

**NOTICE TO BUYER OR NEW SUBSCRIBER**

Please read this Agreement carefully. If you have any questions, contact the Blue Shield of California office nearest you. If you are not satisfied with the Agreement, you may surrender it by delivering or mailing it with the Identification Cards, within thirty (30) days from the date it is received by you, to BLUE SHIELD OF CALIFORNIA, 50 BEALE STREET, SAN FRANCISCO, CALIFORNIA 94105, or 100 N. SEPULVEDA BLVD., EL SEGUNDO, CALIFORNIA 90245, OR TO ANY BLUE SHIELD OF CALIFORNIA BRANCH OFFICE. Immediately upon such delivery or mailing, the Agreement shall be deemed void from the beginning, and any dues paid will be refunded. Blue Shield of California is not connected with Medicare. THIS CONTRACT DOES NOT COVER CUSTODIAL CARE IN A SKILLED NURSING CARE FACILITY.

**CORONET SENIOR PLUS Rx**

**MEDICARE SUPPLEMENT PLAN**

**EVIDENCE OF COVERAGE AND  
HEALTH SERVICE AGREEMENT**

This Evidence of Coverage and Health Service Agreement (“Agreement”) is issued by California Physicians’ Service dba Blue Shield of California ("Blue Shield"), a health care service plan, to the Subscriber whose name, group number, Subscriber identification number and Effective Date shall appear on his or her identification card.

In consideration of statements contained in the Subscriber's application and payment in advance of dues as stated in this Agreement, Blue Shield agrees to provide the benefits of this Agreement and any Endorsement to this Agreement.

## Subscriber Bill of Rights

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As a Blue Shield Medicare Supplement Plan Subscriber, you have the right to:

1. Receive considerate and courteous care, with respect for your right to personal privacy and dignity.
2. Receive information about all health Services available to you, including a clear explanation of how to obtain them.
3. Receive information about your rights and responsibilities.
4. Receive information about your Medicare Supplement Plan, the Services we offer you, the Physicians and other practitioners available to care for you.
5. Have reasonable access to appropriate medical services.
6. Participate actively with your Physician in decisions regarding your medical care. To the extent permitted by law, you also have the right to refuse treatment.
7. A candid discussion of appropriate or medically necessary treatment options for your condition, regardless of cost or benefit coverage.
8. Receive from your Physician an understanding of your medical condition and any proposed appropriate or medically necessary treatment alternatives, including available success/outcomes information, regardless of cost or benefit coverage, so you can make an informed decision before you receive treatment.
9. Know and understand your medical condition, treatment plan, expected outcome, and the effects these have on your daily living.
10. Have confidential health records, except when disclosure is required by law or permitted in writing by you. With adequate notice, you have the right to review your medical record with your Physician.
11. Communicate with and receive information from Customer Service in a language you can understand.
12. Be fully informed about the Blue Shield grievance procedure and understand how to use it without fear of interruption of health care.
13. Voice complaints or grievances about the Medicare Supplement Plan or the care provided to you.
14. Participate in establishing Public Policy of the Blue Shield Medicare Supplement Plans, as outlined in your Evidence of Coverage and Health Service Agreement.
15. Make recommendations regarding Blue Shield's Member rights and responsibilities policy.

## Subscriber Responsibilities

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As a Blue Shield Medicare Supplement Plan Subscriber, you have the responsibility to:

1. Carefully read all Blue Shield Medicare Supplement Plan materials immediately after you are enrolled so you understand how to use your benefits and how to minimize your out of pocket costs. Ask questions when necessary. You have the responsibility to follow the provisions of your Blue Shield Medicare Supplement membership as explained in the Evidence of Coverage and Health Service Agreement.
2. Maintain your good health and prevent illness by making positive health choices and seeking appropriate care when it is needed.
3. Provide, to the extent possible, information that your Physician, and/or Blue Shield need to provide appropriate care for you.
4. Understand your health problems and take an active role in developing treatment goals with your medical care provider, whenever possible.
5. Follow the treatment plans and instructions you and your Physician have agreed to and consider the potential consequences if you refuse to comply with treatment plans or recommendations.
6. Ask questions about your medical condition and make certain that you understand the explanations and instructions you are given.
7. Make and keep medical appointments and inform your Physician ahead of time when you must cancel.
8. Communicate openly with the Physician you choose so you can develop a strong partnership based on trust and cooperation.
9. Offer suggestions to improve the Blue Shield Medicare Supplement Plan.
10. Help Blue Shield to maintain accurate and current medical records by providing timely information regarding changes in address and other health plan coverage.
11. Notify Blue Shield as soon as possible if you are billed inappropriately or if you have any complaints.
12. Treat all Blue Shield personnel respectfully and courteously as partners in good health care.
13. Pay your dues, copayments and charges for non-covered services on time.

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## **IMPORTANT!**

No person has the right to receive the benefits of this plan for Services furnished following termination of coverage except as specifically provided under the extension of benefits, Part 1.C. of this Agreement. Benefits of this plan are available only for Services furnished during the term it is in effect and while the individual claiming benefits is actually covered by this Agreement. Benefits may be modified during the term of this plan as specifically provided under the terms of this Agreement or upon renewal. If benefits are modified, the revised benefits (including any reduction in benefits or the elimination of benefits) apply to Services furnished on or after the effective date of the modification. There is no vested right to receive the benefits of this Agreement.

## **HEALTH EDUCATION AND HEALTH PROMOTION**

Health education and health promotion services provided by Blue Shield include the Better Living Member Newsletter.

**I: CONDITIONS OF COVERAGE AND PAYMENT OF DUES**

**A. ENROLLMENT**

**1. ELIGIBLE APPLICANT**— An eligible applicant shall be any legal resident residing in the State of California, age 65 or over, or within three (3) months of age 65, who is not residing or confined in a Hospital, Skilled Nursing Facility, rest home, convalescent home, convalescent hospital, sanatorium, home for the aged, or other similar institution. In order to be considered eligible for enrollment under this Agreement, an applicant must also be enrolled under both Parts A and B of Medicare.

