

trio HMO

The Trio ACO HMO Network

Trio HMO is powered by a specially selected network of local doctors, specialists, and hospitals all committed to working more closely together. This ensures all aspects of your care are more connected and efficient – keeping your premiums as low as possible in the process.

Like our other HMO plans, with Trio you have a primary care physician (PCP). Your PCP can coordinate your care, treat common illnesses and injuries, and provide a referral if you need to see a specialist.

You can check if your current PCP or other doctors are in the Trio network by visiting blueshieldca.com/NetworkTrioHMO. If you don't see them, don't worry – we can help you find new healthcare providers from within our quality Trio network.



Enhanced customer service with Shield Concierge

Trio HMO gives you access to Shield Concierge – our personalized, coordinated, customer care assistant. One simple phone call connects you to a team of health experts who are ready to answer your health-related questions.

Shield Concierge can help you:

- Transfer medical records and prescriptions
- Find a new doctor or specialist
- Continue receiving care without interruption when switching plans
- Understand your new benefits

Trio network providers

Blue Shield's Trio network is in 26 California counties.

(P) = Partial: The Trio network is available only in parts of this county.

(F) = Full: The Trio network is available throughout this full county.

The chart below shows a list of IPA/medical groups available within the Trio service area as well as the hospitals they typically refer to. For a complete list of hospitals available in the Trio network, please use Blue Shield's *Find a Doctor* tool at blueshieldca.com/NetworkTrioHMO.

An asterisk (*) indicates a Trio network affiliated hospital that elevates the level of member care coordination between Blue Shield, medical group/IPA, and the hospital.

The Trio network is subject to change without notice.

Trio counties	Coverage	IPA/medical group	Hospital
Alameda	Full	Hill Physicians Med Grp Inc.	Alta Bates Summit Medical Center
		John Muir Physician Network (Contra Costa county) also serves Dublin, Livermore, and Pleasanton	John Muir Medical Center Walnut Creek Campus* John Muir Medical Center Concord Campus*
Contra Costa	Full	Hill Physicians Med Grp Inc.	John Muir Medical Center, Walnut Creek Campus John Muir Medical Center, Concord Campus San Ramon Regional Medical Center
		John Muir Physician Network	John Muir Medical Center Walnut Creek Campus* John Muir Medical Center Concord Campus*
El Dorado	Partial	Some parts of the county are served by Sacramento County providers Hill Physicians Sacramento PriMed Inc. and Mercy Medical Group.	Mercy General Hospital* Methodist Hospital of Sacramento* Mercy Hospital of Folsom* Mercy San Juan Medical Center *
Fresno	Partial	Key Medical Group	Kaweah Delta Medical Center*
Kern	Partial	GemCare Med Grp Inc. Delano Region GemCare Med Grp Inc. Bakersfield Region	Mercy Hospital Bakersfield* Bakersfield Memorial Hospital* Delano Regional Medical Center
Kings	Partial	Key Medical Group	Kaweah Delta Medical Center*
Los Angeles	Partial	Access Medical Group Inc. Access Medical Group Santa Monica	Providence Saint Johns Health Center* Marina Del Rey Hospital
		Allied Pacific of California IPA	San Gabriel Valley Medical Center* Garfield Medical Center* Alhambra Hospital Medical Center Greater El Monte Community Hospital Monterey Park Hospital Whittier Hospital Medical Center
		Applecare Medical Group Whittier Applecare Medical Group Applecare Medical Group St. Francis Region Applecare Medical Group Select	PIH Hospital – Downey*
		Axminster Medical Group – Little Company of Mary – San Pedro Axminster Medical Group – Little Company of Mary IPA Torrance Axminster Medical Group – Providence Care Network – Tarzana Axminster Medical Group Inc.	Providence Tarzana Medical Center* Providence Little Co – San Pedro* Providence Little Co – Torrance*
		Facey Medical Foundation Burbank Facey Medical Foundation San Fernando Valley Facey Medical Foundation Santa Clarita Facey Medical Foundation Simi Valley	Providence Holy Cross Medical Center* Providence Saint Joseph Medical Center* Providence Tarzana Medical Center* Northridge Hospital Medical Center (Roscoe Campus) Henry Mayo Newhall Hospital Simi Valley Hospital and Health Care Services

