

trio_{HMO}

care is more
connected than ever.



blueshieldca.com/calpershbo

blue
california 

Blue Shield of California

Introducing Trio HMO

Our Trio HMO is designed to give members affordable access to a quality, local network of doctors and hospitals in six counties:*

Los Angeles

Nevada

El Dorado

Sacramento

Placer

Yolo

Choose simplicity

From better coordination among doctors and hospitals to anytime, anywhere virtual care, Trio keeps up with every member's lifestyle.

With Trio HMO, members get:

Enhanced customer service with Shield Concierge

Freedom to go to any network pharmacy

Urgent and emergency care coverage worldwide

Access to virtual care 24/7 online or by phone

Option to self-refer to specialists within the same medical group¹

Meal delivery program for qualified patients undergoing recovery from serious illness

Lower your rates, not your expectations

Our HMO plans are working to lower the overall cost of health care and create greater efficiencies. For Trio members, this means a specially selected quality network of providers, whom we work with closely to close the gaps in care and coverage. Members get more stable rates and predictable copayments.

* Partial county.

The prescription for real health



Members can tap into decades of research and leading technology for a more productive and healthy lifestyle.

Wellvolution® offers the largest curated collection of scientifically backed apps and programs designed to help members:



Prevent and reverse disease



Manage stress



Eat healthier



Move more



Sleep better



Ditch cigarettes

Helping members take charge of their health

- Online and in-person programs for both general well-being and disease reversal
- Proven and backed by doctors' methods for results
- Largest curated collection of scientifically backed apps
- A personal health coach, taking guesswork out of the health strategy
- A new way to achieve health goals

Learn more at [Wellvolution.com](https://www.wellvolution.com).

A quality network that's within reach

The patient is the focus of our network. They benefit from strong care coordination among doctors, hospitals, and Blue Shield and can count on:

- Local doctors focused on providing optimum care
- Nationally recognized healthcare systems
- Team-based coordinated care
- A growing network of doctors and hospitals

CalPERS-dedicated Member Services

Trio members have access to Shield Concierge – a customer care team that can help them navigate their health plan, transfer medical records and prescriptions, assist in finding a Trio HMO network provider, and more.



Shield Concierge provides members a personalized service experience. By calling a CalPERS-dedicated phone number, members can access:

- Registered nurses
- Social workers
- Pharmacy technicians
- Health coaches
- Pharmacists

Available at **(800) 334-5847**, 7 a.m. to 8 p.m., seven days a week.

Your Blue Shield representative

Phone

Contact me, or call the HBO Priority Line
at (800) 837-4251.

blueshieldca.com/calpersshbo

1 If a member's primary care physician participates in our *Trio+ Specialist* program, they may go directly to a specialist in their primary care physician's medical group or Independent Practice Association (IPA) without a referral, for a slightly higher copayment. Medical groups and IPAs that participate in the *Trio+ Specialist* program are designated with an A+ in our online and printed directories and on Blue Shield member ID cards.

Trio+ Specialist and *Wellvolution* are service marks or registered trademarks of Blue Shield of California.

Wellvolution and all associated digital and in-person health programs, services, and offerings are managed by Solera, Inc., a health company committed to changing lives by guiding people to better health in their communities.