**2. ENROLLMENT OF A SUBSCRIBER** — An eligible applicant becomes a Subscriber under this Agreement upon notification by Blue Shield that his or her properly completed application for enrollment has been approved by Blue Shield.

**3. EFFECTIVE DATE OF BENEFITS** — A Subscriber is entitled to the benefits of this Agreement upon the effective date of coverage. The effective date will be assigned by Blue Shield and is on the first day of the month following the date a properly completed application is received by Blue Shield.

Regardless of his coverage under any prior Blue Shield Plan, an applicant for enrollment under this Agreement shall be enrolled only for the benefits of this Agreement. No Subscriber under this Agreement shall simultaneously hold coverage under any other Blue Shield Plan.

**B. DURATION OF THE AGREEMENT**

This Agreement shall be renewed each quarter from period to period of dues payment so long as dues are prepaid. Such renewal is subject to the right reserved by Blue Shield to modify

or amend this Agreement. Any proposed increase in dues or decrease in benefits stated herein will become effective after a period of at least sixty (60) days notice to the Subscriber's address of record with Blue Shield.

**C. TERMINATION/CANCELLATION, REINSTATEMENT AND SUSPENSION OF THE AGREEMENT**

No Subscriber shall be terminated individually by Blue Shield for any cause other than as provided in this section I.B.

This Agreement may be terminated, cancelled, or rescinded as follows:

**1. Termination by the Subscriber**

A Subscriber desiring to terminate this Agreement shall give Blue Shield 30-days written notice.

**2. Rescission by Blue Shield**

By signing the enrollment application, you represented that all responses contained in your application for coverage were true, complete and accurate, to the best of your knowledge, and you were advised regarding the consequences of intentionally submitting materially false or incomplete information to Blue Shield in your application for coverage, which included rescission of this Agreement.

For underwritten plans (not guaranteed acceptance) - To determine whether or not you would be offered enrollment through this Agreement, Blue Shield reviewed your medical history based upon the information you provided in your enrollment application, including the health history portion of your enrollment application and any supplemental information that Blue Shield determined was necessary to evaluate your medical history and status. This process is called underwriting.

Blue Shield has the right to rescind this Agreement if the information contained in the

application or otherwise provided to Blue Shield by you or anyone acting on your behalf in connection with the application was intentionally and materially inaccurate or incomplete. This Agreement also may be rescinded if you or anyone acting on your behalf failed to disclose to Blue Shield any new or changed facts arising after the application was submitted but before this Agreement was issued, when those facts pertained to matters inquired about in the application. However, after 24 months following the issuance of the Agreement, Blue Shield of California will not rescind the Agreement for any reason.

If after enrollment, Blue Shield investigates your application information, we will not rescind this Agreement without first notifying you of the investigation and offering you an opportunity to respond.

If this Agreement is rescinded, it means that the Agreement is voided retroactive to its inception as if it never existed. This means that you will lose coverage back to the original Effective Date. If the Agreement is properly rescinded, Blue Shield will refund any dues payments you made, but, to the extent permitted by applicable law, may reduce that refund by the amount of any medical expenses that Blue Shield paid under the Agreement or is otherwise obligated to pay. In addition, Blue Shield may, to the extent permitted by California law, be entitled to recoup from you all amounts paid by Blue Shield under the Agreement.

If this Agreement is rescinded, Blue Shield will provide a 30 day advance written notice that will: (a) explain the basis of the decision and your appeal rights, including your right to request assistance from the California Department of Managed Health Care; (b) clarify that, in the case of a two-party agreement, the Subscriber or Dependent whose application information was not false or incomplete is entitled to new coverage without medical underwriting and will explain how that individual may obtain this coverage;

and (c) explain that the monthly Dues for that individual will be determined based on that individual's age.

### **3. Termination by Blue Shield if Subscriber No Longer Enrolled in Medicare**

This Agreement shall terminate on the date the Subscriber is no longer enrolled under Parts A and B or Medicare. Blue Shield shall refund the prepaid dues, if any, that Blue Shield determines will not have been earned as of the termination date. Blue Shield reserves the right to subtract from any such dues refund any amounts paid by Blue Shield for benefits paid or payable by Blue Shield prior to the termination date.

### **4. Cancellation of the Agreement for Nonpayment of Dues**

Blue Shield may cancel this Agreement for failure to pay the required Dues. If the Agreement is being cancelled because you failed to pay the required Dues when owed, then coverage will end 30 days after the date for which the Dues are due. You will be liable for all Dues accrued while this Agreement continues in force including those accrued during this 30 day grace period.

Within five (5) business days of canceling or not renewing the Agreement, Blue Shield will mail you a Notice Confirming Termination of Coverage, which will inform you of the following:

- a. That the Agreement has been cancelled, and the reasons for cancellation;
- b. The specific date and time when coverage for you ended.

### **5. Reinstatement of the Agreement after Cancellation**

If the Agreement is cancelled for nonpayment of dues, Blue Shield will permit reinstatement of the Agreement or coverage twice during any twelve-month period, without a change in dues and without consideration of your

medical condition, if the amounts owed are paid within 15 days of the date the Notice of Confirming Termination of Coverage is mailed to you. If your request for reinstatement and payment of all outstanding amounts is not received within the required 15 days, or if the Agreement is cancelled for nonpayment of dues more than twice during the preceding twelve-month period, then Blue Shield is not required to reinstate your coverage, and you will need to reapply for coverage.

