



Cal INDEX lets your healthcare team access your medical information securely

Blue Shield of California has cofounded the new statewide health information exchange, California Integrated Data Exchange (Cal INDEX), to help reduce the cost and improve the quality of care for all Californians.

Cal INDEX is an independent not-for-profit organization that is creating a statewide database of electronic patient records that will include health information from doctors, hospitals, and health plans. This allows your doctors, nurses, and hospitals throughout the state to securely access your health information so they can provide the safest, highest-quality care possible and allows your health plan to better serve you.

We are pleased to join other leading health insurers, doctors, and other providers by enrolling you, our new member, in Cal INDEX. Cal INDEX will benefit you by:



Making your health information available to the doctors and hospitals providing your routine and emergency care



Helping to avoid duplicate prescriptions or dangerous drug interactions by tracking your medications across your healthcare team



Helping to prevent repeated, unnecessary tests by sharing your lab history with your doctors

If you do not wish to have your healthcare information displayed in Cal INDEX, please fill out the online form at www.calindex.org/opt-out or call (888) 510-7142. To learn more, visit www.calindex.org.