Trio counties	Coverage	IPA/medical group	Hospital
Los Angeles (cont'd)	Partial	Good Samaritan Medical Practice Associates Korean American Medical Group	Good Samaritan Hospital Los Angeles*
		Greater Newport Physicians (GNP) - Long Beach MemorialCare	Long Beach Memorial Medical Center
		Pomona Valley Medical Group	Pomona Valley Hospital Medical Center
		PIH Health	PIH Health Downey Hospital* PIH Health Whittier Hospital*
		St. John's Physician Partners ¹	Providence St. John's Health Center* [†]
		Torrance Memorial IPA	Torrance Memorial Medical Center*
Marin	Partial	Meritage Medical Network	Marin General Hospital*
Nevada	Partial	Sierra Sacramento BSC Admin	Hospital referral is dependent on physician admitting privileges of each participating physician
		Hill Physicians Sacramento PriMed Inc.	Mercy General Hospital* Mercy General Hospital Folsom* Mercy San Juan Hospital* Methodist Hospital of Sacramento* Sierra Nevada Memorial Hospital*
Orange	Full	Hoag Affiliated Physicians Mission Hospital Affiliated Physicians Mission Internal Medical Group St. Joseph Heritage Medical Group St. Joseph Hospital Affiliate Physicians St. Jude Affiliated Physicians St. Jude Heritage Medical Group	St. Joseph Hospital* St. Jude Medical Center* Mission Hospital Regional Medical Center* Mission Hospital Laguna Beach* Hoag Memorial Hospital* Hoag Orthopedic Institute* Hoag Hospital Irvine*
Placer	Partial	Some parts of the county are served by Sacramento County providers Hill Physicians Sacramento PriMed Inc. and Mercy Medical Group	Mercy General Hospital* Methodist Hospital of Sacramento* Mercy Hospital of Folsom* Mercy San Juan Hospital*
Riverside	Partial	PrimeCare Coachella Valley Physicians Inc. PrimeCare Empire Physicians Medical Group	Eisenhower Medical Center
		PrimeCare of Citrus Valley	Corona Regional Medical Center Parkview Community Hospital Medical Center
		PrimeCare of Corona	Corona Regional Medical Center Parkview Community Hospital Medical Center
		PrimeCare of Moreno Valley Inc.	Parkview Community Hospital Medical Center Riverside Community Hospital San Geronio Memorial Hospital
		PrimeCare of Riverside Inc. Riverside Physician Network (Acquired by PrimeCare of Riverside by 1/1/20)	Parkview Community Hospital Medical Center Riverside Community Hospital
		PrimeCare of Sun City Inc. PrimeCare of Temecula Inc.	Loma Linda University Medical Center (Murrieta) Menifee Valley Medical Center Southwest Healthcare System (Wildomar) Southwest Healthcare System (Murrieta) Temecula Valley Hospital, Inc.
		Valley Physicians Network Inc.	Loma Linda University Medical Center (Murrieta) Menifee Valley Medical Center Temecula Valley Hospital, Inc.
Sacramento	Partial	Hill Physicians Sacramento PriMed Inc. Mercy Medical Group	Mercy General Hospital* Mercy Hospital of Folsom* Mercy San Juan Hospital* Methodist Hospital of Sacramento*