## 6. Extension of Coverage for Total Disability

If the Subscriber is Totally Disabled at the time this coverage terminates under this Agreement, Blue Shield shall extend the benefits of the Agreement for covered Services provided in connection with the treatment of the Sickness or Accidental Injury responsible for such Total Disability until the first to occur of the following:

- a.) the end of the period of Total Disability;  
or
- b.) the date on which the Subscriber's applicable maximum benefits are reached;  
or
- c.) a period equivalent in duration to the contract benefit period of three (3) months subject to the following:
  - (i) written proof of Total Disability is received by Blue Shield within ninety (90) days of the date on which coverage was terminated; and
  - (ii) only a person licensed to practice medicine and surgery as a Doctor of Medicine (M.D.) or a Doctor of Osteopathic Medicine (D.O.) may certify Total Disability.

If the Subscriber obtains any other Medicare supplement plan or other health plan coverage without limitation as to the Totally Disabled condition during the period he is receiving

benefits under this extension of benefits provision, the benefits of the Agreement will terminate when benefits are payable under such other plan.

## 7. Suspension of Coverage

### a) Entitlement to Medi-Cal

If a Subscriber becomes entitled to Medi-Cal, the benefits of this Agreement will be suspended for up to 24 months. The Subscriber must make a request for suspension of coverage within 90 days of Medi-Cal entitlement. Blue Shield shall return to the Subscriber the amount of prepaid dues for the period after the date of suspension, if any, minus any monies paid by Blue Shield for claims during that period. If the Subscriber loses entitlement to Medi-Cal, the benefits of this Agreement will be automatically reinstated as of the date of the loss of entitlement, provided the Subscriber gives notice to Blue Shield within 90 days of that date and pays any dues amount attributable to the retroactive period.

### b) Total Disability While Covered Under Group Health Plan

Blue Shield shall suspend the benefits and dues of this Agreement for a Subscriber when that Subscriber:

- i) is Totally Disabled as defined herein and entitled to Medicare Benefits by reason of that disability;
- ii) is covered under a group health plan as defined in section 42 U.S.C. 1395y(b)(1)(A)(v); and,
- iii) submits a request to Blue Shield for such suspension.

After all of the above criteria have been satisfied, benefits and dues of this Agreement



for the Subscriber will be suspended for any period that may be provided by federal law.

For Subscribers who have suspended their benefits under this Agreement as specified above, and who subsequently lose coverage under their group health plan, the benefits and dues of this Agreement will be reinstated only when:

- i) the Subscriber notifies Blue Shield within 90 days of the date of the loss of group coverage; and,
- ii) the Subscriber pays any dues attributable to the retroactive period, effective as of the date of loss of group coverage.

The effective date of the reinstatement will be the date of the loss of group coverage. Blue Shield shall:

- i) provide coverage substantially equivalent to coverage in effect before the date of suspension;
- ii) provide dues classification terms no less favorable than those which would have been applied had coverage not been suspended; and,
- iii) not impose any waiting period with respect to treatment of preexisting conditions.

#### **D. PAYMENT OF DUES**

Monthly dues are as stated in Appendix A. Blue Shield of California offers a variety of options and methods by which you may pay your Dues. Please call Customer Service at the telephone number indicated on your Identification Card to discuss these options. Dues payments by mail are to be sent to:

Blue Shield of California  
P.O. Box 51827  
Los Angeles, CA 90051-6127

Additional dues may be charged in the event that a state or any other taxing authority imposes upon Blue Shield a tax or license fee which is calculated upon base dues or Blue Shield's gross receipts or any portion of either.

Blue Shield reserves the right to modify these dues with at least sixty (60) days' notice.

#### **II: SERVICE BENEFITS**

Benefits provided by this Agreement (but only to the extent they are not hereafter excluded) are for the necessary treatment of any Sickness or Accidental Injury as follows:

##### **A. HOSPITAL AND SKILLED NURSING FACILITY SERVICES**

After the Subscriber has satisfied the Medicare Deductible, Blue Shield will pay the following:

1. Those Hospital charges for Inpatient Services which are furnished and billed by a Hospital in its own behalf when:
  - a. such Services are within the category of benefits provided under Part A of Medicare; and
  - b. the Subscriber is not entitled to payment for such Services under Medicare by reason of exhaustion of Medicare benefits or reduction for the coinsurance and deductibles required under Medicare.

Room and board charges shall be no more than the charge for a semi-private accommodation in the Hospital of confinement, unless confinement in a subacute skilled nursing or private room is certified as medically necessary by an attending Physician.

Blue Shield will provide this benefit through the 515th day of Hospital confinement in any one Benefit Period.

Psychiatric care in a psychiatric hospital participating in the Medicare program is limited to 190 days during the Subscriber's lifetime.

2. Blue Shield will pay the coinsurance amount required under Medicare toward the charges for Services furnished and billed by a Skilled Nursing Facility for the treatment of an illness or injury, including subacute care, from the 21st through the 100th day when the Subscriber receives concurrent benefits from Medicare.

Members who reasonably believe that they have an emergency medical condition which requires an emergency response are encouraged to appropriately use the "911" emergency response system where available.

Blue Shield will pay for the reasonable cost of the first three (3) pints of blood (or equivalent quantities of packed red blood cells, as defined under federal regulations) unless replaced in accordance with federal regulations.

## **B. PROFESSIONAL SERVICES**

Blue Shield will pay the deductible required by Medicare and will provide the 20% coinsurance required by Medicare for the following Services when the Subscriber is receiving concurrent benefits from Medicare for the same Services:

1. Physician's Services.

NOTE Medicare bases its 80% payment for Physician's Services for Outpatient psychiatric care upon the percentage of the amount Medicare determines to be a reasonable charge for said Service. Blue Shield shall pay the 20% coinsurance not covered by Medicare. The Subscriber is responsible for any balance remaining after payment by Medicare and Blue Shield.

