

Working together for members

Prebys Cardiovascular Institute

Blue Shield of California and Scripps Health

Blue Shield of California and Scripps Health have teamed up to work toward a more streamlined healthcare experience. We're working together to create better coordination and communication among our members' health plan, doctors, and hospitals.

Together, we're helping provide members with clinical care that is more personalized and easier to access.

About Scripps

We know how important it is to have convenient and exceptional health care. At Scripps, it's part of our mission to provide both.

We are a top-ranked healthcare system that offers comprehensive, coordinated care through every stage of life. With locations throughout San Diego County, we can offer you and your family the best possible care.

You can get expert, personalized care where and when you need it. Scripps' vast network includes top-rated physicians from more than 100 medical and surgical specialties as well as family medicine, pediatrics, and internal medicine.

trio^{HMO}

Part of **Blue Shield's Trio network**, focused on delivering choice, affordability, and coordinated care. Learn more at blueshieldca.com/trio.

Access and convenience

Scripps makes it easy to access care when and where you need it.

- Same-day appointments: Offer you the ability to see a clinician, nurse practitioner, or other medical professional at the medical office within 24 hours of contacting the medical group. Appointment should be scheduled directly with your physician's office.
- HealthExpress: 12 Scripps HealthExpress clinics throughout San Diego County offer same-day, walk-in care for minor illnesses and injuries. No appointment is necessary.
- Urgent care: Three urgent care locations accept walk-ins and provide an alternative to emergency room visits for non-emergency care.
- Close to home and accessible: Medical groups and hospitals with convenient locations throughout San Diego.

Service and support

Scripps offers a wide range of medical, surgical, and support services at locations throughout San Diego.

- Classes, events, and support groups on diabetes, cardiovascular health, wellness, pregnancy/childbirth, and more.
- Health and wellness support: Provides programs, services, events, and information to help our community members take proactive steps to boost their health and stay well.

- Offers a wide range of maternity services including prenatal, perinatal (high-risk pregnancy care), and postpartum services in locations throughout San Diego.
- Contact **1-800-SCRIPPS** for assistance finding doctors and to learn about services and classes, Monday through Friday, 6 a.m. to 9 p.m. and weekends 8 a.m. to 3 p.m.
- Visit **www.scripps.org/services** for details on the extensive range of services, information, and programs available.

Online services

MyScripps.org is your online tool for accessing your health records at any time, from anywhere.

- Access health information
- Correspond with your doctor's office
- Request and view upcoming appointments
- Request clinical summaries
- View lab and test results
- Track blood pressure, weight, cholesterol, and blood glucose levels
- Request prescription renewals
- View and manage authorized family members' health records

URGENT CARE CENTERS

Scripps Clinic, Rancho Bernardo:

8 a.m. to 8 p.m., seven days a week. **(858) 605-7171**

Scripps Clinic, Torrey Pines:

24 hours a day, seven days a week. **(858) 554-8638**

Scripps Coastal Medical Center, Vista:

2 p.m. to 9 p.m. Monday to Friday; 8 a.m. to 6 p.m. Saturdays and Sundays; 8 a.m. to 3 p.m. holidays. **(760) 806-5400**

LOCATIONS

- Scripps Clinic
- Scripps Coastal Medical Center
- Scripps Physicians Medical Group
- Mercy Physicians Medical Group

PREFERRED HOSPITAL AFFILIATIONS*

- Scripps Green Hospital
- Scripps Memorial Hospital Encinitas
- Scripps Memorial Hospital La Jolla
- Scripps Mercy Hospital, San Diego
- Scripps Mercy Hospital, Chula Vista

HEALTHCARE PROVIDERS

- 1,000+ primary care specialists
- 100+ medical and surgical specialties

LANGUAGES

Multilingual doctors and staff at many locations.

* Preferred hospitals shown are part of the Trio network providing coordinated care to members. For a complete listing of hospital affiliations, please visit blueshieldca.com/fap.

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