AVE STE 505
Long Beach, CA 90813
(562) 495-4952
Languages: German, Spanish

HASHEMI, ZIA, MD

ID No. 100081811013
4750 GAGE AVE
Bell, CA 90201
(323) 562-1100
Languages: Farsi, Spanish

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

Prospect Professional Care Medical Group Inc, continued/continuación

PCPs/Médicos de atención primaria (PCP)

HSU, DIANA, MD ⑥

ID No. 100083052025
12651 LAKEWOOD BLVD
Downey, CA 90242
(562) 861-3111

Languages: Mandarin, Spanish

HSU, GOETHE, MD ⑥

ID No. 100079668025
12651 LAKEWOOD BLVD
Downey, CA 90242
(562) 861-3111

*Languages: Mandarin, Spanish,
Tagalog*

JACKSON, ROZALIE, MD ⑥*

ID No. 100059694041
1777 N BELLFLOWER BLVD #
210
LONG BEACH, CA 90815
(562) 986-1450

Languages: Spanish

Contract terminated as of
10/31/2022

JALIL, MARIAN, MD ⑥

ID No. 100063468014
14350 WHITTIER BLVD STE
200
Whittier, CA 90605
(562) 945-7671

Languages: Arabic, Spanish

JELEN, BETTY, MD ⑥

ID No. 100097820108
16444 PARAMOUNT BLVD #
103
PARAMOUNT, CA 90723
(323) 980-9600

Languages: Spanish

Javdan, Ron, MD ⑥

ID No. 100216791178
1126 E SOUTH ST
LONG BEACH, CA 90805
(562) 984-9200

Languages: Farsi

Javdan, Ron, MD ⑥

ID No. 100216791179
920 LONG BEACH BLVD # 1
LONG BEACH, CA 90813
(323) 732-0100

Languages: Farsi

KANG, DENO, MD ⑥

ID No. 100097156029
18102 PIONEER BLVD STE 204
Artesia, CA 90701
(562) 402-9801

Languages: Korean

LAKE, STEVEN, MD ⑥

ID No. 100093206015
911 E SAN ANTONIO DR # 1
LONG BEACH, CA 90807
(562) 728-8700

Languages: Spanish

LICUANAN, JESSE, MD ⑥

ID No. 100032648059
5865 E NAPLES PLZ
LONG BEACH, CA 90803
(562) 735-3800

Languages: Spanish, Tagalog

LICUANAN, JESSE, MD ⑥

ID No. 100032648032
3300 E SOUTH ST STE 205
Lakewood, CA 90805
(562) 531-0377

Languages: Spanish, Tagalog

MONTES, JUAN, MD ⑥

ID No. 100078246089
11822 FLORAL DR
Whittier, CA 90601
(562) 908-4355

*Languages: Hindi, Mandarin,
Spanish*

MORENO, SHURA, MD ⑥

ID No. 100060367025
16377 Las Cumbres Dr
WHITTIER, CA 90603
(562) 943-9559

Languages: Spanish, Tagalog

NGUYEN, ROBERT, MD ⑥

ID No. 100113325029
1936 E ANAHEIM ST
LONG BEACH, CA 90813
(951) 637-9999

Languages: Vietnamese

PANG, GEORGE, MD ⑥

ID No. 100031445010
8135 PAINTER AVE STE 305
Whittier, CA 90602
(562) 693-8258

PATEL, GNYANDEV, MD ⑥

ID No. 100078689036
3300 E SOUTH ST STE 206
Lakewood, CA 90805
(562) 232-2380

Languages: Gujarati, Hindi

ROQUE, RONALDO, MD ⑥

ID No. 100033503040
1760 TERMINO AVE STE 104
Long Beach, CA 90804
(562) 494-8512

*Languages: French, Spanish,
Tagalog*

⑥=LeapFrog

⑥=Female/Mujer ⑥=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

ROUZROCH, SIAMAK, MD ④

ID No. 100110083031
1703 TERMINO AVE STE 107
Long Beach, CA 90804
(562) 494-8008
Languages: Farsi, German, Spanish

SALATINJANTS, AIDA, MD ④

ID No. 100060463018
13132 STUDEBAKER RD STE 3
Norwalk, CA 90650
(562) 406-7070
Languages: Armenian, Russian, Spanish

SHAH, AJIT, MD ④

ID No. 100025295010
15651 IMPERIAL HWY STE 104
La Mirada, CA 90638
(562) 947-1619
Languages: Gujarati, Hindi

SHARAFI, REZA, MD ④

ID No. 100187620032
11544 Downey Ave
DOWNEY, CA 90241
(562) 922-2020
Languages: Faroese, Farsi, Spanish

SHARAFI, REZA, MD ④

ID No. 100187620035
3650 SOUTH ST # 208
Lakewood, CA 90712
(562) 922-2020
Languages: Faroese, Farsi, Spanish

WINN, HENRY, MD ④

ID No. 100093502010
15651 IMPERIAL HWY # 102B
LA MIRADA, CA 90638
(562) 947-9591
Languages: French, Spanish, Vietnamese

WONG, HANSON, MD ④

ID No. 100100599044
10230 ARTESIA BLVD STE 201
Bellflower, CA 90706
(562) 804-7223
Languages: Cantonese, Mandarin, Spanish

Pediatrics

JAYATILAKA, MATTHEW, MD ④

ID No. 100010124026
1760 TERMINO AVE # 116
Long Beach, CA 90804
(562) 597-8885
Teleservice

JAYATILAKA, MATTHEW, MD ④

ID No. 100010124024
1045 ATLANTIC AVE STE 818
Long Beach, CA 90813
(562) 436-8117
Teleservice

Specialty
Physicians/Médicos
especialistas

Allergy Immunology

TRIVEDI, ANAND, MD
Norwalk, CA

TRIVEDI, DIVYANG, MD

Norwalk, CA

Anesthesiology

BUSTOS, JERROLD, MD
Paramount, CA

Cardiology

EFTEKHARI, HOSSEIN, MD
Downey, CA

TAMBOLI, KAUSHAL, MD
Downey, CA

Cardiovascular Disease

EISENSTEIN, ISAAC, MD
Lakewood, CA

EUBANY, JACQUELINE, MD
Lakewood, CA

MAHAISAVARIYA, PAIBOON, MD
Downey, CA

Naji, Peyman, MD
Lakewood, CA

PATEL, NIMISH, MD
Whittier, CA

PATEL, PARESHKUMAR, MD
Whittier, CA

SINGH, ANANTJIT, MD
Downey, CA

Certified Acupuncturist

FULLER, RUFUS, LAC
Long Beach, CA

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

Prospect Professional Care Medical Group Inc, continued/continuación

Specialty Physicians/Médicos especialistas

Certified Nurse Practitioner

FIHN, SARAH, NP

Long Beach, CA

JOHNSON, LISA, NP

Downey, CA

KWONG, KRISTIN, NP

Long Beach, CA

Malantic, Frances, NP

Long Beach, CA

SAMPEDRO, JOCELYN, NP

Downey, CA

Chiropractor

URTEAGA, MANUEL, DC

Whittier, CA

Endocrinology Metabolism Diabetes

EITAN, NATHAN, MD

Whittier, CA

JELEN, BETTY, MD

Paramount, CA

Gastroenterology

COX, CONRAD, MD

Lakewood, CA

DOBALIAN, DEREK, MD

Long Beach, CA

PANTOJA, JOSE, MD

Lakewood, CA

Saliminejad, Mehrdad, MD

Lakewood, CA

TRAN, TU, MD

Paramount, CA

UEKI, BARTON, MD

Lakewood, CA

Hematology / Oncology

Abdulla, Nihal, MD

Lakewood, CA

Long Beach, CA

CHEUNG, ERIC, MD

Lakewood, CA

FREIMANN, JACK, MD

Downey, CA

Lakewood, CA

Whittier, CA

GOLSHANI, GOL, MD

Lakewood, CA - Teleservice

Marathe, Omkar, MD

Lakewood, CA - Teleservice

Morrison, David, MD

Downey, CA

Lakewood, CA

PHAN, VU, MD

Lakewood, CA

RUPANI, RAVIN, MD

Downey, CA

SHUM, MERRILL, MD

Whittier, CA

Hepatology

JAVADI, FARIBA, MD

Lakewood, CA

Infectious Disease

DOO, BRYAN, MD

Whittier, CA

Internal Medicine

PATEL, GNYANDEV, MD

Lakewood, CA

Medical Oncology

REYNOLDS, THOMAS, MD

Downey, CA

Nephrology

**BOROUJERDI-RAD, HASSAN,
MD**

Whittier, CA

BUI, STEVE, MD

Paramount, CA

Fischman, Michael, MD

Lakewood, CA

HERNANDEZ, NANCY, DO

Paramount, CA

IVATURI, KAUSHIK, MD

Long Beach, CA

MEHTA, ARVIND, MD

Long Beach, CA

MOE, KYAW, MD

Lakewood, CA

PATEL, SAPNA, MD

Long Beach, CA

ROMERO, JULIO, MD

Lakewood, CA

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

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/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Sekhon, Bikram, MD
Lakewood, CA

Tran, Ngoc-Tram, DO
Long Beach, CA

Neurology

CARRILLO-NUNEZ, IGNACIO, MD
Long Beach, CA

HIJAZIN, MUNTHER, MD
Downey, CA

KIM, CHAN, MD
Whittier, CA

Obstetrics / Gynecology

ATAMDEDE, FIKRET, MD
Long Beach, CA

DANESHGAR, KOUROSH, MD
Bellflower, CA

KENT, DOLORES, MD
Bellflower, CA

NASSIR, ALBERT, MD
Bellflower, CA

NIETO, SANDRA, MD
Norwalk, CA

Taylor, Morgan, MD
Long Beach, CA

Ophthalmology

Alasil, Tarek, MD
Long Beach, CA
San Pedro, CA

CHANG, TOM, MD
San Pedro, CA

DAVIS, MICHAEL, MD
Downey, CA

GRANT-ACQUAH, KWEKU, MD
Long Beach, CA

Renner, Morgan, MD
Long Beach, CA

SUK, KEVIN, MD
Downey, CA

Optometrist

Gabrielyan, Zarine, OD
Downey, CA

Pediatric Cardiology

BURKE, LENNIS, MD
Downey, CA

Physical Medicine / Rehabilitation

MINKOFF, EVAN, DO
Paramount, CA

Physicians Assistant

MADAN, SAKSHI, PA
Whittier, CA

Ocalaplapit, Walter, PA
La Mirada, CA

Podiatrist

ASRAT, KIBROM, DPM
Norwalk, CA*

KANDA, ANJALA, DPM
Downey, CA

LINAM, MARK, DPM
Paramount, CA

Radiation Oncology

GATES, THOMAS, MD
Long Beach, CA

Radiology Diagnostic

Moshfegh, Amiel, MD
Downey, CA

Rheumatology

DOSHI, DIPTI, MD
Cerritos, CA - Teleservice

STICKELMAIER, IVETTE, MD
Lakewood, CA

Surgery Critical Care

MURRAY, JAMES, MD
Long Beach, CA

Surgery General

DESA, NOLAN, MD
Long Beach, CA

HASHISHO, MAZEN, MD
Bellflower, CA

HIFUMI, GLENN, MD
Bellflower, CA

NAIM, HOUSHMAND, MD
Wilmington, CA

Surgery Neurological

OH, BRYAN, MD
Lakewood, CA

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

Prospect Professional Care Medical Group Inc, continued/continuación

Specialty Physicians/Médicos especialistas

Surgery Orthopedic

AHN, RICHARD, MD

Lakewood, CA

Long Beach, CA

COMBS, CHRISTOPHER, MD

Lakewood, CA

CORTES, ZENIA, MD

La Mirada, CA

DIZAY, HAILEY, DO

La Mirada, CA

Long Beach, CA

GREEN, EDWARD, MD

Long Beach, CA

ROMERO, ANTONIO, MD

Bellflower, CA

STRAUSS, MICHAEL, MD

Long Beach, CA

WASSEF, ANDREW, MD

Lakewood, CA

Long Beach, CA

Urology

AYNEHCHI, SHAHRAD, MD

Downey, CA

Whittier, CA

NOWFAR, SEPEHR, MD

Downey, CA

PERLEY, JONATHAN, MD

Lakewood, CA

Norwalk, CA

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

Family Practice

CHAHBOUNI, AMINE, DO

ID No. 100175464016
15625 Imperial Hwy
La Mirada, CA 90638
(562) 902-3000

Languages: Arabic, French, Spanish

DALPRAT, JOSE, DO

ID No. 100187189019
15625 Imperial Hwy
La Mirada, CA 90638
(562) 902-3000

Languages: Portuguese, Spanish

LUM, MARCUS, MD

ID No. 100100282012
15625 IMPERIAL HWY
La Mirada, CA 90638
(562) 902-3000

RUBALCAVA, RAFAEL, MD



ID No. 100087553011
15625 IMPERIAL HWY
La Mirada, CA 90638
(562) 902-3000

Languages: Spanish

Internal Medicine

ARASTU, ANWAR, MD

ID No. 100081281003
12675 LA MIRADA BLVD STE
200
La Mirada, CA 90638
(562) 941-9853

Languages: Hindi, Urdu

Specialty

Physicians/Médicos especialistas

Cardiology

JAFARI, ALIREZA, MD

Whittier, CA

Gastroenterology

MCGUIRE, RICHARD, MD

La Mirada, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

REGAL BURBANK GROUP

Specialty Physicians/Médicos especialistas

mental" en la página 382.