2. Services of a registered physiotherapist (other than one who ordinarily resides in the Subscriber's home or is related to the Subscriber by blood or marriage) acting under the direction of a Physician;
3. Rental or purchase of wheel chairs, hospital beds, iron lungs and other durable medical equipment (rental costs not to exceed the purchase price);
4. Artificial limbs, artificial eyes and colostomy supplies;
5. Professional ambulance Services when considered medically necessary to or from a Hospital, Skilled Nursing Facility or the Subscriber's home;
6. Hospital Services rendered to the Subscriber on an Outpatient basis;
7. Professional charges for diagnostic X-ray and laboratory tests rendered to the Subscriber;
8. Speech pathology Services where such Services are provided in clinics participating in the Medicare program;
9. Home health Services furnished by home health agencies participating in the Medicare program;
10. Immunosuppressive drugs during the first thirty-six (36) months of a Medicare covered transplant.

## **C. SERVICES NOT COVERED BY MEDICARE BUT INCLUDED IN BLUE SHIELD COVERAGE**

After the Subscriber has satisfied the Blue Shield Calendar Year Deductible of \$100.00, Blue Shield will pay for the following:

1. 50% of the charges for private duty nursing Services provided by a Registered Nurse while the Subscriber is confined as an Inpatient, but limited to a maximum

aggregate benefit payment of \$1,000.00 during each Calendar Year.

2. 50% of the charges for Outpatient drugs and medicines lawfully obtainable only upon the prescription of a Physician, including Drugs for emergency contraception and for insulin.\*

This Plan also covers mail order prescription drugs. There is a \$7 copayment for a 60-day or 100-unit supply and no deductible for this service.\*

\* This Plan's prescription drug coverage is, on average, equivalent to or better than the standard benefit set by the federal government for Medicare Part D (also called creditable coverage). Because this Plans prescription drug coverage is creditable, you do not have to enroll in a Medicare prescription drug plan while you maintain this coverage. However, you should be aware that if you have a subsequent break in this coverage of 63 days or more anytime after you were first eligible to enroll in a Medicare prescription drug plan, you could be subject to a late enrollment penalty in addition to your Part D premium.

#### **D. ADDITIONAL TRAVEL BENEFITS**

When a Subscriber requires Services to which he would normally be entitled from Medicare while within the United States and to which he loses his entitlement solely by reason of his temporary absence from the United States on a business or pleasure trip, Blue Shield will pay in addition to the other benefits of this Agreement, the benefits that Blue Shield shall determine he would otherwise have been entitled to from Medicare, but in no event shall benefits be payable when the Subscriber has been absent from the United States for more than six (6) months. This benefit is only available to a Subscriber who has held coverage in Blue Shield for a period of six (6) consecutive months immediately preceding commencement of the trip.

#### **E. HEALTH EDUCATION AND HEALTH PROMOTION**

Health education and health promotion services provided by Blue Shield include the Better Living Member Newsletter.

#### **F. SECOND MEDICAL OPINION POLICY**

If you have a question about your diagnosis or believe that additional information concerning your condition would be helpful in determining the most appropriate plan of treatment, you may make an appointment with another Physician for a second medical opinion. Your attending Physician may also offer to refer you to another Physician for a second opinion.

Remember that the second opinion visit is subject to all benefit limitations and exclusions.

#### **III: BENEFIT PAYMENTS**

Blue Shield may pay the benefits of this Agreement directly to the Physician, Hospital or the Subscriber. Providers do not receive financial incentives or bonuses from Blue Shield of California.

Claims are submitted for payment after Services are received. Requests for payments must be submitted to Blue Shield by the Physician, Hospital or the Subscriber within one (1) year after the month in which Services are rendered or the date of processing of Medicare Benefits. The claim must include itemized evidence of the charges incurred together with the documentary evidence of the action taken relative to such charges by the Department of Health and Human Services under Medicare.

Benefits for Services not covered by Medicare (Part II- Section D) are payable upon receipt of properly completed claim forms for medically necessary emergency care in a foreign country.

All requests for payments and claim forms are to be sent to Blue Shield of California, P.O. Box 272540, Chico, California, 95927-2540.

No sums payable hereunder may be assigned without the written consent of Blue Shield. This prohibition shall not apply to ambulance Services or certain Medicare providers as required by section 4081 of the Omnibus Budget Reconciliation Act of 1987 (P.L. 100-203) for which Blue Shield shall provide payment directly to the provider.

An individual Subscriber may select any Hospital or Physician to provide covered Services hereunder, including such providers outside of California that meet similar requirements as shown in the definitions of these terms.

#### **IV:EXCLUSIONS AND LIMITATIONS**

##### **A. EXCLUSIONS**

The following Services are excluded from all benefits unless otherwise stated in this Agreement or any endorsements:

1. Services incident to hospitalization or confinement in a health facility primarily for Custodial, Maintenance or Domiciliary Care; rest, or to control or change a patient's environment.
2. Dental care and treatment, dental surgery and dental appliances.
3. Examinations for and the cost of eye glasses and hearing aids.
4. Services for cosmetic purposes.
5. Services for or incident to vocational, educational, recreational, art, dance or music therapy; and unless (and then only to the extent) medically necessary as an adjunct to medical treatment of an underlying medical condition and prescribed by the attending physician, and recognized by Medicare, weight control programs or exercise programs.

6. Blood and plasma, except that this exclusion shall not apply to the first three (3) pints of blood the Subscriber receives in a Calendar Year.
7. Acupuncture.
8. Physical examinations, except for a one-time "Welcome to Medicare" physical examination if received within the first 12 months of the Subscriber's initial coverage under Medicare Part B and a yearly "wellness" exam thereafter; or routine foot care.
9. routine immunizations, except those covered under Medicare PartB preventive Services.
10. Services not specifically listed as benefits.
11. Services for which the Subscriber is not legally obligated to pay or Services for which no charge is made to the Subscriber.

See the Grievance Process for information on filing a grievance, your right to seek assistance from the Department of Managed Health Care, and your right to independent medical review.