Trio counties	Coverage	IPA/medical group	Hospital
San Bernardino	Partial	Alliance Desert Physicians EHP	St. Mary Regional Medical Center*
		Beaver Medical Group EHP	Redlands Community Hospital
		Chaffey Medical Group EHP	Loma Linda University Medical Center San Antonio Regional Hospital*
		Pinnacle Medical Group EHP	St. Bernardine Medical Center
		Pomona Valley Medical Group	Pomona Valley Hospital Medical Center
		Premier Healthcare IPA	St. Mary Regional Medical Center*
		PrimeCare Coachella Valley Physicians Inc. PrimeCare Empire Physicians Medical Group	Eisenhower Medical Center
		PrimeCare Medical Group of Chino Valley Inc.	Pomona Valley Hospital Medical Center San Antonio Regional Hospital*
		PrimeCare of Inland Valley Inc.	San Antonio Regional Hospital*
		Redlands Yucaipa Medical Group	Redlands Community Hospital
		St. Mary High Desert Medical Group	St. Mary Regional Medical Center*
San Diego	Partial	Mercy Physicians Medical Group	Scripps Green Hospital*
		Scripps Clinic Medical Group	Scripps Memorial Hospital La Jolla*
		Scripps Physicians Med Group	Scripps Memorial Hospital Encinitas*
		SHPS – Scripps Coastal Medical Center	Scripps Mercy Hospital* Scripps Mercy Hospital Chula Vista*
San Francisco	Full	Hill Physicians San Francisco Inc.	Medical Center at UCSF*
			Saint Francis Memorial Hospital*
			Saint Mary's Medical Centers San Francisco*
			UCSF Medical Center at Mission Bay* UCSF Medical Center at Mount Zion*
San Joaquin	Full	Hill Physicians San Joaquin	St. Joseph Medical Center of Stockton*
San Luis Obispo	Partial	Physician Choice Medical Group of San Luis Obispo	French Hospital Medical Center* Marian Regional Medical Center, Arroyo Grande*
San Mateo	Full	Hill Physicians San Francisco, Inc.	Sequoia Hospital*
Santa Clara	Full	Santa Clara County IPA	El Camino Hospital
			El Camino Hospital Los Gatos
			Good Samaritan Hospital
			O'Connor Hospital
			Regional Medical Center of San Jose Saint Louise Regional Hospital
Santa Cruz	Full	Dignity Health Medical Network Santa Cruz	Dominican Santa Cruz Hospital* Watsonville Community Hospital
Solano	Partial	A few cities (Benicia, Dixon, Vallejo) are served by John Muir Medical Group and Woodland Clinic.	Woodland Memorial Hospital*
Stanislaus	Partial	Allcare IPA – Stanislaus ACO	Doctors Medical Center Doctors Hospital of Manteca Emanuel Medical Center
Tulare	Partial	A few cities (Earlimart, Pixley, Posey, Tipton) are served by GEMCare Medical Group in Kern County.	Mercy Hospital Bakersfield* Bakersfield Memorial Hospital*
		Key Medical Group	Kaweah Delta Medical Center*
Ventura	Partial	Seaview IPA	Community Memorial Hospital of San Buenaventura Ojai Valley Community Hospital Santa Paula Hospital
Yolo	Partial	Woodland Clinic	Woodland Memorial Hospital*

To check for eligibility, you may also use our online tool at blueshieldca.com/triocheck.

The Trio network consists of the following ZIP codes within these 26 counties:

Alameda County includes all ZIP codes.

Contra Costa County includes all ZIP codes.

El Dorado: 95664, 95672, 95682, and 95762.

Fresno: 93245, 93618, and 93631.

Kern: 93203, 93205, 93206, 93215, 93216, 93220, 93224, 93225, 93226, 93240, 93241, 93250, 93251, 93252, 93255, 93263, 93268, 93276, 93280, 93283, 93285, 93287, 93301, 93302, 93303, 93304, 93305, 93306, 93307, 93308, 93309, 93311, 93312, 93313, 93314, 93380, 93383, 93384, 93385, 93386, 93387, 93388, 93389, 93390, 93501, 93502, 93504, 93505, 93516, 93518, 93531, 93560, 93561, and 93596.

Kings: 93202, 93212, 93230, 93245, and 93631.