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

Specialty

Physicians/Médicos especialistas

Endocrinology Metabolism Diabetes

TABRIZI, MOHSEN, MD

Lakewood, CA

Urology

ABEDI, GAREN, MD

City Industry, CA

Downey, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.
/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)***Internal Medicine*****KRIGER, DIEGO, MD ®**

ID No. 100343825013

1535 LOMITA BLVD

Harbor City, CA 90710

(310) 530-9300

Languages: Armenian, Spanish

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

REGAL LOS ANGELES

Affiliated Hospitals/Hospitales afiliados

Affiliated Hospitals/Hospitales afiliados

LONG BEACH MEMORIAL MED CTR

2801 ATLANTIC AVE # 228
Long Beach, CA 90806

WHITTIER HOSPITAL MEDICAL CENTER ☉

9080 COLIMA RD
Whittier, CA 90605

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

AFTER HOURS MED GRP ON COLIMA INC

9200 COLIMA RD # 101
Whittier, CA 90605
(562) 945-2128
M-F 2PM-9PM
SA 9AM-2PM

DUSK TO DAWN URGENT CARE

701 E 28TH ST STE 401
Long Beach, CA 90806
(562) 426-2662
M-F 9AM-9PM
SA,SU 9AM-2PM

DUSK TO DAWN URGENT CARE

15745 Paramount Blvd
PARAMOUNT, CA 90723
(562) 808-2273
M-F 9AM-11:59PM
SA,SU 9AM-6PM

PCPs/Médicos de atención primaria (PCP)

Family Practice

ARTER, JOEL, MD ☉

ID No. 100369663012
2880 ATLANTIC AVE # 110
LONG BEACH, CA 90806
(562) 424-4404
Languages: Spanish

BAMBRAH-DHAMIJA, MEHTAB, MD ☉

ID No. 100114408034
3760 ATLANTIC AVE
Long Beach, CA 90807
(562) 595-7467
*Languages: Cambodian, Gujarati,
Hindi*

Benjamin, Samuel, MD ☉

ID No. 100251976018
4800 E Los Coyotes Diagonal
Long Beach, CA 90815
(562) 506-1313
Languages: Spanish
Teleservice

CAMPOS, BLANCA, MD ☉

ID No. 100205826002
200 E ANAHEIM ST
Wilmington, CA 90744
(310) 522-8700
Languages: Spanish
Teleservice

CASABAR, JENNIFER KHO, MD ☉

ID No. 100374030008
1334 N AVALON BLVD
WILMINGTON, CA 90744
(310) 835-4000
Languages: Spanish

CONSTANTINO, LOIDA, MD ☉

ID No. 100095454008
1777 N BELLFLOWER BLVD
STE 104
Long Beach, CA 90815
(562) 961-8820
Languages: Spanish, Tagalog

DHAMIJA, KAILASH, MD ☉

ID No. 100089396020
18326 PIONEER BLVD
Artesia, CA 90701
(562) 860-5599
*Languages: Cambodian, Gujarati,
Hindi*
Teleservice

DIX, KAREN, MD ☉

ID No. 100038621039
911 E SAN ANTONIO DR # 1
LONG BEACH, CA 90807
(562) 728-8700

☉=LeapFrog

☉=Female/Mujer ☉=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.
/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

ELACION, JOSE-MARI, MD



ID No. 100052060016
3650 SOUTH ST # 412
LAKEWOOD, CA 90712
(562) 634-8001
Teleservice

FARAG, BASEM, MD Ⓜ

ID No. 100012380026
3650 SOUTH ST # 110
Lakewood, CA 90712
(562) 531-6140
Languages: Arabic, Spanish

FUSSELL, SUZANNE, MD Ⓜ

ID No. 100089111003
2403 ATLANTIC AVE
Long Beach, CA 90806
(562) 989-0145
Languages: Khmer, Spanish

GARCIA, SYLVIA, MD Ⓜ*

ID No. 100077529018
14442 WHITTIER BLVD STE 105
Whittier, CA 90605
(562) 945-1940
Languages: Spanish

GIBBS, ELIZABETH, DO Ⓜ

ID No. 100365758014
4800 E LOS COYOTES
DIAGONAL
LONG BEACH, CA 90815
(562) 506-1313

GUERRERO, DAVID, MD Ⓜ

ID No. 100087956028
3815 ATLANTIC AVE # 3
LONG BEACH, CA 90807
(562) 426-9482
Languages: Spanish

HANAMSAGAR, SEEMA, MD



ID No. 100114040065
3816 WOODRUFF AVE # 406
LONG BEACH, CA 90808
(562) 421-7292
Languages: Hindi, Marathi

ISKAROUS, RAGAA, MD Ⓜ

ID No. 100092539006
11003 LAKEWOOD BLVD STE 201
Downey, CA 90241
(562) 869-1038
Languages: Arabic

Kim, Charles, MD Ⓜ

ID No. 100323662048
1110 W ANAHEIM ST # 6
WILMINGTON, CA 90744
(310) 872-3560

LALEZARY, ARASH, MD Ⓜ

ID No. 100108413005
7218 GARFIELD AVE
Bell Gardens, CA 90201
(562) 927-1111
Languages: Faroese, Farsi, French

LEE, CHRISTINA, MD Ⓜ

ID No. 100099123022
817 ATLANTIC AVE
LONG BEACH, CA 90813
(562) 591-6890
Languages: Cambodian, Mandarin, Spanish
Teleservice

LEVIN, CAROLYN, MD Ⓜ*

ID No. 100379068004
1043 ELM AVE # 302
LONG BEACH, CA 90813
(562) 247-7740
Languages: Spanish

MANN, PARAMJOT, MD Ⓜ

ID No. 100110491016
1703 TERMINO AVE # 207
LONG BEACH, CA 90804
(562) 817-5602

MATA, FRANCISCA, MD Ⓜ

ID No. 100378982005
1043 ELM AVE # 302
LONG BEACH, CA 90813
(562) 247-7740

MENDOZA, MANUEL, MD Ⓜ

ID No. 100047566093
11735 Firestone Blvd
NORWALK, CA 90650
(562) 925-7716
Languages: Spanish, Tagalog

MERCER, PAUL, MD Ⓜ

ID No. 100009246053
9209 COLIMA RD # 4400
WHITTIER, CA 90605
(562) 264-4297
Languages: Spanish
Teleservice

MIZUHARA-CHENG,

COURTNEY, DO Ⓜ

ID No. 100130891018
1535 Lomita Blvd
HARBOR CITY, CA 90710
(310) 530-9300
Languages: Japanese, Spanish
Teleservice

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

REGAL LOS ANGELES, continued/continuación

PCPs/Médicos de atención primaria (PCP)

MOHAMMEDI, NASIR, MD

ID No. 100092184008
9200 COLIMA RD STE 207
Whittier, CA 90605
(562) 945-0252
Languages: French, Hindi, Spanish

MUNOZ, RUBEN, MD

ID No. 100199957002
4129 GAGE AVE
Bell, CA 90201
(323) 771-8400
Languages: Spanish
Teleservice

NGUYEN, MINH, DO *

ID No. 100349712005
200 E Anaheim St
Wilmington, CA 90744
(310) 522-8700
Languages: Spanish, Vietnamese
Teleservice

NORCROSS, JAMES, DO

ID No. 100078349004
5865 E NAPLES PLZ
Long Beach, CA 90803
(562) 434-4481
Languages: Spanish

NUGAS, ALICIA, MD

ID No. 100054868007
22408 NORWALK BLVD
Hawaiian Gardens, CA 90716
(562) 421-2188

REYNOLDS, STEVEN, DO

ID No. 100096815008
5865 E Naples Plz
Long Beach, CA 90803
(562) 434-4481

ROCHA FAROOQ, MARLENE, MD

ID No. 100066056003
4300 LONG BEACH BLVD STE 410
Long Beach, CA 90807
(562) 595-6050
Languages: Spanish

RODRIGUEZ, MARTHA, MD

ID No. 100070274018
8530 FLORENCE AVE # 101
Downey, CA 90240
(562) 928-4642
Languages: Spanish

RUBALCAVA, RAFAEL, MD *

ID No. 100087553034
15625 IMPERIAL HWY
La Mirada, CA 90638
(562) 902-3000
Languages: Spanish

Rezai, Damoun, MD

ID No. 100319598008
11843 Whittier Blvd
Whittier, CA 90601
(562) 325-5336
Languages: Farsi, Spanish

Rizkalla, Mirna, MD

ID No. 100353503009
3650 SOUTH ST # 404
LAKEWOOD, CA 90712
(562) 232-3910

SHEPPARD, JAMES, DO

ID No. 100232942126
5979 Atlantic Ave
Long Beach, CA 90805
(562) 423-0421
Languages: Spanish

SHUE, RANDALL, DO

ID No. 100101584008
11850 FIRESTONE BLVD STE 1
Norwalk, CA 90650
(562) 281-1002
Languages: Spanish

SUCGANG, PAUL, DO

ID No. 100080208038
8500 FLORENCE AVE # 101
Downey, CA 90240
(562) 202-5020
Languages: Spanish

TRAN, ALEX, MD *

ID No. 100099441016
11822 FLORAL DR
Whittier, CA 90601
(562) 908-4355
Languages: Spanish, Vietnamese
Teleservice

TRAN, KHAI, DO

ID No. 100074636003
15717 PARAMOUNT BLVD
Paramount, CA 90723
(562) 531-2231
Languages: Spanish, Vietnamese
Teleservice

TRAN, PHUONG, MD

ID No. 100357284007
200 E ANAHEIM ST
WILMINGTON, CA 90744
(310) 522-8700
Languages: Vietnamese
Teleservice

TRUONG, LOAN, MD

ID No. 100298164008
855 E Anaheim St
Long Beach, CA 90813
(562) 591-0840
Languages: Spanish, Vietnamese

=LeapFrog

=Female/Mujer =Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Tangonan, Kevin, DO

ID No. 100366752007
1043 ELM AVE # 302
LONG BEACH, CA 90813
(562) 247-7740

Trani, Marvin, DO

ID No. 100381070002
15955 PARAMOUNT BLVD # A
PARAMOUNT, CA 90723
(562) 531-9806
Languages: Spanish
Teleservice

URIBE, DANIEL, MD

ID No. 100062305047
13307 SAN ANTONIO DR
Norwalk, CA 90650
(562) 807-1877
Languages: Spanish

VAZQUEZ, CAROLINA, MD


ID No. 100068234008
6501 EASTERN AVE # A
BELL GARDENS, CA 90201
(323) 771-0145
Languages: Spanish

VUONG-DAC, MAN, MD

ID No. 100107181008
3649 FLORENCE AVE
BELL, CA 90201
(323) 583-6333
Languages: German, Spanish, Vietnamese

WILCHES, ALBERTO, MD

ID No. 100030125006
7831 JACKSON ST
Paramount, CA 90723
(562) 531-1178
Languages: Spanish
Teleservice

General Practice

BAI, EUNG, MD

ID No. 100015977011
12017 ROSECRANS AVE
Norwalk, CA 90650
(562) 868-2027
Languages: Korean

BUSTOS, ADELAIDA, MD *

ID No. 100087122062
7862 FIRESTONE BLVD
Downey, CA 90241
(562) 869-7007
Languages: Spanish, Tagalog

Barlow, Ryan, DO

ID No. 100296032092
11938 PARAMOUNT BLVD
Downey, CA 90242
(562) 923-6060
Teleservice

CASABAR, RUBEN, MD

ID No. 100074771009
1334 N AVALON BLVD
Wilmington, CA 90744
(310) 835-4000
Languages: Spanish, Tagalog
Teleservice

CHENG, GEORGE, MD

ID No. 100058970005
1239 N AVALON BLVD STE B
Wilmington, CA 90744
(310) 513-1591
Languages: Chinese, Mandarin, Spanish

CHEN, CHUNG LIEN, MD

ID No. 100035977005
12802 WHITTIER BLVD
Whittier, CA 90602
(562) 698-0933
Languages: Chinese, Spanish, Taiwanese

EGARI, ROY, MD

ID No. 100097504005
18011 PIONEER BLVD
Artesia, CA 90701
(562) 402-0711
Languages: Farsi, Spanish, Tagalog
Teleservice

EYZAGUIRRE, ROBERT, MD


ID No. 100089695009
9349 OAK ST
Bellflower, CA 90706
(562) 920-6070
Languages: French, Italian, Portuguese

GABBITA, GEETHA, MD

ID No. 100042459007
14568 WHITTIER BLVD
Whittier, CA 90605
(562) 698-8263
Languages: Hindi, Kannada, Spanish

GIACONI, MIRKO, MD

ID No. 100031262019
1600 S Gaffey St
SAN PEDRO, CA 90731
(310) 548-0201
Languages: Croatian, Farsi, Italian

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REGAL LOS ANGELES, continued/continuación

PCPs/Médicos de atención primaria (PCP)

GRANT, VALERIE, MD ⑥

ID No. 100056940009
1600 S Gaffey St
SAN PEDRO, CA 90731
(310) 548-0201
Languages: Spanish

KASHANI, DARYOUSH, MD



ID No. 100076327048
500 W WILLOW ST # 101
LONG BEACH, CA 90806
(562) 427-1700
Languages: Faroese, Farsi, Spanish
Teleservice

Kahen, Payam, MD ⑥

ID No. 100189896002
714 N AVALON BLVD
Wilmington, CA 90744
(310) 522-4200
Languages: Farsi, Hebrew, Spanish

LE, ANH-DAO, MD ⑥

ID No. 100105541045
1024 E Pacific Coast Hwy
LONG BEACH, CA 90806
(562) 218-0131
Languages: Khmer, Spanish, Vietnamese
Teleservice

MORRIS, FELICITACION, MD



ID No. 100169219089
100 E Market St
Long Beach, CA 90805
(562) 428-4222
Languages: Ilocana, Tagalog
Teleservice

MUNGCAL, HENRICO, MD ⑥

ID No. 100078123005
1937 PACIFIC AVE
Long Beach, CA 90806
(562) 591-7302
Languages: Spanish, Tagalog
Teleservice

NASSIR, ALBERT, MD ⑥*

ID No. 100091413148
16900 LAKEWOOD BLVD # 308
BELLFLOWER, CA 90706
(562) 991-1900
Languages: Farsi, Spanish

PAYNE, BRIAN, MD ⑥

ID No. 100026240009
7800 Florence Ave
DOWNEY, CA 90240
(562) 928-5700
Languages: Spanish

PETKAR, MADHURI, MD ⑥

ID No. 100091252002
6501 GARFIELD AVE
Bell Gardens, CA 90201
(562) 928-9600
Languages: Hindi, Marathi, Spanish
Teleservice

POON, PETER, MD ⑥

ID No. 100012509005
9817 ARKANSAS ST
Bellflower, CA 90706
(562) 867-8881
Languages: Chinese, Spanish, Yue Chinese

PRIETO, JOSE, MD ⑥

ID No. 100084038017
4566 FLORENCE AVE STE 2
Bell, CA 90201
(323) 582-7186
Languages: Spanish

SHEK, DAVID, MD ⑥

ID No. 100045699108
11803 CARSON ST
HAWAIIAN GARDENS, CA 90716
(562) 924-4455
Languages: Cantonese, Chinese, Mandarin

SHETH, RAJENDRA, MD ⑥

ID No. 100366594005
8500 FLORENCE AVE # 101
DOWNEY, CA 90240
(562) 202-5020
Languages: Gujarati, Hindi

SHETH, RAJENDRA, MD ⑥

ID No. 100366594004
11938 PARAMOUNT BLVD
DOWNEY, CA 90242
(562) 923-6060
Languages: Gujarati, Hindi

TABILA, RODOLFO, MD ⑥

ID No. 100072742011
1339 W WILLOW ST
Long Beach, CA 90810
(562) 492-6698
Languages: Spanish, Tagalog

⑥=LeapFrog

⑥=Female/Mujer ⑥=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.
/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

TRANI, SERGIO, MD

ID No. 100073538004
15955 PARAMOUNT BLVD STE
A
Paramount, CA 90723
(562) 531-9806
Languages: Spanish, Tagalog
Teleservice

VALERY, HAROLD, MD

ID No. 100012103008
920 PACIFIC AVE
Long Beach, CA 90813
(562) 495-3985
Languages: Spanish
Teleservice

VU, DAN, MD

ID No. 100105624008
2315 E ANAHEIM ST
Long Beach, CA 90804
(562) 621-9231
Languages: Khmer, Spanish, Vietnamese
Teleservice