##### **B. EXCLUSION FOR DUPLICATE COVERAGE**

In the event that an individual is both enrolled as a Subscriber under this Agreement and entitled to benefits under any of the conditions described in paragraphs 1. through 4. of this section IV.B, Blue Shield's liability for Services provided to the Subscriber for the treatment of any one Sickness or Accidental Injury shall be reduced by the amount of benefits paid, or the reasonable value or amount payable to the provider under the Medicare Program, whichever is less, of the Services provided without any liability for the cost thereof, for the treatment of that same Sickness or Accidental Injury as a result of the Subscriber's entitlement to such other benefits.

This exclusion is applicable to:

1. Benefits provided under Title XVIII of the Social Security Act (commonly known as "Medicare").
2. Any Services, including room and board, provided to the Subscriber by any federal or state governmental agency, or by any municipality, county, or other political subdivision, except that benefits provided under Chapters 7 and 8 of Part 3, Division 9 of the California Welfare and Institution Code (commonly known as Medi-Cal) or Subchapter 19 (commencing with Section 1396) of Chapter 7 of Title 42 of the United States Code are not subject to this paragraph.
3. Benefits to which the Subscriber is entitled under any workers' compensation or employers' liability law, provided however that Blue Shield's rights under this paragraph will be limited to the establishment of a lien upon such other benefits up to the amount paid by Blue Shield for the treatment of the Sickness or Accidental Injury which was the basis of the Subscriber's claim for benefits under such workers' compensation or employers' liability law.
4. Benefits provided to the Subscriber for Services under any group insurance contract or health service plan agreement through any employer, labor union, corporation or association, or under any individual policy or health service plan agreement.

**C. MEDICAL NECESSITY**

Unless otherwise stated in this Agreement, the benefits of this Agreement are provided only for Services which are medically necessary.

1. Services which are medically necessary include only those which have been established as safe and effective, are furnished in accordance with generally accepted professional standards to treat Sickness, Accidental Injury, or medical

condition, and which, as determined by Blue Shield, are:

- a. consistent with Blue Shield medical policy; and
  - b. consistent with the symptoms or diagnosis; and
  - c. not furnished primarily for the convenience of the patient, the attending Physician or other provider; and
  - d. furnished at the most appropriate level which can be provided safely and effectively to the patient.
2. Hospital Inpatient Services which are medically necessary include only those Services which satisfy the above requirements, require the acute bed-patient (overnight) setting, and which could not have been provided in a Physician's office, the Outpatient department of a Hospital, or another lesser facility without adversely affecting the patient's condition or the quality of medical care rendered. Inpatient Services which are not medically necessary include hospitalization:
    - a. for diagnostic studies that could have been provided on an Outpatient basis;
    - b. for medical observation or evaluation;
    - c. for personal comfort.
  3. Blue Shield reserves the right to review all claims to determine whether Services are medically necessary.

**D. CLAIMS REVIEW**

Blue Shield reserves the right to review all claims to determine whether any exclusions or limitations apply.

**E. UTILIZATION REVIEW**

NOTE: The Utilization Review process does not apply to Services that are not covered by

Blue Shield because of a coverage determination made by Medicare.

State law requires that health plans disclose to Subscribers and health plan providers the process used to authorize or deny health care Services under the plan. Blue Shield has completed documentation of this process ("Utilization Review"), as required under Section 1363.5 of the California Health and Safety Code. To request a copy of the document describing this Utilization Review process, call the Customer Service Department at the telephone number indicated on your Identification Card.

## V: DEFINITIONS

**AGREEMENT** means this document and endorsements issued by Blue Shield and the Subscriber's application.

**BENEFIT PERIOD** means the total duration of all successive confinements, including those that occurred before the Effective Date of the Agreement, that are separated from each other by less than sixty (60) days.

**CONFINEMENT** means that period of time beginning with a Subscriber's admission to a Hospital or a Skilled Nursing Facility as an Inpatient and ending with the Subscriber's discharge as a registered Inpatient from that institution.

**CALENDAR YEAR** means a period beginning on January 1 of any year and ending on January 1 of the next year.

**CUSTODIAL OR MAINTENANCE CARE** means care furnished in the home primarily for supervisory care or supportive services, or in a facility primarily to provide room and board (which may or may not include nursing care, training in personal hygiene and other forms of self care and/or supervisory care by a Physician); or care furnished to a person who is mentally or physically disabled, and:

(1) who is not under specific medical, surgical or psychiatric treatment to reduce the disability to the extent necessary to enable the patient to live outside an institution providing such care; or

(2) when, despite such treatment, there is no reasonable likelihood that the disability will be so reduced.

**DEDUCTIBLE** means the fixed Calendar Year amount which the Subscriber must pay out-of-pocket for specific covered Services that are a benefit of the Plan before he becomes entitled to receive any benefit payments from the Plan.

**DOMICILIARY CARE** means care provided in a Hospital or other licensed facility because care in the patient's home is not available or is unsuitable.

**EFFECTIVE DATE** means the date on which an Applicant, who has met the enrollment and prepayment requirements of this Agreement, is accepted by Blue Shield as a Subscriber. The Effective Date for any Endorsement shall be the same unless otherwise stated.

**GENDER, ETC.** the masculine gender includes the feminine; the singular includes the plural.

**HOSPITAL** means an institution operated pursuant to law which is primarily engaged in providing, for compensation from its patients, medical, diagnostic and surgical facilities for the care and treatment of sick and injured persons on an Inpatient basis, and which provides such facilities under the supervision of a staff of Physicians and twenty-four hour a day nursing service by registered graduate nurses. In no event, however, shall such term include an institution which is principally a rest home, nursing home or home for the aged.

**INPATIENT** means a Subscriber who has been admitted to a Hospital or a Skilled Nursing Facility as a registered bed patient

and is receiving services under the direction of a Physician.

**LIFETIME MAXIMUM BENEFIT** — The Lifetime Maximum Benefit of a Subscriber is \$1,000,000 and is the aggregate of the value of the benefits provided by Blue Shield to the Subscriber during his eligibility for Medicare (whether or not there has been any interruption in the continuity of that person's coverage).

