

# trio HMO

## The Trio ACO HMO Network

With Trio HMO, you can create your own community of care by choosing local doctors and hospitals within a medical group that can regularly communicate on your unique needs for all specialties and levels of care.

Trio HMO is powered by our accountable care organizations (ACOs), a network of doctors and hospitals that share responsibility for providing coordinated care to you and your family. This ensures all aspects of your care are more connected and efficient – keeping your premiums as low as possible in the process.

Like our other HMO plans, with Trio you have a primary care physician (PCP). Your PCP can coordinate your care, treat common illnesses and injuries, and provide a referral if you need to see a specialist. Trio HMO comes with many other convenient and affordable ways to access care such as NurseHelp 24/7<sup>SM</sup>, Teladoc, and coverage when you travel within the country and abroad through the BlueCard<sup>®</sup> Program.



### You're not just a number

As a Trio member, you get personalized support with Shield Concierge, a CalPERS-dedicated team of health advocates, registered nurses, pharmacists, and social workers who can help you find a doctor, coordinate care, transfer prescriptions, understand plan benefits, and much more.

Call Shield Concierge at **(800) 334-5847**, seven days a week from 7 a.m. to 8 p.m.

# Trio network providers

Blue Shield's CalPERS Trio network is in six California counties.

Below is a list of Independent Practice Associations (IPAs)/medical groups and hospitals available in the Trio service area.

Trio counties	Coverage	IPA/medical group	Hospital		
<b>El Dorado</b>	Partial	Some parts of the county are served by Sacramento County providers Hill Physicians Sacramento PriMed Inc. and Mercy Medical Group	Mercy General Hospital Methodist Hospital of Sacramento Mercy Hospital of Folsom Mercy San Juan Medical Center		
		Access Medical Group Inc. Access Medical Group Santa Monica	Providence Saint John Health Center Marina Del Rey Hospital		
<b>Los Angeles</b>	Partial	Allied Pacific of California IPA	San Gabriel Valley Medical Center Garfield Medical Center Alhambra Hospital Medical Center Greater El Monte Community Hospital Monterey Park Hospital Whittier Hospital Medical Center		
		Applecare Medical Group Whittier Applecare Medical Group Applecare Medical Group St. Francis Region Applecare Medical Group Select	PIH Health - Downey		
		Axminster Medical Group – Little Company of Mary – San Pedro Axminster Medical Group – Little Company of Mary IPA Torrance Axminster Medical Group – Providence Care Network – Tarzana Axminster Medical Group Inc.	Providence Tarzana Medical Center Providence Little Company – San Pedro Providence Little Company – Torrance		
		Facey Medical Foundation Burbank Facey Medical Foundation San Fernando Valley Facey Medical Foundation Santa Clarita Facey Medical Foundation Simi Valley	Providence Holy Cross Medical Center Providence Saint Joseph Medical Center Providence Tarzana Medical Center Northridge Hospital Medical Center (Roscoe Campus) Henry Mayo Newhall Hospital Simi Valley Hospital and Health Care Services		
		Good Samaritan Medical Practice Associates Korean American Medical Group	Good Samaritan Hospital Los Angeles		
		MemorialCare Medical Foundation	Long Beach Memorial Medical Center		
		Pomona Valley Medical Group	Pomona Valley Hospital Medical Center		
		Torrance Health IPA	Torrance Memorial Medical Center		
		<b>Nevada</b>	Partial	Sierra Sacramento BSC Admin	Hospital referral is dependent on physician admitting privileges of each participating physician
		<b>Placer</b>	Partial	Some parts of the county are served by Sacramento County providers Hill Physicians Sacramento PriMed Inc. and Mercy Medical Group	Mercy General Hospital Methodist Hospital of Sacramento Mercy Hospital of Folsom Mercy San Juan Hospital
<b>Sacramento</b>	Partial	Hill Physicians Sacramento PriMed Inc. Mercy Medical Group	Mercy General Hospital Mercy Hospital of Folsom Mercy San Juan Hospital Methodist Hospital of Sacramento		
<b>Yolo</b>	Partial	Woodland Clinic	Woodland Memorial Hospital		

Enrolled employees and all their dependents must live or work in the Trio HMO plan service area to be eligible for coverage.

The Trio network consists of the following ZIP codes within these six counties:

**El Dorado:** 95664, 95672, 95682, and 95762.

**Los Angeles:** 90001, 90002, 90003, 90004, 90005, 90006, 90007, 90008, 90009, 90010, 90011, 90012, 90013, 90014, 90015, 90016, 90017, 90018, 90019, 90020, 90021, 90022, 90023, 90024, 90025, 90026, 90027, 90028, 90029, 90030, 90031, 90032, 90033, 90034, 90035, 90036, 90037, 90038, 90039, 90040, 90041, 90042, 90043, 90044, 90045, 90046, 90047, 90048, 90049, 90050, 90051, 90052, 90053, 90054, 90055, 90056, 90057, 90058, 90059, 90060, 90061, 90062, 90063, 90064, 90065, 90066, 90067, 90068, 90069, 90070, 90071, 90072, 90073, 90074, 90075, 90076, 90077, 90078, 90079, 90080, 90081, 90082, 90083, 90084, 90086, 90087, 90088, 90089, 90090, 90091, 90093, 90094, 90095, 90096, 90099, 90189, 90201, 90202, 90209, 90210, 90211, 90212, 90213, 90220, 90221, 90222, 90223, 90224, 90230, 90231, 90232, 90233, 90239, 90240, 90241, 90242, 90245, 90247, 90248, 90249, 90250, 90251, 90254, 90255, 90260, 90261, 90262, 90263, 90264, 90265, 90266, 90267, 90270, 90272, 90274, 90275, 90277, 90278, 90280, 90290, 90291, 90292, 90293, 90294, 90295, 90296, 90301, 90302, 90303, 90304, 90305, 90306, 90307, 90308, 90309, 90310, 90311, 90312, 90401, 90402, 90403, 90404, 90405, 90406, 90407, 90408, 90409, 90410, 90411, 90501, 90502, 90503, 90504, 90505, 90506, 90507, 90508, 90509, 90510, 90601, 90602, 90603, 90604, 90605, 90606, 90607, 90608, 90609, 90610, 90637, 90638, 90639, 90640, 90650, 90651, 90652, 90660, 90661, 90662, 90670, 90671, 90701, 90702, 90703, 90706, 90707, 90710, 90711, 90712, 90713, 90714, 90715, 90716, 90717, 90723, 90731, 90732, 90733, 90734, 90744, 90745, 90746, 90747, 90748, 90749, 90755, 90801, 90802, 90803, 90804, 90805, 90806, 90807, 90808, 90809, 90810, 90813, 90814, 90815, 90822, 90831, 90832, 90833, 90834, 90835, 90840, 90842, 90844, 90846, 90847, 90848, 90853, 90895, 90899, 91001, 91003, 91006, 91007, 91008, 91009, 91010, 91011, 91012, 91016, 91017, 91020, 91021, 91023, 91024, 91025, 91030, 91031, 91040, 91041, 91042, 91043, 91046, 91066, 91077, 91101, 91102, 91103, 91104, 91105, 91106, 91107, 91108, 91109, 91110, 91114, 91115, 91116, 91117, 91118, 91121, 91123, 91124, 91125, 91126, 91129, 91182, 91184, 91185, 91188, 91189, 91199, 91201, 91202, 91203, 91204, 91205, 91206, 91207, 91208, 91209, 91210, 91214, 91221, 91222, 91224, 91225, 91226, 91301, 91302, 91303, 91304, 91305, 91306, 91307, 91308, 91309, 91310, 91311, 91313, 91316, 91321, 91322, 91324, 91325, 91326, 91327, 91328, 91329, 91330, 91331, 91333, 91334, 91335, 91337, 91340, 91341, 91342, 91343, 91344, 91345, 91346, 91350, 91351, 91352, 91353, 91354, 91355, 91356, 91357, 91364, 91365, 91367, 91371, 91372, 91376, 91380, 91381, 91382, 91383, 91384, 91385, 91386, 91387, 91390, 91392, 91393, 91394, 91395, 91396, 91401, 91402, 91403, 91404, 91405, 91406, 91407, 91408, 91409, 91410, 91411, 91412, 91413, 91416, 91423, 91426, 91436, 91470, 91482, 91495, 91496, 91499, 91501, 91502, 91503, 91504, 91505, 91506, 91507, 91508, 91510, 91521, 91522, 91523, 91526, 91601, 91602, 91603, 91604, 91605, 91606, 91607, 91608, 91609, 91610, 91611, 91612, 91614, 91615, 91616, 91617, 91618, 91702, 91706, 91711, 91714, 91715, 91716, 91722, 91723, 91724, 91731, 91732, 91733, 91734, 91735, 91740, 91741, 91744, 91745, 91746, 91747, 91748, 91749, 91750, 91754, 91755, 91756, 91765, 91766, 91767, 91768, 91769, 91770, 91771, 91772, 91773, 91775, 91776, 91778, 91780, 91788, 91789, 91790, 91791, 91792, 91793, 91801, 91802, 91803, 91804, 91896, 91899, 93510, and 93563.

**Nevada:** 95712, 95924, 95945, 95946, 95949, 95959, 95960, 95975, and 95986

**Placer:** 95602, 95603, 95604, 95648, 95650, 95658, 95661, 95663, 95677, 95678, 95713, 95746, 95747, and 95765.

**Sacramento:** 94203, 94204, 94205, 94206, 94207, 94208, 94209, 94211, 94229, 94230, 94232, 94234, 94235, 94236, 94237, 94239, 94240, 94244, 94245, 94247, 94248, 94249, 94250, 94252, 94254, 94256, 94257, 94258, 94259, 94261, 94262, 94263, 94267, 94268, 94269, 94271, 94273, 94274, 94277, 94278, 94279, 94280, 94282, 94283, 94284, 94285, 94286, 94287, 94288, 94289, 94290, 94291, 94293, 94294, 94295, 94296, 94297, 94298, 94299, 95608, 95609, 95610, 95611, 95615, 95621, 95624, 95626, 95628, 95630, 95632, 95638, 95639, 95652, 95655, 95660, 95662, 95670, 95671, 95673, 95683, 95693, 95741, 95742, 95757, 95758, 95759, 95763, 95811, 95812, 95813, 95814, 95815, 95816, 95817, 95818, 95819, 95820, 95821, 95822, 95823, 95824, 95825, 95826, 95827, 95828, 95829, 95830, 95831, 95832, 95833, 95834, 95835, 95836, 95837, 95838, 95840, 95841, 95842, 95843, 95851, 95852, 95853, 95860, 95864, 95865, 95866, 95867, 95894, and 95899.

**Yolo:** 95605, 95606, 95607, 95612, 95616, 95617, 95618, 95627, 95637, 95645, 95653, 95691, 95694, 95695, 95697, 95698, 95776, 95798, 95799, and 95937.