YAGOOBIAN, BEHROOZ, MD


ID No. 100010557032
15730 PARAMOUNT BLVD
Paramount, CA 90723
(562) 634-1000
Languages: Farsi, Persian, Spanish

Internal Medicine

ADAMS, JOHN, DO *

ID No. 100025486119
1360 E ANAHEIM ST # 101
LONG BEACH, CA 90813
(562) 270-0324
Languages: Spanish

ADAMS, JOHN, DO

ID No. 100025486101
4800 E LOS COYOTES
DIAGONAL
LONG BEACH, CA 90815
(562) 506-1313
Languages: Spanish

AHMED, PARVEEN, MD

ID No. 100060296009
14350 WHITTIER BLVD STE
102
Whittier, CA 90605
(562) 698-0025
Languages: Hindi, Spanish, Urdu

AMIN, JAY, MD

ID No. 100036009037
11938 PARAMOUNT BLVD
DOWNEY, CA 90242
(562) 923-6060
Languages: Gujarati, Hindi, Spanish

AMIN, JAY, MD

ID No. 100036009036
8500 FLORENCE AVE # 101
DOWNEY, CA 90240
(562) 202-5020
Languages: Gujarati, Hindi, Spanish

ARASTU, ANWAR, MD

ID No. 100081281006
12675 LA MIRADA BLVD STE
200
La Mirada, CA 90638
(562) 941-9853
Languages: Hindi, Urdu

BARRIENTOS, DOMINGO, MD

ID No. 100097866010
10800 PARAMOUNT BLVD STE
203
Downey, CA 90241
(562) 869-1322
Languages: Cebuano, Spanish, Tagalog

BELL, MAURICE, MD

ID No. 100072404025
4100 LONG BEACH BLVD STE
200
Long Beach, CA 90807
(562) 981-2355
Languages: Czech, Russian, Slovak

BHANSALI, NEHA, MD

ID No. 100053018050
5865 E NAPLES PLZ
LONG BEACH, CA 90803
(562) 735-3800
Languages: Gujarati, Hindi, Spanish

BHANSALI, NEHA, MD

ID No. 100053018010
3300 E SOUTH ST STE 205
Lakewood, CA 90805
(562) 531-0377
Languages: Gujarati, Hindi, Spanish

CHAN, ANGELA, MD

ID No. 100108863013
7615 EASTERN AVE
Bell Gardens, CA 90201
(562) 927-1307
Languages: Burmese, Cantonese, Chinese

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REGAL LOS ANGELES, continued/continuación

PCPs/Médicos de atención primaria (PCP)

CHUN, SOPHIA, MD ⑥

ID No. 100067922026
6513 Garfield Ave
BELL GARDENS, CA 90201
(595) 928-9600
Languages: Hindi, Korean, Mandarin

CHUN, SOPHIA, MD ⑥

ID No. 100067922023
6501 Garfield Ave
Bell Gardens, CA 90201
(562) 928-9600
Languages: Hindi, Korean, Mandarin
Teleservice

CHUN, SOPHIA, MD ⑥

ID No. 100067922025
12113 WOODRUFF AVE
DOWNEY, CA 90241
(562) 928-9600
Languages: Hindi, Korean, Mandarin

CONTRACTOR, HEENA, MD ⑥

ID No. 100094541021
1045 ATLANTIC AVE STE 915
Long Beach, CA 90813
(562) 596-1667

CONTRERAS, ROBERTO, MD ④

ID No. 100133604006
2880 ATLANTIC AVE # 230
LONG BEACH, CA 90806
(562) 424-4404
Languages: Spanish

COTTON, D, MD ⑥

ID No. 100101282005
12474 WASHINGTON BLVD
Whittier, CA 90602
(562) 698-9779
Languages: Spanish

CRUZ, LUCITA, MD ⑥

ID No. 100093627014
12507 ALONDRA BLVD
Norwalk, CA 90650
(562) 802-2203

DAVARI, SHAHRYAR, MD ④

ID No. 100230315007
11544 Downey Ave
Downey, CA 90241
(562) 922-2020
Languages: Farsi

DE LA LOZA, DAVID, MD ④

ID No. 100088867034
6301 GREENLEAF AVE
WHITTIER, CA 90601
(562) 693-9880
Languages: Spanish

DE VENTE, JEROME, MD ④

ID No. 100031601014
1043 ELM AVE # 302
LONG BEACH, CA 90813
(562) 247-7740
Languages: Spanish

DOBALIAN, DEREK, MD ④

ID No. 100007994004
3816 WOODRUFF AVE STE 307
Long Beach, CA 90808
(562) 420-7670
Languages: Spanish

FARHADI, TOURDJ, MD ④

ID No. 100015704003
2630 PACIFIC AVE
Long Beach, CA 90806
(562) 426-3399
Languages: Farsi, French, Italian

GENATO, SHARON, MD ⑥

ID No. 100109299017
1366 W 7TH ST
SAN PEDRO, CA 90732
(310) 833-2461
Languages: Spanish, Tagalog

GENATO, SHARON, MD ⑥

ID No. 100109299016
1600 S GAFFEY ST
San Pedro, CA 90731
(310) 548-0201
Languages: Spanish, Tagalog

GHODS, MICHAEL, MD ④

ID No. 100354139006
7840 IMPERIAL HWY
DOWNEY, CA 90242
(424) 258-0124
Languages: Hebrew

HABIB, SHEHNAZ, MD ⑥

ID No. 100083641011
8800 ALONDRA BLVD # C
BELLFLOWER, CA 90706
(562) 602-2508
Languages: Gujarati, Hindi, Spanish
Teleservice

④=LeapFrog

⑥=Female/Mujer ④=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.
/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

HABIB, SHEHNAZ, MD ☎*

ID No. 100083641012
8540 ALONDRA BLVD STE B2
Paramount, CA 90723
(562) 602-2508
Languages: Gujarati, Hindi, Spanish
Contract terminated as of
10/31/2022

HASAN, MARIAM, MD ☎

ID No. 100223713029
10230 ARTESIA BLVD # 104
BELLFLOWER, CA 90706
(562) 804-4764
Languages: Hindi, Punjabi, Spanish

HASHEMI, ZIA, MD ☎

ID No. 100081811024
4750 GAGE AVE
Bell, CA 90201
(323) 562-1100
Languages: Farsi, Spanish

HSU, DIANA, MD ☎

ID No. 100083052018
12651 LAKEWOOD BLVD
Downey, CA 90242
(562) 861-3111
Languages: Mandarin, Spanish

HSU, GOETHE, MD ☎

ID No. 100079668017
12651 LAKEWOOD BLVD
Downey, CA 90242
(562) 861-3111
Languages: Mandarin, Spanish, Tagalog

ISMAIL, MOHAMMAD, MD ☎

ID No. 100067185025
16415 COLORADO AVE STE
207
Paramount, CA 90723
(562) 602-2334
Languages: Hindi, Spanish, Urdu
Teleservice

JALIL, MARIAN, MD ☎

ID No. 100063468006
14350 WHITTIER BLVD STE
200
Whittier, CA 90605
(562) 945-7671
Languages: Arabic, Spanish

KABBANY, VICTOR, MD ☎

ID No. 100156541033
1045 ATLANTIC AVE # 915
LONG BEACH, CA 90813
(562) 901-3260

KANG, DENO, MD ☎

ID No. 100097156010
18102 PIONEER BLVD STE 204
Artesia, CA 90701
(562) 402-9801
Languages: Korean

KAO, JOHNATHAN, MD ☎

ID No. 100378055004
1043 ELM AVE # 302
LONG BEACH, CA 90813
(562) 247-7740

KASHANI, SHEIDA, DO ☎

ID No. 100040833005
1045 ATLANTIC AVE # 915
Long Beach, CA 90813
(562) 901-3260
Languages: Farsi

KEECH, RICHARD, MD ☎

ID No. 100027352026
1403 LOMITA BLVD # 307
HARBOR CITY, CA 90710
(424) 352-0326
Languages: Spanish

KHAMISEH, GHASSAN, MD

☎
ID No. 100067534028
2800 PACIFIC AVE # D
LONG BEACH, CA 90806
(562) 337-8401
Languages: Arabic, Spanish
Teleservice

KRIGER, DIEGO, MD ☎

ID No. 100343825022
1535 LOMITA BLVD
Harbor City, CA 90710
(310) 530-9300
Languages: Armenian, Spanish

LICUANAN, JESSE, MD ☎

ID No. 100032648062
5865 E NAPLES PLZ
LONG BEACH, CA 90803
(562) 735-3800
Languages: Spanish, Tagalog

LICUANAN, JESSE, MD ☎

ID No. 100032648014
3300 E SOUTH ST STE 205
Lakewood, CA 90805
(562) 531-0377
Languages: Spanish, Tagalog

Leibovici, Samuel, MD ☎

ID No. 100296410019
3036 SANTA FE AVE
LONG BEACH, CA 90810
(562) 591-2785

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REGAL LOS ANGELES, continued/continuación

PCPs/Médicos de atención primaria (PCP)

MARZBAN, SIAMAK, MD Ⓜ

ID No. 100026233015
2403 S MORAY AVE STE 2B
San Pedro, CA 90732
(310) 832-2694
Languages: Farsi, Spanish
Teleservice

MAXEY, RANDALL, MD Ⓜ

ID No. 100032376004
13132 STUDEBAKER RD # A
NORWALK, CA 90650
(310) 686-8490
Languages: French

MEKA, AJAY, MD Ⓜ

ID No. 100098859059
1510 E 7TH ST
Long Beach, CA 90813
(562) 590-9800
Languages: Arabic, French, Gujarati
Teleservice

MEKA, MEENA, MD Ⓜ*

ID No. 100219558005
1510 E 7th St
LONG BEACH, CA 90813
(562) 590-9800
Languages: Spanish
Teleservice

MIEL, RUFINA, MD Ⓜ

ID No. 100327491008
11480 BROOKSHIRE AVE # 309
DOWNEY, CA 90241
(562) 869-1201
Languages: Tagalog

MILLER-DOBALIAN,

CYNTHIA, MD Ⓜ

ID No. 100070657002
3816 WOODRUFF AVE STE 307
Long Beach, CA 90808
(562) 420-7670
Languages: Spanish

MISHAL, SUREKHA, MD Ⓜ

ID No. 100038567010
14359 PIONEER BLVD # A
NORWALK, CA 90650
(562) 864-7279
Languages: Gujarati, Hindi, Marathi
Teleservice

MONTES, JUAN, MD Ⓜ

ID No. 100078246018
11822 FLORAL DR
Whittier, CA 90601
(562) 908-4355
Languages: Hindi, Mandarin, Spanish

Martinez, Rivera, MD Ⓜ

ID No. 100101725008
4566 FLORENCE AVE # 5
Bell, CA 90201
(323) 771-7466
Languages: Spanish
Teleservice

NABAVI, MAZIAR, MD Ⓜ

ID No. 100389915006
1066 ATLANTIC AVE
LONG BEACH, CA 90813
(562) 528-8447
Languages: Spanish

NABAVI, MAZIAR, MD Ⓜ

ID No. 100389915009
1510 E 7TH ST
LONG BEACH, CA 90813
(562) 528-8447
Languages: Spanish

NEMRI, TALIN, MD Ⓜ

ID No. 100365550004
6300 FLORENCE AVE
BELL GARDENS, CA 90201
(562) 928-9700
Languages: Arabic, Spanish

NGA, VISAL, DO Ⓜ

ID No. 100150656024
1269 E ANAHEIM ST
Long Beach, CA 90813
(562) 599-5300
Languages: Cambodian, Khmer, Spanish

NGUYEN, HA, MD Ⓜ

ID No. 100105348016
1951 Pacific Ave
Long Beach, CA 90806
(562) 218-8778
Languages: Vietnamese

PANG, GEORGE, MD Ⓜ

ID No. 100031445007
8135 PAINTER AVE STE 305
Whittier, CA 90602
(562) 693-8258

PATEL, GNYANDEV, MD Ⓜ

ID No. 100078689031
3300 E SOUTH ST STE 206
Lakewood, CA 90805
(562) 232-2380
Languages: Gujarati, Hindi

Ⓜ=LeapFrog

Ⓜ=Female/Mujer Ⓜ=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

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PATEL, RENUKA, MD ⑥

ID No. 100038150011
8357 FLORENCE AVE
Downey, CA 90240
(562) 622-2470
Languages: Gujarati, Hindi

RASEKHI, MOHAMMAD, MD

①
ID No. 100069052058
1627 E ANAHEIM ST
LONG BEACH, CA 90813
(562) 218-8181
Languages: Farsi, Spanish

ROMERO, RAYMUNDO, MD

①
ID No. 100150348107
1052 Atlantic Ave
LONG BEACH, CA 90813
(213) 484-2288
Languages: Arabic, Armenian, Chinese

ROQUE, RONALDO, MD ①

ID No. 100033503008
1760 TERMINO AVE STE 104
Long Beach, CA 90804
(562) 494-8512
Languages: French, Spanish, Tagalog

SALATINJANTS, AIDA, MD ⑥

ID No. 100060463027
13132 STUDEBAKER RD STE 3
Norwalk, CA 90650
(562) 406-7070
Languages: Armenian, Russian, Spanish

SHAH, AJIT, MD ①

ID No. 100025295005
15651 IMPERIAL HWY STE 104
La Mirada, CA 90638
(562) 947-1619
Languages: Gujarati, Hindi

SHAH, MONA, MD ⑥

ID No. 100112746013
1600 S Gaffey St
SAN PEDRO, CA 90731
(310) 548-0201
Languages: Gujarati, Hindi, Spanish

SHAH, MONA, MD ⑥

ID No. 100112746053
1294 W 6TH ST # 205
San Pedro, CA 90731
(310) 548-0201
Languages: Gujarati, Hindi, Spanish

SHAH, MONA, MD ⑥

ID No. 100112746044
1366 W 7th St
San Pedro, CA 90732
(310) 833-2461
Languages: Gujarati, Hindi, Spanish

SHARAFI, REZA, MD ①

ID No. 100187620021
11544 Downey Ave
DOWNEY, CA 90241
(562) 922-2020
Languages: Faroese, Farsi, Spanish

SHARAFI, REZA, MD ①

ID No. 100187620023
3650 SOUTH ST # 208
Lakewood, CA 90712
(562) 922-2020
Languages: Faroese, Farsi, Spanish

SUMCAD, JOCELYN, MD ①

ID No. 100025018015
16660 PARAMOUNT BLVD STE 101
Paramount, CA 90723
(562) 633-0976
Languages: Spanish, Tagalog

TATE, ERIC, MD ①

ID No. 100038850028
16660 PARAMOUNT BLVD # 205
Paramount, CA 90723
(562) 531-3133
Languages: Spanish

TREJO, EMMA, MD ⑥

ID No. 100106787031
1403 LOMITA BLVD # 100
Harbor City, CA 90710
(310) 784-5800
Languages: Spanish
Teleservice

VARGAS, CAROLINE, MD ⑥

ID No. 100366633003
1600 S GAFFEY ST
San Pedro, CA 90731
(310) 548-0201
Languages: Spanish