Los Angeles: 90001, 90002, 90003, 90004, 90005, 90006, 90007, 90008, 90009, 90010, 90011, 90012, 90013, 90014, 90015, 90016, 90017, 90018, 90019, 90020, 90021, 90022, 90023, 90024, 90025, 90026, 90027, 90028, 90029, 90030, 90031, 90032, 90033, 90034, 90035, 90036, 90037, 90038, 90039, 90040, 90041, 90042, 90043, 90044, 90045, 90046, 90047, 90048, 90049, 90050, 90051, 90052, 90053, 90054, 90055, 90056, 90057, 90058, 90059, 90060, 90061, 90062, 90063, 90064, 90065, 90066, 90067, 90068, 90069, 90070, 90071, 90072, 90073, 90074, 90075, 90076, 90077, 90078, 90079, 90080, 90081, 90082, 90083, 90084, 90086, 90087, 90088, 90089, 90090, 90091, 90093, 90094, 90095, 90096, 90099, 90189, 90201, 90202, 90209, 90210, 90211, 90212, 90213, 90220, 90221, 90222, 90223, 90224, 90230, 90231, 90232, 90233, 90239, 90240, 90241, 90242, 90245, 90247, 90248, 90249, 90250, 90251, 90254, 90255, 90260, 90261, 90262, 90263, 90264, 90265, 90266, 90267, 90270, 90272, 90274, 90275, 90277, 90278, 90280, 90290, 90291, 90292, 90293, 90294, 90295, 90296, 90301, 90302, 90303, 90304, 90305, 90306, 90307, 90308, 90309, 90310, 90311, 90312, 90401, 90402, 90403, 90404, 90405, 90406, 90407, 90408, 90409, 90410, 90411, 90501, 90502, 90503, 90504, 90505, 90506, 90507, 90508, 90509, 90510, 90601, 90602, 90603, 90604, 90605, 90606, 90607, 90608, 90609, 90610, 90637, 90638, 90639, 90640, 90650, 90651, 90652, 90660, 90661, 90662, 90670, 90671, 90701, 90702, 90703, 90706, 90707, 90710, 90711, 90712, 90713, 90714, 90715, 90716, 90717, 90723, 90731, 90732, 90733, 90734, 90744, 90745, 90746, 90747, 90748, 90749, 90755, 90801, 90802, 90803, 90804, 90805, 90806, 90807, 90808, 90809, 90810, 90813, 90814, 90815, 90822, 90831, 90832, 90833, 90834, 90835, 90840, 90842, 90844, 90846, 90847, 90848, 90853, 90895, 90899, 91001, 91003, 91006, 91007, 91008, 91009, 91010, 91011, 91012, 91016, 91017, 91020, 91021, 91023, 91024, 91025, 91030, 91031, 91040, 91041, 91042, 91043, 91046, 91066, 91077, 91101, 91102, 91103, 91104, 91105, 91106, 91107, 91108, 91109, 91110, 91114, 91115, 91116, 91117, 91118, 91121, 91123, 91124, 91125, 91126, 91129, 91182, 91184, 91185, 91188, 91189, 91199, 91201, 91202, 91203, 91204, 91205, 91206, 91207, 91208, 91209, 91210, 91214, 91221, 91222, 91224, 91225, 91226, 91301, 91302, 91303, 91304, 91305, 91306, 91307, 91308, 91309, 91310, 91311, 91313, 91316, 91321, 91322, 91324, 91325, 91326, 91327, 91328, 91329, 91330, 91331, 91333, 91334, 91335, 91337, 91340, 91341, 91342, 91343, 91344, 91345, 91346, 91350, 91351, 91352, 91353, 91354, 91355, 91356, 91357, 91364, 91365, 91367, 91371, 91372, 91376, 91380, 91381, 91382, 91383, 91384, 91385, 91386, 91387, 91390, 91392, 91393, 91394, 91395, 91396, 91401, 91402, 91403, 91404, 91405, 91406, 91407, 91408, 91409, 91410, 91411, 91412, 91413, 91416, 91423, 91426, 91436, 91470, 91482, 91495, 91496, 91499, 91501, 91502, 91503, 91504, 91505, 91506, 91507, 91508, 91510, 91521, 91522, 91523, 91526, 91601, 91602, 91603, 91604, 91605, 91606, 91607, 91608, 91609, 91610, 91611, 91612, 91614, 91615, 91616, 91617, 91618, 91702, 91706, 91711, 91714, 91715, 91716, 91722, 91723, 91724, 91731, 91732, 91733, 91734, 91735, 91740, 91741, 91744, 91745, 91746, 91747, 91748, 91749, 91750, 91754, 91755, 91756, 91765, 91766, 91767, 91768, 91769, 91770, 91771, 91772, 91773, 91775, 91776, 91778, 91780, 91788, 91789, 91790, 91791, 91792, 91793, 91801, 91802, 91803, 91804, 91896, 91899, 93510, and 93563.