**MEDICARE** means the two programs (called Part A and Part B) established by Title 1 of Public Law 89-97 as Enacted by the Eighty-Ninth Congress of the United States of America and popularly known as The Health Insurance for the Aged Act, as then constituted and any later amendments or substitutes thereof.

**MEDICARE BENEFITS** means those benefits actually provided under Part A (hospital benefits) or Part B (medical benefits) of Medicare to an individual having entitlement thereto, who made claim therefore, or the equivalent of those benefits.

**OUTPATIENT** means a Subscriber receiving services under the direction of a Physician, but not as an Inpatient.

**PHYSICIAN** means any practitioner as defined under Medicare.

**SERVICES** means medically necessary health care services and medically necessary supplies furnished incident to those services.

**SICKNESS** means an illness or disease of a covered person which first manifests itself after the effective date of the Agreement and while coverage is in effect.

**SKILLED NURSING FACILITY** means a facility which participates in the Medicare program and is licensed by the California Department of Health Services as a "Skilled Nursing Facility", or a similar institution

licensed by another state, a United States Territory, or a foreign country.

**SUBACUTE CARE** — skilled nursing or skilled rehabilitative care provided in a hospital or skilled nursing facility to patients who require skilled care such as nursing services, physical, occupational or speech therapy, a coordinated program of multiple therapies or who have medical needs that require daily Registered Nurse monitoring. A facility which is primarily a rest home, convalescent facility or home for the aged is not included.

**SUBSCRIBER** means a person who has been enrolled and accepted by Blue Shield as a Subscriber under this Health Service Agreement and has maintained his coverage in accordance with this Agreement.

**TOTAL DISABILITY (or TOTALLY DISABLED)** means the incapability of self-sustaining employment by reason of mental retardation or physical handicap.

**UNITED STATES** means all of the States, the District of Columbia, The Commonwealth of Puerto Rico, The Virgin Islands, Guam and American Samoa.

## **VI: GENERAL PROVISIONS**

### **A. IDENTIFICATION CARDS**

An Identification (ID) Card will be issued by Blue Shield to the Subscriber for presentation to Physicians and to Hospitals in order that they may bill Blue Shield directly.

### **B. GRIEVANCE PROCESS**

Blue Shield of California has established a grievance procedure for receiving, resolving and tracking Subscribers' grievances with Blue Shield.

## **CUSTOMER SERVICE**

Inquiries about services, providers, benefits, how to use this Plan, or concerns regarding the quality of care or access to care that you have experienced, should be directed to the Blue Shield Customer Service Department at the telephone number indicated on your Identification Card.

The hearing impaired may contact Blue Shield's Customer Service Department through Blue Shield's toll-free TTY number, 1-800-241-1823.

Customer Service can answer many questions over the telephone.

Note: Blue Shield of California has established a procedure for our Subscribers to request an expedited decision.

The Subscriber, physician, or representative of the Subscriber may request an expedited decision when the routine decision making process might seriously jeopardize the life or health of a Subscriber. Blue Shield shall make a decision and notify the Subscriber and physician within 72 hours following the receipt of the request. An expedited decision may involve admissions, continued stay or other healthcare Services. If you would like additional information regarding the expedited decision process, or if you believe your particular situation qualifies for an expedited decision, please contact our Customer Service Department.

Blue Shield may refer inquiries or grievances to a local medical society, hospital utilization review committee, peer review committee of the California Medical Association or a medical specialty society, or other appropriate peer review committee for an opinion to assist in the resolution of these matters.

The Subscriber, a designated representative, or a provider on behalf of the Subscriber, may contact the Customer Service Department by telephone, letter, or online to request a review of an initial determination concerning a claim or Service. Subscribers may contact Blue Shield at the telephone number as noted in this Agreement. If the telephone inquiry to Customer Service does not resolve the question or issue to the

Subscriber's satisfaction, the Subscriber may request a grievance at that time, which the Customer Service Representative will initiate on the Subscriber's behalf.

The Subscriber, a designated representative, or a provider on behalf of the Subscriber, may also initiate a grievance by submitting a letter or a completed "Grievance Form". The Subscriber may request this Form from Customer Service. The completed form should be submitted to Customer Service Appeals and Grievance, P. O. Box 5588, El Dorado Hills, CA 95762-0011. The Subscriber may also submit the grievance online by visiting our web site at <http://www.blueshieldca.com>.

Blue Shield will acknowledge receipt of a grievance within five (5) calendar days. Grievances are resolved within thirty (30) days.

The grievance system allows Subscribers to file grievances for a least 180 days following any incident or action that is the subject of the Subscriber's dissatisfaction. Grievances are resolved within 30 days. See the previous Customer Service section for information on the expedited decision process.

## **EXTERNAL INDEPENDENT MEDICAL REVIEW**

The following Independent Medical Review process does not apply to Services that are not covered by Blue Shield because of a coverage determination made by Medicare.

If your grievance involves a claim or Services for which coverage was denied by Blue Shield in whole or in part on the grounds that the service is not medically necessary or is experimental/investigational (including the external review available under the Friedman-Kowles Experimental Treatment Act of 1996), you may choose to make a request to the Department of Managed Health Care to have the matter submitted to an independent agency for external review in accordance with California law. You normally must first submit a grievance to Blue Shield and wait for at least 30 days before



you request external review; however, if your matter would qualify for an expedited decision as described above or involves a determination that the requested service is experimental/investigational, you may immediately request an external review following receipt of notice of denial. You may initiate this review by completing an application for external review, a copy of which can be obtained by contacting Customer Service. The Department of Managed Health Care will review the application and, if the request qualifies for external review, will select an external review agency and have your records submitted to a qualified specialist for an independent determination of whether the care is medically necessary. You may choose to submit additional records to the external review agency for review. There is no cost to you for this external review. You and your physician will receive copies of the opinions of the external review agency. The decision of the external review agency is binding on Blue Shield; if the external reviewer determines that the service is medically necessary, Blue Shield will promptly arrange for the service to be provided or the claim in dispute to be paid. This external review process is in addition to any other procedures or remedies available to you and is completely voluntary on your part; you are not obligated to request external review. However, failure to participate in external review may cause you to give up any statutory right to pursue legal action against Blue Shield regarding the disputed service. For more information regarding the external review process, or to request an application form, please contact Customer Service.