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

REGAL LOS ANGELES, continued/continuación

PCPs/Médicos de atención primaria (PCP)

VARGAS, CAROLINE, MD ⑥

ID No. 100366633005

1366 W 7th St

San Pedro, CA 90732

(310) 833-2461

Languages: Spanish

VICTORIA, RAFAELITO, MD

Ⓜ

ID No. 100069827031

10230 ARTESIA BLVD STE 102

Bellflower, CA 90706

(562) 866-1764

Languages: Tagalog

WINN, HENRY, MD Ⓜ

ID No. 100093502038

15651 IMPERIAL HWY # 102B

LA MIRADA, CA 90638

(562) 947-9591

*Languages: French, Spanish,
Vietnamese*

WONG, HANSON, MD Ⓜ

ID No. 100100599008

10230 ARTESIA BLVD STE 201

Bellflower, CA 90706

(562) 804-7223

*Languages: Cantonese, Mandarin,
Spanish*

WU, KESHENG, MD Ⓜ

ID No. 100054333005

9209 COLIMA RD STE 4500

Whittier, CA 90605

(562) 696-5088

Languages: Chinese, Spanish

ZAMBRANO, OSCAR, MD Ⓜ

ID No. 100007264036

6513 Atlantic Ave

BELL, CA 90201

(323) 581-1649

*Languages: Italian, Spanish
Teleservice*

ZAPATA, MARTIN, DO Ⓜ

ID No. 100096640012

9818 PARAMOUNT BLVD STE
C

Downey, CA 90240

(562) 806-1214

Languages: Spanish

ZAPATA, MARTIN, DO Ⓜ

ID No. 100096640030

11865 Firestone Blvd

Norwalk, CA 90650

(562) 806-1214

*Languages: Spanish
Teleservice*

ZARRABI, MANOOCHER, MD Ⓜ

ID No. 100052147013

4827 GAGE AVE

Bell, CA 90201

(323) 773-3000

*Languages: Farsi, Fataleka,
Spanish*

Obstetrics / Gynecology

COGAN, MICHAEL, MD Ⓜ

ID No. 100011569054

15717 PARAMOUNT BLVD

Paramount, CA 90723

(562) 531-8845

Languages: Spanish

Pediatrics

FEYGIN, POLINA, MD Ⓜ

ID No. 100027762054

1110 W ANAHEIM ST STE 6

Wilmington, CA 90744

(310) 221-8532

*Languages: Russian
Teleservice*

GONZALES, FERNANDO, MD

Ⓜ

ID No. 100054605008

12444 WASHINGTON BLVD

Whittier, CA 90602

(562) 698-0161

Languages: Spanish, Tagalog

LAKTINEH, SOLOMON, MD

Ⓜ*

ID No. 100038348008

780 Atlantic Ave

Long Beach, CA 90813

(562) 624-1111

Languages: Arabic, Spanish

TSI, CHUNG, MD Ⓜ

ID No. 100021604007

936 Pine Ave

Long Beach, CA 90813

(562) 269-5658

Languages: Chinese, Khmer, Lao

Specialty

Physicians/Médicos

especialistas

Cardiac Electrophysiology

RUELAZ, ROBERT, MD

Norwalk, CA

Ⓜ=LeapFrog

⑥=Female/Mujer Ⓜ=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Cardiovascular Disease

EFTEKHARI, HOSSEIN, MD
Downey, CA

FARAH, AMIN, MD
Downey, CA - Teleservice

JAFARI, ALIREZA, MD
Whittier, CA

MAHAISAVARIYA, PAIBOON, MD
Downey, CA

SINGH, ANANTJIT, MD
Downey, CA

TAMBOLI, KAUSHAL, MD
Downey, CA

Weiss, Jamie, MD
Downey, CA - Teleservice

YOSHINO, PAUL, MD
Downey, CA

ZAMBRANO, OSCAR, MD
Bell, CA - Teleservice

ZARGARIAN, MEHDI, MD
Downey, CA

Chiropractor

SIEGEL, GREGORY, DC
Whittier, CA

Dermatology

CHAPMAN, LANCE, MD
Long Beach, CA

ROSENBERG, FREDRIC, MD
Lakewood, CA

Emergency Medicine

ALLEN, EUGENE, DO
Paramount, CA

Barlow, Ryan, DO
Downey, CA - Teleservice

MELSON, ENRICO, MD
San Pedro, CA

***Endocrinology Metabolism
Diabetes***

JELLEN, BETTY, MD
Whittier, CA

Family Practice

LUM, MARCUS, MD
La Mirada, CA

MOHAMMEDI, NASIR, MD
Whittier, CA

Gastroenterology

DOBALIAN, DEREK, MD
Long Beach, CA

FAN, ROBERT, MD
Lakewood, CA

OJURI, ADEBAMBO, MD
Lakewood, CA

TRAN, TU, MD
Paramount, CA

General Practice

FELDSHER, ZHANNA, MD
Wilmington, CA

Hematology / Oncology

FREIMANN, JACK, MD
Downey, CA

GOLSHANI, GOL, MD
Lakewood, CA - Teleservice

Morrison, David, MD
Lakewood, CA*

RUPANI, RAVIN, MD
Downey, CA

Infectious Disease

BANSIL, SANDEEP, MD
Downey, CA

***Internal Medicine Critical
Care Medicine***

Kahen, Payam, MD
Wilmington, CA

Internal Medicine

BHANSALI, NEHA, MD
Lakewood, CA

NGA, VISAL, DO
Long Beach, CA

NGUYEN, TOAN, MD
Long Beach, CA

Nephrology

CONTRACTOR, HEENA, MD
Long Beach, CA

DARWISH, RIAD, MD
Whittier, CA

ERLBAUM, ALAN, MD
Long Beach, CA

* Indicates accepting current patients only.

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REGAL LOS ANGELES, continued/continuación

Specialty Physicians/Médicos especialistas

Fischman, Michael, MD

Lakewood, CA

HSIEH, JOHN, MD

Long Beach, CA

IMPARATO, JENNIFER, DO

Whittier, CA

ISMAIL, MOHAMMAD, MD

Paramount, CA - Teleservice

KANG, DENO, MD

Artesia, CA

LEE, MARK, MD

Whittier, CA

LEE, TAE, MD

Lakewood, CA

MAASARANI, ESSAM, MD

Long Beach, CA

NASREEN, TANZINA, MD

Paramount, CA - Teleservice

ROCHA, RODRIGO, MD

Downey, CA

Long Beach, CA

SEMERJIAN, AVEDIK, MD

Downey, CA*

Lakewood, CA

VIDHUN, JAYAKUMAR, MD

Whittier, CA

ZOLLER, KAREN, MD

Long Beach, CA

Neurology

HIJAZIN, MUNTHER, MD

Downey, CA

PRENTICE, THEODORE, MD

Downey, CA - Teleservice

Obstetrics / Gynecology

CHAO, CYNTHIA, DO

Long Beach, CA

COGAN, MICHAEL, MD

Long Beach, CA

DARTEY, MAXWELL, MD

San Pedro, CA

NASSIR, ALBERT, MD

Bellflower, CA*

NGUYEN, HA, MD

Long Beach, CA

Ophthalmology

GONZALEZ, CASIMIRO, MD

Bell, CA

SHAMMAS, HANNA, MD

Downey, CA

Long Beach, CA

SHAMMAS, MAYA, MD

Downey, CA

Whittier, CA

Optometrist

IWAI, RICK, OD

San Pedro, CA

KHADEM, NEDA, OD

San Pedro, CA*

San Pedro, CA*

Lee, Jennifer, OD

Long Beach, CA*

Otolaryngology / Otology / Laryngology / Rhinology

AYOUB, ELIAS, MD

Downey, CA

Lakewood, CA

Otolaryngology

DIVI, VENU, MD

Long Beach, CA

Pediatric Gastroenterology

KUMAR, ANJULI, MD

Long Beach, CA

Pediatrics

Benjamin, Samuel, MD

Long Beach, CA - Teleservice

CHON, KYUNG, MD

Whittier, CA

HOWELL, THOMAS, MD

Long Beach, CA*

Long Beach, CA

SHEK, DAVID, MD

Hawaiian Gardens, CA

Physicians Assistant

DO, AMY, PA

Norwalk, CA

Galvez, Melissa, PA

Norwalk, CA

Latiolait, Tricia, PA

Cudahy, CA

Ocampo, Michael, PA

Bell Gardens, CA

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

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Podiatrist

BAUTISTA, RAYMOND, DPM
Long Beach, CA

LINAM, MARK, DPM
Paramount, CA

ROSENBERG, RICHARD, DPM
Lakewood, CA

WONG, CONNIE, DPM
Long Beach, CA

Psychiatry

AREVIAN, SARKIS, MD
Long Beach, CA

Radiology Diagnostic

CHUN, GEORGE, MD
Downey, CA
Long Beach, CA

Rheumatology

ANUNTIYO, JEREMY, MD
San Pedro, CA

MAEHARA, MICHAEL, MD
Downey, CA

Surgery General

HIFUMI, GLENN, MD
Bellflower, CA

NEOMAN, AYMAN, MD
Long Beach, CA

Surgery Neurological

LEMAY, DANIEL, MD
Downey, CA - Teleservice

Surgery Orthopedic

KLUG, RAYMOND, MD
Long Beach, CA

Monazzam, Shafagh, MD
Long Beach, CA*

ROMERO, ANTONIO, MD
Bellflower, CA

Surgery Thoracic

STEIN, ALEXANDER, MD
Long Beach, CA

Urology

AGATSTEIN, ERNEST, MD
Downey, CA

ASKARI, ASGHAR, MD
San Pedro, CA

AYNEHCHI, SHAHRAD, MD
Downey, CA

NOWFAR, SEPEHR, MD
Downey, CA

PERLEY, JONATHAN, MD
Lakewood, CA

PERLEY, JULES, MD
Lakewood, CA
Long Beach, CA

WACHS, BARTON, MD
Long Beach, CA

* Indicates accepting current patients only.
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REGAL MEDICAL GRPNW ORANGE COUNTY

PCPs/Médicos de atención primaria (PCP)

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

Family Practice

BADAR, FRANCISCO, MD Ⓜ

ID No. 100113313030
17150 NORWALK BLVD # 102
CERRITOS, CA 90703
(562) 924-8880

Languages: Spanish, Tagalog, Telugu

DHAMIJA, KAILASH, MD Ⓜ

ID No. 100089396019
18326 PIONEER BLVD
Artesia, CA 90701
(562) 860-5599

Languages: Cambodian, Gujarati, Hindi
Teleservice

DIX, KAREN, MD ♂

ID No. 100038621038
911 E SAN ANTONIO DR # 1
LONG BEACH, CA 90807
(562) 728-8700

GLOR, RITA, DO ♂*

ID No. 100095905008
11903 DOWNEY AVE
Downey, CA 90242
(562) 869-1121

Languages: Arabic

MERCER, PAUL, MD Ⓜ

ID No. 100009246024
9209 COLIMA RD # 4400
WHITTIER, CA 90605
(562) 264-4297

Languages: Spanish
Teleservice

NORCROSS, JAMES, DO Ⓜ

ID No. 100078349003
5865 E NAPLES PLZ
Long Beach, CA 90803
(562) 434-4481

Languages: Spanish

PAJA, ISAIAS, MD Ⓜ

ID No. 100100474095
1187 E Anaheim St
LONG BEACH, CA 90813
(562) 599-2119

Languages: Spanish, Tagalog

ROCHA FAROOQ, MARLENE, MD ♂

ID No. 100066056002
4300 LONG BEACH BLVD STE 410
Long Beach, CA 90807
(562) 595-6050

Languages: Spanish

ROSSINI, JOE, DO Ⓜ

ID No. 100077233093
9209 COLIMA RD # 4400
Whittier, CA 90605
(562) 264-4297

Languages: Spanish

RUBINSON, WILLIAM, MD Ⓜ

ID No. 100036140065
11942 PARAMOUNT BLVD ste B
Downey, CA 90242
(562) 923-6060

Languages: Farsi, Gujarati, Hebrew

RUBINSON, WILLIAM, MD Ⓜ

ID No. 100036140062
8500 FLORENCE AVE # 101
Downey, CA 90240
(562) 923-6060

Languages: Farsi, Gujarati, Hebrew

TABILA, RODOLFO, MD Ⓜ

ID No. 100072742010
1339 W WILLOW ST
Long Beach, CA 90810
(562) 492-6698

Languages: Spanish, Tagalog

General Practice

EGARI, ROY, MD Ⓜ

ID No. 100097504004
18011 PIONEER BLVD
Artesia, CA 90701
(562) 402-0711

Languages: Farsi, Spanish, Tagalog
Teleservice

Internal Medicine

CONTRACTOR, HEENA, MD ♂

ID No. 100094541023
1045 ATLANTIC AVE STE 915
Long Beach, CA 90813
(562) 596-1667

Ⓜ=LeapFrog

♂=Female/Mujer Ⓜ=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

HASHEMI, ZIA, MD ④

ID No. 100081811008
4750 GAGE AVE
Bell, CA 90201
(323) 562-1100
Languages: Farsi, Spanish

ISMAIL, MOHAMMAD, MD ④

ID No. 100067185011
16415 COLORADO AVE STE 207
Paramount, CA 90723
(562) 602-2334
Languages: Hindi, Spanish, Urdu
Teleservice

Javdan, Ron, MD ④

ID No. 100216791047
1126 E SOUTH ST
LONG BEACH, CA 90805
(562) 984-9200
Languages: Farsi

KABBANY, VICTOR, MD ④

ID No. 100156541037
1045 ATLANTIC AVE # 915
LONG BEACH, CA 90813
(562) 901-3260

KASHANI, SHEIDA, DO ⑤

ID No. 100040833009
1045 ATLANTIC AVE # 915
Long Beach, CA 90813
(562) 901-3260
Languages: Farsi

LERNO, LAWRENCE, MD ④

ID No. 100346577017
1510 E 7th St
LONG BEACH, CA 90813
(562) 590-9800
Languages: Gujarati, Hindi, Spanish
Teleservice

MIEL, RUFINA, MD ⑤

ID No. 100327491007
11480 BROOKSHIRE AVE # 309
DOWNEY, CA 90241
(562) 869-1201
Languages: Tagalog

ROQUE, RONALDO, MD ④

ID No. 100033503007
1760 TERMINO AVE STE 104
Long Beach, CA 90804
(562) 494-8512
Languages: French, Spanish, Tagalog

RUBIN, JACK, MD ④

ID No. 100049794023
1045 ATLANTIC AVE STE 915
Long Beach, CA 90813
(562) 901-3260
Languages: French, Spanish, Tagalog

Pediatrics

SARODE, PRAFUL, MD ④

ID No. 100063843049
12371 IMPERIAL HWY
Norwalk, CA 90650
(562) 929-5000
Languages: Hindi, Spanish

TSI, CHUNG, MD ④

ID No. 100021604006
936 Pine Ave
Long Beach, CA 90813
(562) 269-5658
Languages: Chinese, Khmer, Lao