Marin: 94901, 94903, 94904, 94912, 94913, 94914, 94915, 94920, 94924, 94925, 94930, 94933, 94937, 94938, 94939, 94940, 94941, 94942, 94945, 94946, 94947, 94948, 94949, 94950, 94956, 94957, 94960, 94963, 94964, 94965, 94966, 94970, 94971, 94973, 94974, 94976, 94977, 94978, 94979, and 94998

Nevada: 95712, 95924, 95945, 95946, 95949, 95959, 95960, 95975, and 95986.

Orange County includes all ZIP codes.

Placer: 95602, 95603, 95604, 95648, 95650, 95658, 95661, 95663, 95677, 95678, 95713, 95746, 95747, and 95765.

Riverside: 91752, 92201, 92202, 92203, 92210, 92211, 92220, 92223, 92230, 92234, 92235, 92236, 92240, 92241, 92247, 92248, 92253, 92255, 92258, 92260, 92261, 92262, 92263, 92264, 92270, 92276, 92282, 92320, 92501, 92502, 92503, 92504, 92505, 92506, 92507, 92508, 92509, 92513, 92514, 92516, 92517, 92518, 92519, 92521, 92522, 92530, 92531, 92532, 92543, 92544, 92545, 92546, 92548, 92549, 92551, 92552, 92553, 92554, 92555, 92556, 92557, 92562, 92563, 92564, 92567, 92570, 92571, 92572, 92581, 92582, 92583, 92584, 92585, 92586, 92587, 92589, 92590, 92591, 92592, 92593, 92595, 92596, 92599, 92860, 92877, 92878, 92879, 92880, 92881, 92882, and 92883.

Sacramento: 94203, 94204, 94205, 94206, 94207, 94208, 94209, 94211, 94229, 94230, 94232, 94234, 94235, 94236, 94237, 94239, 94240, 94244, 94245, 94247, 94248, 94249, 94250, 94252, 94254, 94256, 94257, 94258, 94259, 94261, 94262, 94263, 94267, 94268, 94269, 94271, 94273, 94274, 94277, 94278, 94279, 94280, 94282, 94283, 94284, 94285, 94286, 94287, 94288, 94289, 94290, 94291, 94293, 94294, 94295, 94296, 94297, 94298, 94299, 95608, 95609, 95610, 95611, 95615, 95621, 95624, 95626, 95628, 95630, 95632, 95638, 95639, 95652, 95655, 95660, 95662, 95670, 95671, 95673, 95683, 95693, 95741, 95742, 95757, 95758, 95759, 95763, 95811, 95812, 95813, 95814, 95815, 95816, 95817, 95818, 95819, 95820, 95821, 95822, 95823, 95824, 95825, 95826, 95827, 95828, 95829, 95830, 95831, 95832, 95833, 95834, 95835, 95836, 95837, 95838, 95840, 95841, 95842, 95843, 95851, 95852, 95853, 95860, 95864, 95865, 95866, 95867, 95894, and 95899.

San Bernardino: 91701, 91708, 91709, 91710, 91729, 91730, 91737, 91739, 91743, 91758, 91759, 91761, 91762, 91763, 91764, 91784, 91785, 91786, 92256, 92268, 92284, 92286, 92301, 92305, 92307, 92308, 92313, 92314, 92315, 92316, 92317, 92318, 92321, 92322, 92324, 92325, 92329, 92331, 92333, 92334, 92335, 92336, 92337, 92339, 92340, 92341, 92342, 92344, 92345, 92346, 92350, 92352, 92354, 92356, 92357, 92358, 92359, 92368, 92369, 92371, 92372, 92373, 92374, 92375, 92376, 92377, 92378, 92382, 92385, 92386, 92391, 92392, 92393, 92394, 92395, 92397, 92399, 92401, 92402, 92403, 92404, 92405, 92406, 92407, 92408, 92410, 92411, 92413, 92415, 92418, 92423, and 92427.

