blue 🗑 of california

ustekinumab subcutaneous injection (STELARA)

Diagnoses Considered for Coverage:

- Plaque Psoriasis (PsO)
- Psoriatic Arthritis (PsA)
- Crohn's disease (CD)
- Ulcerative colitis (UC)

Coverage Criteria:

For Plaque Psoriasis:

INITIAL AUTHORIZATION

- Patient is at least 6 years old, and
- Prescribed or recommended by a Rheumatologist or Dermatologist, and
- Inadequate response, intolerable side effect, or contraindication to one of the following: methotrexate, cyclosporine (Neoral), acitretin (Soriatane), or PUVA/UVB, and
- Not being used in combination with another targeted biologic, **and**
- Dose does not exceed one of the following:
 - For ≤ 100 kg (220 lbs.) 45 mg given subcutaneously week #0, week #4, then every 12 weeks, or
 - For > 100 kg (220 lbs.) 90 mg given subcutaneously week #0, week #4, then every 12 weeks.

Coverage Duration: 24 weeks

REAUTHORIZATION

- Patient has shown improvement in the baseline PASI (or BSA if provided on initial request) score after the end of the initial 24 week course, **and**
- Not being used in combination with another targeted biologic, and
- Dose does not exceed one of the following:
 - For ≤ 100 kg (220 lbs.) 45 mg given subcutaneously every 12 weeks, or
 - For > 100 kg (220 lbs.) 90 mg given subcutaneously every 12 weeks.

Coverage Duration: one year

For Psoriatic Arthritis:

- Prescribed or recommended by a rheumatologist, and
- Inadequate response or intolerable side effect with methotrexate, leflunomide, or sulfasalazine, **and**
- Not being used in combination with other targeted immunotherapies (i.e. anti-TNFs, interleukin inhibitors, JAK inhibitors), **and**

- Dose does not exceed one of the following:
 - For ≤ 100 kg (220 lbs) 45 mg given subcutaneously on week #0 and week #4, followed by a maintenance dose of 45 mg given subcutaneously every 12 weeks, or
 - For > 100 kg (220 lbs) 90 mg given subcutaneously on week #0 and week #4, followed by a maintenance dose of 90 mg given subcutaneously every 12 weeks.

Coverage Duration: one year

For Crohn's disease:

INITIAL AUTHORIZATION

- Patient is at least 18 years old, and
- Patient has already received Stelara intravenous induction dosing and request is for maintenance therapy, **and**
- Dose does not exceed 90 mg subcutaneous given 8 weeks after the Stelara intravenous induction dose, then every 8 weeks thereafter.

Coverage Duration: one year

REAUTHORIZATION

- Patient has shown improvement in Crohn's disease, and
- Dose does not exceed 90 mg subcutaneous given every 8 weeks.

Coverage Duration: one year

For ulcerative colitis:

- Patient is at least 18 years old, and
- Being used for SQ maintenance therapy following IV induction dosing, and
- Not being used in combination with other targeted immunotherapies (i.e. anti-TNFs, interleukin inhibitors, JAK inhibitors), **and**
- Dose does not exceed 90 mg subcutaneous given 8 weeks after the intravenous induction dose, then every 8 weeks thereafter.

Coverage Duration: one year

Coverage Duration: see criteria above

Effective Date: 09/27/2023