Specialty

Physicians/Médicos
especialistas

Anesthesiology Pain Management

BUSTOS, JERROLD, MD

Paramount, CA

Patel, Ajay, MD

Downey, CA

Anesthesiology

MATTAR, RAAFAT, MD

Long Beach, CA

Dermatology

CHAPMAN, LANCE, MD

Long Beach, CA

Endocrinology Metabolism Diabetes

ENG, STEVEN, MD

Lakewood, CA

General Practice

FELDKAMP, IRVING, MD

Downey, CA

Hematology / Oncology

CASTELLON, CHRYSTINA, MD

Downey, CA - Teleservice

Nephrology

CONTRACTOR, HEENA, MD

Long Beach, CA

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

REGAL MEDICAL GRPNW ORANGE COUNTY, continued/continuación

Specialty Physicians/Médicos especialistas

HUANG, KEVIN, MD
Whittier, CA**ISMAIL, MOHAMMAD, MD**
Paramount, CA - Teleservice**LEE, TAE, MD**
Lakewood, CA**NASREEN, TANZINA, MD**
Paramount, CA - Teleservice**RUBIN, JACK, MD**
Long Beach, CA***Neurology Child*****LE, THANH, MD**
Long Beach, CA***Neurology*****Nguyen, Christina, MD**
Long Beach, CA**TRUONG, DANIEL, MD**
Long Beach, CA**Truong, Kong, MD**
Long Beach, CA***Obstetrics / Gynecology*****CHAO, CYNTHIA, DO**
Long Beach, CA***Ophthalmology*****GONZALEZ, CASIMIRO, MD**
Bell, CA**Renner, Morgan, MD**
Long Beach, CA***Optometrist*****NGUYEN, MEGGIE, OD**
Downey, CA
Long Beach, CA***Pediatric Allergy /
Immunology*****Aranez, Vivian, MD**
Long Beach, CA
Long Beach, CA***Pediatric Cardiology*****CHUN, DAVID, MD**
Long Beach, CA - Teleservice**GANDY, JODIE, MD**
Long Beach, CA**Rahimi, Mohammad, MD**
Long Beach, CA***Pediatric Critical Care
Medicine*****SARODE, PRAFUL, MD**
Norwalk, CA***Pediatric Gastroenterology*****MEHRA, MINI, MD**
Long Beach, CA**TRAN, ROBERT, MD**
Long Beach, CA***Physical Medicine /
Rehabilitation*****MINKOFF, EVAN, DO**
Paramount, CA***Podiatrist*****KANDA, ANJALA, DPM**
Downey, CA***Surgery Colon Surgery*****NEOMAN, AYMAN, MD**
Long Beach, CA***Surgery General Vascular*****BAUMGARTNER, FRITZ, MD**
Long Beach, CA**JABER, MOHAMMAD, MD**
Downey, CA***Surgery General*****DESA, NOLAN, MD**
Long Beach, CA***Surgery Orthopedic*****ROMERO, ANTONIO, MD**
Bellflower, CA***Surgery Thoracic*****GREWAL, NAVROSE, MD**
Lakewood, CA**JOYO, COLIN, MD**
Long Beach, CA**PANAGIOTIDES, GEORGE,
MD**
Lakewood, CA***Urology*****PERLEY, JONATHAN, MD**
Lakewood, CA

Ⓛ=LeapFrog

Ⓢ=Female/Mujer Ⓜ=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

PERLEY, JULES, MD

Lakewood, CA

Long Beach, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

REGAL SAN FERNANDO VALLEY

Specialty Physicians/Médicos especialistas

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

Specialty Physicians/Médicos especialistas

Emergency Medicine

Kahen, Payam, MD
Wilmington, CA

Genetics Clinical

BEALL, MARIE, MD
Long Beach, CA

Obstetrics / Gynecology

DARTEY, MAXWELL, MD
San Pedro, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

Family Practice

**CHAHBOUNI, AMINE, DO **

ID No. 100175464005
15625 Imperial Hwy
La Mirada, CA 90638
(562) 902-3000

Languages: Arabic, French, Spanish

**DALPRAT, JOSE, DO **

ID No. 100187189010
15625 Imperial Hwy
La Mirada, CA 90638
(562) 902-3000

Languages: Portuguese, Spanish

**Figueroa Aragon, Sergio, MD **

ID No. 100324725015
7910 ATLANTIC AVE # M
Cudahy, CA 90201
(323) 908-4200

Languages: Spanish
Teleservice

GARCIA, SYLVIA, MD *

ID No. 100077529017
14442 WHITTIER BLVD STE 105

Whittier, CA 90605
(562) 945-1940

Languages: Spanish

**LUM, MARCUS, MD **

ID No. 100100282010
15625 IMPERIAL HWY
La Mirada, CA 90638
(562) 902-3000

**MERCER, PAUL, MD **

ID No. 100009246026
9209 COLIMA RD # 4400
WHITTIER, CA 90605
(562) 264-4297

Languages: Spanish

Teleservice

**MOHAMMEDI, NASIR, MD **

ID No. 100092184025
9200 COLIMA RD STE 207
Whittier, CA 90605
(562) 945-0252

Languages: French, Hindi, Spanish

PARDO, JAIME, MD *

ID No. 100165937014
8522 PAINTER AVE
WHITTIER, CA 90602
(562) 698-6266

Languages: Italian, Spanish

**ROSSINI, JOE, DO **

ID No. 100077233082
9209 COLIMA RD # 4400
WHITTIER, CA 90605
(562) 264-4297

Languages: Spanish

RUBALCAVA, RAFAEL, MD

*

ID No. 100087553009
15625 IMPERIAL HWY
La Mirada, CA 90638
(562) 902-3000

Languages: Spanish

**Rezai, Damoun, MD **

ID No. 100319598006
11843 Whittier Blvd
Whittier, CA 90601
(562) 325-5336

Languages: Farsi, Spanish

**TRAN, ALEX, MD **

ID No. 100099441064
11822 FLORAL DR # A
Whittier, CA 90601
(562) 908-4355

Languages: Spanish, Vietnamese

General Practice

GONZALES, FERNANDO, MD



ID No. 100054605017
12444 WASHINGTON BLVD
Whittier, CA 90602
(562) 698-0161

Languages: Spanish, Tagalog

**PAYNE, BRIAN, MD **

ID No. 100026240022
7800 Florence Ave
DOWNEY, CA 90240
(562) 928-5700

Languages: Spanish

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

REGAL SAN GABRIEL VALLEY, continued/continuación

PCPs/Médicos de atención primaria (PCP)

Welsh, Sean, MD Ⓜ*

ID No. 100322749006
7624 PAINTER AVE # 100
Whittier, CA 90602
(562) 945-9333
Languages: Spanish

Internal Medicine

ARASTU, ANWAR, MD Ⓜ

ID No. 100081281019
12675 LA MIRADA BLVD STE 200
La Mirada, CA 90638
(562) 941-9853
Languages: Hindi, Urdu

Boroujerdi-Rad, Laleh, MD Ⓢ

ID No. 100249961010
14350 WHITTIER BLVD # 101
WHITTIER, CA 90605
(562) 907-7616

DE LA LOZA, DAVID, MD Ⓜ

ID No. 100088867031
6301 GREENLEAF AVE
WHITTIER, CA 90601
(562) 693-9880
Languages: Spanish

EITAN, NATHAN, MD Ⓜ

ID No. 100081214014
9200 COLIMA RD STE 200
Whittier, CA 90605
(562) 945-2833
Languages: Spanish

HABIB, SHEHNAZ, MD Ⓢ

ID No. 100083641068
8800 ALONDRA BLVD # C
BELLFLOWER, CA 90706
(562) 602-2508
Languages: Gujarati, Hindi, Spanish
Teleservice

HABIB, SHEHNAZ, MD Ⓢ*

ID No. 100083641065
8540 ALONDRA BLVD STE B2
Paramount, CA 90723
(562) 602-2508
Languages: Gujarati, Hindi, Spanish
Contract terminated as of
10/31/2022

MONTES, JUAN, MD Ⓜ

ID No. 100078246170
11822 FLORAL DR
Whittier, CA 90601
(562) 908-4355
Languages: Hindi, Mandarin, Spanish

NEMRI, TALIN, MD Ⓢ

ID No. 100365550013
6300 FLORENCE AVE
BELL GARDENS, CA 90201
(562) 928-9700
Languages: Arabic, Spanish

ROMERO, RAYMUNDO, MD Ⓜ

ID No. 100150348031
1052 Atlantic Ave
LONG BEACH, CA 90813
(213) 484-2288
Languages: Arabic, Armenian, Chinese

SALATINJANTS, AIDA, MD Ⓢ

ID No. 100060463006
13132 STUDEBAKER RD STE 3
Norwalk, CA 90650
(562) 406-7070
Languages: Armenian, Russian, Spanish

SHAH, AJIT, MD Ⓜ

ID No. 100025295009
15651 IMPERIAL HWY STE 104
La Mirada, CA 90638
(562) 947-1619
Languages: Gujarati, Hindi

WINN, HENRY, MD Ⓜ

ID No. 100093502037
15651 IMPERIAL HWY # 102B
LA MIRADA, CA 90638
(562) 947-9591
Languages: French, Spanish, Vietnamese

ZARRABI, MANOOCHER, MD Ⓜ

ID No. 100052147015
4827 GAGE AVE
Bell, CA 90201
(323) 773-3000
Languages: Farsi, Fataleka, Spanish

Pediatrics

CHON, KYUNG, MD Ⓜ

ID No. 100077964017
8522 PAINTER AVE
Whittier, CA 90602
(562) 698-6266
Languages: Korean

Ⓜ=LeapFrog

Ⓢ=Female/Mujer Ⓜ=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

**Specialty
Physicians/Médicos
especialistas**

Cardiovascular Disease

ZAMBRANO, OSCAR, MD
Bell, CA - Teleservice

Certified Nurse Practitioner

HOBSON, ERICA, NP
Downey, CA
Whittier, CA

Emergency Medicine

MOHAMMEDI, NASIR, MD
Whittier, CA

RUBALCAVA, RAFAEL, MD
La Mirada, CA*

***Endocrinology Metabolism
Diabetes***

EITAN, NATHAN, MD
Whittier, CA

Gastroenterology

RAINA, AMIT, MD
Whittier, CA

General Practice

FELDSHER, ZHANNA, MD
Wilmington, CA

Hematology / Oncology

BERGER, MITCHELL, MD
Whittier, CA

CHATHAM, PHILIP, MD
Cerritos, CA

FREIMANN, JACK, MD
Whittier, CA

Hospitalist MD/DO

NEMRI, TALIN, MD
Bell Gardens, CA

***Internal Medicine Geriatric
Medicine***

ARASTU, ANWAR, MD
La Mirada, CA

Nephrology

Boroujerdi-Rad, Laleh, MD
Whittier, CA

LEE, MARK, MD
Whittier, CA

Oncology Medical

SHUM, MERRILL, MD
Whittier, CA

Physicians Assistant

OCAMPO, PAYAL, PA
Whittier, CA

***Registered Physical
Therapist***

HIDY, NATALIE, PT
Whittier, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

**Proveedores de servicios de salud
mental**

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

SEOUL MEDICAL GROUP INC

PCPs/Médicos de atención primaria (PCP)

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

Family Practice

Ehum, John, MD ♂
ID No. 100314927002
18331 GRIDLEY RD # A
CERRITOS, CA 90703
(562) 865-3738
Languages: Korean

KIM, JOHN, MD ♂
ID No. 100097067004
11911 ARTESIA BLVD STE 101
Cerritos, CA 90701
(562) 402-7622
Languages: Korean, Spanish

Internal Medicine

AHN, WOO, MD ♂
ID No. 100101167008
20145 PIONEER BLVD
Lakewood, CA 90715
(562) 916-5020
Languages: Korean

KANG, DENO, MD ♂
ID No. 100097156011
18102 PIONEER BLVD STE 204
Artesia, CA 90701
(562) 402-9801
Languages: Korean

Specialty Physicians/Médicos especialistas

Cardiovascular Disease

SONG, JOSEPH, MD
Whittier, CA

Certified Nurse Practitioner

CUADRAS, ANDREA, NP
Downey, CA

HOBSON, ERICA, NP
Downey, CA

Certified Ocularist / Dispensing Optician

LANE, ANAIS, NP
Lakewood, CA

Dermatology

KWAN, JULIA, MD
San Pedro, CA

PETRY, SARAH, MD
Long Beach, CA

Hematology / Oncology

FREIMANN, JACK, MD
Whittier, CA

GOLSHANI, GOL, MD
Lakewood, CA - Teleservice

Marathe, Omkar, MD
Downey, CA

Morrison, David, MD
Downey, CA
Lakewood, CA

Parsi, Hooman, MD
Downey, CA

SHUM, MERRILL, MD
Whittier, CA

WEI, YUNFEI, MD
Downey, CA

Nephrology

KANG, DENO, MD
Artesia, CA

Neurology

KIM, CHAN, MD
Whittier, CA

Obstetrics

PINCHES, JOHN, DO
Hawaiian Gardens, CA

Ophthalmology

Alasil, Tarek, MD
Long Beach, CA

GASPERINI, JULIE, MD
Long Beach, CA

HUDSON, HENRY, MD
Downey, CA

KIM, TAE, MD
Cerritos, CA

♂=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

KIM, YUN, MD
Artesia, CA

LEE, JIMMY, MD
Long Beach, CA

LEE, JOSEPH, MD
Artesia, CA

LIN, JOSEPH, MD
Whittier, CA

LIN, KRISTIE, MD
Whittier, CA

PILYUGINA, SVETLANA, MD
Cerritos, CA

ROH, MICHAEL, MD
Long Beach, CA

ROIZENBLATT, ROBERTO, MD
Long Beach, CA

SUK, KEVIN, MD
Downey, CA

Ung, Cindy, MD
Long Beach, CA

Optometrist

AHN, ESTHER, OD
Cerritos, CA

DOAN, TU, OD
Long Beach, CA

NGUYEN, MEGGIE, OD
Downey, CA
Long Beach, CA
San Pedro, CA

NGUYEN, THY, OD
San Pedro, CA

PHAM, THUY, OD
Artesia, CA

SCOTT, JEFFREY, OD
Downey, CA

Wong, Sharon, OD
San Pedro, CA

Pediatric Cardiology

DE OLIVEIRA, ELIZABETH, MD
Downey, CA
Long Beach, CA

HO, JOHN, MD
Downey, CA
Long Beach, CA

TESSLER, IRVING, MD
Downey, CA

Physicians Assistant

Tai, Steve, PA
Whittier, CA

Podiatrist

JADALI, PATRICK, MD
Long Beach, CA
Long Beach, CA
Long Beach, CA

Shin, Marie, DPM
Norwalk, CA

VAN ENOO, SHAWN, DPM
Cerritos, CA

Psychiatry

Won, Lucy, DO
Cerritos, CA

Radiation Oncology

LI, RICHARD, MD
Whittier, CA

SILA, CHAD, MD
Long Beach, CA

Radiology Diagnostic X-ray

Azizi, Robert, MD
Bell Gardens, CA

Radiology

Singha, Malwinder, MD
Long Beach, CA

Surgery General Vascular

Hussain, Ahmad, MD
Downey, CA

Surgery General

KAHN, EUGENE, MD
Long Beach, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

* Indicates accepting current patients only.
* Indica que el médico acepta únicamente pacientes actuales.