San Diego: 91901, 91902, 91903, 91905, 91906, 91908, 91909, 91910, 91911, 91912, 91913, 91914, 91915, 91916, 91917, 91921, 91931, 91932, 91933, 91935, 91941, 91942, 91943, 91944, 91945, 91946, 91948, 91950, 91951, 91962, 91963, 91976, 91977, 91978, 91979, 91980, 91987, 92003, 92007, 92008, 92009, 92010, 92011, 92013, 92014, 92018, 92019, 92020, 92021, 92022, 92023, 92024, 92025, 92026, 92027, 92028, 92029, 92030, 92033, 92036, 92037, 92038, 92039, 92040, 92046, 92049, 92051, 92052, 92054, 92055, 92056, 92057, 92058, 92059, 92060, 92061, 92064, 92065, 92067, 92068, 92069, 92071, 92072, 92074, 92075, 92078, 92079, 92081, 92082, 92083, 92084, 92085, 92088, 92091, 92092, 92093, 92096, 92101, 92102, 92103, 92104, 92105, 92106, 92107, 92108, 92109, 92110, 92111, 92112, 92113, 92114, 92115, 92116, 92117, 92118, 92119, 92120, 92121, 92122, 92123, 92124, 92126, 92127, 92128, 92129, 92130, 92131, 92132, 92134, 92135, 92136, 92137, 92138, 92139, 92140, 92142, 92143, 92145, 92147, 92149, 92150, 92152, 92153, 92154, 92155, 92158, 92159, 92160, 92161, 92163, 92165, 92166, 92167, 92168, 92169, 92170, 92171, 92172, 92173, 92174, 92175, 92176, 92177, 92178, 92179, 92182, 92186, 92187, 92190, 92191, 92192, 92193, 92195, 92196, 92197, 92198, and 92199.

San Francisco County includes all ZIP codes.

San Joaquin County includes all ZIP codes.

San Luis Obispo: 93401, 93402, 93403, 93405, 93406, 93407, 93408, 93409, 93410, 93412, 93420, 93421, 93422, 93423, 93424, 93426, 93428, 93430, 93432, 93433, 93435, 93442, 93443, 93444, 93445, 93446, 93447, 93448, 93449, 93451, 93453, 93461, 93465, 93475, and 93483.

San Mateo County includes all ZIP codes.

Santa Clara County includes all ZIP codes.

Santa Cruz County includes all ZIP codes.

Solano: 94503, 94510, 94589, 94592 and 95620.

Stanislaus: 95307, 95313, 95316, 95319, 95323, 95326, 95328, 95329, 95350, 95351, 95352, 95353, 95354, 95355, 95356, 95357, 95358, 95361, 95363, 95367, 95368, 95380, 95381, 95382, 95386, 95387, and 95397.

Tulare: 93212, 93218, 93219, 93221, 93223, 93227, 93235, 93237, 93244, 93247, 93256, 93257, 93260, 93267, 93270, 93271, 93272, 93274, 93277, 93286, 93291, 93292, 93603, 93615, 93618, 93631, 93647, 93670, 93673, and 93282.

Ventura: 91319, 91320, 91358, 91359, 91360, 91361, 91362, 91377, 93001, 93002, 93003, 93004, 93005, 93006, 93007, 93009, 93010, 93011, 93012, 93015, 93016, 93020, 93021, 93022, 93023, 93024, 93030, 93031, 93032, 93033, 93034, 93035, 93036, 93040, 93041, 93042, 93043, 93044, 93060, 93061, 93062, 93063, 93064, 93065, 93066, 93094, and 93099.

Yolo: 95605, 95606, 95607, 95612, 95616, 95617, 95618, 95627, 95637, 95645, 95653, 95691, 95694, 95695, 95697, 95698, 95776, 95798, 95799, and 95937.