

Freedom and flexibility

Blue Shield EPO Plan

Our exclusive provider organization – or EPO – plan gives you the freedom to choose doctors and hospitals from Blue Shield's preferred provider network while enjoying lower out-of-pocket costs.





Plan highlights

- Access to doctors and specialists within the Blue Shield's PPO network.
- Low, fixed copayments with no coinsurance or deductible.
- No need to see your primary care physician first you can go to any specialist within the Blue Shield's PPO network.
- Mental health benefits for help with depression, mental illness, and alcohol or substance use disorder. Some services are also available virtually.
- Features The Away From Home Care program, which offers family members living outside of California students, workers on long-distance assignments, etc. access to medical care in select states across the country. (Availability varies by state.)
- Convenient access to an extensive pharmacy network, including Safeway/Vons, Costco, and CVS (including CVS Pharmacy® in Target stores).
- **Personal assistance** from Shield Concierge, our team of healthcare experts, to find doctors, transfer medical records and prescriptions, and answer healthcare questions.



2024 service area expansion

· Del Norte and San Benito.



Learn more online

To learn more about the Blue Shield EPO plan and how to search for providers in this plan's network, visit **blueshieldca.com/calpersepo** or scan the QR code.



Get more with this plan



Access care away from home



Urgent care center

Ideal when your doctor is not available, saving you time and money compared to an ER visit.

· Vaccines at a retail pharmacy

Flu shots and other preventive vaccines provided at network pharmacies.

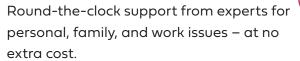
Care while traveling

Coverage for urgent and emergency care anywhere in the world.



Get care at home

LifeReferrals 24/7SM



Mail service pharmacy

Routine medications to treat certain chronic or long-term conditions (such as asthma or diabetes) delivered right to your door - no additional cost for standard shipping.

NurseHelp 24/7SM

Health advice from registered nurses at any time – at no extra cost.

Teladoc

Doctors available by phone or video.



Jump-start Your Well-being

Preventive Care

Annual exams, screenings, and immunizations at no additional cost.

Wellness discounts

Savings on vision exams, fitness club memberships, massage services, and more. For details, visit blueshieldca.com/wellnessdiscounts.

Wellvolution®

Personalized digital programs to support weight loss, mental health, diabetes management, and more – at no extra cost.

Manage your condition

Shield Support

A dedicated healthcare team to help explain treatments and coordinate care for issues like chronic pain or diabetes at no additional cost.

Maternity support

Virtual pregnancy, postpartum, and return-to-work support from specialists and coaches – at no extra cost.



We're here to help. If you have any questions, please call us at (800) 334-5847 (TTY: 711), 7 a.m. to 8 p.m., seven days a week.

NurseHelp 24/7 is a service mark of Blue Shield of California. LifeReferrals 24/7 is a service mark of Blue Shield of California.

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