ST JUDE HERITAGE MEDICAL GRP

Specialty Physicians/Médicos especialistas

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

Specialty

Physicians/Médicos especialistas

Cardiology

JAFARI, ALIREZA, MD

Whittier, CA

Gastroenterology

MCGUIRE, RICHARD, MD

La Mirada, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

Family Practice

RUBINSON, WILLIAM, MD ®

ID No. 100036140173
11938 Paramount Blvd
Downey, CA 90242
(562) 923-6060

Languages: Farsi, Gujarati, Hebrew

General Practice

Barlow, Ryan, DO ®

ID No. 100296032058
11938 PARAMOUNT BLVD
Downey, CA 90242
(562) 923-6060
Teleservice

Internal Medicine

KANG, DENO, MD ®

ID No. 100097156007
18102 PIONEER BLVD STE 204
Artesia, CA 90701
(562) 402-9801

Languages: Korean

UGORJI, CHINEDU, MD ®

ID No. 100103975004
16660 PARAMOUNT BLVD STE 208
Paramount, CA 90723
(562) 408-0131

Languages: Hindi, Spanish

WONG, HANSON, MD ®

ID No. 100100599063
10230 ARTESIA BLVD STE 201
Bellflower, CA 90706
(562) 804-7223

Languages: Cantonese, Mandarin, Spanish

Specialty Physicians/Médicos especialistas

Anesthesiology Pain Management

Patel, Ajay, MD

Downey, CA

Anesthesiology

EL-KHOURY, GEORGE, MD

Long Beach, CA

Cardiac Electrophysiology

RUELAZ, ROBERT, MD

Norwalk, CA

Certified Nurse Practitioner

MERCADO, MARCUS, NP

Downey, CA

Marriage Family Therapist

JOHANSEN, ROBERT, PHD

Cerritos, CA

Physicians Assistant

PABLO, ANNETTE, PA

Downey, CA

Watkins, Kenia, PA

Downey, CA

Psychologist

JOHANSEN, IAN, PhD

Cerritos, CA

JOHANSEN, ROBERT, PHD

Cerritos, CA

MINDUS, LESTER, PHD

Cerritos, CA

Surgery General

HINIKA, GUDATA, MD

Paramount, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud

* Indicates accepting current patients only.

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ST VINCENT IPA MEDCORP, continued/continuación

Specialty Physicians/Médicos especialistas

mental" en la página 382.

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♀=Female/Mujer ♂=Male/Hombre

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Urgent Care Centers

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Centros de atención urgente

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**Specialty
Physicians/Médicos
especialistas**

***Licensed Clinical Social
Worker***

Mashadi, Najma, LCSW
Lakewood, CA

PRODGER, KIM, LCSW
Lakewood, CA

**SHERMAN WICKS, HILLARY,
LCSW**
Lakewood, CA

Ophthalmology

Downing, Johnathon, MD
San Pedro, CA

Otolaryngology

SIGARI, FARHAD, MD
Long Beach, CA

Pediatric Cardiology

**DE OLIVEIRA, ELIZABETH,
MD**
Long Beach, CA

HO, JOHN, MD
Long Beach, CA

Psychiatry

PERCH, YULIYA, MD
Lakewood, CA

Psychologist

ABENES, MARIA, PhD
Cerritos, CA - Teleservice

COOPER, CHARLES, PHD
Lakewood, CA

JUAREZ, ERICKA, PSY
Lakewood, CA

OREN, ZECHARIA, PHD
Lakewood, CA

***Registered Physical
Therapist***

Amini, Nazanin, PT
Long Beach, CA

Tan, Karlu, PT
Long Beach, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

**Proveedores de servicios de salud
mental**

Para obtener una lista de los

proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

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St Mary IPA

Affiliated Hospitals/Hospitales afiliados

Affiliated Hospitals/Hospitales afiliados

LONG BEACH MEMORIAL MED CTR

2801 ATLANTIC AVE # 228
Long Beach, CA 90806

ST MARY MEDICAL CENTER LONG BEACH ②

1050 LINDEN AVE
Long Beach, CA 90813

Urgent Care Centers

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Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

Family Practice

BAMBRAH-DHAMIJA, MEHTAB, MD ②

ID No. 100114408031
3760 ATLANTIC AVE
Long Beach, CA 90807
(562) 595-7467

*Languages: Cambodian, Gujarati,
Hindi*

Barlow, Ryan, DO ②

ID No. 100296032031
8500 FLORENCE AVE # 101
Downey, CA 90240
(562) 202-5020

Barlow, Ryan, DO ②

ID No. 100296032034
11938 PARAMOUNT BLVD
Downey, CA 90242
(562) 923-6060

Teleservice

Barlow, Ryan, DO ②

ID No. 100296032037
3300 E SOUTH ST # 209
Lakewood, CA 90805
(562) 444-0022

Teleservice

CHAUDHARY, VINITA, MD ②

ID No. 100099965015
3650 SOUTH ST STE 210
Lakewood, CA 90712
(562) 630-0910

Languages: Hindi

CONSTANTINO, LOIDA, MD ②

ID No. 100095454016
1777 N BELLFLOWER BLVD
STE 104

Long Beach, CA 90815
(562) 961-8820

Languages: Spanish, Tagalog

DIX, KAREN, MD ②

ID No. 100038621029
911 E SAN ANTONIO DR # 1
LONG BEACH, CA 90807
(562) 728-8700

HANAMSAGAR, SEEMA, MD

②*

ID No. 100114040069
3816 WOODRUFF AVE # 406
LONG BEACH, CA 90808
(562) 421-7292

Languages: Hindi, Marathi

Contract terminated as of
10/31/2022

LABATIA, SHERIF, MD ②*

ID No. 100195919017
5750 DOWNEY AVE # 206
LAKEWOOD, CA 90712
(562) 384-3034

Languages: Arabic, French

LARSON, LINDSAY, DO ②

ID No. 100175296018
5750 DOWNEY AVE # 100
LAKEWOOD, CA 90712
(562) 630-3105

LEE, CHRISTINA, MD ②

ID No. 100099123013
817 ATLANTIC AVE
LONG BEACH, CA 90813
(562) 591-6890

*Languages: Cambodian,
Mandarin, Spanish*
Teleservice

LEE, STEPHEN, MD ②

ID No. 100020508031
21508 NORWALK BLVD
Hawaiian Gardens, CA 90716
(562) 865-5214

Languages: Korean, Spanish

②=LeapFrog

②=Female/Mujer ②=Male/Hombre

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LEE, YANG, MD ①

ID No. 100031170020
5981 ATLANTIC AVE
Long Beach, CA 90805
(562) 423-1424

Languages: Chinese, Mandarin, Spanish

LEE, YANG, MD ①

ID No. 100031170021
16415 COLORADO AVE STE 208
Paramount, CA 90723
(562) 531-0015

Languages: Chinese, Mandarin, Spanish

MALEK, IRENE, MD ②

ID No. 100079397012
3610 ATLANTIC AVE
LONG BEACH, CA 90807
(562) 492-9288

Languages: Arabic, Spanish
Teleservice

MATEMOTJA, DANIEL, MD ①

ID No. 100084173024
12131 CARSON ST
Hawaiian Gardens, CA 90716
(562) 809-0299

Languages: Russian, Spanish
Teleservice

MENDOZA, MANUEL, MD ①

ID No. 100047566100
11735 Firestone Blvd
NORWALK, CA 90650
(562) 925-7716

Languages: Spanish, Tagalog

MIKHAIL, MARIANNE, MD ②

ID No. 100196873015
5750 DOWNEY AVE # 206
Lakewood, CA 90712
(562) 384-3034

Languages: Arabic, French, Spanish

MINKUS, BRIAN, DO ①

ID No. 100082451024
18502 GRIDLEY RD
Artesia, CA 90701
(562) 865-6160

NUGAS, ALICIA, MD ②

ID No. 100054868017
22408 NORWALK BLVD
Hawaiian Gardens, CA 90716
(562) 421-2188

RUBINSON, WILLIAM, MD ①

ID No. 100036140088
8500 FLORENCE AVE # 101
Downey, CA 90240
(562) 923-6060

Languages: Farsi, Gujarati, Hebrew

RUBINSON, WILLIAM, MD ①

ID No. 100036140102
11938 Paramount Blvd
Downey, CA 90242
(562) 923-6060

Languages: Farsi, Gujarati, Hebrew

RUBINSON, WILLIAM, MD ①

ID No. 100036140116
3300 E SOUTH ST # 209
LAKEWOOD, CA 90805
(562) 923-6601

Languages: Farsi, Gujarati, Hebrew

SAMAWI, ROGER, MD ①

ID No. 100035070012
1045 ATLANTIC AVE STE 1019
Long Beach, CA 90813
(562) 901-9228

Languages: Arabic, Spanish

SHEPPARD, JAMES, DO ①

ID No. 100232942060
8706 IMPERIAL HWY
Downey, CA 90242
(562) 746-0051

Languages: Spanish

TYSON, YVONNE, MD ②

ID No. 100026273013
925 E SAN ANTONIO DR STE 18
Long Beach, CA 90807
(562) 728-6738
Teleservice

VENKATARAMAN,

SRIVIDYA, MD ②

ID No. 100113945010
3816 WOODRUFF AVE # 407
LONG BEACH, CA 90808
(562) 497-9314

Languages: Hindi, Spanish, Tamil

YESKE, REGINALD, MD ①

ID No. 100071352008
1190 N STUDEBAKER RD # H
LONG BEACH, CA 90815
(562) 597-9402

Languages: Tagalog

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

St Mary IPA, continued/continuación

PCPs/Médicos de atención primaria (PCP)

General Practice

EYZAGUIRRE, ROBERT, MD



ID No. 100089695007

9349 OAK ST

Bellflower, CA 90706

(562) 920-6070

Languages: French, Italian,
Portuguese

HASHEMIYOON, ROBERT, MD

ID No. 100001628048

8500 FLORENCE AVE # 101

Downey, CA 90240

(562) 202-5020

Languages: Armenian, Faroese,
Farsi

HASHEMIYOON, ROBERT, MD

ID No. 100001628061

11938 Paramount Blvd

Downey, CA 90242

(562) 923-6060

Languages: Armenian, Faroese,
Farsi

HASHEMIYOON, ROBERT, MD

ID No. 100001628052

3300 E SOUTH ST # 209

LAKEWOOD, CA 90805

(562) 444-0022

Languages: Armenian, Faroese,
Farsi

KASHANI, DARYOUSH, MD



ID No. 100076327055

500 W WILLOW ST # 101

LONG BEACH, CA 90806

(562) 427-1700

Languages: Faroese, Farsi,
Spanish

Teleservice

SHEK, DAVID, MD

ID No. 100045699054

11803 CARSON ST

HAWAIIAN GARDENS, CA

90716

(562) 924-4455

Languages: Cantonese, Chinese,
Mandarin

TABILA, RODOLFO, MD

ID No. 100072742029

1339 W WILLOW ST

Long Beach, CA 90810

(562) 492-6698

Languages: Spanish, Tagalog

Internal Medicine

ADAMS, JOHN, DO

ID No. 100025486021

2777 PACIFIC AVE

Long Beach, CA 90806

(562) 426-6571

Languages: Spanish

Teleservice

Contract terminated as of
10/31/2022

ALLSWANG, BARRY, MD

ID No. 100038210019

1045 ATLANTIC AVE STE 506

Long Beach, CA 90813

(562) 491-9456

Languages: Arabic, Spanish

AMIN, JAY, MD

ID No. 100036009020

8500 FLORENCE AVE # 101

DOWNEY, CA 90240

(562) 202-5020

Languages: Gujarati, Hindi,
Spanish

AMIN, JAY, MD

ID No. 100036009031

11938 PARAMOUNT BLVD

DOWNEY, CA 90242

(562) 923-6060

Languages: Gujarati, Hindi,
Spanish

AMIN, JAY, MD

ID No. 100036009015

3300 E SOUTH ST # 209

LAKEWOOD, CA 90805

(562) 923-6060

Languages: Gujarati, Hindi,
Spanish

AWAD, JOHN, MD

ID No. 100375169012

3530 LONG BEACH BLVD

LONG BEACH, CA 90807

(562) 989-1200

Languages: Arabic

AWAD, YOUSSEF, MD

ID No. 100083652023

3530 LONG BEACH BLVD # 120

LONG BEACH, CA 90807

(562) 989-1200

Languages: Arabic, Spanish

Ⓐ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

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BELL, MAURICE, MD

ID No. 100072404014
4100 LONG BEACH BLVD STE 200
Long Beach, CA 90807
(562) 981-2355
Languages: Czech, Russian, Slovak

BHANSALI, NEHA, MD

ID No. 100053018013
3300 E SOUTH ST STE 205
Lakewood, CA 90805
(562) 531-0377
Languages: Gujarati, Hindi, Spanish

CHAUDHARY, ARCHNA, MD

ID No. 100109300036
4401 ATLANTIC AVE # 202
LONG BEACH, CA 90807
(562) 988-2777
Languages: Hindi, Tamil

CHOI, CHESTER, MD

ID No. 100074787009
1045 ATLANTIC AVE # 708
Long Beach, CA 90813
(562) 491-9045
Languages: Hindi, Spanish, Vietnamese

CHUNG, WINSTON, MD

ID No. 100059063018
1045 ATLANTIC AVE STE 506
Long Beach, CA 90813
(562) 491-9456
Languages: Chinese, Spanish

COHEN, GERALD, MD

ID No. 100018271020
1045 ATLANTIC AVE STE 506
Long Beach, CA 90813
(562) 491-9456
Languages: Spanish

CONTRACTOR, HEENA, MD

ID No. 100094541054
1045 ATLANTIC AVE STE 915
Long Beach, CA 90813
(562) 596-1667

DEJONG, CLAYTON, MD

ID No. 100048317006
300 REDONDO AVE
Long Beach, CA 90814
(562) 433-7496

DELAROSA, PEDRO, MD *

ID No. 100092868015
3816 WOODRUFF AVE STE 412
Long Beach, CA 90808
(562) 377-1111
Languages: Spanish

Dejong, Tyler, MD

ID No. 100318572004
300 Redondo Ave
Long Beach, CA 90814
(562) 433-7496
Languages: Spanish

FREUND, MICHAEL, MD *

ID No. 100007729009
3650 SOUTH ST STE 110
Lakewood, CA 90712
(562) 531-6140

GARCIA, CHERIE, MD

ID No. 100109138009
5750 DOWNEY AVE STE 100
Lakewood, CA 90712
(562) 630-3105
Languages: Spanish, Tagalog

GINZBURG, OLGA, MD

ID No. 100110271009
5750 DOWNEY AVE STE 100
Lakewood, CA 90712
(562) 630-3105
Languages: French, Russian, Spanish

