blue 🦁 of california

gabapentin extended-release (GRALISE)

Diagnosis Considered for Coverage:

• Postherpetic Neuralgia (Shingles, Herpes Zoster, Varicella-Zoster virus)

Coverage Criteria:

If less than 65 years of age:

- For diagnosis listed above, and
- Dose does not exceed 1800 mg per day, **and**
- Inadequate response or intolerable side effect with immediate-release gabapentin (Neurontin), **and**
- Inadequate response or intolerable side effect to ONE of the following agents for post-herpetic neuralgia: amitriptyline, nortriptyline, desipramine, imipramine, lidocaine patch, or pregabalin, OR contraindication to all these agents.

If 65 years of age or older:

- For diagnosis listed above, and
- Inadequate response or intolerable side effect with gabapentin immediaterelease, **and**
- Dose does not exceed 1800 mg per day.

Coverage Duration: one year

Effective Date: 5/31/2023