### **C. CALIFORNIA DEPARTMENT OF MANAGED HEALTH CARE**

The California Department of Managed Health Care is responsible for regulating health care service plans. If you have a grievance against your health plan, you should first telephone your health plan at the telephone number indicated on your Identification card and use your health plan's grievance process before contacting the Department. Utilizing this grievance procedure does not prohibit any potential legal rights or

remedies that may be available to you. If you need help with a grievance involving an emergency, a grievance that has not been satisfactorily resolved by your health plan, or a grievance that has remained unresolved for more than 30 days, you may call the Department for assistance. You may also be eligible for an Independent Medical Review (IMR). If you are eligible for IMR, the IMR process will provide an impartial review of medical decisions made by a health plan related to the medical necessity of a proposed service or treatment, coverage decisions for treatments that are experimental or investigational in nature and payment disputes for emergency or urgent medical services. The Department also has a toll-free telephone number (1-888-HMO-2219) and a TDD line (1-877-688-9891) for the hearing and speech impaired. The Department's Internet Web site (<http://www.hmohelp.ca.gov>) has complaint forms, IMR application forms and instructions online.

In the event that Blue Shield should cancel or refuse to renew your enrollment and you feel that such action was due to reasons of health or utilization of benefits, you may request a review by the Department of Managed Health Care Director.

### **D. REDUCTIONS – THIRD PARTY LIABILITY**

If the Subscriber is injured or becomes ill due to the act or omission of another person (a "third party"), Blue Shield shall, with respect to Services required as a result of that injury, provide the benefits of this Agreement and have an equitable right to restitution, reimbursement or other available remedy to recover the amounts Blue Shield paid for Services provided to the Subscriber on a fee-for-service basis from any recovery (defined below) obtained by or on behalf of the Member, from or on behalf of the third party responsible for the injury or illness or from uninsured/underinsured motorist coverage.

Blue Shield's right to restitution, reimbursement or other available remedy is against any recovery the Member receives as a result of the injury or

illness, including any amount awarded to or received by way of court judgment, arbitration award, settlement or any other judgment, from any third party or third party insurer, or from uninsured or underinsured motorist coverage, related to the illness or injury (the "Recovery"), without regard to whether the Member has been "made whole" by the Recovery. Blue Shield's right to restitution, reimbursement or other available remedy is with respect to that portion of the total Recovery that is due Blue Shield for the Benefits it paid in connection with such injury or illness, calculated in accordance with California Civil Code section 3040.

The Subscriber is required to:

1. Notify Blue Shield in writing of any actual or potential claim or legal action which such Subscriber expects to bring or has brought against the third party arising from the alleged acts or omissions causing the injury or illness, not later than 30 days after submitting or filing a claim or legal action against the third party; and,
2. Agree to fully cooperate with Blue Shield to execute any forms or documents needed to enable Blue Shield to enforce its right to restitution, reimbursement or other available remedies; and,
3. Agree in writing to reimburse Blue Shield for Benefits paid by Blue Shield from any Recovery when the Recovery is obtained from or on behalf of the third party or the insurer of the third party, or from uninsured or underinsured motorist coverage; and,
4. Provide Blue Shield with a lien, in the amount of Benefits actually paid. The lien may be filed with the third party, the third party's agent or attorney, or the court, unless otherwise prohibited by law; and,
5. Periodically respond to information requests regarding the claim against the third party, and notify Blue Shield, in writing, within ten (10) days after any Recovery has been obtained.

A Subscriber's failure to comply with 1 through 5, above, shall not in any way act as a waiver, release, or relinquishment of the rights of Blue Shield.

## **E. INDEPENDENT CONTRACTORS**

Providers are neither agents nor employees of the plan, but are independent contractors. In no instance shall Blue Shield be liable for the negligence, wrongful acts or omissions of any person receiving or providing Services, including any physician, hospital, or other provider or their employees.

## **F. ENDORSEMENTS**

Endorsements may be issued from time to time subject to the notice provisions of the section titled Duration of the Agreement, Renewals and Rate Changes (on the front page). Nothing contained in any endorsement shall affect this Agreement, except as expressly provided in the endorsement.

## **G. NOTIFICATIONS**

Any notices required by this Agreement may be delivered by United States mail, postage prepaid. Notices to the Subscriber may be mailed to the address appearing on the records of Blue Shield. Notice to Blue Shield may be mailed to Blue Shield of California, P.O. Box 272540, Chico, California 95927-2540.

## **H. COMMENCEMENT OR TERMINATION OF COVERAGE**

Wherever this Agreement provides for a date of commencement or termination of any part or all of the coverage herein, such commencement or termination shall be effective as of 12:01 a.m. Pacific Time of the commencement date and as of 11:59 p.m. Pacific Time of the termination date.

## **I. STATUTORY REQUIREMENTS**

This Agreement is subject to the requirements of Chapter 2.2 of Division 2 of the California Health and Safety Code and Title 28 of the California

Code of Regulations. Any provision required to be in this Agreement by reason of such laws shall be binding upon Blue Shield whether or not such provision is actually included in this Agreement. In addition, this Agreement is subject to applicable state and federal statutes and regulations. Any provision required to be in this Agreement by reason of such state and federal statutes shall bind the Subscriber and Blue Shield whether or not such provision is actually included in this Agreement.

#### **J. LEGAL PROCESS**

Legal process or service upon Blue Shield must be served upon a corporate officer of Blue Shield.