GORDON, SCOTT, MD

ID No. 100077826009
5750 DOWNEY AVE STE 100
Lakewood, CA 90712
(562) 630-3105
Languages: French, Hindi, Russian

HSU, DIANA, MD

ID No. 100083052024
12651 LAKEWOOD BLVD
Downey, CA 90242
(562) 861-3111
Languages: Mandarin, Spanish

HSU, GOETHE, MD

ID No. 100079668024
12651 LAKEWOOD BLVD
Downey, CA 90242
(562) 861-3111
Languages: Mandarin, Spanish, Tagalog

HSU, LINDA, MD

ID No. 100071649026
11101 LA REINA AVE ste 101
Downey, CA 90241
(562) 867-2796
Languages: Spanish

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

St Mary IPA, continued/continuación

PCPs/Médicos de atención primaria (PCP)

IBARRA, RODOLFO, MD ♂*

ID No. 100090457009
3816 WOODRUFF AVE # 204
LONG BEACH, CA 90808
(562) 423-0436
Languages: Spanish

JACKSON, ROZALIE, MD ♀*

ID No. 100059694035
1777 N BELLFLOWER BLVD # 210
LONG BEACH, CA 90815
(562) 986-1450
Languages: Spanish
Contract terminated as of 10/31/2022

KUHN, REBECCA, MD ♀*

ID No. 100084199014
1777 N BELLFLOWER BLVD STE 210
Long Beach, CA 90815
(562) 719-2045
Languages: Spanish

KYAN, FEE, MD ♂

ID No. 100057064012
10230 ARTESIA BLVD STE 300
Bellflower, CA 90706
(562) 804-0100
Languages: Spanish, Thai

LAKE, STEVEN, MD ♂

ID No. 100093206008
911 E SAN ANTONIO DR STE 6
Long Beach, CA 90807
(562) 423-6441
Languages: Spanish

LEECH, IRENE, MD ♀

ID No. 100006785010
125 E 8TH ST # 100
Long Beach, CA 90813
(562) 590-8509

LEE, RICHARD, MD ♂

ID No. 100082875019
5981 ATLANTIC AVE
Long Beach, CA 90805
(562) 423-1424
Languages: Chinese, Korean, Mandarin

LEE, RICHARD, MD ♂

ID No. 100082875018
16415 COLORADO AVE STE 208
Paramount, CA 90723
(562) 531-0015
Languages: Chinese, Korean, Mandarin

LICUANAN, JESSE, MD ♂

ID No. 100032648017
3300 E SOUTH ST STE 205
Lakewood, CA 90805
(562) 531-0377
Languages: Spanish, Tagalog

LINTON, DALE, MD ♂

ID No. 100023216006
925 E SAN ANTONIO DR STE 11
Long Beach, CA 90807
(562) 428-4613

LUGLIANI, ROBERT, MD ♂

ID No. 100006335016
1045 ATLANTIC AVE STE 902
Long Beach, CA 90813
(562) 437-0996
Languages: Italian, Spanish

MCCLOY, THOMAS, MD ♂

ID No. 100068044012
1045 ATLANTIC AVE STE 1019
Long Beach, CA 90813
(562) 437-6213
Languages: Portuguese, Spanish

MEKA, AJAY, MD ♂

ID No. 100098859055
1510 E 7TH ST
Long Beach, CA 90813
(562) 590-9800
Languages: Arabic, French, Gujarati
Teleservice

MEKA, MEENA, MD ♀*

ID No. 100219558015
1510 E 7th St
LONG BEACH, CA 90813
(562) 590-9800
Languages: Spanish
Teleservice

NGA, VISAL, DO ♂

ID No. 100150656028
1269 E ANAHEIM ST
Long Beach, CA 90813
(562) 599-5300
Languages: Cambodian, Khmer, Spanish

NGUYEN, JAN, DO ♀

ID No. 100349846011
2777 PACIFIC AVE # E
Long Beach, CA 90806
(562) 426-6571
Languages: Spanish, Vietnamese

PATEL, GNYANDEV, MD ♂

ID No. 100078689030
3300 E SOUTH ST STE 206
Lakewood, CA 90805
(562) 232-2380
Languages: Gujarati, Hindi

♂=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

RAMOS, NEILL, MD

ID No. 100141507008
1045 ATLANTIC AVE # 708
Long Beach, CA 90813
(562) 491-9045
Languages: Spanish

ROQUE, RONALDO, MD

ID No. 100033503021
1760 TERMINO AVE STE 104
Long Beach, CA 90804
(562) 494-8512
Languages: French, Spanish, Tagalog

SHAH, SYED, MD

ID No. 100024202009
5750 DOWNEY AVE STE 100
Lakewood, CA 90712
(562) 630-3105
Languages: Croatian, French, Hindi

SIMAN, HOMAN, MD

ID No. 100111988014
1231 N AVALON BLVD
Wilmington, CA 90744
(310) 835-5000
Languages: Faroese, Farsi, Spanish
Teleservice

SO, VANNARITH, MD

ID No. 100057603014
1777 N BELLFLOWER BLVD
STE 101
Long Beach, CA 90815
(562) 986-6138
Languages: Cambodian, Spanish

SUMCAD, JOCELYN, MD

ID No. 100025018036
16660 PARAMOUNT BLVD STE 101
Paramount, CA 90723
(562) 633-0976
Languages: Spanish, Tagalog

WAN, CHOK, MD

ID No. 100096600010
2153 PACIFIC AVE
Long Beach, CA 90806
(562) 599-4833
Languages: Chinese, Mandarin, Spanish

WONG, HANSON, MD

ID No. 100100599033
10230 ARTESIA BLVD STE 201
Bellflower, CA 90706
(562) 804-7223
Languages: Cantonese, Mandarin, Spanish

WU, JACK, MD

ID No. 100098252007
3845 Atlantic Ave
LONG BEACH, CA 90807
(562) 595-9206
Languages: Chinese, Khmer, Mandarin

Pediatrics

JAYATILAKA, MATTHEW, MD

ID No. 100010124009
1045 ATLANTIC AVE STE 818
Long Beach, CA 90813
(562) 436-8117
Teleservice

Specialty

Physicians/Médicos
especialistas

Allergy Immunology

MELTZER, STEVEN, MD
Long Beach, CA

Anesthesiology

EL-KHOURY, GEORGE, MD
Long Beach, CA

Cardiology

KAPOOR, NIKHIL, MD
Long Beach, CA

Dermatology

CASTRO, MICHAEL, MD
Lakewood, CA

Hematology / Oncology

FARJAMI, SASSAN, MD
Long Beach, CA

LIEM, KIEM, MD
Long Beach, CA

NGO, MARK, MD
Long Beach, CA

TCHEKMEDYIAN, NERSES, MD
Long Beach, CA

Infectious Disease

CHOI, CHESTER, MD
Long Beach, CA

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

St Mary IPA, continued/continuación

Specialty Physicians/Médicos especialistas

SU, HENRY, MD

Long Beach, CA

Internal Medicine

SAEED, KHALID, MD

Lakewood, CA

Nephrology

SEMERJIAN, AVEDIK, MD

Downey, CA

Lakewood, CA

Neurology

CARRILLO-NUNEZ,

IGNACIO, MD

Long Beach, CA

MARMARELIS, PANOS, MD

Long Beach, CA

Obstetrics / Gynecology

CHAO, CYNTHIA, DO

Long Beach, CA

DELAROSA, JOSE, MD

Paramount, CA

MIZRAHI, RABIN, MD

Long Beach, CA

SOHL, BERTRAM, MD

Long Beach, CA

Ophthalmology

HARTMAN, CARL, MD

Lakewood, CA

Nhu, Thuc-Trinh, MD

Lakewood, CA

PASQUALI, LARRY, MD

Lakewood, CA

SASAKI, IRENE, MD

Long Beach, CA

Otolaryngology

TAN, JESSE, MD

Long Beach, CA

TAN, JESUS, MD

Long Beach, CA

Podiatrist

SCHAUWEKER, PHILIP, DPM

Long Beach, CA

Radiology Therapeutic

DAVE, SULABHA, MD

Long Beach, CA

Rheumatology

STICKELMAIER, IVETTE,

MD

Lakewood, CA

Surgery Cardiovascular

KONECNY, JIRI, DO

Long Beach, CA

Surgery General Vascular

HEILBRON, MAURICIO, MD

Long Beach, CA

Surgery General

MURRAY, JAMES, MD

Long Beach, CA

Surgery Neurological

Chou, Arthur, MD

Whittier, CA

Surgery Orthopedic

BHALLA, SARBPAL, MD

Long Beach, CA

COMBS, CHRISTOPHER, MD

Lakewood, CA

WASSEF, ANDREW, MD

Lakewood, CA

Surgery Thoracic

GREWAL, NAVROSE, MD

Lakewood, CA

Urology

AGATSTEIN, ERNEST, MD

Downey, CA

AYNEHCHI, SHAHRAD, MD

Downey, CA

NOWFAR, SEPEHR, MD

Downey, CA

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

Family Practice

AGUILUZ, JACQUELINE, DO
Ⓜ

ID No. 100040919105
21508 NORWALK BLVD
Hawaiian Gardens, CA 90716
(562) 865-5214
Teleservice

AGUILUZ, JACQUELINE, DO
Ⓜ

ID No. 100040919071
13330 BLOOMFIELD AVE STE 111
Norwalk, CA 90650
(562) 868-0733
Teleservice

LARES, BEATRIZ, MD Ⓜ

ID No. 100088340009
9360 TELEGRAPH RD
Downey, CA 90240
(562) 869-0180
Languages: Portuguese, Spanish

MENDOZA, MANUEL, MD Ⓜ

ID No. 100047566027
16323 CLARK AVE
Bellflower, CA 90706
(562) 925-7716
Languages: Spanish, Tagalog

MIZUHARA-CHENG, COURTNEY, DO Ⓜ

ID No. 100130891006
1535 Lomita Blvd
HARBOR CITY, CA 90710
(310) 530-9300
Languages: Japanese, Spanish
Teleservice

PAJA, ISAIAS, MD Ⓜ

ID No. 100100474025
2491 PACIFIC AVE STE 3
Long Beach, CA 90806
(562) 989-1322
Languages: Spanish, Tagalog
Teleservice

VU, HOANG-CHUONG, MD Ⓜ

ID No. 100065485063
17620 BELLFLOWER BLVD
BELLFLOWER, CA 90706
(562) 867-7098
Languages: Arabic, French, Mandarin

General Practice

AGUILUZ, AMABLE, MD Ⓜ

ID No. 100158992035
21500 PIONEER BLVD # 209
Hawaiian Gardens, CA 90716
(562) 860-2442
Languages: Spanish, Tagalog

YAGOOBIAN, BEHROOZ, MD
Ⓜ

ID No. 100010557024
15730 PARAMOUNT BLVD
Paramount, CA 90723
(562) 634-1000
Languages: Farsi, Persian, Spanish

Internal Medicine

HASHEMIYOON, ROBERT, MD Ⓜ

ID No. 100001628076
11942 PARAMOUNT BLVD # B
DOWNEY, CA 90242
(562) 923-6060
Languages: Armenian, Faroese, Farsi

MISHAL, SUREKHA, MD Ⓜ

ID No. 100038567030
14359 PIONEER BLVD # A
NORWALK, CA 90650
(562) 864-7279
Languages: Gujarati, Hindi, Marathi
Teleservice

PATEL, GNYANDEV, MD Ⓜ

ID No. 100078689032
3300 E SOUTH ST STE 206
Lakewood, CA 90805
(562) 232-2380
Languages: Gujarati, Hindi

SUMCAD, JOCELYN, MD Ⓜ

ID No. 100025018019
16660 PARAMOUNT BLVD STE 101
Paramount, CA 90723
(562) 633-0976
Languages: Spanish, Tagalog

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

Superior Choice Medical Group, continued/continuación

Specialty Physicians/Médicos especialistas

Specialty Physicians/Médicos especialistas

Allergy Immunology

TRIVEDI, DIVYANG, MD
Norwalk, CA

Cardiology

EFTEKHARI, HOSSEIN, MD
Downey, CA

Cardiovascular Disease

TAMBOLI, KAUSHAL, MD
Downey, CA

Certified Nurse Practitioner

MENDOZA, AMADA, NP
Paramount, CA

PATONONA, RONAN, NP
Norwalk, CA

Neurology

HIJAZIN, MUNTHAR, MD
Downey, CA

MITRI, ANTOINE, MD
Downey, CA - Teleservice

PRENTICE, THEODORE, MD
Downey, CA - Teleservice

Pediatric Cardiology

BLURTON, DOMINIC, MD
Long Beach, CA

BYRNE, FRANCESCA, MD
Long Beach, CA

TAN, CHRISTOPHER, MD
Long Beach, CA

TURIY, YULIYA, MD
Long Beach, CA

Podiatrist

LINAM, MARK, DPM
Paramount, CA

**TAGALOA TULIFAU,
MAFUTAGA, DPM**
Lakewood, CA

Speech Pathologist

BASIL, SHERWIN, MA
Lakewood, CA

Surgery General

SHAMAAN, IHSAN, MD
Bell, CA - Teleservice

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

Ⓛ=LeapFrog

♀=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

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"Proveedores de servicios de salud mental" en la página 382.

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

Family Practice

DIX, KAREN, MD ☎

ID No. 100038621036
911 E SAN ANTONIO DR # 1
LONG BEACH, CA 90807
(562) 728-8700

Internal Medicine

MARZBAN, SIAMAK, MD ☎

ID No. 100026233002
2403 S MORAY AVE STE 2B
San Pedro, CA 90732
(310) 832-2694
Languages: Farsi, Spanish
Teleservice

SIMAN, HOMAN, MD ☎

ID No. 100111988004
1231 N AVALON BLVD
Wilmington, CA 90744
(310) 835-5000
Languages: Faroese, Farsi, Spanish
Teleservice

Specialty Physicians/Médicos especialistas

Anesthesiology

EL-KHOURY, GEORGE, MD

Long Beach, CA

Hematology / Oncology

JILANI, SYED, MD

San Pedro, CA

Neurology

GLUCKMAN, RICHARD, MD

San Pedro, CA*

Pediatric Hematology / Oncology

PATEL, RAMESH, MD

Long Beach, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección

* Indicates accepting current patients only.

* Indica que el médico acepta únicamente pacientes actuales.

United Physicians International Inc LA

PCPs/Médicos de atención primaria (PCP)

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

PCPs/Médicos de atención primaria (PCP)

General Practice

BUSTOS, ADELAIDA, MD ☉

ID No. 100087122080

7862 FIRESTONE BLVD

Downey, CA 90241

(562) 869-7007

Languages: Spanish, Tagalog

Specialty

Physicians/Médicos especialistas

Cardiovascular Disease

HO, LILY, MD

Whittier, CA

VLACHONASSIOS, KONSTANTINOS, MD

Downey, CA

Neurology

PRENTICE, THEODORE, MD

Downey, CA - Teleservice

Oncology Medical

AGAJANIAN, RICHY, MD

Downey, CA

Whittier, CA

Ophthalmology

Alasil, Tarek, MD

Long Beach, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

Proveedores de servicios de salud mental

Para obtener una lista de los proveedores de servicios de salud mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

☉=LeapFrog

☉=Female/Mujer ♂=Male/Hombre

When you choose your PCP, you are also choosing the hospital(s) and specialty network affiliated with the physician group.