#### **K. ENTIRE AGREEMENT: CHANGES**

This Agreement, including the appendices and any endorsements, is the entire agreement between parties. Any statement made by a Subscriber shall, in the absence of fraud, be deemed a representation and not a warranty. No change in this Agreement shall be valid unless approved by an executive officer of Blue Shield and unless a written endorsement is issued. No representative has the authority to change this Agreement or to waive any of its provisions.

#### **L. GRACE PERIOD**

After payment of the first Dues, the Subscriber is entitled to a grace period of 30 days for the payment of any Dues due. During this grace period, the Agreement will remain in force. However, the Subscriber will be liable for payment of Dues accruing during the period the Agreement continues in force.

#### **M. PLAN INTERPRETATION**

Blue Shield shall have the power and discretionary authority to construe and interpret the provisions of this Agreement, to determine the benefits under this Agreement and determine eligibility to receive benefits under this Agreement. Blue Shield shall exercise this authority for the benefit of all Subscribers entitled to receive benefits under this Agreement.

#### **N. CONFIDENTIALITY OF PERSONAL AND HEALTH INFORMATION**

Blue Shield of California protects the confidentiality/privacy of your personal and health information. Personal and health information includes both medical information and individually identifiable information, such as your name, address, telephone number or social security number. Blue Shield will not disclose this information without your authorization, except as permitted by law.

A statement describing Blue Shield's policies and procedures for preserving the confidentiality of medical records is available and will be furnished to you upon request. Blue Shield's policies and procedures regarding our confidentiality/privacy practices are contained in the "Notice of Privacy Practices", which you may obtain either by calling the Customer Service Department at the telephone number indicated on your identification Card, or by accessing Blue Shield of California's internet site located at <http://www.blueshieldca.com> and printing a copy.

If you are concerned that Blue Shield may have violated your confidentiality/privacy rights, or you disagree with a decision we made about access to your personal and health information, you may contact us at:

#### **Correspondence Address:**

Blue Shield of California Privacy Official  
P.O. Box 272540  
Chico, CA 95927-2540

#### **Toll-Free Telephone:**

1-888-266-8080

#### **Email Address:**

[blueshieldca\\_privacy@blueshieldca.com](mailto:blueshieldca_privacy@blueshieldca.com)

#### **O. NOTICE**

The Subscriber hereby expressly acknowledges its understanding that this Agreement constitutes a contract solely between the Subscriber and Blue Shield of California (hereafter referred to as "Blue Shield"), which is an independent corporation operating under a license from the Blue Cross and Blue Shield Association ("Association"), an

Association of independent Blue Cross and Blue Shield plans, permitting Blue Shield to use the Blue Shield Service Mark in the State of California and that Blue Shield is not contracting as the agent of the Association.

The Subscriber further acknowledges and agrees that it has not entered into this Agreement based upon representations by any person other than Blue Shield and that neither the Association nor any person, entity, or organization affiliated with the Association, shall be held accountable or liable to the Subscriber for any of Blue Shield's obligations to the Subscriber created under this Agreement. This paragraph shall not create any additional obligations whatsoever on the part of Blue Shield, other than those obligations created under other provisions of this Agreement.

#### **P. ACCESS TO INFORMATION**

Blue Shield may need information from medical providers, from other carriers or other entities, or from you, in order to administer benefits and eligibility provisions of this Agreement. You agree that any provider or entity can disclose to Blue Shield that information that is reasonably needed by Blue Shield. You agree to assist Blue Shield in obtaining this information, if needed, (including signing any necessary authorizations) and to cooperate by providing Blue Shield with information in your possession. Failure to assist Blue Shield in obtaining necessary information or refusal to provide information reasonably needed may result in the delay or denial of benefits until the necessary information is received. Any information received for this purpose by Blue Shield will be maintained as confidential and will not be disclosed without your consent, except as otherwise permitted by law.

#### **Q. PUBLIC POLICY PARTICIPATION PROCEDURE**

This procedure enables you to participate in establishing public policy of Blue Shield of California. It is not to be used as a substitute for the grievance procedure, complaints, inquiries or requests for information.

Public policy means acts performed by a plan or its employees and staff to assure the comfort, dignity and convenience of patients who rely on the plan's facilities to provide health care services to them, their families, and the public (Health and Safety Code, Section 1369).

At least one-third of the Board of Directors of Blue Shield is comprised of Subscribers who are not employees, providers, subcontractors or group contract brokers and who do not have financial interest in Blue Shield. The names of the members of the Board of Directors may be obtained from:

Sr. Manager, Regulatory Filings  
Blue Shield of California  
50 Beale Street,  
San Francisco, CA 94105  
Phone: (415) 229-5065

1. Your recommendations, suggestions or comments should be submitted in writing to the Sr. Manager, Regulatory Filings, at the above address, who will acknowledge receipt of your letter.
2. Your name, address, phone number, subscriber number and group number should be included with each communication.
3. The policy issue should be stated so that it will be readily understood. Submit all relevant information and reasons for the policy issue with your letter.
4. Policy issues will be heard at least quarterly as agenda items for meetings of the Board of Directors. Minutes of Board meetings will reflect decisions on public policy issues that were considered. If you have initiated a policy issue, appropriate extracts of the minutes will be furnished you within ten business days after the minutes have been approved.

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In WITNESS WHEREOF, this Agreement is executed by Blue Shield of California through its duly authorized Officer, to take effect on the Subscriber's Effective Date.

A handwritten signature in black ink, appearing to read "Catherine Campbell". The signature is fluid and cursive, with the first name "Catherine" written in a larger, more prominent script than the last name "Campbell".

Catherine Campbell  
Vice President and General Manager  
Senior Markets  
Blue Shield of California

For information, please direct correspondence to:

Blue Shield of California  
P. O. Box 272540  
Chico, CA 95927-2540

You may call Customer Service toll free at: 1-800-248-2341.

The hearing impaired may call  
Blue Shield of California's toll-free TTY number:  
1-800-241-1823

## NOTES