/Cuando elige a su PCP, también elige los hospitales y la red de especialistas afiliados al grupo médico.

Urgent Care Centers

This plan provides coverage for urgently needed services both in-network and out-of-network. For an up-to-date list of Urgent Care Centers in the network, please contact your medical group.

mental, consulte la sección "Proveedores de servicios de salud mental" en la página 382.

Centros de atención urgente

Este plan brinda cobertura para servicios urgentemente necesarios en centros de la red y fuera de la red. Para obtener una lista actualizada de centros de atención urgente de la red, comuníquese con su grupo médico.

**Specialty
Physicians/Médicos
especialistas**

Radiation Oncology

Chung, Arthur, MD
Long Beach, CA

LAWRENSON, LESLEY, MD
Long Beach, CA

MERLO, CLIFFORD, MD
Long Beach, CA

SILA, CHAD, MD
Long Beach, CA

Mental Health Providers

For a list of mental health providers, please go to the Mental Health Providers section on page 382.

**Proveedores de servicios de salud
mental**

Para obtener una lista de los proveedores de servicios de salud

* Indicates accepting current patients only.
* Indica que el médico acepta únicamente pacientes actuales.

Outpatient Mental Health Providers/Proveedores de servicios de salud mental para pacientes ambulatorios

Mental Health Providers

Your PCP's physician group may have mental health providers in its network. Please refer to the list below. You may contact these providers directly. Please note that some services may require the mental health provider to obtain prior authorization from Blue Shield, in order for services to be covered.

To access a listing of mental health providers online, visit blueshieldca.com/fad.

Proveedores de servicios de salud mental

Es posible que el grupo médico de su PCP tenga proveedores de servicios de salud mental en su red. Consulte la lista a continuación.

Puede comunicarse con estos proveedores directamente. Tenga en cuenta que, para algunos servicios, tal vez sea necesario que el proveedor de servicios de salud mental obtenga una autorización previa de Blue Shield para que los servicios estén cubiertos.

Para obtener acceso al directorio de proveedores de servicios de salud mental en línea, visite blueshieldca.com/fad.

Licensed Clinical Social Worker

ASSOCIATED THERAPISTS INC *

Long Beach, CA 90802
(714) 898-0362

BELL OCD AND ANXIETY TREATMENT FOR ADULT AND CHILD THERAPY P *
LAKEWOOD, CA 90712
(562) 965-1489

BRITTAIN, DEBRA, LCSW *
LONG BEACH, CA 90814
(562) 599-9233

CHARLES KODIMER AND ASSOCS *
Downey, CA 90241
(562) 861-6180

Catalina Island Medical Center *
AVALON, CA 90704
(310) 510-0700

DASGUPTA-TSINIKAS, ELENA, LCSW *
Long Beach, CA 90808
(562) 270-4057

DE LA TORRE, PATRICIA, LCSW *
WHITTIER, CA 90605
(562) 367-7730

EPIPHANY COUNSELING CONSULTING AND TREATMENT SERVICES *
SAN PEDRO, CA 90731
(424) 570-6955

Foresight Mental Health *
LONG BEACH, CA 90802
(888) 963-9639

Also located at:
LONG BEACH, CA 90802
(562) 513-2888

GALARZA, DANIEL, LCSW *
WHITTIER, CA 90602
(562) 265-8845

HARBOR PSYCHOLOGISTS *
Lakewood, CA 90712
(562) 497-1505

HERNANDEZ COUNSELING AND ASSOCIATES *
NORWALK, CA 90650
(562) 450-0620

IQBAL, SAQIB, LCSW *
Cerritos, CA 90703
(562) 270-4469

Incredibly Inspirational Inc *
Long Beach, CA 90815
(562) 743-2389

JONES DIX, CHERYL, LCSW
Long Beach, CA 90807
(562) 493-9089

Joseph Posard Licensed Clinical Social Worker Inc *
LONG BEACH, CA 90815
(562) 704-3744

KELLY, KATHLEEN, LCSW *
LONG BEACH, CA 90803
(562) 987-3335

Lima, Elisa, LCSW *
Long Beach, CA 90815
(562) 582-1644

Lucatero, Isaura, LCSW *
ARTESIA, CA 90701
(888) 420-0589

* Indicates not accepting new patients at time of printing.

* Indica que no se aceptan nuevos pacientes al momento de la impresión de este material.

**Outpatient Mental Health Providers/Proveedores de servicios de salud mental para
pacientes ambulatorios, continued/continuación**

MARSH, DEMETRIC, LCSW *
ARTESIA, CA 90701
(888) 420-0589

MERCER, MELVIN, LCSW *
LONG BEACH, CA 90807
(562) 400-7294

Mashadi, Najma, LCSW *
LAKEWOOD, CA 90712
(855) 427-2778

**PERSONALIZED CARE FOR
FAMILIES ***
LAKEWOOD, CA 90712
(323) 379-6887

POST, MICHAEL, MFT *
Lakewood, CA 90712
(562) 804-9999

Powell, Janis, LCSW *
HARBOR CITY, CA 90710
(818) 643-1836

REEVES, EUGENIA, LCSW *
LONG BEACH, CA 90807
(562) 677-5703

RISSE, ALMA, LCS *
Whittier, CA 90602
(562) 479-0144

ROBINSON, DENISE, LCSW *
LONG BEACH, CA 90803
(562) 537-2646

**RODRIGUEZ, PATRICIA,
LCSW**
Long Beach, CA 90807
(310) 488-2093

**SCHUMACHER, MADELINE,
LCSW ***
LONG BEACH, CA 90803
(562) 987-3335

**SIGUENZA LIZARDE, DIANA,
LCSW ***
LONG BEACH, CA 90807
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**STEINBACHER, SANDRA,
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STEVENSON, GLENN, LCSW
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(714) 468-9963

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Wellbalance Counseling and
Coaching Se ***
Long Beach, CA 90807
(562) 498-3318

**TELETHERAPEUTICS
HEALTH CA CORP ***
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(888) 420-0589

Tse Yee, Kam Nin, LCSW *
SANTA FE SPRINGS, CA 90670
(562) 949-8455

**Tumperi Psychological
Corporation ***
LONG BEACH, CA 90805
(562) 304-5781

WONG, IRVINE, LCSW
Bellflower, CA 90706
(562) 920-1600

***Licensed Professional
Clinical Counselor***

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LONG BEACH, CA 90802
(888) 963-9639

Also located at:
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(562) 513-2888

Marriage Family Therapist

**ALTERNATIVE OPTIONS
COUNSELING CTR INC ***
ARTESIA, CA 90701
(877) 538-4133

BELL, NELLIE, MFT *
LAKEWOOD, CA 90712
(562) 804-8500

BELL, VERA, PHD *
LONG BEACH, CA 90806
(562) 424-6015

Also located at:
Long Beach, CA 90806
(562) 424-6015

BROWN, BECKY, MFT *
Whittier, CA 90603
(562) 943-7592

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LONG BEACH, CA 90808
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(424) 287-9762

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LONG BEACH, CA 90803
(714) 400-2897

FARISH, KRISTEN, MFT *
LONG BEACH, CA 90807
(714) 609-3363

Foresight Mental Health *
LONG BEACH, CA 90802
(562) 513-2888

Also located at:
LONG BEACH, CA 90802
(562) 513-2888

GONZALEZ, THERESE, MFT *
WHITTIER, CA 90601
(562) 716-1324

**HERNANDEZ COUNSELING
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HOLLWIG, KATHLEEN, MFT *
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Whittier, CA 90602
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MFT ***
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Moriji, Maple, MFT *
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LA MIRADA, CA 90638
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POST, MICHAEL, MFT *
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San Pedro, CA 90731
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VICKROY, DEBRA, MFT *
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Ware, Shelly, MFT *

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(562) 275-8371

Waves of Peace an Individual and Family Counseling Corporati *

Long Beach, CA 90803
(562) 314-9890

Williams, Brittany, MFT *

WHITTIER, CA 90601
(707) 718-3897

ZOWADA, JENIFFER, MFT *

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(562) 270-3283

Psychiatry Child

KURKJIAN, AZAD, MD *

LONG BEACH, CA 90806
(562) 933-8590

Also located at:

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(562) 933-8593

Psychiatry Geriatric

GIURGIUS, MOATAZ, MD

La Mirada, CA 90638
(562) 947-8832

Psychiatry

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(310) 701-7830

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Also located at:

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Ihle, Ralph, PSYD *

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(323) 377-5761

Loretta Mead Psychology Inc *

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Also located at:

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MILLER, MATTHEW, PSYD

Long Beach, CA 90815
(562) 961-0155

MINDUS, LESTER, PHD

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(760) 300-3664

Also located at:

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(562) 818-1258

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Whittier, CA 90602
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LONG BEACH, CA 90815
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SOLLITT, CAROLYN, PhD *

Long Beach, CA 90803
(562) 244-1609

ST MARY, GORDON, PHD

Cerritos, CA 90703
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Long Beach, CA 90803
(626) 388-4746

Spencer Scott Psychologist Corp *

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LONG BEACH, CA 90803

(562) 861-9191

Also located at:

Long Beach, CA 90803

(562) 861-9191

WISE, BONNIE, PHD *

LONG BEACH, CA 90807

(562) 596-4002

Yamini-Benjamin, Yasmeen,

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(562) 424-0757

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(562) 867-1761

BEL VISTA CONV HOSPITAL

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(562) 925-4252

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Long Beach, CA 90813
(562) 437-2797

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CTR**

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(562) 868-0591

**VILLA MARIA CARE
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Long Beach, CA 90813
(562) 437-2797

**WHITTIER HILLS HLTH
CARE CTR**

10426 BOGARDUS AVE
Whittier, CA 90603
(562) 947-7817

**WINDSOR CONVALESCENT
CTR OF NORTH LONG
BEACH**

260 E MARKET ST
Long Beach, CA 90805
(562) 428-4681

**WINDSOR GARDENS CONV
CTR OF LONG BEACH**

3232 E ARTESIA BLVD
Long Beach, CA 90805
(562) 422-8219

**WINDSOR PALMS CARE
CENTER OF ARTESIA**

11900 ARTESIA BLVD
Artesia, CA 90701
(562) 865-0271

**WOODRUFF
CONVALESCENT CTR**

17836 WOODRUFF AVE
Bellflower, CA 90706
(562) 925-8457

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Punjabi ਪੰਜਾਬੀ ਸਾਡੀ ਸਿਹਤ ਨਾਂ ਡਰੱਗ ਪਲਾਨ ਬਾਰੇ ਤੁਹਾਡੇ ਕਿਸੇ ਵੀ ਸਵਾਲ ਦਾ ਜਵਾਬ ਦੇਣ ਲਈ ਸਾਡੇ ਕੋਲ ਮੁਫਤ ਦੁਭਾਸ਼ੀਏ ਸੇਵਾਵਾਂ ਉਪਲਬਧ ਹਨ। ਇੱਕ ਦੁਭਾਸ਼ੀਆ ਲੈਣ ਲਈ, ਸਾਨੂੰ 1-800-776-4466 'ਤੇ ਕਾਲ ਕਰੋ। ਪੰਜਾਬੀ ਬੋਲਣ ਵਾਲਾ ਕੋਈ ਵੀ ਵਿਅਕਤੀ ਤੁਹਾਡੀ ਮਦਦ ਕਰ ਸਕਦਾ ਹੈ। ਇਹ ਇੱਕ ਮੁਫਤ ਸੇਵਾ ਹੈ।

Khmer យើងមានសេវាអ្នកបកប្រែផ្ទាល់មាត់ដោយឥតគិតថ្លៃដើម្បីឆ្លើយសំណួរនានាដែលអ្នកអាចមានអំពីសុខភាព ឬគម្រោងឱសថរបស់យើង។ ដើម្បីទទួលបានអ្នកបកប្រែផ្ទាល់មាត់ម្នាក់សូមទូរសព្ទមកយើងខ្ញុំតាមលេខ 1-800-776-4466។ អ្នកណាម្នាក់ដែលនិយាយភាសាខ្មែរអាចជួយអ្នកបាន។ សេវានេះមិនគិតថ្លៃនោះទេ។

Mien Yie mbuo mbenc duqv maaih tengx wang-henh nzie faan waac mienh liouh dau waac bun muangx dongh nzunc baav meih maaih waac naaic taux yie mbuo gorngv taux yie nyei heng-wangc jauv-louc a'fai ndie-daan. Liouh lorx zipv longc faan waac nor, douc waac lorx taux yie mbuo yiem njiec naaiv 1-800-776-4466. Maaih mienh gorngv benx Mienh waac haih tengx nzie duqv meih. Naaiv se benx wang-henh nzie weih jauv-louc oc.

Lao ພວກເຮົາມີນາຍພາສາໂດຍບໍ່ເສຍຄ່າເພື່ອຕອບຄໍາຖາມຕ່າງໆທີ່ທ່ານອາດຈະມີກ່ຽວກັບສຸຂະພາບ ຫຼື ແຜນການຢາຂອງພວກເຮົາ. ເພື່ອໃຫ້ໄດ້ຮັບນາຍພາສາ, ພຽງແຕ່ໂທຫາພວກເຮົາທີ່ບີ 1-800-776-4466. ມີຜູ້ຮູ້ພາສາລາວ ສາມາດຊ່ວຍທ່ານ. ນີ້ແມ່ນບໍລິການໂດຍບໍ່ເສຍຄ່າ.

Armenian Մենք մոտ հասնում ենք անվճար թարգմանչական ծառայություններ՝ մեր առողջապահական կազմակերպության հետ կապված ձեր ցանկացած հարցին ամենապահանջները համար: Թարգմանիչ չունենալու համար պարզապես զանգահարեք մեզ 1-800-776-4466 հեռախոսահամարով: Ձեզ կօգնի հայերեն ինքնուրույն թարգմանիչը: Ծառայությունն անվճար է:

Farsi ما خدمات مترجم شفاهی رایگان ارائه می‌دهیم تا به هر گونه سوالی که در مورد طرح سلامت یا داروی ما دارید پاسخ دهیم. برای داشتن مترجم شفاهی، کافیست با ما به شماره 1-800-776-4466 تماس بگیرید. کسی که فارسی صحبت می‌کند می‌تواند به شما کمک کند. این یک خدمت رایگان است.

Thai ภาษาไทย เรามีบริการล่ามฟรีเพื่อตอบคำถามของคุณเกี่ยวกับสุขภาพหรือแผนด้านยาของคุณ หากต้องการบริการล่าม โปรดโทรหาเราที่ 1-800-776-4466 มีคนที่สามารถพูดภาษาไทยได้เพื่อช่วยเหลือคุณ บริการนี้เป็นบริการฟรี

